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LVHN Weekly-Pocono

Newsletters

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LVHN Weekly-Pocono

Lehigh Valley Health Network

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LVHN news

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Colleagues Celebrate Being a Top Workplace – PHOTOS

BY [RICK MARTUSCELLI](#) · MARCH 20, 2019

LVHN was recently named a Top Workplace in the Lehigh Valley, and throughout the health network colleagues are celebrating. Check out these photos colleagues submitted to LVHN Daily as they received their giveaway and celebrated being a member of health network that is a great place to work and grow. [Share your photo](#) and look for it on LVHN Daily.

Top23a



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DOE Celebrates Being Top Workplace for Training – PHOTOS

BY [RICK MARTUSCELLI](#) · MARCH 19, 2019

On March 6, [LVHN was named the Lehigh Valley's Top Workplace for Training](#). Our health network also [made the list of the Top Workplaces in the Lehigh Valley](#). The award is given by The Morning Call (a Lehigh Valley newspaper), and the list is based solely on colleague feedback gathered through a survey administered by an independent organization. [See the schedule of celebrations](#) occurring throughout the health network.

In recognition of being named the Top Workplace for Training, colleagues in the department of education got a head start on the celebration. Here are photos the team submitted.

DOE2a



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See If You Won Phantoms Tickets for April 6 Game

BY [RICK MARTUSCELLI](#) · MARCH 18, 2019

Did you enter to win free tickets to the Phantoms game? If so, see if your name is on the list of winners below. Each winner will receive a total of two tickets to a game on April 6. Tickets may be picked up at the PPL Center box office beginning Monday, March 25.

The box office is located at 7th & Hamilton streets. Its hours of operation are Monday-Friday, 10 a.m.-5 p.m. It's also open Saturday and Sunday on event days only. Tickets also may be picked up on the evening of the game.

Tickets will be reserved under the names of the winners as listed and only released to those individuals. Photo identification, such as your health network ID badge or driver's license, will be required at the time of pick up.

Please review this list closely, paying attention to email addresses. Colleagues with identical names will be differentiated by email address, as it was completed on the entry form.

The winners are:



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Volunteers Needed for NASCAR Race Weekends in 2019

BY [RICK MARTUSCELLI](#) · MARCH 22, 2019

Volunteers are needed to help sell 50/50 raffle tickets throughout the infield and main grandstands during two weekends of Monster Energy NASCAR Cup Series races at Pocono Raceway June 1-2 and July 26-28.



All volunteers will be trained in using a hand-held computer device to complete the raffle ticket sales. The raffle is being conducted by the Mattioli Foundation for the benefit of Lehigh Valley Reilly Children's Hospital. Thanks to the work of our volunteers over the last four years, we have brought in more than \$130,000.

Volunteers are needed Friday, Saturday and Sunday of each weekend. All volunteers receive a free T-shirt to be worn the day of their shift. Parking is free. It's an easy, fun way to spend a summer day.

[More details on volunteering and online registration can be found online.](#) Feel free to register for more than one shift and invite your family and friends to volunteer with you. Be prepared to provide volunteer names, a contact phone number and an e-mail address that will be used to send your shift confirmation.

Additionally, we will raffle five pairs of tickets for each Saturday and Sunday of race weekends. Simply sign up to volunteer and you're entered. After you register, you'll receive a confirmation email with more details that will be helpful to you. Contact [Kate Booth](#) for any questions.

LVHN is proud to continue our partnership with Pocono Raceway as a sponsor and the official health care provider for its Monster Energy NASCAR Cup Series races. Our presence at these events is a wonderful collaboration that also benefits our health network. For a complete schedule of the daily activities taking place at the track, visit poconoraceway.com.

Participate in the Great River Walk Team Challenge

BY [MADELINE CHAFFEE](#) · MARCH 21, 2019

Want to boost your physical activity while participating in some friendly competition? Join us for our first-ever team challenge coming this April.

What is it?

The Great River Walk Team Challenge provides all LVHN colleagues, across all locations, the opportunity to compete against other colleagues, while boosting your health. In this physical activity challenge, your activity of choice will be converted to miles as you travel virtually along the Mississippi River.

Every 2,000 steps (or equivalent activity of your choice) that your team logs will take you further along this 2,300-mile route. For each milestone your team hits, you'll have the opportunity to review motivational messages and learn more about the river's landscape and rich history. You can also use the interactive map to check your progress as you go!

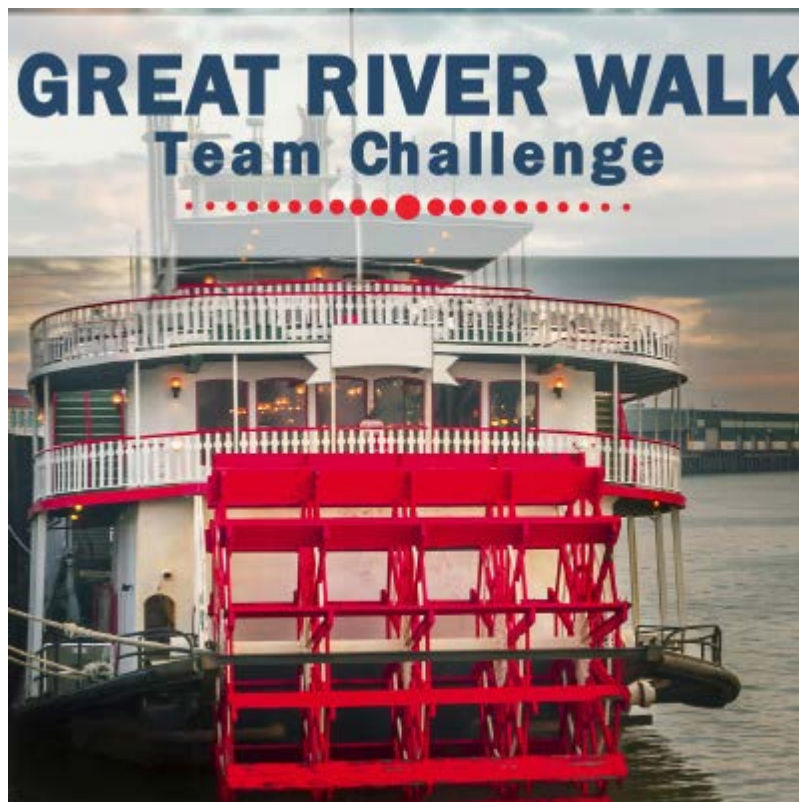
When does it start?

The Great River Walk Team Challenge officially begins on Monday, April 15, and will run until Sunday, June 9.

Individuals who enroll by April 21 will be entered into a raffle for a chance to win a Nutribullet blender.

At the end of the challenge, the team with the most miles logged will receive a gift basket full of wellness goodies, and a certificate recognizing you as the winning team.

Please read the [Great River Walk Challenge FAQ](#) for more information. If you have questions, please contact mytotalhealth@lvhn.org or 610-969-0487.



Service Star of the Month – March 2019

BY [PAULA RASICH](#) · MARCH 21, 2019

Krystal Finneran, Radiology Technician, and Denise Ward, RN, Labor and Delivery Department, LVH–Hazelton

During the delivery of her first son, Krystal Finneran was overjoyed to share the experience with Denise Ward, RN, who was by her side. A year and half later, the two came together again, but in a sad situation. Finneran gave birth to her son, Lincoln, who was stillborn at just 18 weeks.

The extraordinary care and support Finneran received from colleagues in labor and delivery at LVH–Hazelton during this traumatic time inspired her to help others get the support they need.

“Denise did not leave my side during the heartbreaking journey,” Finneran says. “You always think you will deliver a healthy child, and you think you’ll just be getting a nurse, but in turn what you get is a friend.”

While researching ways to help parents process their feelings of loss, she discovered keepsake boxes. They are given to parents affected by the death of a baby. She immediately held a fundraiser, and within one week, raised \$1,000. Luckily, she also discovered a group that will donate these memory boxes to the department. As a result, the money Finneran raised will fund additional coping supports for grieving parents.

“In your most vulnerable state, you want to feel like you are not just another mother giving birth,” Finneran says. “You want support, compassion and most of all the comfort of knowing you are not alone. That’s what I got. Every nurse on that floor is an asset to our hospital. They are strong enough to endure the worst of situations, just like mine.”



Next Steps

Nominate a Service Star.

Congratulate these PRIDE Award recipients. The PRIDE Award is part of our expanded [Service Star Award program](#).

Brian Cooper, Security Department, LVH–Hazelton

Cooper immediately recognized a combative patient who was being brought into the emergency department. During a previous visit, the patient had been violent toward staff. Wasting no time, Cooper calmly talked to the patient and deescalated a potentially catastrophic event.

Mark DiUbaldo, Shae Gratz, Richard Becker Jr., Kevin Bambrick and Nikki Nothstein, RN, LVHN–MedEvac

The MedEvac team worked together seamlessly to transfer a child from the Children’s ER to CHOP, going out of their way to ensure the child’s distraught mother and family were informed and reassured each step of the way.

Toni Dally, John Polishan, Karthik Sheka, Karen Pendzick, RN, Suzzette Armitage, RN, Mary Ann Devine, MD, Bryan Shepard, RN, Andrew Lefever, Mary Conklin, RN, Patricia Slutter, Brian Ulrich, Eileen Butz and Rev. Sherrie Sneed, LVH–Pocono

During the resuscitation of a patient, a nurse who was a member of the code blue team went into cardiac arrest. A second team was called to resuscitate her. After being taken to the cardiac catheterization lab and having stents placed, the nurse was monitored closely by the team and made a full recovery by the next morning.

Mary Furchner, RN, LVHN–One City Center

Furchner goes the extra mile to help patients with COPD make the transition from hospital to home safely and successfully. After discharge, she stays in touch with them, ensures they understand their complex therapy regimens, and helps ease their stress.

Andres Zirlinger, MD, LVPG Pulmonary and Critical Care Medicine

After seeing a patient who urgently needed a procedure to remove fluid from the space around the lungs, Zirlinger made most efficient use of time and resources. He scheduled the procedure right away, personally collected the ultrasound equipment, performed the procedure, scheduled a post procedure X-ray, and cleared the patient for discharge.

Sherry Sawka, Administrative Secretary for the Vice President of Operations, LVH–17th Street

No two days are alike for Sawka. From organizing meetings that involve hundreds of participants, to taking on new charitable and administrative responsibilities, to personally guiding a lost patient to an

appointment, Sawka is organized, flexible and service oriented. Regardless of the task, she always has a smile on her face.

Gerald Cenci, Engineering, LVH–Cedar Crest

While repairing nursing desks in MICU/SICU, Cenci was moved by the care and hard work performed by the nurses throughout the day. Instead of remaining silent, Cenci spoke up, telling a nurse, “You nurses make this health network what it is. You are the glue holding everything together.” A simple observation and word of appreciation goes a long way to boost the morale of others.

Amy Weikert and Karen Miller, Emergency Department Registration, LVH–Muhlenberg

Weikert and Miller work as true teammates to prevent chaos during the complex patient check-in process, regularly overcoming hurdles and making the overall patient registration experience a smooth, positive one.

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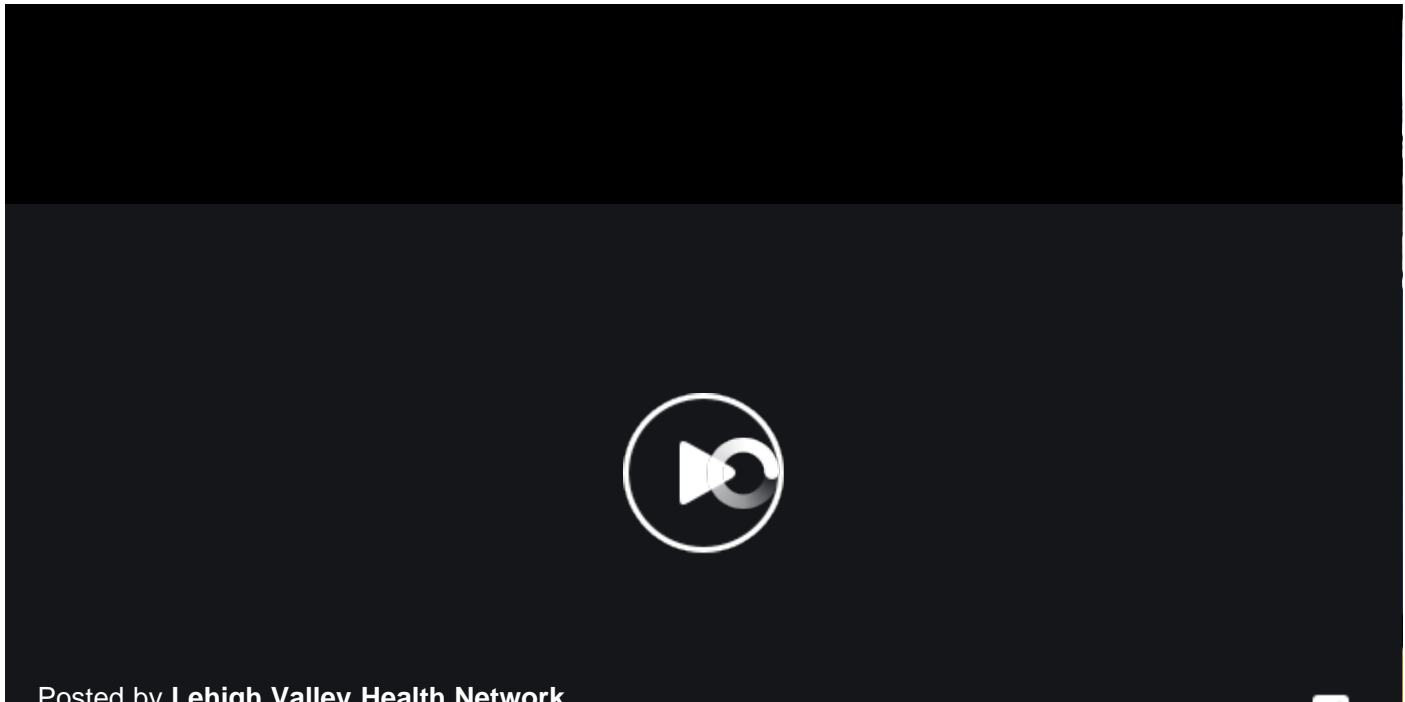
5 Most Common Basketball Injuries – Video

BY [RICK MARTUSCELLI](#) · MARCH 20, 2019

The NCAA Men's Basketball Tournament brings exciting upsets, but it also brings injuries that could interrupt a young player's career.

LVHN orthopedic and sport medicine specialist Gabe Lewullis, MD, who also is a former NCAA player himself, gives us the scoop on the most common basketball injuries.

Watch his video on our [Facebook page](#).



[Learn more about the most common basketball injuries.](#)

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LVHN Receives an Emmy – VIDEO

BY [RICK MARTUSCELLI](#) · MARCH 19, 2019

LVHN is the proud recipient of an Emmy Award!

LVHN recently received a Mid-Atlantic Regional Emmy Award for “Close to Home: Street Medicine.” We partnered with PBS39 for the production of a documentary about our Street Medicine program, which delivers primary and urgent care to area homeless people.

PBS39 recently presented the Emmy Award to LVHN President and CEO Brian Nester, DO, MBA, FACOEP, and LVHN Chief Transformation officer Debbie Salas-Lopez, MD.

[Watch a video of the award presentation](#) on PBS39's website.

