LVHNWEEKLY | HAZLETON

Your wrap-up of the week's news from LVHN.

April 22-27

Visit LVHN Daily-Hazleton to read these stories:

Colleague Survey Extended to April 30

You have until Monday at 11:59 p.m. to participate.

CEO Update: A Goal About You





Bereavement Policy Revised

Changes were made to meet your needs.

LVHN 5K Run/Walk Set for April 28

Register for the race at Hazle Township Community Park.

Welcome New April Colleagues

Welcome these new colleagues to our LVHN family.

Stressed? Watch Our 'Just Breathe' Video

You work hard, so take time to de-stress.

Blood Drive Set for May 8

Donate blood from 12-5 p.m.

Meet April's Service Stars





Value: It's in the LVHN DNA





LVHNNews

Hemorrhoids Are Common and Treatable

Our Commitment to Hospice Care in the Poconos

Back Surgery: Advanced Cures for Pain

Information on LVHN Weekly–Hazleton is for LVHN colleagues only and cannot be accessed on smartphones or computers outside of LVH–Hazleton's network.

Colleague Engagement Survey Extended to April 30

BY JANE DANISH - APRIL 24, 2018

If you already completed the Colleague Engagement Survey, thank you for your time and valuable feedback. If you haven't yet taken the survey, know that your feedback is vital to defining our action steps to make LVHN an even better place to work. Therefore, we are keeping the survey open for a few more days.

You now have until April 30 at 11:59 p.m. to take the survey.

To take the survey, open the email you received from survey@smdhr.com. The email contains a link to the survey. Don't delay. Complete it today.

COLLEAGUE ENGAGEMENT SURVEY NEW DEADLINE: APRIL 30 AT 11:59 P.M. Your Answers TO ACTION

Your confidentiality is guaranteed.

The survey is being administered by the independent firm Strategic Management Decisions (SMD). Cofounder and Managing Partner of SMD Scott Mondore says, "Our most important commitment is to ensure the confidentiality of individual responses is preserved at all times. No one at LVHN is ever allowed to access any individual responses."

Seize the opportunity.

This is your chance to share feedback about your LVHN work experience and help stimulate positive change. The more colleagues who participate, the more information we have to make LVHN an even better place to work and grow.

Get involved in the next steps.

SMD will compile the results. Then, senior leaders will review network-wide results and identify opportunities for improvement. Based on your answers, they'll explore immediate and long-range tactics (such as new policies or programs) to make LVHN a better place to work. Managers will receive network-wide and department-specific results. They'll attend SMD information sessions and receive tools to develop plans with colleagues that will make their department a better place to work.

Bereavement Policy Revised to Meet Your Needs

BY RICHARD MARTUSCELLI - APRIL 23, 2018

No amount of time off can minimize the grief associated with the death of a family member. At LVHN, we support you by giving you time off from work to mourn and heal with loved ones.

Recently we reviewed our practice on bereavement leave across our health network to come up with the best policy for colleagues. One of the improvements considered was for colleagues who work more than an eight-hour work schedule. The definitions of immediate family and extended family were also reviewed. To create a consistent network-wide policy that meets the needs of colleagues in times of sadness, the following revisions have been made to the bereavement leave policy. (Note: Bereavement leave for colleagues covered by a collective bargaining agreement is defined in each respective agreement.)



- 1. Grandparents-in-law were added to the definition of "extended family."
- 2. Part-time colleagues will receive a full day of bereavement pay for immediate family members based upon their work schedule (eight, 10 or 12 hours) instead of only receiving eight hours of pay.
- 3. Full-time colleagues will receive a full day of bereavement pay for extended family members based upon their work schedule (eight, 10 or 12 hours) instead of only receiving eight hours of pay.
- 4. Since Pennsylvania passed the law recognizing same-sex marriage, LVHN recognizes same-sex married couples as dependent eligible. This means the spouse of a colleague in a same-sex marriage qualifies for LVHN benefits and is an immediate family member as per the bereavement leave policy. Same-sex domestic unmarried partners are no longer defined as benefit eligible.

To read the full policy, visit the Colleague Resource Center and click "Employment Policies" and "Bereavement (Funeral) Leave."

LVHN 5K Run/Walk Set for April 28

BY JANE DANISH - APRIL 24, 2018

Come out and support LVHN in Hazleton this Saturday, April 28, at the 2018 LVHN 5K Run/Walk at Hazle Township Community Park. This event is brought to you by the Health & Wellness Center at Hazleton. Proceeds benefit the Health & Wellness Center's fitness trail.

The fun-filled day includes:

- Kids' free fun run (11 years and younger) at 9:30 a.m.
- 5K run/walk at 10 a.m.
- Post-race party sponsored by Damon's Grill & Sports Bar

Download the registration form or visit our website to receive:

- Registration information (same-day registration is also available)
- Course description and records
- Directions to Hazle Township Community Park
- Information about awards and age categories (Note: special awards will be given to colleague teams, as well as the first male and female colleague to finish the run and walk.)

If you are not interested in running or walking, you can still participate by volunteering time to help out at the event. Contact Corinne Stone at Corinne.Stone@lvhn.org or 570-501-6953.



BROUGHT TO YOU BY THE HEALTH & WELLNESS CENTER AT HAZLETON

April 28, 2018
Hazle Township
Community Park

Welcome New Colleagues – April 2018

BY JANE DANISH - APRIL 23, 2018

We are happy to welcome these new colleagues to our LVHN family.



Left-right: Paula Ochs, CRNP, LVPG Family Medicine; Discady Almanzar, central scheduling; Lauren Miller, LVPG Weatherly; Carol Pettit, surgical services; Jennifer DiScala, RN, 5th floor medical/surgical; Joselle Cutrufello, radiology

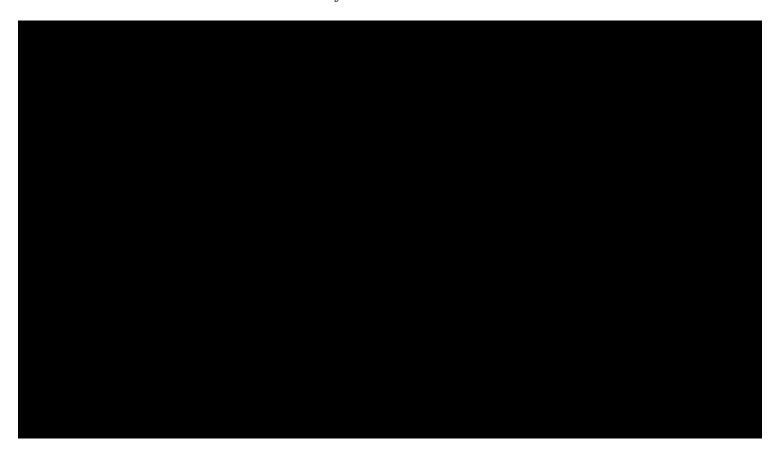
Stressed? Watch Our 'Just Breathe!' Video

BY EMILY MITCHELL - APRIL 26, 2018

Each day, colleagues give more than 100 percent at LVHN. Whether you're caring for patients directly, supporting colleagues who provide care, or working behind the scenes, our colleagues do it all. Collectively, we make LVHN great.

In support of how hard you work for our community, this month we encourage you to take time for your health and wellness by taking some deep breaths. Just breathe. Studies show breathing reduces stress and anxiety levels.

We posted this video on LVHN's Facebook page to help you and the people of our community de-stress. Watch it, then share it with friends and family on Facebook.



Blood Drive Set for May 8, 12-5 p.m.

BY JANE DANISH - APRIL 20, 2018

Have you ever wondered where your blood goes once you've given it? Here's what happens after your blood is collected:

Step 1: Your blood donation is labeled and sent to Miller Keystone's component laboratory.

Step 2: Whole blood donations are separated into two essential components: red cells and plasma.

Step 3: Your blood is typed, which includes identifying the ABO type and a positive or negative Rh factor. It is also tested to ensure that it is safe for release.

Step 4: Your blood is stored in large refrigerators and freezers at Miller-Keystone Blood Center. It is now ready for distribution to hospitals.



Step 5: The blood components are carefully packed in special temperature-controlled containers and transported to local and regional hospitals.

Step 6: Your donation arrives at a patient's bedside – typically within 10 days.

Now that you know what happens to your blood, why not make an appointment today to donate at LVH–Hazleton's blood drive?

Tuesday, May 8

LVH-Hazleton

Business and Education Center, first floor EMI room

You may register online at giveapint.org or call Lisa Marie Halecky, Community Engagement, at 570-501-4249. A personal identification card is required at time of donation.