Laparoscopic Repair of Incarcerated Obturator Hernia

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INTRODUCTION:
Obturator hernia is a rare hernia in which there is protrusion of intra-abdominal contents through the obturator foramen. Obturator hernias most commonly present as small bowel obstruction and are more common in females.

CASE REPORT:
We are presenting a case of an 83 year-old woman who presented with lower abdominal pain. A CT scan of the abdomen and pelvis revealed an obturator hernia. The patient was taken to the operating room and underwent a laparoscopic repair of incarcerated obturator hernia.

CONCLUSION:
An obturator hernia is typically approached via a lower midline transperitoneal approach, lower midline extra-peritoneal approach, or anterior thigh approach. However, a laparoscopic approach proved to be a beneficial alternative technique for treatment of this diagnosis.