# Research Day 2012: Transforming Culture Through Evidence-Based Practice

Monday Oct. 29, 2012 1200 S. Cedar Crest Blvd. Allentown, PA 18103

You may attend all day or any combination of event sessions listed below:

A.M. Session 7 a.m.-12:15 p.m. Lehigh Valley Health Network Employee Auditorium

P.M. Session 12:15--4 p.m.
Kasych Family Pavilion Medical
Imaging of Lehigh Valley
Conference Center
rooms 6 and 7

Evening Session 4:30-6 p.m. Lehigh Valley Health Network Employee Auditorium

# Post Activity Research Day and Quality Awards Reception 6–7 p.m. (not for credit)

Kasych Family Pavilion Medical Imaging of Lehigh Valley Conference Center rooms 7 and 8

Drinks and Appetizers will be provided during this awards ceremony, please join us to celebrate and honor this year's winners.

Funding to support Research Day is provided by The Peggy Fleming Endowed Chair in Nursing

#### **Program Objectives**

- Describe three factors that influence practice culture.
- 2. List three strategies to transform practice culture.
- 3. Discuss common themes and markers of success across projects.
- Review the journey of "beside nurse to bedside scientist" as principle investigator of a nursedriven, IRB approved research study.
- 5. Discuss how the Flinders program promotes effective patient self-management for chronic conditions and the impact on a home care program.
- Detail project milestones in the design and development of an electronic, daily navigational tool for patient and family information and teaching.
- 7. Explore the challenges and opportunities associated with design and implementation of a NICHE program.
- Summarize the development of a teach-back standard work process focused on improving learning outcomes.
- 9. Explore the translation of research findings and strategies to redesign a clinical process.
- 10. Identify the process for implementing change in the emergency department.
- Describe the OR/Sterile Processing culture and degrees of change within OR/Sterile Processing environment.
- Detail a nursing research project developed to address patient perceptions of RN uniforms and staff identity.
- Explain the methodologies used to prepare a strategic report on the implementation of CHURN model.
- 14. Discuss the advantages of implementing Telehealth services within a hospital network.

## Keynote Speaker

Marita Titler, PhD, RN, FAAN, is internationally recognized for her scholarly expertise in health services research with a focus in translation, implementation science, and outcomes effectiveness research targeting older adults. Currently professor and chair for the Division of Health Systems and Effectiveness Science at the University of Michigan School of Nursing, Titler serves as faculty in a variety of areas including evidence-based practice, outcomes effectiveness research and translation science. She received federal and foundation funding for research, serves on NIH and AHRQ study section, and has published numerous clinical and research articles.

For more than 20 years, Titler's work centered on leading research that would impact practice especially in the acute care setting. Her passion for outcomes research was instrumental in the development and implementation of The Iowa Model of Evidence-Based Practice to Improve Quality Care. The Iowa Model guides clinical decision-making and evidence-based practice implementation from both the practitioner and organizational perspectives. This framework empowers nurses to make decisions about practice that affects patient outcomes.

Titler was awarded a PhD in Nursing Administration from the University of Iowa College of Nursing. In 2010, she received the Presidents Award for Translation Science from Friends of the National Institute of Nursing Research (FNINR) and Rhetaugh G. Dumas Endowed Chair Installation.

A PASSION FOR BETTER MEDICINE."



# Conference Agenda

TIME	A.M. SESSION	LOCATION
7–7:45 a.m.	Refreshments and registration for A.M. Session Poster viewing.	
7:45-8 a.m.	<b>Welcome</b> Anne Panik	Lehigh Valley Health Network Employee Auditorium
8–9:30 a.m.	Opening Keynote Address Marita Titler, PhD, RN, FAAN	Lehigh Valley Health Network Employee Auditorium
9:30–9:45 a.m.	Break Refreshments Poster viewing.	
9:45–11:45 a.m.	Showcase of projects (20 minutes each)	Lehigh Valley Health Network Employee Auditorium
	1. A Successful Patient Rounding Redesign: Staff Empowerment Blended With a Research Project—Jody Shigo and Holly Tavianini	
2. Warfarin Timing—Roxanne LeRoy		
	<ol> <li>Teach-Back Translation: Overcoming Challenges—Deb Peter and Jill Hinnershitz</li> <li>ROADMAP: Setting the Course for Family and Patient Involvement in Their Plan of Care—Kristina Holleran</li> <li>Creating a NICHE: Nurses Role in Successful Program Development—Eileen Sacco and Tracie Heckman</li> <li>Flinders Model for Chronic Disease Management and Utilization by Home Care—Krista Hirschman and Rita Grillo</li> </ol>	
11:45 a.m.–12:15 p.m.	Lunch (Provided)	
TIME	P.M. SESSION	LOCATION
12:15–12:30 p.m.	Registration for P.M. Session	Medical Imaging of Lehigh Valley Educational Conference Center, room 6
12:30 – 2 p.m.	Concurrent Breakout Session #1 (A and B, 45 minutes each)	Medical Imaging of Lehigh Valley Educational Conference Center, room 6
	A. ED Rapid Assessment Unit-Melissa Teitsworth, Jennifer Brown, and Joshua Fre	ece
	B. Med-Surg CHURN—Marilyn Guidi and Carolyn Davidson	
	Concurrent Breakout Session #2 (A and B, 45 minutes each)	Medical Imaging of Lehigh Valley Educational Conference Center, room 7
	A. To Uniform or Not to Uniform? That Is the Question—Nicole Hartman and DJ Butz	
	B. Changing Culture in the OR-Hope Johnson	
2–2:15 p.m.	Break Refreshments Poster viewing	
2:15 -3:15 p.m.	Tying It Together	Lehigh Valley Health Network Employee Auditorium
3:15–4 p.m.	Conclusion and program evaluation Poster viewing.	
TIME	EVENING SESSION	LOCATION
4:30-5 p.m.	Registration for Evening Session	Lehigh Valley Health Network Employee Auditorium
5 – 6 p.m.	Telehealth: Utilizing Technology to Improve Outcomes	Lehigh Valley Health Network Employee Auditorium
	Panel: Joe Tracy, Patrick Pagella, Lorraine Valeriano, Deborah Allen, Sharon Kromer	

Please join us immediately following, 6–7 p.m. for an evening reception, where we will present the Research and Quality Awards. Drinks and appetizers will be available during the reception (Medical Imaging of Lehigh Valley Educational Conference Center, rooms 7 and 8).

#### Target Audience

Registered nurses, respiratory therapists, pharmacists, dietitians, case managers, researchers and any other staff who are interested in transforming culture through evidence-based practice.

#### **Designation Statement**

It is Lehigh Valley Health Network's policy to ensure balance, independence, objectivity and scientific rigor in all of our sponsored educational programs. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Lehigh Valley Health Network is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Registered nurses attending the full sessions and completing the evaluations will receive the following:

- RNs attending the A.M. and P.M. Session will receive 6.0 contact hours
- RNs attending only the A.M. Session will receive 3.5 contact hours
- RNs attending only the P.M. Session will receive 2.5 contact hours
- RNs attending the Evening Session will receive 1.0 contact hour
- RNs attending either the A.M. and/or P.M. Session and evaluating a minimum of 12 posters will receive 1.0 contact hour.

Approval of this continuing nursing education activity refers to recognition of the educational activity only and does not imply ANCC Commission on Accreditation of PA Nurses approval or endorsement of any product.

#### Conference Information

#### Registration

On-site registrations are welcome, but be prepared to take a little longer at the registration desk when you arrive. Check or exact cash is the only method of payment available for on-site registration.

#### **Payment**

Payment must accompany this form. Registration forms received without payment will not be processed until payment is received.

#### Fees, Cancellations and Substitutions

Registration fee for the conference includes the educational program and any food event listed in this brochure. There is a no-refund policy for this conference. Lehigh Valley Health Network reserves the right to substitute faculty and will provide comparable alternative faculty.

#### Registration Form

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Lehigh Valley Health Network **Employee Auditorium** 

P.M. Session 12:15 - 4 p.m. **Kasych Family Pavilion** Medical Imaging of Lehigh Valley Conference Center rooms 6 and 7

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## Registration Deadline: Oct. 25, 2012

Name	
Affiliation/Employer	
If LVHN: User ID #	
If Non-LVHN: Email Address	
Address	
City/State/Zip	
Phone  Please indicate all the sessions you	will be attending.
<ul><li>A.M. Session</li><li>P.M. Session</li><li>Post Activity Awards Reception 6–7</li></ul>	
Please Check One:	
RN SW Pharm Resp Oth	er
Special Needs	Registration Fee
☐ I will need assistance	Non-LVHN employees: \$90 LVHN employees: Free
☐ I have special dietary requirements	Registrations can be made by calling 610-402-CARI with a credit card, or by writing a check payable to Lehigh Valley Health Network and mailing it to: 402 CARE
	Lehigh Valley Health Network
Please include me on your CE activity mailing list.	2100 Mack Blvd., Allentown, PA 18103-5622

# **Evaluation Email Policy**

Lehigh Valley Health Network respects your right to privacy and will not sell, lease or provide your contact information to a third party. By registering for this event, you agree to be contacted after the event for a post-event evaluation survey. RNs should note that contact hours may only be awarded when the completed evaluation is received.