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LVHN Weekly-Pocono

Newsletters

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LVHN Weekly-Pocono

Lehigh Valley Health Network

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LVHNWEEKLY | POCONO

Your wrap-up of the week's news from LVHN.

[HAP Patient Safety Award](#)

All LVHN hospitals recognized for excellence in patient safety.

[Chief Wellness Officer Announced](#)

Joseph Patruno, MD, named Chief Wellness Officer.

[LVPG 25th Anniversary](#)

See pictures from the picnic celebration.

[Aging Parent Fair](#)

Attend the free event Oct. 23 if you're caring for aging parents.

[New York City Trip](#)

Travel with LVHN Recreation Committee to NYC on Nov. 30.

[SCAD Educational Seminar](#)

Learn about the #1 cause of heart attack in women under 50.

[Celtic Partners - PHOTOS](#)

See colleagues in action at Celtic Classic.

Colleague
Flu Shot Clinic
Schedule

[Learn More](#)



Career
Milestones

[Learn More](#)



LEAPing
Forward

[Learn More](#)



LVHN news

Things Every Kid Should
Have In Their Backpack

Tips for Managing Migraines

Tips to Prevent Carpal Tunnel

Information on LVHN Weekly is for LVHN colleagues only and cannot be accessed on smartphones or computers outside of LVHN's network.

All LVHN Hospitals Honored for Patient Safety

BY [KATIE CAVENDER](#) · OCTOBER 8, 2019

All Lehigh Valley Health Network (LVHN) hospitals are being honored as part of The Hospital and Healthsystem Association of Pennsylvania's (HAP) [Excellence in Patient Safety Recognition program](#).

HAP launched the Excellence in Patient Safety Recognition program in 2018 to recognize Pennsylvania's top-performing hospitals that have demonstrated low rates of health care-associated infections.

"We are so pleased to have been recognized by HAP for excellence in patient safety," said Matthew McCambridge, MD, LVHN's Chief Quality Officer.

"Providing safe patient care is foundational to all we do at LVHN and we are driven to continue to advance patient safety wherever and whenever we provide care."

Utilizing data from the Centers for Disease Control and Prevention's National Healthcare Safety Network, The Excellence in Patient Safety Program identifies and recognizes member hospitals that performed better than the mean standardized infection ratio across Pennsylvania. Three key measures were evaluated: central line-associated bloodstream infection, catheter-associated urinary tract infection, and clostridium difficile infections. HAP listed 24 hospitals as honorees of the program. Five of the hospitals listed are a part of LVHN, the most of any health system in Pennsylvania.

The five sites listed are: LVH-Cedar Crest in Allentown, LVH-Muhlenberg in Bethlehem, LVH-Hazleton in Hazleton, LVH-Pocono in East Stroudsburg and LVH-Schuylkill E. Norwegian Street. HAP evaluated each hospital under the license of each location listed, which also includes LVH-17th Street and LVH-Schuylkill S. Jackson Street.



LVHN Announces Chief Wellness Officer

BY [AMANDA BIALEK](#) · OCTOBER 8, 2019

LVHN's new Chief Wellness Officer is obstetrician-gynecologist Joseph Patruno, MD, with Center for Women's Medicine at LVH-17th Street.

"Joe has displayed a deep interest in and passion for the subject of burnout and has taken initiative during his time as President of the Medical Staff to address the situation," says Thomas Whalen, MD, LVHN Executive Vice President and Chief Medical Officer.

During Patruno's two-year term as President of Medical Staff (2016-2018), he implemented wellness-focused initiatives and programs including:

- Wellness Committee – provides resources and education about burnout and well-being to caregivers at every level of the continuum.
- Physicians for Physicians program (P4P) – a peer mentorship group of doctors and APCs who support colleagues facing professional or personal strife.
- Well-being Index (WBI) – quarterly self-assessments that evaluate distress levels in physicians and APCs.

"I have devoted most of my administrative time to measuring the problem of burnout and creating strategies to combat it to allow our physicians and other caregivers to thrive in the clinical environment," Patruno says.

In his role as Chief Wellness Officer, Patruno will continue to address the pressing problem of physician burnout. He looks forward to implementing strategies that meet the goals of the LVHN Well-Being Paradigm.

LVHN Well-Being Paradigm



To help address caregiver well-being, the LVHN Well-Being Paradigm focuses on three core initiatives:

- Creating a culture of wellness
- Optimizing efficiency in practice
- Promoting personal resiliency

Creating a culture of wellness

Patruno is forming a Well-Being Counsel. Colleagues who join this group will act as a representative for the operational side of their department. These individuals will bring ideas back to their team on how to improve structure and boost well-being in the office. In addition to Physicians for Physicians (P4P), there are a variety of programs underway that will recognize caregiver achievement, demonstrate appreciation and/or provide mentorship to early career physicians.

Optimizing efficiency in practice

The goals are to maximize time spent with patients while minimizing administrative duties and bringing joy back to practicing medicine. Enforcing team-based care principles will ensure physicians are receiving the support they need. Plans include EHR optimization, staffing and documentation support, improved work spaces and IT enhancements.

Promoting personal resiliency

To foster more community and collegiality, self-care and resiliency programs will be available to health care providers at LVHN. There also will be social mixers hosted by Medical Staff Services to provide social and peer support to caregivers.

“A big part of this is to mitigate burnout and promote well-being, ultimately helping our caregivers thrive in what they are doing professionally,” Patruno says. “I believe there is a moral imperative that we as an organization need to ensure that not only our patients are well, but that our caregivers are also well,” Patruno says.

LVPG 25th Anniversary Colleague Picnic – PHOTOS

BY [RICK MARTUSCELLI](#) · OCTOBER 9, 2019

On Saturday, Sept. 14, LVPG hosted a 25th Anniversary Picnic Celebration for colleagues at the Kempton Community Center.

picnic7



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Members of LVPG leadership took turns serving up delicious food, sweet treats and refreshments to colleagues and family members.

The sometimes-heavy spouts of rain didn't dampen the fun or spirits of those in attendance. Everyone enjoyed live music, lawn games, giveaways and an assortment of basket raffles.

Event Helps Colleagues Care for Aging Parents

BY [RICK MARTUSCELLI](#) · OCTOBER 10, 2019

Do you have parents who need a little more care and attention these days? If so, consider attending a free event where representatives from a variety of local organization will provide information about the resources available to you that can help you care for your aging parents.

This event offers information on rehabilitation, dementia and Alzheimer's disease services, home care, hospice, veterans' assistance, senior placement and more. This event will be available to LVHN colleagues prior to opening for the general public. Meet representatives providing resources from:



- Lehigh Valley Health Network
- Lehigh County Area Agency on Aging
- Lehigh County Veterans Association
- Lehigh Valley Active Life Senior Center
- Lehigh Valley Bar Association
- Center for Vision Loss
- R. Borton & Associates LTC Insurance
- Medihill Inc. Personal Emergency Response System
- Care Patrol Senior Placement Agency
- Diakon Continuing Care Community
- Senior Helpers of the Lehigh Valley

Wednesday, Oct. 23

2-4 p.m., LVHN colleagues

5-7 p.m., Community members

Lehigh Valley Hospital–Cedar Crest

Kasych Family Pavilion

ECC rooms 6, 7 and 8

Call 888-402-LVHN or [click here](#) to register.

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Join us: New York City on Your Own Trip

BY [KATIE CAVENDER](#) · OCTOBER 8, 2019

What's your favorite thing to do in New York City? Whether it's riding a carriage through Central Park, watching a Broadway show, or spending the day shopping, you can do exactly that on the annual New York City on Your Own Trip.

Join the LVHN Recreation Committee on their annual holiday trip to New York. On Nov. 30 Klein Transportation will pick up the group from LVH–Cedar Crest at 8 a.m. sharp. Once in New York, you're welcome to experience the city however you'd like. The bus will depart NYC at 7 p.m. the same day. It's \$40 to participate.

For additional trip details [click here](#).



You're Invited to a SCAD Educational Seminar

BY [KATIE CAVENDER](#) · OCTOBER 9, 2019

Not all heart attacks are the same. In fact, spontaneous coronary artery dissection (SCAD) often affects people who are otherwise healthy and is the leading cause of heart attacks in women under 50. Whether you're a survivor of SCAD or curious about healthy living, join us on Saturday, Oct. 12 for an [educational seminar](#) to learn from experienced cardiologists about this condition. We'll cover everything from symptoms to treatment and life after an attack. This event is open to the public.

Light refreshments will be served.

Saturday, Oct. 12 at 1:30pm

LVH–Cedar Crest, Kasych Pavilion (ECC 6-8)

Presenters:

Ellina Feiner, M.D.

Cardiologist, with LVPG Cardiology

Marysia S. Tweet, M.D.

Assistant Professor of Medicine, Mayo Clinic College of Medicine & Science

Senior Associate Consultant, Department of Cardiovascular Medicine within the Division of Ischemic Heart Disease and Critical Care

To RSVP [click here](#) or call 888-402-LVHN.



Celtic Partners – PHOTOS

BY [KIRSTIN REED](#) · OCTOBER 10, 2019

Colleagues staffed a health tent for the 32nd annual Celtic Classic Highland Games & Festival. LVHN once again served as the official medical partner for the three-day festival in Historic Bethlehem from Sept. 27-29.

The Celtic Classic attracts over 280,000 visitors with nearly 60 percent of visitors traveling from outside of the Lehigh Valley to experience Celtic heritage through education, musical presentations, and traditional competitions in athletics, piping and dance.



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