

CHECKUP

Vol. 1 No. 3 April 1, 1988

Spectrum Answers Employees' Questions

Since Spectrum Administrators began processing employees' health claims in January, two questions have been repeatedly asked. They are: *"Did you receive my claim from Prudential?"* and *"What is the birthday rule and does our plan follow it?"*

The first question is sometimes difficult to answer. Prudential has sent Spectrum over 1,000 claims. These are claims received by Prudential after Dec. 31, the date their agreement with HealthEast was terminated. Spectrum staff members are logging these claims into computers and processing them as quickly as possible. However, since Spectrum is also receiving over 200 new claims a day, they still haven't been able to enter all the Prudential claims. *Your patience and understanding are appreciated. Spectrum Administrators has hired additional staff to help process the claims more quickly to overcome any delays.* If you have any questions about a particular claim, please call ext. 9810 for a status report.

Answers to the second question regarding the birthday rule are easier to supply. This rule states that the plan of the parent whose birthday falls earlier in the year is the primary plan for the children. That means if your birthday falls in January, and your spouse's falls in March, your plan is primary.

There is another, older rule, however, that handles coordination of benefits differently. This rule states the father's plan is always primary provided the parents are still married. This is the rule the HealthEast plan follows.

Confusion arises when each parent's plan follows a different rule. If this is your situation, the plan that follows the gender rule, or our plan, is the one that determines which parent is primary.

WalkAmerica- April 24

Enjoy morning exercise and help a good cause by participating in WalkAmerica. A national March of Dimes event, WalkAmerica is a 25 kilometer (about 15 miles) walk.

All proceeds benefit the March of Dimes in helping to fight birth defects through research, programs and education. The Forrest G. Moyer, M.D., Neonatal Intensive Care Unit at The Allentown Hospital receives funds contributed by the March of Dimes.

This special event will take place at Dorney Park on Sunday, April 24 beginning at 9 a.m. Participants are asked to register at 8 a.m. A special T-shirt will be given to each person in the walk.

Why not get a group from your department to sign up for the walk? Friends and family members are also welcome to participate.

For more information, or to register, contact the Communications Department at your site: ext. 2581 (TAH) and ext. 8900 (LVHC).



The Allentown
Hospital—
Lehigh Valley
Hospital Center

A HealthEast Hospital

490
1230

New Parking Plan At TAH

Effective midnight, Sunday evening, April 4, The Allentown Hospital campus will implement a new parking plan.

There will be an increased shortage of spaces as a result of the Community Ambulatory Care Center construction and increased outpatient activity, as well as a growing population of employees.

In order to accommodate all groups to the greatest extent possible, the following plan will be implemented.

- All day shift employees will be randomly assigned a lot and provided with an access card to that lot. Cards were distributed with paychecks March 31.
- Evening shift employees and physi-

cians and residents will be assigned to Lot #1 (the so-called 3-11 lot next to the bank).

- Night shift will be assigned to the Allentown Medical Office Building lot. Access is strictly limited and enforced for 10:30 p.m. to 7:30 a.m. use only.
- Lot #2 will not be gated; it will be used for (a) volunteers; (b) patient and visitor overflow; (c) high occupancy vehicles (car pools consisting of two or more employees); (d) overflow, when spaces are not available for employees.

Therefore, beginning April 4, you will need, depending upon the shift you work:

- An access card, unless you work night shift

- A map of parking lots
- To have filled in a form with a description of your vehicle. (The above items will be distributed with paychecks.)

If you have not received a card and require one, or you are having a parking problem, please call the Parking Hotline at 778-2985.

Employees, physicians and volunteers must be aware that problems are anticipated. Efforts are under way to create other parking lots. As soon as these developments materialize, a further update will be issued. The Parking Hotline is there to respond to questions and concerns and to handle any problems that might arise. Your continued cooperation is greatly appreciated.

Donna Brown, EKG technician in the Hospital Center's Heart Station, is shown with the heart tree she created for Valentine's Day. Featured on the tree are photos submitted by Heart Station staff members. The department plans to adapt the tree to each major holiday. Look for hearts to be transformed into eggs for Easter.



LVHC Updates Information System

Computer Services and Medical Records departments at LVHC recently announced that history and physicals and consultation reports are now available on the Hospital Information System (H.I.S.) for all LVHC patients. The reports are transcribed by Medical Records on the personal computer and electronically transferred to the H.I.S.

This information is available to all ancillary departments, nursing units, and physicians' offices that have approved access. Viewing of these reports can be obtained on the H.I.S. prior to the placement of the paper chart copy, thus eliminating information delays. The reports remain on the H.I.S. for 48 hours.

If access to this information is currently not available, but required by your department, please submit a written request to Computer Services. If you have any questions regarding access to history and physicals and consultations, please call Computer Services at ext. 8303.

After The Merger...

From the beginning...Two department heads at TAH—LVHC who can offer some valuable pointers about the benefits of merging are Callie McClatchy, M.S., CCC/SPL, and Bill Tunke, OTR/L. The directors of Speech Therapy and Occupational Therapy respectively, their departments were established from inception to serve both facilities.

The advantages of consolidation far outweigh the inconveniences, says McClatchy.

"Serving two sites, you have more resources and experiences of which to take advantage. The variety in case-loads adds to the scope of the job," she continues.

"Being a small department, we can take advantage of what each facility has to offer. It is different at each place - different people, different contacts; but under it all, there is a sense of cohesiveness, not an 'us-and-them' attitude."

"It is only four miles" is the motto that Tunke has lived by since December 1985 when he started the Occupational Therapy department at The Allentown Hospital and Lehigh Valley Hospital Center.

As OT's director, Tunke has spent many hours commuting between sites and has found value in this time on the road.

"Traveling between LVHC and TAH gives you 15-20 minutes of 'think time' to prepare yourself for your next appointment. Being somewhere between the two hospitals enhances your objectivity, too," says Tunke, "You develop a global perspective."

Physical separation of the two OT locations has spawned a number of site-specific specialties, he adds.

"At LVHC we've developed acute head trauma and burn-related programs. Recently at TAH, carpal tunnel therapy - which we began two years ago - has become more formalized and now includes self-help and prevention aspects."

For both the manager and hospital operations, consolidation means potential benefits. What then is the payoff to staff employees?

Tunke predicts his therapists will one day be able to alternate between hospital sites more easily, taking advantage of the differences in both environment and experience.



Introducing... Healthier U.

This spring the Community Health Division of The Allentown Hospital—Lehigh Valley Hospital Center will launch "Healthier U," a community-based health promotion program directed by Karen Clemence, community wellness coordinator.

"Healthier U." aims to help people take steps toward healthier lifestyles through a comprehensive array of classes, workshops, and special events. By promoting better health, "Healthier U." hopes to reduce the risk of chronic conditions such as heart disease, stroke, and cancer.

Adult behavior modification classes and workshops will be offered on these subjects: stress management, weight control, smoking cessation, cooking for health, sports nutrition, and exercise. Programs will begin throughout April at several pilot locations: Westend Racquet and Fitness Club, Allentown; Jewish Community Center, Allentown; Faith Evangelical Lutheran Church, Whitehall; St. John's Lutheran Church, Emmaus; and St. Paul's Lutheran Church, Trexler-town. In September, "Healthier U." classes will also be offered in cooperation with Lehigh County Community College at a variety of public schools.

Complete schedules and registration information are available by calling ext. 9821. Employees of TAH—LVHC are eligible for substantial discounts. All programs include a free introductory session.

'We Can Weekend' For Families Facing Cancer

"We Can Weekend," an educational program designed for people with cancer and their families, will be offered for the first time in Pennsylvania on May 7 and 8 at Kirkridge Retreat in Bangor. The event is sponsored by the Comprehensive Community Cancer Center of The Allentown Hospital—Lehigh Valley Hospital Center through a grant from the Dorothy Rider Pool Health Care Trust.

The weekend retreat format was created to help families face cancer together by learning how to share feelings and open lines of communication.

"We Can Weekend" is designed for the entire family. Special activities and workshops will be available for teens and children. Baby-sitting will be provided.

Staff will include a variety of professionals, such as: doctors, social workers, nurses, chaplains, and childhood educators.

For more information or a brochure, call Sandra Smith at 778-2582.

Making The Rounds

Andrea Geshan, R.N., nurse epidemiologist at TAH, recently presented a lecture at the Pennsylvania Cosmetology Association's annual meeting. Her topic was "AIDS in the Workplace."

Carolyn Peters, R.N., was recently named clinical instructor at the Hospital Center for 4C and 6A. She has been a staff nurse on the Progressive Coronary Care Unit since Aug. 1985.

Emma F. Hooks-Hebert, safety officer, spoke recently at the Industrial Fire Chiefs' Association of New Jersey, Division of New Jersey State Safety Council. She was recently appointed safety officer at TAH—LVHC.

Jean Lewinger, R.N., B.S.N., R.N.C., was recently certified in neonatal nursing from the National Association of American College Obstetricians and Gynecologists. She is currently working on her master's degree at the University of Pennsylvania.

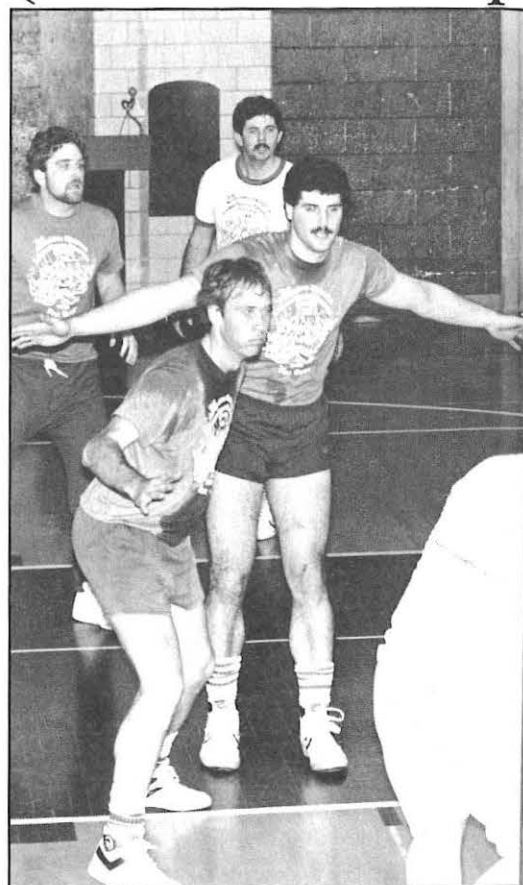
Ken Mead, R.N., B.S.N., has been appointed head nurse of adolescent psychiatry at The Allentown Hospital.

Lionel Kier of Allentown, vice president, TAH—LVHC, recently attained the status of Certified Plant Engineer. The distinction was granted by the certification board of the American Institute of Plant Engineers.

Jack L. Schwab, R.N., of Allentown, has been appointed head nurse of the Transitional Care Unit at The Allentown Hospital. He previously had been evening nurse supervisor at TAH.

The following have been appointed Associate Head Nurses at Lehigh Valley Hospital Center: ED - **Carol Pepper, R.N., C.E.N.**; 5A - **Joanne Ochs, R.N.**; 5C - **Barbara Larsen, R.N., B.S.N.**; 6B - **Lisa Leaswitch, R.N.**; 7B - **Maryann Rosenthal, R.N., B.S.N.**; BC - **Jackie Fenicle, R.N., B.S.N.**; 4A - **Holly Hinkel, R.N., B.S.N.**; RR - **Scarlet Brenfleck, R.N.**; SCU - **Bonnie Wasilowsky, R.N.**; and GICU - **Andrea Parry, R.N.**

Employee Hoopsters (Move Over Temp)



At the recent Mr. Yuk basketball game, hos fun game of basketball. It proved to be a

Once again, *CheckUp* has heard from the hoopsters of The Allentown Hospital—Lehigh Valley Hospital Center. A team comprised of employees recently played two benefit games. The employees out-scored both opponents.

Members of the employee team for the first game who work at the LVHC site were: Louis Temprine, Engineering; Jim Towers, Laboratory; Scott Steffie, Engineering; Stuart Latimer, Biomedical Engineering; and Bob Cawley, Biomedical Engineering. Representing TAH were: Scott Fatzinger, Engineering; Curt Seager (coach), Engineering; Scott Lindenmuth, Housekeeping; Ray Aguila, Dietary; and Wayne Dunkling, Dietary.

TAH employees who played in the second game against the "Foul Outs" were: Rick Cardona, Transportation; Randy Stubits, Materials Management; Grant Folweiler, Print Shop; Bob Roseman (Coach), Biomedical Engineering; Scott Stahl-



Terry Brewer, R.N., GICU (LVHC) and **Kimberly Lowe, R.N., 5B (LVHC)** have recently announced their engagement. The couple plans to marry Sept. 25, 1988.

Wayne Solt, Dietary (TAH), was the winner of the perfect attendance drawing for the month of February. Employed at TAH since September 1967, he won a \$100 U.S. Savings Bond.

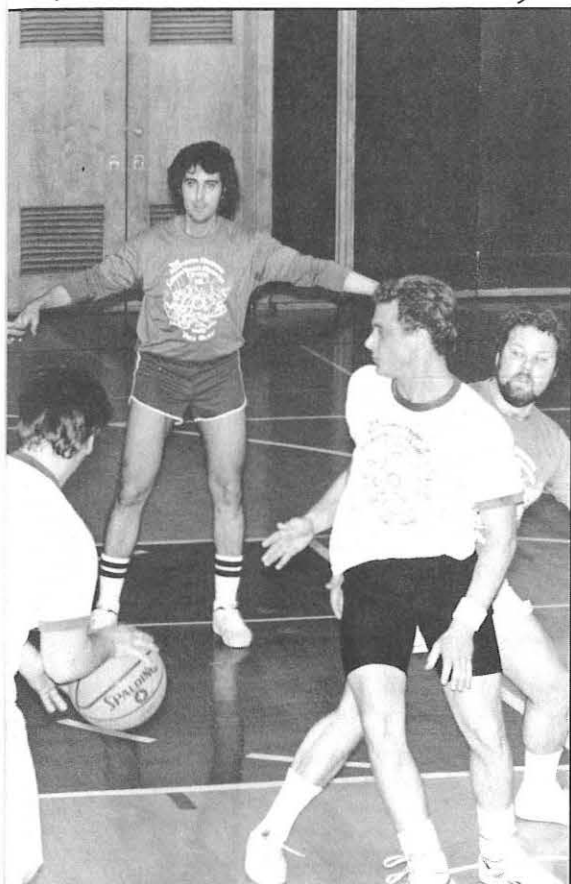
Alta Shafer, R.N., Recovery Room (LVHC) and her husband, Frank, became the proud parents of a baby girl on Jan. 21. Erika Brooke weighed in at 6 lbs. 12 oz. and was 19 1/2

inches long.

Nancy Scholl, Home Care, and Michael Saeger, Dietary (TAH), were married at Redeemer Lutheran Church, Allentown, on March 26.

LET US HEAR FROM YOU... *CheckUp* would like to encourage employees to submit items regarding an engagement, wedding, anniversary, or birth in the family. Please submit the information, in writing, to the Communications Department at your work site by noon the Wednesday after each issue of *CheckUp* is published.

ers Ready For NCAA le, Here We Come)



*hospital employees challenged administration to a
wise decision - the employees won!!*

necker, Storeroom; Carl Reynolds, Store-
room; and Paul Trinkle, Storeroom.

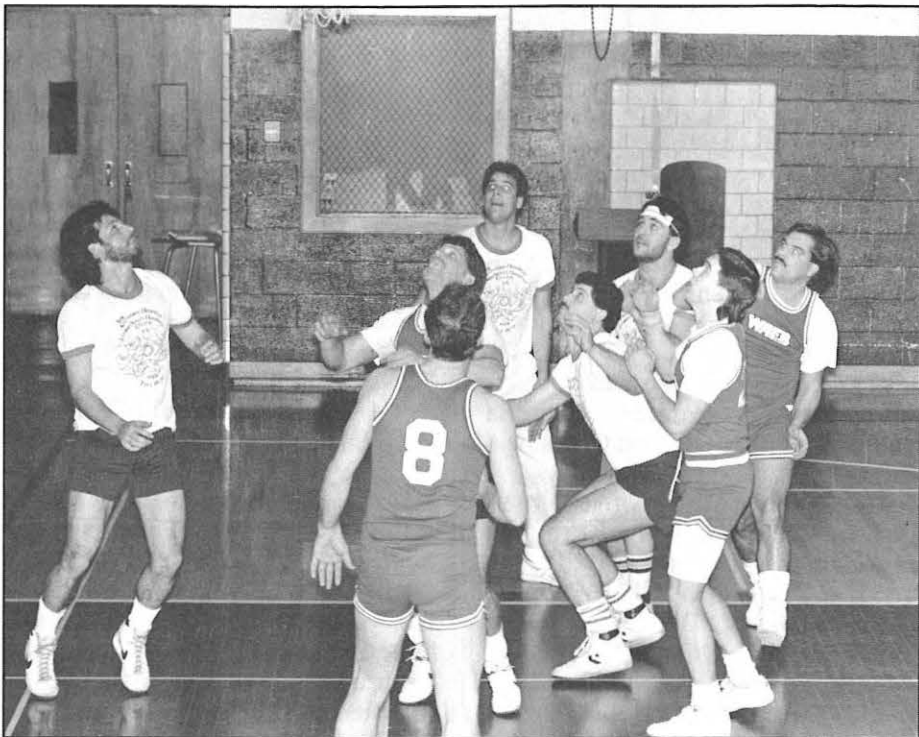
Playing for administration were: Rich
Kisner, the Dunleavy Brothers: Jack and
James, Joe Napolitano, Robert Lazansky,
John Patton and Fred Pane. They were
coached by Lionel "Catfish" Kier.

"Catfish" was forced to substitute fre-
quently as his more "mature" players went
up against a younger (and, according to
some, more talented!) employee team.

The real winner of the evening was the
Lehigh Valley Poison Center which
received the profits from the double-
header held at South Mountain Middle
School.

Special thanks go to Scott Stahlnecker
and his committee and to members of the
Recreation Committee at LVHC for organiz-
ing the event.

As warmer weather approaches, partici-
pating hoopsters are reportedly turning in
their basketballs in favor of softballs.
Watch *CheckUp* for further details.



*The Allentown Hospital—Lehigh Valley Hospital Center employees are shown
working towards their victory against the WAEB "Foul-Outs." The final score
was 67-46.*



*TAH—LVHC employees eagerly await the start of the basketball game which
benefited the Lehigh Valley Poison Center.*

Welcome To TAH—LVHC

The Allentown Hospital—Lehigh Valley Hospital Center extends a warm welcome to new employees. Joining the hospital family at Lehigh Valley Hospital Center are:

Emergency Services: Joann Howanitz

General Services: Wilson Vega

Laboratory Computer: Cynthia Bruch, Jason Burda, Ernest Carl, Elizabeth Stahley

Medical Education: Geoffrey Lynn

Nursing Float Pool: Joan Ardoline

Open Heart Unit: Ann Burke

Physical Therapy: Carla Campbell

Radiology: Krista Depamphilis

Secretarial Pool: Carol Guranich

Security: Joseph Gallo

Special Care Unit: Deborah Craft

Ultrasound: Cynthia King

Utilization Review: Jean Smoyer

5A: Susan Felici, Brian Stahl, Mary Wisser

5B: Janet Eberhart

5C: Jennifer Kern, Eileen Sacco, Tina Wessner

6B: Michelle Pradel

6C: Ibrahim El-Sayed

New employees at The Allentown Hospital site are:

Accounting: Brian Mory

Anesthesia: Kathleen Rems

Admitting: Janet Dragone

Business Office: Jennifer Bobal

Dental Clinic: Kelley Fahringer

Dialysis Center: Anne Schlear, Y. Nanette Wasmer

Dietary: Carmen Kalamar

Housekeeping: Carmen Almanza, Claudia Emery, Miriam Francisco, Phil-

lip Frischholz, Vincente Pantoja

Laboratory: Hema Nathan, Jean Burian, Elizabeth Dimovitz, Sharon Miller, Karen VanOverschelde

Linen: Warren Winch

Medical Records: Carole Cardona

Nursing: Kathy Cortright, Valerie Hansen, Candace Kubek, Stephen Palmer, Fay Ponzol, Jane Taylor, Billie Zdorjesky

Nursing Education: Maureen SanGiorgio

Physical Therapy: Marlene Butz, Susan Carlson

Radiation Therapy: Michelle McIntyre

Respiratory Therapy: Yvonne Vander Dium

School of Nursing: Linda Sterner

Transport Team: Stephen Kery

LVHC Auxiliary Sponsors Wellness Seminar

The Health and Education Committee of the Hospital Center's Auxiliary will present a wellness seminar on Monday, April 11, from 9 to 11:45 a.m., in the Hospital Center's auditorium.

David Buchmueller, HealthEast president, will speak on "Health Care in the Lehigh Valley." Terri Unger from Eldercise will discuss "Exercise For Your Heart." Jane Nester, HealthCounts coordinator, will present an overview of the Wellness Center.

A question and answer session will follow the program which is free and open to the public. Refreshments will be served.

Awards Presented

Barbara Basso, on behalf of the Pennsylvania Interagency Council on Tobacco and Health, recently presented a plaque to The Allentown Hospital—Lehigh Valley Hospital Center. The award was given "for significant contribution to Pennsylvania's goal of a tobacco-free Commonwealth by the year 2000." Samuel Huston, president and chief executive officer of TAH—LVHC, accepted the award.

Angel Perez, security coordinator (LVHC), recently received a \$25 award and a mug from the ARGUS Committee for his cost-saving suggestion. ARGUS is the Hospital Center's cost reduction savings program which was developed in 1978. Perez' suggestion was to pad the parking lot gates to prevent damage to automobiles in the event the gates would accidentally come in contact with an automobile.

Dietary Takes Us Out To The Ballgame... Almost

The Dietary Department at TAH has planned another special event for employee mealtime. On Wednesday, April 6, the cafeteria will host "Philadelphia Day." Employees of LVHC and HealthEast are welcome to join in the fun.

The menu will include:

Starting Line-Up: Philadelphia bean soup

Spring Training: roasted spring chicken marsala

Home-Run: Philly-style cheese steak

Triple: fried scrapple with apple butter

Grand Slam: hot roast beef sandwich au jus on Italian roll

Double: ballpark frank with all the fixins'

Single: hoagie by the inch

Base On Balls: fresh roasted peanuts

Walk: soft pretzels with mustard

Wild Pitch: near beer

**PLAN TO COME AND HELP CELEBRATE THE PHILLIES
"MARCH TO THE PENNANT"**

On The Lighter Side

QUOTABLE QUOTES

To do is to be. - Socrates

To be is to do. - Sartre

To do be do be do. - Sinatra

(Submitted by Vicky Klobosits, Respiratory Care, LVHC.)

If you have a favorite joke, especially a medically-oriented one, or an amusing on-the-job anecdote, we would like to hear from you. Please call the Communications Department at your work site (TAH - ext. 2581; LVHC - ext. 8900) to submit your entry.

Every three months a drawing will be held and a name will be randomly chosen from those who have submitted items for publication in "On The Lighter Side." Winners will receive a \$50 gift certificate to Hess's. (*CheckUp* reserves the right to select or reject entries for publication.)

a la Carte

CheckUp encourages employees to submit items for a la Carte. Simply send your recipe, in writing, to the Communications Department at your work site.

Special thanks to Joan Rutz, Telecommunications, LVHC for the following mouth-watering suggestion:

Irish Soda Bread

4 cups flour	2 eggs
4 teaspoons baking powder	1 tablespoon caraway seeds
1 teaspoon baking soda	3/4 box raisins
1 teaspoon salt	1/2 cup sugar
1 1/3 cup buttermilk (can substitute 1 1/3 cup milk and 1 tablespoon vinegar)	1/4 cup butter

Place all ingredients, in the order listed, in a bowl. Mix and knead together for five minutes. You may use flour to knead into shape of pan. Place in a greased, cast iron pan. With a knife, make a cross in top of dough. Bake at 350 degrees for one hour. Remove from pan and place in a damp towel.

Miller Bloodmobile At LVHC

Miller Bloodmobile will be at LVHC on Monday, May 2 from 2 p.m. to 5 p.m. and Tuesday, May 3 from 9 a.m. to noon. The mobile will be located in Classrooms 2 and 3, Anderson Wing. Registration will be in the lobby, Anderson Wing.

At least 80 donors are needed each day. Please call Rose Ann Wiley at ext. 8842 to register.

Spiritual Support Group Offered At LVHC

The Department of Pastoral Care (LVHC) will conduct weekly Spiritual Support Groups for employees, every Wednesday beginning April 6.

Employees are invited to bring their lunch to the Pastoral Care conference room at either 11:30 a.m. or noon. Each session will be 30 minutes in length.

Participants will explore how their faith can support them in their daily life and work. Duane DeGroff and Allan Kramer-Moyer from the Department of Pastoral Care will lead the group in sharing scriptures, prayers, quiet meditations and personal concerns.

Briefly Speaking...

Lost and Found

A MedEvac key chain with one car key and one master lock key has been found. It was delivered by the U.S. Postal Service to the Hospital Center mailroom. To claim the key chain, please call Will Mest at ext. 8561.

Recycling Containers

The Environmental Impact Committee at the Hospital Center is implementing the placement of color-coded logos on recycling containers located throughout the hospital. The following colors will be used: blue - aluminium cans; red - glass; and green - paper.

Continued support for the recycling effort is appreciated and encouraged.

Reduce Those Copies

There are over 800,000 copies made each month at the Hospital Center. When copying large amounts of documents, you are requested to make two-sided copies. This could reduce the monthly copy output by as much as 50 percent. Your participation in this program, will make a difference in the environment.



The staff of The Allentown Hospital—Lehigh Valley Hospital Center's new 12-bed Transitional Care Unit at The Allentown Hospital site welcomed their first patient on Feb. 24. In its first few weeks of operation, the TCU has had an average 80 percent occupancy rate. In the photo above (from left), Lynn Grischott, R.N.; Jack Schwab, R.N., TCU head nurse; Janis Croisette, R.N.; and Deborah Thomas, R.N., analyze the progress of a patient.

Educational Happenings

Monday, April 4

TAH - General Hospital Orientation - Part I - 8 a.m. to 12:15 p.m., Auditorium

TAH - Community CPR - Adult and Obstructed Airway Maneuver - 7 to 10 p.m. (Call ext. 2430 to register)

Tuesday, April 5

LVHC - Management Development Module III - 8:30 a.m. to 4:30 p.m., Classroom 1

LVHC - Medical Terminology - 9 to 10:30 a.m., Classroom 3

TAH - Orientation - Hospital Tour (meet in lobby) - 10:30 a.m. to noon

TAH - General Hospital Orientation - Part II - 12:30 to 3 p.m., auditorium

LVHC - Community CPR - 2 to 5 p.m., Auditorium Alcove

LVHC - Medical Terminology - 7 to 8:30 p.m., Classroom 4

Wednesday, April 6

LVHC - Management Development Module V - 8:45 a.m. to 4:30 p.m., Classroom 1

LVHC - CPR Recertification (non-nursing) - 9 a.m. to noon, Auditorium Alcove

LVHC - Oncology Core Course - 9 a.m. to 4 p.m., Classroom 2

TAH - Stroke Team Meeting - 10 to 11 a.m., Cafeteria Conference Room

TAH - Teleconference - "Enhancement Media in Blood Group Serology" - 2 p.m., Cafeteria Conference Room

Thursday, April 7

LVHC - Management Development Module VI - 8:30 a.m. to 4:30 p.m., Classroom 1

TAH - "Demystifying Lab Tests" (mandatory Infection Control program for nursing personnel) - 9 to 10 p.m. and 10 to 11 p.m., Auditorium

Friday, April 8

TAH - "Demystifying Lab Tests" (mandatory Infection Control program for nursing personnel) - Midnight to 1 a.m. and 1 to 2 a.m., Auditorium

LVHC - Teleconference - "Chemical Dependency and Nurses: Coming Back Clean" - 10 a.m. to noon, Classroom 4 (call ext. 8320 to register)

Sunday, April 10

LVHC - ACLS Recertification - 7:45 a.m., Auditorium (call Edith Snyder at ext. 8602 to register)

Monday, April 11

LVHC - New Employee Orientation - 8:30 a.m. to 4:30 p.m., Classroom 3

LVHC - Medical Terminology - 9 to 10:30 a.m., Classroom 4

LVHC - CPR Certification Part I (non-nursing) - 1 to 4 p.m., Classroom 2

Tuesday, April 12

LVHC - CPR Certification Part II (non-nursing) - 1 to 2:30 p.m., Classroom 3

LVHC - Medical Terminology - 7 to 8:30 p.m., Classroom 4

LVHC - Management Development Module IV - 8:30 a.m. to 4:30 p.m., Auditorium Alcove

Wednesday, April 13

LVHC - Management Development Module VI - 8:45 a.m. to 4:30 p.m., Auditorium Alcove

LVHC - Oncology Core Course - 9 a.m. to 4 p.m., Classroom 2

TAH - Stroke Team Meeting - 10 to 11 a.m., Cafeteria Conference room

Thursday, April 14

LVHC - Ethics Seminar - 8:30 a.m. to 4:30 p.m., Auditorium

LVHC - Management Development Module VI - 8:30 a.m. to 4:30 p.m., Auditorium Alcove

PLAN AHEAD

Tuesday, April 19

LVHC - Lecture - "Diagnosis of Fibrinolytic Defects and Monitoring of Thrombolytic Therapy" by Michel M. Canton Pharm.D. - 5:30 to 6:30 p.m., Auditorium.



WomanCare Events Scheduled For April

WomanCare of The Allentown Hospital has announced its schedule for April.

Educational programs include: "Understanding Endometriosis" presented by Gregory J. Radio, M.D., obstetrics and gynecology, on Tuesday, April 12 from noon to 1 p.m. in Room 1911 of The Allentown Hospital School of Nursing and from 7 to 8 p.m. in The Allentown Hospital, auditorium.

"Be Good To Your Legs: A Discussion on Varicose Veins" is the topic

of a presentation by Tamar D. Earnest, M.D., F.A.C.S., general surgery, on Thursday, April 21 from 7 to 8 p.m. in the School of Nursing auditorium.

On Wednesday, April 20, the Department of Pediatrics will sponsor a parenting lecture entitled "What Parents Should Know About AIDS and Hepatitis B." Andrea Geshan, R.N., certified infection control specialist, will be the guest speaker.

For more information, or to register for any of these programs, please call *WomanCare* at 778-3800.