

Groundbreaking at LVH–Muhlenberg – PHOTOS and VIDEO

Blue hard hats + pink shovels = 1 exciting new delivery.

Get Your Flu Shot

Clinics run from Oct. 1 through Nov. 23.

Bring Ideas to Monday's Colleague Forum

Share ways to improve access and the patient experience.

LVH–Muhlenberg Construction Update

More fencing and parking changes are coming.

"Stack the Pack" Success – PHOTOS

You donated school supplies to help local students.

MyPopulytics Website Streamlined

It gives you faster access to health benefit and claim information.

See the Radio City Christmas Spectacular

This LVHN Recreation Committee trip is Friday, Dec. 4.

Send Flowers and Save 20 Percent

Discounts are offered by Phoebe Floral and From You Flowers.



Read Lehigh Valley Health News

a blog on LVHN.org containing timely health information and health network news.



PPL Center Presale: Harlem Globetrotters

Purchase tickets to the March 2 event.

Groundbreaking Marks Start of Specialty Care Pavilion Construction at LVH–Muhlenberg

BY [KYLE HARDNER](#) · SEPTEMBER 25, 2015



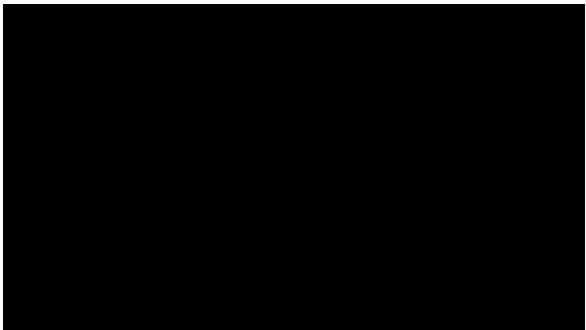
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Everybody loves to celebrate a new arrival.

So it was on Thursday afternoon (Sept. 24) at [Lehigh Valley Hospital \(LVH\)–Muhlenberg](#), where Lehigh Valley Health Network (LVHN) leaders and local officials donned blue hard hats and pink shovels. Together they broke ground on the four-story, 161,00-square-foot Specialty Care Pavilion that will bring numerous “new arrivals” – about 2,000 births a year – to LVH–Muhlenberg for the first time in the Bethlehem hospital’s 54-year history.



In addition to the official ceremony, the event featured 11 Lehigh Valley-area children and their families. The children conducted their own “groundbreaking,” using miniature shovels in a tiny sandbox. “These children represent the type of strong families that will start right here at LVH–Muhlenberg,” said hospital president Jim Geiger.

LVHN leaders also released new information about the Specialty Care Pavilion, which was initially announced in May and is scheduled for completion on July 1, 2017. “This project will extend our commitment to growing strong families closer to home for people in and around Northampton County,” said LVHN president and chief executive officer Brian Nester, DO, MBA, FACOEP.

The total project cost of \$93.6 million will be paid for through a combination of LVHN capital funding and philanthropic gifts, including a \$600,000 pledge courtesy of the LVH–Muhlenberg Summer Festival and a \$300,000 pledge courtesy of the Auxiliary of LVH–Muhlenberg. The Specialty Care Pavilion will create 225 new construction

jobs and 185 new patient care jobs.

Plans call for the Specialty Care Pavilion to include:

- **Obstetrics and newborn services** on the second and third floors, including:
 - A mother-baby unit with 20 private patient rooms
 - An admitting-holding nursery for use during the admission process or for procedures
 - A Level II NICU with 10 private rooms
 - Eight labor, delivery and recovery rooms
 - Two operating rooms
 - Five obstetrics triage beds
 - A three-bay post-anesthesia care unit area
 - And a four-bed antepartum unit
- **A Center for Inpatient Rehabilitation** on the first floor, providing patients a short period of intensive, hospital-based therapy following a serious illness, injury or procedure. It will include:
 - 28 beds
 - A therapy gym
 - A suite where patients can perform activities of daily living
 - Specialized rehab equipment, including a harness patients can use as they learn to stand and walk again during recovery
- **Lobby space** on the first floor, including a new gift shop, café, a children’s play center, private lactation rooms for breastfeeding mothers, additional rest rooms and an outdoor courtyard.
- **Shell space** on the fourth floor for future growth.

The Specialty Care Pavilion also will offer people in Northampton County tight connections to additional services available throughout LVHN. “Moms at LVH–Muhlenberg will have access to maternal fetal medicine for high risk pregnancy, assistive reproductive technology, and to all the services available through our Children’s Hospital at Lehigh Valley Hospital,” said Mary Bianchi, vice president, women and children’s service line.

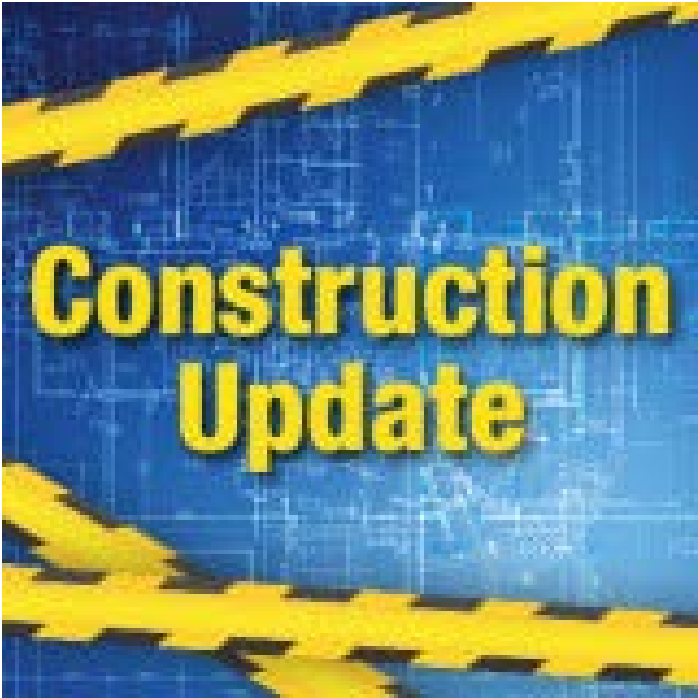
Erdman Healthcare Real Estate Solutions of Madison, Wis., will provide the design/build services for the Specialty Care Pavilion, while the Pidcock Company of Allentown will assist in civil engineering.

See media coverage of the groundbreaking event:

- [Ground Broken on New Maternity Ward at LVH–Muhlenberg](#) (WFMZ 69News)
- [Childbirth, Inpatient Rehabilitation Coming to Lehigh Valley Hospital in Bethlehem](#) (LehighValleyLive.com/ExpressTimes)
- [Lehigh Valley Hospital Building a \\$94M Pavilion With a Maternity Ward](#) (Philadelphia Business Journal)

Tags: [LVH-Muhlenberg](#) [Obstetrics](#) [Rehabilitation](#) [Specialty Care Pavilion](#)

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Help Kick Influenza; Get Vaccinated During our Fall Flu Shot Clinic

BY [SHEILA CABALLERO](#) · SEPTEMBER 22, 2015

It's official. Flu season is just around the corner. Help us kick the influenza virus by getting vaccinated during one of our fall Flu Shot Clinics starting Oct. 1.

So many reasons, so little time

There are plenty of reasons to get vaccinated, but only a limited amount of time to get your flu shot. Clinics run from Oct. 1 through Nov. 23 at [locations throughout the network](#). You also can get vaccinated at employee health during [walk-in hours](#) (non-clinic days only). Colleagues who work in a patient care area can get the flu shot through a peer vaccinator.

Some flu shot facts to consider:

- The flu shot is the best way to protect yourself, your loved ones and the entire community from influenza infection.
- Staying healthy helps us heal, comfort and care for our patients and reduces the potential spread of influenza through our hospitals and medical practices.



- It's a requirement of employment for colleagues with patient contact and strongly encouraged for all colleagues.

Colleagues with patient contact must be vaccinated by Nov. 23, unless an exemption request (valid medical or religious reason) has been submitted by Nov. 1 and approved. Exemption requests are available through employee health services. All other colleagues have until Nov. 23 to be vaccinated or submit a declination form found in the mandatory September TLC bundle.

You don't need to bring a hard copy of your consent to get your flu shot. Instead, colleagues should complete the electronic consent form found in the mandatory TLC 1Q16 influenza course, before being vaccinated. If you missed the TLC link, you can also find the electronic consent form on the [intranet](#).

For more information, including types of vaccinations available, the [electronic consent form](#) and FAQs, visit the [Influenza Information](#) page found on the intranet home page under Colleague Resources.

Tags: [Employee Health](#) [Flu](#) [Flu Shot Clinic](#) [Influenza](#) [Vaccination](#)

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It's Infectious: Flash Mob at Flu Shot Clinic Gives Hospital Employees Shot at Love – VIDEO

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Reminder: Bring Your Ideas to Monday's Colleague Forum

BY [RICK MARTUSCELLI](#) · SEPTEMBER 23, 2015

Monday, Sept. 28 is your opportunity to get a status report on our health network and to share ideas you have to make LVHN even better. That's the day president and chief executive officer Brian Nester, DO, MBA, FACOEP, will host the first Colleague Forum of fiscal year 2016 (FY16).

During the forum, Dr. Nester will:

- Share the results of our FY15 goals
- Discuss how colleagues will be rewarded for their hard work
- Present our new goals for FY16 and explain how you can help us achieve them
- Answer your questions about our performance and goals
- Listen to suggestions you have to improve access to our care and the patient experience

To prepare, think about experiences you've had as a colleague or patient. Brainstorm ways in which we could have improved access to our care or made the patient experience even better. Then share your ideas at the forum in a manner that is productive, respectful and in the spirit of collaboration and constant improvement.



You also can share your ideas by commenting on this post. Colleagues who are working on enhancing access and experience will review your suggestions, comment on them, and act upon ideas deemed feasible and effective.

Here are details about when and where you can attend the forum:

Colleague Forum

Monday, Sept. 28, 2-3 p.m.

Live location:

LVH–Cedar Crest auditorium

Simulcast locations:

LVH–17th Street auditorium

LVH–Muhlenberg ECC rooms B, C and D

LVHN–Mack Boulevard auditorium

LVHN–One City Center 7E2, 8E2 and 9E2, room H

Select LVPG practice locations with videoconferencing capabilities

Just show up. No RSVP is required.

Tags: Brian Nester Colleague Forum Dr. Nester Forum

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Attend a Colleague Forum on September 28

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More Fencing, Parking Changes Coming to LVH–Muhlenberg Construction Site

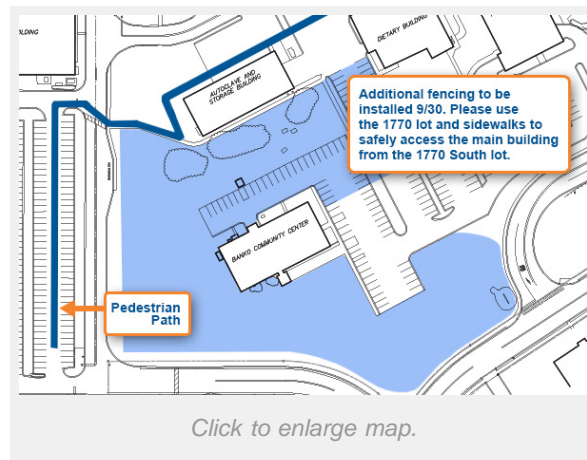
BY [TED WILLIAMS](#) · SEPTEMBER 24, 2015

Additional fencing is due to be installed next week as construction workers begin to ramp up efforts on a project that will eventually include the razing of two structures on the south side of the LVH–Muhlenberg campus.

Beginning Wednesday, Sept. 30, the fencing (shown in the shaded blue area of the map above) will surround most of the Banko Community Center while an excavating project begins north of the center. Colleagues in behavioral health will continue to occupy the center into early November, and parking will remain available east of the building during this phase of the project.

LVH–Muhlenberg colleagues who park in the 1770 building south lot are urged to proceed from that lot by using the pedestrian path shown on the map to safely access the main hospital buildings from that side of the campus.

Also next week, interior demolition work is scheduled to begin within the former dietary building adjacent to the



south entrance complex. The exterior demolition of the dietary building is scheduled to start in mid-October. Prior to that, fencing will be extended to safely contain the area.

The Banko Community Center is earmarked for demolition in November once all services have been relocated to other facilities. More details on that demolition will be released in the coming weeks.

This project is a precursor to construction beginning on a four-story pavilion that will house obstetrics and newborn services as well as inpatient rehabilitation. The pavilion is expected to open in July, 2017.

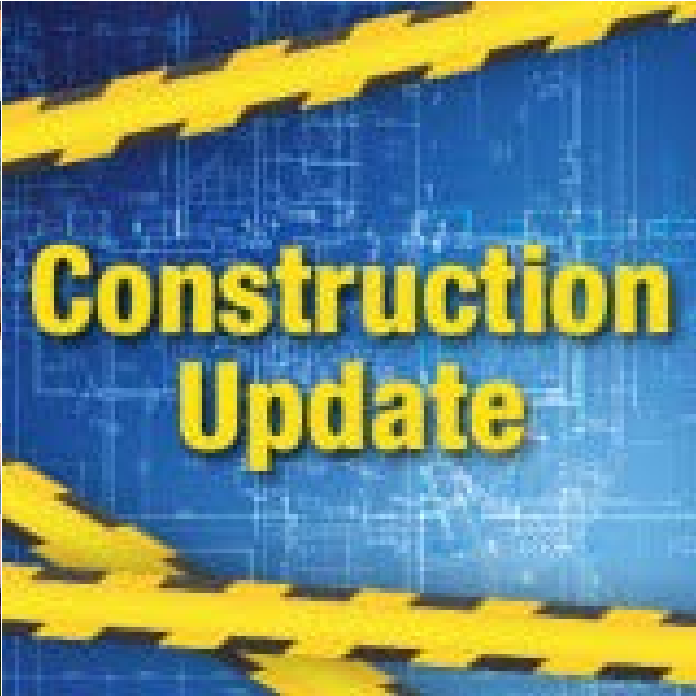
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Second Phase of LVH–Cedar Crest Parking Expansion Begins Sept. 8

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“Stack the Pack” Success – PHOTOS

BY [JENN FISHER](#) · SEPTEMBER 24, 2015



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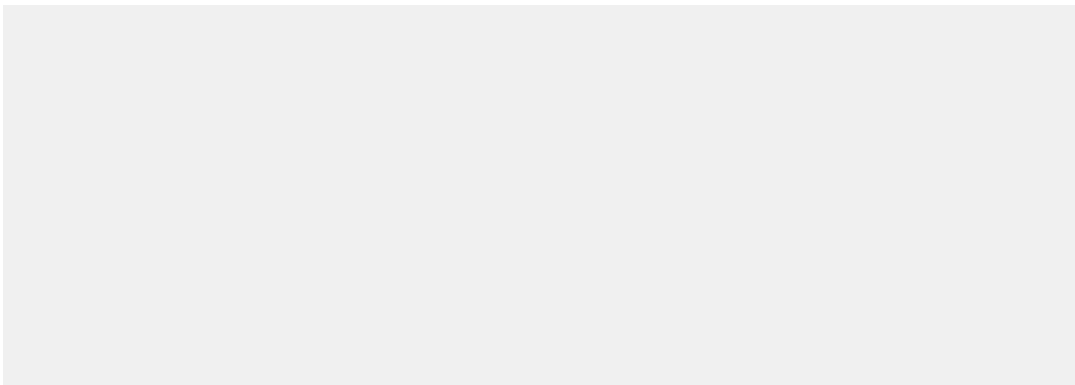
Picture 1 of 6

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A truckload of brand new school supplies donated by LVHN colleagues made its way to two areas schools last week. These deliveries were a result of the annual Stack the Pack community outreach project sponsored by the [Professional Excellence Council \(PEC\)](#). This is the seventh year PEC has coordinated Stack the Pack.

McKinley Elementary School in the Allentown School District and Broughal Middle School in the Bethlehem School District were this year's recipients. "The response from both schools was nothing but gratitude and appreciation," says Denise Snyder, BSN, RN, chair of the PEC's community engagement workgroup. "At Broughal Middle School some of the kids come out to help. The principal there could not say 'thank you' enough for the network's generosity. The principal at McKinley Elementary School was extremely grateful, as well. The children and teachers lined the hallway and were so excited to see all of the supplies."

The call for pencils, crayons, glue sticks, 3-ring binders and more was generously answered across LVHN. It's estimated the value of the school supplies our colleagues donated exceeded \$4,000 this year.





Broughal MS @BASDBroughalCS · Sep 17

Thank you @LVHN for the incredible donation of school supplies!
@UnitedWayGLV @BASDSUPT @basdjacksilva



RETWEETS

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FAVORITES

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1:19 PM - 17 Sep 2015 · Details



LVHN received a special “thank you” on Twitter from Broughal Middle School.

Tags:

- Denise Snyder
- Donation
- Professional Excellence Council
- School Supplies
- Stack the Pack

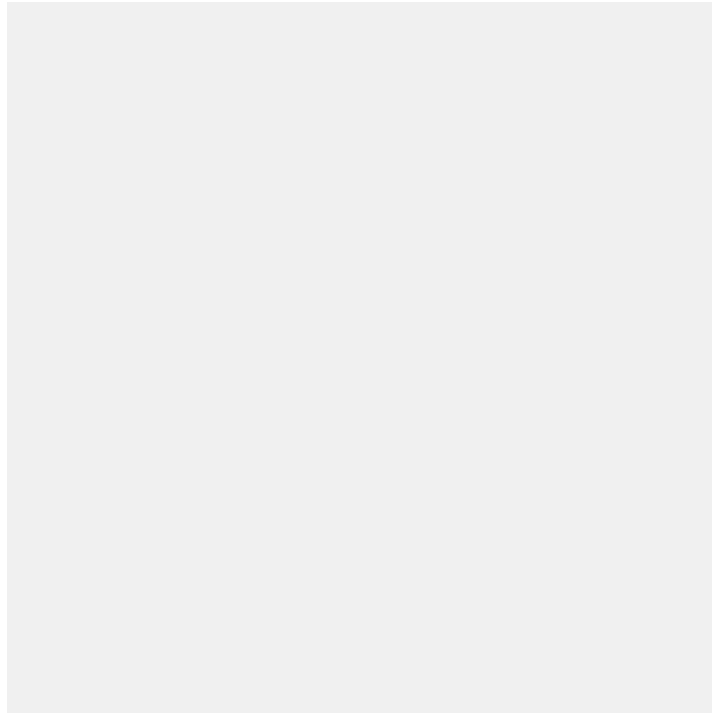
Streamlined MyPopulytics Website Gives You Faster Access to Health Benefit and Claim Information

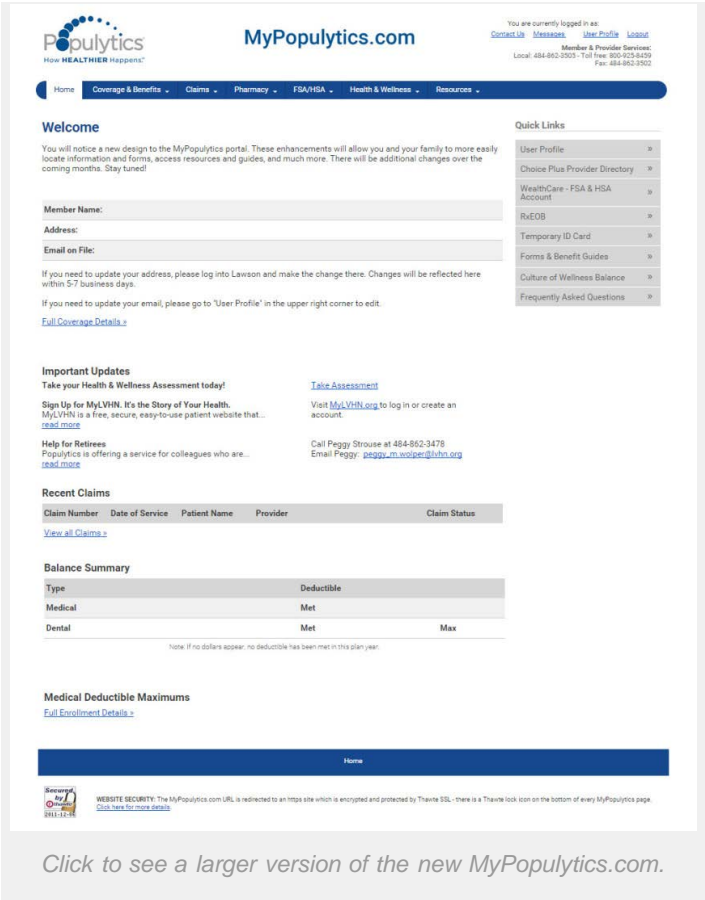
BY [SHEILA CABALLERO](#) · SEPTEMBER 21, 2015

Are you enrolled in Choice Plus? If so, you already know that [MyPopulytics.com](#) is the place to go to track all your health benefits and claims information. Now, when you log onto the site from your computer or other Internet-ready device, you'll find an improved website with a new look and feel, better organization and quick navigational links to the information you need most.

"The new user-friendly site is more personalized to help you find the information you need quickly," says Stacey Asbell, administrator, operations and health plan management for Populytics. "We've also made enhancements that let you drill down into claims, coverage and other information for more detail."

The newly redesigned MyPopulytics.com gives you





an at-a-glance summary of your benefits information presented in a dashboard-style display. A horizontal menu bar located at the top of the page lets you choose from a variety of dropdown options. You also can get more details on claims, flex-spending activity and prescriptions.

Other enhancements include:

- Quick links to the information you need most, including forms and FAQs
- A balance summary that makes it easy to track your individual and family deductibles
- Easy-to-understand descriptions of your plan coverage, plus drill-down access for more detail
- A streamlined claims section that shows your most recent claims activity first and allows you to sort by provider, claim status, date and other information
- A pharmacy Explanation of Benefits section (RxEOB) for up-to-date information on your Health Spectrum Pharmacy claims
- At-a-glance design that lets you easily track your Culture of Wellness activities and balance
- A more personalized experience that shows you the benefits you’ve elected (not the benefits available to the entire network)

Other helpful links make it easy to gain access to your personal medical records when you sign up for [MyLVHN](#), retirement resources and other timely information.

“The new website makes it easier for colleagues to access health plan information to help them be more confident, knowledgeable health care consumers,” Asbell says. “We think plan members will embrace the new site.”

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DISCOUNTS AND PERKS

See the Radio City Christmas Spectacular

BY [TED WILLIAMS](#) · SEPTEMBER 22, 2015

LVHN's Recreation Committee arranges fun day, weekend and multiple-day trips for site-seeing, shows and sporting events for colleagues to a variety of regional and national destinations. For most of these trips, family and friends are welcome to come along.

Here is an upcoming trip to keep in mind:

Radio City Christmas Spectacular, New York, NY

Friday, Dec. 4, 2015

\$90 per person (includes round-trip transportation and show ticket)

[Get the itinerary and registration form.](#)

For more information, contact Louise_A.Rheiner@lvhn.org.



[See a list of all Recreation Committee site-seeing trips, shows and sporting events.](#)

Tags: [Radio City Christmas Spectacular](#) [Recreation Committee](#)

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‘LVHN at Dorney Park’ Aug. 19 and Sept. 26

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Get a Price Break on a Gourmet Buffet & Grill Meal

15 JUL, 2015

Send Flowers and Save 20 Percent

BY [TED WILLIAMS](#) · SEPTEMBER 23, 2015

LVHN's Recreation Committee arranges colleague discounts on hotels and resorts, restaurants, entertainment venues and a variety of retail items among other opportunities. Depending on your carrier, you can also get a break on your monthly cellphone bill if you're an LVHN colleague.

Here are our featured discounts for September.

Phoebe Floral, 2102 Hamilton St., Allentown, PA

Colleagues who show their LVHN ID badge receive a 20-percent discount (excludes wedding and large party orders).

From You Flowers

Save 20 percent on a spectacular collection of flowers and plants from the complete line of FTD and 1-800-FLOWERS trademarked items. The discount also entitles you to great savings on gift baskets and gourmet baked



goods from world renowned brands like Godiva, Ghirardelli and David's Cookies. To take advantage of your exclusive 20-percent discount, visit your customized website at www.fromyouflowers.com/lvhn, or call 1-800-838-8853 and mention code 1359.

[See a detailed list of other discounts for colleagues.](#)

Tags: [Flowers](#) [Recreation Committee](#)

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PPL Center Presale: The Harlem Globetrotters, March 2

BY [ASHLEY MILLER](#) · SEPTEMBER 23, 2015

Because LVHN is a valued founding partner of the PPL Center, you are eligible to purchase tickets to see The Harlem Globetrotters on March 2, at 7 p.m. before they go on-sale to the public.

[Enter promo code PTLVHN to purchase.](#)

Presale begins Wednesday, Sept. 23 at 2 p.m.

Presale ends Monday, Oct. 5 at 11:59 p.m.

Tickets go on-sale to the public *Tuesday, Oct. 6 at 10 a.m.*

The Harlem Globetrotters are preparing for their most epic tour in history, as the world famous team celebrates its 90th anniversary world tour. A star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-a-kind family entertainment that thrills fans of all ages.



Tags: PPL Center Presale

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PPL Center Presale: TORUK–The First Flight, Dec.
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5 AUG, 2015