

Your wrap-up of the week's news from LVHN Daily. 4/3/15

Why Are Some Colleagues Disciplined for Arriving Late During Bad Weather or Using Sick Time?

Jane Leary, HR director of employee relations, provides an overview of the attendance and other HR policies.

New Coffee Shop Café at LVH-Cedar Crest Now Open

It's located at the top of the steps where the Jaindl Pavilion meets the John and Dorothy Morgan Cancer Center.

Wave 2 Pilot Training

Wave 2 Epic champions and subject matter experts visited LVHN-One City Center to experience applications in person.

Disney Star Sabrina Carpenter to Appear at Community Canvas Grand Finale

Find out how you and your family can attend.

Visit the New Populytics Website

Populytics.com will help us market our population health management and advanced analytics tools nationwide.

Service Anniversary List – April 2015

Happy Anniversary to all colleagues celebrating a career milestone at Lehigh Valley Health Network in April!

Rep. Dent Tours LVHN's Special Diseases Unit at LVH-M

Rep. Dent learned how we would care for a patient with Ebola or another highly contagious disease.

Lose Weight with Professional Help

Our Supportive Weight-Loss Program includes six months of counseling and support from a dietitian, behavioral health specialist and exercise physiologist.

Sweety Jain, MD, to be Inducted Into Honor Society

She's the first LVHN SELECT faculty member to be honored.



Read the most recent Terry's Take





Visit the new LVPG website

Read Lehigh Valley Health News

a blog on LVHN.org containing timely health information and health network news.



HIPAA Tip #3: View Your Medical Information Properly

To help you keep patients' health information protected, we give you monthly advice and information to protect privacy.

Brain Surgery at LVHN: Meet Mark Li, MD, PhD – VIDEO
Our neurosurgeons have honed their expertise by doing nearly twice as many brain surgeries as most of their peers.

Why Are Colleagues in Our Hospitals Busier Than Ever?

BY RICK MARTUSCELLI · MARCH 25, 2015



LVHN president and chief executive officer Brian Nester, DO, MBA, FACOEP, addressed this question during Casual Conversations sessions. His answer explains why colleagues are so busy and what we're doing about it.

I know colleagues in our hospitals are very busy. It's a constant concern for me and the other members of our leadership team because we don't want colleagues to feel overwhelmed at work. Before I explain why colleagues are busy and what we are doing to address this, I want you to know I appreciate everything you do, and I thank you for your continued dedication to our patients and community.

The reason colleagues are busy is that – like most hospitals – we expected to experience a decline in acute admissions. As a result, we adjusted beds and staffing. While hospitals throughout the nation are experiencing declining admissions, we are not. That means people are continuing to choose LVHN for care, which is great news. However, because we're experiencing more admissions, colleagues have to perform the already stressful job of providing care at a pace that is sometimes frenetic and always challenging. Consequently, it's harder for you to be at your best so you can provide the quality care our patients and families expect and deserve.

Here's the challenge we face: How do we staff our hospitals with the right amount of caregivers when the number of admissions is so unpredictable? If only we could accurately predict our number of admissions. The reality is, we can't. In fact, our number of admissions fluctuates from month to month.

We're responding to our need for more caregivers by quickly adding colleagues to our team. We're putting special emphasis on hiring nurses. Each month I talk with a roomful of new colleagues at our orientation program, Connections. The number of colleagues in attendance at each program likely outnumbers the amount of employees other hospitals hire in a year. It shows just how unique our health network is, especially during these times of reform.

Our leaders will continue to explore new ways to ensure our hospitals are optimally staffed in a way that also is financially responsible. It's not easy, but LVHN has never backed down from a challenge. It's why you've stepped up to the plate during these busy times. As an emergency medicine physician, I know how enormously stressful it is to provide care, and I am amazed at how well you have continued to provide excellent care. Thanks for your continued hard work and your patience as we work to bring new colleagues to our team.

New Coffee Shop Café at LVH-Cedar Crest Now Open

BY TED WILLIAMS · MARCH 30, 2015



The Coffee Shop Café, Sodexo's new café area located at the top of the steps where the Jaindl Pavilion meets the John and Dorothy Morgan Cancer Center, is now open. The new café replaces a smaller cafe that was located adjacent to this location.

The new café is about 18-feet long and is operated by two Sodexo employees. It is open Monday through Friday from 7 a.m. to 2 p.m. Cash and credit cards are accepted. Purchases made in the café count for Sodexo Rewards Card members.

The menu includes:

- Made-to-order deli sandwiches and paninis (Choose your bread, meat, cheese, toppings and condiments.)
- Featured sandwiches with a healthy approach
- Salads (A variety of premium, fresh-made salads are available. You
 can choose your dressing, toppings and dried ingredients. A
 composed grain salad with a homemade dressing, as well as salads
 featuring sustainable, locally-grown ingredients also are available.)
- Soups (Two soups are made fresh daily.)
- Coffee
- Assorted Coke beverages
- Healthy breakfast options

The new café is designed to get busy people in and out quickly. The old café area has been renovated into a space for vending machines offering coffee, soda and other items.



Wave 2 Pilot Training

BY JENN FISHER · APRIL 2, 2015

Pilots are required to complete a series of checklists before taking off. These checklists cover everything from instruments and engines to fuel and weather. Anything that might have an impact on the success of the flight is accounted for before the craft ever lifts off the ground. That same attention to detail – and focus on successful outcome – was the purpose behind last week's Wave 2 Pilot Training sessions that took place downtown Allentown at the LVHN Epic training facility.

Medical director for the LVHN Epic transformation project, Michael Sheinberg, MD, says the Epic pilot training program has valuable benefits for both participants and the LVHN Epic staff. "Pilot training provides Epic champions and SME's (subject matter experts) a first look at the curriculum that's been developed by our training team. It also



gives the experts a chance to provide feedback on content and delivery that will maximize the end user experience training experience," he says.

An Epic Flight

Several hundred LVHN Wave 2 colleagues attended training classes that were relevant to their work areas. For Valerie Hunsicker, CPAS, manager of imaging systems with the radiology department, that meant attending pilot training for Front Desk and Non-Invasive Technology. "It was very interesting to see what our new workflow will be in our departments. It was great for all of us to see the screens the staff will actually be working on," she says. "While our workflow may change in our departments and at our front desk, having the capability of filling out our patient forms and documenting all of the patient information directly in the system will make our process better."

Expectant mothers and labor and delivery colleagues will benefit from changes that obstetrician/gynecologist Amanda Flicker, MD, with LVPG-Maternal Fetal Medicine-3900 Hamilton Blvd. saw in her Stork (OB/GYN) and Surgery classes. "What I saw was a streamlined flow of the patient through the process," Flicker says. "It will also be helpful to see both the ambulatory record and inpatient record in one system once Epic is 'live'."

The training sessions also drew on experiences and lessons learned by LVHN Epic colleagues during Wave 1 training and implementation. "The content and curriculum for Wave 2 pilot training were overall more streamlined and efficient," Sheinberg says. "Our training team incorporated much of the Wave 1 learnings for training specific to our organization already so the look, feel and focus felt closer to our own. This made the process of feedback more efficient this time around."

That feedback was added to the 'parking lot' so suggestions could be evaluated for possible implementation. "Our comments about key points for the trainers to emphasize and about the flow of the training were well-received," Flicker says.

Ready for Epic

The next stage for colleagues is training. Wave 2 super user training begins May 11, and Wave 2 end users start June 1. Based on Hunsicker's experience at pilot training, she wants her colleagues to look forward to the next stage. "While the screens look very different than our current system and our workflow may change in our departments, the end result will be the same. Please do not go into the training being apprehensive or pessimistic about the system. It's a great system."

"This system is really exceptional and you will get the hang of it through training and by playing in the Epic Playground after you have training," Sheinberg says. "By spending time in the Playground you can really get accustomed to how the application you will use looks and works."

Your Epic Calendars

Wave 2 Inpatient

Now: Wave 2 inpatient equipment delivery and set-up

Now through May 1, 2015: Wave 2 testing

May 11-31: Wave 2 super user training

June 1-July 26: Wave 2 end user training

July 20, 2015-Aug. 14, 2015: PTO restrictions in effect for Wave 2 (inpatient) colleagues

Aug. 1, 2015: Go-live for Wave 2, inpatient settings

Wave 1 Ambulatory

Mid-2015 and beyond: Optimization

Keep up with news about the LVHN Epic transformation on the LVHN Epic intranet site.

Disney Star Sabrina Carpenter to Appear at Community Canvas Grand Finale

BY TED WILLIAMS - APRIL 3, 2015

Actress and singer Sabrina Carpenter, who plays Maya Hart in the popular Disney Channel television series "Girl Meets World," will make an appearance at the Community Canvas 2015 Grand Finale from 1 to 4 p.m. Sunday, May 17, at PBS Studios, 839 Sesame St., Bethlehem. Doors will open to the public starting at 12:30 p.m.

Community Canvas is an art competition for area elementary school students sponsored by Children's Hospital at Lehigh Valley Hospital, Lehigh Valley Art Spark and Communities in Schools. The purpose of Community Canvas is to encourage area children to eat healthy and live well.

Carpenter, 15, hails from Quakertown. She got her start in acting in 2011 with a role on "Law & Order: SVU" and started singing professionally the same year. Carpenter had a role in the 2013 file "Horns" with Daniel Radcliffe before joining the cast of "Girl Meets World" that year. Her debut



music single "Can't Blame A Girl For Trying" was released by Radio Disney last year. Her debut album, "Eyes Wide Open," was released in January.

Families are encouraged to go to LVHN.org/canvas to register for the Sabrina Carpenter appearance at the grand finale.

There will be 10 participants in the Grand Finale, winners of five preliminary-round events, each featuring a specific elementary school, that have been conducted each month since January. A winner is selected by the audience at each event and a second winner is chosen through a Facebook vote. At the Grand Finale, each child artist will receive one surprise canvas and a mystery lunchbox of art materials, and will have 45 minutes to create their artwork based on an overall Community Canvas healthy theme.

Two preliminary events remain – April 21 at Bethlehem Area Public Library featuring students from Lehigh Valley Academy Regional Charter School of Bethlehem, and May 6 at the Capital BLUE store at the Promenade Shops of Saucon Valley featuring students from Hopewell Elementary School of Center Valley.

Artwork from all Community Canvas events will be displayed at the Children's Hospital Art Gallery inside the Kasych Family Pavilion at Lehigh Valley Hospital – Cedar Crest, as well as other LVHN facilities.

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Families are encouraged to go to LVHN.org/canvas to register for the Sabrina Carpenter appearance at the grand finale. You must be 18 or older to register for the event.

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Visit the New Populytics Website

BY RICK MARTUSCELLI · APRIL 2, 2015

Populytics has a new website. Visit populytics.com to check it out. Populytics, a for-profit subsidiary of LVHN, provides the information and expertise organizations need to map the journey to value-based care by enabling high-quality, cost-effective care.

The new website has a cleaner look and feel, and provides a user-friendly experience. "It will help us market Populytics" services nationally to Accountable Care Organizations (ACOs), health systems, health care providers, brokers and employers," says Jaclyn Solick, RN, Populytics marketing and communications coordinator.

The website clearly defines the services Populytics offers, the benefits of each and what sets Populytics apart from the competition. Services include:



out.

Population health analytics – Collects clinical data from health care providers and claims data from insurance companies, analyzes it and transforms it into actionable information health care providers can use to keep populations healthier

- Health benefits administration Helps employers manage the administrative services encompassing its selfinsured health benefits
- Health benefits consulting Helps employers uncover opportunities for health plan design modification with data insights
- Care coordination Enables health care providers to provide the right care at the right place and time
- BeneFit corporate wellness Helps employers safeguard the health of their workforce by inspiring employees to adopt healthier lifestyles

Visitors to the site can request a demonstration of Populytics' services, see a list of conferences at which Populytics colleagues are presenting or exhibiting, meet members of the Populytics team and learn about its history. The website also allows users to share information from the site on social media.

More features are planned for the website, including pages that speak directly to various audiences. The Populytics team also is working to create case studies, white papers, webinars and more resources to educate prospective clients on the value of its services.

Service Anniversary List – April 2015

BY ALANE MERCER - MARCH 31, 2015

Happy Anniversary to all colleagues celebrating a career milestone at Lehigh Valley Health Network in April!

40 Years

Mary Boyle, Regional Heart Center-Medical

35 Years

Doris Gillette, 5CP

Patrick Kincaid, Populytics

Nancy Marsh, cardiac catheterization lab

Daniele Shollenberger, concussion and head trauma program

Deborah Swavely, health systems research and innovation

Kathleen Tomel, benefits verification

Mary Wirth, radiology Mary Yackabonis, pre-admission testing 30 Years Edward Alex, patient receivables Joseph Felix, payer contracting Kevin Gross, radiology Tania Kincaid, pre-op staging Judith McDonald, radiation oncology Thomas Rothrock, MedEvac Geraldine Schreiber, ICO staging and recovery 25 Years Sherie Mohn, ultrasound Carole Owens, ambulatory surgical unit Donald Shambo, MedEvac Suzanne Sostak, supply chain analytics Diane Steltz, pre-op staging Wendy Weaver, LVPG Pediatrics-Center Valley Dawn Yenser, PGME-emergency medicine Sharon Zellner, patient accounting 15 Years Nancy Alekna, LVPG Internal Medicine-Muhlenberg Cheryl Andrews, Center for Women's Medicine Rebecca Bartholomew, medical oncology Susan Bernhard, 402-CARE Tara Ferry, float pool–case management Shawn Hawkins, Health Spectrum Pharmacy Adelaide Higgins, home care-physical therapy

Sandra Infanti, Fairgrounds Surgical Center Janine Lynn, Children's ER Tina Miller, operating room Kathryn Scott, case management Maureen Shaughnessy-Toy, endoscopy-G.I. lab Lissette Trexler, LVPG reimbursement Christina Wignovich, LVPG Pediatrics-Trexlertown Kathleen Young, Fairgrounds Surgical Center 10 Years Olga Almodovar, Centro De Salud LatinoAmericano Maria Alvarez, messenger services Linda Applegate Cook, human resources Gary Clauser, LVPG Neurology-1250 Cedar Crest Jesenia Cruz, maternal fetal medicine Allyn Danni, rehabilitation services Denise Dries, hospice-home health Rachel Dries, case management Jason Eckhart, Epic Carolyn Gaffney, LVPG Adult Psychiatry-Muhlenberg Anibal Garcia, security Margaret Hadinger, Center for Educational Development and Support Leighanne Hartman, NORI Nicole Herd, mammography Glynis Hood, open-heart unit Karen Keichel, LVPG Cardiology-1250 Cedar Crest John Kelly, pharmacy Rebecca Klausfelder, LVPG Obstetrics and Gynecology-West End

Erin Mooney, heart station

Laurie Moshier, nursing administration Julie Patterson, inpatient rehabilitation Carol Pollitt, transitional skilled unit Roxie Reimert, nursing float pool Cindy Shlanta, ICO staging and recovery Nancy Sterner, emergency department Esteban Suriel, vascular lab Lynn Welliver, perinatal unit Alice Yepsen, LVPG Adult and Pediatric Psychiatry-1259 Cedar Crest Kerry Yost, LVPG Family and Internal Medicine-Bath 5 Years Gary Arner, nursing float pool Linda Boyle, rehabilitation services Kristin Cleaver, emergency department Michelle Demko, CT scan Amy Fitzpatrick, LVHN Fitness Barrie Fitzsimmons, 2K south Robert Fox, Epic Courtney Gottshall, pediatric unit Dana Gould, pharmacy Ann Greenawalt, Cancer Center multi-purpose area Marianne Haftl, intensive care unit Marybeth Herb, rehabilitation Mary Hontz, rehabilitation services

April Horton, LVPG Cardiology–1250 Cedar Crest
Lisa Kacmar, neurosciences
Mi Ran Kim, physical medicine

Samantha Koehler, transitional skilled unit Christopher Kruslicky, infomration services Lucille Laico, home care Kristen Larimer, family medicine residency Carrie Lowthert, 7T Nicole Lucas, Cancer Center multi-purpose area Mary Madara, rehabilitation services Joelene Manta, operating room Rebecca Marzen, 6N adult psychiatry unit Jack McCambridge, engineering Michael Minnelli, supply distribution services Kathryn Minnich, 6N adult psychiatry unit Debora Mohr, Children's ER Taylor Page, labor and delivery Jaimee Ramsden, LVPG Obstetrics and Gynecology-Valley Center Parkway Robert Rex, medical records Sarah Rodriguez, Regional Burn Center Claudia Santiago, Centro de Salud LatinoAmericano Erling Santos, AIDS Activities Office Teresa Sauro, pharmacy Elizabeth Schofield, LVPG Maternal Fetal Medicine-Montage Elizabeth Scott, 5T Deborah Seymour, operating room Janine Shoemaker, LVPG Family Medicine-Catasauqua Olivia Strawn, LVPG Family Medicine–Kutztown Molly Thompson Chavez, population health Marina Tyma, LVPG Endocrinology-1243 Cedar Crest

Jean Upton, cardiac rehabilitation

Lia Vrablik, HealthWorks-Bethlehem

Jeanette Ward, 5CP

Keith Williams, engineering

Nneka Williams, 7B

Rep. Dent Tours LVHN's Special Diseases Unit at LVH-Muhlenberg

BY BRIAN DOWNS · APRIL 3, 2015

Nearly three months since the Pennsylvania Department of Health and the federal Centers for Disease Control and Prevention (CDC) designated LVH-Muhlenberg one of Pennsylvania's four official Ebola treatment centers, Lehigh Valley congressman Charlie Dent toured our special diseases unit.

Emergency management and infection control leadership showed Rep. Dent what would happen if a patient with suspected Ebola or another highly contagious disease came to one of our hospitals, was diagnosed and had to be treated in isolation. He got to



see the facility modifications, specialized laboratory equipment, monitoring equipment, telemedicine technology and personal protective equipment that would be used to safely treat a patient in the special unit.

"I was gratified at what I saw during my tour," Dent says. "In meeting the technicians, nurses, physicians and other

support staff, it is apparent that the hospital is ready to not only receive and treat potential victims of Ebola and other highly infectious diseases, but to prevent the spread of these diseases as well."

Dent's visit followed recent approval by Congress of an emergency supplemental appropriation to help fund the Ebola preparedness response, which included some funding targeted to CDC-designated Ebola treatment centers. In addition to LVH-Muhlenberg, approved treatment centers in Pennsylvania include Children's Hospital of Philadelphia, the Hospital of the University of Pennsylvania and Penn State Milton S. Hershey Medical Center.

As a designated treatment center, LVH-Muhlenberg's specially outfitted isolation unit may be called upon to accept incoming patients from overseas and to treat and monitor those patients for the duration of their illness. This also means the proper preparations, protocols and staffing must be in place to treat these patients at a moment's notice.

LVHN has not treated any Ebola patients to date and no confirmed cases have occurred in Pennsylvania. While the likelihood of LVHN caring for a case of Ebola remains very slim, we decided that it was a responsible investment for the safety of our community to be fully prepared and to take steps to become a designated center.

Lose Weight with Professional Help

BY SHEILA CABALLERO · MARCH 31, 2015

There is a growing body of evidence that proves strong links between the foods we eat and our ability to maintain good health. But sorting through the clutter of contradictory health studies can be confusing. That's where support from weight-loss experts – and our Culture of Wellness benefit –can help.

Our Supportive Weight-Loss Program includes six months of counseling and support from a dietitian like Joanie Troutman (pictured), a behavioral health specialist and an exercise physiologist. Here is how these professionals can help you:

- A dietitian will help structure a meal program that includes smaller, more frequent meals with the right balance of nutrients.
- A behavioral health specialist can identify your mental and emotional reasons for eating and suggest behavior



modifications.

• An exercise physiologist will create a personalized fitness plan that can be done at home or in the gym.

For Choice Plus members, the cost of the program is reimbursed 100 percent through our \$700 Culture of Wellness benefit.

The program also is for people who want to maintain or enhance their nutrition, or alter their body composition. While everyone's health and wellness challenges are unique, incorporating advice from a weight management professional into your life can:

- Give you more energy
- Improve your blood sugar
- Give you a new perspective on nutrition and the resources and support to make your goals attainable

Call 610-402-CARE to register for our Supportive Weight-Loss Program or to learn about other weight management programs.

Sweety Jain, MD, to be inducted into Alpha Omega Alpha Honor Society

BY TED WILLIAMS - APRIL 1, 2015

SELECT faculty member and family medicine physician Sweety Jain, MD, with Lehigh Valley Family Health Center, has been selected for induction into the University of South Florida (USF) Health Morsani College of Medicine Gamma Florida Chapter of the prestigious Alpha Omega Alpha (AOA) Honor Society in the faculty category.

Jain is the first faculty member from Lehigh Valley Health Network (LVHN) to be so honored. She was selected by Gamma Florida Chapter faculty members for her dedication to teaching and scholarly activity, according to the chapter's faculty leadership. She will be formally inducted on April 14 in Tampa, Fla.

Sweety Jain, MD, Family medicine

AOA is a national honor society for medical students, residents, scientists and physicians from the United States and Canada that was founded in

1902 for the promotion of scholarship and research in medical schools and the recognition of achievement in medical science, practice and related fields. There are 123 AOA chapters in medical schools nationwide and more

than 150,000 members, including more than 50 Nobel Prize winners in medicine and chemistry. About 75 percent of American medical school deans are AOA members. The AOA's Gamma Florida Chapter at the Morsani College of Medicine was established in 1976.

"The news of my nomination to AOA came as a surprise," Jain says. "I am indeed honored and very humbled, as I know that our faculty here at LVHN and at USF has worked diligently toward the continuing success of the SELECT program. I believe in the program wholeheartedly and enjoy working in the different roles that I have been assigned."

Jain has been involved with SELECT since the medical school collaboration between LVHN and USF Health began in 2011. The program includes two years of study at USF Health's campus in Tampa, followed by two years of clinical experience at LVHN, with additional training in leadership skills, the fundamentals of health care systems, and values-based patient-centered care. She sits on the admissions committee and also is a professional development coach to SELECT students. More recently, Jain orchestrated a month-long medical mission for three SELECT students at the Institute for Indian Mother & Child in Kolkata, India.

In addition to patient care and teaching, Jain leads the "Medical Home Project," which aims at improving health care and the quality of life of individuals with disabilities. In this regard, she has received numerous awards and honors such as the Dr. Mark Young Service Excellence award, the Allen D. Diebler award for advocacy and the Inglis Foundation award for continuing excellence. Jain also has founded the "Women's Physicians Affinity Group" at LVHN along with her physician colleagues. She has been awarded numerous grants and has been published and presented widely.

HIPAA Tip #3: Viewing Your Medical Information Properly

BY RICK MARTUSCELLI · APRIL 1, 2015

HIPAA, or the Health Insurance Portability and Accountability Act, is a federal law that protects the confidentiality and security of health care information. As health care professionals, it's our responsibility to follow HIPAA guidelines to ensure our patients' medical information is protected. To help you, a new HIPAA Tip is posted on LVHN Daily each month.

Colleagues with access to electronic systems as part of their work processes are permitted to view their own non-sensitive medical record information at their workstation. "This includes information such as laboratory and radiology results," says LVHN privacy officer Melissa Blihar. However, printing or downloading the information is not permitted.



Colleagues who do not have access to the electronic systems must make an appointment with the medical records department to view their own medical information. To schedule an

appointment, call 610-402-8240.

Colleagues also are able to view their own information using MyLVHN, the new Epic patient portal.

Read the HIPAA – Release of Protected Health Information policy.

For privacy issues, contact LVHN privacy officer Melissa Blihar at melissa.blihar@lvhn.org or 484-884-1410.

For compliance issues, contact LVHN director of compliance services Cory Flickinger at cory.flickinger@lvhn.org or 484-884-1965.

To file a report anonymously, call 1-877-895-2905 or visit LVHN.ethicspoint.com.

Read previous HIPAA Tips on LVHN Daily.

To be eligible to win a prize, email Melissa Blihar your answer to the following question. A winner will be randomly selected.

What are three different ways a colleague could view his or her personal health information?

Brain Surgery at LVHN: Meet Mark Li, MD, PhD – VIDEO

BY ALYSSA YOUNG - MARCH 30, 2015

Brain surgery is delicate work that requires the touch of a skilled artisan. Lehigh Valley Health Network's neurosurgeons have honed their expertise by doing nearly twice as many brain surgeries as most of their peers. Lehigh Valley Hospital is the third-busiest brain tumor center in Pennsylvania.

Because they do more, they can do operations with smaller incisions in less time and work on parts of the brain that once had been unreachable.



"We love watching our patients go on to regular lives," says Mark Li, MD, PhD, with LVPG Neurosurgery–1250 Cedar Crest. "It is absolutely thrilling."

Learn about Li and his team in this video. Meet more of our surgeons at LVHN.org/surgery.