

There's a lot going on at Lehigh Valley Health Network (LVHN). In case you didn't catch all the latest news, here's a recap of what happened this week. Here are links to Mission Central posts, the latest editions of Healthy You and Magnet Attractions, Terry's Take, and Lehigh Valley Health News, our blog on LVHN.org containing timely information and health network news.

[It's Now Easier to Submit Your BP and BMI Numbers](#)

You can now self-submit your blood pressure and body mass index to help us reach our "better health" goal, which we must achieve to earn an SSP bonus.

[New Café Coming to the Jaindl Pavilion](#)

It will provide delicious menu options for people who have to eat on the run.

[Terry's Take: Healthy New Year!](#)

Terry shares how she's using her Culture of Wellness benefit to stay healthy in 2015.

[Introducing HIPAA Tips](#)

This new monthly feature will provide practical advice to help you keep patients' health information protected.

[What's Happening in February 2015](#)

Find out what's going on in the health network all month long.

[Service Anniversary List – February 2015](#)

Happy anniversary to all colleagues celebrating a career milestone in February.

[Read the Winter 2015 Issue of Magnet Attractions](#)

Our clinicians are doing incredible things, and the Winter 2015 issue of Magnet Attractions will make you stand up and take notice.

[Getting Set for Cadence Go-Live](#)

Learn about Cadence, a module within our new electronic medical record that synchronizes the scheduling and tracking of patient appointments.

[Shu Xu, MD, PhD: Pediatric Neurology Involves More Than Clinical Treatment – VIDEO](#)

Meet this physician who ensures children have the support they need in other areas of their life, such as at school.



Read the latest
issue of Healthy You

Read the latest
Terry's Take



Read the latest
issue of
Magnet Attractions

READ LEHIGH VALLEY HEALTH NEWS
a blog on LVHN.org containing
timely health information and
health network news.

< Shu Xu, MD, PhD: Pediatric Neurology Involves More Than Clinical Treatment – VIDEO

New Cafe Coming to the Jaindl Pavilion >

 GO

Know Your Numbers: It's Now Easier to Submit Your BP and BMI Numbers

We heard you loud and clear. Many of you have already been screened for blood pressure (BP) and body mass index (BMI) within the past six months, and you want an easier way to report your numbers so they count toward LVHN's Know Your Numbers "better health" goal – and toward a Shared Success Plan (SSP) bonus. Now we're making it easier for you to do just that.



If you've already been screened by your health care provider and know your BP and BMI, you can now submit them directly to employee health without a provider's signature. Here's how:

- Use your keyboard or handwrite your responses on the [biometric screening form](#).
- Sign the form electronically (by typing in your name) or by hand
- Email the form to Childress@lvhn.org or fax it to employee health through our confidential fax line: 610-402-1203.

By submitting your numbers, you'll help LVHN meet its Fiscal Year 2015 "better health" goal, which is one of the metrics we need to be eligible for a year-end SSP bonus. Our goal is 60 percent participation, and we're at far less right now.

We need your help – so please submit your numbers. Doing so will help us design wellness programs for you, and knowing your numbers will help you take charge of your personal health and wellness. As always, this information is confidential and will remain so. By submitting your numbers you also will be entered into monthly drawings to win Fitbits and other prizes, and will be eligible for one of two grand-prize drawings for a \$500 VISA gift card at the end of the fiscal year.

There now are five ways for you to submit your numbers.

- If you've already been screened by your primary care provider (PCP) within the past six months, you can self-report your BP and BMI to employee health on the [biometric screening form](#). Simply email your completed form to Childress@lvhn.org or fax it to employee health (610-402-1203).
- Get screened by your PCP and fax in the results on the biometric screening form (610-402-1203).
- Go to employee health during [walk-in hours](#) and get screened.
- If your department has 16 or more colleagues committed to being screened, ask your department head to set up an in-department screening in January or February by calling 610-402-CARE.
- Exercise physiologists and athletic trainers at LVHN Fitness and Steel Fitness can conduct screenings too. Colleagues can get screened at LVHN Fitness during [select hours](#), whether or not you're a member. Screenings are also taking place at Steel Fitness for gym members only. Visit the registration desk at a gym near you to schedule your screening.

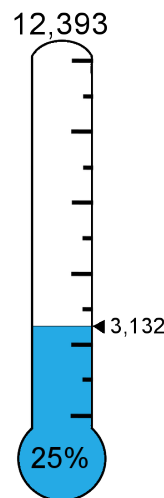
Please note – if you took your Health and Wellness Assessment (HWA) last summer, **you still need** to submit your BP and BMI numbers. Your HWA is confidential, and as such we

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Help Us Reach Our 'Better Health' Goal!

Many colleagues have already gotten their biometric screenings for blood pressure and body mass index.



There's still time to [Know Your Numbers](#), win prizes and help us reach our shared success plan goals (SSP).

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cannot pull your BP or your BMI numbers from that document. So, if you haven't submitted your BP and BMI to us through one of the five confidential methods described above, please do so today.

You need to participate by **June 30, 2015** in order for your participation to count toward our "better health" goal.

Still have questions? Read our [FAQs](#) on the employee intranet.

This entry was posted by [Sheila Caballero](#) on January 29, 2015 at 4:09 pm, and is filed under [Live Healthy](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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 GO

New Café Coming to the Jaindl Pavilion

Construction will begin in mid-February on a new café at Lehigh Valley Hospital-Cedar Crest. It will be located at the top of the staircase where the Jaindl Pavilion meets the John and Dorothy Morgan Cancer Center.



"We're actually replacing what is an antiquated café that is in need of renovation," says Andy Barsky, Sodexo's resident district manager for Lehigh Valley Health Network (LVHN). "The café currently in that area is actually a converted small classroom. It's the kind of place where if five people show up, it's overflowing and backed up."

The new café will be about 18-feet long and operated by the two Sodexo employees who currently work at the existing café. It is scheduled to open in mid-March. At that time, the old café will be closed and renovated into a space for vending machines offering coffee, soda and other items.

"The new café will be similar to what you'd see in a food court at an airport," Barsky says. There will be a variety of healthy breakfast items as well as pre-made sandwiches, drinks and desserts that you can grab and go. Made-to-order salads and sandwiches, fresh-made soups, unique items like chili or sushi, and a variety of wellness options also will be available. It will be open the same hours as the current café, 7 a.m. to 2:30 p.m.

The café will not have daily entrees or a grill for hot food. It will be designed to get people who do not have a lot of time in and out quickly. "This will be a much more attractive area all around," Barsky says. "It's more in line with the image we like to convey at LVHN. It was time for a change."

Menu items:

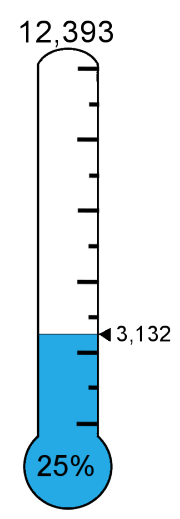
- Made-to-order deli sandwiches (Choose your bread, meat, cheese, toppings and condiments.)
- Featured sandwiches with a healthy approach
- Salads (A variety of premium, fresh-made salads will be available. You can choose your dressing, toppings and dried ingredients. A composed grain salad with a homemade dressing, as well as salads featuring sustainable, locally-grown ingredients also will be available.)
- Soups (Two soups will be made fresh daily.)
- Coffee
- Assorted Coke beverages
- Healthy breakfast options

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This entry was posted by [Ted Williams](#) on January 29, 2015 at 4:30 pm, and is filed under [Get News](#), [Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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< LVHN Cancellations Due to Snow

Get Inspired by Our Clinicians: Read the Winter 2015 Issue of Magnet Attractions >

Terry's Take: Healthy New Year!



Like many of you, I anticipate the beginning of a new year. I reflect on the previous year, thinking about all that has occurred both personally and professionally. I look forward to a new year, filled with hope, new events, reality and promise.

I was thinking aloud about this January blog and what I would write. My grown daughter, in her senior year at college, suggested that I remind our employees about our [Culture of Wellness benefit program](#) that provides each Choice Plus member with \$700 toward approved wellness offerings for themselves or their dependents. As she prepares to enter the post-college work force, she is keenly aware of benefits of potential employers and views the LVHN wellness dollars as something not many employers offer.

Our wellness dollars enable me to be a member of [LVHN Fitness](#) and participate in exercise classes. I enjoy both solitary exercise to give me think time and class exercise for the camaraderie. I don't want to divulge the names of my class friends but I do enjoy their banter and quiet company as I struggle to keep up with them! Those teaching the class are top notch as well. This year, I am going to add to my fitness experience by engaging in some personal training to enhance my balance, flexibility and strength, a weakness (no pun intended) of mine.

Some of you, I know, participate in classes, get massages, or engage in personal assessment opportunities. I encourage you to share with me and your colleagues your thoughts about entering the New Year and how, if applicable, you manage to use your wellness dollars and/or fit wellness into your life. Your stories and comments might inspire your colleagues as well!

Happy New Year to all of you. I am blessed with family I love, a career that is rewarding, and colleagues who I respect and admire. I wish you health, happiness and peace, and I look forward to hearing how the LVHN culture of wellness inspires you to achieve wellness in your life.



[Click here to download the Culture of Wellness brochure](#) and read about the many opportunities available to us.

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Terry Ann Capuano

ABOUT ME: My name is Terry Capuano, RN and I am the chief operating officer (COO) at Lehigh Valley Health Network (LVHN). I have worked at LVHN for 30 years, serving as COO for the last five years. I greatly enjoy meeting colleagues, sharing stories and enhancing relationships throughout the network. [Learn More](#)

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This entry was posted by [Terry Capuano](#) on January 27, 2015 at 12:23 pm, and is filed under [Be Inspired](#), [Connect with Colleagues](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

10 comments

Jennifer Fink 3 DAYS AGO

The culture of wellness program is a great benefit! As an active gym member I use all my culture of wellness dollars each year, and often run out by October. My favorite way to spend them is on personal training but I have also used them to visit the lifestyle center and receive coaching on better nutrition from our weight management colleagues.

[LOG IN TO REPLY](#)

Carolyn Davidson 3 DAYS AGO

The Culture of Wellness dollars are immensely appreciated and definitely factored into my personal challenge to become more fit. As a runner... though not a fan of the treadmill – having a health center with this option, it certainly helps to maintain the training in these winter months. The variety of sites covered by the benefit is also valued. Carolyn

[LOG IN TO REPLY](#)

Mary Szyetecz 2 DAYS AGO

I was all set to complain, but I looked at the Culture of Wellness booklet and we now have a local place on the list that has a pool! I like to swim. I'll check it out. Thank you.

And for those of you who walk or run, let me pass along a mobile app for you - Zombies, Run! It is available on both iPhones and Android phones. I have heard very good things about the app – it tells a story and, from what people I know have told me, it adds a fun and motivating component to running and walking. I am not posting a link (you can find it) and have no association with the company, not at all – just wanted to pass along something that might make running and walking more fun.

[LOG IN TO REPLY](#)

Ashley Miller 2 DAYS AGO

I have worked for the network for almost two years and have yet to take advantage of my Culture of Wellness benefit. Terry, thanks to your blog I downloaded the COW brochure and was amazed by how many exciting opportunities are available to us. I had always assumed there wasn't anything that would interest me, but I was clearly wrong. I am now looking forward to signing up for some classes and trying new fitness activities in 2015!

[LOG IN TO REPLY](#)

Denise Snyder 2 DAYS AGO

I am proud of our network taking strides to help with employee wellness; yes there is a but, the but is the availability of hours the Health and Wellness centers are open and the approval of outlying gyms to join. I work dayshift, at the Muhlenberg campus across from the wellness center. The Wellness center is only open to 8pm. Since there are no gyms approved by the network in my area (Carbon County) this would require me to drive approximately 22-25 miles to attend the required gym visits necessary for the month for reimbursement on my day off. I am asking that this be re-evaluated and am asking for an additional hour, until 9pm, that the gym remains open. This has been a conversation on my unit and many of us agree that we would join and go after work, a good way to work off the stress of the day. Since this initiative is going to affect our SSP for FY15, I am asking for the extended gym hours as a trial for 3 months to see if enrollment increases in reflection of the availability of the added hour. On our unit RHCM we are doing the "Biggest Loser" and have established 3 teams of 6. Our wellness board is proactive to increased activity and smarter food choices. That added hour could be the key to us losing weight in Epic proportions.

LOG IN TO REPLY

Denise Snyder 2 DAYS AGO

I would like to add my dayshift hours are 12 7a-7p.

LOG IN TO REPLY

Terry Capuano 5 HOURS AGO

Denise,
I loved hearing what the RHCM is doing at LVHM – the biggest loser, wellness boards and your interest in the Fitness Center. I will look into extended hours for the weekdays. Stay tuned...
Terry

LOG IN TO REPLY

Terry Capuano 1 HOUR AGO

Denise,
In talking to our fitness leadership, they will be organizing the schedule to meet the request of your staff! Many thanks to them. In fact, they already knew about your request through Bob Begliomini and were beginning to see how this could be arranged. Stay tuned for information as to when the extended hours will begin.
Terry

LOG IN TO REPLY

Stephanie May 1 DAY AGO

Like some other colleagues have commented, I enjoy using the fitness center and I've spoken with our weight management colleagues about nutrition – I was happy to learn our Culture of Wellness benefits applied to nutrition counseling and my nutritionist was wonderful! As Dean of Wellness for my department I like to come up with different challenges that my colleagues can enjoy around their wellness, and they give me great ideas, too! They've suggested everything from physical challenges like stair climbing challenge to mental wellness challenges like "Middle Name Day". It's fun to be active in our wellness together!

LOG IN TO REPLY

Terry Capuano 5 HOURS AGO

Jenn, Carolyn, Mary, Ashley and Steph – so glad to hear how you are using your dollars. There are many options and I was happy to see that each of you have found the options that best suit you and your wellness goals. I have read that March is the month most people fall off their wellness journey and return to old habits. All the best to you as you continue on your routine throughout the winter months!

Terry

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Introducing HIPAA Tips

HIPAA, or the Health Insurance Portability and Accountability Act, is a federal law that protects the confidentiality and security of health care information. As health care professionals, it's our responsibility to follow HIPAA guidelines to ensure our patients' medical information is protected.

Failure to keep health information protected happens more frequently than you might think and often results in serious consequences. "In 2014 we investigated 204 reports of privacy breaches," says Lehigh Valley Health Network (LVHN) privacy officer Melissa Blihar. "Those investigations resulted in 19 terminations and 24 other disciplinary actions."

Terminations were related to accessing patients' medical records without a business or clinical need to do so at the time of the access. Most of the disciplinary actions were related to disclosing patient information to an inappropriate party.

To help you keep patients' health information protected, we're introducing HIPAA Tips. Each tip will include practical advice you can use every day, as well as information to help you better understand HIPAA. A new tip will be posted each month.

HIPAA Tip #1: Verify. Verify. Verify.

Always check and double-check that all the information you are handing to a patient or family member is intended for that patient. For example, when giving a patient discharge instructions, make sure every page is intended for that patient.

When emailing or faxing information, verify that the email address or fax number is correct before you hit "send."

For privacy issues, contact LVHN privacy officer Melissa Blihar at melissa.blihar@lvhn.org or 484-884-1410.

For compliance issues, contact LVHN director of compliance service Cory Flickinger at cory.flickinger@lvhn.org or 484-884-1965.

To report a concern anonymously, call 1-877-895-2905 or visit LVHN.ethicspoint.com.



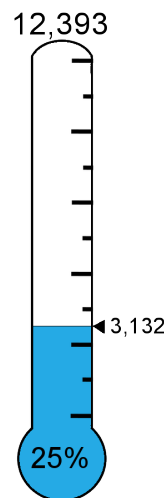
Search bar with a magnifying glass icon and a green 'GO' button.

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Motivational Monday: Time is a Teacher >

What's Happening in February 2015

Culture of Wellness

- Starting Feb. 2** – Monday Morning Moms
- Starting Feb. 5** – Thursday Morning Moms
- Feb. 5** – Breast-feeding Baby (at Lehigh Valley Hospital-17th Street)
- Feb. 7 and 28** – Preparing for Childbirth (one-day class)
- Feb. 8, 16 and 22** – Maternity Tour
- Feb. 8 and 22** – Sibling Tour
- Feb. 9 and 23** – CPR for Family and Friends
- Feb. 10** – Car Seat Check – FREE
- Feb. 10 and 26** – Breast-feeding Baby
- Feb. 11** – CPR for Family and Friends (at Lehigh Valley Hospital-17th Street)
- Feb. 12** – Parent Workshop: Raising Boys
- Feb. 12 and 26** – Thursday Evening Moms
- Feb. 14** – Baby Care (one-day class)
- Feb. 17** – Parenting Workshop: Peaceful Parenting
- Starting Feb. 18** – Preparing for Baby (six-week series)
- Feb. 19** – Grandparenting Workshop
- Feb. 21** – Safe Sitter
- Feb. 22** – Spanish Maternity Tour

Blood Drives

- Feb. 20** – Lehigh Valley Hospital-Cedar Crest ECC rooms 9 and 10, 8 a.m.-5 p.m.
Register at giveapint.org.
- Feb. 27** – Lehigh Valley Hospital-Muhlenberg ECC rooms B, C and D, 7 a.m.-3 p.m.

Events

- Feb. 13** – Lehigh Valley Hospital-Muhlenberg Auxiliary Bake Sale, outside cafeteria, 8 a.m.-6 p.m.

VALIC – Your Retirement Plan at Work

VALIC Retirement, the company managing our retirement plans, will host this seminar at the following locations:

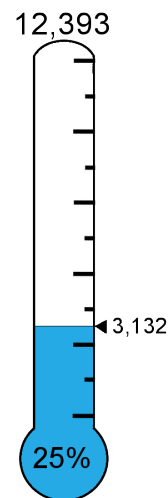
- Feb. 10** – 12-1 p.m.; Mack Boulevard room 6B
- Feb. 11** – 12-1 p.m.; Lehigh Valley Hospital-Cedar Crest ECC room 5

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Feb. 19 – 12-1 p.m.; Lehigh Valley Hospital-17th Street auditorium

Feb. 25 – 12-1 p.m.; Lehigh Valley Hospital-Muhlenberg ECC room D

Registration is required to attend one of these seminars. [Click here to register](#) and enter one of the following codes:

- For Mack Boulevard seminar: LVHALL11AZ
- For Lehigh Valley Hospital-Cedar Crest seminar: LVHALL11AV
- For Lehigh Valley Hospital-17th Street seminar: LVHALL11AR
- For Lehigh Valley Hospital-Muhlenberg seminar: LVHBET11AS

VALIC Retirement advisors are available to help you at:

[Lehigh Valley Hospital-Cedar Crest:](#)

Jeff Hofmann: 610-402-8801

Michael Ryan: 610-402-8801 (Advisor for LVPG colleagues)

[Lehigh Valley Hospital-17th Street:](#)

Tim Schroyer: 610-969-2625

[Lehigh Valley Hospital-Muhlenberg and Health Network Laboratories:](#)

Kevin Gertz: 610-392-9912

Recreation Committee

Phantoms Hockey

Lehigh Valley Phantoms vs. Wilkes-Barre/Scranton Penguins

Sunday, March 22, 5:05 p.m. game time

Tickets are \$19 each. Seats are in section 122.

Reservation form can be found on the [Recreation Committee website](#).

Employee Discounts

Renaissance Allentown Hotel, 12 North Seventh Street, Allentown

LVHN corporate rate: \$119 plus tax

Regular rate: \$170 and up

How to reserve a room at the corporate rate:

- 1) Visit the [Renaissance Allentown Hotel website](#).
- 2) Select your dates, number of rooms and numbers of guests/room.
- 3) Click on "Special Rates & Awards."
- 4) Scroll down to "Corporate/Promotional Code" and enter **L70**.

MP Outfitters (three store locations)

Show your Lehigh Valley Health Network ID badge in February and receive 25 percent off regularly priced apparel and footwear. (This discount is not valid at Health Spectrum Pharmacy.)

This entry was posted by [Ted Williams](#) on January 26, 2015 at 1:00 pm, and is filed under [Get News, Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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Service Anniversary List – February 2015

Happy Anniversary to all colleagues celebrating a career milestone at Lehigh Valley Health Network in February!

45 Years

Linda Hinkle, patient transport services

40 Years

Kenneth Miller, respiratory administration and support

Susan Niemkiewicz, pain management

35 Years

Michelle Adams, MICU/SICU

Jet Bortz, ambulatory surgery unit

Cheryl Hoffner, courier services

30 Years

Daunissa Hechler, nursing float pool

Sue Hein, Center for Women's Medicine

Laurie Kilian, revenue cycle

Donna Miller, pediatrics

Lisa Seibert, pharmacy

25 Years

Tod Cook, biomedical services

Carol George, HealthWorks

Regina Hesch, employee health services

Joan Hobel-Moyer, pharmacy

Anita Iasiello, diagnostic radiology

Cheryl Kraemer, nursing information services

20 Years

Judith Brooks, LVPG Internal Medical

Nancy Crane-Roberts, LVPG college health services

Michael Guelzow, special procedure unit

Danette Missmer, rehabilitation services

Staci Palmer, cardiac cath lab

15 Years

Michelle Antrim, operating room

Diane Brown, case management

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Cheri Confalone, psychiatry
Patricia deAngelis, LVPG Internal Medicine
Diane Fritts, Fairgrounds Surgical Center
Anne Helwig, ABC Family Pediatricians
Ivette Jones, ambulatory surgery unit
Rachelle Keiffer, Burn Recovery Center
Tina Kern, surgical oncology
Kim Kiefer, Regional Heart Center-Medical
Karin Lightner, maternal fetal medicine
Shelly Marks, emergency services
Kristy Mazzitelli, Epic
Alberto Mendiolina, 5CP
Jean Novak, NORI
Joanne Price, radiology administration
Bibi Shaikh, The Guidance Program
Jane Stephen, transitional skilled unit
Donna Streeter, ICU

10 Years

Cathryn Amman, cardiac cath lab
Tabitha Bennick, Hematology Oncology Associates
Kelly Bigg, 4K
Betty Bohorquez, Latino health initiative
Ruth Cortes, respiratory administration and support
Misty Davis, pharmacy
Louise DeFranco, case management
John DeHoff, medicine clinics
Patti Fick, 7T
Gregory Floyd, operations
Cheryl Fox, information services
Barbara Giberson, 7T
Jennifer Groff, rehabilitation services
Scott Hamilton, Lehigh Valley Anesthesia Services
John Hess, security
Megan Ingram, perinatal unit
Shannon Kacsur, operating room
Lawrence Koch, Regional Burn Center
Paul Mattern, Health Spectrum Pharmacy
Eugenia Pearson, Lehigh Valley Heart and Lung Surgeons
Miriam Ramos Martinez, 7T
Lauren Reiss, physical therapy
Amy Sales, urogynecology
Patricia Simms, pharmacy

Joan Smith, financial services

Jessica Squillante, Cardiac Diagnostic Center

Charisse Stevenson, kidney acquisition

Jennifer Trubilla, Hemodialysis Center

Glaris Van Gelder, Epic

William Vostinak, HealthWorks

Tammy Winterhalt, department of family practice

Lisa Zamora, ER coding

5 Years

Shaina Briel, respiratory care

Claudia Busse, pediatrics administration

Annette Dadura, information services

Jane Daley, express admissions unit

Laura Danner, pediatric unit

Meghann Dollak, 6N adult psychiatry unit

Ronnie Geiger, engineering

Kathleen Gibson, LVPG Internal Medicine

Rachel Gregori, emergency department registration

Katy Gross, physical therapy/occupational therapy

Carl Handwerk, 7C

Jessica Harrigle, LVPG billing

Nancy Hendrickson, clinical appeals

William McLaughlin, MedEvac

Ashley Milkovits, Epic

Teresa Mori, ABC Family Pediatricians

Thomas Schiffert, supply distribution services

Melissa Seibel, case management

Paul Siegfried, psychiatry

Sarah Simco, imaging physics

Christine Sook, cancer financial services

Davier Strausser, HealthWorks

Jennifer Walker, emergency department

This entry was posted by [Alane Mercer](#) on January 30, 2015 at 1:30 pm, and is filed under [Celebrate, Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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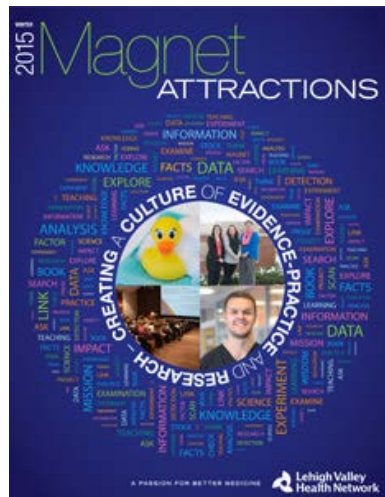
Shu Xu, MD, PhD: Pediatric Neurology Involves More Than Clinical Treatment – VIDEO >

Get Inspired by Our Clinicians; Read the Winter 2015 Issue of Magnet Attractions

Our clinicians are doing incredible things, and the Winter 2015 issue of Magnet Attractions will make you stand up and take notice. It's available exclusively right here on [Mission Central](#). You can [comment on each story](#). You also can flip through the issue or download a printer-friendly PDF.

Inside you'll meet:

- [Four LVHN nurses](#) who presented at the 2014 National Magnet® Conference
- [Three nurse residents](#) who submitted abstracts to UHC's Annual Conference
- [Three students](#) in DeSales University's DNP program
- [Award recipients and presenters](#) from LVHN's 2014 Research Day
- [Mentors on evidence-based practice and research](#) who are here to help you



Magnet Attractions profiles our story at LVHN and shows how our clinical staff truly magnifies excellence. Read it quarterly on the Magnet Attractions tab on Mission Central. Let us know your thoughts about Magnet Attractions on Mission Central by [registering to leave a comment](#).

This entry was posted by [Kyle Hardner](#) on January 28, 2015 at 11:59 am, and is filed under [Connect with Colleagues](#), [Get News](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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KNOW YOUR NUMBERS

Help Us Reach Our 'Better Health' Goal!

Many colleagues have already gotten their biometric screenings for blood pressure and body mass index.

12,393



There's still time to [Know Your Numbers](#), win prizes and help us reach our shared success plan goals (SSP).

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GO

Getting Set for Cadence Go-Live

It's nearly a month into the New Year and you're finally getting used to writing (typing or texting) 2015 as you update all the calendars you keep. There's a good chance that among the items on your 2015 schedule are medical appointments that you set up months ago. Advance scheduling and registration is critical for our ambulatory practices. It means patients are in our offices on the right days and times; providers and staff are ready to see those patients; and the right information is in our system to help ensure we provide, and can bill for, great patient care.



Getting In-Sync with Cadence

With Epic, our front desk scheduling and registration colleagues will use a module called *Cadence* to synchronize the scheduling and tracking of patient appointments across LVHN. Because *Cadence* works within the whole of the Epic electronic medical record (EMR) system, it will allow us to register a patient and then view all the appointments a patient has with providers across the LVHN system. That coordination of information is going to be hugely beneficial, but preparing for the switchover from our current scheduling and registration processes means our front desk and scheduling colleagues are hard at work preparing for a mini Go-Live of their own with *Cadence*.

Conversion Weekend

In preparation for the *Cadence* Go-Live is Conversion Weekend on February 7 and 8. That weekend, a large contingent of front desk and scheduling colleagues will add guarantor and demographic information into registrations that have partially converted into the new *Cadence* application. This team of *Cadence* experts will ensure each practice has two weeks' worth of patient appointments fully registered for the Go-Live time period...which then leads to *Cadence* Go-Live on Monday, February 9.

Because patient scheduling is fluid and constant, the *Cadence* application needs to go-live ahead of the Wave 1 Go-Live (remember, that's happening February 18.) Once *Cadence* is "live," all appointments made for dates after February 17 will be done in the *Cadence* application, not CPO, so they will be part of the soon-to-go-live LVHN Epic EMR system.

Wave 1 Ambulatory

Now: Register for Wave 1 end user training on TLC **and** [complete your prerequisite courses](#)

Now: Technical Dress Rehearsals (TDR) and Application Dress Rehearsals (ADR) in ambulatory settings

Jan. 5–Feb. 6: Wave 1 end user training

Feb. 4, 2015–March 11, 2015: [PTO restrictions in effect for Wave 1](#) (ambulatory) colleagues

Feb. 7–8: Wave 1 conversion weekend

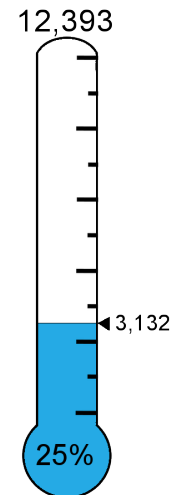
Feb. 9: Wave 1 [Cadence](#) Go-live

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Feb. 18, 2015: [Go-live for Wave 1, ambulatory settings](#)

Mid-2015 and beyond: Optimization

Wave 2 Inpatient

Now: Wave 2 inpatient equipment delivery and set-up

Now through May 1, 2015: Wave 2 testing

March 23–27: Wave 2 pilot training

May 11–31: Wave 2 super user training

June 1–July 26: Wave 2 end user training

July 20, 2015–Aug. 14, 2015: [PTO restrictions in effect for Wave 2](#) (inpatient) colleagues

Aug. 1, 2015: [Go-live for Wave 2, inpatient settings](#)

Keep up with news about the LVHN Epic transformation on the [LVHN Epic intranet site](#).

This entry was posted by [Jenn Fisher](#) on January 30, 2015 at 3:31 pm, and is filed under [Get News, Learn](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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 GO

Shu Xu, MD, PhD: Pediatric Neurology Involves More Than Clinical Treatment – VIDEO

We are producing videos of our doctors and advanced practice clinicians (APCs) to help our community find trustworthy health care providers. We will share them here to introduce you to these colleagues. You'll learn about their personality, philosophy of care and inspiration for practicing medicine. These videos are embedded in our website's [Find a Doctor](#) tool, where you can learn about each provider's educational background and more. Enjoy!

As a board-certified neurologist with special qualifications to treat children, [Shu Xu, MD, PhD](#), provides more than clinical treatment for his patients' neurological conditions. He also ensures they have the support they need in other areas of their life, such as at school.



"It's very rewarding to help people and make a difference in their life," he says.

He sees patients at [LVPG Pediatric Neurology – Health & Wellness Center](#).

Get to know him with this video.

This entry was posted by [Alyssa Young](#) on January 28, 2015 at 12:53 pm, and is filed under [Connect with Colleagues](#), [Watch](#). Follow any responses to this post through [RSS 2.0](#). You can [leave a response](#) or [trackback](#) from your own site.

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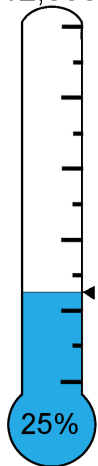
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3,132

25%

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