

## Calendar of Events

### FREE Weight-Loss Info Event

Monday, March 27 • 6-8 p.m.  
LVH-Schuylkill S. Jackson Street  
Conference rooms A and B  
Register: 570-501-4LVH (4584)  
or visit [LVHN.org/weightFIE](http://LVHN.org/weightFIE)

### Health & Wellness Center at Hazleton

5K Run/Walk  
Saturday, April 29  
Details: [LVHN.org/calendar](http://LVHN.org/calendar)

### LVH-Schuylkill Spring Gala

Saturday, April 29 • 6 p.m.  
Season's Restaurant  
Mt. Valley Golf Course  
For more information:  
570-621-4242 or  
[mary.bardell@lvhn.org](mailto:mary.bardell@lvhn.org)

### LVH-Schuylkill Skin Cancer Screening

Saturday, May 6 • 9-11 a.m.  
Outpatient Surgery Center  
300 Schuylkill Medical Plaza



Lead Dietary colleague Fay Ebert directs the afternoon huddle in the Food & Nutrition Department for "after school students" as they prepare for evening meal and participate in the Communication Cascade.

### Today is not only St. Patrick's Day – the day when no matter your ethnicity, everyone can be an honorary Irishman – it also marks six months since we merged with LVHN.

"It seems like it was just yesterday that we were celebrating, signing the Commitment Wall and starting a new chapter in health care for our community," says Bill Reppy, LVH-Schuylkill President. "While our list of goals and objectives is substantial, we have made great strides in so many areas."

Since Sept. 16, the official merger date, LVH-Schuylkill has been an organization introducing change to the workforce and change to the communities we serve. Beginning with how we address each other as colleagues, change has been apparent from day one.

Colleagues, signed a Commitment Wall, had holiday meals and ice cream sundaes, tossed turkeys and introduced huddles, visibility walls, GEMBA walks, PRIDE behaviors and AIDET.

For those we serve, the change so far has been dramatic and beneficial. A new emergency department, interventional radiology suite and a radiology reception/registration area were just the beginning. We continued by completing phase one of our campus integration, bringing medical/surgical and ICU units, nuclear medicine and mammography to LVH-Schuylkill E. Norwegion Street. Phase two includes a new maternity unit and pediatrics on that campus. LVH-Schuylkill is just getting started.

## Thank You for Putting Patients First

**To heal, comfort and care... that is our mission.** But do we really practice what we preach? LVH-Schuylkill colleagues were put to the test this week as winter storm "Stella" dumped more than two feet of snow throughout Schuylkill County.

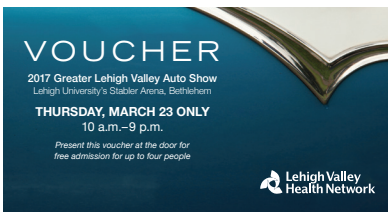
As the storm was approaching, colleagues began to shelter in place at both the hospitals. Emergency physicians, hospitalists, anesthesiologists, OB/GYNs, pediatricians, radiology, respiratory and lab techs, housekeepers, dietary workers, maintenance and security colleagues, nurses, supervisors and other staff stayed the night Monday into Tuesday, and some into Wednesday as we put our patients at the top of our lists. Many of those spending the night at "Hotel LVH-Schuylkill" were greeted with welcome notes and chocolates on the pillow. We offer a sincere "thank you" to all on a job well done.



It's one of the Lehigh Valley's most talked-about events, the dance party where everybody dresses in fashionable black attire. It's also being held at the hottest venue around – ArtsQuest Center at SteelStacks.

It's BlackOUT 10, which benefits the patients of the AIDS Activities Office and Hepatitis Care Center of LVHN. It will be held from 7 p.m. to midnight on Friday, April 7, with dancing in the Musikfest Café. Tickets are \$40. You must be 21 or older to attend.

Purchase tickets online at [LVHN.org/blackout](http://LVHN.org/blackout). For more information, call 610-969-4999.



### Greater Lehigh Valley Auto Show March 23, 10 a.m.-9 p.m.

Lehigh University's Stabler Arena, Bethlehem  
Do you – or does someone you know – have a passion for cars? Are you looking for a new automobile this year? Then it may be time to attend the 2017 Greater Lehigh Valley Auto Show. As an LVHN colleague, you can attend the show for free on Thursday, March 23. Plus, you can bring three friends, family members or guests with you. Here's how:

- Visit our intranet site
- Click "LVHN News"
- Download and print it.
- Show it at the door.

The voucher will give you and up to three guests free entry to the auto show.

More than 250 cars and trucks from 27 manufacturers will be on display.

## Grandmother With 140-pound Tumor is Half Her Size After Life-Saving Surgery

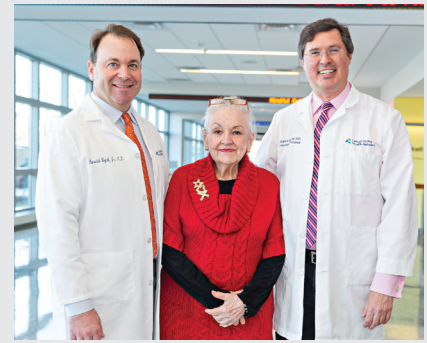
**When Mary Clancey first noticed she was "getting a little plump," as she calls it, she thought it was perhaps from her time working the fudge counter at her local Boscov's Department Store in Pottsville, Pa.** She would soon realize the situation was far more serious, resulting in a miraculous five-hour operation to remove a 140-pound cancerous tumor from her abdomen.

Today, thanks to the quick actions and innovative thinking of Lehigh Valley Health Network (LVHN) doctors, Clancey is able to share her incredible story.

"Things started getting harder to do – harder to walk, harder to stand – and then one day I couldn't get out of bed," the 71-year-old grandmother says. "My son said, 'Let's call an ambulance and take you out of here.'"

A computed tomography (CT) scan revealed the astonishing diagnosis – a cyst in one of her ovaries had grown into a 140-pound, stage-one-cancer tumor, equal to almost half her weight. Clancey was 365 pounds in total at the time. She jokes that she felt that she was just becoming "one of those little, 'rolly polly' ladies." But she was in for a huge surprise.

"The results of Mary's CT scan are permanently engrained in my mind," says surgeon Richard Boulay, MD (right in photo), Chief of Gynecologic Oncology at LVHN, who performed Clancey's operation. "The mass was so big it didn't even



fit in the picture of the scanner – I had never seen anything like it."

The surgery had to be carefully orchestrated by Boulay and his team to account for the sheer logistics of removing a mass that large from Clancey's body. He was assisted by Randolph Wojcik Jr., MD (left in photo), Chief of Plastic Surgery, and plastic surgeon with LVPG Plastic Surgery. In five hours, Mary lost 180 pounds of tumor and tissue – literally half of her body weight.

After recovering under the close watch of LVHN's care team for 26 days following the procedure, Clancey is a more petite 147 pounds today. But her personality is still larger than life.

"I was going to be a short, fat, round little old lady before, so you never know, I might just turn into a voluptuous babe now," she says.

For Boulay and the team at LVHN who witnessed Clancey's incredible story firsthand, the real reward is seeing her happy, healthy and on the road to a fulfilling retirement.

"When someone like Mary grabs your hands a couple of days later and says, 'Thank you for giving me my life back,' it doesn't get any better than that," Boulay says.

## Reppy Lends Support to SKIP

**LVH-Schuylkill President Bill Reppy was the focus at the annual SKIP, (Schuylkill Keep It Pretty) Roast on Wednesday.** SKIP is the anti-litter and education group of Schuylkill County established in 1986.

Reppy agreed to be the "Roastee" as friends Patrick Murphy (Murphy Jewelry), Victor Muncy (Muncy Steel), Ed Keyworth (Pottsville Provision Company) Ed Winklebauer (Ryon Insurance) and Bob Carl (Schuylkill Chamber of Commerce) poked fun at and offered praise for Reppy, in the name of supporting SKIP.

SKIP Executive Director Darlene Dolzani thanked Reppy for his support for a cleaner, healthier Schuylkill County. Dolzani reminded the group of SKIP's April county-wide clean up, the adopt-a-road program and SKIP's website, [skiplitter.org](http://skiplitter.org).



## SELECT Medical Students Learn Match Day Results

**There are lots of firsts in a medical student's career: first cadaver lab, first white coat and first patient encounter.**

For the 2017 graduating class of SELECT medical school, a partnership between University of South Florida (USF) Health Morsani College of Medicine and LVHN, there were even more firsts – 27 to be exact. That's how many students are first in their family to go to medical school.

On March 17, those students and their families gathered in a ballroom at the Renaissance Hotel in downtown Allentown to experience yet another milestone – their first Match Day.

Match Day is an annual rite of passage for fourth-year students' at medical schools across the country. It's the day when all their hard work, studying and exams pay off culminating in one last test – a test of nerves. It's the day they open sealed envelopes that reveal their "match" to a medical residency program.

"Match Day is one of the most significant events in a medical students' life," says SELECT Assistant Dean of Student Affairs Michael La Rock, MD. "It's the culmination of many years of hard work and has an impact on a doctor's future career. Students who have family members in medicine have heard the folklore around it, but for first timers it's even more nerve-racking."

The 2017 graduating class of SELECT includes 50 students. More than three dozen attended Match Day festivities in Allentown, while 11 of their classmates learned match results in Tampa, Fla. where SELECT students complete the first two years of classroom training before coming to LVHN for two years of clinical experiences.

### THE "MATCH" PROCESS AT WORK

The matching process is a service of the National Resident Matching Program (NRMP). Fourth-year medical students from across the country apply and interview for residency programs independent of NRMP, then submit rank order lists (ROLs) of their residency preferences. Residency directors submit similar ROLs. Both lists are aggregated by NRMP, and the results are revealed to students on Match Day.

Students submit their common residency applications in mid-September and then take a month or more to travel across the country for personal interviews. It's a time-consuming and expensive process for students who also juggle classes, complete clinical rotations and manage research projects throughout their fourth year of SELECT.

"Match Day is a rite of passage for students filled with high expectations and celebration," La Rock says. "Where you're matched for residency is most likely the place you will practice medicine. All our students are well prepared for their residency programs. In past years, many have matched to top programs."

This is the third graduating class of SELECT. Graduates matched with top institutions including LVHN, Massachusetts General Hospital, the University of Pennsylvania, Rush University Medical Center, Loyola Medicine, Georgetown University Medical Center, Dartmouth University Medical Center and others.

"SELECT's curriculum focuses on values-based care, leadership, health care systems and emotional intelligence," says Robert Barraco, MD, Chief Academic Officer and Associate Dean for Educational Affairs. "As an educator, it's a real joy to know you are impacting 50 professionals who will care for and heal tens of thousands of people in their careers. It's breathtaking when you think of the number of lives they will touch."