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Turkey Toss Totals – PHOTOS

by [Rick Martuscelli](#) · November 19, 2018

It's an LVHN holiday tradition: our annual Turkey Toss. For the eighth year, LVHN gave all colleagues a free 12-14 pound frozen Jaindl turkey in recognition of the amazing work you do every day.

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This year, nearly 6,000 turkeys were distributed. Senior leaders distributed the turkeys during six Turkey Toss events. Even a snow storm didn't stop colleagues from picking up their holiday bird at LVH–Muhlenberg. Many colleagues chose to donate their turkey to those who are less fortunate, including [colleagues at LVH–Schuykill](#).

Here are photos from Turkey Toss events around LVHN.



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If you didn't get a turkey during the Turkey Toss, you can redeem your free turkey certificate at the Jaindl Farms Store. Certificates are redeemable during business hours at Jaindl Farms retail location, 3150 Coffeetown Road, Orefield.

Visit Jaindl.com or call 610-395-3333 for store hours.

If you redeem your certificate at the Jaindl Farms Store, you may choose from:

- 12-14 pound frozen Jaindl turkey
- 8-10 pound Jaindl bone-in turkey breast
- 5 pounds of turkey barbecue (Pennsylvania Dutch style or pulled)

Take the Health and Wellness Needs and Interests Survey

by [Admin](#) · November 20, 2018

At LVHN, our colleagues are our most valuable asset. We recognize how hard colleagues work every day to further our mission. We acknowledge, appreciate and celebrate these efforts.



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To continue providing the best quality care, you need to be at your best. That is why we created the LVHN My Total Health Program, a comprehensive array of health and wellness related activities and resources available to colleagues.

As our organization continues to grow and evolve, we are constantly looking for ways to improve upon and grow our programs to better support colleagues. To do this, we need to understand what matters most to you. This is why we've developed the My Total Health Needs and Interests Survey for all LVHN colleagues.

This short survey asks about your interests, opinions and perceptions of your work environment and work culture to support a healthy workplace. We want to hear about your experiences and opinions. Your participation is voluntary and all of your responses will remain anonymous.

To get started:

1. Click on the survey link below.
2. Complete the survey by sharing your thoughts, opinions, interests and perceptions on the My Total Health Program at LVHN. Please do not include your name in this survey. Your responses will remain anonymous*.
3. After you fill in your responses, if you are interested, click on the enclosed link for a chance to win a new Fitbit Charge 3. You will be prompted to enter your information for the raffle in a separate window. The raffle is not connected to your wellness survey responses, which will remain anonymous.

The deadline to respond is Dec. 6.

[Please click here to complete the survey.](#)

** Comments provided will be maintained in a secure manner. We will not disclose personal responses. However, your responses will be combined with other information we receive and reported in aggregate as feedback from LVHN.*

Watch Leader to Leader – November 2018 – VIDEO

by [Admin](#) · November 19, 2018

Want an update on what's happening throughout LVHN? Watch the presentation delivered at November's Leader to Leader meeting. Click the topic to watch the presentation

[PRIDE/Service Star Awards](#)

[Update on our Goals and Financial Performance](#)

[Lehigh Valley Reilly Children's Hospital Update](#)

[Turkey Toss 2018 Recap](#)

[All About Sports Medicine at LVHN](#)



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LVHN Hosts First Annual Multi-site Colleague College Fairs

by [Emilie Carlino](#) · November 20, 2018

LVHN is dedicated to helping colleagues achieve their personal and professional goals. We offer options to help colleagues who want to return to school pay for their education. LVHN has a generous tuition reimbursement program, and colleagues may also be eligible for additional education discounts offered to LVHN by individual institutions. In addition, our department of education (DOE) is committed to providing continuing education materials and opportunities to accommodate colleagues' diverse professional development interests. For the past seven years, DOE has partnered with regional colleges and universities to offer a variety of educational programs for both clinical and nonclinical colleagues, including an annual Colleague College Fair.

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Hipolito Madera enjoys the Colleague College Fair with LVH-Hazleton department of education colleagues Rose Jevit, Jessica Hertzog and Rachel Barletta.

To expand continuing education and career development efforts, this year DOE extended the Colleague College Fair to LVH-Hazleton, LVH-Schuylkill and LVH-Cedar Crest. A similar event is in planning for LVH-Pocono on April 24, 2019. The Colleague College Fairs are open to all LVHN colleagues and their families.

In September, 14 colleges visited LVH-Hazleton to share continuing education opportunities with colleagues. More than 75 of our LVH-Hazleton colleagues stopped by to talk with college representatives about going back to school. Among them was LVHN Colleague Ambassador [Hipolito Madera](#), who said he is “LVHNProud” to work for a health network that cares about the development of its employees.”

The second fair was held at LVH-Schuylkill on Oct. 19. Colleagues were excited to welcome 11 schools to LVH-Schuylkill. More than 150 colleagues stopped by the fair to learn about continuing education programs and opportunities available.

The last fair for fall 2018 was held on Nov. 5 at LVH-Cedar Crest. LVH-Cedar Crest is the largest of the sites and was able to accommodate 23 schools with multiple representatives from various undergraduate and graduate programs. Throughout the day, more than 170 colleagues and their family members visited the fair to speak with colleges about program options and to learn how LVHN can help them continue to develop professionally with tuition reimbursement and other educational opportunities.



LVH-Schuylkill OR Patient Care Manager Eileen Kenton and her two daughters explored college options at the fair. They received valuable information that will help in their future career development and career exploration.



Department of Education Colleague Ambassador Christine Hricak and Valencia King attended the College Fair at LVH-Cedar Crest. For King, this year's college fair brought back memories of first time she attended this event. In 2014 she registered for the annual fair not knowing what to expect. While she was there she got information from Lehigh Carbon Community College and decided to enroll in courses to complete her associate's degree. King was able to take advantage of LVHN benefits to complete her degree at a low cost and she graduated in 2016. King attended this year's fair to find information about pursuing her bachelor's degree. She stated, "This year's college fair helped me narrow down my search for perspective schools and programs."

LVHN's human resources team attended the college fairs and provided all colleagues with information about the health network's tuition reimbursement application processes. Colleagues from organizational effectiveness also discussed professional development opportunities available to colleagues within the health network.

Here is a list of institutions that attended the fairs to represent their clinical and nonclinical programs:

Alvernia University, American Sentinel University, Aspen University, Cedar Crest College, Chamberlain College of Nursing, DeSales University, Drexel University, East Stroudsburg University, Grand Canyon University, Joseph F McCloskey School of Nursing, Kings College, Lackawanna College, Lehigh Carbon Community College, Lehigh University, Messiah College, Misericordia, Moravian College,

Muhlenberg College Wescoe School of Continuing Education, New England College of Business, Northampton Community College, Penn State University, Pennsylvania College of Health Sciences, University of Maryland University College, Villanova University, Wilkes University

Colleagues can visit the [department of education website](#) for a full listing of our current affiliations. For more photos from the college fairs visit #LVHNColleagueCollegeFairs hashtag on LinkedIn.

Save the date for LVHN's spring 2019 Colleague College Fair at LVH- Pocono on Wednesday, April 24, 2019

Enhanced Partnerships Equals Innovative Treatments for GERD

by [Marciann Albert](#) · November 20, 2018



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LVPG General, Bariatric, and Trauma Surgery colleagues celebrate national GERD week.

Patients with gastroesophageal reflux disease (GERD) have new options when initial treatments – such as lifestyle and dietary modifications and antacids – are no longer effective: surgical and less-invasive endoscopic treatments.

[Scott W. Beman, MD](#), LVPG General, Bariatric and Trauma Surgery, and [Shashin Shah, MD](#), Eastern Pennsylvania Gastroenterology and Liver Specialists, PC have

partnered to perform two leading-edge treatments for GERD and acid reflux.

The first treatment is transoral incisionless fundoplication (TIF), which is performed through the patient's mouth and from within the patient's stomach using no incisions. The device reconstructs the lower esophageal sphincter to restore the body's natural protection against reflux.

The second treatment is the LINX system, which utilizes a band of interlocked titanium beads. These beads expand to allow food to enter the stomach and then retract to ensure no stomach acid or contents are allowed back up.

TIF candidates:

- Patients suffering from GERD who regularly experience troublesome symptoms
- Patients who no longer respond to or are not satisfied with pharmaceutical therapies
- TIF can be performed in conjunction with hiatal hernia repair

TIF is not a treatment option for patients with:

- Chronic, uncontrollable cough
- Bleeding disorder, esophageal abnormalities or obstructions
- Esophageal stenosis or limited neck mobility or those with large hernias

LINX candidates:

- Patients suffering from GERD who regularly experience troublesome symptoms
- Patients who no longer respond to or are not satisfied with pharmaceutical therapies

LINX is not a treatment option for patients with:

- Known or suspected allergies to titanium, stainless steel, nickel or ferrous (iron) metals
- Implanted pacemakers or defibrillators or metallic implants in abdomen

Both procedures are offered at LVH–Cedar Crest and LVH–Muhlenberg.

Additionally, a nurse navigator will be available to provide additional layers of education and support for patients receiving treatments.

LVPG practices that have had patient successfully referred for this procedure are also poised to help by sharing their experience. Interested providers may refer patients by calling 888-402-LVHN. To learn more about GERD and these new treatment options, request “Your Guide to Acid Reflux,” at LVHN.org/refluxguide or call 888-402-LVHN.

An Exemplary Appointment

by [Marciann Albert](#) · November 19, 2018

On Oct. 15, [Mary Jane S. Hanson, PhD, CRNP](#), was elected as practice representative and Chair of the Commission on Collegiate Nursing Education (CCNE) Board of Commissioners. Hanson, a certified nurse practitioner at LVPG Family Medicine—Albrightsville and Professor of Nursing, Director of Graduate Nursing and DNP Programs, Panuska College of Professional Studies, University of Scranton, will assume the role on Jan. 1, 2019.



CCNE is one of the largest health related accrediting organizations in the United States, accrediting more than 1,700 nursing programs at 800 colleges and universities in the United States and abroad. Hanson is honored by this exemplary appointment. “As a family nurse practitioner at LVPG Family Medicine—Albrightsville, I am proud to represent nursing practice as Chair of the Board of Commissioners of the Commission on Collegiate Nursing Education,” she says. “It is an honor to be associated with LVPG and CCNE, two highly prestigious organizations that both value superior quality health care and clinical education.”

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