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The Use of Interval Division of Education in the Navigation of **Breast Cancer Patients**

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The Use of Interval Education in the Navigation of Breast Cancer Patients

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Identification of Problem

Feedback from patient survey and focus group revealed patients felt ill prepared for breast surgery. Education was provided but feedback showed:

- Too much information
- Not given at the proper time
- They remember getting information, but don't remember the content

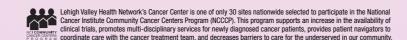
Solution

Development of an educational program providing key information at key times: at time of diagnosis, treatment, and completion of treatment (survivorship).

DIAGNOSIS	
Disease Process	Identification of Barriers
Treatment Options	Introduction of Support Services

TREATMENT			
Surgery	Chemotherapy	Radiation	
Pre Op Class	Navigator Phone Contact	Navigator Phone Contact	
What to Expect	Basic Information Mailed	Basic Information Mailed	
Show and Tell	Wig Information	Explain Simulation	
Survivor Resource	Look Good Feel Better	Side Effects	
Rehab Resource	Side Effects	Survivor Resource	

SURVIVORSHIP		
Survivor Programs	Healthy Lifestyle	
Surveillance	Rehab Follow Up	





RESULTS			
Prior to Class			
"How prepared were you for surgery and how you would feel afterward?"	27% felt well prepared		
After implementation of the class			
"How prepared were you for surgery after attending the class?"	83% felt well prepared		

