# MIR PROBLA

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### Christopher Lynch, M.D. Director of Physical Medicine

Christopher Lynch, M.D., has been appointed director of physical medicine and rehabilitation at The Allentown Hospital, the Allentown and Sacred Heart Hospital Center and the Good Shepherd Home and Rehabilitation Hospital. His appointment will enable the three facilities to expand the coordinated rehabilitation services they offer.

Dr. Lynch's initial responsibilities will focus on upgrading rehabilitation services offered in the acute care setting, working with the Trauma and Burn Center to develop the required rehabilitation services in these critical care areas, and coordinating inpatient and outpatient services between the acute care hospitals and Good Shepherd Rehabilitation Hospital.

Born in Valley Stream, New York,

Dr. Lynch graduated from Rockwell College in Tipperary, Ireland in 1968 and received his medical degree from the National University of Dublin in 1975. From 1976 to 1979 he served his internship at St. Vincent's Hospital in Dublin and served as senior house officer in medicine in several hospitals in that city. In August, 1982, Dr. Lynch completed a residency in physical medicine and rehabilitation at Stanford University and Valley Medical Center, California. He is the author of many articles in the field of physical medicine including "Myelopathy Follow-ing Surgery," "Heterotopic Ossification in Spinal Cord Injured Patients,' and "Cervical Myelopathy Following Surgical Spine Surgery.'

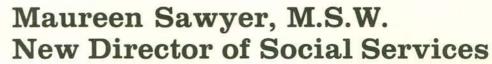
Dr. Lynch lives in Allentown with his wife and three children.

#### Maternal & Children's Center

#### 1982-83 Lecture Series

The Allentown Hospital Maternal and Children's Center lecture series for the 1982-83 year began on Wednesday, September 15, 1982 at 7:00 p.m. in the Hospital auditorium. Andrew Walker, M.D., chief, Pediatric Surgery, and Carol Ann Yurasits, Pediatric Play Therapist, spoke on the topic, "You May Have to Prepare Your Child for Surgery." According to Dr. Walker, members of the audience asked "many pertinent questions" during the question and answer session that follows each presentation.

(Continued on page 2)



Maureen Sawyer, M.S.W., has joined The Allentown Hospital as the new Director of Social Services. Her responsibilities include coordinating the counseling of all patients in areas such as the Dialysis Center, inpatient Psychiatry, Pediatrics and general medical/surgical floors.

Previously the Assistant Director of Social Services at the Allentown and Sacred Heart Hospital Center, Ms. Sawyer had served as a cardiac social worker there between August, 1979 and August, 1981. Prior to that, she served as a caseworker for Northampton County Agency on Aging in Easton.

A graduate of Moravian College where she earned her bachelor of social work, Ms. Sawyer earned her Masters of Social Work from Marywood College, Scranton.

(Continued on page 6)





## President's Corner: The First Hospital Family Picnic

Saturday, September 11, 1982, was a warm day filled with sunshine and smiles for the over 400 members of the Hospital Family who attended the First Annual Hospital Family Picnic. Community Park in Emmaus buzzed with fun and laughter as employees and their families became acquainted outside the Hospital environment.

The day was replete with activities which offered Hospital Family members from many different departments the opportunity to meet and mingle. It gave each person the refreshing observation that their coworkers have many-faceted lives. We enjoyed meeting and greeting the spouses and children that we rarely get to see, as well as putting faces to names we hear so often.

Fellowship and camaraderie, which an event like this fosters, is most important to the way we act as

a team inside the Hospital. This was also exhibited in the way the players approached the team events. Whether softball or tug o'war, the cohesiveness was impressive.

Of course, there were many lighthearted moments during the day. Watching families collecting items from their unique lists in the Scavenger Hunt to the uproarious proceedings of the Pie-Eating Contest, contributed to making this a memorable event.

It took the involvement of innumerable people to organize and execute the many details associated with the picnic — from soliciting prizes to preparing and transporting food for hundreds of people. We are deeply appreciative of all of the individual and collective efforts that resulted in such a successful event. We look forward to an equally good time next year.

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#### Maternal & Children's Center (Continued from front page)

Since its inception in January, 1982, the Maternal and Children's Center lectures have been heard by over 1000 Lehigh Valley residents. The programs are designed to advance both education and prevention in the areas of obstetrics, gynecology and pediatrics throughout the community. Physicians, nurses and allied health professionals in these areas present the various programs. The Wednesday evening programs begin at 7:00 p.m. in the Hospital auditorium and are open to the public free of charge.

On October 20, Edward C. Denny, M.D., associate director, Neonatal Intensive Care Unit, will speak on premature infants during a program entitled, "The Babies Who Come Too Early."

Gregory M. Lang, M.D, chairman and educational director, Department of Obstetrics and Gynecology, will speak on "No More Menstrual Cramps and Other News" on November 17.

Reservations may be made by calling the Public Relations Office Monday through Friday between 8:30 a.m. and 4:30 p.m.

#### Coping With Perinatal Loss

The Allentown Hospital Maternal and Children's Center together with Lehigh University's Department of Social Relations will present a conference titled "Coping with Perinatal Loss" on November 18, 1982 at the Holiday Inn East, Bethlehem.

This program has been designed to provide information for professionals so that they might more effectively support and counsel families who have experienced such a loss. Physicians, nurses, social workers, clergy, and psychologists will benefit from this program.

Featured speaker for this seminar is John H. Kennell, M.D., professor of pediatrics at Case Western Reserve University. Dr. Kennell is the coauthor of *Parent-Infant Bonding* and is a pediatrician and neonatologist at Rainbow Babies and Children's Hospital in Cleveland, Ohio

The \$25 registration fee covers all materials and lunch. Further information is available from Public Relations, 821-2581 at the Hospital.

#### Third SuperSitter Class

The third SuperSitter class sponsored by The Allentown Hospital Maternal and Children's Center was held on September 25, 1982. Over 100 youngsters 11 years of age and older listened to a number of speakers including staff of The Allentown Hospital and the Allentown Police and Trexlertown Fire Departments. Such topics as how to report a fire, safety tips, poison prevention, diapering and bathing infants, play techniques for various age groups. how to handle crank phone calls and how to determine how much to charge for baby sitting were covered.

Two previous classes, one held in June and one in July, were filled to capacity. Future classes will be held biannually in June and September.

The Hospital staff who have participated as instructors traveled to Coaldale Hospital October 2 to provide help with that hospital's initial class. Our staff is also providing assistance for a six-week course being presented by Lehigh County Community College as part of their Teen College Program this fall.

#### Nursing Leadership: A Growing Responsibility

Head Nurses serve as a vital link between nursing supervisors and nursing staff. In addition to countless other duties, Head Nurses are responsible for the management of their respective units which includes scheduling of staff, coordinating the patient care in their unit, and personnel and policy supervision. A total of 16 Head Nurses manage various units throughout the Hospital. We are pleased to introduce eight nurses in this issue, with the remainder to be highlighted in the next issue of *PROBE*.



Frances Bernabucci, R.N.



Suzanne Corriere, R.N.



Sally Heeley, R.N.



Cheryl Metzger Reighn, R.N.

Frances Bernabucci, R.N., W-3, said her childhood dream was to become a nurse. "No other profession ever entered my mind," she says. A graduate of St. Luke's Hospital School of Nursing and a native of Hellertown, Fran served as a staff nurse on W-3 for three years before accepting her present position in July, 1982. An avid reader and lover of outdoor sports, Fran and her husband live in Whitehall.

Suzanne Corriere, R.N., W-3-N, is a graduate of Williamsport Hospital School of Nursing and a member of the school's alumnae association. A native of Lockhaven, Suzanne served as a staff nurse on W-3-N for four years before taking over the position of head nurse. Suzanne chose a nursing career saying it runs in her family (her grandmother and an aunt were nurses and served as her role models). Suzanne lives with her husband, a teacher at Liberty High School, and her two sons in Bethlehem.

Sally Heeley, R.N., T-5, assumed her present position in November, 1981. Prior to that, she served as a staff nurse and acting head nurse on T-5. A graduate of The Allentown Hospital School of Nursing, Sally has been an employee for 10 years. She enjoys collecting antiques and reading in her spare time. Mrs. Heeley lives in Palmerton with her husband and daughter.

Cheryl Metzger Reighn, R.N., C.C.U., is a graduate of Sacred Heart Hospital School of Nursing. She has been Head Nurse for 18 months. A member of the American Heart Association and the American Association of Critical Care Nurses, Cheryl is presently pursuing a Bachelor of Science degree in nursing from Moravian College. An avid listener of classical music, Cheryl lives with her husband and two sons in Whitehall.

Betty Rothrock, R.N., Pediatrics, has been a head nurse for 20 years. For three years prior to that, she was a Pediatrics staff nurse. A graduate of The Allentown Hospital School of Nursing and a member of the School's alumnae association, Mrs. Rothrock enjoys traveling, gardening and sewing. She lives in Easton with her husband and daughter.

Jayne Shoemaker, R.N., S-5, has held her present position for 12 years. A graduate of The Allentown Hospital School of Nursing, Jayne enjoys "skiing, skiing, and skiing" in her spare time.

Robert Ueltzen, R.N., I.C.U., an employee for over six years, became head nurse last year. Bob graduated from The Allentown Hospital School of Nursing and then served for two years in the United States Navy as a corpsman before joining the Hospital staff. This year Bob will be serving on a panel of instructors for the first hospital-sponsored Advanced Cardiac Life Support class offered for employees beginning November 20 and 21, 1982. Bob is married and is the father of two children.

Sharon Wittman, R.N., Newborn Nursery, became a nurse "to help people" and because she "always wanted to work in a hospital." After 11 years as a staff nurse in the Nursery, Sharon became head nurse in 1981. A graduate of Reading General Hospital School of Nursing, Sharon is a member of the Allentown-Bethlehem-Easton Obstetrical-Gynecological Nurses Society. In her leisure time, Sharon enjoys knitting.



Betty Rothrock, R.N.



Jayne Shoemaker, R.N.



Robert Ueltzen, R.N.



Sharon Wittman, R.N.

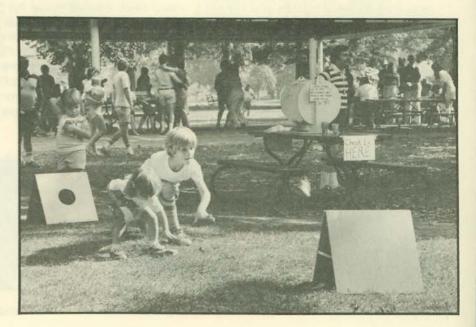
### First Annual

## Hospital Family Picnic



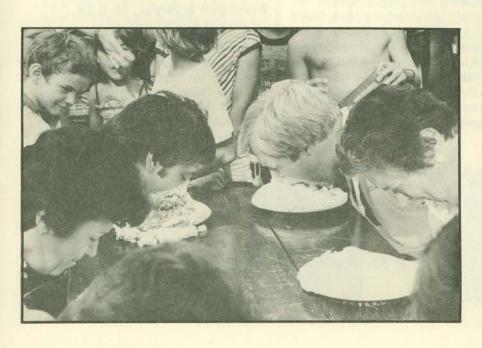














#### Martha Fenstermaker Retires After 33 Years



After more than 30 years of service to The Allentown Hospital, Martha Fenstermaker, R.N., R.T., assistant administrative technician, Radiology, retired at the end of September.

A graduate of The Allentown Hospital School of Nursing, Martha also holds an Associate Degree in Science from Hahnemann Medical College, Philadelphia. Martha worked in the Emergency Room and then as an x-ray technician for several years before becoming an assistant administrative x-ray technician. "It's really gratifying to work with people who are so understanding about taking on extra duties when our schedule gets really busy. Members

of the x-ray department do this without grumbling and always with a smile. I've been very happy at The Allentown Hospital," Martha said.

Martha is "kind of sorry" she's leaving before the completion of the modernization project. "I'm sure I'll be missing a lot of new things, including here in the x-ray department," Martha lamented, but she said she would be following the project's progress closely.

The mother of two sons, Martha plans to see more of her one grandson. Working on sewing projects, cleaning and some traveling are also included in Martha's retirement plans.

## **New Staff Members**



Neil J. Berkowitz, M.D., Associate Staff, Department of Medicine, Division of Family Practice, earned his medical degree from the University of Pennsylvania Medical School in 1979. From 1979-82 Dr. Berkowitz served his family practice residency at Sacred Heart Hospital. He will be practicing at 141 E. Emmaus Avenue, Allentown.



Alan Berger, M.D., Associate Staff, Department of Surgery, Division of Vascular Surgery, received his medical degree from Temple University in 1976. From 1976 to 1981 he served an internship and surgical residency at Temple University School of Medicine. Dr. Berger spent from 1981-82 completing a fellowship in vascular surgery at Middlesex General Hospital, Rutgers University, New Jersey. He will be working in association with Dr. Tamar Earnest at 1251 S. Cedar Crest Boulevard, Allentown.



Susan D. Wiley, M.D., Associate Staff, Department of Psychiatry, earned her medical degree from the University of Pennsylvania Medical School in 1978. From 1978-79, she served an internship at Jefferson University Hospital. Dr. Wiley completed her residency in psychiatry at the University of Pennsylvania from 1979-82. Dr. Wiley's office will be at The Allentown Hospital.



#### Maureen Sawyer, M S.W.

(Continued from front page)

She is a member of a support group for parents who have lost children in death, as well as the National Association of Social Workers, Lehigh Valley division and she is past chair of an Explorer committee. Ms. Sawyer is also a member of hte Academy of Certified Social Workers and the Society for Hospital Social Work Directors, Lehigh Valley chapter

Ms. Sawyer, whose office is located on the East Private wing, fourth floor, can be reached by calling the page operator. (She carries page number 378.)

In her leisure time, Maureen enjoys gardening, cooking, and embroidery.



Indru Khubchandani, M.D., chief, Colon Rectal Division of the Department of Surgery, recently attended the Ninth Biennial Congress of The International Society of University Colon and Rectal Surgeons in Munich, West Germany, where he was reelected as the Director-General of the organization. At the World Society of ColoProctology a week later, Dr. Khubchandani participated on a panel and discussed the hemorrhoidectomy operation perfected in Allentown. He was also appointed the editor of the Journal of Colo-Proctology in Munich.

The Allentown Hospital Blood Bank received maximum accreditation of two years by the American Association of Blood Banks (AABB) following an intensive on-site inspection. The application to be surveyed by an AABB team is a voluntary process for hospital blood banks. This means that higher quality blood, blood components and other services will continue to be provided to patients in the Hospital's regional

service area.

Barbara J. lobst, medical librarian, was recertified as a Health Sciences Librarian by the Medical Library Association in August, 1982 upon completion of the required number of continuing education courses.

The Comprehensive Community Cancer Center of The Allentown Hospital and the Allentown & Sacred Heart Hospital Center has established a "Make Today Count" chapter for patients and family members. The group is designed for people of all ages with cancer, kidney failure, and other life-threatening diseases to share their feelings and experiences with those who can help to fill their needs. The first informational meeting was held on Tuesday, October 12. For further information, please call 821-2582.

Tish Isack, program director, Comprehensive Community Cancer Center, was selected chairperson for the Lehigh Valley Hospice Professional Advisory Committee.

The Allentown Hospital School of Nursing's annual Open House will be held on Thursday, October 21, 1982 from 1:00 p.m. to 3:00 p.m. in the School auditorium. Parents, prospective students and area high school guidance counselors will be invited to tour both the school and the Hospital. Class exhibits depicting the various nursing specialty areas will be on display in the auditorium.

The Allentown Hospital is sponsoring an Advanced Cardiac Life Support course November 20 and 21, 1982 in the Hospital auditorium. For more information, please call Ruth Haines, R.N., Inservice, at extension 2430.

Eileen J. Cranstoun, R.N., instructor, Fundamentals of Nursing, received her Master's Degree in Education from Lehigh University on October 3, 1982.

Deborah L. Johnson, M.T., C.L.S., program director, School of Medical Technology, authored an article entitled, "Hemotology Problem" which appeared in the Journal of American Technology.

Robert Ueltzen, R.N., head nurse, I.C.U., will be a faculty member at Lehigh Valley American Lung Association's fall symposium on November 10, 1982. He will be participating in a roundtable discussion on Current Issues in Critical Care Nursing.

Ken Stevens, R.N., clinical specialist, Neonatal Intensive Care Unit (NICU), Roberta Capewell, P.N.P., NICU, and Marilyn Sowden, R.N., supervisor, Obstetrics, are serving as members of the Lehigh Valley Chapter of the March of Dimes professional advisory committee.

Vanessa Taggart, accounts payable clerk, won second photography prize in the Allentown Fair contest.

Cynthia Ibrahim, R.N. has been a special graduate student in the Psychiatric Nursing course at The

Allentown Hospital School of Nursing since August 23, 1982. Upon completion of the 12-week course, Cynthia will fulfill requirements for licensure by endorsement in the Commonwealth of Pennsylvania. Born in Jamaica and educated in Scotland, Cynthia worked for four years as a clinic nurse at the American Embassy while living in the Sudan. She presently lives in Allentown with her husband and four children.

John L. Bulette, M.D., chairman, Department of Psychiatry, was appointed a member of the faculty of The Medical College of Pennsylvania for one year. During his tenure as Clinical Associate Professor in the Department of Psychiatry, Dr. Bulette will perform various teaching duties.

The Allentown Hospital auditorium was the setting for the Mid-Atlantic Region Society of Hemopheresis Specialists seminar on Saturday, September 25, 1982. Supported by the Dorothy Rider Pool Health Care Trust, the day-long meeting featured the following speakers: Charles Scagliotti, M.D., a member of The Allentown Hospital Medical and Dental Staff; Janine Fiesta, R.N., J.D., risk manager at the Allentown & Sacred Heart Hospital Center; and Marilyn Sackrison, B.A., Coordinator for Cancer Support and Hospice Team, Easton Hospital. Joyce Houser, M.T. (ASCP), Blood Bank, coordinated the seminar.

OCTOBER IS... National Sudden Infant Death Syndrome Awareness Month... Spinal Health Month. October 3-9 — Fire Prevention Week... October 10-16 — National Handicapped Awareness Week... October 17-23 — National Business Women's Week... October 24-30 — National Cleaner Air Week and National Safety on the Streets Week. October 4 — Child Health Day... October 16 — National Boss Day... October 16 — World Food Day... October 17 — National Shut-In Day.

## Auxiliary and Junior Aides' Events

Auxiliary



The Fourth Annual Auxiliary Italian Night Dinner and Raffle is set for Thursday, November 11, 1982 in the Hospital cafeteria. Tickets are still available for both the 6:30 p.m. and the 8:15 p.m. sittings and are being sold in the Gift Shop, Medical Staff Secretary's Office, Volunteer Office and the Patient Representative's Office. Cost is \$6.00 for adults and \$3.00 for children. Raffle tickets are \$1.00 each or 6 for \$5.00. Grand prize is a weekend in the Poconos. A list of the prizes is on display in the

Gift Shop. In addition to the raffle and spaghetti dinner, music, wine and candlelight will highlight this event.

On October 4, 1982 in the Hospital cafeteria, members of the Auxiliary and their guests were treated to the annual Fall Fashion Show and Dessert. Fashions were from H. Leh and Company which also supplied models in addition to the auxiliary members who donned the latest fall fashions during the show. Delicious desserts were served.

**Junior Aides** 



Friday, October 8, 1982 the Junior Aides annual fall bake sale was held in the Hospital lobby. As always, employees and visitors enjoyed the homemade goodies which included cakes, cookies, brownies and breads.

The November 4, 1982 meeting of the Junior Aides, which will be held in the School of Nursing auditorium at 7:45 p.m., features a talent auction. Auctioneer Boris Wainio will auction off baked goods, crafts and other objects made by members of the Junior Aides for the benefit of Pediatrics. This will be a great time to do some holiday shopping.

THE PRORE

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