

Lehigh Valley Health Network
LVHN Scholarly Works

Young Professionals

Newsletters

1-2023

Young Professionals

Lehigh Valley Health Network

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YOUNG PROFESSIONALS

January 2023

Happy New Year LVHN Young Professionals!

It's hard to believe we are halfway through fiscal year 2023. It has been another exciting month for the YPLC as we wrapped another event- we were able to fill 50 stockings for pediatric patients in partnership with LVHN Child Life Services. It is truly a delightful opportunity to give back to our community.

**A NOTE
FROM OUR
CO-CHAIRS**

Our Leadership Council has been busy planning exciting activities for the coming year. While we continue to plan those activities, please pay close attention for invitations to be emailed.

The long-awaited in-person training, Crucial Conversations, has been scheduled! YPLC sent an email to the large group, scheduled for February 22, 2023. We know that space is limited, and spots will go quickly, so please sign up today.

We could use your help with volunteer events this month. Volunteering offers opportunities to meet new colleagues and peers in other organizations, too!

As always, we welcome your feedback on ideas and how we can continue to grow our group to make is the best experience for you and new colleagues.

-Brielle Weida & Lisa Lasko



STAY IN TOUCH

SEND YOUR UPDATES
SEND YOUR QUESTIONS
BECOME A MEMBER
MAKE A SUGGESTION

 YoungProfessionals@lvhn.org

 [@LVHN Young Professionals](https://www.linkedin.com/company/lvhn-young-professionals)



YOUNG PROFESSIONALS

A NOTE FROM OUR SPONSORS

Goal setting for the Young Professional

It's a new year – a perfect time to reflect on the past and envision your future. What will you be intentional about this week? How about next month? What do you want to be proud of in three, six, and twelve months from today? We set performance goals and professional development goals here at LVHN, but it's important you set personal goals for yourself, too. Documenting goals in writing, on a vision board, or in conversation with a supportive person in your life can help guide you toward success. If you're having a tough time getting started, here are some personal goal ideas for young professionals:

- 1. Network: Schedule a conversation at a local coffee shop with someone you may not have talked to before. Join the virtual panels offered by the YP Professional Development committee and ask questions. Get active on LinkedIn and MentorCity.*
- 2. Get involved: LVHN's Community Engagement team has monthly opportunities to volunteer for sponsored events in our community. Join planning committees or initiatives offered here at LVHN, such as WILL, for example.*
- 3. Learn something new: Have you been wanting to learn a new language? A new instrument? Take a new class? Create a space to designate your time and energy for trying something you've never done before.*

Wishing you a safe and healthy 2023, Young Professionals! The best is yet to come.



Chrissie Hartner, DNP
Administrator, Patient Care Services,
Lehigh Valley Hospital



Lynn Turner, MBA
Senior Vice President and Chief Human
Resources Officer



YOUNG PROFESSIONALS

You are invited to attend:

“Lessons from Dr. Martin Luther King, Jr.: Celebrating Dr. King’s Principles that Drive an Equitable Organization and Create a Great Place to Work”

Virtual Presentation by Meloney Sallie-Dosunmu, MBA, Founder and President of Precision Talent International

January 16, 2023

Noon



Please join us on January 16, 2023 at noon for a virtual presentation entitled “Lessons from Dr. Martin Luther King, Jr.: Celebrating Dr. King’s Principles that Drive an Equitable Organization and Create a Great Place to Work” presented by Meloney Sallie-Dosunmu. Participants will be able to celebrate and connect Dr. King’s key civil rights principles to characteristics of equitable workplaces in 2023. Attendees leave the event with strategies they can take to advance inclusion and equity in their roles at LVHN.

Ms. Sallie-Dosunmu is Founder and President of Precision Talent International. She is the former Director of Human Resources for the City of Allentown and Global HR Director for Thermo Fisher Scientific. Ms. Sallie-Dosunmu is a founding parent and President of the Board of Directors for the Lincoln Leadership Academy Charter School and board member for Bloom for Women. She has served as a Commissioner for the Human Relations Commission of Allentown, PA, helping ensure fair treatment for citizens who felt that they had been discriminated against within the city. Additional board memberships have included Communities in Schools, YWCA of Bethlehem, and YMCA/YWCA of Allentown.

Dr. Martin Luther King Jr. Day is observed annually on the third Monday of January to commemorate and honor the advancements made by Dr. King as he led the civil rights movements in the 1950s and 1960s. As a result of his advocacy through nonviolent means, the Civil Rights Act and the Voting Act were passed, and at the age of 35 in 1964, King became the youngest person at the time to be awarded the Nobel Peace Prize. He was assassinated in 1968.

Please use this [link](#) to register for the January 16 event. Feel free to reach out to Judy Sabino, chief diversity equity and inclusion liaison, with any questions.



YOUNG PROFESSIONALS




The JOY CORNER

HAPPY NEW YEAR YOUNG PROFESSIONALS AND THANK YOU!!

We are so grateful and incredibly proud of our Young Professionals! In the first half of FY23, the Community Engagement Subcommittee has been very busy planning opportunities for our Young Professionals to bring joy to our communities. Through these signature events, and in just the past six months, we've partnered with Miller-Keystone, Feed the Children, PPL Phantoms, American Heart Association, Piramal Critical Care, Habitat for Humanity, LVHN Child Life Services, and others to create moments of joy throughout our communities.

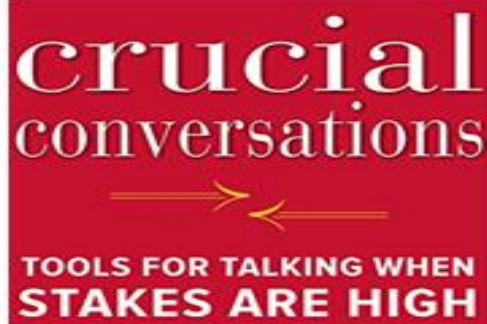
Beginning in July, our Young Professionals raised money in support of the American Heart Association Heart Walk, filled boxes and pallets of food to be delivered to local communities, collected school supplies, and donated Halloween Goodie Bags, Turkey Vouchers, Holiday Hope Chests, Christmas Stockings, and so much more! Each of these events has had a tremendous impact on our local communities and it was only possible through the kindness and generosity of our Young Professionals! THANK YOU for all that you do to bring joy to families in our communities and we look forward to 2023!



YOUNG PROFESSIONALS



Crucial Conversations for the Young Professional



Wednesday, February 22, 2023

11:30 a.m. – 1:00 p.m.

LVH-CC, ECC 7

HOST: **Gerry McGlinn M.A., ACC**
Director, Organizational Development
Lehigh Valley Health Network

WHAT YOU'LL LEARN

The course teaches nine powerful skills for working through disagreement to achieve better results.

This course is available to the first 30 YP's who register.
DON'T WAIT! Click here now to [Register](#).



YOUNG PROFESSIONALS



COMMUNITY ENGAGEMENT



Upcoming Community Engagement Events:

Once again, LVHN Young Professionals are partnering with Piralma Critical Care - Bethlehem to help fill food and hygiene boxes for Feed The Children to support children and families in need.

When: Thursday, February 9th from 9am - 12pm (3 hours)

Where: Feed the Children Distribution Center, 47 South Commerce Way, Bethlehem, PA 18017

Feed The Children is one of the world's leading anti-hunger organizations and brings together caring individuals to create a world where no child goes to bed hungry. Together, we help kids be kids by providing healthy food, safe water, education, and job training so that kids and their families in all 50 states and in 18 countries where we work become independent. If you are interested in volunteering your time, please click the link to signup: [Feed the Children Event](#).

“Lucky to be Loved”

Pediatric Collection Drive

The LVHN Young Professionals Community Engagement Subcommittee is partnering with the LVHN Child Life Services department to fill pencil boxes with love for our pediatric patients. This event combines Valentine's Day and St. Patrick's Day fun into one! ***We are looking to fill 50 pencil boxes and your participation in this community event is greatly appreciated! Pencil Boxes will be supplied or you can fill your own with fun items for children of all ages.***

Please consider donating to fill these boxes of love! [Sign Up Here](#)
More information will follow for those who sign up.

Thank you in advance! We truly appreciate all you do for our patients and families!

