

Dick Fleming (1924-2015)

He lived a life dedicated to helping others.

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Dick Fleming (1924-2015): A Life Dedicated to Helping Others

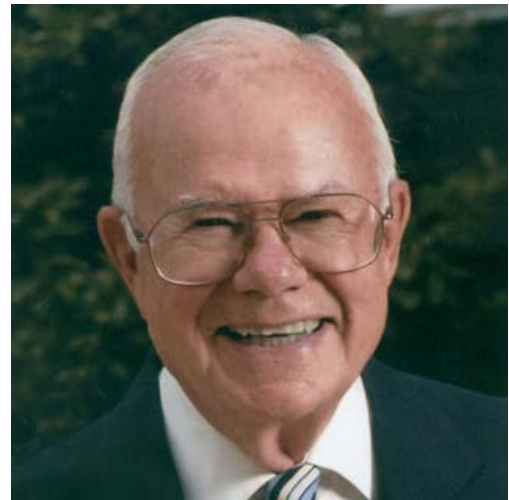
BY GERARD MIGLIORE · DECEMBER 29, 2015

Growing up in the Bronx during the lean years of the Depression, Dick Fleming learned that what you gain in life is not as important as what you do with it.

“We never had much as kids,” he once explained, “but my parents taught us to always share whatever we could.” Fleming never forgot those early lessons, leading a life of service and philanthropy that touched countless lives. Fleming passed away Dec. 24 at age 91. He was a former executive vice president at Air Products and Chemicals, and longtime member of the Lehigh Valley Health Network (LVHN) Board of Trustees.

“Dick Fleming will long be remembered at LVHN for his leadership, generosity and friendship,” says LVHN president and chief executive officer Brian Nester, DO, MBA, FACOEP. “He will be sorely missed.”

Fleming’s partner in life and philanthropy was his wife of 63 years, Peggy. They met at a teen dance at age 15 and were soon inseparable. Peggy shared a similar humble upbringing and desire to help others. “She was my sweetheart and best friend,” he had said. The couple married in 1945 and had three children.



As Fleming progressed through a series of increasingly responsible positions at several companies, the couple's ability to give back likewise increased. The lengthy list of area organizations the Flemings supported over the years includes the Salvation Army, Valley Youth House, Good Shepherd Rehabilitation and DeSales University.

Fleming joined Air Products in 1969 and found a kindred soul in company founder Leonard Parker Pool, who strongly believed in giving back to the community. Pool had a vision of creating a superior regional hospital, and Dick and Peggy Fleming shared that vision. As a result, LVHN became a particular passion. Over the years, the Flemings generously supported initiatives to enhance nursing, infection control, pain management, hospice, trauma and medical education.

The Flemings did more than share financial support. They also shared their time and talents. Naturally compassionate, Peggy was drawn to the Friends of Nursing, an LVHN awards and recognition program the couple founded.

Dick Fleming graciously shared his leadership skills when he joined the Allentown Hospital Board of Trustees in 1975. As board chair from 1977-81, he was influential in the hospital's evolution into Lehigh Valley Health Network. "Dick had a unique blend of wisdom, tenacity and diplomacy that was invaluable during those critical years," Nester says. Fleming remained active on the Board as an emeritus member until his passing. He brought a similar level of tenacity to all the projects he supported at LVHN.

"While Dick was a great idea man, he was not the type to simply move from one project to the next," says LVHN executive vice president and chief medical officer Thomas Whalen, MD. "He didn't just want to be involved. He wanted to be enmeshed."

Fleming's final project at LVHN reflects that desire to make a difference. It's also a fitting tribute to the wife he adored.

Peggy began exhibiting signs of dementia in 2002 and eventually was diagnosed with Alzheimer's disease. Fleming quickly discovered the care system for dementia and related disorders was fragmented and underfunded. After Peggy passed away in 2008, Fleming vowed to honor her by helping families get much-needed support throughout the often overwhelming dementia journey. His vision came to life with the opening of the [Fleming Memory Center](#) at Lehigh Valley Hospital – 17th Street earlier this year. The center offers coordinated, personalized care and support to people with dementia and their principal caregivers.

"Dick was very passionate about helping patients and families," says Debbie Salas-Lopez, MD, LVHN associate chief medical officer. "He wanted to make life a little bit easier for them." Fleming achieved that goal, and because he extended that desire to help the entire community, Dick Fleming made life in the Lehigh Valley better for all of us.

Funeral services for Fleming will be held at First Presbyterian Church of Allentown, 3231 W. Tilghman St., on Saturday, Jan. 9 at 11 a.m. A memorial and social gathering will follow in the Lehigh Valley Hospital–Cedar Crest Richard Fleming Educational Conference Center (located in the Kasych Family Pavilion).

Tags: [Board of Trustees](#) [Dick Fleming](#)

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Half-Off Membership to LVHN Fitness–One City Center in January Plus One Free Personal Training Session

BY [NICHOLAS FRITZ](#) · DECEMBER 30, 2015

Was your resolution this New Year to start going to the gym? Maybe it was to begin attending fitness classes?

LVHN wants to help you accomplish these goals and save money while doing it.

If you become a member at our state-of-the-art [LVHN Fitness–One City Center](#) location in downtown Allentown this month, you'll get half-off your first full month's membership fee plus one free personal training session. So if you're an adult (age 12-59), instead of paying the normal \$55 fee for your first full month, you'll pay just \$27.50. In addition, your first personal training session fee will be waived. Additional discounts apply if you are a student, military member, if you take a family membership, or if you are an LVHN employee. LVHN employees are eligible to receive Culture of Wellness reimbursement for fitness memberships with eight visits per month to the fitness center

Membership entitles you to:



- Work out on more than 40 cardiovascular machines
- Use our complete line of weight-training equipment
- Participate in group classes
- Benefit from free, dedicated parking in the Eighth Street Arena Garage
- Utilize other [LVHN Fitness locations](#)(1243 S. Cedar Crest Blvd., Allentown, and 1770 Bathgate Road, Bethlehem)

Learn more about fitness membership benefits and [becoming a member](#).

To take advantage of this short-term special, call 484-862-3001.

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Make Treads to LVHN–One City Center and get a Free Two-Day Pass

BY [SHEILA CABALLERO](#) · DECEMBER 31, 2015

Don't let the dark days of winter put a chill on your New Year's resolution. Join other exercise enthusiasts this January at [LVHN Fitness–One City Center](#) in downtown Allentown for our Making Treads Club, and we'll give you a free two-day pass.

Making Treads is a personalized treadmill program that makes it easy for you to stay active during the long, dark days of winter. It's perfect for walkers and runners of all ages and ability levels. And during our January promotion, you'll receive a free two-day pass and a custom-designed treadmill routine designed to meet your abilities and goals. Simply mention promo code "TREADS".

Starting a treadmill routine is a great way to build bone health and increase your cardiovascular fitness. It's also safe for people with pre-existing joint conditions. The treadmill studio is taking place Wednesdays from noon to 12:45 p.m. and from 5:30 to 6:15 p.m.

Limited-time offer

Call or visit before Jan. 31 to take advantage of our free offer. Join as a member or pay just \$8 per session.



Membership discounts are available for members of the military, seniors, students and families. Corporate discounts also are available. For more information, call 484-862-3002 or visit LVHN.org/onecitycenter.

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Service Anniversary List – January 2016

BY [NICHOLAS FRITZ](#) · DECEMBER 28, 2015

Happy anniversary to these colleagues celebrating a career milestone at LVHN in January.

40 Years

David Dylewski, psychiatry

35 Years

David Bowers, clinical services

Anne Holena, Center for Women's Medicine

Gayriel Lester, sexual assault nurse examiner

Ann Reeder, 4KS

Linda Sterner, Center for Women's Medicine

30 Years

Kathleen Baker, LVHNACO

Daniel Berg, supply chain analytics

Pauline Coombe, Health Spectrum Pharmacy

Terry Hilliard, case management

Susan Ockovic, human resources

Maxine Rhode, patient receivables

25 Years

Kelly Binder, rehabilitation services

Linda Christman, progressive coronary care unit

Anne Dainauski, float pool

Frances Doddy, guest services

Lisa Frederickson, radiology

Janet Hower, care management

Ann Hurson, medical records

Joseph Kalmar, engineering

Margaret Scheifele, Center for Early Childhood Education

Nancy Seislove, Breast Health Services

Donna Stevens, OACIS

Michele Wagaman, information services

Jane Zubia, cancer support services

20 Years

Joanne Cohen, family medicine

Bernadette Porter, department of emergency medicine

Heather Unangst, obstetrics

15 Years

Kelly Aurand, home care

Alexander Fartel, engineering

Rosalie Favere, 6N adult psychiatry

Kimberly Flegler, LVPG Gynecology–Brodhead Road

Kristin Flora, Children's Clinic

Barbara Kremposky, information services

Sarah Lauer, obstetrics

Rosaria Lentini, transitional skilled unit

Linda Magyar, 5CP

Judy Muth, LVPG Obstetrics and Gynecology–1245 Cedar Crest

Online Smolko, Health Center at Trexlertown

Carol Ann Tomko, emergency department

Veronica Wesolowski, Heart Station

10 Years

Beatriz Ayacu Urrea, LVPG Family Medicine–Emmaus

Nancy Bauder, home care

Lisa Bauer, emergency department

Charlene Christman, emergency department

Michelle Clifton, 5CP

Ann Cofre, case management

Jennifer Davis, Lehigh Valley Anesthesia Services

Janice Eshleman, home care

Dawn Fabian, Epic

Jennifer Fink, master facilities

Amanda Flicker, LVPG Maternal Fetal Medicine–3900 Hamilton Blvd.

Teresa Gimpert, CT scan

Kimberly Godfrey, HealthWorks

Melissa Grabinski, radiology

Michele Graver, quality

Lorene Heffner, Breast Health Services

Shannon Hirth, emergency department

Mayra Howells, nursing float pool

Gloriann Irizarry Rodriguez, AIDS Activities Office

Kelly Jacoby, operating room

Denise Kaplan, operations

Kerry Kluska, Cancer Center multipurpose area

Keith Kocsis, Populytics

Nicole Malecki, pediatric unit

Marie Mazzetti, 6K

Angela McAndrew, home care

David Miller, pediatric unit

Cheryl Morgan, 5T

Jane Nemeth, NICU

Susan O'Brien, LVPG Obstetrics and Gynecology–Bethlehem Township

Walter Okunski, LVPG Plastic and Reconstructive Surgery–1243 Cedar Crest

Patricia Pavkovic, human resources

Annie Plessl, Diagnostic Care Center

Kathy Pummer, LVPG Maternal Fetal Medicine–Montage

Patricia Reinert, quality

Darlene Reynolds, cardiology

Danna Rodriguez, cancer financial services

Judith Sanchez, Populytics

Ted Smith, 5T

Denise Snyder, Regional Heart Center–Medical

Wilma Solivan, LVPG Hematology Oncology–Muhlenberg

Emily Sorrentino, NORI

Patricia Spitko, operating room

Toiya Stello, Health Center at Trexlertown

Bonnie Swierkowski, LVPG Pediatric Neurology–1210 Cedar Crest

Joseph Tracy, Center for Connected Care and Innovation

Kathryn Wiersch, pharmacy

Timothy Ziegler, 6C

5 Years

Donna Amper, operating room

Emily Aquilante, operating room

Morgan Argento, LVPG Pediatrics–Center Valley

Madison Babura, NICU

Jennifer Bernegger, emergency department

Margery Bigland, pediatric unit

Katie Blazusiak, Center for Advanced Heart Failure

Stephen Bolusky, sterile processing

Susanne Brackin, PACU

Joseph Ciminelli, nursing float pool

Kallan Dianna, operating room

Christine Donohue, operating room

Adrienne Drisgill, pediatric unit

Amy Dunn, Children's ER

Charlene Eckert, progressive coronary care unit

Dorothy Fauri, LVPG billing

Deborah Feiler, 4KS

Christine Ferry, TNICU

Carol Filipovits, 3A

Stellamarie Gurrieri, precertification

Amy Hagen, MICU/SICU

Jessica Hartenstine, financial services

Lauren Hartman, specialty float pool

Kelsey Hood, operating room

Bradley Hoppes, financial services

Victoria Howard, department of medicine

Kimberly Hoye, rehabilitation services

Christopher Hudak, operating room

Ashley Kemmerer, LVPG Obstetrics and Gynecology–Bethlehem Township

Erin Kirkpatrick, LVPG Urology

Mikaila Kissel, 3A

Debra Kistler, nursing float pool

Marissa Koller, 4T

Jill Loch, home care

Brandy Matthews, transitional skilled unit

Carlton McCullough, information services

Danielle Moux, adolescent psychiatry unit

Elisa Moyer, emergency department

Beatrice Oertner, quality

Beth Pacchioli, 7B

Jennifer Perreault, obstetrics

Kathleen Pomrink, benefits verification

Andreana Powell, LVPG Family Medicine–1251 Cedar Crest

Eric Rape, engineering

Dominique Robert, 5K

Andrew Romeril, float pool

Keri Schittler, LVPG Family Medicine–Blandon

Michele Schoedler, MICU/SICU

Heather Sherrer, home care

Eric Simmons, organizational development

Sally Swartz, MICU/SICU

Angel Torres, transitional trauma unit

Jocelyn Vink, respiratory care services

Kari Walters, hospice

Joudie Weekes, information services

Gary Wernlund, operating room

Heather White, TNICU

Alisha Wilcox, 4KS

Rachel Wisner, periop education

Amy Wojcik, operating room

Lauren Zaun, specialty float pool

Scott Zimmerman, cardiac catheterization lab

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Give Blood in the New Year

BY [NICHOLAS FRITZ](#) · DECEMBER 29, 2015

It's the season of giving. In January, you can give the gift of life at the following blood drives.

Jan. 6 – LVH–17th Street auditorium, 8 a.m.-1 p.m.

To reserve an appointment, visit [GiveAPint.org](#) and use sponsor code 5358. Walk-ins also are welcome.

Jan. 14 – LVH–Cedar Crest ECC rooms 9 and 10, 8 a.m.-5 p.m.

To reserve an appointment, visit [GiveAPint.org](#) and use sponsor code 0118. Walk-ins also are welcome.



Tags: [Blood Drive](#) [Donate Blood](#)

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