

# LVHN WEEKLY

## HAZLETON

Your wrap-up of the week's news from LVHN.

August 20-24

### **LVH-Hazleton Receives Quality Care Awards**

We're recognized for heart failure and stroke care

### **Hospital Expansion/Renovation Update - Photos**

Newly renovated seventh floor opens Aug. 27.

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### **Engagement Megastars Honored - Photos**

Honorees received a crystal award, cookies and more.

### **400+ Free Lunches Served to Kids - Photos**

Our new program prevents kids from going hungry.

### **Friends Help Friends Following Floods - Photos**

We continue to provide support in Schuylkill County.

### **“Lose for Health” Challenge**

Enroll by Aug. 26 and shed unwanted pounds.

### **August Leader to Leader - Video**

Topics: FY18 wrap-up, FY19 goals, being a social media ambassador

### **Infection Prevention/Infectious Diseases Symposium**

Register for the event on Sept. 13.

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Tips From  
Engagement  
Megastars



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## **LVHN news**

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Palliative Care Improves  
Quality of Life

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Getting Stronger Together

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LVHN Hospice

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# Lehigh Valley Hospital–Hazleton Earns Stroke and Heart Failure Achievement Awards

BY [ADMIN](#) · AUGUST 24, 2018

For the tenth consecutive year, Lehigh Valley Hospital–Hazleton (LVH–Hazleton) has received the American Heart Association/American Stroke Association’s Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award and the American Heart Association’s Get With The Guidelines®–Heart Failure Gold Plus Quality Achievement Award. Each award recognizes the hospital’s commitment to ensuring stroke and heart failure patients receive the most appropriate treatment according to nationally recognized, research-based guidelines founded in the latest scientific evidence.



## **Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award**

LVH–Hazleton earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

“A stroke patient loses 1.9 million neurons each minute stroke treatment is delayed. This recognition further demonstrates our commitment to delivering advanced stroke treatments to patients quickly and safely,” says Anthony Valente, MD, Chief Medical Officer, LVH–Hazleton. “Lehigh Valley Hospital–Hazleton continues to strive for excellence in the acute treatment of stroke patients. The recognition from the American Heart Association/American Stroke Association’s Get With The Guidelines–Stroke further reinforces our team’s hard work.”

## **Get With The Guidelines®–Heart Failure Gold Plus Quality Achievement Award**

LVH–Hazleton earned this award by meeting specific quality achievement measures for the diagnosis and treatment of heart failure patients at a set level for a designated period. These measures include

evaluation of the proper use of medications and aggressive risk-reduction therapies. Before discharge, patients should also receive education on managing their heart failure and overall health, get a follow-up visit scheduled, as well as other care transition interventions.

“Our health care team is dedicated to improving the quality of care for our patients with heart failure by implementing the American Heart Association’s Get With The Guidelines-HF initiative,” Valente says.

“The tools and resources provided help us track and measure our success in meeting evidenced-based clinical guidelines developed to improve patient outcomes.”

LVH–Hazleton also received the association’s Target: Heart Failure<sup>SM</sup> Honor Roll for the sixth consecutive year. Hospitals are required to meet specific criteria that improves medication adherence, provides early follow-up care and coordination and enhances patient education. The goal is to reduce hospital readmissions and help patients improve their quality of life in managing this chronic condition.

These awards recognize all LVH–Hazleton caregivers and support staff who work so diligently to provide our patients with high quality, best practice care.

## **ABOUT GET WITH THE GUIDELINES**

Get With The Guidelines® is the American Heart Association/American Stroke Association’s hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 6 million patients since 2001. For more information, visit [heart.org](http://heart.org).

## LVH-Hazleton Construction/Renovation Update – PHOTOS

BY [JANE DANISH](#) · AUGUST 24, 2018

Renovations to LVH–Hazleton’s patient tower continue, with completion of the newly renovated seventh floor medical/surgical/pediatrics unit. The Department of Health approved occupancy of the floor, which will begin receiving patients on Aug. 27. Employee Health now is back on the seventh floor. The nursing supervisor’s office will remain on the first floor. See the photo gallery below for before and after photos of this newly renovated patient floor.

### reno\_Enterung 7th floor



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Here are other updates on the hospital project:

- The third floor step down unit was completed in June.
- Patients on the fifth floor telemetry unit will be transferred to the newly renovated seventh floor beginning Aug. 27. Renovations will begin on the fifth floor after Aug. 27.
- Renovations continue in the Family Birth and Newborn Center on the second floor.
- Expansion of and renovations to the existing emergency department (ED), lobby and front façade of

the hospital are anticipated to begin in October once final permits are granted.

- Development of a new upper tier parking lot will begin simultaneously with the ED expansion.
- New parking lot designations have been implemented in anticipation of the start of the ED project.

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# Engagement Megastars Receive Awards – PHOTOS

BY [RICK MARTUSCELLI](#) · AUGUST 22, 2018

Did you read the [top 10 engagement tips](#) from our Colleague Engagement Megastars? Their advice will help make your department a better place to work and grow.

Our Colleague Engagement Megastars are members of the 21 departments that achieved the highest engagement scores in our recent Colleague Engagement Survey. Each of the top 21 departments received a crystal award, LVHN lapel pins for each team member, LVHN Proud cookies and a thank you card from LVHN President and CEO Brian Nester, DO, MBA, FACOEP, containing a special invitation to become an official Colleague Ambassador. Here are photos of our Engagement Megastars receiving their awards.

## cs\_Hospice Home Health Aides



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Hospice Home Health Aides

In the spring, we'll conduct another Colleague Engagement Survey. Next year at this time, we will again

honor the most engaged teams. Use the top 10 tips in your department and maybe your team will be Colleague Engagement Megastars next year.

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# Summer Meals Program Served More Than 400 Lunches to Kids – PHOTOS

BY [PAULA RASICH](#) · AUGUST 21, 2018

When schools close for the summer, many parents struggle to feed their children. “More than 30,000 kids in the Lehigh Valley are food insecure, meaning they don’t have access to healthy meals every day,” says Dr. Cathy Coyne, LVHN’s Director of Health Advocacy and Policy. “As a member of the Lehigh Valley Food Policy Council, we clearly saw the importance of hosting a summer meal site as a way to change this heartbreaking scenario.”

On June 28, LVH–17<sup>th</sup> Street became one of 26 sites in Allentown to host the Summer Meals Program, a federally funded, state-run program that helps ensure youth living in low-income areas don’t go hungry when school is out.

lunch\_1



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“Because more than 50 percent of children in the Allentown School District are eligible for free or

reduced-priced meals through the National School Lunch and School Breakfast Programs, we don't have to screen for eligibility," Coyne says. "We're an open site, meaning no registration or identification is required."

Free healthy lunches are served Monday through Friday between noon and 2 p.m. in the School of Nursing building. All children 18 years of age and younger are welcome. Alternative meals are available for those who for religious reasons don't eat pork or kids with food allergies. The program runs from June 28 to Aug. 24. "We are fortunate to have Sodexo as a partner in this effort," Coyne says. "They prepare healthy lunches for the kids according to the nutrition guidelines given to us by the Summer Food Service Program."

### **Supporting healthy, happy families**

When the kids come to LVH-17<sup>th</sup> Street for lunch, they have fun. There's music, and they can pick up crayons and coloring paper. Everyone is happy while learning about the benefits of healthy eating and exercise.

"In addition to getting a nutritious lunch, kids get the feeling they are being cared for," Coyne says. "Parents and caregivers are very appreciative and we've gotten a lot of positive feedback from our clinical partners. They see the kids in clinics and know that when they don't get nutritious meals on a consistent basis, it puts their health, learning and well-being at risk."

Over this two-month period, attendance fluctuated daily. In total, the program will serve more than 400 lunches to kids this summer.

The next step is to brainstorm ways to increase engagement. "We want to get more kids to take advantage of these summer meals next year," Coyne says. "We want them to come back."

One in three children in the Lehigh Valley is hungry, according to the United Way. Participating in programs like the Summer Meals Program is part of LVHN's mission as a not-for-profit organization to give back to the community and make it the best it can be.

# Friends Help Friends, Neighbors Help Neighbors Following Floods – PHOTOS

BY [MIKE PECKMAN](#) · AUGUST 22, 2018

Last week ended on a brighter note than it started: Dry and sunny. Community members in Tremont, Port Carbon and surrounding areas made progress to restore homes, neighborhoods, businesses and even churches. LVH–Schuylkill and LVPG–Schuylkill colleagues and facilities were among those hit by the storms.

## Storm Wrap Up Daily 1



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Recovery in the region has been successful because of an outpouring of community, civic and business support. After providing food and basic medical supplies, LVH–Schuylkill colleagues provided tetanus shots in Tremont and Port Carbon.

In Tremont, nurses delivered 75 shots to people in the actual flood zone, clean-up workers and volunteers. In Port Carbon, 160 shots were administered in a two-hour period from the Good Will Fire

Company. Additional tetanus shots may be administered in Port Carbon later this week.

Gail Newton, RN, Jessica Zimmerofsky, RN, David Pucklavage, RN, Leah Donovan, RN, Penny Klinger and LVH–Schuylkill President Bill Reppy led our team in those communities. In addition, LVH–Schuylkill provided coolers for people in Tremont whose homes were destroyed. Information about safe water, food supplies, hand washing and West Nile Virus also was provided. Plus, the former transitional rehabilitation unit at LVH–Schuylkill S. Jackson Street was opened for residents in need of shower facilities.

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# Enroll in the “Lose for Health” Challenge

BY [RICK MARTUSCELLI](#) · AUGUST 23, 2018

Did you know that losing even a little weight may make a real difference in your health? Feel better while lowering health risks with the “Lose for Health” weight loss challenge.

Here’s how the Lose for Health challenge works:

- **Track your weight.** When you enter your weight for the first time, your personal targets will be calculated. Lose weight and track results until the end of the challenge.
- **Reach milestones.** At each one, review tips and motivational messages about healthy weight loss.
- **Check your progress.** Use the chart to view your efforts over time.



The challenge runs from Aug. 20 to Oct. 14. To enroll in the challenge, log on to [MyTotalHealth.LVH.com](http://MyTotalHealth.LVH.com). You may register through Sunday, Aug. 26. Complete the challenge and be entered into a raffle to win a Fitbit.

Don’t forget to mark your calendar for the next challenge, “Maintain Don’t Gain” which opens on Nov. 7. For more information, contact BeneFIT Corporate Wellness at 800-955-6620, option 2.

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# Watch August 2018 Leader to Leader, Become a Social Media Ambassador – VIDEO

BY [ADMIN](#) · AUGUST 22, 2018

Do you want to know what's going on in our health network? Watch the August 2018 Leader to Leader meeting. Based on your feedback from our recent Communication Survey, managers were invited to attend the meeting for the first time. As a result, they will hear the latest LVHN news and information so they can share it with colleagues on their teams.

At this month's meeting, leaders introduced our Service Star, provided a wrap-up of our fiscal year 2018 (FY18) performance and previewed our network goals for fiscal year 2019 (FY19). In the "All About You" segment, colleagues from organizational effectiveness explained how we are re-imagining the learning experience while HR colleagues introduced our [Colleague Engagement Megastars](#). Click the links below to watch this month's presentations.



[PRIDE/Service Star Awards](#)

[FY18 Network Performance Update](#)

[Preview of FY19 Goals](#)

[All About You](#)

This video also was shown during the meeting. It's called "So No One Misses It (SNOMI)." It will help you become a social media ambassador and help spread important messages about Lehigh Valley Children's Hospital.

**In order to watch the below videos, you need to have Microsoft Silverlight installed on your computer. If the links do not open properly, try refreshing your browser. If you have questions or need assistance, please contact information services at 610-402-8303.)**



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# Register for the Fleming Infection Prevention and Infectious Diseases Symposium

BY [EMILY SHIFFER](#) · AUGUST 20, 2018

The 10th Annual Fleming Infection Prevention and Infectious Diseases Symposium will take place Thursday, Sept. 13, from 8 a.m. to 4:45 p.m. at Bear Creek Resort.

The cost for LVHN colleagues is \$75. To register, [click here](#).

Have questions? Contact [Amber Kucher](#) at 610-402-9443.

Here is the symposium agenda:

## **10th Annual Fleming Infection Prevention and Infectious Diseases Symposium**

Bear Creek Resort, 101 Doe Mountain Lane, Macungie, PA 18062

7:30-8 a.m., registration and continental breakfast

8-8:15 a.m., welcome and opening remarks

8:20-9:20 a.m.

Vinay Prasad, MD, MPH

**Topic:** How to identify low-value and ineffective medical care

**Objective:** List several methods to identify low-value and ineffective medical care.

9:25-10:25 a.m.

PJ Brennan, MD

**Topic:** Does Public Reporting Improve Quality?

**Objective:** Explain the effect of public reporting on quality outcomes.

10:25-11 a.m., break

11:05-12:05 p.m.

Diane M. McGowan





**Topic:** A Dream for Universal Vaccination

**Objective:** Summarize the status of Universal Influenza Vaccination from the World Health Organization.

12:05-1 p.m., lunch

1:05-2:05 p.m.

Deverick Anderson, MD, MPH, FSHEA, FIDSA

**Topic:** Evaluation of Enhanced Environmental Disinfection

**Objective:** Compare emerging technologies for environmental disinfection with conventional practice.

2:10-3:10 p.m.

Edward Septimus, MD, FACP, FIDSA, SHEA

**Topic:** Antimicrobial Stewardship: Implementing an Effective Program

**Objective:** Describe appropriate antibiotic therapy strategies.

3:10-3:25 p.m., break and grand prize giveaways

3:30-4:30 p.m.

Carlene Muto, MD, MS

**Topic:** Controlling Multi-drug Resistant Drug Resistant Organisms (MDROs) – Is the Juice Worth the Squeeze?

**Objective:** Explain the cost, both human and financial, of caring for patients with multi drug resistant organisms.

4:30-4:45 p.m., closing remarks and Q&A

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