

FOCUS

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The Quarterly Newsletter for Physician Office Staff

Volume 10, Number 2
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For Your Physician's Calendar

- There will be a meeting of the **General Medical Staff** on **Monday, December 10**, beginning at 6 p.m., in the Auditorium at Lehigh Valley Hospital, Cedar Crest & I-78, and via teleconference in the First Floor Conference Room at Lehigh Valley Hospital-Muhlenberg. All members of the Medical Staff are encouraged to attend.
- The next **Greater Lehigh Valley Independent Practice Association (GLVIPA) Quarterly General Membership** meeting is scheduled for **Monday, December 17**, beginning at 6 p.m., in the Auditorium at Lehigh Valley Hospital, Cedar Crest & I-78. Reminder -- in order to receive credit for their attendance, please remind your physicians to sign in.
- The **Annual Meeting of the GLVIPA** is scheduled for **Monday, January 28, 2002**, at 6 p.m., in the Auditorium at Lehigh Valley Hospital, Cedar Crest & I-78. Election of the Board of Trustees will be held during the meeting.

2001-2002 Influenza Season

Manufacturers of influenza vaccine anticipate delays in vaccine distribution for the 2001-2002 influenza season. It is expected that a portion of the vaccine will be available for delivery in late October with the remainder of the supply to be delivered in November and December. The CDC's National Immunization Program has issued a request to all health care providers asking for their help in implementing the Advisory Committee on Immunization Practices (ACIP) supplemental influenza vaccine recommendations in response to the expected delay in the delivery of vaccine. The CDC is asking that providers target high-risk persons to be immunized first. The supplemental recommendations include the following:

- Providers should target the first available vaccine to be given to persons at increased risk for influenza complications. Those considered high-risk are persons ≥ 65 and those aged < 65 who have chronic underlying conditions.
- Health care workers should also be targeted for vaccination with the first available vaccine.
- The optimal time for vaccinating high-risk persons is October through November.
- As more vaccine becomes available in November and December, providers should offer vaccine to contacts of high-risk persons, healthy persons aged 50-64 and any other persons who want to reduce their risk for influenza.
- Providers should continue vaccinating patients, especially those at high risk and in other target groups, in December. Vaccinations should continue as long as there is influenza activity and vaccine is available.
- Community vaccination program events should be delayed until late October or early November to assure vaccine availability and avoid cancellation of events.

If you have any questions regarding this issue, please contact Deborah Frey in Infection Control at (610) 402-0687.

Wound Healing Center Expands Services to Cedar Crest & I-78

The Wound Healing Center, located on the 4th floor of LVH-Muhlenberg, has expanded its services to Cedar Crest & I-78. Patients are temporarily being treated in the Holding Area of the Diagnostic Care Center in the Jandl Pavilion. Hours are by appointment on Mondays from 12:30 to 4:30 p.m. At this time, services are limited to patients with wounds/ulcers of the lower legs and feet. Full services will be provided upon completion of permanent space, which is expected to be complete by January, 2002.

To schedule patients or for more information, please contact the Wound Healing Center at (484) 884-2989.

News from Rehabilitation Services at LVH-Muhlenberg

On October 1, Rehabilitation Services began offering physical and occupational therapy, cardiac rehabilitation and post-rehabilitation fitness in the new 2649 Medical Office Building on the LVH-Muhlenberg campus. These services have been moved from the Pointe North industrial complex and from the main hospital building on the LVH-Muhlenberg campus. Certain outpatient physical and occupational therapy services will continue to be offered in the hospital facilities at LVH-Muhlenberg on the first floor.

The new facility allows for program expansion in the areas of industrial rehabilitation, orthopedic and sports rehabilitation, and hand therapy. The Cardiac Rehabilitation program at LVH-Muhlenberg will continue to offer phase II and III rehabilitation in the new facility.

To access outpatient physical and occupational therapy services at LVH-Muhlenberg, patients should call the existing main telephone number -- (484) 884-2251. They will then be directed to the facility that most effectively meets their rehabilitation needs. Cardiac rehabilitation will also retain its current telephone number -- (484) 884-2559. An open house event is being planned for early November.

New Physician Software Training Line

Physicians or members of their office staff who wish to schedule computer training for LVHNN computer applications should call the Physician Software Training Line at (610) 402-1703.

Upcoming Educational Opportunities

Bloodborne Pathogen Training for Physician/Dental Office Practices

Annual bloodborne pathogen training is required by OSHA for all personnel who have risk of exposure to blood or other potentially hazardous materials while working in a medical or dental office. A training program is being offered by the LVHNN's Infection Control Department for **physicians, dentists, office managers or personnel** who are responsible for providing annual OSHA Bloodborne Pathogen Standard training to their staff.

The **OSHA Bloodborne Pathogen Standard Annual Training Program** will be held on **Wednesday, October 31**, from 5:30 to 6:30 p.m., in Classroom 1 in the Anderson Wing of Lehigh Valley Hospital, Cedar Crest & I-78.

A nominal fee of \$35 per person is requested which includes all handouts and materials. Light refreshments will be served. For registration information, please call the Center for Educational Development and Support at (610) 402-2277.

For additional information, contact Susan Oliver in the Infection Control office at (484) 884-2240.

Physician Office Practice Forums

Over the past several months, a number of improvements have been made to patient scheduling and bed management at Lehigh Valley Hospital. Although it is hoped that these changes have been well communicated to your practice, from time to time, questions still arise where the answer isn't obvious or the reason behind a process change may not be clear.

To help communicate these changes, two Physician Office Practice Forums have been scheduled:

Wednesday, October 24, 3-4:30 p.m.
Classroom 1, Lehigh Valley Hospital, Cedar Crest & I-78
and
Thursday, October 25, 8:30-10 a.m.
First Floor Conference Room,
Lehigh Valley Hospital-Muhlenberg

Please plan to join Mark Holtz, Vice President; Lisa Coleman, Director, Support Services; and Lisa Romano, Director, Bed Management, who will answer your questions and provide you with **new information and reference materials** for scheduling your patients. Don't have any questions? Come with your comments and feedback. They are invaluable in helping us identify what works for you.

To register for the Forums, please call Janet M. Seifert in Physician Relations at (610) 402-8590.

LEHIGH VALLEY HOSPITAL

ACCESS TO SERVICES

DEPARTMENT	HOURS/CC & 17TH	HOURS/LVH-M
PATIENT ACCESS		
Direct Admissions (610-402-4508) Pts to be admitted same day - reservation called in.	24 hrs/7 days week	24 hrs/7 days week
Bed Management (610-402-8062) General admitting questions & coordination of bed placement of med/surg patients.	24 hrs/7 days week	24 hrs/7 days week
LVH Transfer Center (610-402-6100 or 1-800-280-5524) Hospital to hospital transfers.	24 hrs/7 days week	24 hrs/7 days week
Triage Nurse (610-402-6115 or pager #1516) - Can also be reached thru Transfer Center. Internal critical care transfers and bed placements	24 hrs/7 days week	24 hrs/7 days week
Decedent Affairs (610-402-8399) Questions regarding patients whom have expired.	24 hrs/7 days week	24 hrs/7 days week
OR Scheduling (484-884-4430) Reservations for patients having OR/SPU/GI procedures.	8 a.m. - 4:30 p.m., Mon - Fri	8 a.m. - 4:30 p.m., Mon - Fri
Patient Access (484-884-4545) Elective patient admissions to any of the 3 sites.	8 a.m. - 4:30 p.m., Mon - Fri	8 a.m. - 4:30 p.m., Mon - Fri
CENTRAL SCHEDULING - DIAGNOSTIC CARE CENTER (610-402-8378)		
Nuclear Medicine - Pharmacological stress test, bone scans, vcug's, lung scans, ma's	7 a.m. - 5 p.m., Mon - Fri	
Non-Invasive Cardiology - Stress tests, echo's, stress echos, holters, EKG's, walk-in	7:30 a.m. - 5 p.m., Mon - Fri	
Neuro Diagnostic Testing - EEG's, EMG's evoked potentials	7 a.m. - 5 p.m., Mon - Fri 8 a.m. - 4 p.m., Sat	
Pre-Admission Testing - Testing for surgery		
Pulmonary Function - PFT's, bronchodilators, disability testing	8 a.m. - 4 p.m., Mon - Fri	
OP Lab - Walk-in lab work	7 a.m. - 5 p.m., Mon - Fri 8 a.m. - 12 p.m., Sat	
Sleep Disorder Center - Sleep studies, MSLT's	9 p.m. - 7 a.m., Sun - Thurs	
PET Scans - Scheduled by calling Central Scheduling and pressing option #1 on phone		
Inpatient Radiology - CC (STAT calls directly to department @ 610-402-8080)		
CT Scan	24 hrs, Sun - Thurs	
Ultrasound	7 a.m. - 11 p.m., Sat & Sun	
Diagnostic Radiology - Most are scheduled, except for CXR's, foot, arm x-rays - walk-in	24 hrs/7 days week	
Interventional Radiology - Arteriograms	7 a.m. - 4:30 p.m., Mon - Fri	
Vascular Lab - Dopplers, venograms, OPG's	7 a.m. - 6:30 p.m., Mon - Fri	
Inpatient Radiology - 17th (STAT calls directly to department @ 610-402-2214)		
CT Scan	7 a.m. - 2:30 p.m., Mon - Fri	
Ultrasound	8 a.m. - 4 p.m., Mon - Fri 7 a.m. - 3:30 p.m., Sat & Sun	
Diagnostic Radiology	7 a.m. - 8 p.m., Mon - Fri	

DEPARTMENT	HOURS/CC & 17TH	HOURS/LVH-M
CENTRAL SCHEDULING - LVH-M (484-884-2279)		
Breast Health Services:		
LVH-M - Mammos, screening, diagnostic, needle locs		7:30 a.m. - 6:15 p.m., Mon - Fri
Bath - Screening mammos only		8 a.m. - 4:30 p.m. - Thurs
Radiology: (STAT calls directly to department @ 484-884-2271)		
CT Scan		7:45 a.m. - 6:30 p.m., Mon - Fri
Ultrasound		8 a.m. - 4 p.m., Mon - Fri
Diagnostic Radiology		
Interventional Radiology - Arteriograms (Call department directly @ 484-884-4200)		8 a.m. - 2 p.m., Mon - Fri
Neuro Diagnostics:		
EMG's, EEG's, Evoked potentials		8 a.m., Mon - Fri
Non-Invasive Cardiology (Heart Station)		
Stress tests, echos, stress echos		8 a.m. - 3:30 p.m., Mon - Fri
Holter monitors		
EKG's are walk-in, not scheduled		
Nuclear Medicine		8 a.m. - 4 p.m., Mon - Fri
Sleep Center:		
Polysonograms, MSLT's		8:30 p.m., Sun - Thurs
Vascular Lab		9:30 a.m. - 4 p.m., Mon - Fri
MRI:		
All scheduled		8 a.m. - 6:45 p.m., Mon - Fri
LVDI (Lehigh Valley Diagnostic Imaging - 610-435-1600)		
Outpatient diagnostic radiology testing - most appointments are scheduled but they do some walk-ins	7 a.m. - 8 p.m., Mon - Thurs 7 a.m. - 5:30 p.m., Fri 8 a.m. - 12 p.m., Sat	
LMIC (Lehigh Magnetic Imaging Center - 610-740-9500)		
All appointments are scheduled	7 a.m. - 11:15 p.m., Mon - Fri 7 a.m. - 4:30 p.m., Sat	
Radiation Oncology (610-402-0700)		
	8 a.m. - 4:30 p.m., Mon - Fri	
Cancer Center (610-402-0539):		
Multi-Purpose Area - Blood transfusions, autologous blood donations, chemo, med infusions, IGG, Procrit, MS patient infusions, iron infusions, hydration	7:30 a.m. - 6 p.m., Mon - Fri	
Breast Health Services (610-402-2791)		
Cedar Crest - Screening mammos, diagnostic	7:15 a.m. - 4:15 p.m., Mon - Fri	
Trexlerstown - Screening mammos		
17th - Screening mammos	7:15 a.m. - 4:30 p.m., M-W-F 7:15 a.m. - 7:30 p.m., T & Thurs	
Trexlerstown (610-402-9355):		
Dexa scans	11:15 a.m. - 3:15 p.m., Mon - Fri	

LAB-LINK

Information And Advice About Our Laboratory

Effective October 1, 2001

Focus on the New Cholesterol Guidelines

In May of this year, the National Cholesterol Education Program (NCEP) issued major new clinical practice guidelines on the prevention and management of high cholesterol in adults. These guidelines, known as "The Third Report of the NCEP Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults," or Adult Treatment Panel (ATP) III, were published in the May 16, 2001 issue of the *Journal of the American Medical Association* and are the first major update from NCEP in nearly a decade. ATP III guidelines are expected to substantially expand the number of Americans being treated for high cholesterol, including raising the number of dietary treatment from about 52 million to about 65 million and increasing the number prescribed a cholesterol-lowering drug from about 13 million to about 36 million.

The New NCEP Guidelines at a Glance---- Some of the Major Changes From ATP II

- LDL-C of <100 mg/dL now considered optimal
- HDL-C cutoff raised from 35 mg/dL to 40 mg/dL because the high number is a better measure of depressed HDL
- Triglyceride classification cutpoint lowered to 150 mg/dL
- Complete fasting lipoprotein screen using total cholesterol, LDL-C, HDL-C, and triglyceride recommended for screening
- Raises those with diabetes to an equivalent risk level for heart attack as those with CHD
- Creates new classification of risk called metabolic syndrome in which individuals are identified as candidates for intensive therapeutic lifestyle changes
- Uses Framingham Heart Study projections of ten-year absolute coronary heart disease risk to identify certain patients with multiple risk factors for more intensive treatment
- Recommends treatment for beyond LDL lowering for those with triglycerides greater than or equal to 200 mg/dL
- Includes strategies for accomplishing therapeutic lifestyle changes and drug changes
- Encourages use of plant stanols/sterols and viscous soluble fiber as a therapeutic dietary option

Courtesy of: *Clinical Laboratory News* July 2001 volume 27,

Effective Monday, October 1, 2001, Health Network Laboratories will update the reference ranges for Cholesterol, Triglyceride, HDL Cholesterol, and LDL Cholesterol to reflect the new NCEP Adult Treatment Panel (ATP) III guidelines.

The new classifications are as follows:

Code	Order Code	CPT
Cholesterol (Total) in mg/dL:		
<200 Desirable	<i>CHOL</i>	82465
200-239 Borderline high		
≥240 High		
Triglyceride in mg/dL:		
<150 Normal	<i>TRIG</i>	84478
150-199 Borderline high		
200-499 High		
≥500 Very high		
HDL Cholesterol in mg/dL:		
<40 Low (increased risk for CHD)	<i>HDL</i>	83718
≥60 High (protective against CHD)		

LDL Cholesterol in mg/dL:		<i>LDL</i>	83721
<100	Optimal		
100-129	Near optimal/above optimal		
130-159	Borderline high		
160-189	High		
≥190	Very high		

*The analytes list on the reverse are available as single order tests, and are also available in the following packages:

Code	Order Code	CPT
Lipid Panel (AMA) includes: Cholesterol, Triglyceride, HDL Cholesterol and a <u>Calculated</u> LDL Cholesterol	LIPAN	80061
Lipid Profile with LDL includes: Cholesterol, Triglyceride, HDL Cholesterol and a <u>Direct</u> LDL Cholesterol	LIPLD	80061 83721

For more information regarding ATP III, NCEP has developed a number of resources that are available on the Internet:

General Information on ATP III
<http://www.nhlbi.nih.gov/index.htm>

Slide Set for Teaching Others About the Guidelines
http://hin.nhlbi.nih.gov/ncep_slds/menu.htm

Executive Summary of the Guidelines
http://www.nhlbi.nih.gov/guidelines/cholesterol/atp_iii.htm

Ten-Year Risk Calculator
<http://hin.nhlbi.nih.gov/atp3/calculator.asp?usertype=prof>

ATP at a Glance Physician Desk Reference
<http://www.nhlbi.nih.gov/guidelines/cholesterol/dskref.htm>

Patient brochure
http://www.nhlbi.nih.gov/health/public/heart/cho/hbc_what.htm

Palm Application that Allows Entry of Patient Data
<http://hin.nhlbi.nih.gov/atp3/atp3palm.htm>

JAMA Article
<http://jama.ama-assn.org/issues/v285n19/ffull/jsc10094.html>

Courtesy of: *Clinical Laboratory News July 2001 volume 27, number 7*

If you have any questions, please contact Gale Fritch 610-402-5594 or Customer Care at 610-402-8170.



LAB - LINK

Information And Advice About Our Laboratory

Effective June 1, 2001

DIC PROFILE CHANGE

<i>Current DIC Profile Includes</i>	<i>New DIC Profile Includes (order code DIC)</i>	<i>Normal Range</i>	<i>CPT Codes</i>
Prothrombin Time			
Partial Thromboplastin Test, Activated			
Thrombin Time			
Fibrinogen	Fibrinogen	150-400 mg/dL	85384
D-dimer	D-dimer	<0.50 mg/mL FEU	85379
Platelet Count	Platelet count	150-400 cu mm	85595

Specimen Requirements

- **One full 4.5 ml or two full 2.7 ml (pediatric) blue top - (Sodium Citrate) tube(s) AND**
- **One lavender (EDTA) tube**

If you have any questions, please call Dolores Benner (610-402-8177) or Customer Care Call Center at 610-402-8170.

HNL will seek reimbursement from Medicare, Medicaid, and other federally funded programs. Ordering profiles may result in the ordering of tests for which federally funded health care programs may deny payment. When all of the tests in a profile are not medicaid necessary (supported by a diagnosis and/or ICD-9 code), you should only order those individual tests which are medically necessary for the particular patient.

LEHIGH VALLEY

HOSPITAL AND
HEALTH NETWORK

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From the Editor:

Please help us keep our records accurate. If your office manager has changed, please call Janet Seifert in Physician Relations at (610) 402-8590.

FOCUS is published quarterly for the office staffs of physicians on the Medical Staff of Lehigh Valley Hospital. Articles for the next issue should be submitted by December 3, 2001, to Janet M. Seifert, Medical Staff Services, Lehigh Valley Hospital, Cedar Crest & I-78, P.O. Box 689, Allentown, PA 18105-1556.

For more information, please call Janet at (610) 402-8590.