

Research Day 2015: Driving Clinical Nurses to Lead Innovation and Change

Thursday, Oct. 29 • 4–7 p.m.

followed by Research Day Quality Awards Reception

Friday, Oct. 30 • 7 a.m.–3 p.m.

Lehigh Valley Hospital–Cedar Crest
Lehigh Valley Health Network Employee Auditorium
1200 S. Cedar Crest Blvd., Allentown, PA 18103

Target Audience

Registered nurses and nursing students

Designation Statement

It is Lehigh Valley Health Network's policy to ensure balance, independence, objectivity and scientific rigor in all of our sponsored educational programs. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Lehigh Valley Health Network is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Completion Criteria:

Registered nurses must attend at least one of the sessions (pre-conference, morning session, afternoon session) and complete the evaluation for each session attended to receive the following:

- RNs attending the pre-conference will receive 1.5 contact hours.
- RNs attending the morning session will receive 4.0 contact hours.
- RNs attending the afternoon session will receive 1.75 contact hours.

Registration

Registration deadline: Oct. 25, 2015

Registration fee for the conference includes the educational program and any food listed.

LVHN Colleagues **Free** **External Participants** **\$90**

(Additional \$10 for on-site registration)

Non-LVHN Employees: To complete electronic registration and payment please go to LVHN.org/CE-calendar.

LVHN Colleagues: To complete electronic registration please [click here](#). You will receive an email confirmation of your registration. Please keep this information since it contains your receipt and instructions in case you need to cancel.

LVHN colleagues, please bring your LVHN badge the day of the event since we will be using the badge swipe to record your attendance.

ON-SITE REGISTRATION

On-site registrations may be available if space permits at an additional fee of \$10. Please be prepared for additional time to process your registration when you arrive. Payment can be made on-site by check or credit card only.

Cancellations and Substitutions

Refunds will be granted up to one week prior to the conference. After one week prior to the conference, no refunds will be granted. Lehigh Valley Health Network reserves the right to substitute faculty listed in this brochure and will provide comparable alternative faculty.

Evaluation Email Policy

Lehigh Valley Health Network respects your right to privacy and will not sell, lease or provide your contact information to a third party. By registering for this event, you agree to be contacted after the event for a post-event evaluation survey. RNs should note that contact hours may only be awarded when the completed evaluation is received.

For questions, please contact the Division of Education at 610-402-2277, option 1.

Directions

Lehigh Valley Hospital–Cedar Crest site is located at 1200 S. Cedar Crest Blvd., Allentown, PA 18103. Directions may be found on our website at LVHN.org. Click on "Facilities and Directions" and choose Cedar Crest.

Funding to support Research Day is provided by The Peggy Fleming Endowed Chair in Nursing.

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Pre-Conference Agenda

THURSDAY, OCT. 29, 2015

- 4–4:30 p.m. Registration
- 4:30–6 p.m. **Ideas to Execution and Dissemination: Nuts and Bolts of Research and EBP Projects**
A discussion between Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FAAN, FNAP, FAAN, The Ohio State University and Kevin Gosselin, PhD, Texas A&M
Lehigh Valley Health Network Employee Auditorium
Objectives:
- ▶ Describe the process of developing and translating a clinical question into a research proposal or EBP project.
 - ▶ Delineate the connection between the problem, research question(s) and methodological approach or in the case of an EBP project: the 7-steps of EBP.
 - ▶ Apply best practices in dissemination of research and EBP projects.
- 6–7 p.m. **Research and Quality Awards Reception** (session not for credit)
Event will take place at the Richard Fleming Educational Conference Center inside Medical Imaging of Lehigh Valley Conference Rooms 6, 7 and 8
Please join us while we present the Research and Quality Awards to teams within the network.
Drinks and appetizers will be available during the reception.

Morning Session Agenda

FRIDAY, OCT. 30, 2015

- 7–7:45 a.m. Registration (beverages will be served)
- 7:45–8 a.m. **Welcome**
Anne Panik, MS, BSN, RN, NEA-BC
Senior Vice President and CNO, Patient Care Services
- 8–9:30 a.m. **Transcending Boundaries to Transform Health Care Through Intervention Research and Evidence-Based Practice**
Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FAANP, FNAP, FAAN
Objectives:
- ▶ Discuss the state of health care and health of Americans.
 - ▶ Describe the “So What” factor in research and evidence-based practice.
 - ▶ Discuss how to build an impactful program of research.
 - ▶ Describe future tactics for improved health care and better patient outcomes.
- 9:30–9:45 a.m. Break / beverages available
- 9:45–11:15 a.m. **Showcase of Projects**
- Modified Early Warning Score Effect in the ICU Patient Population**
Anne Rabert, RN, DHA, CCRN, NE-BC
- Radiation Oncology – Fulfilling a Need for Research, Education and Practice: Effectiveness of Calendula Lotion for Radiation Dermatitis**
Jennifer Bergenstock, BSN, RN, OCN, and Mary Konek, RN, OCN, BA
- When Minutes Matter...The Timing of Insulin**
Renelle Stauffer, RN, MSN, and Anna Dixon, RN, BSN
Objectives:
- ▶ Discuss impact of developing a research question that has potential to improve patient care through innovation and promotion of change.

11:15 a.m.–
12:15 p.m.

The So What Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research Into Practice

Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FAANP, FNAP, FAAN

Objectives:

- ▶ Discuss why the “So What” factors are important in research and EBP.
- ▶ Describe important questions related to the “So What” factors in research and EBP.
- ▶ Describe specific components of two research studies that yielded “So What” outcomes.
- ▶ Discuss lessons learned from an implementation/dissemination study designed to translate a research-based intervention into real-world clinical practice.

12:15–1 p.m.

Lunch provided for registrants attending all day

Please pick up your lunch in Kasych Family Pavilion Educational Conference Center room 5.

Seating is available in the Richard Fleming Educational Conference Center inside Medical Imaging of Lehigh Valley Conference Rooms 6, 7 and 8.

Afternoon Session Agenda

AFTERNOON SESSION REGISTRATION – AUDITORIUM LOBBY

1–1:45 p.m.

CREST – Foot Care

Monica Melo, DNP, RN, ACNS-BC, CWOCN, CFCN

Objectives:

- ▶ Discuss impact of developing a research question that has potential to improve patient care through innovation and promotion of change.
- ▶ Discuss barriers to the implementation of practice change and strategies to overcome them.
- ▶ Describe results of performance improvement activity and implications for the future.

1:45–2:45 p.m.

Mixed Methods

Kevin Gosselin, PhD

Objectives:

- ▶ Delineate the main mixed methods research designs and use of each design according to the type of research question.
- ▶ Articulate how mixed methods research can provide a more comprehensive approach to an issue within your organization than if a single method (quantitative or qualitative) were to be used.
- ▶ Determine methods for forming symbiotic and collaborative partnerships among methodologists, statisticians, administrators and practitioners to facilitate patient, organization or other outcomes for populations of interest.

2:45–3 p.m.

Closing summary