

Tell RNs About 'Walk In Wednesdays'

They'll learn about LVHN career options.

Epic Application Dress Rehearsal

It'll help colleagues prepare for Wave 2 Go-Live.

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LVHN QUARTERLY



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a blog on LVHN.org containing timely health information and health network news.



Tell RNs About 'Walk In Wednesdays'

BY [KYLE HARDNER](#) · JUNE 16, 2015

Do you know a registered nurse who does not work at LVHN?

If so, ask him or her these questions:

- Are you a registered nurse with one or more years of experience in an acute-care setting?
- Are you looking for a rewarding and fulfilling career challenge?
- Do you want to work inside a Magnet® recognized nursing environment?

If the person answers yes to any of these questions, then Wednesdays in June and July are the perfect time for him or her to check out career options at LVHN. Every Wednesday through the end of July, LVHN is hosting Walk-In Wednesdays from 8 a.m. to 3 p.m. at LVHN—Mack Boulevard.



At a Walk-In Wednesday event registered nurses can:

- Ask questions about working at LVHN and get answers from a nurse recruiter
- Learn about available career pathways
- Discover more about our orientation program
- Learn about our nursing structure
- Discover what it means to work in a Magnet® environment

No appointment is needed. Anytime between 8 a.m. and 3 p.m., interested individuals can enter LVHN–Mack Boulevard’s main entrance and request to speak with a nurse recruiter at the main reception desk.

LVHN currently is seeking to add experienced nurses in the following areas:

- Children’s services
- Critical care
- Emergency department
- Home care
- Medical-surgical
- Oncology
- Perioperative services
- Progressive-step down
- Women’s services

Want to learn more? [Search our current job openings.](#)

Tags: BSN Careers Jobs Nursing Recruitment

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Attention Nurses With (or Getting) BSN Degrees:
LVHN Wants You to Attend a Graduate Nurse
Recruitment Event

Epic Application Dress Rehearsal (ADR)

BY [JENN FISHER](#) · JUNE 18, 2015

Dress rehearsals are part of the process of “getting it right,” whether you are getting married or transitioning to a brand new electronic medical record system. There is nothing like spending time working out the little things that can trip you up so you end up with a result that looks effortless.

As part of Wave 2 Go-Live, the LVHN Epic team is holding application dress rehearsals (ADRs) with several inpatient units/departments. The team is also working with some of the Wave 2 ambulatory sites that are part of the Wave 2 Go-Live on their own ADRs so they are prepared as well.

As Wave 1 sites discovered, the ADR process was hugely successful in increasing their comfort with the system as well as identifying gaps prior to the actual Go-Live. It also provides an opportunity for super users to practice their role prior to Go-Live.



Save the Date: Inpatient Application Dress Rehearsal (ADR)

On Sunday, July 12, inpatient colleagues from selected units and departments will take part in ADR (also known as Mock Go-Live) from 8 a.m. until 12 noon. Epic inpatient process coordinators are contacting selected sites to identify the roles needed for this rehearsal. End users will be expected to walk through the scenario while having the super user support them. (Reminder: Super users are dedicated to colleague support 100 percent of the time during the first two weeks of Go-Live and 50 percent of the time during weeks three and four.)

The objective of inpatient ADR is to walk through a few identified scenarios with the units and departments to ensure they are ready for Go-Live. The LVHN Epic team will test high volume/high risk workflows, with a goal of selecting units/departments to represent each area so any unique workflows will be captured.

The selected scenarios tested during the ADR will occur simultaneously, which allows the end user teams and the project team to test areas that may elevate issues at Go-Live. Each scenario may take up to 30 minutes, however depending on its complexity, it could take longer. Overall total time allocated for this Mock Go-Live/ADR is between 3-4 hours.

A command center will also be in place for this practice run. If super users encounter an issue they are not able to resolve, they can call the I/S support center at 610-402-8303 and select option 5 for Epic.

Save the Dates: Wave 2 Ambulatory Application Dress Rehearsal (ADR)

Several ambulatory locations are going live with Epic on Aug. 1 too. To prepare those sites, the LVHN Epic team will also conduct ADRs at several locations during the week of July 12. As with the inpatient ADR, the Wave 2 ambulatory ADR sites will walk through a few identified scenarios at the practices or departments to ensure they are comfortable with the processes and system, and are ready for Go-Live.

Ambulatory ADR sites for Wave 2 include:

- Endocrine testing station
- Audiology
- Cardiac Rehab (Phase 2/3)
- ExpressCARE LVHN–Tilghman
- Sleep Disorders Center

The LVHN Epic team and site super users will provide support to help walk end users through a scenario. An example of a typical scenario used for Wave 1 involves a patient going through the process of a routine office visit. This scenario utilizes a check-in/-out staff member, a clinical staff member, a provider, as well as super users to support them. Ambulatory ADRs will be tailored to the specialty/practice and type of staff requested.

For locations taking part in inpatient or ambulatory ADR, an ADR/Mock Go-Live Packet will be sent to them with additional information. If you have any questions, please send them to Epic@lvhn.org.

Factoid: ADR is not the same as Technical Dress Rehearsal (TDR). TDR tests the functionality of hardware at all Wave 2 sites while ADR tests the workflow process and end user readiness for Go-Live.

Your Epic Calendars

Wave 2 Inpatient

Now: Wave 2 inpatient equipment delivery and set-up

Now–June 26: Wave 2 Technical Dress Rehearsal (TDR)

June 1–July 26: Wave 2 end user training

July 12: Wave 2 Inpatient Application Dress Rehearsal

July 14: Wave 2 Super User Refresher meeting. *(Two times available. Register on TLC.)*

July 20, 2015–Aug. 14, 2015: PTO freeze (restrictions) in effect for Wave 2 (inpatient) colleagues

Aug. 1, 2015: [Go-live for Wave 2, inpatient settings](#)

Wave 1 Ambulatory

June 25: Wave 1 Super User meeting

Mid-2015 and beyond: [Optimization](#)

Tags: Epic

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Watch June's Leader-to-Leader Video



Epic Charge Reconciliation: New Roles &

Responsibilities

19 JUN, 2015

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Epic Patient Movement Matrix Day

4 JUN, 2015

Watch June's Leader-to-Leader Video

BY [ASHLEY MILLER](#) · JUNE 19, 2015

Do you want to know what's going on in our health network? Watch the Leader-to-Leader meeting. Leader-to-Leader meetings are held the third Thursday each month in the Lehigh Valley Hospital-Cedar Crest auditorium and simulcast to participants at Lehigh Valley Hospital-17th Street, Lehigh Valley Hospital-Muhlenberg, Lehigh Valley Hospital-Hazleton and Mack Boulevard. Using a PowerPoint presentation as a guide, guest speakers share updates on key issues and initiatives.

[Welcome / Service Star](#)

[EPIC](#)

[Inpatient Access and Patient Flow](#)

[Ambulatory Growth](#)

[LVHN Goals and Growth](#)

(Please note you must be logged on to our intranet with Internet Explorer in order to access the videos. You also need to have Microsoft Silverlight installed on your computer. If the links do not open properly, try refreshing your

browser. If you have questions or need assistance, please contact information services at 610-402-8303.)

Tags: Ambulatory Epic Goals Growth L2L Leader-to-Leader

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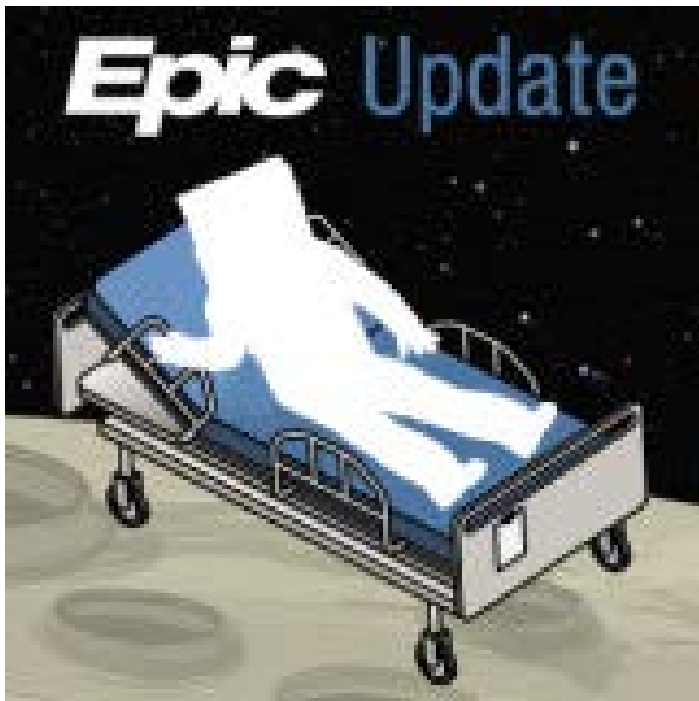
Epic Application Dress Rehearsal (ADR)

18 JUN, 2015



Epic Charge Reconciliation: New Roles & Responsibilities

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Epic Patient Movement Matrix Day

4 JUN, 2015

Board of Associates Celebrates 25th Anniversary

BY GERARD MIGLIORE · JUNE 15, 2015

For the past 25 years, members of LVHN's Board of Associates (BOA) have served as our advocates and ambassadors in the community. The group marked its silver anniversary during a June 11 social mixer at LVH-Cedar Crest. More than 100 members and guests attended.

The BOA should not be confused with LVHN's Board of Trustees, which is a separate and distinct entity. The BOA consists of business and community leaders with a mutual interest in helping their neighbors and community members become healthier. Members, who volunteer their time, have two primary responsibilities: share important information about LVHN with their friends, family and co-workers, and share community feedback and questions with LVHN's senior leadership.

In his remarks at the mixer, LVHN president and chief executive officer Brian Nester, DO, MBA, FACOEP,



described the BOA as our “eyes and ears” in the community. “Who else is going to look us squarely in the eye, point out our flaws and tell us what we need to do better?” he says.

To prepare for their advocacy role, members get updates from LVHN clinical and operational leaders at quarterly meetings. According to Lynald Silsbee, current member and BOA president from 1989-91, these meetings are as uplifting as they are educational. “We always leave with a strengthened loyalty to LVHN and confidence in its future,” he says.

While BOA membership has steadily increased over the past quarter century (it now has 222 members), Nester says new members are always welcome. If you know someone in the community who might be interested in joining the BOA, [contact Erin Holt](#) in marketing and public affairs to learn more about the group and membership details.

Tags: [BOA](#) [Board of Associates](#)

Service Star of the Month – June 2015

BY [SHEILA CABALLERO](#) · JUNE 18, 2015



Emanuel Bischoff, LVPG Internal Medicine–Muhlenberg

Emanuel “Manny” Bischoff has answered hundreds of calls as a valued member of the clerical staff at LVPG Internal Medicine–Muhlenberg. He always interacts with colleagues and patients professionally, but on this day he listened with extra care and used his intuition and initiative to save a patient’s life.

On a regular day, Bischoff can be found working on a number of different tasks, including answering patient concerns about appointments in the phone room, refilling medications and other matters. Recently, a call for a routine medication refill concerned him so much, he asked the patient to hold and requested nominator and triage nurse Lisa Calafati, RN, to take the call.

“Manny called me and said ‘I need you to take this call right now, I think this patient may be having a stroke,’” Calafati says.

Calafati picked up the line and heard what Bischoff did, a patient who was speaking with a mild slur, was slow to respond and wasn’t quite making sense.

Because of Bischoff’s quick action, Calafati was able to call 911 to send emergency responders to the patient’s home. At the request of the patient, she also called a family member and learned the woman had fallen two days before, was sleeping more than usual and had a huge bruise on her left eye.

In short, Bischoff identified a possible serious head injury without clinical training. He showed his deep compassion and care for the patient by listening intently and carefully noting her responses. He heard what she was saying and also what she didn’t say. He read between the lines and took swift action, possibly saving the patient’s life.

“He is a great team player who inspires me with his devotion to patient care,” Calafati says. “He went above and beyond for this patient. I’m deeply honored to work with him.”

Next Steps

[Nominate a Service Star.](#)

Congratulate these nominees:

- **Jennifer McDonald, RN, PCCU, LVH–Cedar Crest**
McDonald assessed a patient that was due to have a treatment. The patient was confused, had shallow breathing and a weak pulse. After consulting with the attending physician and specialist, a decision was made to cancel the treatment. The patient’s daughter – also an LVHN colleague – credits McDonald with saving her father’s life.
- **Tammy Mathisen, HealthWorks**
Mathisen works with diverse populations and is always able to see outside the box to provide the best care and service possible. She always respects the uniqueness, beliefs, rights and needs of our patients and colleagues, and remains calm, kind and sincere even during stressful situations.
- **Brenda Diaz, psychiatry**
Diaz is a caseworker who is often the first point of contact for our new patients. She speaks in a gentle tone and has a wonderful ability to display empathy with patients and family members who are often in crisis. She is a team player who is ready with a helping hand for tasks both inside and outside her job description.
- **Lori Ryan, respiratory care, LVH-Muhlenberg**

Ryan works on weekends when many times there are only two critical care therapists on duty. She is the definition of a team player. She lends a hand to colleagues during busy times to make sure patients are cared for and colleagues aren't overwhelmed.

■ **Melissa Palmer, radiology, Health Center at Bangor**

Palmer went above and beyond to provide extra TLC to a regular patient. The man walks to and from medical appointments because he is unable to drive. Palmer displayed dignity and empathy when she insisted on driving him home on a dark, cold and rainy night to make sure he arrived safely.

■ **Patricia Rodriguez, guest services, LVH-17th Street**

Rodriguez noticed a seriously injured patient with multiple gunshot wounds coming into the hospital. She immediately activated her panic button and dialed emergency 555 to alert security. Because she acted so quickly, security officers traveling with EMT were able to provide fast aid to the victim, and LVHN security colleagues were able to secure the area for a police investigation.

■ **Juan Collazo, AIDS Activities Office, LVH-17th Street**

Collazo worked tirelessly to find a discharge solution for a patient with complex medical and social needs. The patient did not have insurance or other resources and his medical condition was worsening. Collazo tracked family members down, connected the patient to community resources and helped him apply for Medicaid and Social Security Disability. Today, the patient lives with family, is receiving home care services and has insurance coverage.

Tags: Emanuel Bischoff LVPG Internal Medicine-Muhlenberg Service Star

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Service Star of the Month – May 2015

22 MAY, 2015



Read the Inspiring Stories of LVHN's Service Stars of the Month for February and March 2015

19 MAR, 2015

Service Star of the Month – April 2015

21 APR, 2015

‘Community Health Day’ Connects SELECT Medical Students With Allentown’s Neighborhoods, Community Service Agencies

BY [SHEILA CABALLERO](#) · JUNE 15, 2015

Collaboration was the lesson for the day when 98 medical students from SELECT, a medical school partnership between Lehigh Valley Health Network (LVHN) and the University of South Florida (USF) Health Morsani College of Medicine, made downtown Allentown their classroom during a three-mile walking tour.

The Community Health Day, held late last month, familiarized students with downtown neighborhoods and



area social service providers.

Groups of students fanned out

across the city to tour 11 agencies responsible for diverse issues such as infectious disease surveillance, nutrition, childhood obesity, child abuse, elder care and living with disabilities.

The tour helped students connect the dots between traditional health care and community services already in place. Awareness of these services can help future doctors deliver care at a lower cost.

A wealth of resources

"As medical students, most of our time is spent on clinical duties in the hospital," says Jacob Blount, a fourth-year SELECT student. "I was surprised to learn how many community resources are available. As a future physician, I'll be working in conjunction with these agencies to connect my patients to the right community groups and support services."

Blount was among a handful of students who stopped at the Allentown Health Bureau (AHB) to learn about its services for city residents, which include vaccinations, screening for sexually transmitted diseases, infectious disease monitoring, and a childhood obesity program that offers nutrition, counseling and fitness classes for the city's youth.

Tina Amato, an AHB registered dietitian, welcomed the future doctors and emphasized her message that physicians can be a partner in the fight against childhood obesity. AHB offers nutrition programs, including "Fruits and Veggies on the Move," a grant-funded initiative that introduces children to healthy in-season fruits and vegetables such as cherries, snap peas and other items they might not otherwise have in their diets.

"Kids need to see what a potato looks like, not just a French fry," she says. "Doctors can be part of the solution to reduce overweight and obesity. Twenty years ago, doctors didn't talk about this. Today we need to partner together to get the word out, because we can't do it alone."

The power of teamwork

The Community Health Day helped show how teamwork is helping to transform health care now and in the future. "Health is about more than just pathogens," says [Kristin Bresnan, MD](#), a doctor trained in family medicine who works with LVHN's [palliative medicine program \(called OACIS\)](#) and teaches SELECT medical students. "Health is

also affected by social determinants of health such as food and housing security, education and environmental factors.”

Helping patients access programs aimed at prevention and health education help to keep a community healthy. So too do LVHN's own [Community Care Teams](#) – groups of professionals including nurses, social service coordinators, behavioral health specialists and pharmacists who use a team approach to help patients manage chronic conditions such as diabetes or heart failure.

“Health care organizations and social service agencies serve the same populations,” Bresnan says. “We hope students will bring an awareness of these resources into the clinical setting. In the past, we didn’t know much about the patient experience after they left the clinical setting. Exposure to these community resources will help bridge that gap and strengthen those bonds.”

Tags: [Downtown Allentown](#) [Medical Students](#) [SELECT](#) [University of South Florida](#) [USF](#)

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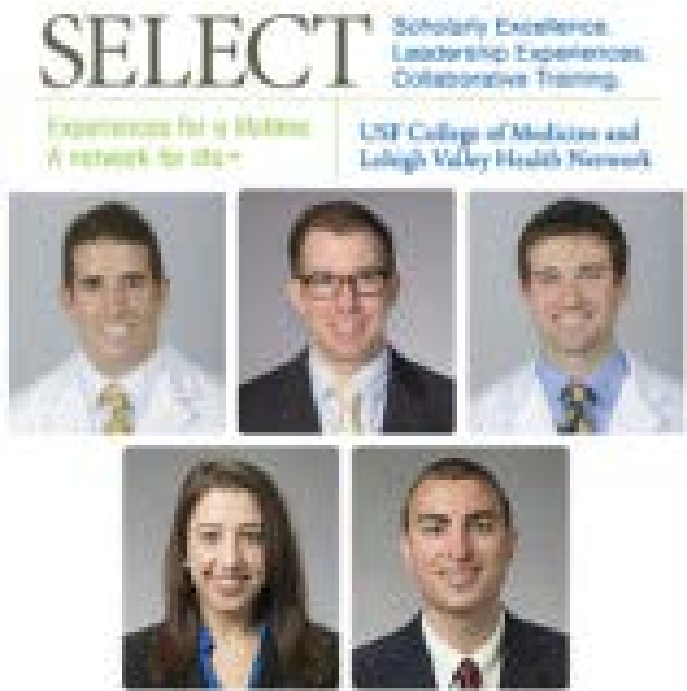


55 SELECT Medical Students Begin Third-Year Studies at LVHN

6 MAY, 2015

Future Medical Students Take a Second Look at SELECT

22 APR, 2015



5 SELECT Students Honored by Alpha Omega Alpha Honor Society

8 APR, 2015

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DISCOUNTS AND PERKS

Save Some Bucks on Your Summer Vacation

BY [TED WILLIAMS](#) · JUNE 17, 2015

LVHN's Recreation Committee arranges colleague discounts on hotels and resorts, restaurants, entertainment venues and a variety of retail items among other opportunities.

Here's our featured discount for June.

Traveling this summer? Looking for discounted tickets?

Visit ticketsatwork.com, the leading corporate entertainment benefits provider. Ticketsatwork.com offers exclusive discounts, special offers and access to preferred seating, as well as tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Ticketsatwork.com is a unique benefit offered to LVHN colleagues.



To sign up for a new account, enter company code **LVHN**.

[See a detailed list of other discounts for colleagues.](#)

Tags: Colleague Discounts Recreation Committee

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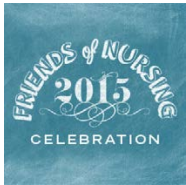
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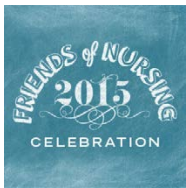


NURSING, STORIES ABOUT COLLEAGUES
BY JENN FISHER 06.19.2015, 10:00 AM

Final Salute to Our 2015 Friends of Nursing Award Recipients

Our salute to LVHN's 2015 Friends of Nursing award recipients concludes this week. Read on to learn how they learned the things they know, and how their life lessons impact nursing practice.

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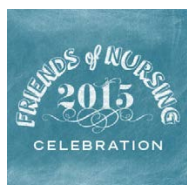


NURSING, STORIES ABOUT COLLEAGUES
BY JENN FISHER 06.12.2015, 9:30 AM

More Life Lessons From Our 2015 Friends of Nursing Award Recipients

Each week through late June we'll feature recipients of LVHN's 2015 Friends of Nursing awards. Read on to learn how they learned the things they know, and how their life lessons impact nursing practice.

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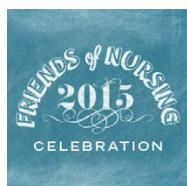
NURSING, STORIES ABOUT COLLEAGUES

BY JENN FISHER 06.05.2015, 10:00 AM

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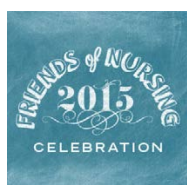
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BY JENN FISHER 05.29.2015, 9:54 AM

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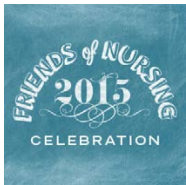
NURSING, STORIES ABOUT COLLEAGUES

BY JENN FISHER 05.22.2015, 9:38 AM

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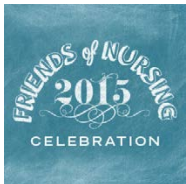


NURSING, STORIES ABOUT COLLEAGUES
BY JENN FISHER 05.15.2015, 9:30 AM

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NURSING
BY JENN FISHER 05.08.2015, 2:38 PM

More Than 725 Community Members and Colleagues Celebrate 'Friends of Nursing'

More than 725 colleagues and community members gathered inside Bethlehem's SteelStacks to celebrate Friends of Nursing. Learn about the seven care teams and 34 individuals who received awards at the gala.

[Read more](#)



MISSION CENTRAL
BY JENN FISHER 06.06.2014, 12:27 PM

Friends of Nursing Award Recipients Offer Patients Compassion and Hope

The enthusiasm and spirit from our Friends of Nursing 2014 celebration carries on. Read the final stories shared during the celebration.

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MISSION CENTRAL
BY JENN FISHER 05.30.2014, 10:44 AM



Be Empowered by These Friends of Nursing Stories

Read some of the stories shared during the 2014 Friends of Nursing celebration, the annual event that honors, energizes and inspires our Magnet™ nurses and clinicians.

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MISSION CENTRAL

BY ADMIN 05.23.2014, 12:00 PM

Friends of Nursing Award Recipients Focus on Patient Care

Read some of the stories shared during the 2014 Friends of Nursing celebration, the annual event that honors, energizes and inspires our Magnet™ nurses and clinicians.

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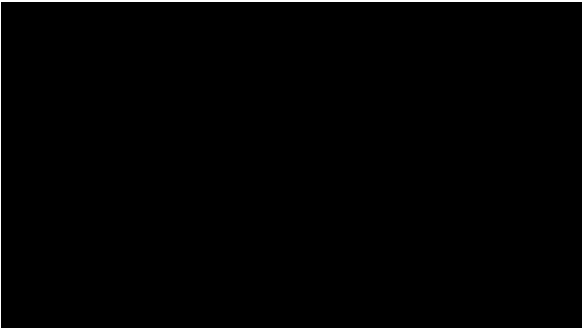
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STORIES ABOUT COLLEAGUES

Soul Consent is Audience Favorite at 2015 LVHN Colleague Talent Show – VIDEO

BY TED WILLIAMS · JUNE 17, 2015

Soul Consent, a blues band featuring Sherri Norris of health care analytics on vocals and Dan Fasanella of information services on guitar, won the Audience Favorite Award at the 2015 LVHN Colleague Talent Show Friday at the LVHN-Mack Boulevard auditorium.



Norris and Fasanella joined guests Dan Daccardi (guitar) and Joe Bruno (percussion) on stage in winning the \$100 prize for most popular act. The band donated the winnings back to the show, which was held for the benefit of LVHN Community Practices and the Street Medicine Program. More than 200 people attended the event, resulting in more than \$1,200 for the benefit.

Other performers on the bill included:

- **Chorda Symphani** as performed by SELECT medical students, class of 2017, including Ajay Koti and Alex

Podlaski on guitar, Camille Imbo on vocals and Samuel Reynolds on drums.

- **Jazz Jive** as performed by SELECT medical student, class of 2016, Samson Lu on keyboards with guest Peggy Salvatore on vocals.
- **Jazz Guitar** as performed by [Howard DeHoff, MD](#), an internist at [Lehigh Valley Physicians Practice](#) who also can wail on the guitar.
- **Flow-style** as performed by Willie Smith III, a systems analyst in information services, and guest Ramel Harold, nephew of technical partner Walterine Watts, in this genre combining hip-hop and rap.
- **A Three-Day Detour** as performed a capella by Mark Henninger of patient accounting.
- **Najam** Arabic dance as performed by Gloria Merlino, RN, of adult psychiatry.
- **Malaguena** as performed by Bernadette Porter of the [department of emergency medicine](#) on the bodhran, the traditional Celtic frame drum, with the accompaniment of guest Frank Porter on acoustic guitar.
- **Closer to You** and **Water is Wide**, two original compositions by guest Laura Promiscuo with accompaniment by Samson Lu on violin and guest Drew McFayden on guitar.
- **Over the Rainbow** as performed on the harp by Nicole Defenbaugh, director of education-family medicine, accompanied by Samson Lu on violin.
- **Zumbalo**, featuring Caressa James of LVPG Pediatrics–Pond Road and her crew of 20 Zumba enthusiasts.
- **Take Five** as performed by [Howard DeHoff, MD](#), on jazz guitar and Samson Lu on violin.
- **Jazz Trio** as performed by Howard DeHoff, Samson Lu and guest vocalist Lucy Horton.
- **I Want Jesus to Walk With Me** as performed by Grace Adele Hochella, LPN, of home care skilled nursing and guest Marie Miller on the piano.
- **Ary Inneen** as performed by [Nathan Hagstrom, MD](#), chair of the department of pediatrics, who sings and plays guitar on this Celtic song with the vocal accompaniment of his daughter, Kelsea Hagstrom.
- **Anthem from the musical Chess** as performed by gynecologic oncologist [Richard Boulay, MD](#), of [LVPG Gynecologic Oncology–1240 Cedar Crest](#).

“Oscar” awards were presented at the end of the evening to all performers, as were certificates of appreciation.

Tags: [Recreation Committee](#) [Talent show](#)

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Star-studded Lineup Set for LVHN Colleague Talent Show Friday

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Suresh Nair, MD – Today's Cancer Research Trials 'Create a Lot of Excitement' – VIDEO

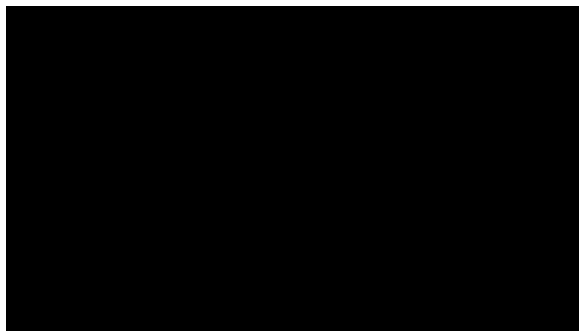
BY [KYLE HARDNER](#) · JUNE 18, 2015

As a medical oncologist with Lehigh Valley Health Network (LVHN), [Suresh Nair, MD](#), sees his job as very rewarding. “We’ve been able to bring a lot of cutting-edge new treatments for our patients, and all of the patients that come to the network benefit from these treatments,” he says. “It creates a lot of excitement.”

Board-certified in medical oncology and internal medicine, Nair, who practices with [LVP Hematology Oncology–1240 Cedar Crest](#) and serves as medical director of LVHN's cancer services, starts the process by getting to know each patient individually. He then guides his patients through every step of their care. “One of the most rewarding things for me is to see my patients back after they have had successful treatment,” he says.

Get to know him [with this video](#).

Recently, one of Nair's patients – Tim Grube of Nazareth – [shared the story of his care with the Reading Eagle](#).



Grube was part of a clinical trial combining two immunotherapy drugs that had already shown promise when used separately. “I wouldn’t be here today if it wasn’t for them,” Grube tells the paper.

Tags: [Dr. Nair](#) [FAD](#) [Find A Doctor](#) [LVP](#) [Oncology](#) [Suresh Nair](#)

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Service Star of the Month – April 2015

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LVHN Respiratory Therapist Jean Upton Wins United Way Car Drawing

BY TED WILLIAMS · JUNE 16, 2015

Jean Upton was tempted. The Lehigh Valley Health Network (LVHN) respiratory therapist with the Cardiovascular and Pulmonary Rehabilitation department won the grand prize in the United Way of the Lehigh Valley drawing for outstanding contributors – a 2014 Fiat or \$10,000 in cash.

Upton opted for the money. But for a moment ...

“It was such an adorable little red car,” says Upton, of Coplay, who has worked at LVHN for five years and has been donating to United Way annually even prior to joining the health network. “I thought about what it would be like to be driving it around. But in the end, it’s not really the right car for me.”



Jean Upton (fifth from the left) with her winning check.

Photo courtesy of [Brown – Daub Alfa Romeo FIAT](#)

The Fiat/cash prize was donated by Brown-Daub Alfa Romeo Fiat in Lower Nazareth Township. As part of the 2014 United Way of Greater Lehigh Valley fundraising campaign, all donors who increased their contributions by at least one dollar per week (or donated a total of \$260 or more) were entered into the drawing. Second prize was a Martin guitar valued at \$4,000.

In addition, LVHN had weekly drawings for prizes such as gift cards, eight hours of paid time off (PTO) and an autographed hockey stick as a way to encourage its employees to donate to United Way.

"I've never won any kind of drawing or contest before," Upton says. "I got a notice from Brown-Daub that I was one of 9,000 people eligible for the grand prizes. But who thinks they'll actually win? When I found out, I was kind of speechless."

As far as her plans for the \$10,000, Upton hasn't thought that far ahead.

"This is all still kind of sinking in," Upton says.

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