

Mission Central

Let's make our mission possible.

It's up to each of us.

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Learn About Our New Surgical Excellence Marketing Campaign – VIDEO

When it comes to surgery, there's strength in numbers. At Lehigh Valley Health Network (LVHN) we deliver that strength. Last year we performed 70 percent more surgeries than anyone else in our region. Research proves that performing more complex surgeries leads to better patient outcomes.

This information is important to share with our community. That's why, starting today, you will begin seeing messages that promote our high level of surgical excellence. You will see these messages on TV and radio, in newspapers, on email and social media, and through an increased presence on [LVHN.org](#).

You'll notice this campaign looks and feels much different than our past campaigns. Because we are proud to be our region's most trusted hospital for surgery – and because we are backed up by quality measures such as national recognition from U.S. News & World Report – we are taking a bold step by promoting eight of our surgeons (see list below). These doctors perform more of the region's complex procedures, and they are part of a surgical team that achieves outstanding outcomes. We believe this is the most direct way to tell our story of surgical excellence, and that it will create a halo effect that will spread to every surgical practice within our health network.

Please help us spread the word to your colleagues, friends and family members. Your support will help us further our mission to heal, comfort and care for the people of our community.

Surgical Excellence Campaign – Featured Surgeons/Practices

Click the surgeon's name to watch their individual videos.

- [Richard Boorse, MD](#), General Surgical Associates of LVPG – bariatric surgery

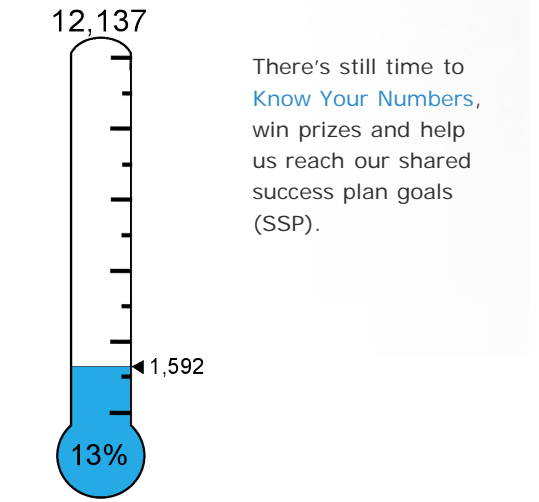


- [Jeffrey Brodsky, MD](#), Lehigh Valley Surgical Oncology – pancreas and liver surgery

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Help Us Reach Our Wellness Goal!

Many colleagues have already gotten their biometric screenings for blood pressure and body mass index.



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- [Michele Clement, MD](#), LVPG Pediatric Surgery—Urology – pediatric surgery



- [Mark Li, MD](#), Neurosurgical Associates of LVPG – neurosurgery



- [Dan Lozano, MD](#), Surgical Specialists of the Lehigh Valley – burn surgery



- [Martin Martino, MD](#), Gynecology Oncology Specialists – robotic surgery



- [Michael Moritz, MD, LVPG Transplant Surgery](#) – transplant surgery



- [Ray Singer, MD, Lehigh Valley Heart and Lung Surgeons](#) – cardiac surgery



Below, you can watch Michael Pasquale, MD, Chairman, Department of Surgery, speak to the fact that at Lehigh Valley Health Network, there's strength in numbers.

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< Wellness Wednesday – Keep the Weight Off This Holiday Season

Announcing United Way Prize Winners >

Read the Final Issue of CheckUp

The December 2014 issue of CheckUp is the final edition of the magazine. However, it's just the beginning of a new, fully integrated communication system that will help make it easier for you to get timely LVHN news and information. Read about the details in [Terry Capuano's column](#). The final CheckUp also includes information you can use to achieve better health. Find out why it's important to [know your numbers](#), how an [exercise physiologist can help you](#) and tips to [achieve work/life balance](#). This holiday season, you'll also be inspired by colleagues who [give all year long](#).

When you visit the [CheckUp](#) section, you can page through the issue virtually, download and print the issue or read each story individually on Mission Central. Thanks for reading CheckUp all these years. Enjoy the final edition.



This entry was posted by [Rick Martuscelli](#) on November 20, 2014 at 10:00 am, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

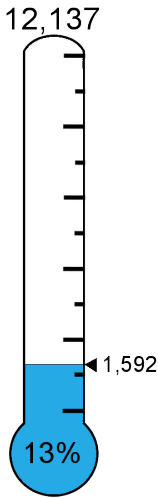
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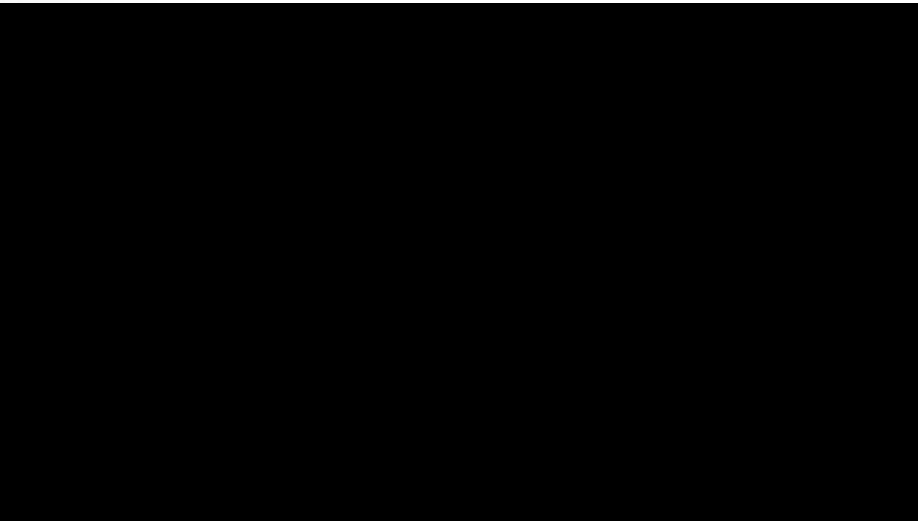
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< Lehigh Valley Health News Digest: Nov. 17-21

It's Infectious: Flash Mob at Flu Shot Clinic Gives Hospital Employees Shot at Love – VIDEO

Tia Reisenwitz has known Price Burger – and his flair for fun – for years. But when a flash mob at the Lehigh Valley Health Network (LVHN) [outdoor flu shot clinic on Nov. 8](#) started dancing to “Marry You,” the flu shot clinic volunteer wasn’t sure what was happening...until Lil Jon started playing. Then she knew Burger’s favorite song, plus the dancers, plus the crowd of friends and family, plus her tuxedo-clad boyfriend were all meant for her...and they wanted to know an answer to a big question. Did she say yes?



Picking the location was a no-brainer for Burger. His mom, Terry Burger, RN, is LVHN’s director of infection control and prevention, and everyone – family, friends and even girlfriends – is expected to help out at the event that provides flu shots to more than 14,000 people over the span of two days.

“I thought this was the ideal place to propose to my girlfriend, Tia, who works in [CT imaging](#) at LVHN,” says Burger, an LVHN security employee. “I was actually not able to help at the clinic this year because I recently had shoulder surgery, but I knew Tia would be there, as well as a large group of people, so she wouldn’t suspect a thing if a few more showed up.”

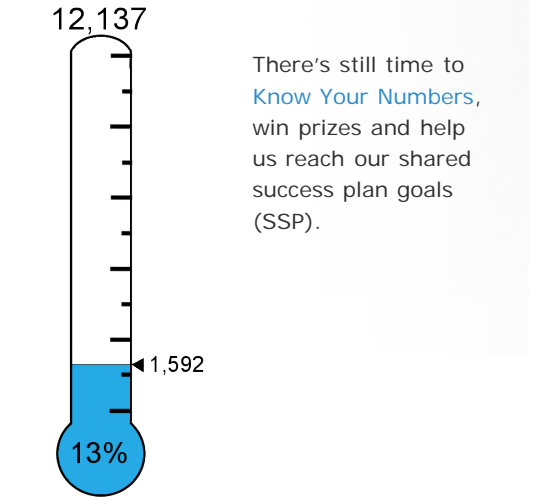
Emmaus-based Wesley Works Entertainment and Photography captured the whole production on video, in sequences that featured trained dancers as well as family and friends who added their own personal touch.

This entry was posted by [Jenn Fisher](#) on November 21, 2014 at 4:48 pm, and is filed under [Celebrate](#), [Connect with Colleagues](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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« October's "Know Your Numbers" Winners Announced Lehigh Valley Health News Digest: Nov. 17-21 »

Watch November's Leader to Leader Video

Do you want to know what's going on in our health network? Watch the Leader-to-Leader meeting. Leader-to-Leader meetings are held the third Thursday each month in the Lehigh Valley Hospital-Cedar Crest auditorium and simulcast to participants at Lehigh Valley Hospital-17th Street, Lehigh Valley Hospital-Muhlenberg, Lehigh Valley Hospital-Hazleton and Mack Boulevard. Using a PowerPoint presentation as a guide, guest speakers share updates on key issues and initiatives.

Scroll down to view videos of each of the speakers.

(Please note you must be logged on to our intranet with Internet Explorer in order to access the videos. You also need to have Microsoft Silverlight installed on your computer. If the links do not open properly, try refreshing your browser. If you have questions or need assistance, please contact information services at 610-402-8303.)

Leader to Leader videos:

- [Introductions/Honor Roll](#)
- [Service Star](#)
- [Medical Home Project](#)
- [LVPG Update](#)
- [Select LCME Accreditation](#)
- [Case Study in Marketing ROI](#)
- [Surgical Excellence Campaign](#)
- [A Message from Our President & CEO](#)

This entry was posted by [Admin](#) on November 21, 2014 at 1:17 pm, and is filed under [Get News, Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

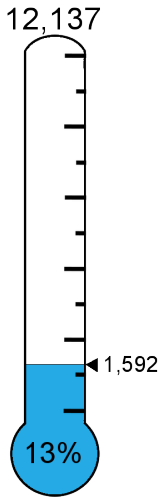
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Construction Underway on New Health Center at Fogelsville; June 2015 Opening Planned



Construction has begun on Lehigh Valley Health Network's (LVHN) newest [health center](#) – the Health Center at Fogelsville – which is due to open next summer.

The two-story, 40,000-square-foot health center will be located off Route 100 just north of Weis Markets, a few miles north of the Tilghman Street interchange. Currently, LVHN has 12 health centers.

“As Fogelsville has grown in population and industry, so too has that community’s need for high-quality health services,” says Brian Nester, DO, MBA, FACOEP, LVHN’s president and chief executive officer. “The Health Center at Fogelsville will give community members a nearby resource to take charge of their health, get help to manage chronic conditions and avoid potentially costly hospital stays.”

Services planned for inside the Health Center at Fogelsville include:

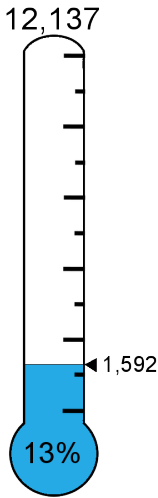
- [Primary care](#)
- [ExpressCARE](#), which offers walk-in services 365 days a year for common illnesses and minor injuries
- [Pediatrics](#)
- [Obstetrics and gynecology](#)
- [Rehabilitation services](#)
- X-ray and Ultrasound
- Laboratory services from [Health Network Laboratories](#)

You can watch the progress of the construction through the images of a [webcam](#) mounted nearby.

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This entry was posted by [Ted Williams](#) on November 18, 2014 at 12:17 pm, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

One comment

Janet Navin 6 DAYS AGO

This looks nice!
Please also consider adding a health center along Route 100 south, in the Boyertown/Bally/Hereford area. It would attract patients from the Boyertown, Douglassville, Pottstown, East Greenville/Pennsburg area. Some of us have to drive a long distance to see an in-network physician.

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< Construction Underway on New Health Center at Fogelsville; June 2015 Opening Planned

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Important Updates to Job Postings on LVHN.org

Recently Lehigh Valley Health Network (LVHN) launched a new career search function on LVHN.org.

- **As a current LVHN employee** you will continue to access the job search by clicking on "For Current Employees Only" on LVHN.org/careers. This is where jobs are first posted internally.
- **If you have friends or family members who do not work at LVHN but are interested in a career here,** have them visit jobs.LVHN.org. There, community members will see a new search page that's more user-friendly and offers new options to customize searches more efficiently.



"The real key is in the way people can search positions with this new platform," says Julene Campion, LVHN's Director of Talent Acquisition. "It includes search engine optimization practices, which means it talks to various search engines like Google and Bing. In other words, people can go to Google to look for a particular nursing position – and LVHN jobs will be optimized in the search results because of the backend provisions we've implemented."

There also is responsive web design component with the new job-search platform. "This new search function is a really important asset to accessing the top talent across health care, which is a very competitive field. Not only are our jobs readily and easily searched and found, but the mobile-phone user's experience is not diminished from the traditional desktop user's experience" Campion says. "LVHN now has much more visibility online be it from desktop, to tablet, to mobile phone access when it comes to finding employment opportunities."

This entry was posted by [Ted Williams](#) on November 18, 2014 at 4:09 pm, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

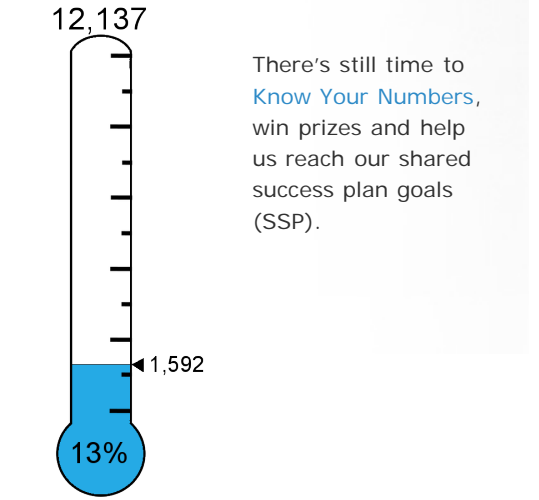
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« Read the Final Issue of CheckUp Richard Boorse, MD, Tells Weight-Loss Surgery Patients: We'll Do This Together – VIDEO »

Announcing United Way Prize Winners

Our annual LVHN United Way campaign began on Wednesday, Oct. 1, and runs through Dec. 30. Each week, those who have donated are entered into a drawing to win prizes. Below is the list of winners for weeks one through seven. You can also download the list by [clicking here](#). Week eight winners will be announced on Monday, Nov. 24.

You can still give to the campaign by **clicking the United Way icon on your SSO toolbar**. *(Please note: To donate to the United Way, you must click the United Way icon. If the icon does not appear, refresh your toolbar under the "Options" drop down. The "Give Now" icon is used for colleagues to donate to Lehigh Valley Health Network.)*

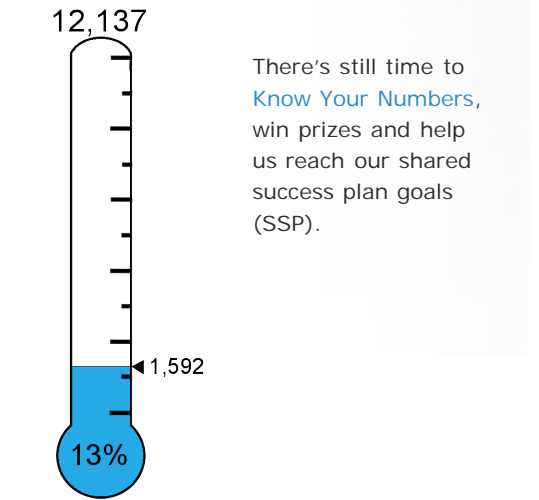
If you gave last year and increase your contribution by at least one dollar per week (or donate at total of \$260 or more), you'll be entered into the United Way's drawings for a new 2014 Fiat (or \$10,000 in cash) or a genuine Martin guitar (\$4,000 value).

Your donation will help the United Way of the Greater Lehigh Valley support vital community-based programs that focus on education, food access, healthy aging and emergency services. [Watch this video](#) to see how some area families have benefited from these programs.

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2014 United Way Campaign Weekly Prizes

WEEK #1 – Winners Announced 10/6/14	PRIZE	PRIZE DONATED BY
David Sherer	3 Days/2 Nights Stay (Mid-Week) Gift Certificate	Cove Haven Resorts, Poconos
Sharon Glass	2015 Entertainment Book	LVHN Recreation Committee
Jalime Cafaro	\$25 Gift Card	Penn Pizza
Lori Trinkle	\$25 Gift Card	Big Woody's Sports Bar & Restaurant
Vanessa Taggart	Frank Porter CD - Blues, Folk-Rock & Classic Rock Covers	Frank Porter
Denise Wolst	\$25 Gift Card – Amazon.com	United Way Committee
Lindsay Altimare	\$25 Gift Card – Carrabba's Italian Grill	United Way Committee
Lois Mayas	\$25 Gift Card – Regal Cinemas	United Way Committee
WEEK #2 – Winners Announced 10/13/14	PRIZE	PRIZE DONATED BY
Chris Fenstermaker	2 Musikfest Café Tickets / Concert of Choice (exp. Dec. 2014)	ArtsQuest
Vanessa Villaverde	2015 Entertainment Book	LVHN Recreation Committee
Dale Jarvis	\$25 Gift Card	Penn Pizza
Kerises Bryfogle	Lehigh Valley Mall Tote Bag (filled)	Lehigh Valley Mall
Lisa Myers	Frank Porter CD - Blues, Folk-Rock & Classic Rock Covers	Frank Porter
Sherry Tomaine	\$25 Gift Card – Amazon.com	United Way Committee
Katie Turner	\$25 Gift Card – Carrabba's Italian Grill	United Way Committee
Maura Diehl	\$25 Gift Card – Regal Cinemas	United Way Committee
WEEK #3 – Winners Announced 10/20/14	PRIZE	PRIZE DONATED BY
Matthew Burns	2 Musikfest Café Tickets / Concert of Choice (exp. Dec. 2014)	ArtsQuest
Maria London	2015 Entertainment Book	LVHN Recreation Committee
Mary Curcio	\$25 Gift Card	Penn Pizza
Christine Hafner	Free Yogurt Gift Certificate	Menchie's Frozen Yogurt – Cedar Crest
Marilyn Minder	Frank Porter CD - Blues, Folk-Rock & Classic Rock Covers	Frank Porter
Robert Milano	\$25 Gift Card – Amazon.com	United Way Committee
Kristin Behler	\$25 Gift Card – Carrabba's Italian Grill	United Way Committee
Jeanne Hoover	\$25 Gift Card – Regal Cinemas	United Way Committee
WEEK #4 – Winners Announced 10/27/14	PRIZE	PRIZE DONATED BY
Christie Grundstein	8 Hours PTO	LVHN Human Resources
Robert Motley	2015 Entertainment Book	LVHN Recreation Committee
Janet Rader	Starbucks Gift Bag (filled)	Starbucks
Maria London	Free Yogurt Gift Certificate	Menchie's Frozen Yogurt – Cedar Crest
Kelly Owens	Frank Porter CD - Blues, Folk-Rock & Classic Rock Covers	Frank Porter
Mary Curcio	\$25 Gift Card – Amazon.com	United Way Committee
Joyce Costenbader	\$25 Gift Card – Carrabba's Italian Grill	United Way Committee
Alice Hager	\$25 Gift Card – Regal Cinemas	United Way Committee
CONTINUED		
WEEK #5 – Winners Announced 11/3/14	PRIZE	PRIZE DONATED BY
David Pucklavage	1 Weekend Night Stay & Breakfast - Gift Certificate	Allentown Comfort Suites
Anne Holena	8 Hours PTO	LVHN Human Resources
Donna Hill	2015 Entertainment Book	LVHN Recreation Committee
Sharon Miller	DaVinci Science Center Tickets	DaVinci Science Center
Monet Thorne	\$25 Gift Card	Penn Pizza
Cory Frederick	\$25 Gift Card	Big Woody's Sports Bar & Restaurant
Debra Peter	Free Yogurt Gift Certificate	Menchie's Frozen Yogurt – Cedar Crest
Kathy Nickerson	Assorted Gift Bag - Girls	Crayola
WEEK #6 – Winners Announced 11/10/14	PRIZE	PRIZE DONATED BY
Lori Kressler	8 Hours PTO	LVHN Human Resources
Paul Barlow	2015 Entertainment Book	LVHN Recreation Committee
Gina Kingston	\$50 Gift Certificate	Hamilton Kitchen & Bar
Aidan Ryan	\$25 Gift Card	Penn Pizza
Kathleen Wesser	Free Yogurt Gift Certificate	Menchie's Frozen Yogurt – Cedar Crest
Cheryl Silivonek	Assorted Gift Bag - Boys	Crayola
Dennis Fettes	WaWa - \$25 Gift Card	United Way Committee
Molly Samuel Peters	Turkey Hill - \$25 Gift Card	United Way Committee
WEEK #7 – Winners Announced 11/17/14	PRIZE	PRIZE DONATED BY
Patricia Tachayapong	Hockey Shin Guard – Autographed	Allentown Phantoms Team
Casey Krill	8 Hours PTO	LVHN Human Resources
Jackeline Sosa	2015 Entertainment Book	LVHN Recreation Committee
Robert Milano	\$50 Gift Certificate	Glasbern Inn
Joseph Collette	\$25 Gift Card	Penn Pizza
Lauren Garges	Assorted Gift Bag (Unisex) & 2 Admission Tickets	Crayola
Stacey Asbell	WaWa - \$25 Gift Card	United Way Committee
Jo Bednar	Turkey Hill - \$25 Gift Card	United Way Committee

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< Epic Delivers the Module of the Month: Stork Watch November's Leader to Leader Video >

October's "Know Your Numbers" Winners Announced

Congratulations to our October Better Health Goal contest winners: Donna Smith (4A medical-surgical unit) and Tina Zimmer (invasive cardiology). They will both receive a Fitbit Flex wristband as a result of their participation in "Know Your Numbers," our biometric screening campaign. You can win too.

Each month, two winners will be drawn from our entire pool of entrants. When you get screened early you have even more chances to win. In addition to Fitbits, we'll be holding impromptu prize drawings throughout the year for other great prizes, and on June 30, 2015 we'll choose two grand prize winners who each will receive a \$500 VISA gift card.

To be eligible to win, you must participate in our biometric screenings for blood pressure (BP) and body mass index (BMI). Screenings take just minutes and are an important barometer of your overall health and well-being. To complete your screenings:

- Visit employee health during [walk-in hours](#)
- Have your physician complete a [Health Care Provider Biometric Screening](#) form. You also can find the form on MyPopulytics.com in the "health and wellness" menu.
- If you've already been screened by your physician within the past six months, it counts. Ask your doctor to fill out the [Health Care Provider Biometric Screening](#) form and report your numbers to employee health.

This entry was posted by [Sheila Caballero](#) on November 21, 2014 at 10:00 am, and is filed under [Celebrate](#), [Get News](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

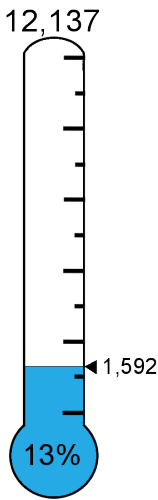
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[Terry's Take: A Tribute](#) >

Gift Shop Volunteers Needed

The holiday season is one of the busiest times in the gift shops at Lehigh Valley Hospital (LVH)—Cedar Crest and LVH—Muhlenberg. It's also a very important time because all proceeds from the gift shops support Lehigh Valley Health Network thanks to the generosity of our Auxiliaries. To ensure our gift shops are properly staffed during the holiday season and throughout the year, your help is needed.



You can [register online](#) to be a volunteer in our gift shops. You can work a three- or four-hour shift that fits into your schedule. By volunteering in the gift shops, you'll receive a:

- 20 percent discount on most items in the shop
- Meal in the cafeteria for every 3-4 hour shift worked

Tasks volunteers perform in the gift shop include:

- Operating a simple, touch-screen cash register
- Restocking merchandise
- Keeping the shop neat and tidy
- Taking phone orders
- Assisting customers
- Delivering flowers and balloons to patients

Gift shop hours

Monday-Friday: 9 a.m.-8 p.m.

Saturday and Sunday: 11 a.m.-7 p.m.

This entry was posted by [Rick Martuscelli](#) on November 18, 2014 at 4:39 pm, and is filed under [Get News](#), [Help Others](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

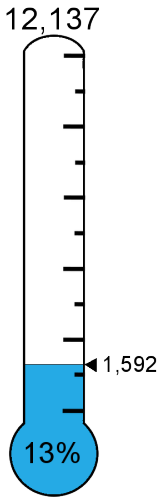
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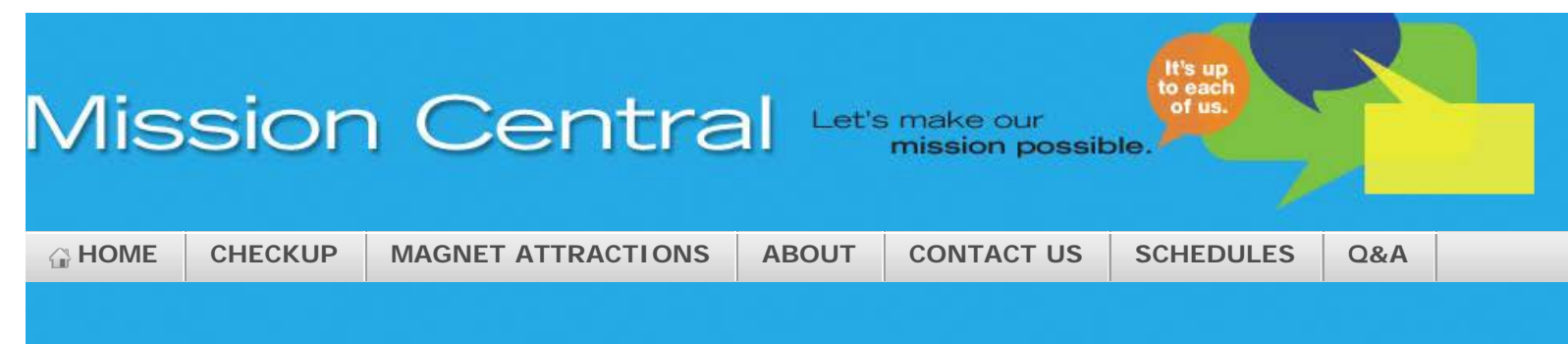


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< Terry's Take: A Tribute

Read the Final Issue of CheckUp >

Wellness Wednesday – Keep the Weight Off This Holiday Season



We're entering the holiday season, the time of year when you encounter delicious treats everywhere you go. That's why it's crucial not to let your fitness routine slide from now until your New Year's resolution.

No amount of exercise will compensate for overeating, and it doesn't take much to make a difference in your weight. Just 175 extra calories a day (or half a slice of pie) can add one pound over three weeks.

To maintain your weight, [LVHN Fitness](#) exercise physiologist Kelsey Coates advises exercising for 30 minutes at least three times a week. To lose weight, go for 30-60 minutes most days. If you're eating extra, exercise even longer and harder.

This week's wellness challenge: Work on your workout this holiday season.

Here are Coates's creative tips to burn calories during the holidays:

Schedule it. The holiday season can be hectic with shopping, family gatherings and other activities. Plus, colder weather may change your outdoor exercise routine.

Change it up. Many people who train outside bring it inside during the colder months. "This allows you to try cross-training with an aerobics or spin class," Coates says. You also can try corrective exercise to alleviate any physical issues.

Squeeze it into another activity. Hop on the treadmill while the turkey roasts, power walk at the mall before shopping or lift weights while watching football.

Incorporate it into family time. Walk – don't drive – to admire neighborhood holiday lights. "A better mood creates a great workout," Coates says. "You also can rely on friends to keep you motivated."

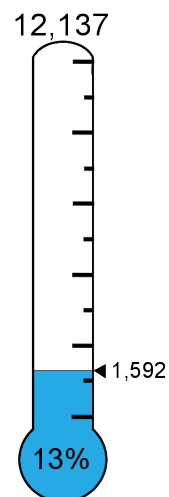
Break it up. "Exercising in multiple 10- or 15-minute segments throughout the day works just as well as one longer workout," Coates says.

Do you have a topic or question for Wellness Wednesday? Leave a comment and let us know what you want to read about.

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This entry was posted by [Amanda Coe](#) on November 19, 2014 at 2:00 pm, and is filed under [Live Healthy](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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« Richard Boorse, MD, Tells Weight-Loss Surgery Patients: We'll Do This Together – VIDEO

October's "Know Your Numbers" Winners Announced »

Epic Delivers the Module of the Month: Stork

When a new mom and her newborn are getting to know each other, they are blissfully unaware of the behind-the-scenes work the care team is doing to chart all of their medical care. Toggling between multiple computer screens, nurses, doctors and other care providers review and add an extensive amount of information to the newborn's brand new electronic medical record in Centricity Perinatal (CPN) and Centricity Enterprise (CE), all while updates are made to the mother's chart, and orders are given for both with Centricity Physician Order (CPO).



However the soon-to-arrive Epic electronic medical record system (EMR) at Lehigh Valley Health Network will put toggling between three systems – CPN, CE and CPO – on bed rest. Instead, the *Stork* module, an application for obstetrics/gynecology and labor and delivery, will coordinate prenatal and perinatal information – updating the mother's chart and populating the baby's new chart – in an easier-to-use interface that's all on one screen.

Key Features of *Stork*

- **Progression of pregnancy** – Within the expectant mother's electronic medical record, *Stork* will organize information about her care by grouping all visits, labs and prenatal testing related to the pregnancy. It will make it easy to follow the progress of the pregnancy and exclude other encounters not related to the pregnancy.
- **Delivering the L&D details** – After the baby is delivered, all information about labor and delivery automatically flows into the baby's new chart.
- **One screen, two charts** – On a single screen, the provider can move between baby's and mother's charts instead of switching between two separate screens.
- **Breast milk identification** –We will continue to barcode breast milk that is provided by a mother for her newborn in the neonatal intensive care unit (NICU). A workflow integrated within Epic will help ensure the right infant receives the right breast milk.

Stork Lands Soon

Beginning February 18, expectant mothers seen at Lehigh Valley Physician Group (LVPG) obstetrics/gynecology practices will have their prenatal care information stored in *Stork*. And while inpatient go-live for the Epic EMR doesn't officially happen until August 1, inpatient staff will have view-only access to the mother's chart at the time of delivery during those intervening months between Wave 1 go-live and Wave 2 go-live. This will ensure inpatient providers can review outpatient encounters during the pregnancy that may be important as they prepare to welcome the next resident of the Lehigh Valley.

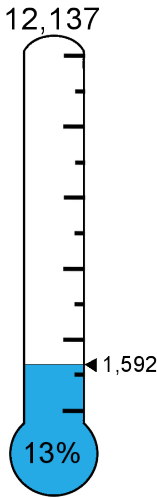
Your Epic Datebook

Now: Register for Wave 1 super user and end user training on TLC

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Now through May 1, 2015: Wave 2 testing

November 24: Technical Dress Rehearsals (TDR) begin in ambulatory settings

December 1: Wave 1, ambulatory [super user](#) training AND [early bird Cadence training](#) begins

January 5, 2015: Wave 1 end user training begins

January 16, 2015: Deadline for Wave 2 inpatient super user applications

February 4, 2015–March 11, 2015: PTO restrictions in effect for Wave 1 (ambulatory) colleagues

February 7–8: Wave 1 conversion weekend

February 9: Wave 1 [Cadence](#) Go-live

February 18, 2015: [Go-live for Wave 1, ambulatory settings](#)

March 23–27: Wave 2 pilot training

May 11–31: Wave 2 super user training

June 1–July 26: Wave 2 end user training

July 20, 2015–August 14, 2015: PTO restrictions in effect for Wave 2 (inpatient) colleagues

August 1, 2015: Go-live for Wave 2, inpatient settings

Keep up with news about the LVHN Epic transformation on the [LVHN Epic intranet site](#).

This entry was posted by [Jenn Fisher](#) on November 20, 2014 at 4:11 pm, and is filed under [Get News, Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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[« Announcing United Way Prize Winners](#)

[Epic Delivers the Module of the Month: Stork](#)[»](#)

Richard Boorse, MD, Tells Weight-Loss Surgery Patients: We'll Do This Together – VIDEO

We are producing videos of our doctors and advanced practice clinicians (APC) to help our community find trustworthy health care providers. We will share them here to introduce you to these colleagues. You'll learn about their personality, philosophy of care and inspiration for practicing medicine. These videos are embedded in our website's [Find a Doctor](#) tool, where you can learn about each provider's educational background and more. Enjoy!

Richard Boorse, MD, practices the things he preaches to his [weight-loss surgery](#) patients: he eats healthy food and enjoys being physically active.

"I'm most passionate about helping people lose weight," he says. "It's a team effort; this is something we're doing together, and I will work with you to help you lose weight and achieve your weight-loss goals."

Boorse is a board-certified surgeon with Lehigh Valley Health Network who performs general surgery and weight-loss surgery. He sees patients at [General Surgical Associates of LVPG](#).

Get to know him with this video.



This entry was posted by [Alyssa Young](#) on November 20, 2014 at 3:00 pm, and is filed under [Connect with Colleagues](#), [Watch](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

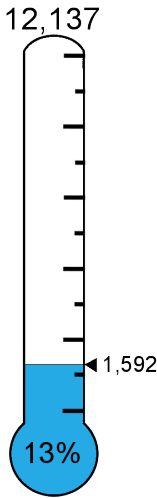
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Mission Central | Richard Boorse, MD, Tells Weight-Loss Surgery Patients: We'll Do This Together – VIDEO

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< Gift Shop Volunteers Needed

Wellness Wednesday – Keep the Weight Off
This Holiday Season >

Terry's Take: A Tribute



Meet Elaine. A former cheerleader, she was a strong, commanding, energetic 82-year old woman married to a handsome ex-Marine for the past 62 years. Having raised three daughters, she was dedicated to her immediate and extended family. She happily participated in the care of her grandchildren and had a positive influence on their development. Being raised in an environment of little means, giving to others was important to her.

I recently lost my mother, Elaine, and with that, a piece of me. She had a cardiac arrest and did not recover. We withdrew treatment after five days in a non-LVHN hospital, an experience I will not forget. By our side was a team of health care providers providing expert care, explanations and compassion. Offering support were my LVHN colleagues – talking with me by phone as they knew my family looked to me for guidance.

I am ever grateful for the expertise we have in health care and for the LVHN colleagues who took care of me during a time of need. They sprang into action, took charge, arranged phone calls so I would have second opinions, and provided a comfort that we were doing the right thing.

In my last blog, I encouraged sharing and did not receive many replies. I will encourage your sharing again. Let me know how your LVHN colleagues cared for you or how you cared for your LVHN colleagues in time of need.

And, if you just want to pay tribute to a parent or loved one like I did, I would like to hear that as well.

Thank you for reading and listening. Once again, my LVHN colleagues are there for me.

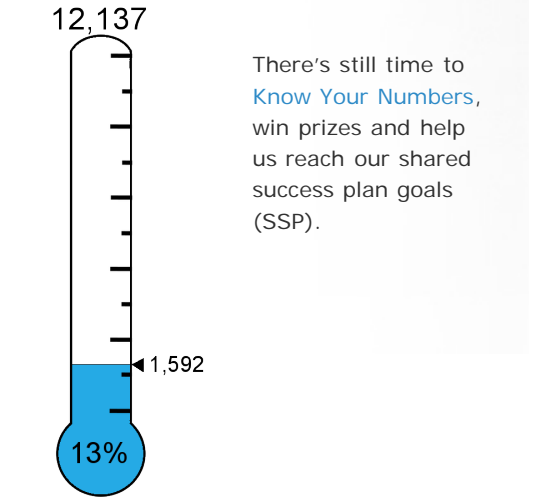


My mom and dad...sweethearts since they were 14.

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Terry Ann Capuano

ABOUT ME: My name is Terry Capuano, RN and I am the chief operating officer (COO) at Lehigh Valley Health Network (LVHN). I have worked at LVHN for 30 years, serving as COO for the last five years. I greatly enjoy meeting colleagues, sharing stories and enhancing relationships throughout the network. [Learn More](#)

This entry was posted by [Terry Capuano](#) on November 19, 2014 at 9:30 am, and is filed under [Be Inspired](#), [Connect with Colleagues](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

11 comments

Lauren Shanahan 5 DAYS AGO

Terry, first and foremost, I am so sorry to hear about your mom's passing. When my dad passed two years ago, I, too, felt like a piece of me was gone –but I realize now that he is with me every single day, always watching out for me and helping me to stay focused on what matters in life.

As for how I'm supported by my colleagues — over the past couple months I've had my fair share of issues in my personal life. I'm blessed to have colleagues who always show support and concern for me. They check in, and encourage me, offer advice, rides, and above all — they show their concern. I'm grateful for my LVHN family.

LOG IN TO REPLY

Judy Bailey 5 DAYS AGO

I'm so sorry to hear about the loss of your mother. I hope that you can find comfort in your warm and wonderful memories. Your blog reminded me of when my father was very ill with lung cancer. I was a night nursing supervisor at the time and my colleagues were so supportive and helpful through what was a difficult time as I tried to be a daughter and a nurse for my dad. They provided a sounding board and always had good advice. When my father passed, it seemed like the entire nightshift staff at both Cedar Crest and 17th St. were aware and on my nightly rounds I was greeted with hugs and words of encouragement and sympathy.

LOG IN TO REPLY

Janine White 5 DAYS AGO

Terry, I am very sorry for your loss. Having lost my mother-in-law in March, I understand the difficult time you are going through. Please know that you and your family are in my thoughts and prayers. I hope that you find comfort in the wonderful memories that you had with her.

LOG IN TO REPLY

Diane Beauchner 5 DAYS AGO

What a beautiful and appropriate tribute. Thank you for sharing a bit of your Mom's story with us. I'm impressed by the 62 year marriage...I can sense their genuine happiness and love for each other in that photograph! I hope each day brings a bit more comfort to you, your Dad, and sisters.

LOG IN TO REPLY

Megan Allen 5 DAYS AGO

Terry, Let me start by saying I am so very sorry to hear of the loss of your mother – losing a parent is not easy. I would like to share the story of how my department – Coding Integrity – cared for one of our own. Recently, a coding colleague and her family (husband and three children) lost everything in a devastating house fire. Thankfully, they had a fully functioning smoke detector and they all got out of the house without injury. They escaped the fire the pajamas they were wearing and nothing else. Well, upon hearing this terrible news in the morning, the entire Coding Integrity team jumped into action – we quickly collected over \$1000 in cash so our colleague and her family could shop for clothing and other essential items. Then the donations started rolling in – we were able to donate a large quantity of gently used clothing plus other items the family could use. Last Friday we held a bake sale and collected another \$1000 to give to our colleague in need. To date, we have been able to help this family get back on their feet with donations of \$2500 in cash and gift cards plus lots of “stuff”. I am so very honored to work with such a caring group of individuals! When you work here, you are part of our family!

LOG IN TO REPLY

Cathleen Story 5 DAYS AGO

Terry, my sincerest condolences on the passing of your mother. Both my parents passed away at LVHN-CC, my father 5 years ago this month and my mother 7 years ago. My mother passed away Christmas week. It was a particularly difficult time for my family. My LVH family could not do enough for me, my brothers and my father. My family is from Hazleton so I was busy trying to help them through the system and to understand what was going on. Everyone was so kind to all of us. My mother passed away early in the morning, I was alone with her. The staff was by my side the entire time. They asked if there was someone they could call for me. Since it was the holidays many of my closest friends were off. I asked them to call one of our VP's that I was close to. He came immediately and stayed with me until my husband and brothers arrived. The ourpouring of cards, food, and flowers was truely amazing. I will never forget it. The loss of a parent is difficult, but made easier by the caring and concern of our LVH colleagues. May you find peace and comfort in the happy memories you have of your mother.

LOG IN TO REPLY

Tammy Jamison 4 DAYS AGO

Very, very sorry to hear of your loss, Terry. Losing a parent is so difficult. Although I've lost both of my parents, I'm very fortunate to have had such loving, wonderful parents. In 2006 my Mom passed after years of dementia (which was truly awful), and I had a new boss because I was lucky enough to receive a promotion at LVHN. I was so touched that my new boss took the time to come to my Mom's funeral. It was such a kind and thoughtul gesture, and I will never forget it. My new boss was Dr. Brian Nester...and we all know how wonderful he is. Support from our work family is as meaningful as it is from our home family.

LOG IN TO REPLY

Stephanie May 3 DAYS AGO

Terry, my condolences again. I've had some wonderful moments of support from my work family. Two of my grandparents passed away since I started working for LVHN, and both times my colleagues have been genuine in their care and willingness to listen to stories of my loved one. I truly appreciate having colleagues who say “let us know what you need”, and I appreciate even more that they will actually follow through! I'm particularly grateful that after my grandmother passed in September, a colleague stepped in and covered some work for me so I could spend time with my family. I'm also grateful for their support in times of good stress, like listening to me vent about

the stresses of buying our wonderful first home last year!

LOG IN TO REPLY

Eileen Sacco 2 DAYS AGO

Terry...first I am so very sorry to hear about your mother's recent passing. The photo attached to your blog certainly shows your parents love and compassion for each other and your family. Our parents certainly have a grand impact on our lives, careers, and family values. Priceless!

Yet, we do have an outstanding extended family her at LVHN. I have had the greatest opportunities to experienc first hand the care and compassion that our colleagues display each and every day! Maybe a few too many time...my first experience was when my brother experienced a sudden traumatic death. My colleagues sent cards; offered food; sent prayers; and readily by my side when I needed a hug.

Then, my dad, a chronic patient whose life ended as a result of lung cancer. The most outstanding reward was the compassion that the ICU nurses and case manager offered when I needed to make end of life decision...as we know...sometimes providers forget we are a "daughter" before being a "nurse." Thanks to Joanie, I was reminded of that.

And lastly...I cannot forget my dear friend and mentor who was a LVHN employee for 34 yr. There are not enough words or rewards to recognize how much love, compassion and caring were given each and everyday to help her through an 8 year battle with cancer. Even in the very last days of her life she fought our help. Yet, she and her family were never alone. To us at LVHN...it was the right thing to do...doing what we do best...CARING.

Thank you for sharing your story.

LOG IN TO REPLY

Lisa Mikitka 2 DAYS AGO

So sorry to hear about your loss, Terry, but remember our family members live on in us and our family members. I lost my own mother almost 10 years ago now after a 45 years battle that she fought against MS. As a registered and daughter, much like yourself, I was compelled to help make the best decisions I could for her care since I became a nurse. That committment lasted for over 25 years. My husband and I raised 2 wonderful children during that time and now they are grown, but remember the care and committment shown to their grandmother. They are very compassionate and caring young adults. My daughter, who carries her grandmother's name as her own middle name, will be married next October. I know she is watching down and is proud. Keep telling your mother's story and remembering your times together. She will continue to live on and be an example for your family in ways that will surprise you and make you proud.

LOG IN TO REPLY

Maura Diehl 4 HOURS AGO

The death of a loved one is a most difficult and stressful time in our lives. One important thing I do for my staff is pave the way to attend services for those loves ones for which we do not get bereavement days. Many times those dearest to us, those that are like the closest of family, do not fall under the category of immediate or extended family. A sense of closure and the time to say goodbye; as well as being able to comfort and be comforted by the other loved ones of the deceased is so very important.

My sincerest condolences for the loss of your mother. How lucky you were to have such a wonderful woman in your life.

LOG IN TO REPLY

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Lehigh Valley Health News Digest: Nov. 17-21

BY [ALYSSA YOUNG](#) · NOVEMBER 21, 2014

This week on [Lehigh Valley Health News](#), learn about giving the gift of life, Lehigh Valley Hospital's 'Best Hospital to Work for in Northeast' recognition and more.

[Get Tips to Avoid Gaining the 'Holiday 5' in November-December Healthy You Hazleton Magazine](#) – The holidays are filled with parties. Unfortunately for our waistlines, those parties mean lots of high-calorie, high-carbohydrate cookies, cakes and treats. Learn how to avoid gaining the dreaded “Holiday 5” and still enjoy some of those yummy goodies in the November-December Healthy You Hazleton magazine.

[Lehigh Valley Hospital Ranks Among 'Best Hospitals to Work for in Northeast'](#) – Lehigh Valley Hospital has earned accolades from a health care industry news resource as one of the best hospitals to work for in the Northeast United States.

[At Thanksgiving, Consider Giving the Gift of Life](#) – More than 120,000 people nationwide are awaiting organ transplants. U.S. Health Resources and Services Administration officials say for every organ donor, the lives of as many as 50 people could be saved or improved. But in reality there aren't enough organs to fill the national need, and as many as 18 transplant candidates die every day waiting.

[Neonatal Intensive Care Unit Gets 'Thank You' From March of Dimes, Families During Prematurity Awareness Month](#) – The children visiting the neonatal intensive care unit (NICU) inside Children's Hospital at Lehigh Valley

Babies born in the NICU on Monday have come a long way since they'd first been there. They returned with their mothers this week to thank the caregivers there for nurturing premature babies.