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LVH–Hazleton Readies Campus for Start of Expansion Project

by [Jane Danish](#) · January 10, 2019

The new year ushers in the start of the long-anticipated emergency department (ED) expansion project. Preliminary work to ready the LVH–Hazleton campus for expansion has been ongoing. Here's what's been done so far and what you can expect going forward. [Download this parking map](#) to review parking lot designations.

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- Parking spaces in front of the hospital will be reduced for the ED expansion. To help ensure easy parking and access to the hospital for our patients, **parking lots A, B and C** have been redesignated and clearly marked with signage. All colleagues, including the medical staff, are asked to park only in designated lots (medical staff in **lots E and M**; all other staff in **lots D and F through L**).
- New steps and a handicap ramp have been installed to allow easy access for patients and visitors from the newly designated patient/visitors **parking lot C** to the main entrance.
- Finishing touches are being completed on the renovated St. Joseph Garden.
- The Lehigh Valley Hospital–Hazleton sign above the main entrance of the hospital will be removed on Jan. 11 and stored until the project is near completion. A naming sign will be erected temporarily on the front wall of the patient tower.
- A temporary entrance has been constructed to the left of the hospital's main entrance and received occupancy approval by the Pennsylvania Department of Health. All patients (including walk-in emergencies), visitors and staff will begin using this temporary entrance in the very near future when both the main and emergency entrances are closed. Emergencies coming to the hospital by way of ambulances will still use the hospital's ambulance entrance.
- The new upper tier parking area (**parking lot G**) will be available for staff parking in spring 2019.

While growth and expansion is exciting for all of us, construction brings with it temporary inconveniences, especially for our patients. Let's work together to help minimize these inconveniences for our patients, be positive about our hospital's

growth and make our patients' stay with us a great experience.

Interviews With Environmental and Food Services Companies

Planned

by [Rick Martuscelli](#) · January 9, 2019

LVHN continuously searches for innovative ways to give our patients and their families the experience they expect and deserve. A major part of the patient and family experience involves the work performed by those who provide environmental and food services. To ensure we give people the best possible experience at all locations in our health network, LVHN is interviewing several companies that provide environmental and food services.



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Our goal is to identify a company that will provide environmental services and a company that will provide food services network-wide so patients and visitors have a consistent experience across LVHN. We may identify one company that is able to provide both services.

As part of this interview process, representatives from several companies will visit facilities throughout LVHN to gain an understanding of our current environmental and food services processes and procedures. Site visitors will be accompanied by a colleague from supply chain and will cause no disruption to your workflow. Visitors may briefly ask questions to a colleague to gain a better understanding about how services are currently provided.

We will not know what changes will take place until a company is selected in the fall of 2019. The greatest changes will likely involve the implementation of new processes and efficiencies related to how environmental and food services staff members do their work. Our goal is for the selected company or companies to begin

providing services on Jan. 1, 2020. We will continue to keep you informed throughout the process.

Thank you for your support during this process and for all you do to give our patients and their loved ones an exceptional experience.

Physician Referral Bonuses Offered

by [Rick Martuscelli](#) · January 9, 2019

Need some extra cash? Refer a physician to LVPG-Pocono, LVPG-Hazleton or LVPG-Schuylkill and receive a \$10,000 referral bonus.

We are looking for physician referrals by March 30, 2019 in the following areas. Physicians must start employment on or before Sept. 1, 2019.

- Urology, LVPG-Hazleton and LVPG-Pocono
- ENT, LVPG-Pocono
- Neurology, LVPG-Pocono
- Psychiatry, all three LVPG regions
- Primary care, LVPG-Pocono and LVPG -Schuylkill

Referral bonuses are paid in two installments. The first half is paid after the physician has successfully completed 60 days of employment. The second half is paid after the physician has successfully completed one year of employment. Only one referral bonus will be paid per successfully recruited physician.

We also offer \$1,000 for any other physician that is successfully referred, and \$500 for any successful advanced practice clinician (APC) referral. For a complete list of our provider openings, visit our career sites:

- [Physician openings](#)
- [APC openings](#)

To make a referral or if you have questions regarding our referral guidelines, please contact Lea Carpenter, 484-862-3218, or via email at lea.carpenter@lvhn.org



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10 Tips to Protect Your Home Network From Hackers

by [Rich Fronheiser](#) · January 8, 2019

This is the first in a series of LVHN Daily posts in which Rich Fronheiser, LVHN's Director of Information Services (I/S) Security, will share information about how to keep your personal network, devices and information safe.

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The FBI recently released an urgent security bulletin warning everyone in the U.S. to reset home wireless routers immediately to protect personal networks and devices from malware linked to Russia called "VPNFilter." The malware is known to target smaller routers, such as those found in homes and small businesses.



More than 500,000 routers have already been attacked in more than 54 countries. Once the malware invades the router, hackers use that router as a launch pad for further attacks, such as collecting personal information and login credentials from connected devices and cloud drive, providing instant access to all online accounts, including banking, medical, documents, pictures and videos. From there, the criminals can block or reroute network traffic completely, or convert the router into a "brick," meaning the router no longer works.

Current Wi-Fi technology provides an always "on" environment, whether the device is being used or not. Most people have many types of devices attached to home

networks, including laptops, televisions, tablets, mobile telephones and printers.

Often, the devices are not turned off when not in use, which means the devices are always connected to the home wireless router.

Although older routers and devices are most at risk and targeted by hackers, Talos, the security division of Cisco, is now finding VPNFilter malware infection spreading beyond the devices first reported and on new models. Currently, the malware has been found on the following model types:

- Linksys
- MikroTik
- Netgear
- TP-Link
- ASUS
- D-Link
- Huawei
- Ubiquiti
- UPVEL
- ZTE

Cisco now believes the threat is even worse than originally thought. Initially, it was thought the VPNFilter routed the attacks around the internet. However, there is evidence the malware has evolved to providing the hackers with the ability to manipulate all data passing through the infected devices – including grabbing login credentials, sending the unsuspecting account holder to servers controlled by the hackers to a site where account balances seem normal as the hackers pull out funds behind the scenes. Afterward, the malware downloads and installs a self-destruction app that will wipe the device before it reboots.

There are steps everyone should take to protect their home network, the hardware connected to it and the personal information that passes through the network.

10 Things You Can Do to Secure Your Home Network

- 1. Avoid using the wireless routers supplied from the internet service provider (ISP).** Although the router supplied by the ISP may be more economical to acquire, the security options are often weak. Also, the options for

the router may only be available to the managed provider. Without a password or access to the router, the consumer relies entirely on the ISP to provide timely updates and patches.

2. Change the default password on the home network router immediately.

Out of the box, most routers have the same default IP address and password. One of the easiest and best ways to secure a home network is to change the default login credentials.

3. Use the WPA2 security setting. If the router has the option for WPA2, select it. WPA2 provides a stronger technology shield against brute force attacks, which are programs that generate and try volumes of login credentials until successfully gaining entry to the system.

4. Select a complex network password. Passphrases that include variables are more secure than passwords. For example, a passphrase such as: Ilovefootballseason#GoBirds is more secure than a pin or simple password that can be compromised using brute force tactics.

5. Create a home network SSID, (network name, or Service Set Identifier).

The SSID is the name given to a home network. Make it a creative name so it is memorable to your family, but not easily hacked by intruders. To further secure the network name, consider not broadcasting it. By not broadcasting, the network will not be readily seen. Provide the network name to family members and guests, and those devices will save the network name for future connections.

6. Disable remote access on the network admin console. Hackers know that most router manufacturers enable remote home network access as a default. In fact, the VPNFilter malware used the remote access feature to enter the systems. Disabling remote access means that access to a personal network can only be provided from inside the home.

7. Disable unused router services. Services like Telnet, SSH and HNAP are services most home owners do not need enabled for typical use. Where Telnet and SSH provide remote access into a home network or device, the HNAP service allows silent management of devices connected to the home network

that are not visible to the family network administrator. If you do not need these services, ensure they are disabled so attackers cannot compromise the network through these ports.

8. **Provide timely router updates and patches.** Regularly look for new software or firmware patches that are available for your home router to maintain security protection and help devices work properly.
9. **Do not let firewall and antivirus protection software lapse and expire.** Even if malware does breach a home network, the first point of protection from malware entering household devices is to have firewall and antivirus protection in force.
10. **Power down or disconnect devices from the home network when not in use.**



About me: My name is Rich Fronheiser, Director of I/S Security and Risk Management. I joined LVHN in 1999 as a Senior Network Engineer, and in 2007 began leading a team of security engineers. Many of the cyber-security challenges we have at LVHN are similar to ones you may have at home. With this blog, I hope to inform you what to look for and how to protect yourself and your family at home.

Purchase 2019 IronPigs Tickets

by [Rick Martuscelli](#) · January 7, 2019

The LVHN Recreation Committee is pleased to offer tickets to four Lehigh Valley IronPigs games in 2019. There are two options for tickets for each game we offer:

1. **Field Level Seats**, \$11 each (plus service fees), includes a \$2 concession credit on each ticket

2. **Party Porch Seats**, \$37 each (plus service fees), includes 2½ hour buffet and unlimited soft drinks until the 8th inning. This is the group area located on the club box level. A cash bar and private restrooms are located on this level. It is under cover for protection from inclement weather. Party Porch menu: fried chicken, Jaindl turkey BBQ, hot dogs, hamburgers, pasta marinara, potato salad, garden salad, chips, fresh fruit, cookies and assorted Coca-Cola products.



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New in 2019

You can now order and pay for your tickets online. [Click here for tickets.](#)

Available IronPigs games

Saturday, May 11 (Mother's Day weekend)

IronPigs vs. Indians

6:35 p.m.

Sunday, June 16 (Father's Day)

IronPigs vs. Clippers

1:35 p.m.

Friday, July 5 (Fourth of July celebration)

IronPigs vs. Red Sox

7:05 p.m.

Sunday Aug. 25

IronPigs vs. RailRiders

1:35 p.m.

There are a limited number of tickets available. Don't delay, buy your tickets today.

Questions? Contact Donna.Stout@lvhn.org or 610-402-2410.

Partners in Progress: LVPG Urology – PHOTOS

by [Marciann Albert](#) · January 8, 2019

By partnering with patients on individualized treatment and combining the collective expertise of specialized providers, colleagues at LVPG Urology transform lives.

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Through a shared commitment to care for urological problems promptly and efficiently, colleagues enhance patient access, properly align rehabilitation as it relates to recovery, and integrate innovative treatments to improve patients' quality of life and outcomes.

So, it's no surprise that LVPG Urology, part of Lehigh Valley Hospital, is ranked among the top 50 best hospitals in America for urology. Delivering high-valued, accessible, patient-centered care is at the heart of what they do.

Expanding LVPG Urology's community reach empowers patients to take an active role in their treatment and care goals. [Courtney K. Phillips, MD](#), Vice Chief of LVPG Urology, joined the practice in October with the primary focus of expanding the endourology and stone disease program, as well broadening LVPG Urology services in northeast Pennsylvania.

Phillips sees patients at practice location at Cedar Crest and in Hazelton. Her areas of expertise include, but are not limited to, minimally invasive procedures and surgeries, robotic surgeries, and treating the following conditions:

- Stone disease
- Urologic cancers
- Urologic infections
- Urinating difficulties
- Enlarged prostate
- Kidney stones
- Testicular, flank and pelvic pain
- Urinary retention
- Hydronephrosis
- Varicocele

Frequent urination

- Vasectomy

Adding to the collective expertise of specialized LVPG Urology providers is

[Kiranpreet Khurana, MD](#). Khurana's concentration is on benign prostatic hyperplasia (BPH) and men's health. Khurana performs minimally invasive procedures and surgeries, robotic surgeries and treats the following conditions:

- Urologic infections
- Urinating difficulties
- Enlarged prostate
- Testicular, flank and pelvic pain
- Urinary retention
- Hydronephrosis
- Varicocele
- Urinary leakage
- Frequent urination
- Neurogenic bladder
- Vasectomy
- Erectile dysfunction
- Kidney stones

Care teams also include clinicians who are certified with the Society of Urological Nurses and Associates and offer experience, support and personalized urologic nursing care and therapy programs.

To schedule with Phillips, Khurana or any other extraordinary urology providers, call 610-402-6986 or place an Epic Ambulatory Referral Order for LVPG Urology.

Learn more about our urology practice locations on [LVHN.org](#):

- [LVPG Urology—1250 Cedar Crest](#), 1250 Cedar Crest Blvd., suite 215, Allentown, PA, 18103
- [LVPG Urology—Muhlenberg](#), 2649 Schoenersville Road, suite 101, Bethlehem, PA, 18017
- [LVPG Urology—Palmer Township](#), 3701 Corriere Road, suite 27, Easton, PA, 18045

- [LVPG Urology–Sherman Court](#), 140 N. Sherman Court, Hazleton, PA, 18201



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Discount on Men's and Women's LVHN Logo Jackets

by [Emily Shiffer](#) · January 8, 2019

Now you can shop for LVHN-branded apparel and merchandise at a discounted price in our gift shops and online. Each month, a new item will be featured.

Discounted merchandise in January includes men's and women's LVHN logo jackets.

Originally \$69.98, they are now on sale for \$59.98.

There isn't a promo code; it's already reduced in stores and online when you click the "January Special" image.

To shop, visit the [LVHN Shop](#).



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