

There's a lot going on at Lehigh Valley Health Network. In case you didn't catch all the latest news, here's a recap of what happened this week. Here are links to Mission Central posts, the latest issues of CheckUp and Healthy You magazines, and Lehigh Valley Health News, our blog on LVHN.org containing timely information and health network news. You also can link to Mission Central's "Contact Us" page where you can comment about anything, including this email, ask a question or share a story.

[John Fletcher Named LVH-Hazleton President](#)

Learn why his experience and commitment make him perfect for the job.

[Important Change in Pediatric Leadership at LVHN](#)

Michael Consuelos, MD, vice chair, department of pediatrics, will be leaving LVHN to become senior vice president, clinical integration, at the Hospital and Healthsystem Association of Pennsylvania.

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Get information about the module that will follow a patient from pre-op to post-op.

[2014 Donate Life Hospital Campaign](#)

We are raising awareness and encouraging more organ donation in our community.

[Pediatric Gastroenterologist Adam Paul, DO, Puts Child, Family at Ease – VIDEO](#)

"Seeing a child get better is the greatest feeling in the world," he says.



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< Motivational Monday: Do What Needs to Be Done

Pediatric Gastroenterologist Adam Paul, DO, Puts Child, Family at Ease – VIDEO >

John Fletcher Named LVH-Hazleton President

This message is from Terry Capuano, Chief Operating Officer

I am pleased to announce that John Fletcher has accepted and will be assuming the President role at Lehigh Valley Hospital – Hazleton, effective immediately. He has been serving in the LVH-H Interim President role since January 1, 2014 and has demonstrated a deep commitment to LVH-H and to the greater Hazleton area. His vision is one of growth and access to quality of care for the community.

John brings strategic and operational experiences to the role of President. He has been with the former Greater Hazleton Health Alliance as the Chief Operating Officer since 2004. Prior to that he was a Regional Director with Community Health Systems and Assistant CEO with Berwick Hospital Center. He has a Bachelor's degree in Business Administration from Bloomsburg University.

Please join me in congratulating John and welcome him to his role as the first President of Lehigh Valley Hospital – Hazleton.

This entry was posted by Admin on April 1, 2014 at 10:54 am, and is filed under Get News. Follow any responses to this post through RSS 2.0. You can leave a response or trackback from your own site.

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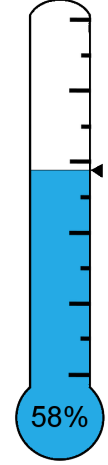
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Important Change in Pediatric Leadership at LVHN

This message is from J. Nathan Hagstrom, MD, chair, department of pediatrics

It is with mixed emotions that I announce the departure of Michael Consuelos, MD, vice chair, department of pediatrics. He will be leaving us to become senior vice president, clinical integration, at the Hospital and Healthsystem Association of Pennsylvania (HAP). He has been a valued member of the department of pediatrics and the network. His contributions to the health and well-being of children in the Lehigh Valley are numerous and much appreciated. He will be greatly missed.



Michael Consuelos, MD, vice chair, department of pediatrics, will be leaving LVHN to become senior vice president, clinical integration, at the Hospital and Healthsystem Association of Pennsylvania (HAP).

In his new position at HAP, Dr. Consuelos will be working with member hospitals and health system leaders as well as physician leaders in developing initiatives relevant to new payment models, improving quality and clinical care, and supporting the integration of care across all health care platforms. He begins his new position July 1.

Dr. Consuelos has been vice chair of the department of pediatrics since 2003. He joined Lehigh Valley Health Network (LVHN) as a pediatrician in 2001 after serving six years in the U.S. Army and achieving the rank of major.

During his LVHN career, Dr. Consuelos has been co-chair for LVHN's Community Flu Campaign since 2003. In 2009, he served as incident commander for LVHN's H1N1 (Swine Flu) Pandemic Response. He's been involved in the health network's capital planning process from 2003 to 2007, and he chaired the Lehigh Valley Physician Group (LVPG) compensation committee from 2009 to 2012.

Regarding community involvement, Dr. Consuelos has been a member of the board of directors at Valley Youth House since 2008, chairing that board from 2011 to 2013.

We warmly thank Dr. Consuelos for his long career of service to Lehigh Valley Health Network, and we wish him well in his new endeavor at HAP.

Please see the [HAP press release](#) on Dr. Consuelos' new position.

This entry was posted by Admin on April 4, 2014 at 9:24 am, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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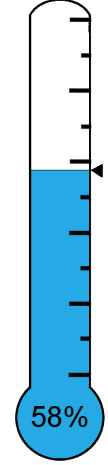
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Parking Changes Planned Across LVH-Muhlenberg Campus Starting April 14

To make parking easier to find for patients and visitors, we are making several changes at the Lehigh Valley Hospital-Muhlenberg campus effective April 14. These changes will affect Lehigh Valley Health Network (LVHN) colleagues as well as patients and visitors in the near future.



"Patients at practices in the 2597 and 2649 buildings have told us they are having difficulty finding a place to park for their appointments," says Brad Fulmer, captain, security services. "As a result, we are reorganizing some of the parking assignments, and we're adding signage to make it more clear who can park where."

The following changes will go into effect on Monday, April 14:

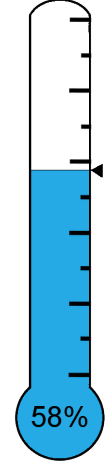
- In Lot A (the south entrance parking lot), current spaces for patients and visitors will be posted as two-hour parking. Two spaces will remain designated for the dental clinic, and one space will remain designated for employee health. All current designated spaces will remain for Good Shepherd.
- In Lot D (the behavioral health parking lot), all spaces will be posted as two-hour parking.
- In Lot L (the lower parking lot for the 2597 building), the two entrances/exits from the ring road will be closed. Signage will be installed requiring a parking tag for this lot. Any car not displaying the appropriate hang tag will be ticketed and/or towed. Hang tags will be issued to employees authorized to use this lot. There are 151 spaces in this lot, and the contracted amount is 52. All parking for management suite staff and patient care services staff as well as administrators, directors and practice managers for practices in the 2597 building who are currently permitted to park in this lot will be maintained. Parking for behavioral health leadership staff, health network physicians, physician assistants and nurse practitioners with offices in 2597 will be added. If there are not enough spaces after the assigned groups are accounted for, other LVHN colleagues will be directed to employee lots and utilize the shuttles.
- In Lot M (the parking lot between the 2597 and 2649 buildings by blue canopy), the entrance/exit from the ring road adjacent to the 2597 building will be closed. The entrance/exit between the 2597 building and main hospital will remain open, as will the entrance/exit closer to 2649 building. This entire parking lot will be posted as two-hour parking.
- In Lot N (the parking lot for the 2649 building), the two western-most rows of the lot will be designated with "physicians only" signage. These two rows will be cordoned off by chain, controlling access and exit from only two points. These spaces will be reserved for physicians, physician assistants and nurse practitioners with practices in the 2649 building and the emergency department. The remainder of the parking lot will be posted as two-hour parking. Parking for administrators, directors and practice managers who currently are permitted to park in this lot will be maintained.
- In Lot P (the small parking lot by the 2663 building), no changes are planned.

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- In Lot H (the main entrance parking lot), it's important to note this parking lot is for patients and visitors. It will be monitored during the peak hours when employees arrive, and employees will be turned away. It has not been determined if additional signage will be necessary for this lot.
- In Lot K (the south side of the 1770 building), all spaces will be posted as two-hour parking. The north side of this lot also has designated spaces for patient and visitors. The remainder of the lot is for employee parking.
- In Lots F1, F2 and F3, all spaces will continue to be designated as employee parking.

Any questions and concerns about parking at LVH-Muhlenberg should be directed to security services at 610-402-8220.

This entry was posted by [Ted Williams](#) on April 2, 2014 at 11:58 am, and is filed under [Get News, Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

13 comments

Ana Krawetz 40 DAYS AGO

How will this affect night shift staff? The majority of us use parking lot M since it is NOT used at night. (There are no patients scheduled at night 10pm-7am) We park there as there is no shuttle service at night time and it's not safe to walk across a dark parking lot, I don't think security is willing to drive every single person to their designated areas. We would greatly appreciate if these concerns are considered for night shifters.

Suggestion: maybe all night shift staff should get tags, so that radiology and ER staff could use parking lot M (when it's not in use) and if we are not out of the parking lot by an assigned time (mostly likely 7am) then tickets should be issued. Obviously the tags should mention something about night shift so that others can't use it.

Thanks in advanced for your consideration!

LOG IN TO REPLY

Brad Fulmer 39 DAYS AGO

Lot M will not be designated for night shift parking. Security monitors the 3-11 lot between 2230 hours and 2330 hours. This lot is near lot H, main entrance lot, where night shift is currently directed to park. Lot H is the only authorized lot for night shift employees. The security officer monitoring the 3-11 lot can monitor lot H at the same time. Signage is in place in lot H directing night shift to park in the fourth row or farther back. Having all the night shift employees park in the same area is safer for them entering and exiting the hospital at shift change.

Brad Fulmer
Captain, Security Services
Lehigh Valley Health Network
1200 S. Cedar Crest Blvd
Allentown, PA 18103

LOG IN TO REPLY

Sharon Saks 37 DAYS AGO

Hi!
I also work on night shift and according to the article your quote, "Patients at practices in the 2597 and 2649 buildings have told us they are having difficulty finding a place to park for their appointments," says Brad Fulmer, captain, security services. "As a result, we are reorganizing some of the parking assignments, and we're adding signage to

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make it more clear who can park where." specifically states that the reason parking is being reorganized is because the patients cannot find parking in the lots for the 2597 and 2649 buildings. Since patients are not scheduled for appointments at night, it makes sense that night shift personnel are not occupying spaces for patient use. Please reconsider designating this area for night shift parking as well. It would be greatly appreciated by the entire night shift crew who uses this lot. Thank you!

LOG IN TO REPLY

Brad Fulmer 35 DAYS AGO

Night shift has always been assigned to lot "H". They are directed to park in the fourth row and back. The 2649 and 2597 lots have never been an authorized parking area for night shift. Patients often arrive before the night shift colleagues would leave or a night shift colleague could be delayed extending their shift. The main reason for this is the safety of our colleagues reporting for night shift. By having all the night shift colleagues park in one area, it is easier for security to monitor this one lot. If security is on an emergency call and unable to monitor the lot there is always safety in numbers with all night shift colleagues parking in one designated area.

LOG IN TO REPLY

Sharon Saks 35 DAYS AGO

Thanks for your response! I have worked here for over a year on the night shift, and whenever I arrive and leave there are about three rows of parking always available, so clearly patient parking is not the issue. Also, I have never felt unsafe walking to or from my car because the lot is so close to the building, so safety is not an issue either. Perhaps the lot could be designated 2-hour parking from 8 am until 6 pm. Thank you again for your consideration.

LOG IN TO REPLY

Kelly Eckert 35 DAYS AGO

Transitioning lot N into two-hour parking will pose a problem for many ER patients and visitors. Our parking lot is not sufficient for the size of our department, so the majority of our patients and visitors end up parking in lot N, as it is the next closest lot. We receive daily complaints on this issue, and making that lot into two-hour parking would further complicate the parking issue for patients and visitors to the ER. Could other options be considered for that lot and possibly for the ER lot?

Thank you

LOG IN TO REPLY

Brad Fulmer 35 DAYS AGO

We need to keep the lots posted as 2-hour. This is necessary due to the large number of colleagues who have been violating the parking regulations for so long. Their parking in these lots has been causing a hardship for our patients at all hospital sites. The 2-hour limit is the only way we can catch colleague parking violators. When and if a patient or visitor receives a parking ticket, we have a process in place to void it. Security will be monitoring these lots by physical presence and reviewing video cameras.

LOG IN TO REPLY

Robin Andreas 33 DAYS AGO

Where are the nursing students being instructed to park? We had staff complaints today that the lower employee parking lot was filled before 7am by a large number of nursing students. Also, with all of these changes forcing more employees to park in the

gravel and upper lots, can an effort be made to clean up the gravel lot from all of the winter debris and large rocks? It would facilitate more cars being able to park in this area.

LOG IN TO REPLY

Brad Fulmer 33 DAYS AGO

Students are to park in employee lots. There is no designated special area for students. All employee lots are first come, first served. Engineering has been advised of the need to clear the stone lot of the storm debris. This has been scheduled and should be completed before Monday 4/14/14.

LOG IN TO REPLY

Katie Robinson 32 DAYS AGO

Has there been any thought to having 2 shuttles during peak hours?

LOG IN TO REPLY

Brad Fulmer 28 DAYS AGO

We have no plan to add a second shuttle during peak times. I will remind the shuttle drivers of the need to make a continuous loop of the campus. If you encounter wait problems please contact me at brad_a.fulmer@lvhn.org. I do want to remind your that the shuttle must be refueled off-campus daily. This will be done during off-peak times though.

LOG IN TO REPLY

Timothy Carpency 28 DAYS AGO

What is the status of parking lot G? This is on the other side of the 1770 building, the side closest to the Tower. I have been parking there for years, but when I parked there this morning, there was a Security guard that put cones across the lot after I parked. He had waved me through to pass him and park there, so I didn't think anything of it till other people mentioned part of that lot being blocked off. I just want to know I won't receive a ticket and/or be towed when nothing was ever mentioned about parking lot G above in the parking changes. I just want to be sure!

Thanks!

LOG IN TO REPLY

Brad Fulmer 28 DAYS AGO


Lot "G" is employee parking except for a designated area for HealthWorks. The second row entrance was coned off this morning because we need to expand the middle shift lot. The treddles at the present middle shift lot are being moved to this area. Half of this row will be chained off to expand the middle shift parking. An increase of parking space for middle shift is required since the new parking plan should keep those employees who parkied improperly in the pat from doing so going forward.

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Mission Central | Parking Changes Planned Across LVH-Muhlenberg Campus Starting April 14

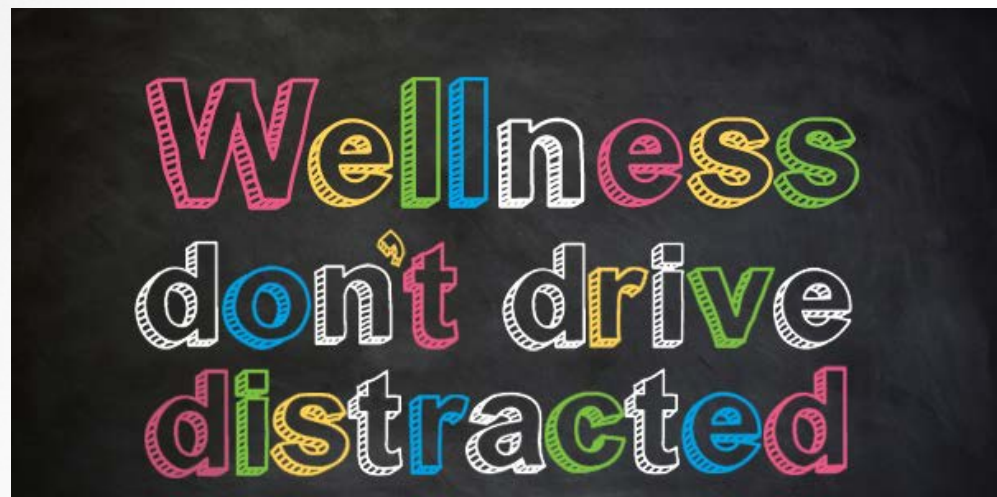




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Module of the Month: OpTime >

Wellness Wednesday – Don't be a Distracted Driver



If you are drowsily driving home after a long shift, dancing too enthusiastically to the song on the radio or eating on the go, you are a distracted driver. Anything that causes you to take your attention away from driving, take your eyes off the road or take your hands off the wheel is a distraction.

"Motor vehicle collisions are the No. 1 cause of traumatic death," says Robert Barraco, MD, a board-certified critical care surgeon with Surgical Specialists of the Lehigh Valley. "Nearly 80 percent of motor vehicle collisions involve driver distraction within three seconds of the crash." There were more than 14,600 crashes in Pennsylvania last year that involved a distracted driver.

These are among the distractions can cause you to take one hand off the wheel, and affect your ability to stay in your lane or react to changes on the road:

- Eating and drinking
- Smoking
- Playing with the radio
- Using your cell phone
- Combing your hair or applying makeup
- Rubbernecking (focusing on an event that is happening off the road)

Another hazard occurs when you look for an object in your car, such as something that has fallen to the floor. Many times, a person will remove the seatbelt while driving to reach for something in the car. "Almost one of five vehicle occupants does not wear a seatbelt," Barraco says. "Air bags only work if you are in front of them. Seatbelts can keep you positioned to take advantage of the airbag's protection."

This week's Wellness Wednesday challenge: Change your driving habits to make sure you are not a distracted driver.

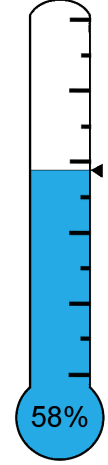
Nighttime driving can be particularly challenging, as can driving after a long or overnight shift at work. "Don't drive sleepy or drowsy," Barraco says. "If there is someone else who

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can drive, that's great. If you can, take a power nap before you drive. There are legal limits for a person operating a commercial vehicle without resting, but we do not have the same rules. It's up to you to know when you are unable to drive. If you feel tired or drowsy while driving, pull safely off the road and rest before attempting to drive the rest of the way."

Finally, remember not to drive under the influence or text while driving. The best tip is to drive smart, because driving smart is driving safe.

Do you have tips on staying focused while driving? How are you a safe driver? Leave a comment and let us know.

Have you participated in the [FY14 People Goal](#)? Go to [MyPopulytics.com](#) and set your own wellness goal. Not only will setting your goal keep you healthier, but it also will make you eligible to win monthly prizes and a grand prize at the end of fiscal year 2014. When you're healthy, you're at your best for colleagues, patients and their families. Help LVHN serve as a role model by taking steps to improve your wellness.

This entry was posted by [Amanda Coe](#) on April 2, 2014 at 1:00 pm, and is filed under [Live Healthy](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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Module of the Month: OpTime

When a patient arrives at Lehigh Valley Health Network (LVHN) for a surgical procedure, the patient's stay is tracked by more than 3 perioperative systems that currently do not communicate with one another. If you work in periop, you know that's an issue. But [Epic](#) has a solution: the *OpTime* module.

OpTime is the perioperative service module that will follow a patient from pre-op to intra-op to post-op. By using *OpTime*, all stages of periop care will be included in the patient's electronic medical record (EMR). In addition to tracking a patient's status throughout surgery day, providers will also be able to review past cases in the patient's chart to understand what occurred in previous surgeries. This application is one of the ways information and workflows will be standardized and integrated with the Epic EMR.

OpTime features

- **Real-time case tracking** – With *OpTime*, you can track how long an operating room (OR) is being utilized from set-up to clean-up. This will increase the utilization of the ORs and will help reduce patient wait time.
- **Snapboard** – This *OpTime* feature shows where a patient is throughout his or her surgery stay. For periop staff, Snapboard gives an insight into where each patient is in the schedule, which allows better planning for 'what's next.' This feature also benefits the patient's family because receptionists will be able to view Snapboard and provide updates to the patient's love ones.
- **Preference card** – Currently, provider preference cards are not standardized – some are even on paper. The *OpTime* preference card will give providers a standardized format to request specific supplies, equipment, medicine, specimen and staffing preferences to meet the provider's needs. This preference information is not only specific to the provider, but also to the surgical location, for a high level of customized OR set-up.
- **Documentation** – As you heard many times, once you document into Epic, the information flows into one chart that every provider on Epic can view. If you had a knee surgery in the morning and you enter the emergency department (ED) because of pain, the ED provider would be able to open your chart and see what went on before, during and after your surgery.

OpTime is one more way Epic will streamline and revolutionize patient care at Lehigh Valley Health Network, and will be a heavily-utilized application once our EMR goes-live.

Stay in sync with the Epic transformation at LVHN by visiting the [Epic intranet site](#).

This entry was posted by [Jenn Fisher](#) on April 3, 2014 at 2:00 pm, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

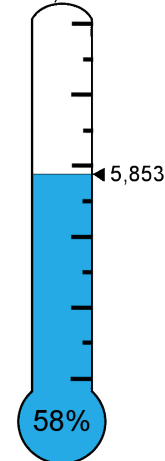


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2014 Donate Life Hospital Campaign

This message is from Ron Swinfard, MD, president and CEO, and Terry Capuano, chief operating officer



Every day in the U.S., 79 people receive organ transplants. Every day in the U.S., 18 other people die waiting for transplants that aren't available because there aren't enough organ donors.

Some may find those statistics from the U.S. Department of Health and Human Services appalling. Here's something even more appalling – the loved ones of those 18 other people could be suffering unnecessarily. If enough people in this country would register as organ, eye and tissue donors, there wouldn't be a

need for a national organ transplant waiting list.

Lehigh Valley Health Network (LVHN) is committed to raising awareness and encouraging more organ donation in our own community. Our network is taking part of the 2014 Donate Life Hospital Campaign, which is sponsored by the Hospital and Healthsystem Association of Pennsylvania (HAP). Throughout the commonwealth and across the nation, hospitals are joining organ, eye and tissue donation organizations to promote these efforts. One of our partners in this endeavor includes Gift of Life, the organ procurement agency in the Lehigh Valley region.

Throughout the month of April, LVHN will conduct a series of organ donation awareness activities, including media and social outreach, an educational symposium for transplant professionals, and a variety of patient and community events coordinated by our Transplant Center of the Lehigh Valley.

You can join this campaign in these ways:

- Registering to become a donor by visiting [the campaign's registration page](#). Once you've registered, be sure to discuss this decision with your loved ones.
- Attending one of the following LVHN organ donor registration events. There will be laptops available for registration, staff on hand to assist you and free gift giveaways at all events, each of which will run from noon-2 p.m.:
 - **April 2** – LVH-Cedar Crest, outside of the auditorium
 - **April 9** – LVH-17th Street, main hallway outside of cafeteria
 - **April 16** – LVH-Muhlenberg, outside of cafeteria
 - **April 23** – Mack building, 1st floor near elevators

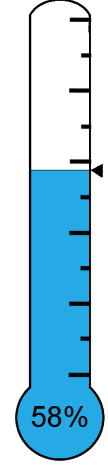
Please consider signing up for this great cause. If you're already an organ donor, we thank you for this wonderful contribution to your fellow man. Please share your resolve with family, friends and colleagues and urge them to join as well. Like you, they will literally be saving lives.

Welcome to Mission Central. It's the place to get and share information about our health network. Here, you can share stories, ask questions, be inspired, celebrate our accomplishments, learn to be at your best and more. Visit frequently to stay energized at work and help make our mission possible.

Help Achieve the SSP BONUS

Set Your FY14 People Goal today!

10,161



5,853

Striving for 60% or greater participation to achieve Max Goal. Set your People Goal at [mypopolytics.com](#)

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Pediatric Gastroenterologist Adam Paul, DO, Puts Child, Family at Ease – VIDEO

We are producing videos of our doctors and advanced practice clinicians (APC) to help our community find trustworthy health care providers. We will share them here to introduce you to these colleagues. You'll learn about their personality, philosophy of care and inspiration for practicing medicine. These videos are embedded in our website's [Find a Doctor tool](#), where you can learn about each provider's educational background and more. Enjoy!

"Seeing a child get better is the greatest feeling in the world," says [Adam Paul, DO](#), a pediatric gastroenterologist with [Pediatric Specialists of the Lehigh Valley](#).



He knows a sick child affects the whole family, so he works to put everyone at ease and educate them about the specialized care he's able to provide close to home, at Children's Hospital at Lehigh Valley Hospital.

Paul is board-certified in pediatrics. Get to know him with this video.

This entry was posted by [Alyssa Young](#) on April 1, 2014 at 2:36 pm, and is filed under [Connect with Colleagues](#), [Watch](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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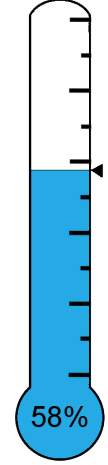
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