

LVHN WEEKLY

HAZLETON

Your wrap-up of the week's news from LVHN.

June 10- June 15

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PRIDEPoints Available July 1

Reward your colleagues for outstanding work.

Greg Munch Shares His #LVHNProud Story- VIDEO

Watch the LVH-Pocono Security Services Supervisor's story.

Open Mike: A Designated Month

Learn about June's 'Men's Health Awareness Month'.

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Bring your questions, comments and concerns to leaders.

What to Wear This Summer

Review the list of appropriate clothes and footwear.

See Colleagues' Father's Day Photo Submissions- VIDEO

Watch why we are #LVHNProud of all fathers.

A Father Lives Thanks to ECMO- VIDEO

Watch Clark Deardorff's amazing Father's Day story.

Introducing
#LVHNProud

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LVHN news

Drowning: The Silent Killer

Salmonella Risk From Melons

Colon-Rectal Cancer
Treatment at LVHN

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PRIDEpoints Available to LVH–Hazleton Colleagues July 1

BY JANE DANISH · JUNE 12, 2018



PRIDE. It separates the ordinary from the extraordinary, and here at LVHN we have a lot to be proud about. Every day, colleagues go the extra mile to further our mission to heal, comfort and care. These extraordinary efforts deserve kudos, and our PRIDEpoints portal makes rewarding and recognizing colleagues fun and convenient.

Beginning July 1, PRIDEpoints will be available to colleagues at all LVH–Hazleton facilities. To help you understand what this exciting recognition tool for colleagues is all about, here are some basic questions and answers.

What is PRIDEpoints?

PRIDEpoints is a digital platform that allows colleagues to thank, recognize and congratulate each other. It's also a place where directors can celebrate and reward exemplary actions and efforts that support LVHN's mission.

How does it work?

The PRIDEpoints portal allows you to:

- **Get recognized** – Did you go above and beyond on a project or assignment? Did you go out of your way to make a patient, visitor or colleague feel special? PRIDEpoints allows your department director to recognize your efforts and reward you with points.
- **Redeem reward points** – If your director awards you points for exceptional effort, PRIDEpoints is the place to redeem them for great gifts. You can redeem your points right away or save them up for an even bigger

gift. The online gift store is packed with fun and imaginative choices.

- **Send eCards** – Is a colleague celebrating a birthday or other special occasion? Or maybe you want to say thanks, welcome a new team member or send someone condolences. With PRIDEpoints, you can send them an eCard and make their day.
- **Nominate a colleague for a Service Star/PRIDE Award** – It's now easier than ever to nominate a colleague who consistently exceeds our LVHN PRIDE service standards for a Service Star/PRIDE Award. In the PRIDEpoints portal, simply click on Recognition Programs and complete the easy online nomination form.

How are points earned?

The distribution of points will vary by department. Some directors may opt for group recognition like team lunches, while others will award points on an individual basis, and some may do both. Your director will explain how the program will work in your area.

What kinds of eCards can I send?

Current cards topics are: Happy Birthday, Work Anniversary, Cheers, Thank You, Bravo, Sympathy and one focused on PRIDE.

Who can use the system?

PRIDEpoints is only accessible by colleagues employed by LVHN. The PRIDEpoints portal is available to colleagues in the Lehigh Valley area and starting July 1 to LVH–Hazleton and LVH–Schuylkill colleagues. The portal will be rolled out to LVH–Pocono this fall.

How do I get started?

Once you are given access to the portal, the PRIDEpoints icon will appear on your SSO toolbar. After you click the icon, you will be required to enter your LVHN login credentials. If you need login assistance or other technical support, please contact the IS help desk at 570-501-4889 or 610-402-8303. If you need assistance navigating PRIDEpoints or understanding its features, speak with your director.

Be sure to visit PRIDEpoints often starting July 1 and share in the celebration, because the little things make a big difference.

To Greg Munch the Badge Represents Getting Things Done the Right Way – VIDEO

BY RICHARD MARTUSCELLI · JUNE 12, 2018



#LVHNProud

A place to share the voice of colleagues

What does security have to do with quality patient care? A lot. You'll understand how they go hand-in-hand when you hear LVH–Pocono Security Services Supervisor Greg Munch tell a story that makes him #LVHNProud. Click [here](#) to watch his story.

What to share your story? Do you have photos or videos of colleagues doing something that makes you #LVHNProud? [Submit it now](#).

Open Mike: A Designated Month

BY [MICHAEL ROSSI](#) · JUNE 15, 2018



I am a bit slow plugging in the mic this month, so please forgive me. I'll call it "summer gaze." I can't stop staring out of the window (please don't tell my boss!). Spring showers have made the landscape so lush and green that it's almost impossible not to pause and soak in the view.

June holds many "unique" distinctions. To start, it's the month when school ends and summer vacations begin. Kids have a certain pep in their step as they saunter out of classrooms and into the bright sunlight. Ask any colleague what they remember about the beginning of summer and I guarantee you'll be there a while. When they talk, you can actually almost feel the warm breeze, hear lawnmowers hum, or taste your favorite ice cream.

Many of us daydream about upcoming PTO. We relish in the planning of staycations, daytrips, and time with loved ones. Taking time away is the perfect prescription for "recharging" one's battery and enhancing health and wellness.

Speaking of health, June is "Men's Health Awareness Month." It's also no coincidence that Father's Day is celebrated right there in the middle of the month. Shining a light on "vital" men's health initiatives within our communities and the populations we serve enhances our ability to assess trends, provide patient education opportunities, and offer preventative medicine strategies.

The LVPG Quality Metrics show our commitment to men's (and women's) health initiatives. From Annual Wellness Visits to Colorectal Cancer Screening, our collective effort raises the bar on accessible, high quality, patient-centered care. Our access initiatives have resulted in LVPG practices seeing over 100,000 more patients this fiscal year than we had budgeted!

Much like the quality care we deliver, summer is a "gift" we should cherish and with endless potential. Our collective efforts make us believe anything is possible and give us the ultimate reward – that personal satisfaction we feel as healthcare professionals when we make a difference in the health of the patients we

serve.

So, take in some sun and fill your bucket of wellness. We (**YOU**) are amazing. Everyday.

Mike



Michael Rossi, MD

About me: My name is Michael Rossi, MD, MBA, and I am the Chief Physician Executive for LVHN and President of LVPG. I came to LVPG 15 years ago as Chief of Cardiology for LVHN and Medical Director of our Regional Heart Center. I truly enjoyed caring for cardiac patients and getting to know them and their families. I am proud to be part of such a great organization. My passion is patient care. I view my current role as taking that passion for caring for an individual patient, to caring for our entire community. It is an honor to work with such an outstanding network of dedicated colleagues.

Leadership Rounds With Colleagues Scheduled June 11-22

BY [JANE DANISH](#) · JUNE 12, 2018

LVH–Hazleton senior leaders will be rounding in nursing and ancillary departments June 11-22.

Do you have a question, comment or suggestion? Take note of when rounds will be in your area and feel free to stop one of our leaders to talk about it. Together, we can make a difference for our colleagues and our patients.

LEADERSHIP ROUNDS-NURSING

June 11-15

LOCATION/DEPARTMENTS	DATE AND TIME	LEADER
2 nd Floor Nursing Unit	June 13 at 11 a.m.	Murray Swim
5 th Floor Nursing Unit	June 13 at 11 a.m.	Michele Roberts
6 th Floor Nursing Unit	June 12 at 11 a.m.	Melissa <u>Curto</u>

LEADERSHIP ROUNDS-ANCILLARY

June 18-22

LOCATION/DEPARTMENTS	DATE AND TIME	LEADER
<u>Hospital-Lower Level</u> Purchasing/Storeroom, Central /Sterile Supply, Food Service, Housekeeping, Pharmacy	June 21 at 11 a.m.	Murray Swim
<u>Hospital-First Floor</u> Admissions, switchboard, PAT/SPU, Endo, OR, Radiology	June 19 at 1 p.m.	Melissa <u>Curto</u>
<u>Hospital Campus Buildings</u> B&E: Marketing, Community Relations, Bariatrics, Patient Access, Home Health, Finance	June 22 at 9 a.m.	Michele Roberts

Don't Know What to Wear This Spring and Summer?

BY JANE DANISH · JUNE 12, 2018

The warm weather has finally arrived. That means it's time to break out the lightweight attire. While some things you love to wear this time of the year are suited for beach and outdoor activities, they are not appropriate for colleagues to wear while working at LVHN.

Our standards of dress and grooming must remain professional at all times. Why is this so important? The image we convey to our patients, their family members and our community is critical in their perception of us and the choices they make about where to receive care. Everyone wants to be cared for and served by the most professional health care team.

Safety is also of utmost concern. Footwear needs to be safe so that it doesn't put colleagues at risk for slipping and falling.

As you make daily clothing choices this season, please remember that colleagues are not permitted to wear these items in any department:

- Flip flops and thong sandals
- Spandex, clinging or sheer fabrics
- Tank tops, backless or halter tops, midriff tops, tube tops, low cut/revealing tops
- T-shirts
- Shorts
- Capri pants
- Baseball caps

If you have a question about what is and isn't permissible to wear to work, ask your supervisor or human resources consultant.



See Colleague #LVHNProud Father's Day Photo Submissions- VIDEO

BY EMILY SHIFFER · JUNE 15, 2018



#LVHNProud

A place to share the voice of colleagues

On Sunday, June 17, we will celebrate dad's for Father's Day.

This year, we asked LVHN colleagues to submit their favorite photos with their father figure or kids.

Watch the video [here](#) to see how colleagues are #LVHNProud of their dads on this holiday and everyday.

A Father's Day to Celebrate Thanks to ECMO- VIDEO

BY [JENN FISHER](#) · JUNE 15, 2018

In June 2017, when an infection triggered a widespread sepsis attack, Clark Deardorff's life hung on drastic measures. But with help from Lehigh Valley Health Network (LVHN) doctors like [James Wu, MD](#), and nurses like [Lisa Forstburg, RN](#), he lived to see the baby his wife, Celeste, delivered during his hospitalization.

Feeling unwell one evening in June 2017 didn't worry Clark Deardorff of Harleysville, Pa. "I thought I had a minor bug," Clark recalls. It didn't seem like the start of a life-and-death struggle that would change him and his growing family forever.

That view shifted the next afternoon. Sick at home, Clark called his wife, Celeste, at Merck, where they worked. "He thought he needed a hospital," Celeste says. She found him grayish and delirious, and brought him to a local emergency room. "I felt he just needed some fluids and antibiotics," Celeste says. Even when clinicians sent Clark by ambulance for more advanced care at [Lehigh Valley Hospital \(LVH\)–Cedar Crest](#), "I wasn't panicking," Celeste says. Pregnant with a daughter due at month's end and caring for their then-8-year-old son, Ares, she had plenty to think about and didn't want to be unduly alarmed.

At LVH–Cedar Crest, Celeste learned Clark had a shoulder infection that doctors needed to surgically clear. She expected the procedure to take 30 minutes. Several hours passed. When a chaplain and two doctors finally approached her, she knew something was terribly wrong.

Click [here](#) to watch their story.

Support for the heart

During surgery, Clark had gone into cardiac arrest twice. Infection had entered his bloodstream, where



bacteria triggered sepsis, a life-threatening condition that can cause organ failure and tissue death. “He was very sick,” says cardiothoracic surgeon [James Wu, MD](#), with [LVPG Cardiac and Thoracic Surgery](#).

Clark was put on VA ECMO – venous arterial extracorporeal membrane oxygenation at the recommendation of cardiothoracic surgeon Theodore Phillips, MD. “This technology drains blood from the heart, oxygenates it and pumps it back to the arterial system so it can supply major organs,” Wu says. Mechanically supporting Clark’s heart was critical to recovery. “His heart function was so poor that if we had waited any longer he would have died from heart failure before he died of sepsis,” Wu says.

It was June 17, Father’s Day. Whether the unconscious Clark would live to see his soon-to-be-born daughter was in doubt.

In the balance

“I knew I was going to have to deliver the baby without Clark,” Celeste says. With help from open-heart unit nurse Lisa Forstburg, RN, Celeste rescheduled C-section delivery at LVH–Cedar Crest. “Lisa went out of her way to give me a tour of the facilities,” Celeste says. “To say the nursing staff helped us a lot is an understatement. They catered to our needs, and Lisa played a huge part.”

Forstburg felt equally impressed with Celeste. “I can’t imagine trying to be excited about having a newborn while your husband is clinging to life a few floors below you,” Forstburg says. “But she had zero intention of ever leaving Clark behind.”

Clark’s infection was destroying blood vessels and tissues in his extremities, and threatened to spread further. While preparing for childbirth, Celeste and family members who had rallied to their sides weighed grueling decisions about how – or whether – Clark would live if he lost limbs. “We had to move quickly,” Forstburg says. “The conversation was, ‘It’s not really a choice if he’s to survive.’ Celeste was adamant from day one that Clark could deal with whatever we needed to do to save his life.”

On June 28, Ava Jordan – names big brother Ares chose – was born. The same week, Clark’s legs were amputated.

While Clark Deardorff fought for his life after developing a relentless sepsis infection, his wife Celeste, who was expecting their daughter, was quickly approaching the baby’s due date. “I knew I was going to have to deliver the baby without Clark,” Celeste says. Originally, the birth was planned at a hospital near their Harleysville, Pa., home, but plans had to change. With help from registered nurse Lisa Forstburg, RN, Celeste toured [LVHN mother-baby unit facilities](#) and rescheduled C-section delivery to [LVH–Cedar Crest](#).

On June 28, the couple’s daughter, Ava Jordan, was born. The same week, Clark’s legs were amputated.

Limbs for a life

Clark’s heart stabilized on extracorporeal membrane oxygenation (ECMO) so he was moved to LVHN’s Regional Burn Center for complex wound care. But infection still attacked his arms, requiring a second

round of agonizing decisions. “Following leg amputation, we needed to amputate Clark’s arms to save his life,” says Burn Center medical director [Daniel Lozano, MD](#). “I frankly thought he had a 1 or 2 percent chance of making it through surgery.”

“I tried to envision him with Ava and our older son, Ares, years from now and us retired, enjoying life,” Celeste says. “I believe in the power of positive thinking. And Clark is a fighter.”

Lozano also proceeded with hope. “We worked hard to salvage at least one upper extremity below the elbow,” he says. “That would give him a more functional prosthetic later.”

Living in LVHN’s family lodging, [Hackerman-Patz House](#), Celeste felt heartbroken watching 8-year-old Ares cope. She explained that to save daddy, they needed to take his arms and legs, but he would get robotic ones. “Like Iron Man?” Ares asked. “Yes, just like Iron Man,” she replied. “Well,” Ares said, “he will be Iron Daddy then.”

Remarkable survivor

Despite additional complications like kidney failure, pneumonia and multiple reconstruction surgeries, Clark somehow pulled through. “The most remarkable part is that he emerged the funny, positive person he was before,” Forstburg says. “He far surpassed expectations.”

In September, Clark left LVH–Cedar Crest for rehabilitation and a new life with prosthetic limbs. “I’m perfectly fine with the decisions that were made,” he says. “I want to be here to see my children grow up.” With perseverance, patience, creativity and support from family, neighbors and community, Clark is active like before – coaching Ares in basketball and baseball, going to movies and restaurants, helping in the community and spending time with baby Ava.

“I don’t really care that he’s like this,” Ares says, “as long as he’s alive.”