



A HealthEast Hospital

PUBLISHED FOR EMPLOYEES BY:
THE ALLENTOWN HOSPITAL
PUBLIC RELATIONS DEPARTMENT

the



WEDNESDAY
DECEMBER 23, 1987

HealthEast Employee Health Plan

As of January 1, HealthEast will replace Prudential as the hospitals' benefits administrator. All claims will now be processed by Spectrum Administrators, 50 College Drive, Cedar Crest College, Allentown. Under the **HealthEast Employee Health Plan**, employees will enjoy the same comprehensive benefits as in the past. However, it will now be easier to file and receive payment on claims, according to Thomas G. Seabourne, HealthEast Human Resources senior vice president.

HealthEast became self-insured several years ago in the interest of cost containment. Beginning in January, HealthEast will remain self-insured but it will no longer be necessary to pay claims through Prudential.

New identification insurance cards will be issued to each employee. New claim forms will also be available when submitting a bill, and can be picked up from Personnel. For more information contact the Personnel Office at extension 2279.

Name the Newsletter CONTEST

The merger of The Allentown Hospital and Lehigh Valley Hospital Center has prompted plans to merge the employee newsletters -- *Stethescoop* and *Weekly* -- to provide expanded, in-depth coverage. Before we can begin, we need a name and that is where you can help.

We are having a contest to select a name chosen from entries submitted by employees of both hospitals. The winner will receive a \$100 gift certificate to Hess's.

To enter, submit your proposed name in writing by Friday, January 15 to the Public Relations office. Do not forget to include your name and the department where you are employed.

REMINDER

Want to lose those excess holiday pounds? Sign up today for the **HealthCounts** program low impact aerobics classes to be held at the Hospital from January 12 through March 3.

Classes will be held on Tuesdays and Thursdays in Room 916 of the School of Nursing from 3:45 p.m. to 4:30 p.m. and in Physical Therapy from 5 to 5:45 p.m. The cost for an eight-week session is \$20. To register, call the Employee Health office at extension 2289.

Employee Discount

The Lamp & Shade Factory in Trexlertown will offer all HealthEast employees a 40 to 45 percent discount on all purchases. Discount cards can be picked up in the Hospital's Public Relations office.

Paycheck Inquiries

Employees who have questions about their paychecks should first ask their supervisor for answers. If the supervisor is unable to resolve the problem, he or she will then contact Elizabeth Fried or Carolyn Abeles in the Personnel Department for further follow-up. Personnel will look into the matter and if necessary discuss with Payroll to assure an answer to each inquiry.

A Patient Letter

My stay at the Hospital was very satisfactory and comfortable. My nurses were all very pleasant and helpful and were always there when I needed them.

I would definitely recommend The Allentown Hospital to anyone in need of hospitalization. Thank you for the excellent patient care.

-- Noreene Smith
4-T patient
Allentown

WomanCare Program Offered

WomanCare of The Allentown Hospital will sponsor a program entitled "**Post Holiday Depression: Beating the Blues**" on Tuesday, January 12 at noon and Thursday, January 14 at 7 p.m. Both lectures will be held in Room 1911 of the School of Nursing.

The guest speaker will be Patti Lehr, M.S.N., clinical specialist, Psychiatry. She will discuss the difference between depression and post holiday blues and coping skills for dealing with the blues.

JANUARY BIRTHDAYS

Lorraine Amory
Dietary, 1/11

Kathleen Bauder
Purchasing, 1/4

Susan Berman
Cancer Center, 1/3

Richard Bogert
MH/MR, 1/10

Glenn Borgo
MH/MR, 1/6

Anne Brown
Recovery Room, 1/8

Loretta Buss
Social Service, 1/13

Dianne Crossley
Pool, 1/4

Lisa DeBlass
Laboratory, 1/4

Mary Delauder
Laboratory, 1/8

Karen Dreisbach
Pediatrics, 1/14

Sylvia Dzema
Labor & Delivery, 1/15

Linda Eberly
Nursing Admin., 1/13

Catherine Ehrig
Recovery Room, 1/14

Joan Farnschlader
Home Care, 1/3

Yolan Fixel
Resp. Therapy, 1/7

Roseann Flyte
NICU, 1/9

Sheri Fredrick-Deeb
ACCU, 1/3

Barbara Gangemi
Educ. Development, 1/3

Kathryn Gemell
Nursery, 1/3

Judi Golub-Hiller
Pool, 1/13

Mary Griffin
4-T, 1/7

Jeanne Hafner
Central Supply, 1/2

Diann Hasseman
MH/MR, 1/13

Loran Hind
Nursing Admin., 1/4

Catherine Hoerner
5-T, 1/12

Addie Hopple
Medical Records, 1/9

Joanne Jacob
Labor & Delivery, 1/13

Judith Jarrett
Pediatrics, 1/12

Susanne Jones
4-T, 1/14

Donald Kaercher
Pool, 1/15

Susan Kahr
3-T, 1/4

Gilbert Klase
Dietary, 1/13

Denise Kovacs Keeler
NICU, 1/3

Kay Labar
Dietary, 1/1

Jane Laudenslager
Clinics, 1/4

Scott Levan
Dietary, 1/7

Gertrude Lilly
3-T, 1/2

Leslie McGrevy
Nursery, 1/5

Patricia McKenzie
Psychiatry, 1/4

Catherine Moncman
Med. Staff Office, 1/3

Shirley Moyer
Operating Room, 1/7

Lynn Noack
5-T, 1/1

Margaret Rankin
NICU, 1/14

Helen Raymond
ASU, 1/3

Cynthia Reardon
4-S, 1/6

Elaine Reichenbach
Laboratory, 1/8

Patricia Rhoads
Emergency Center, 1/4

Aida Rivera
Central Supply, 1/2

Constance Ruff
Central Supply, 1/6

Brenda Salatino
Nsg. Education, 1/8

Laurie Sausser
4-T, 1/2

Maureen Sawyer
Social Service, 1/1

Mary Shevock
Pool, 1/8

(continued on page four)

CONGRATULATIONS!

Michelle Wise, Accounting, married Michael Adamcik of WFMZ Television and Radio on November 7.

Joseph Gnall, X-ray, and his wife, Mary Louise, became the proud parents of a baby boy on November 30. Michael weighed in at 9 pounds, 2 ounces.

Maura Reinert, Recovery Room, and her husband, Mark, became the proud parents of a bouncing baby girl. Colleen Elizabeth was born on November 23 and weighed 7 pounds, 14 ounces.

Donna Heffner, R.N., received her Bachelor of Science degree in Nursing from Kutztown University on December 19.

WELCOME, NEW EMPLOYEES

The following employees are welcomed to The Allentown Hospital Family:

Central Supply: Linda Boyer
Dietary: Audrey Rabenold
Heart Station: Jami Breisch, Linda Newhard
Laboratory: Teresa Herber
MH/MR: Frederick Lahovski
Nursing: Mary Dorward
Patient Accounts: Patricia Weis

Birthdays

(cont'd from page three)

Ralph Shollenberger Laboratory, 1/2	Paulette Thomas Psychiatry, 1/4
Monica Snyder Operating Room, 1/4	Barbara Tinus NICU, 1/8
Susan Souerwine NICU, 1/1	Sharon Vass NICU, 1/14
Susan Steigerwalt Laboratory, 1/4	Grace Wahler Psychiatry, 1/8
Darla Stephens Home Care, 1/5	Beverly Wasko Home Care, 1/7
Linda Sterner Labor & Delivery, 1/7	Vicki Weyer Laboratory, 1/15
Monica Stevko 4-S, 1/9	Shirley Whitby Labor & Delivery, 1/6
Brigitte Stork MH/MR, 1/3	Sharon Wittman Nursery, 1/7
Denise Strauss Dietary, 1/3	

The Credit Union office at The Allentown Hospital will be closed on Tuesday, December 29.

A SPECIAL MESSAGE

Dear Employees:

I appreciated the reception recently held for me and the well wishes I received. It has truly been a pleasure to contribute to the progress of The Allentown Hospital during the past eight years.

The Hospital is a very progressive, quality and caring institution. Due to the highly competent and talented employees, the Hospital is very successful and serves the community exceedingly well. I would like to take this opportunity to thank each of you for the team effort and tremendous support and dedication in making the Hospital so successful.

Rich Kisner, senior vice president, will now be responsible for the day-to-day operations and will work very closely with Sam Huston, president of the merged hospitals. I am confident that the Hospital will continue to thrive and be successful in the years ahead under the new arrangement.

Again, my deep appreciation for your support and dedication throughout the years. Have a very Happy Holiday Season and a Joyous New Year.

Sincerely,



Darryl R. Lippman
Executive Vice President
HealthEast

Christmas Cheer Program

As in past years, the Allentown Hilton will offer complimentary guest rooms for one or two nights to any out-of-town relatives of patients at The Allentown Hospital. Up to four people may occupy the room. **Only one complimentary room per family.**

This program will be in effect through December 30. Relatives must live 30 or more miles away and rooms will be subject to availability. The Hilton will also provide courtesy transportation from the A-B-E Airport to the hotel and back on departure.

All requests for accommodations will be handled by the Public Relations Department. Call Public Relations, extension 2581, to make the necessary reservations.

Happy Holidays

