

Read the New Magnet Attractions

Get inspired to do research.

Patient Feared Frozen to Appear on The Doctors

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You must complete the training by March 31.

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**Read Lehigh Valley Health News**

a blog on LVHN.org containing timely health information and health network news.

Get Inspired to Do Research; Read the New Magnet Attractions

BY [ADMIN](#) · FEBRUARY 2, 2016

If you've always wanted to make things better for your patients based on the latest clinical evidence, there is no better time than the present. Get inspired by seeing how your colleagues launched and completed their own successful evidence-based practice (EBP) projects in the new issue of Magnet Attractions.

The Winter 2016 edition of LVHN's quarterly magazine for clinicians shares inspiration from nationally recognized researcher Bernadette Melnyk, PhD, RN, CRNP, who encourages you to search for the "so what" in your EBP projects. You'll learn how a new tool in Epic gives you quick access to hundreds of best practices. And you'll read about colleagues' personal EBP journeys.

Available exclusively online, Magnet Attractions can be read



by:

- [Downloading the entire issue](#) (in PDF format) on the intranet home page (LVH.com)
- [Printing the PDF](#) and flipping through it at your desk

You also can get a sneak preview by reading two stories below:

- [Rounds with Anne](#) – A message from senior vice president of patient care services and chief nursing officer Anne Panik, RN, encouraging you to get inspired on your EBP journey.
- [Professional Excellence](#) – Publications, poster presentations and other accomplishments from your colleagues.

If you'd rather read Magnet Attractions stories here on LVHN Daily, we'll be presenting a new story from this issue once a week starting next week (look next Tuesday for Bernadette Melnyk's story and a recap of LVHN Research Day 2015). This will allow all LVHN colleagues to read each story online. In addition, all Magnet Attractions stories will appear on the [nursing section](#) of LVHN Daily.

Once the stories are posted, you can make comments and let us know your thoughts on Magnet Attractions.

Rounds with Anne: Get Inspired on Your EBP Journey

Bernadette Melnyk, PhD, RN, CRNP, is a nationally known expert in evidence-based practice (EBP). She's also resilient. Consider that it took 25 years before her evidence-based intervention for parents of preterm infants was implemented.

Fortunately, in 2016, clinicians have the power to turn evidence into practice much quicker. Inside this issue of Magnet Attractions, you'll read about colleagues who have completed EBP projects and learn about tools that can help you on your EBP journey.

Start by catching up on LVHN's Research Day. It's one of my favorite days each year, because it allows our

clinicians to proudly display their work inside our hospital and to get rewarded for it. It also allows our clinicians to network with national leaders like Melnyk, who encouraged attendees to seek the “so what” – the hard outcomes that will help you turn evidence into practice.

Nurses inside our Children’s Hospital at Lehigh Valley Hospital know the EBP journey. They conducted a six-month EBP project on pediatric early warning scores (PEWS), which help give clinicians an objective tool to create timelier interventions by rapid response teams. Now PEWS are standard practice, and modified early warning scores for adults are currently being implemented.

Epic has changed the way we deliver care, and it’s also making the search for best practices even easier. The new Clinical Practice Model (CPM) tool within Epic offers up-to-date best-practice information, giving our nurses a wide range of EBPs at their fingertips.

To keep you inspired on your EBP journey, each Magnet Attractions will now include a Spotlight on Evidence, featuring your nursing colleagues. This issue features two projects: Sleep Promotion by Clustering Care, and Saving Skin One Pressure Dressing at a Time.

We’re proud how you use your commitment to EBP to continually improve our care. It’s why our nurses often recite these words after attending national conferences: “I was blown away to learn hospitals are only beginning to put things in place that we already have.” That’s the essence of Magnet, and it’s why I’m proud to call each of you my colleague.

Anne Panik, MS, BSN, RN, NEA-BC

Senior vice president, patient care services and chief nursing officer

Professional Excellence

Poster Presentations

“Violent Crimes in the Hospital Setting: Situational Awareness and Nursing Empowerment Results in Safety,” at the Pennsylvania Organization of Nurse Leaders Nursing Leadership Symposium in Gettysburg, Pa., in October 2015.

Jody Shigo, MSN, RN

“Improving Nurse to Patient Ratios in the Emergency Department Utilizing Lean,” at the Pennsylvania Organization of Nurse Leaders Nursing Leadership Symposium in Gettysburg, Pa., in October 2015.

Paul Delpais, MSN, RN, CEN, NEA-BC; Lindsay J. Houck, MSN, RN, NEA-BC, CEN, CPEN, PHRN

“Provider Presence at Terminal Extubation,” at the American Association for Respiratory Care 60th International Congress of Respiratory Care in Tampa, Fla., in November 2015.

Daniel Ray, MD, MS, FAAHPM; Craig Durie, CRNP; Cheryl Heffner, RRT; Elke Rockwell, PhD; Hope Kincaid, MPH; Kenneth Miller, MEd, RRT-ACCS

“The Utilization of a Noninvasive Ventilator to Compensate for Chest Tube Leak During Extracorporeal Membrane Oxygenation,” at the American Association for Respiratory Care 60th International Congress of Respiratory Care in Tampa, Fla., in November 2015.

Kenneth Miller, MEd, RRT-ACCS; Kimberley Smith, RRT-ACCS; Dave Marth, RRT; Susan Carven, RRTACCS; Dorothea Watson, DO; Rita Pechulis, MD

“The Utilization of High-Flow Oxygen to Administer Inhaled Pulmonary Vasodilators in Postoperative Left Ventricular Assist Patient Population to Facilitate Extubation,” at the American Association for Respiratory Care 60th International Congress of Respiratory Care in Tampa, Fla., in November 2015.

Kenneth Miller, MEd, RRT-ACCS; Timothy Misselback, MD; Barbara Ebert, CRNP

“A Multidisciplinary Approach to Orthopedic Efficiency,” at the Pennsylvania Organization of Nurse Leaders (PONL) Nursing Leadership Conference in Gettysburg, Pa., in October 2015.

Lori Wittner, BSN, RN, CNOR

Publications

“[Nurses Leading the Transformation of Patient Care Through Telehealth,](#)” *Journal of Nursing Administration*: December 2015

Kim Hitchings, MSN, RN, NEA-BC; Sharon Kromer, BSN, RN, CCRC, CTC; Lori Yesenofski, MSN, RN, CCRN, CTC

“[Creating a Geriatric-Focused Model of Care in Trauma With Geriatric Education,](#)” *Journal of Trauma Nursing*, Volume 22, Issue 6, November/December 2015, p. 301.

Kai L. Bortz, MSN, RN, CMSRN, CNL, RN-BC

Oral Presentations

“Taking the Mystery Out of Arterial Blood Gas Interpretation,” at the Pennsylvania Society of Respiratory Care Fall Conference, in Dunmore, Pa., in November 2015.

Kenneth Miller, MEd, RRT-NPS, ACCS, AE-C, FAARC

“We’ve Got Talent: Partnering With Human Resources for Recruiting,” at the Surgical Services Summit in Las Vegas, in December 2015.

Hope Johnson, MSN, RN, CNOR, NEA-BC; Jeanne Luke, MSN, RN, CNOR

SPECIALTY CERTIFICATIONS

Christine Blasko, RN, NP-C

Kai Bortz, RN-BC

Ashley Brearman, RN, CMSRN

Jocelyn Bugaoan-Hauck, RN, CMSRN

Alyssa Campbell, RN-BC

Donna Colabroy, RN, AOCNS

Nancy Dirico, RN-BC

Jaime Funk, RN-BC

Melissa Hahn, RN, CEN

Ann Falco, RN, CMSRN

Brittney Furbur, RN-BC

Sarah Gerken, RN, CCRN

Jennifer Guers, RN, CMSRN

Melissa Hahn, RN, CEN

Lauren Hartman, RN-BC

Stephanie Kita, RN, CMSRN

Cheryl Kraemer, RN-BC

Wendy Lebron, RN-BC

Shui Lee, RN, PCCN

Jennifer McCauley, RN, CMSRN

Bienvenida Schwalm, RN, CCRN

Anne Snyder, RN, CNOR

Carol Stanek, RN, CMSRN

JoAnne Stewart, RN-BC

Nancy Throckmorton, RN, PCCN

Carol Trumbauer, RN, CMSRN

Adriane Weigand, RN, CCRN

Heather Wiltrout, RN-BC

Nicole Zimmerman, RN, NE-BC

Patient Feared Frozen to Death to Appear on The Doctors TV Show

BY [RICK MARTUSCELLI](#) · FEBRUARY 5, 2016

People worldwide are amazed by [the story of Justin Smith](#). The McAdoo man was found frozen solid, lying unconscious in a snow bank. He had been there overnight as temperatures plummeted to 4 degrees below zero. Thanks to incredible teamwork among first responders and Lehigh Valley Health Network (LVHN) caregivers in Hazleton and Allentown, Smith is alive today.

Smith's story has been told by news outlets worldwide. Now, Smith and his LVHN caregivers will appear on the nationally syndicated TV show The Doctors. You can watch the episode on Tuesday, Feb. 9 on these stations:

- WFMZ at 3 p.m.
- KYW at 9 a.m.
- WQMY at 10 a.m.



The episode also will be posted on [The Doctors website](#) the week after it airs.

Smith's story was covered by nearly every media organization in our region. The story also was covered by TV stations and newspapers in New York, Los Angeles, Washington D.C., Dallas, Kansas City, Indianapolis, Houston, Salt Lake City and more. Here are just some of the dozens of national – and international – news organizations that covered his remarkable survival story:

- [Good Morning America](#)
- [CBS News](#)
- [Fox News](#)
- [The Washington Post](#)
- [MSN.com](#)
- [BBC News](#)
- [BBC Mundo](#)
- [U.S. News & World Report](#)
- [Yahoo Health](#)
- [People](#)
- [Medical Daily](#)
- [Science World Report](#)

Complete the Third Core Bundle of FY16 on The Learning Curve

BY [RICK MARTUSCELLI](#) · FEBRUARY 4, 2016

The third core bundle of fiscal year 2016 (FY16) will be released on The Learning Curve (TLC) in February. The mandatory training must be completed by March 31. The bundle includes courses about The Joint Commission's 2016 regulations. Based on your job responsibilities, you'll be assigned the clinical, nonclinical or home care version of the bundle.

To access the bundle, click the TLC icon on your SSO toolbar. Your assignment will be listed on the "To Do" list on your learner home page. This is the third of four bundles that will be available in FY16.

Give Blood in February

BY [NICHOLAS FRITZ](#) · FEBRUARY 1, 2016

Every two seconds, someone in the United States needs blood. To meet that demand, more than 41,000 blood donations are needed every day. This February, you can help those in need by attending this blood drive.

Feb. 9 – LVHN–Mack Boulevard auditorium, 7:30 a.m.-3 p.m.

Each donor will receive cafeteria vouchers for a meal (\$4 value) and small beverage.



Your Retirement Plan at Work Seminars in February

BY [NICHOLAS FRITZ](#) · FEBRUARY 3, 2016

There is a change coming regarding pension benefits. Current Defined Benefit Pension Plan participants will stop earning pension credits in the plan Dec. 31, 2016, and from that point forward will automatically be enrolled in the Defined Contribution Plan. The benefits you earned up to Dec. 31, 2016, under the Defined Benefit Pension Plan will be protected and payable to you at retirement if you are vested in accordance with the plan document. There will be no changes for Defined Contribution Pension Plan participants.

VALIC Retirement, the company managing our retirement plans, will host the seminar “Your Retirement Plan at Work” to help colleagues gain a better understanding of this change. Seminars will be held at the following locations:

Feb. 9 – 12-1 p.m., LVHN–Mack Boulevard room 6B

The VALIC logo is displayed in a large, bold, black serif font. The letters are closely spaced, and a registered trademark symbol (®) is located at the end of the word.

Feb. 10 – 12-1 p.m., LVH–Cedar Crest ECC room 5

Feb. 11 – 12-1 p.m., LVH–17th Street auditorium

Feb. 17 – 12-1 p.m., LVH–Muhlenberg ECC room D

Registration is required to attend one of these seminars. [Click here to register](#) and enter one of the following codes:

For LVHN–Mack Boulevard seminar: LVHALL11AZ

For LVH–Cedar Crest seminar: LVHALL11AV

For LVH–17th Street seminar: LVHALL11AR

For LVH–Muhlenberg seminar: LVHBET11AS

VALIC Retirement advisors are available to help you at:

LVH–Cedar Crest:

Jeff Hofmann: 610-402-8801

Michael Ryan: 610-402-8801 (advisor for LVPG colleagues)

LVH–17th Street:

Tim Schroyer: 610-969-2625

LVH–Muhlenberg and Health Network Laboratories:

Kevin Gertz: 610-392-9912

Pocono Health System Will Become Part of LVHN on Jan. 1

BY [ADMIN](#) · DECEMBER 28, 2016

Special Announcement



**This message is from Brian A. Nester, DO, MBA, FACOEP,
president and chief executive officer**

Much has transpired during the last month regarding the merger of Pocono Health System (PHS) and Lehigh Valley Health Network (LVHN), and I would like to share the latest developments.

We have met the regulatory requirements to merge. Effective Jan. 1, 2017 PHS becomes part of Lehigh Valley Health Network and Pocono Medical Center will become Lehigh Valley Hospital–Pocono.

As PHS transitions into LVHN, leadership changes will also take

place. PHS's President and Chief Executive Officer Jeff Snyder has informed the PHS Board of Directors of his plan to resign from his role effective Dec. 31. Elizabeth Wise, PHS's Chief Operating Officer and Chief Nursing Officer, will assume the role of Acting President of Lehigh Valley Hospital–Pocono on Jan. 1. Jeff will continue to provide consultation during a 30-day merger transition period.

Jeff's decision is based on a desire to lead in a new capacity. We have valued Jeff's leadership, including his role in facilitating our merger and elevating the overall quality at PHS. Under Jeff's leadership, the system has earned "A" grades for patient safety from Leapfrog, a 4-star rating from Medicare and recognition from Healthgrades for Patient Safety Excellence and U.S. News & World Report for Best Regional Hospital.

During his three years as CEO, Jeff brought to Monroe County much-needed specialty services such as neurology, endocrinology, rheumatology and pain management. He enhanced the health system's cardiac surgery program and expanded access to care by growing the physician network and ambulatory care services. Our merger will continue on the path of growth with a strong commitment to community support.

When Elizabeth assumes the role of Acting President of Lehigh Valley Hospital–Pocono, she will report to LVHN's Executive Vice President and Chief Operating Officer Terry Capuano, RN, MSN, MBA, FACHE, NE-C.

Elizabeth, COO and CNO at PHS for the last two years, brings rich experience in hospital operations, service line development and nursing management. Elizabeth is known for advocating to put patients first, and that aligns with LVHN's values. She understands operations, physicians and clinicians must collaborate to create ideal experiences for patients.

During the last 20 years, Elizabeth has held leadership positions at health care systems throughout the country. Previously, Elizabeth served as Chief Nursing Officer and Vice President of Patient Care Services at St. Peter's University Hospital, New Brunswick, N.J. and Chief Nurse Officer and Senior Vice President at Washington Hospital Center in DC. Additionally, she has served in leadership roles at the Christiana Care Health System in Newark, Delaware and at Robert Wood Johnson University Hospital in New Jersey.

Elizabeth earned her bachelor's degree in nursing from Seton Hall University in South Orange, N.J., and also received her master's degree in nursing and master's in business administration from Rutgers University in Newark, N.J. She is a member of numerous professional organizations, including the American Association of Critical Care Nurses, American Nurses Association, American Organization of Nurse Executives and the American College of Healthcare Executives.



*Elizabeth Wise, Acting President of
LVH–Pocono effective Jan. 1.*

We welcome Elizabeth to her new role and look forward to a successful merger. We will have a colleague and media event in Pocono on Jan. 3 to introduce LVHN and Elizabeth to the Pocono community.

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