

There's a lot going on at Lehigh Valley Health Network. In case you didn't catch all the latest news, here's a recap of what happened this week. Here are links to Mission Central posts, the latest issue of CheckUp, information about the Colleague Forum, taking your Health and Wellness Assessment, and Lehigh Valley Health News, our blog on LVHN.org containing timely information and health network news.

## [LVHN Leaders Take the Ice Bucket Challenge and Invite You to Participate Today – VIDEO](#)

Watch Brian Nester, DO, MBA, FACOEP, Tom Whalen, MD, and Ed O'Dea take the ALS Ice Bucket Challenge, which you can do today at 5:30 p.m. in front of the Kasych Family Pavilion.

## [LVHN-One City Center Activities to Be Disrupted by Work Projects](#)

Learn about projects near PPL Arena that will affect activities at LVHN-One City Center over the next week.

## [Take Your Health and Wellness Assessment Today](#)

If you want Choice Plus health care benefits in 2015, you need to take your health and wellness assessment by Friday, Aug. 29.

## [Watch August's Leader-to-Leader Meeting – VIDEO](#)

Learn what's new with our 2015 health plan, see if we reached our goals in fiscal year 2014, learn about our new goals from acting president and CEO Brian Nester, DO, MBA, FACOEP, and meet our Service Stars.

## [Lehigh Valley Hospital-Muhlenberg Summer Festival – PHOTOS](#)

Relive the 53rd annual event by viewing a photo gallery.

## [LVHN and Angel 34 Foundation Partner](#)

A board of directors comprising local high school athletes has been formed to oversee a major fundraising effort to support childhood cancer services at LVHN.

## [Module of the Month: EpicCare Inpatient](#)

Learn about the features in this module designed specifically for inpatient providers.

## [Joseph Smith, DC, Likes Seeing Chiropractic Treatment Provide Relief – VIDEO](#)

"What really fuels my passion is seeing people respond to what I do," he says.



Read the latest  
issue of CheckUp



Take your Health and Wellness  
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**READ LEHIGH VALLEY HEALTH NEWS**  
a blog on LVHN.org containing  
timely health information and  
health network news.

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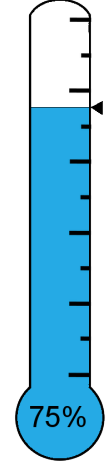
## LVHN Senior Leaders Take the ALS Ice Bucket Challenge and Invite you to Participate on Friday Afternoon – VIDEO

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On Thursday afternoon, Lehigh Valley Health Network (LVHN) senior leaders gathered at [LVH-Cedar Crest](#) to complete the [ALS Ice Bucket Challenge](#). Brian Nester, DO, MBA, FACOEP, acting president and chief executive officer, Thomas Whalen, MD, chief medical officer and Ed O'Dea, senior vice president and chief financial officer, allowed LVHN physicians to pour buckets of ice water over their heads as part of a viral social media campaign aimed at raising awareness and funds for [amyotrophic lateral sclerosis \(ALS\)](#). According to the [ALS Association](#), "the challenge involves people getting doused with buckets of ice water on video, posting that video to social media, then nominating others to do the same, all in an effort to raise ALS awareness. People can either accept the challenge or make a donation to an ALS Charity of their choice, or do both." Our senior leaders did just that – they made a personal donation to the charity, completed the chilly challenge and have made their challenge to you, LVHN colleagues, to do the same.

You are invited to participate in a network-wide ice bucket challenge lead by neurologist [Glenn Mackin, MD](#) on Friday, Aug. 22, 2014 at 5:30 p.m. in front of Kasych Pavilion on the LVH-Cedar Crest campus. Colleagues are asked to bring a bucket and towel; water and ice will be provided. (Making a donation to the ALS Association is not required and is completely at the discretion of the individual.) The video of the challenge will be posted on LVHN's social media accounts Friday after the event.

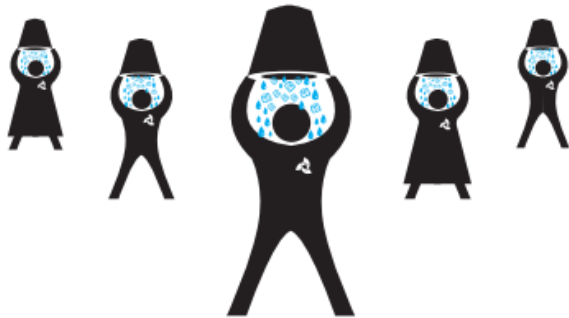
Lehigh Valley Health Network has also been challenged to participate in the ALS Ice Bucket Challenge by USF Health Morsani College of Medicine (USF MCOM) faculty. You can watch [their video here](#).

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### KEYWORDS



# Bring Your Own Bucket

Friday, Aug. 22 • 5:30 pm  
LVH-Cedar Crest, Outside Kaysch Pavillion

This entry was posted by [Ashley Miller](#) on August 21, 2014 at 9:29 pm, and is filed under [Be Inspired](#), [Connect with Colleagues](#), [Watch](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

## 2 comments

Becky Costenbader 3 HOURS AGO

While it is fantastic that this Ice Bucket Challenge has raised more than \$53 for ALS, it bothers me that a precious resource (water) is being sacrificed this way. I hope other charities do not follow suit with this ridiculousness seeking millions in donations too. Rather than getting your five minutes of fame on social media, just make a donation to your favorite charity in someone's honor or memory.

LOG IN TO REPLY

Becky Costenbader 1 HOUR AGO

\* \$53 million

LOG IN TO REPLY

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## LVHN-One City Center Activities to Be Disrupted by Work Projects

Work projects in the area of PPL Arena will be affecting activities at [Lehigh Valley Health Network \(LVHN\)-One City Center](#) in Allentown over the next week.

### Today (Thursday, Aug. 21):

The parking garages located at Linden Street and Eighth Street will be closed because of road milling work. Both roads will be closed Thursday. With potential heavy rain in the forecast on Thursday, there is the possibility of some or all of this work being delayed until Friday, Aug. 22. If the milling work is completed Thursday, the road will be open Friday.

During the period this work takes place, there will be no parking for LVHN patients, employees or fitness members.

### Alternative parking: LVHN staff and fitness members

In order to compensate, the Allentown Parking Authority (APA) will provide 150 parking spaces specifically for LVHN staff and fitness members at the Allentown Transportation Center parking garage at Sixth and Linden streets. Motorists will need to enter this garage on Sixth Street and pull an APA ticket to access the garage. The APA will supply LVHN 150 "chaser" tickets to be utilized to exit the parking garage for free. The chaser tickets will be available at the [LVHN Fitness Center at One City Center](#) to staff and fitness members presenting an APA ticket.

### Alternative parking: Patients

LVHN patients should park at the Wells Fargo bank parking lot, across Hamilton Street from the PPL Center. This lot is located behind the bank and is accessed from Seventh Street.

### On Saturday, Aug. 23:

LVHN Fitness at One City Center will be closed for the entire day because of chlorination of the domestic water system serving the entire arena block as well as a road paving project along Linden and Eighth streets. There will be no water or air conditioning available to the building during the chlorination process. Both Linden and Eighth streets will be closed in the area.

All of these work projects are expected to be completed in order for normal operations to be available on Sunday, Aug. 24.

### On Monday, Aug. 25:

Hamilton Street will be closed in front of One City Center from Monday, Aug. 25, through Wednesday, Aug 27, for road milling and paving. LVHN-One City Center facilities and parking will operate normally during this period.

### On Tuesday, Aug. 26:

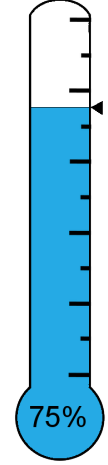
Seventh Street will be closed in front of One City Center from Tuesday, Aug. 26, through Thursday, Aug. 28, for road milling and paving. LVHN-One City Center facilities and parking will operate normally during this period.

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## Time is Running Out – Take Your Health and Wellness Assessment Today

If you want Choice Plus health care benefits in 2015 and haven't yet taken your Health and Wellness Assessment in [MyPopulytics.com](http://MyPopulytics.com), you need to take it this week. Taking the assessment by **Friday August 29** is a must if you wish to enroll in benefits for 2015.

As of August 19, 8,442 colleagues had taken their assessment – which means there are about 2,700 colleagues who still need to take it.



**What is it?** The assessment is a confidential survey that asks you questions about your lifestyle habits and general health. After you complete it, the answers give you an overview of your current health status and evaluate if you are at risk for any health problems. It also will show you simple steps you can take to reduce your risk.

**Where do I find it?** Click on MyPopulytics on your SSO toolbar or visit MyPopulytics.com on the Internet. Once you log in, you'll see the words Health and Wellness Assessment highlighted in yellow. Click on that link. Then click on the "Get Started" button underneath "Take Your Wellness Assessment." If you already started your assessment and want to go back in to complete it, click on "Wellness Assessment" in the left-hand menu.

**Who needs to take it?** All LVHN employees who wish to enroll in the Choice Plus PPO or HSA health benefit plans for 2015 must take the assessment. All employees are encouraged to take the assessment. Dependents (age 18+) are not required to take it but can do so if interested.

**How can I learn if I already took it?** If you aren't sure whether or not you've taken your assessment yet in 2014, visit MyPopulytics.com, click on the "Health and Wellness Assessment" link, and then click on the "past wellness assessments" link on the lower left-hand side of the page. That will tell you the dates and results of any past assessments you've taken. If you do not see a completed assessment in 2014, you need to take yours prior to Aug. 29, 2014, to be eligible to enroll for 2015 health benefits.

**What information do I need to have when I take it?** For a more detailed report with the best results, you should include your most recent blood glucose, blood pressure, cholesterol, triglycerides and weight numbers. However, you are able to proceed without providing this information.

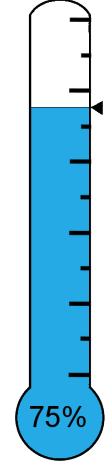
**Where can I get updates?** Check the thermometer on the Mission Central home page to see how many colleagues have taken their Health and Wellness Assessment. Then watch for Open Enrollment for 2015 benefits. It will take place October 10-31, 2014. All benefit-eligible colleagues must complete open enrollment in order to have benefits starting in January 2015. Remember, if you want to enroll in health benefits, you must complete your Health and Wellness Assessment by Aug. 29, 2014.

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## Watch August's Leader-to-Leader Video

Do you want to know what's going on in our health network? Watch the Leader-to-Leader meeting. Leader-to-Leader meetings are held the third Thursday each month in the Lehigh Valley Hospital-Cedar Crest auditorium and simulcast to participants at Lehigh Valley Hospital-17th Street, Lehigh Valley Hospital-Muhlenberg and Mack Boulevard. Using a PowerPoint presentation as a guide, guest speakers share updates on key issues and initiatives.

Scroll down to view videos of each of the speakers.

(Please note you must be logged on to our intranet with Internet Explorer in order to access the videos. You also need to have Microsoft Silverlight installed on your computer. If the links do not open properly, try refreshing your browser. If you have questions or need assistance, please contact information services at 610-402-8303.)

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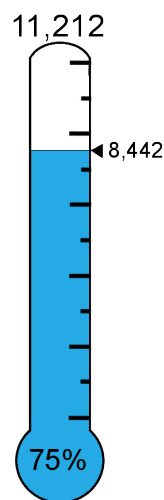
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## The 53rd Annual LVH-Muhlenberg Summer Festival – PHOTOS

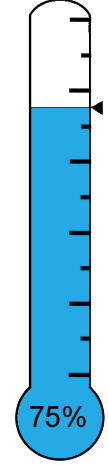
Last week, the 53rd annual [Lehigh Valley Hospital \(LVH\)-Muhlenberg Summer Festival](#) ran from Aug. 13-16. Beautiful weather coupled with free admission, nightly entertainment, amusement rides, arts and crafts and more made this event an enjoyable time for the entire family. One of the hospital's largest fundraisers, the [Summer Festival has raised millions of dollars](#) during its 53-year history to support services at [LVH-Muhlenberg](#). While the final amount of funds raised this year are still being tallied, you can relive the festival by viewing the photo gallery below.

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## LVHN and Angel 34 Foundation Partner to Support Childhood Cancer Initiative

The [Angel 34 Foundation](#) has some new recruits to help with a new initiative. The Nazareth-based foundation has formed a board of directors comprising local high school athletes.

The board, called "Athletes on the Field – Angels in the Community," will oversee an annual major fundraising effort seeking to raise \$3.4 million to support childhood cancer services at Lehigh Valley Health Network (LVHN). In collaboration with LVHN clinicians, caregivers and leadership, the students will determine how to spend the money raised based on need.



Among the new initiatives announced by Angel 34 is a coloring story book written by Shannon Rutan (left), 14, a Notre Dame High School freshman. Doug Sheriff unveiled the book during today's announcement.

[Troy Hein](#), sports anchor for [WFMZ TV 69News](#), and [Marty Nothstein](#), Olympic gold medal cyclist and executive director of [Valley Preferred Cycling Center](#), will serve as honorary chairs for the fundraising campaign.

Angel 34 was founded by 14-year-old Nicole Sheriff, an athlete at Northampton Area High School, after she was diagnosed with Ewing's sarcoma. She died in 2004 at the age of 15. It was her wish that every child would have their own angel during their time of need and if possible share her angel with them.

"During her battle with cancer, Nicole displayed such courage and selflessness, she inspired everyone around her," says LVHN pediatric hematologist-oncologist [J. Nathan Hagstrom, MD](#), LVHN's chair of pediatrics. "Today, that inspiration will allow [Children's Hospital at Lehigh Valley Hospital](#) to do even more for children with cancer."

Angel 34 also premiered a video designed to assist with the fundraising campaign that features colleagues from LVHN's [Pediatric Specialists of the Lehigh Valley – Hematology Oncology](#), children and their families. The foundation also unveiled a coloring book designed to educate young children about childhood cancer in a sensitive way.

See media coverage of the announcement:

- [Angel 34 teams with student-athletes for \\$3 million fundraiser to fight childhood cancer – with VIDEO](#) (The Morning Call)
- [Lehigh Valley childhood cancer assistance organization launches new \\$3.4 million campaign with help of local students – with PHOTOS](#) (The Express-Times/lehighvalleylive.com)

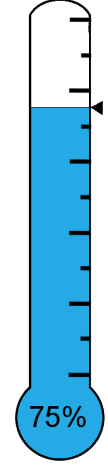
This entry was posted by [Brian Downs](#) on August 20, 2014 at 8:14 pm, and is filed under [Be Inspired](#), [Get News](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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### KEYWORDS

## One comment

Laura Neary 1 DAY AGO

Such a beautiful story – love everything about it. Please consider sharing the link to the video to help spread the word about this wonderful fundraiser for our pediatric oncology patients.

Thanks so much!

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## Module of the Month: EpicCare Inpatient

Next August when wave 2 of the Epic electronic medical record (EMR) system goes-live in our inpatient settings, colleagues across Lehigh Valley Health Network's hospital sites in Lehigh and Northampton counties will experience a truly integrated EMR.



And just as wave 1, ambulatory settings, has the [EpicCare Ambulatory](#) application, wave 2 has its own *EpicCare* version:

*EpicCare Inpatient*, with features designed just for inpatient providers.

### Some Key Features of *EpicCare Inpatient*

- **Rapid Medication Reconciliation.** By eliminating the review of protocol orders, code status, or isolation orders at the time of transfer, providers can focus on orders that require the greatest attention.
- **That's a Good Question.** Cascading order-specific questions streamline providers' workspaces and present a more intuitive way to answer questions. Based on a provider's response, other pertinent questions appear.
- **Capture Charges Note by Note.** Capture more charges by reminding providers to file charges as they write notes. When a provider signs a note, a window containing information about the note automatically opens so they can file charges right away.
- **Spot Similar Orders.** With similar order highlighting, it's now simpler for providers to identify similar orders placed for the same patient and take action to clean up the chart and avoid duplicate orders. When a provider selects an order that's similar to one that's currently active, the system highlights those orders, and the provider can easily discontinue any unneeded orders from there.

### Epic Calendar Quiz

**True or False: Epic application testing begins October 31?** *False* – testing occurs from August 1 through October 31.

**True or False: End user training begins January 5, 2015?** *True* – end users will begin their Epic training on January 5.

**True or False: Wave 1 go-live is set for August 1, 2015?** *False.* [Wave 1 go live is February 18, 2015](#), and wave 2 go-live is August 1, 2015.

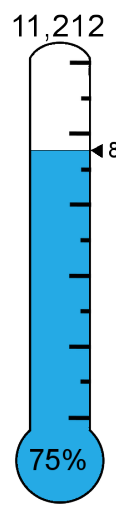
Pondering Epic? Visit the [LVHN Epic intranet site](#).

This entry was posted by [Jenn Fisher](#) on August 21, 2014 at 3:00 pm, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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## Joseph Smith, DC, Likes Seeing Chiropractic Treatment Provide Relief – VIDEO

We are producing videos of our doctors and advanced practice clinicians (APC) to help our community find trustworthy health care providers. We will share them here to introduce you to these colleagues. You'll learn about their personality, philosophy of care and inspiration for practicing medicine. These videos are embedded in our website's [Find a Doctor](#) tool, where you can learn about each provider's educational background and more. Enjoy!

Joseph Smith, DC, was inspired to become a chiropractor after successful treatment for his own headaches. He likes making people feel better naturally, without surgery or medication.

"What really fuels my passion is seeing people respond to what I do," says the Lehigh Valley Health Network chiropractor. He sees patients at [Chiropractic Associates of LVPG](#).

Get to know him with this video.



This entry was posted by [Alyssa Young](#) on August 18, 2014 at 4:03 pm, and is filed under [Connect with Colleagues](#), [Watch](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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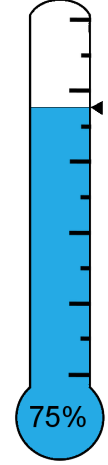
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**Welcome to Mission Central.** It's the place to get and share information about our health network. Here, you can share stories, ask questions, be inspired, celebrate our accomplishments, learn to be at your best and more. Visit frequently to stay energized at work and help make our mission possible.

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