

Upcoming Events

LVHN 5K Run/Walk

Saturday, April 29: 10 a.m.
 Hazle Township Community Park
 9:30 a.m.: Free Fun Run for
 children 11 years old and younger
 The race-day registration fee is
 \$25. Down-
 load the registration form from
 LVHN.org/calendar or on the LVH
 -Hazleton intranet
 under "Recreational Activities."

What Every Person Should Know About Stroke

Wednesday, May 3: 2-3 p.m.
 Gunderson Center for Inpatient
 Rehabilitation
 Learn about the signs, symptoms,
 treatment and rehabilitation
 available.
 To register or for more in-
 formation, call **570-501-4600**.

Kiwanis Health Fair

Saturday, May 6: 7:30 - 10 a.m.
 Health & Wellness Center at
 Hazleton, Suite 107
 Screenings include: basic
 metabolic profile, lipid profile
 (fasting required), BMI and
 more.
 All supplies, services and labor
 are donated by Lehigh Valley
 Hospital-Hazleton.
 All proceeds benefit Kiwanis
 community service projects.
 \$25 per person (cash or checks
 only); additional \$5 for men's PSA
 screening
 Advance registration required.
 Call **570-501-6299**.

Sibling Class

Wednesday, May 3: 6 -7 p.m.
 LVH-Hazleton Family Birthing
 Center

**Natia Potter, MD, Joins LVPG
 Endocrinology-Health & Wellness Center at Hazleton**



Lehigh Valley Physician Group (LVPG)-Hazleton
 welcomes Natia Potter, MD, to its medical group.
 Potter will be practicing endocrinology at LVPG
 Endocrinology-Health & Wellness Center at
 Hazleton.

Appointments can be made by calling
 570-501-4LVH (4584).

**Pennsylvania State Police
 Troop N is Looking for You**



LVHN is proud to sponsor the first annual law enforcement-based "Sunny Day Camp," to be held on Saturday, May 13, from 8 a.m. until 4 p.m. at Pocono Raceway.

The event, being held by Pennsylvania State Police (PSP) and Troop N Camp Cadet, in conjunction with the Special Olympics Organization within the counties of Troop N, is a fun-filled, interactive learning day for children and adults ages 8 and up who have special needs or disabilities.

Included in the event are demonstrations and activities with the canine unit, helicopters (including MedEvac), police vehicles, Special Emergency Response Team, games, a DJ, fire departments and more.

If you are qualified to provide first aid, this is where you come in. The PSP is looking for volunteers to provide first aid services during the event. If you are interested in giving your time to this wonderful event, please contact Lisa Marie Halecky at ext. 4249.

For more information on "Sunny Day Camp," visit the Troop N Camp Cadet Facebook page.

Leadership Rounds Continue

| <u>Location</u> | <u>Date and Time</u> | <u>Leader</u> |
|-----------------|----------------------|---------------------|
| 7th floor | May 2 at 6 a.m. | Michael Golden |
| 6th floor | May 2 at 6 a.m. | Michele Konitzer |
| 5th floor | May 2 at 6 a.m. | Murray Swim |
| 4th floor | May 2 at 11 a.m. | Melissa Curto |
| 2nd floor | May 1 at 2 p.m. | John Fletcher |
| ED | May 4 at 3 p.m. | Anthony Valente, MD |

COLLEAGUES ENGAGE THE COMMUNITY

This week, several colleagues seized the opportunity to interact with the people of our community.



Health & Wellness Fitness Center at Hazleton's second annual Spin-A-Thon raised \$200 to provide patients of the LVHN Cancer Center–Hazleton with transportation, when needed.

(L-r) Renee Taylor, RN, OCN; Michael Bigatel, exercise physiologist; and Joann Serra, RN, OCN



Nicole Mahon (center), 13, presents colleagues from LVHN Cancer Center–Hazleton with stuffed animals for children whose loved ones are receiving treatment.

(L-r) Andrea Rivadeneira, registered nursing assistant; Kyle Androkitis, financial coordinator; Cassandra Bradbury, RN; and Shirley Encarnacion, registered nursing assistant



Lisa Marie Halecky, community relations, participates in the 21st Annual Community Reading Day by reading to students at West Hazleton Elementary School.

The Community Reading Day program is designed to encourage students to read. The event was made possible with the cooperation of Penn State Hazleton and The Greater Hazleton Chamber of Commerce.

PRIDE Recognition

The following letter recognizes Health & Wellness Center at Hazleton therapy providers for showing their PRIDE...

"In the months of treatment following my shoulder replacement surgery on October 4, 2016, Mr. Dale Ambosie and Mr. Robert Bozylinski were my primary physical therapists. Mr. Ambosie was with me for approximately 60 percent of the sessions.

The Lehigh Valley Health Network can be proud of the work Mr. Ambosie and Mr. Bozylinski do. They are thoroughly professional in bearing, dedicated to the welfare of their patients, and very well trained. When I first encountered them, I was in great pain and the mobility in my left shoulder and arm was nil. I was unable to sleep at night. In the course of treatment, they reduced and eventually eliminated the pain and greatly increased the mobility in my arm and shoulder. Sleep is no longer a problem.

They encouraged me at times when I didn't feel I was progressing rapidly enough, and kept me in check when I was trying to do too much. They showed me through a series of measurements what I was actually accomplishing. They were always friendly, good-natured, and ready to be helpful. On the days I was scheduled for therapy, I looked forward to meeting with them. When my therapy sessions eventually came to an end, they gave me excellent advice about how to continue my recovery at home.

In all, the experience I had was terrific and I will always feel a sense of gratitude for what they helped me do.

I should also mention that for a very short period of time, Shai Post and Lauren Dilisio participated in my rehabilitation. I thought their work was also impressive and exemplary."



Country Charms Early Learning Center Donates Jared Boxes

Parents and students at Country Charm Early Learning Center in Drums have donated 100 Jared Boxes to LVH–Hazleton with the hopes of making pediatric patients more comfortable while they are receiving treatment.

The goal of the Jared Box Project is to lift the spirits of children in the hospital. The boxes symbolize the importance of play and are filled with well wishes, hope and love. Over 200,000 Jared Boxes have been delivered across the United States.

A Jared Box is a plastic storage box filled with small gifts, toys, games, and fun activities. Each box contains items selected for a specific age and gender. The boxes are delivered to hospitals. Jared Boxes provide a special diversion for young patients in emergency rooms, patient rooms, surgical centers, and clinics as they receive chemotherapy and other medical treatments. Jared Boxes bring smiles and laughter and lift the spirits of children in the hospital.

The Jared Box project was started in 2001 by the children at Our Lady of Victory School in State College, Pennsylvania to honor their classmate and friend, Jared. He was a brave little boy who battled cancer with courage and faith that continues to inspire us all.



Jared was diagnosed with an incurable brainstem tumor in 1999. At just 5 years old, he demonstrated faith, wisdom and compassion for others.

Jared maintained his sense of humor and the joys of childhood through play. He carried a backpack full of toys and games to all appointments, and questioned why the other children didn't bring toys to their exam rooms. Jared shared his toys and invited the other children to join him in a game of UNO. Jared's battle ended on November 12, 2000 while

listening to his favorite song, "You'll Be In My Heart."

Richard Boulay, MD, to Make National TV Appearance

The remarkable story of Mary Clancey, the Schuylkill County woman who had a 140-pound tumor removed at LVHN, will be featured on The Doctors show on May 3.



One night in November 2016 after going to bed in pain, Mary Clancey woke up unable to walk. After eight hours in the emergency department and bloodwork that showed everything was normal, Clancey, now 71 years old, had a computed tomography (CT) scan. It revealed a very large abdominal mass. She was transferred to LVH–Cedar Crest, where gynecologic oncologist Richard Boulay, MD, with LVPG Gynecologic Oncology–1240 Cedar Crest, met her.

At that meeting, Boulay learned that Clancey had steadily gained weight since her 50s. "I thought I was destined to be a short, fat, round old lady," she jokes. Little did she know the mass in her abdomen weighed more than 100 pounds.

Clancey's remarkable story, which appears in the Lehigh Valley area edition of LVHN's Healthy You magazine, will reach a national audience when Boulay appears on The Doctors syndicated television show. The program is scheduled to air Clancey's story on Wednesday, May 3.

On KYW-TV, the show airs at 9 a.m.

On WQMY (MYNetworkTV) at 10 a.m.

On WFMZ, The Doctors airs at 8 p.m.