

## LVH-Schuylkill Enters Year Two

**LVH-Schuylkill colleagues observed a milestone** on Monday and celebrated our one-year anniversary as part of LVHN. During the day, staff from throughout our organization gathered in the hospital cafeterias near the "Commitment Walls," which still bear their signatures and encouraging notes about what they pledge to do as LVHN colleagues.

Hospital leaders, managers and supervisors welcomed colleagues, served cake and coffee, and offered encouraging words during meal periods on all three shifts. The cakes were decorated with the LVHN logo. Donuts and coffee were served to the overnight staff. Cupcakes and thank you cards were delivered to colleagues in our non-hospital facilities.

As colleagues celebrated the successes of the past year, they expressed their excitement in anticipation of year two.



## Attend the LVHN Stroke Symposium

**All primary care providers, nurse practitioners, physician assistants, registered nurses and pre-hospital care providers are invited** to a symposium entitled "The Stroke Journey: From Diagnosis to Treatment to Recovery" on Friday, Oct. 6, from 8 a.m.-2 p.m. at Capriotti's Palazzo in McAdoo, Pa. LVHN and pre-hospital providers will speak on various aspects of the stroke care journey beginning with pre-hospital care to post-stroke treatment plans.

LVH-Schuylkill colleagues interested in attending should first talk with their supervisor or manager. The registration fee is \$50 for EMS personnel, and \$75 for all other attendees. To complete electronic registration and payment, please visit [go.activecalendar.com/lvhn-doe](http://go.activecalendar.com/lvhn-doe), scroll down to find the event listing and click "Details."



## CALENDAR OF EVENTS

### Hip Replacement Surgery – Anterior Hip

Free Community Lecture  
Tuesday, Sept. 26, 6 p.m.  
LVHN Rehab Center-Schuylkill  
300 Schuylkill Medical Plaza, Pottsville

### I Pink I Can Event

Cardiac, breast and gynecologic health  
Monday, Oct. 2, 5 p.m.  
LVH-Schuylkill E. Norwegian St.  
Wall Auditorium  
Call **888-402-LVHN** to register.

### LVH-Schuylkill Auxiliary Art for a Cause

Featuring the artwork of Abdul Wahhab, MD  
Benefits breast cancer awareness and support  
Wednesday, Oct. 18  
The Lodge at Sharp Mountain  
For tickets or more information, call Mary Bardell at **570-621-4242**.

### Car Seat Safety Check

Medical Office Building  
Schuylkill Medical Plaza  
Saturday, Oct. 21, 9 a.m.-noon

### AYCE Spaghetti Dinner

Benefits gentle yoga for cancer patients  
Saturday, Oct. 21, noon-6 p.m.  
Schaeffer Harley-Davidson, Orwigsburg  
Look for flyers with details.

## Colleague Flu Shots Available Oct. 2–26

**It's the time of year when we think of fall foliage** and unfortunately, the upcoming flu season. Colleagues know our annual flu shot availability at LVH–Schuylkill is just around the corner. This year, flu shots will be available in the employee health offices at LVH–Schuylkill E. Norwegian Street and LVH–Schuylkill S. Jackson Street. Here is the schedule.

### LVH–SCHUYLKILL E. NORWEGIAN STREET EMPLOYEE HEALTH OFFICE

Second floor, south wing

Oct. 2, 6–9 a.m.  
Oct. 4, 1–4 p.m.  
Oct. 6, 6–9 a.m.  
Oct. 10, 1–4 p.m.  
Oct. 12, 6–9 a.m.  
Oct. 16, 6–9 a.m.  
Oct. 18, 1–4 p.m.  
Oct. 24, 1–4 p.m.  
Oct. 26, 6–9 a.m.

### LVH–SCHUYLKILL S. JACKSON STREET EMPLOYEE HEALTH OFFICE

Fourth floor, B building near occupational medicine

Oct. 3, 1–4 p.m.  
Oct. 5, 6–9 a.m.  
Oct. 9, 6–9 a.m.  
Oct. 11, 1–4 p.m.  
Oct. 17, 1–4 p.m.  
Oct. 19, 6–9 a.m.  
Oct. 23, 6–9 a.m.  
Oct. 25, 1–4 p.m.

If you can't make any of the designated times, call the employee health office at LVH–Schuylkill E. Norwegian Street at **570-621-4351** for an appointment. You also can receive a flu shot elsewhere at an LVPG practice.

Colleagues with a serious egg allergy are also urged to call employee health. Colleagues who do not receive a flu shot for medical or religious reasons must apply for an exemption as per our policy.



LVH–Schuylkill policy requires that all colleagues receive a flu vaccine. It's our way of keeping colleagues healthy while giving back to the community. Whether you are attending a religious service or out at a social event, you will not be potentially increasing the influenza risk.

### “WHY SHOULD I GET VACCINATED?”

The Centers for Disease Control and Prevention (CDC) recommends the vaccine for all persons over the age of 6 months, especially health care workers. Everyone, including laboratory, clerical, dietary, environmental services, maintenance, security and administrative personnel, might be exposed to the flu virus even though they are not directly involved in patient care and could transmit the virus to others. Additionally:

- ▶ A flu shot is the best way to protect yourself and your loved ones from the flu.
- ▶ A flu shot reduces the potential spread of the influenza virus through our hospitals, health centers and outpatient practices.
- ▶ Influenza/pneumonia is the No. 8 cause of death in the U.S.

This year's quadrivalent vaccine protects against four types of influenza – two type A viruses and two type B viruses. They are:

- ▶ A/Michigan/45/2015 (H1N1)pdm09-like virus
- ▶ A/Hong Kong/4801/2014 (H3N2)-like virus
- ▶ B/Brisbane/60/2008-like (B/Victoria lineage) virus
- ▶ B/Phuket/3073/2013-like (B/Yamagata lineage) virus

The CDC Advisory Committee on Immunization Practices continues to recommend that the live attenuated influenza vaccine (LAIV) – also known as the “nasal spray” flu vaccine – should not be used during the 2017-2018 flu season. The recommendation is based on data showing poor or relatively lower effectiveness of LAIV in recent years. The nasal spray flu vaccine will not be available to LVHN colleagues through employee health services.

## Videos Will Connect Patients With Providers

**Every day, residents of our community look for a primary or specialty care provider.** Patients often talk with family, friends and neighbors about providers they have used. Prospective patients also may search media outlets such as newspaper, radio, television, but more frequently are searching the internet to find the right doctor for them.

Many years ago, LVHN and Lehigh Valley Physician Group (LVPg) began creating “Find a Doctor” videos. These videos are available for people to watch on our website, [LVHN.org](http://LVHN.org). The short videos share the providers’ personality, passion and expertise. Now, LVPg–Schuylkill providers are having their own Find a Doctor videos produced.

This week, about 15 physicians, physician assistants and nurse practitioners sat for an on-camera interview. The providers discussed their philosophies of care, shared why they entered the health care field and offered background on their practices, education, experience and interests. The videos will help the people of our community get to know our providers and choose the one that’s perfect for them.

When completed, the videos of our LVPg–Schuylkill practitioners will be added to [LVHN.org](http://LVHN.org) under the Find a Doctor section.

