

CALENDAR OF COMMUNITY EVENTS

Infant/Child CPR

Wednesday, Jan. 25: 7 p.m.
LVH-Hazleton, Family Birthing Center



The invaluable benefit of lifesaving techniques can be learned in this two-hour class. Participants in this class become certified to perform CPR on infants and children up to age 8 and learn many other safety tips and first-aid techniques. We recommend this class for grandparents, babysitters and child care providers.

ACKNOWLEDGING PRIDE

Did you witness fellow colleagues exhibiting their PRIDE behaviors this week?

If so, did you tell them? Let's keep the momentum going by continuing to show our PRIDE and acknowledge PRIDE when we see it.



The following was sent to Diana Pumbo, LPN, LVH-Hazleton, seventh floor.

"Thank you for all you have done for me during my stay. You have made me feel comfortable and I admire the pride you take in your job! Thanks again."



WEARING THE LVHN BADGE

By Terry Capuano, RN, LVHN Executive Vice President and Chief Operating Officer

I am so proud to work for LVHN. Each morning when I put on my badge, I know I'm representing an organization that stands for quality care and service excellence. LVHN is an organization that always puts the needs of patients before everything else.

I consider it a privilege to wear the LVHN badge. It's an honor that's only bestowed on people who are committed to our ideals of delivering technologically advanced care in a competent and professional manner. Care that is always patient- and family-centered, and delivered with compassion and empathy.

Over the past several months, I've had the honor of placing the LVHN pin on some of our newest colleagues (see photo). These moments are special to me because it's my way of welcoming new colleagues into the LVHN family.



Symbolism is important. But action and deeds matter most of all. As the LVHN family of colleagues grows, so does our responsibility to each other and the community. When people see the LVHN badge, they expect to receive our very best, in every single encounter. After all, our calling is to serve. Some of us do that by delivering direct patient care. Others serve by supporting their colleagues in clinical roles. At the end of the day, it's all about the patient.

Throughout my career I've learned that actions – not words – lead to trust. And trust goes both ways. As we expand our footprint and welcome new colleagues, it's important that we all take accountability for our actions and commit ourselves to integration success. The leadership team is committed to building trust by maintaining transparency, communicating to key stakeholders as soon as decisions are made and treating all our colleagues fairly. That's the LVHN way.

Every new relationship needs time to blossom. As we interact with new colleagues across our organization, it's important that we all communicate in meaningful ways so trust can take root, ruling all our interactions. Becoming one organization means we have one mission, one vision and one brand. If you are a new colleague, welcome. We're so happy you're part of the LVHN family.

SOCIAL NEWS

The following specials are available at the Health & Wellness Center at Hazleton's fitness center until Jan. 31.

Group exercise classes

Purchase a punch card, receive a free in-body scan.

One-on-one personal training package

Members or non-members, buy 10 sessions, get five free (30- or 60-minute packages). Buddy sessions included.

Month to month

New members only.
\$30 monthly fitness membership (six-month maximum).
Half-price evaluation fee.
No contract needed.
Classes not included.

Free evaluation

Sign up for a yearly membership contract.



To take advantage of these specials, call the fitness center at 570-501-6750.

ADULTS ONLY DURING PATIENT VISITING HOURS

According to the Department of Health (DOH), there have been 10,766 confirmed cases of influenza (flu) in Pennsylvania since the start of the flu season, which began on Oct. 2, 2016 and will run through May 20, 2017.

Due to the increasing number of flu cases and respiratory illnesses, LVH–Hazleton is asking those who are experiencing flu-like symptoms and young children to avoid visiting patients in the hospital during flu season.

Donna Thomas, RN, colleague health nurse, LVH–Hazleton offers this advice:

- People age 6 months and older should get the flu vaccine.
- The vaccine can take up to 10 to 14 days to work.
- You cannot get the flu from the vaccine.
- You can have the flu and not know it, and you can spread the flu a day before becoming symptomatic.
- Symptoms included fever, sore throat, muscle aches, body aches, runny/stuffy nose, and a cough.

Flu vaccines are available by contacting colleague health nurse Donna Thomas, RN, at extension 4788.

Weekly flu updates can be found on the DOH website, health.pa.gov.

NEED A PHONE NUMBER? DON'T DIAL "0"

To ensure patients are experiencing minimal waiting time when calling the switchboard, please refrain from calling the operator to be connected to internal extensions. For your convenience, a printable list of phone numbers can be found on the intranet.



Phone Directories

LVH-H Department Phone Numbers
LVH-H Individual Phone Numbers
LVH-H Fax Numbers
HWC Phone Numbers
LVPD Phone Numbers

ELECTROPHYSIOLOGY CLINIC HAS MOVED

The monthly electrophysiology (EP) clinic conducted by cardiologist Babak Bozorgnia, MD, LVPD Cardiology–1250 Cedar Crest, has moved from suite 107 to suite 103 at the Health & Wellness Center at Hazleton.

50/50 CHANCES AVAILABLE

Prior to the Winter Bliss, you can purchase 50/50 chances on Jan. 25, 26 and 27 from 11 a.m. - 1 p.m. in the LVH–Hazleton cafeteria lobby.

To purchase chances at the Health & Wellness Center, please see Patti Peters. Lehigh Valley Physician Group colleagues should see Cathy Pahler or Selina Angelo to purchase tickets.

The winner will be chosen at the Winter Bliss on Friday, Jan. 27. You do not need to be present to win.