

Friday **FACTS**

MARCH 27, 2015

THIS IS A LEHIGH VALLEY HEALTH NETWORK INTERNAL PUBLICATION ABOUT HAZLETON

We're All Connected

Effective Monday, March 30, all colleagues at Lehigh Valley Hospital-Hazleton (LVH-H), Health & Wellness Center at Hazleton (HWC) and Lehigh Valley Physician Group-Hazleton (LVPG-H) will be connected through email. Colleagues who are not on Microsoft Outlook will now have access to email through Webmail, an Internet-based email system. Colleagues on the internal messaging system will convert to Webmail; internal messaging will be turned off May 1.

Information systems has been working diligently on this project so that we may improve communications among all colleagues. All Webmail users will be part of the LVH-H_All_Employees email group. All Outlook and Webmail addresses are visible in the combined LVHN email address book, which includes addresses of more than 12,000 health network colleagues and providers. Please be careful when sending emails to colleagues and groups as the lists are combined among all LVHN locations and may have similar names.

Webmail can be accessed from anywhere there is an Internet connection, but is to be used for work purposes only. LVHN policies/procedures, security, storage limits, password resets, etc., that apply to Outlook apply to Webmail.

Celebrating our Physicians

Monday, March 30, is National Doctors' Day, a day when we recognize and honor our physicians for their strong commitment to the health and well-being of our patients. On this day, please join in honoring the physicians in our community, including the more than 100 members of the LVH-H medical staff.



Our patients know their physicians as individuals who take care of them, but we also know them for their many hours working behind the scenes with their colleagues to continually improve the quality of care and services provided at LVH-H. We are proud of our medical staff who are among the best in the country. They, along with an exceptional clinical and support staff, are the reason why LVH-H is recognized regionally and nationally as a provider of high-quality care and services.

Save the Date!

Annual Family Picnic at Knoebel's Amusement Park
Saturday, July 11

CONTACT US

Call Jane Danish (x6205 or email jane.danish@lvhn.org) to contribute information.

A PASSION FOR BETTER MEDICINE



Pediatric Care Online

Pediatric Care Online is a digital resource that provides health care information for the pediatric patient. The site includes Point of Care Quick Reference, providing 250 topics from key American Academy of Pediatrics publications in outline format for quick answers.

Wellness Resources contains the Bright Futures Series, which provides guidelines for the health supervision of infants, children and adolescents. A few of the series themes are Promoting Family Support, Promoting Mental Health, Promoting Healthy Weight and many more.

The Red Book Online, a report by the Committee on Infectious Diseases, is included as a reference. This provides information on vaccines, a visual library of images for assistance with diagnosis and information for use in presentations.

The AAP Pediatric Coding Newsletter includes the latest information for professional coders as well as online quizzes with CEUs.

A drug look-up section allows the clinician to search by diagnosis with suggestions for antimicrobial therapy. Patient Education Handouts are available for parents.

Pediatric Care Online can be accessed by signing into Citrix and clicking the small blue "e" in the lower left corner, which will take you to the LVH-H intranet site. Library Services is found in the right column and Pediatric Care Online is found under Key Resources in the site.

Contact Sharon Hrabina, medical library manager, at 570-501-4847 with any questions.

Yoga Class to be Offered at LVH-H

The HWC fitness center will offer a basic Hatha yoga class on Wednesday, April 15, from 3:45-4:45 p.m. in the Business and Education Center on the hospital campus. Hatha is used to describe a gentle, basic class with no flow between poses. A Hatha class is a slow-paced stretching class with some simple breathing exercises and perhaps seated meditation. This is a good class to learn beginner's poses, relaxation techniques and become comfortable with yoga.



The class is free and is being offered by Caitly Sitoski, HWC certified exercise physiologist and yoga instructor. Bring a mat if you have one. Class size is limited and advanced registration is required. Call Patti Peters at 570-501-6948 to register. Namaste!