

## Hospital Sets New Record

The Allentown Hospital had 11 births during a single shift during July — a number that has not been matched in recent years. Jeane and Martin Coyle, of Reading, are the parents of twins Jonathan and Christopher, the last two births during the shift. "We came to The Allentown Hospital because it has an excellent reputation for its neonatal intensive care unit," said Mrs. Coyle. Many high-risk pregnancies are referred to The Allentown Hospital.

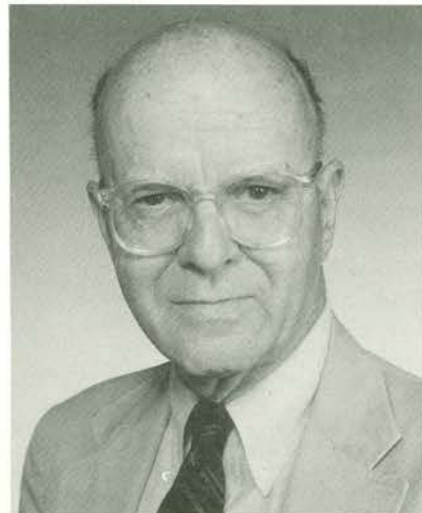
"In its five-county service area, The Allentown Hospital has the best facility to deliver a set of twins, especially because of the high rate of premature labor in multiple pregnancies and our expertise in that area," said T.A. Gopal, M.D., the Allentown physician handling Mrs. Coyle's case.

(Continued on page 5)



**Twins were the grand finale** of a record-breaking number of births during a single shift at The Allentown Hospital. Jeane and Martin Coyle hold their two newborn sons, Jonathan and Christopher, who were the last two babies born that day.

## Samuels Named Chairman of the Board



Abram Samuels was recently elected chairman of The Allentown Hospital Board of Directors. He had been the first vice chairman of the board of directors and has been a board member since 1977. He has served on the HealthEast Board of Directors for two years.

Samuels is chairman of the board of Automatic Devices Company and of the Executive Committee for Merchants Bancorp. He had served as chairman of the board for Merchants National Bank, Allentown.

He is a trustee for the American Society For Psychical Research and was a past trustee for the National Society For Crippled Children and Adults.

Samuels, who graduated from Lehigh University, is listed in *Who's Who In America*.

Samuels served in the U.S. Army for four years. His wife, Harriet Samuels, has worked as an Allentown Hospital volunteer for many years. She directs the patient representative department which supports the Hospital's Satisfaction Guaranteed program.

The Samuels recently donated two of the eight awards given to individual nurses at The Allentown Hospital during an awards ceremony for a new HealthEast program, Friends of Nursing.

Samuels succeeds Robert E. McNabb, who will remain a Hospital board member. McNabb, who also served on the board since 1977, had been chairman of the board for two consecutive years.

Other newly-elected board officers are: first vice chairman Donald T. Shire, vice president of human resources of Air Products and Chemicals, Inc., and second vice chairman Alfred E. Douglass III, vice president of Merrill Lynch.

Also elected were: secretary Charles D. Schaeffer, M.D., chief of surgery at The Allentown Hospital; assistant secretary Darryl R. Lippman, Hospital President, and treasurer David J. Kepler, administrative vice president/commercial loan department head at Merchants National Bank.



# Board of Associates Awards Nursing Student



**The Allentown Hospital Board of Associates** awarded Mary Ellen Mrazek (left) a \$300 scholarship for her academic excellence, caring attitude and professionalism during her first two years of study at the School of Nursing. Ellen Weller, secretary/treasurer of the Associates and chairperson of the selection committee, congratulates Mrazek on her achievement.

Mary Ellen Mrazek of Allentown received a \$300 scholarship from the Hospital's Board of Associates at its annual meeting. Mrazek is a student at The Allentown Hospital School of Nursing and has maintained a cumulative 4.0 grade point average for the

first two years of the program. She begins her last year of study at the School of Nursing in the fall.

In addition to her academic excellence, Mrazek has shown a genuine concern for patients and has a professional attitude, according to Ellen

Weller, chairperson of the selection committee and presenter of the scholarship. The scholarship presentation by the Board of Associates is part of the group's ongoing effort to support the Hospital's education programs. The Associates are members of the community who serve as Hospital liaisons.

Also at its annual meeting, the Board of Associates honored its newly-elected officers. Robert C. Wood, president of the Wood Company, was re-elected president; Henry Gearhart, vice president of First National Bank, was re-elected first vice president; Lynald Sillsbee, Ph.D., headmaster of The Swain School, was elected second vice president; and Ellen Weller, employee benefits manager of Lehigh Valley Bank, was elected secretary/treasurer.

Walter J. Dex, M.D., chairman of the Department of Radiology at The Allentown Hospital, and Sallie K. Schaeffer, past secretary/treasurer of the board of associates, were both elected to the Board of Associate's executive committee.

Other projects accomplished by the associates this year include financially supporting a special volunteer recruitment slide show. The associates helped sponsor a free public seminar by nationally-known pediatrician T. Berry Brazelton, M.D. The associates also supported the Hospital's proposed East Wing renovation project by writing a letter of advocacy to the Pennsylvania Department of Health. The project was recently approved by the state.

## New Medical Staff



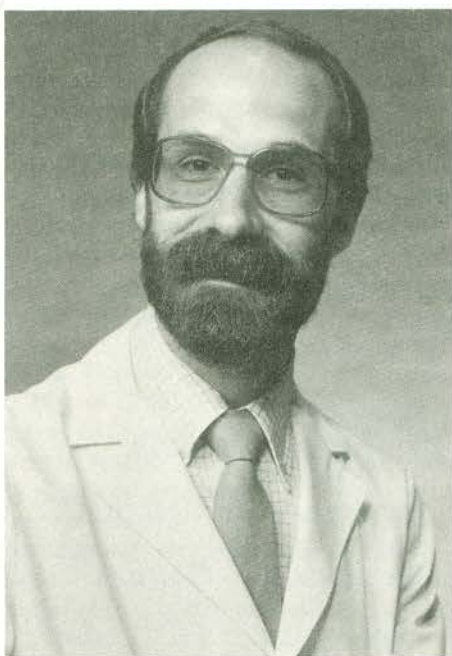
**John D. Nuschke, Jr., M.D., Department of Medicine, Division of Internal Medicine**, is board-certified by the American Board of Internal Medicine. Nuschke was chief medical resident and a fellow in Internal Medicine at the HealthEast Teaching Hospitals. He graduated from Lehigh University, Bethlehem, and received his medical degree from Hahnemann University, Philadelphia.



**Daniel R. Ross, M.D., Department of Surgery, Division of Ophthalmology**, is board-eligible in ophthalmology by the American Academy of Ophthalmology. He graduated from the State University of New York at Albany and received his medical degree from Upstate Medical Center, Syracuse, New York. Ross served a fellowship in vitreoretinal diseases at the Massachusetts Eye and Ear Infirmary.



# NEW APPOINTMENTS



**Henry Kurusz III, M.D.**, has been appointed chairman of the Department of Community Medicine, Hospital emergency center.

Kurusz, who is board-eligible in emergency medicine, joined the staff of The Allentown Hospital Emergency Center in 1985 as assistant medical director. As chairman, he serves as medical director of the Hospital's emergency center and the poison center.

Prior to coming to The Allentown Hospital, Kurusz was vice president and treasurer of Emergency Medicine Physicians, Professional Corporations at Tobey Hospital, Wareham, Mass.

While in Massachusetts, he served as an advanced cardiac life support instructor at Tobey Hospital and other locations. In addition, he was a state examiner for emergency medical technician certification in Massachusetts.

He received his medical degree from Temple University, Philadelphia. Kurusz completed his internship and one year of residency in surgery at Lehigh Valley Hospital Center. He completed his emergency medicine residency at the University Hospital of Jacksonville in Jacksonville, Fla. During his senior year at Jacksonville, Kurusz served as chief resident in emergency medicine.

He is a member of the American College of Emergency Physicians.



**Shirley A. Nylund, D.M.D.**

**Shirley A. Nylund, D.M.D.**, recently became the assistant program director of The Allentown Hospital's dental residency program. She is a member of the Hospital's Dental Department.

Nylund is responsible for overseeing the education and clinical activities of the dental residents, recruiting residents and treating patients in the Hospital's dental clinic.

Before coming to The Allentown Hospital, Nylund had provided dental care for students, faculty and staff of Harvard University, Cambridge, Mass. Prior to that she served in the U.S. Navy Dental Corps. She was a staff dentist at Naval Hospital, Camp Lejeune, N.C., where she also served as the quality assurance coordinator.

She developed an educational program for obstetrics patients and served as a clinic periodontist (dentist who specializes in the treatment of diseases of the tissue surrounding the teeth) at the Naval Dental Clinic in Yokosuka, Japan. Nylund completed a general practice residency at the Naval Medical Center in Oakland, Calif.

Nylund received her degree in medical dentistry from Harvard School of Dental Medicine, Boston. She received the Grace Melikian Public Health Award and a Kellogg Fellowship in Dental Quality Assurance.

**Carole J. Moretz, R.N.**, has been appointed head nurse of a medical-surgical unit at The Allentown Hospital. Her responsibilities include the management of 6-T's nursing staff and coordination of nursing care.

Moretz had been working at The Allentown Hospital as a medical-



**Carole J. Moretz, R.N.**

surgical clinical specialist. "Her excellent clinical, teaching and management experience has made her the best candidate for the position," said Myra Ungrady, associate clinical director for medical-surgical areas.

Moretz was an assistant professor of nursing at Allentown College of St. Francis de Sales. She served as an instructor and chronic illness practitioner at the University of Pennsylvania. She was also an instructor at Northampton County Area Community College.

She received her master's degree in nursing from the University of Pennsylvania and her bachelor's degree in nursing from Cedar Crest College. Moretz is currently pursuing a doctorate degree in nursing from the University of Pennsylvania in Philadelphia.

**Michael J. Klatchak Jr.** was recently appointed assistant controller of the Accounting Department at The Allentown Hospital. Klatchak will assist in financial accounting, reporting and controlling activities for the Hospital.

Previously, he was a financial analyst for the Engineered Pump Division of Ingersoll-Rand Company in Phillipsburg, N.J. and an instructor in the personal computer center at Moravian College in Bethlehem.

Klatchak received his Master of Business Administration degree in Finance from Temple University, Ambler, Pa., and a Bachelor of Science degree in Business Administration from Bloomsburg University, Bloomsburg, Pa.



**Michael J. Klatchak, Jr.**



# WomanCare Programs — Fall Schedule

## *Free WomanCare Lectures*

### **Women and Gynecology:**

#### **Ask The Doctor**

Joseph Miller, M.D.

Department of Obstetrics and Gynecology  
The Allentown Hospital

**Saturday, September 12 — 10 - 11 a.m.**

Room 1911, School of Nursing

### **Caring For Your Aging Parents**

Maureen Sawyer, M.S.W.

Director of Social Services

The Allentown Hospital

**Monday, September 14 — 7 - 8 p.m.**

Auditorium, School of Nursing

### **The Premenstrual Syndrome:**

#### **It Isn't So Unusual**

Larry Glazerman, M.D.

Department of Obstetrics and Gynecology  
The Allentown Hospital

**Tuesday, September 29 — 7 - 8 p.m.**

Hospital Auditorium

or

**Wednesday, September 30 — Noon**

Room 1911, School of Nursing

### **Understanding Premenstrual Syndrome:**

#### **A Discussion For Men**

Ernest Y. Normington II, M.D.

Department of Obstetrics and Gynecology  
The Allentown Hospital

**Tuesday, September 29 — 7 - 8 p.m.**

Room 1911, School of Nursing

### **After Menopause:**

#### **Women and Hormone Therapy**

Donald E. Barilla, M.D.

Endocrinologist, Department of Medicine  
The Allentown Hospital

**Wednesday, October 7 — Noon**

Room 1911, School of Nursing

or

**Thursday, October 8 — 7 - 8 p.m.**

Auditorium, School of Nursing

### **Women and High Blood Pressure:**

#### **Facts vs. Myths**

Barbara Basso, R.N., M.S.

Lehigh Valley Stroke Program

**Thursday, October 22 — Noon**

Room 1911, School of Nursing

or

**Thursday, October 22 — 7 - 8 p.m.**

Auditorium, School of Nursing

## *Free Parenting Lectures*

*Sponsored by the Department of Pediatrics*

### **What If My Baby Is Premature?**

Edward C. Denny, M.D.

Director, Forrest G. Moyer, M.D.,

Neonatal Intensive Care Unit

Department of Pediatrics

The Allentown Hospital

**Wednesday, September 16**

### **First Aid For My Children**

Donald Levick, M.D.

Department of Pediatrics

The Allentown Hospital

**Wednesday, October 21**

*The parenting lectures will be held in the Hospital Auditorium from 7 - 8 p.m.*

**Reservations are necessary and can be made by calling 778-CARE.**

**Baby-sitting service available upon request    Free parking**

**Bring a brown bag lunch to the noon Lectures.**

**Refreshments provided at the evening Lectures.**



# CIRCUS DAY

*Student nurses put clown makeup on many of the children that participated in The Allentown Hospital's eighth annual Circus Day.*

*"The student nurses have always been the motivating force of the Pediatrics Department's Circus Day program," said Carol A. Shaud, child life specialist.*

*"They run the different carnival booths for the children such as the bean-bag bedpan toss and the painting with syringes," she added.*



*Almost 300 children attended Circus Day at The Allentown Hospital. A circus clown, who introduced common medical items to the children, was one of the many Circus Day attractions designed to promote a positive attitude toward hospitalization among young children.*

## **Record Number Shift** (Continued from page 1)

Wendy McNelis, R.N., assistant head nurse of the postpartum unit, said, "The twins were like the grand finale." They were born at 9:41 and 9:46 p.m. during the 3 to 11 p.m. shift. Of the other 11 babies, three were from Allentown. The rest were from Emmaus, Wind Gap, Bath, and Whitehall. There were two girls and nine boys born in the single shift.

The nursing staffs of labor and delivery, postpartum unit (3-T) and newborn nursery were all involved in the surge of activity.

LaDene Gross, R.N., head nurse of 3-T and the newborn nursery, said there was a lot of excitement among the nursing staff. "Even though there was a high number of births in a short period of time, we were able to work as a team to provide the high quality staff needed to easily accommodate all the patients' needs.

Sze-ya Yeh, M.D., chairman of the Department of Obstetrics and Gynecology and specialist in high-risk pregnancy, attributed the high number of births to the comprehensive services available at The Allentown Hospital.

"Due to our excellent maternal and children's services offered through WomanCare of The Allentown Hospital, women from the entire region seek our expertise in areas such as high-risk pregnancies and neonatal intensive care," said Yeh.

As part of the new WomanCare program, the patient rooms on 3-T were recently redecorated. All women 18 years and older who are admitted to any area of The Allentown Hospital receive a special gift package to better accommodate them during their Hospital stay.



# Award-winning Physicians Appear at Annual Residents Dinner



**Sze-ya Yeh, M.D.**, (left), chairman of the Department of Obstetrics and Gynecology, presents **Lisa Baker Vaughn, M.D.**, and **Willie J. Hilliard, M.D.**, with certificates of completion for their residencies in Obstetrics and Gynecology at The Allentown Hospital. Yeh also congratulated Vaughn and Hilliard on their award-winning research. (See related story this page.)



**Joseph A. Miller, M.D.**, (right) received the Alumnus of the Year Award from presenter **Sze-ya Yeh, M.D.**, chairman of the department of Obstetrics and Gynecology, at a dinner and ceremony honoring the graduating residents of the HealthEast Hospitals. Miller was a 1959 graduate of The Allentown Hospital's Obstetrics and Gynecology program. He was Chief of the Obstetrics and Gynecology Department at The Allentown Hospital for 10 years and is a member of the Hospital Steering Committee for **WomanCare of The Allentown Hospital**.

Willie J. Hilliard, M.D., a recent graduate of the Obstetrics and Gynecology residency program at The Allentown Hospital, has won an award for a research project, the results of which are significant to prenatal health. He was given the S. Leon Israel Prize for his study of the sexually-transmitted disease chlamydia.

Sze-ya Yeh, M.D., chairman of the Department of Obstetrics and Gynecology worked with Hilliard on the study. According to Yeh, this was the first time the S. Leon Israel Prize was presented to a resident from Allentown.

According to the study, "Prevalence of Chlamydia Infection In a Prenatal Population," chlamydia was only recently discovered to act as a sexually-transmitted disease (STD). Now chlamydia is considered the fastest growing STD in the United States. Unlike syphilis and gonorrhea, it has no obvious symptoms. But, Hilliard's study has revealed new information about the disease and its treatment.

According to Hilliard, women often do not realize they are afflicted with chlamydia. "This STD affects three to four million Americans each year and causes sterility in approximately 11,000 women," said Hilliard. This cervical infection can be passed from mother to infant at birth.

The research, funded through a \$5,000 grant from the research and support committee of the Dorothy Rider Pool Trust, found that many early infant morbidities are the result of a neonatal infection acquired during passage through an infected cervix.

It has been estimated through the research that high percentages of newborns conceived by infected mothers will have chlamydia, or develop conjunctivitis or pneumonia.

This study was made possible with the recent development of a test for chlamydia, called MicroTrak. Previously, cultures done to detect chlamydia took up to two weeks to receive results. The screening method was utilized by Muhlenberg College professor David Much, Ph.D., and produces results in a few days. Hilliard said, this test is faster and is less expensive.

The research will benefit the



# plauded

newborn even more than the expectant mother, according to Hilliard. "Through screening for chlamydia, hospitalization will be prevented for over 20 newborns in the Allentown area." He continues by saying, "The American College of Obstetrics and Gynecology suggests that prenatal packages should offer a screening for chlamydia."

Hilliard said that treatment for chlamydia can be done during pregnancy. "The treatment is simple and inexpensive, and can be implemented during pregnancy with no harm to the baby."

This is the second consecutive year an Obstetric and Gynecology resident has been honored with an outstanding award. Last year, Michael S. Patriarco, D.O., received the Phillip F. Williams Prize Paper Award.

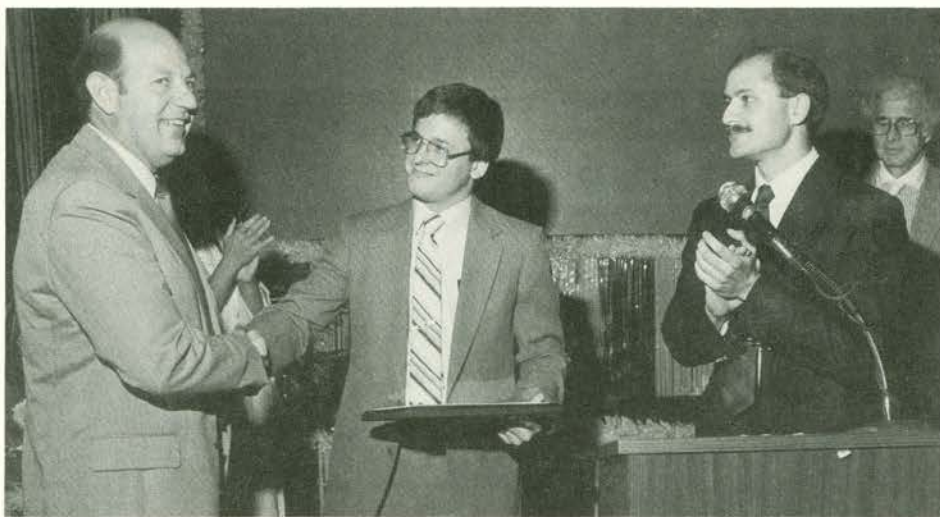
Yeh said, "Honors like these prove that The Allentown Hospital residency program in Obstetrics and Gynecology is post-graduate medical education at its best."

Hilliard said that more clinical experience is offered at The Allentown Hospital than at a lot of other programs. "Recently, sub-specialties were added in obstetrics and gynecology and this is also a benefit," said Hilliard.

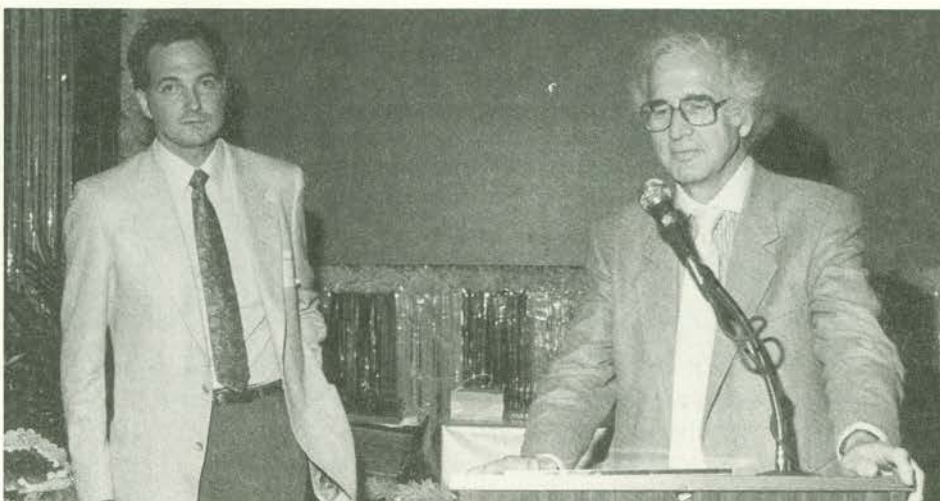
Hilliard started his residency at The Allentown Hospital in July 1983. He is originally from White Plains, N.Y., and attended Albert Einstein College of Medicine in the Bronx. He has begun a private practice in obstetrics and gynecology through the National Health Service in Roanoke Rapids, N.C.

Lisa Baker Vaughn, M.D., of the department of obstetrics and gynecology, who is also a recent graduate, worked with Hilliard on this award-winning project. She is formerly from Scranton, Pa., and attended Temple University before being accepted into the residency program at The Allentown Hospital. Vaughn is now a member of The Allentown Hospital Medical and Dental staff and practices obstetrics and gynecology in Allentown.

The award Hilliard received is presented annually in honor of S. Leon Israel who was the director of the department of obstetrics and gynecology at Pennsylvania Hospital and professor of obstetrics and gynecology at the University of Pennsylvania School of Medicine. The award was sponsored by The College of Physicians and Surgeons in Philadelphia.



Honored at the 12th annual Housestaff Appreciation Dinner, which was attended by approximately 300 people, were teachers of the year. These awards were chosen by residents from each of the programs and were given to **John S. Ziegler, D.M.D.,** Dentistry (above left); **Michael S. Patriarco, M.D.,** Obstetrics and Gynecology; **Mark A. Gittleman, M.D.,** Surgery; **Robert D. Riether, M.D.,** Colon-Rectal Surgery; and **John E. Castaldo, M.D.,** and **Glenn Short, M.D.,** Medicine. Above, Thomas R. Lambert, D.M.D., (center) and Michael A. Carol, M.D., present the Teacher of the Year Award in Dentistry to Ziegler.



A special appreciation award was presented to **Dean R. Dimick, M.D.,** chairman of the Department of Medicine at The Allentown Hospital and Lehigh Valley Hospital Center. Dimick received the award for his dedication to the education of physicians as program director of the Allentown Affiliated Hospitals Medical Residency for 20 years. Above, Dimick reflects on the growth of the medical residency program while John Nuschke, Jr., M.D., looks on.

**Members of the four-year residency program** receiving certificates of completion included: Bryan W. Kluck, D.O., fellow in Cardiology; Michael A. Carol, D.M.D., and Thomas R. Lambert, D.M.D., Dentistry; Pradeep K. Amesur, M.D., and Mukesh P. Karwat, M.D., fellows in Diagnostic Radiology; Michael Grasso III, M.D., David I. Kurtz, M.D., and David M. Leach, M.D., General Surgery; Rank O. Dawson Jr., M.D., and Dominick P. Trivisonno, M.D., chief surgical residents; J. Chris Kantarian, M.D., and M. Robert Sandfort, M.D., Colon and Rectal Surgery; Maher M. Anous, M.D., Plastic and Reconstructive Surgery; Anthony R. Gillott, M.D., fellow in Trauma and Trauma Research; James Sarnelle, M.D., fellow in Vascular Surgery; Joseph M. Gibson, M.D., Gregory J. Kent, M.D., Jeffrey J. Lucey, M.D., Nancy K. Spangler, M.D., David S. Wilgarde, M.D., Michael Coleman, M.D., Frank G. Finch, M.D., Stephen P. Fooskas, M.D., Jonathan A. Goldner, D.O., David E. Hoffman, M.D., Jamie D. Paranicas, M.D., Jacob H. Pickle IV, M.D., and Vinita E. Verghese, M.D., Internal Medicine; and Paul Gulotta, M.D., and John D. Nuschke Jr., M.D. chief medical residents and fellow in Internal Medicine.



# Medical Technology Students Graduate



**Members of the 1987 School of Technology graduating class** included: Marilyn Rader, Bethlehem; Michelle Welsh, Tamaqua; Barbara Yenser, Allentown; Laura Dunkling, Allentown; Kristin Barnhart, Middletown; Kristine Wise, East Berlin; Andrew Massakowski, Avoca; and Richard Heck, Wilkes-Barre.

The members of the 47th graduating class of The Allentown Hospital Program in Medical Technology were honored at commencement exercises held on July 23.

Of the eight graduates, two received special awards. Michelle Welsh received the academic achievement award for the highest academic performance during lecture sessions. Marilyn Rader received the clinical achievement award for the highest academic performance during laboratory sessions.

Awards were also given to outstanding teachers for the program.

Honored were clinical instructors Nancy Bickford and Marie Mingora, and outstanding lecturers Kathy Mundt and Irene Reinert. All are certified medical technologists. The outstanding teaching department was microbiology, headed by Diane Halstead, Ph.D.

Graduates of the program received 30 semester hours of college credit towards the completion of a Bachelor of Science degree in Medical Technology. The degrees were conferred by several of the program's nine affiliated colleges.

Under the direction of Proctor Child,

M.D., medical director and chairman, Department of Pathology, and Beth Cepil, certified medical technologist and program director, the program encompasses the following areas of study: blood bank, coagulation, chemistry, hematology, immunology, microbiology, urinalysis, management, and education.

Based in the HealthEast Laboratories, the students rotate through both The Allentown Hospital and Lehigh Valley Hospital Center in order to study different specialties within health care.



# Making the Rounds

**Thomas P. Englert, D.M.D.**, Department of Dentistry, was elected president of the Lehigh County Dental Society. Englert is a graduate of Ohio State University and The University of Pittsburgh School of Dental Medicine. He has maintained an Allentown practice for the past eight years.

**Houshang G. Hamadani, M.D.**, Department of Psychiatry, was invited by the Chinese Medical Association to present a research paper called, "Five Years Follow-up of Psychiatric Disorders of Children and Adolescents in a Newly-Created Clinic in Northeastern Pennsylvania." His trip included visits to Chinese psychiatric facilities and was organized as part of the Citizen Ambassador Program called People to People, an agency that sponsors international scientific exchange.

**Gregory J. Radio, M.D.**, Department of Obstetrics and Gynecology, presented a lecture to a local RESOLVE group on endometriosis, an abnormal gynecological condition. RESOLVE is a national nonprofit organization offering support to couples facing infertility. He has been elected president of the Lehigh Valley Obstetrical and Gynecological Society, which represents obstetricians and gynecologists in the Lehigh Valley.

**Peter J. Barbour, M.D.**, Department of Neurology, was granted membership in the American Association of Electromyography and Electrodiagnosis after passing a national examination. The association deals with procedures for studying nerves and muscles. Barbour is also medical director of Lehigh Valley Hospital Center's Neurodiagnostic Department and co-chairman of the Neurosciences Regional Resource Center.

**F. Geoffrey Toonder, M.D.**, Department of Cardio-thoracic Surgery, recently presented a paper on the successful treatment of a complication in cardiac surgery patients. This paper was presented at the 25th Annual Meeting of the Pennsylvania Society for Thoracic Surgeons in Hamilton, Bermuda. According to Toonder, the meeting was the most successful in the Society's 25-year history with over 30 papers presented by various cardio-thoracic surgeons from Pennsylvania and surrounding states. Toonder is also chief of cardiac surgery at Lehigh Valley Hospital Center.

**Henry Kurusz III, M.D.**, medical director of the Emergency Center and **Gerald Clement, Ph.D.**, director of Toxicology, HealthEast Laboratories, gave lectures at the "Summertime Poisons" program. Kurusz discussed "Bites and Stings" and Clement talked about "Toxicology Testing: How It Can Help."

**Martha Lusser, M.D.**, departments of Pediatrics and Neurology, presented a paper on "Congenital Muscular Dystrophy" at the annual meeting of the Pennsylvania Society of Child Neurologists in Bedford Springs, Pa.

**Richard L. Benjamin**, director of Materials Management, recently spoke at a Hospital Central Services Corporation Group Purchasing Techniques Seminar held at The Holiday Inn, Bethlehem. He presented information and procedures relevant to hospital purchasing and materials management personnel.

**William E. Tunke**, director of Occupational Therapy at The Allentown Hospital and Lehigh Valley Hospital Center, has recently been appointed to the board of directors of the Arthritis and Rheumatism Society of Lehigh Valley.

**James Giardina, R.Ph.**, Pharmacy director at The Allentown Hospital, has been elected vice chairman of the pharmacy for Hospital Central Services Corporation Group Purchasing.

**Michael L. Kowalishen**, Patient Accounts manager, attended the 1987 Annual Health Care Financial Managers Association Conference in Disneyland, Anaheim, Calif. Speakers included astronaut Wally Schirra, who gave the opening address on leadership, and several senators and congressmen, including the director of the U.S. Department of Health and Human Resources.

**Patricia A. Rhoads, R.N., C.E.N.**, of The Allentown Hospital Emergency Center, has been appointed as a delegate to the 1987 general assembly of the National Emergency Nurses Association. The emergency nurse delegates from across the country will hold their annual meeting in Boston where they will address issues affecting emergency nurses. The Pennsylvania State Council of Emer-

gency Nurses Association appointed 21 delegates this year.

**Josephine M. Ritz, R.N., M.S. Ed.**, director of the School of Nursing, attended the National League for Nursing's 18th Biennial Convention in June. The theme of the convention was "Nursing: Vital Links in the New Environment."

**Judith A. Braun, R.N., M.Ed.**, School of Nursing, spoke to teachers from the Colonial/Northampton Intermediate Unit #2 about child abuse. The course was entitled "Reinforcing the Assaulted Persons in Education." Braun is the School of Nursing's coordinator for the "Nursing of Children" course.

**Lisa Taylor, A.C.S.W.**, renal social worker, presented a paper on better kidney patient care to the Council of Nephrology Social Workers (CNSW), which is affiliated with the National Kidney Foundation. The paper was entitled "Meeting the Psycho-Social Needs of Continuous Ambulatory Peritoneal Dialysis Patients Through the Group Process."

**Francis A. Harris, R.N.**, was appointed instructor of "Nursing the Child Bearing Family," a course offered at The Allentown Hospital School of Nursing.

The Lehigh County Unit of the American Cancer Society recognized the effort made by **The Allentown Breast Diagnostic Center and Woman-Care of The Allentown Hospital** for their role in the recent breast cancer screening program. The Allentown Breast Diagnostic Center screened a total of 89 women. The Cancer Society awarded the Diagnostic Center with a plaque for service in helping to save lives by early detection of cancer.

**The Allentown Hospital's Emergency Center** provided medical coverage for the Pennsylvania Special Olympic Games held at the Muhlenberg College stadium and J. Birney Crum Stadium, Allentown, in June. Seventeen patients were treated and released during the summer games.

**Tamar Earnest, M.D.**, Department of Surgery, and **Sandra Smith, R.N., M.S.N.**, Comprehensive Community Cancer Center were guest speakers for a free lecture series sponsored by *WomanCare of The Allentown Hospital*. Earnest spoke on "Are You Vain About Your Veins?" and Smith discussed the topic, "Be Good To Your Skin."



# Founder of National Grandparents Day To Be Guest Speaker September 22

**Marian McQuade**, founder of **Grandparents Day**, will be a guest speaker at The Allentown Hospital's grandparenting class entitled "Update: Grandparenting in the 80s" on **September 22**, from 7 to 9 p.m. During this class, McQuade will present "The Importance of Grandparents." The class is designed to give grandparents an opportunity to become more involved and more supportive in their role as grandparents. The class will provide grandparents with an update of current childbirth and parenting practices and make them more aware of the changing roles of parents and grandparents today. The program is

the first of its kind to be offered in the Lehigh Valley, according to Fran Triolo, R.N., C.C.E., prenatal education coordinator.

The class will be held in the Hospital Auditorium. A tour of the Hospital is given from 9 to 9:30 p.m. The class will be offered every other month after McQuade makes her one-time appearance to kick-off this special program. Special certificates of class completion will be provided to all class attendees and McQuade will be available after the class to autograph them.

These certificates are available for

purchase at participating card stores or by returning the coupon on the opposite page. Give your grandparents a chance to meet the founder of Grandparents Day and to learn more about their important role as grandparents. A certificate which McQuade will autograph in person is a gift your grandparents can treasure forever. If they cannot attend the September lecture, the certificate will be honored at upcoming grandparenting classes, including the next one on November 3.

The class is offered every other month. For more information or to register, please call 778-CARE.



*Stanley and Elizabeth Dalickas became grandparents twice in one day — not with twins but with a grandchild from each of their two children. Matthew Anthony (right) was born to their daughter Deborah Ann and her husband, Sam Miller. On that same day, their son Robert and his wife, Sharon Dalickas, celebrated the birth of Michael Allen (left). "We were so thrilled at being doubly blessed with two grandchildren in one day," and Elizabeth Dalickas. "Being grandparents to these children is a very important part of our lives, and we love every minute with them!" she added.*



# Make Every Day Grandparents Day



*September 13 is National Grandparents Day and the Founder of this special day will be the guest speaker at the September 22 grandparenting class, one of six classes offered each year.*

Grandparents Day has a three-fold purpose, according to Marian McQuade, founder of Grandparents Day. "It is a time to honor grandparents, to give them an opportunity to show love for their grandchildren and to help children become aware of the strength, information and guidance older people can offer. That's what Grandparents Day is for," she says.

Grandparents can help children and grandchildren identify and date old photos in family albums and learn about family history, according to McQuade. Special talents, such as cooking, sculpturing or quilting should be passed on to grandchildren who display an interest. Also, old family music, songs, dances and tales can be passed down.

Grandparents Day can be a fun-filled day of discovery according to McQuade. "Most importantly, this day should be a spirit that lives throughout the year, a spirit we carry inside ourselves," she said.



## Facts About the Founder of Grandparents Day

A native of Fayette County, West Virginia, Marian McQuade and her husband, Joe, are the parents of 15 children, ranging in age from 30 to 50 years old. They also have 38 grandchildren, ages 3 months to 29 years.

McQuade began a campaign in 1973 to set aside a day for grandparents, but her work with senior citizens dates back to 1956. She has worked in several states with senior citizens and was elected vice-chairman of the West Virginia Committee on Aging. Governor Arch A. Moore appointed her as delegate to the White House Conference on Aging.

She served as president of the Vocational Rehabilitation Foundation, and vice president of the West Virginia Health Systems Agency. McQuade was also appointed to the Nursing Home Licensing Board and served as co-chairman for the Bi-Centennial Centenarian Search for the West Virginia Commission on Aging. McQuade has dedicated her life to fighting for the rights of senior citizens and those less fortunate than herself.

— Founders Advisory Committee  
Oak Hill, West Virginia

### Grandparents are special...

Give them something they can treasure forever. Send them a gift certificate for a special class, "Update: Grandparenting in the 80s" which will feature Marian McQuade, Founder of Grandparents Day, as the guest speaker.

#### TO:

Grandparent's Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

#### FROM:

Your name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_

Please enclose a check or money order for \$10 (per couple) made payable to The Allentown Hospital. Mail this coupon with payment to Public Relations, The Allentown Hospital, 17th and Chew Streets, Allentown, Pa. 18018. For more information or to register call 778-CARE. If they are not able to attend the class on September 22 with Marian McQuade, their gift certificate will be honored on November 3 or at any future grandparenting class. The class is offered every other month.



# CARE CLUB

*The staff in the labor and delivery room should be praised for their dedication and kindness. The maternity staff was considerate, professional and deeply concerned about my well-being. Many thanks to all of you!*

Mrs. Roya Anvory Shojai  
3-T patient  
Whitehall

*The nursing staff on 5-T could not have been more caring. I was impressed with their promptness in giving pain medications and keeping me informed. I would not hesitate to be a patient here again, if necessary.*

Elissa Sauer  
5-T patient  
Orwigsburg

*The nursing care was excellent. I found the nurses very professional and knowledgeable and most had an excellent sense of humor. I never thought about my concerns prior to hospitalization; however, once I was a patient I was most concerned about my new son and his care. The newborn staff was loving to him as well as being sensitive to my needs. I would like to thank everyone for their help and support. You were all wonderful!*

Deborah Gilbert, R.N.  
3-T patient  
Allentown

*I was not expecting to deliver my baby at The Allentown Hospital and I was afraid because I had no knowledge of the Hospital or staff. The staff was courteous and clearly explained all of the procedures. I felt well taken care of. Everyone was wonderful! You all made my potentially bad situation quite pleasant. Thank you.*

Sue LaRose  
3-T patient  
Easton

*I was pleased by the effortless way the personnel in all departments tried to make my stay as comfortable as possible. I want to express my thanks to all whom I had contact with while in the emergency room, operating room and the recovery room and those who made my stay as pleasant as possible.*

Carl R. Gery  
6-T  
Allentown

Public Relations Department  
The Allentown Hospital  
17th and Chew Streets  
Allentown, PA 18102

Non-Profit Org.  
U.S. Postage  
**PAID**  
Allentown, PA  
Permit No. 1624

## THE PROBE

Darryl R. Lippman  
President

Kerri L. Puskar  
Managing Editor

Maria L. Pillsbury  
Editor

Scott Dornblaser  
Photographer