

WELCOMING BABY NEW YEAR



Holding Baby New Year 2018 at LVH–Schuylkill S. Jackson Street's Family Birth and Newborn Center are proud parents (l-r) Jennifer Sterner and David Anderson, Pottsville, and labor and delivery caregiver Laura Gilbert, RN. Baby Deon arrived Jan. 2 at 8:25 a.m. weighing 6 pounds, 8.5 ounces, and measuring 19 inches. He joins siblings Camron (13) and Aaliyah (9).

CALENDAR OF EVENTS

Learn About Vestibular Therapy

Free Community Lecture

Wednesday, Jan. 24, 6 p.m.

LVHN Rehabilitation Center–Schuylkill
300 Schuylkill Medical Plaza, Pottsville

“Little Red Dress” Event

Sunday, Feb. 11, 12:30-5 p.m.
Ramada Inn, Pottsville

Rehab Services Now in Tamaqua



(L-r) Shana Sborz, DPT, and Medical Secretary Kelly Killian welcome patients in the lobby of LVHN Rehabilitation Services–Tamaqua.

LVH–Schuylkill has expanded delivery of rehabilitation services into Tamaqua with the opening of LVHN Rehabilitation Services–Tamaqua. The 1,800-square-foot facility, located at 567 West Penn Pike (Route 309), suite 6A, offers physical, occupational and speech therapies Monday through Friday from 7 a.m. to 6:30 p.m. by appointment. New patients can schedule an appointment directly by calling 570-225-7550.

“LVH–Schuylkill has long been recognized as a leader for rehab services in our community and beyond,” says LVH–Schuylkill President Bill Reppy. “We are very pleased to extend this service to residents of the Tamaqua area and to introduce them to the Lehigh Valley Health Network.”

“Our new facility is equipped with all new therapeutic equipment needed for delivery of the high-quality rehabilitation care LVH–Schuylkill is known for,” says Kristina Guers, OTR/L, Vice President of Post-Acute Services. “In addition, the therapy staff hired for this location is highly educated and engaged with the community.”

Lehigh Valley Physicians Group (LVPG) also operates the LVPG Family Medicine–Hometown practice just north of Tamaqua near the intersection of Routes 309 and 54.

Put on Your Little Red Dress

February is National Heart Health Awareness Month. To celebrate, LVH-Schuylkill Auxiliary will host its annual Little Red Dress Event, which offers valuable information and education in an entertaining and fun environment.

The Little Red Dress Event is set for Sunday, Feb. 11, at the Ramada Inn, 101 South Progress Ave., Pottsville, from 12:30-5 p.m. The snow date is Sunday, Feb. 18.

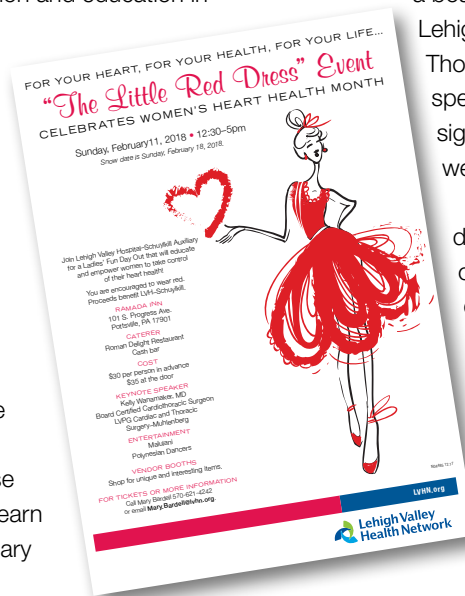
Heart disease is the No. 1 killer of women. This “ladies fun day out” will educate and empower women to take control of their heart health. LVH-Schuylkill Auxiliary is committed to celebrating the energy, passion and power of women. “The Little Red Dress Event is aimed at building awareness regarding women’s heart disease and will offer an opportunity for women to learn ways to improve their heart health,” says Mary Bardell, LVH-Schuylkill Auxiliary Liaison. “Attendees have told us how much they look forward to this event each year, and we promise another special event.”

Bardell and her Auxiliary team are putting everything in place for this year’s event. The event will feature Kelly Wanamaker, MD, a board-certified Cardiothoracic Surgeon with Lehigh Valley Physician Group (LVPG) Cardiac and Thoracic Surgery-Muhlenberg as the main speaker. Wanamaker will discuss heart disease, signs and symptoms, preventative measures as well as clinical interventions and treatment.

In addition, local and regional vendors will display unique gift items and provide shopping opportunities for attendees. Polynesian dancers “Malulani” also are scheduled to perform.

Tickets are \$30 per person when purchased in advance and \$35 at the door. Admission includes a heart healthy lunch and hors d’oeuvres from Carmelo’s Roman Delight Restaurant, Orwigsburg. A cash bar will also be available.

To purchase tickets or become a vendor, call Mary Bardell at 570-621-4242 or email mary.bardell@lvhn.org. Attendees are encouraged to wear red to the event.



Giving Back for the Holidays



These two examples show how colleagues not only heal, comfort and care for our patients, but also for the people of our community.

Through the efforts of Alyssa Rauenzahn, RN, the nursing and therapy staff of Stine Acute Rehab collected and donated items to Schuylkill Women in Crisis during Christmas week.

Colleagues from the maternal child health department sponsored four children from Big Brothers/Big Sisters of Schuylkill County for Christmas. Colleagues purchased all of the items on the children’s Christmas lists. The gifts were given to the children at the Big Brothers/Big Sisters Christmas Party in December.