

Upcoming Events

Bariatric/Weight-Loss Management Information Session

Monday, April 24: 6-8 p.m.
Best Western Plus Genetti Hotel & Conference Center,
77 E. Market St., Wilkes-Barre,
Wilkes Room

Learn about surgical and non-surgical weight-loss options. To register or for more information, call **570-501-4LVH**.

Stroke Support Group

Monday, April 24: 2 p.m.
Gunderson Center for Inpatient Rehabilitation, LVH-Hazleton, sixth floor

To register or for more information, call **570-501-4632**.

LVHN 5K Run/Walk

Saturday, April 29: 10 a.m.
Hazle Township Community Park
9:30 a.m.: Free Fun Run for children 11 years old and younger
The race-day registration fee is \$25.

Download the registration form from lvhn.org/calendar or on the LVH-Hazleton intranet under "Recreational Activities."

FINAL WEIGH-IN

The final Weight-loss Competition weigh-in takes place April 27 from 11 a.m. to 2 p.m. at LVH-Hazleton, seventh floor.



Best of luck to all teams.



(L-r) exercise physiologists Janet Brown and Caity Sitoski conduct an exercise class at Mission Foods in Mountain Top.

Health & Wellness Center at Hazleton's Fitness Center Receives Mention In *Tortilla Express*

Health & Wellness Center at Hazleton's Fitness Center was mentioned in the March/April edition of *Tortilla Express*, a publication of Mission Foods, an American manufacturer of tortillas and tortilla-related products based in Irving, Texas, which has a plant in Mountain Top, Pa. The article reads:

Benefits of Exercise

In February, Mountain Top successfully implemented a new and improved employee exercise program developed in partnership with Lehigh Valley Health Network's Occupational Health Services at Hazleton. The new exercises help protect employees and lessen repetitive motion injuries. The benefits of the new exercises are increased flexibility and joint range of motion, improved circulation, better posture, stress relief and enhanced coordination.

Leadership Rounds Continue

<u>Location</u>	<u>Date and Time</u>	<u>Leader</u>
7th floor	April 26 at 6 p.m.	Michael Golden
6th floor	April 26 at 8 a.m.	Michele Konitzer
5th floor	TBD	Murray Swim
4th floor	April 26 at 4:30 p.m.	Melissa Curto
3rd floor	April ?? at 7:15 a.m.	Michael Evans, MD
2nd floor	April 25 at 7 a.m.	John Fletcher
ED	April 25 at 7 a.m.	Anthony Valente, MD

Hunterdon Hills Playhouse Seats Available

Seats are available for LVH-Hazleton's Senior Choice bus trip on Wednesday, May 17, to see Garson Kanin's stinging 1946 satire "Born Yesterday" at Hunterdon Hills Playhouse in Hampton, NJ. For more information, call Joan at 570-454-4752.

Congratulations LVH–Pocono Colleagues

Service Stars for April 2017

The following is the winning nomination story provided by Elizabeth Wise, LVH–Pocono Acting President



Emergency department (ED) colleagues were caring for a young boy at LVH–Pocono when the child’s condition began to decline. Emergency medicine physician Danielle Deitrick, DO, and Lori Wielgus, RN, were providing care that early morning when Deitrick made the determination the child needed specialty care. Because the boy had an existing relationship with a physician in Danville, the family requested a transport there.

Heavy snow blanketed the region that morning and was expected to continue throughout the day. With MedEvac flights grounded and roads nearly impassable, colleagues needed to think fast to enact a plan to get the child to his destination safely.

John Polishan, RN, and Acting Emergency Department Manager contacted Suburban Ambulance to request an escort for the transport due to the hazardous road conditions. With a state of emergency in effect, colleagues were concerned the ambulance might have trouble getting through the heavy snow.

Gina Reider, RN, Acting Director Emergency Services and Critical Care and Patricia Frazier, RN, Acting Director of Nursing were notified of the situation and quickly sprang into action. Troy Serfass, Manager Safety and Security contacted the Monroe County Control Center to notify them of the emergent situation and to request support from PennDOT. Minutes later, he was speaking with a lieutenant at the Pennsylvania State Police in Swiftwater and Hazleton, who offered additional manpower and assistance.

The transport needed approvals from each PennDOT jurisdiction through which it would pass. With the clock ticking, the team decided to gain approval directly from Harrisburg to avoid further delay. In the meantime, the National Guard confirmed it would also provide assistance.

“Colleagues began coordinating details at 8:20 a.m.,” says nominator Elizabeth Wise, LVH–Pocono Acting President. “By 9:50 a.m., Suburban Ambulance was at the ED securing the patient for the long trip north. And at 10:27 a.m., the child was on his way thanks to a caring group of colleagues determined to arrange safe passage on a dangerously snowy day.”



COLLEAGUES ENGAGE THE COMMUNITY

This week, many colleagues seized the opportunity to educate and interact with the people of our community and our fellow colleagues.



LVH–Hazleton colleagues provided health screenings and educational information to over 150 seniors at a senior health fair held at the Laurel Mall.



LVH–Hazleton President John Fletcher speaks to members of the Hazleton Chamber of Commerce about the plans for the future of health care in Hazleton and the surrounding region.



Community Relations Director Jane Danish presents a check in support of the Alice C. Wiltsie Performing Arts Center.



Shai Post, physical therapist, Health & Wellness Center, promotes the Parkinson's Support Group and LSVT BIG program on WYLN TV 35's Community & You.



LVH–Hazleton colleagues participate in the first Safety Fair held at the Hazleton campus. (L-r) Dominique Erves, patient transport services; Roxanne Dixon, BSW, Gunderson Center for Inpatient Rehabilitation, and Jessica Hertzog, RN, education department