

## The Use of Interval Division of Education in the Navigation of Breast Cancer Patients

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# The Use of Interval Education in the Navigation of Breast Cancer Patients

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## Identification of Problem

Feedback from patient survey and focus group revealed patients felt ill prepared for breast surgery. Education was provided but feedback showed:

- Too much information
- Not given at the proper time
- They remember getting information, but don't remember the content

## Solution

Development of an educational program providing key information at key times: at time of diagnosis, treatment, and completion of treatment (survivorship).

DIAGNOSIS	
Disease Process	Identification of Barriers
Treatment Options	Introduction of Support Services

TREATMENT		
Surgery	Chemotherapy	Radiation
Pre Op Class	Navigator Phone Contact	Navigator Phone Contact
What to Expect	Basic Information Mailed	Basic Information Mailed
Show and Tell	Wig Information	Explain Simulation
Survivor Resource	Look Good Feel Better	Side Effects
Rehab Resource	Side Effects	Survivor Resource

SURVIVORSHIP	
Survivor Programs	Healthy Lifestyle
Surveillance	Rehab Follow Up



Lehigh Valley Health Network's Cancer Center is one of only 30 sites nationwide selected to participate in the National Cancer Institute Community Cancer Centers Program (NCCCP). This program supports an increase in the availability of clinical trials, promotes multi-disciplinary services for newly diagnosed cancer patients, provides patient navigators to coordinate care with the cancer treatment team, and decreases barriers to care for the underserved in our community.



RESULTS	
Prior to Class	
"How prepared were you for surgery and how you would feel afterward?"	27% felt well prepared
After implementation of the class	
"How prepared were you for surgery after attending the class?"	83% felt well prepared