Vol. 1 No. 21 December 16, 1988

HHP Requires Pre-Admission Certification

Employees enrolled in the HealthEast Health Plan (HHP) are reminded to fulfill all obligations for pre-admission certification if hospitalization is necessary.

Pre-admission certification is approval prior to admission for all inpatient stays for medical, surgical, maternity and mental health services. Under the pre-admission certification program, Spectrum Administrators' medical director and utilization review nurse work with the attending physician and hospital when eligible employees or dependents are to be hospitalized to ensure that:

- the admission is medically necessary;
- the length of stay is appropriate for the diagnosis;
- discharge planning meets the patient's needs; and,
- the hospital bill is accurate.

In non-emergency situations, as soon as your physician recommends hospitalization, you must contact Spectrum Administrators' Utilization Review Department by calling 778-9800 or toll free in Pennsylvania 1-800-426-8491.

In emergency situations, contact Spectrum Administrators within 48 hours or on the next business day, Monday through Friday, 8 a.m. to 4:30 p.m.

Once you have contacted Spectrum Administrators, the utilization review nurse will review the case and determine if an in-patient stay is appropriate. In some cases, the matter may be referred to the medical director for additional review.

If you are hospitalized without prior authorization through the preadmission certification process it will result in partial loss of benefit. Details of the penalties will be outlined in a summary of the HHP to be available shortly.

Hospitalization at a HealthEast facility, utilizing a HealthEast physician, with proper pre-admission certification will be covered **100 percent** by the HHP.

Safety Committees Reorganized

In an effort to address the hospital's safety concerns in a more uniform manner, the safety committees at both sites have reorganized to form the TAH—LVHC Joint Safety and Health Committee. The committee will work as part of a coordinated effort along with the safety officer, safety coordinators and others with safety-related responsibilities toward

the goal of integrating safety as part of our daily work routine.

Included among the responsibilities of the joint committee are investigating safety-related incidents, analyzing accident statistics, promoting safety education and training for employees and performing safety inspections.

(please turn to page 6)





After The Merger...

Admitting Department

Beginning early next year, the Admitting Departments at TAH and LVHC sites will begin the consolidation process by merging the admitting reservation function and making the admitting of patients to the hospital easier and more convenient for the physicians.

Consolidating the reservation process includes designating a central office at LVHC site through which patient beds will be assigned at both sites. Physicians will be able to access this service by calling a single phone number.

"Presently, a physician, or his or her office, must make two phone calls to find an available bed at either site," says Marie Weissman, assistant vice president responsible for Admitting. "This new system will improve the services of the Admitting Department by eliminating one of these calls."

Through streamlining the process, a patient will be admitted as follows:

- A physician can call the central phone number to reserve a room at either site. The physician can state his or her site preference and preferred date of admission. The reservation will be made accordingly.
- Admitting offices will remain at each site for registering inpatients, outpatients and emergency room patients.

The central phone number used for making reservations will be 776-8060, the current Admitting number at LVHC site. Physicians and department heads will be informed by letter indicating the exact date of implementation of this service along with other relevant information about this consolidation function.

Financial Services

The departments of Financial Services at TAH and LVHC sites recently consolidated and most have relocated to the third floor of the School of Nursing at TAH site.

Merger of Financial Services will ultimately result in improved operating efficiency through creation of a single, central office performing all internal financial operations. A single management team with uniform poli-

cies and procedures will lead the department to this goal.

This move brings together the 35 employees who work in Reimbursement Accounting, Budget Accounting, Grant Accounting, Cost Accounting, Financial Planning and General Accounting, as well as the offices of the Senior Vice President, Assistant Vice President and Controller. The Patient Accounting offices will complete their relocation to the second floor of the School of Nursing early next year.

Remaining at each site, for patient convenience, will be a cashier, billing office and financial counselor.

Heart Station Director

A director has been named to merge the Heart Stations at both sites. John Peeler, director of the LVHC Heart Station since 1974, will be responsible for the consolidation of all program planning and implementation activities relating to the merged department. His initial focus will be on making adjustments to operating procedures so that services are provided in a uniform manner at both sites.

Cardiology services offered at both sites include electrocardiography, cardiac ultrasound and Doppler, 24-hour ambulatory cardiac (holter) monitoring and stress testing. The EEG and vascular lab services at TAH will also report to Peeler.

Prior to serving at the LVHC site, Peeler was the EKG coordinator at TAH from 1966 to 1974.

Peeler received his training in the U.S. Air Force.

From The President's Desk

Dear Employees:

As 1988 comes to a close, I want to thank each of you for your hard work during the year in helping our hospital achieve its goals, the highest of which is continuously improving care of our patients.

Our merger activities have been successful this year and we face continued challenges in this area in 1989. Many more of you will become involved in the merger process in the coming year. Our ongoing efforts in meeting these challenges and surmounting them is essential to our mission of providing our patients with outstanding care. With your help we will continue to achieve this goal.

Finally, I want to extend to you my best wishes for a joyous holiday season and a happy and healthy 1989.



Sincerely,

80 Whiten

Samuel R. Huston President and Chief Executive Officer TAH—LVHC

Making The Rounds

Three TAH—LVHC nursing leaders were recently inducted into membership in Sigma Theta Tau, an international honorary society in nursing. They are **Ellen Fairchild**, R.N., Pediatric nurse practitioner (TAH); **Barbara Hacker**, R.N., vice president (TAH); and **Carolyn Peters**, R.N., clinical instructor, accelerated internship program (LVHC).

HealthEast Laboratories was recently awarded two-year accreditation by the Commission on Laboratory Accreditation of the College of American Pathologists, based on results of a recent on-site inspection. The inspection is one of the most rigorous a laboratory can experience, and may require up to a year of advance preparation by the laboratory staff.

Eric D. Bakow, RRT, assistant director, Respiratory Care (LVHC), was the "issue editor" for the December issue of *Critical Care Nursing Quarterly*. The same publication included an article by **Sharon Smith**, R.N., Shock Trauma Unit (LVHC).

Beth Cepil, sites coordinator/quality assurance manager at HealthEast Laboratories, was recently awarded first prize in the Medical Laboratory Observer 1988 Article Awards Contest. Her article will be published in the January issue of Medical Laboratory Observer.

Maryanne Falcone, patient representative (TAH), was elected to the Nominating Committee of the Society of Patient Representatives of the Hospital Association of Pennsylvania for the 1989 term. She is presently secretary/treasurer and a board member of the organization.

Mary Ellen Beideman, R.N., Infection Control (LVHC), and Andrea Geshan, R.N., AIDS Activities Office, recently presented a poster session at the Seventh Annual Pennsylvania Infection Control Symposium.

Judy Iobst, R.N., diabetes nurse educator at the Helwig Diabetes Center, has successfully completed the qualifications for recognition as a certified diabetes educator.

Cindy Lynch Paret, registered dietitian (TAH), was the guest speaker at a Peritoneal Dialysis and Home Hemodialysis Support Group meeting held recently.

Bonnie Smith, Administration (TAH), serves on the Lehigh Valley Coalition on Affordable Housing. She will be actively involved on the Task Force on Homelessness which focuses on the services needed for homeless people and their families.

The following staff members of the Burn Center presented research papers at the 11th Annual Conference of the Mid-Atlantic Association of Burn Care Facilities: Maryellen Nangle, R.N.; Carol Knowlton, R.N.; Yvonne Troiani, R.N. Also involved in the research and preparation of these papers were David Barillo, M.D., Cindy Mastropieri, R.N., and Geoffrey Hallock, M.D. The papers were the result of a nationwide survey recently conducted by the LVHC site burn team. Pat Vaccaro, R.N., also participated in the conference.

Mary Ann Gergits, R.N., B.S., senior nurse clinician, Lehigh Valley

Stroke Program, was a guest speaker at a recent meeting of the Association of Rehabilitation Nurses, Northeastern Pennsylvania Chapter, held at the Good Shepherd Rehabilitation Hospital satellite in Kutztown.

Hats off to the 15 TAH site staff members from ET and Labor and Delivery who successfully completed an Obstetrical Post Anesthesia Recovery Room course held in October. The graduates are Lisa Bachman, R.N.; Sandra Berk, R.N.; Lucy Brown, R.N.; Deborah Guza, R.N.; Victoria Klementovich, R.N.: Gertrude Lilly, R.N.; Eileen Morgan, R.N.; Linda Blose, R.N.; Sylvia Dzena, R.N.; Theresa Engelhardt, R.N.; Renee Gombert, R.N.; Joanne Haas, R.N.; Eileen Haney, R.N.; Lauren Jessen, R.N. and Monica Kuebler, R.N.

Sheryl Repischak, director, Outpatient Services (TAH), recently completed her master of science degree in Human Resource Administration, with a concentration in Health Care of Organizational Supervision, from the University of Scranton.



MH/MR Sponsors Holiday Dinner

The Mental Health/Mental Retardation (MH/MR) Unit at TAH site sponsored a Christmas dinner for more than 200 mental health patients Dec. 8 in St. John's United Church of Christ in Allentown.

The turkey dinner, complete with all the trimmings, has been provided by the MH/MR employees for the past 13 years. In addition to the dinner, patients enjoyed a visit from Santa Claus who presented each with a special gift.

"The dinner and visit from Santa has brightened the holiday spirits of our patients for many years. For many, this is the highlight of their Christmas season," says David Horowski, acting director, MH/MR.

The dinner was sponsored in part by other Lehigh Valley mental health service providers and contributions from the Salem United Church of Christ in Catasauqua.



Thank You

HealthEast Pledges Up, Prizes Awarded

Congratulations to employees of HealthEast Inc. who exceeded their last year's United Way pledges by more than 10 percent.

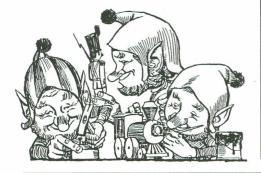
Winners of the HealthEast Inc. drawing for movie tickets are Christine Messina Boyer, Communications; Pat Caviston, Administration; Lana Fetner, Information Systems; Maryann Freer, Finance; Fred Heller III, Information Systems; Pamela Oser, Spectrum Administrators; Carol Sargent, Finance; Ellwyn Spiker, Administration; Joan Sweeney, Communications; and Brenda Troxell, Legal Services.

Stephen Schuttera, Internal Audit, and Stella Snyder, HealthPage, were winners of a day off.

United Way Honors Barbara Salvadore

Barbara Salvadore, assistant to the president, was presented a Campaign Volunteer Achievement Award by Susan Michelson Brown, campaign associate of United Way in Lehigh County, at the TAH—LVHC staff meeting on Nov. 8. Salvadore was recognized for her individual and special efforts on behalf of the 1988 United Way campaign.

This year's campaign, a combined effort of TAH—LVHC, raised \$110,775.12. Pledges for 1988 represented a 31 percent increase from the previous year.



Patient Care Top Prior

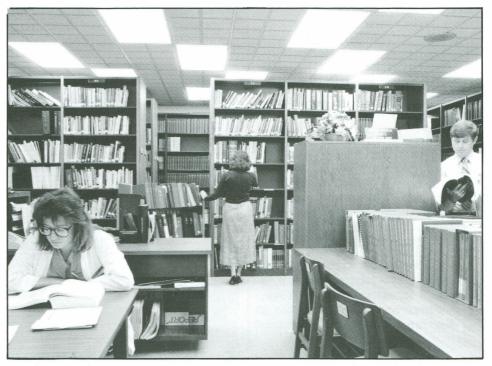
Books, journals and audiovisual programs are just a few of the items you would normally expect to find in any library and the Health Sciences Library of TAH—LVHC is no exception. The library offers extensive reading materials plus a quiet environment conducive for studying and research. Did you know, however, that the library's top priority is patient care?

The library offers several services which support patient care. Through a computer program called LATCH (Literature Attached to the Chart), a physician or nurse can request through the library journal articles related to a specific patient's condition. Emphasis on reduced length of patient stays increases the need for library staff to process these requests quickly. After researching the literature, the library staff obtains relevant up-to-date journal articles which are then placed on the patient's chart for use by those involved in the patient's care. LATCH eliminates the need for duplication of literature searches and journal articles. Last

year, a combined total of 130 LATCH requests was filled by the library staff at both sites.

Another service offered by the library is an interlibrary loan service. During 1987, over 2,500 photocopies of articles or books were borrowed from other libraries. Of that total, approximately 700 were borrowed between the two hospital library locations. The majority of loans are obtained from the Cooperating Hospital Libraries, a group of 14 hospital libraries of which the hospital is a member. Additionally, through an on-line interlibrary loan system called DOCLINE, the library has access to hundreds of libraries in the Northeastern United States, including the National Library of Medicine.

Like many other departments, the library is moving in the direction of expanded computerization. Currently, the library staff uses computers to process literature searches and interlibrary loans and to catalog books. In the near future, the library hopes to make available to library users computer assisted instruction



Located on the first floor of the East Wing, the Health Sciences Library at TAH site is open from 8:30 a.m. to 8:30 p.m., Monday through Thursday, and from 8:30 a.m. to 5 p.m. on Friday. The library offers extensive reading materials plus a quiet environment conducive for studying and research.

ity Of Health Sciences Library

programs. Within the next few months, the library will be purchasing a compact disk read only memory player which will provide library users with the capability of doing their own literature searches. Through the purchase of another computer program, the library staff will be able to create an on-line card catalog simultaneously at both hospital sites and make the information available to all HealthEast components through the use of telephone lines.

To better meet the needs of those who use the library, a number of services have been changed since the library became a merged department in January, 1988 under the leadership of Barbara Iobst, director of Library Services. Members of the library staff have been cross-trained at both sites to provide improved efficiency and continuity of services. The ordering and cataloging of books is handled by one staff member for both sites which minimizes duplication. The department's policies and procedures have been combined in order to provide standardization at both sites.

The library also offers convenient hours. Located on the first floor of the East Wing at TAH site, the library is open from 8:30 a.m. to 8:30 p.m., Monday through Thursday, and from 8:30 a.m. to 5 p.m. on Friday. At LVHC site, located on the first floor of the Anderson Wing, the library is open from 8:30 a.m. to 8:30 p.m., Monday through Friday.



Linda Stumpf, (seated) library technician (LVHC), processes a literature search for Erin Fly, M.D. In the near future, the library plans to expand its computer capabilities in order to provide even more services. The library at LVHC site is located on the first floor of the Anderson Wing and is open from 8:30 a.m. to 8:30 p.m., Monday through Friday.

The library's borrowing policy has also been revised to reduce the number of renewals by giving borrower's extra time. Books may be borrowed for three weeks and bound journals and audiovisual programs for one week.

"The library is a tremendous asset

to the hospital and we encourage people to use it," Iobst observes. "The library staff stands ready to assist physicians, nurses, allied health professionals, and others involved in patient care, education and research."

Amnesty Period Ends Dec. 31

The Health Sciences Library of TAH—LVHC will observe an amnesty period through Dec. 31. From now until the end of the year, anyone with overdue items should return them to one of the two library sites. NO OVERDUE FINES WILL BE CHARGED DURING THE AMNESTY PERIOD.

The library staff makes every effort to provide as many library resources as possible to patrons. Unfortunately, not everyone returns borrowed materials in a timely manner. Consequently, not all library materials are available to those who need to use them. It is hoped the amnesty period will improve this situation.



Display Case Tribute To Darryl Lippman

A custom-crafted, solid-oak display case was presented to TAH site in honor of Darryl R. Lippman, executive vice president of HealthEast, in recognition of his years of service as president of TAH.

The case, located in the lobby next to the entrance of the Alcove Shop, will be used to display different collections of various individuals.

Lippman's antique toasters are currently on display. The collection includes General Electric and Universal toasters of many shapes and sizes dating back to the early 1900s. Some more unusual toasters included in the collection are ceramic models, a combination egg poacher and toaster and a combination coffee percolator and toaster. A description of each displayed toaster is provided.

Lippman began collecting the unusual toasters in 1985. "I collect early toasters because of their uniqueness and because everyone can relate to a toaster, the young and old from every walk of life. I collect only the more interesting ones because they make good conversation pieces," he explains. When asked to choose his favorite toaster, Lippman replies, "I like them all, but the more unusual ones are my favorites."

The display case was designed by C. Norman Weaver, head carpenter, Engineering (TAH), and built by Weaver with the assistance of fellow carpenter Peter L. Martucci on behalf of TAH employees.

"Building the display case was a labor of love," says Weaver. "Whenever Mr. Lippman would walk through the hallways in the hospital, he always had a friendly hello for the employees," he recalls.

An inscription on the case reads: "Presented to The Allentown Hospital in honor of Darryl R. Lippman, President, The Allentown Hospital 1979 to 1987 from his friends and colleagues."

Nearly 8 feet high, 2 feet deep and 6



Darlene Matthias, R.N., (left) bead nurse, 5T (TAH) and Ann Lyon, vice president, Planning (HealthEast), discuss one of 16 antique toasters with Darryl Lippman, executive vice president (HealthEast). The three are standing in front of a custom-built display case presented to TAH site in Lippman's honor. Lippman is holding a Universal toaster, model 9411, patented in 1929.

feet wide, the case consists of a lighted, tempered-glass display area and a storage compartment beneath. According to Weaver, the case took about two weeks to build.

The collections in the case will change periodically. For further information regarding displaying a collection, call Communications (TAH) at ext. 2581.

Safety Committees (from page one)

One of the major goals of the safety effort is to make certain all employees continue to work in a safe and healthful workplace.

Since the reorganization of the committee, increased emphasis has been placed on safety. A needlestick campaign, which advises against attempting to recap needles, kicked off during Infection Control Awareness Week in October. Safety coordinators have been named in many departments and a safety awareness presentation is now included as part of new employee orientation.

Members of TAH—LVHC Joint Safety and Health Committee include: Terry Burger, R.N., Infection Control; Maria Farkas, Quality Assurance/ Utilization Review; Dennis Fetters, Biomedical Engineering; Diane Halstead, Ph.D., HealthEast Laboratories;

Catherine Harper, Human Resources; Cheryl Hartman, R.N., Employee Health; Kathy Heist, Home Care; Emma F. Hooks., Safety Officer; Carl Kent, Materials Management; Zachery Lysek, Security; Rocco Marinaro, Engineering; Cindy Max, R.N., Nursing; Margaret Ann McDonald, Food and Nutrition Services; Fran Miranda, Risk Management; George E. Moerkirk, Pre-hospital EMS; Morekin, R.N., Nursing; Carmine Pierno, Radiation Safety Officer; Lynn Reitbauer, R.N., Nursing; Richard Richard, R.N., Nursing; Sally Ryder, R.N., Nursing; Georgene Saliba, Risk Management; Chris Strasser, vice president; Pat Stuber, Legal Services; Tony Sweigart, General Services; and Paulette Thomas, R.N., Nursing,

Look for more safety-oriented information in future issues of *CheckUp*.

Congratulations

Ann Lushis, R.N., Nursing Education, Patient Education and Research (LVHC), and her husband, John, recently became the proud parents of their first child. Their son, Christopher Francis, was born on Oct. 17.

The following employees at TAH site were recent winners of the perfect attendance drawings. Bernadette Potetz, Admitting, was July's lucky winner. Janice Blaker, GI Lab, was the winner for the month of August and Hilda Edelman, General Services was September's recipient. Each winner received a \$100 U.S. Savings Bond.

Rhonda Bender and Jason Hensley, both employees of Radiology (TAH), have recently announced their engagement.

Wendy Fay, R.N., Special Care Unit (LVHC), and her husband, Matt, became the proud parents of a baby girl, Rachel, on Sept. 14.

Sharon Kraus, clinical dietitian (LVHC), married **Michael Goldner**, D.O., third-year resident in Internal Medicine, on Oct. 22.

Donna Weaver, Radiology (LVHC), married Brian Strobl on Oct. 29. **Sandi Adams**, **Wendy Fisher and Tindra Gerber**, radiological technicians (LVHC) were bridesmaids. Gerber caught the bridal bouquet so maybe the future holds another wedding in Radiology!

Daniele Shollenberger, R.N., Nursing Education, Patient Education and Research (LVHC), and her husband, Jeff, became parents of a baby boy on Nov. 14. Derrick weighed 8 pounds and was $21\frac{1}{2}$ inches long.

John Holley, R.N., Short Procedure Unit Operating Room (LVHC), was recently a participant in the New York City Marathon. Holley completed the 26¹/₄ mile race in three hours and was the fastest runner from the Lehigh Valley. He placed 905th out of 22,224 runners and received a medal for completing the race.

Shirley Wagner, R.N., ICU (TAH), and **Richard Wagner**, Pharmacy (TAH), are pleased to announce the birth of their fourth daughter. Kimberly arrived at TAH site on Oct. 24.

Two employees of the Newborn Nursery (TAH) had new additions to their families during October. **Donna Hordendorf**, R.N., gave birth to a baby girl weighing 8 pounds, 3 ounces, on Oct. 9. **Anita Breitfeld**, unit clerk, delivered a 6 pound, 3 ounce baby girl on Oct. 25.

Mali Bartges, R.N., Nursing Education, Patient Education and Research (LVHC), and her husband, Jeffrey, became parents of a baby boy on Nov. 16. Peter Gregory weighed 8 pounds, 12 ounces and was 21³/₄ inches long.



Ed Deschler, General Services (LVHC), chats with Mary Trone (center), Telecommunications (LVHC), and Stella Snyder, HealthPage, (HealthEast) during the recent celebration at LVHC site to bonor employees with five years of service to TAH—LVHC or HealthEast.

What's Cookin'?

Fresh Baked Bread

Back by popular demand, a fresh baked bread sale will again be sponsored by the Food and Nutrition Services Department at LVHC site on Friday, Dec. 23. Orders will be taken from Dec. 19 through Dec. 22. Extra bread will be available the day of the sale; however, for a complete choice of breads, placing an order is recommended.

Available breads include: plain rye (1 pound) for \$1.75; marble (1 pound pumpernickel/rye combination) for \$1.90; 8 whole grains (1 pound) for

\$1.90; raisin (1 pound) for \$2.25; and French bagettes (12 ounce sticks) for \$1.75. The above prices do not include the hospital discount.

To order fresh baked bread for the holidays, contact Margaret McDonald at ext. 8379. Orders must be paid for when picked up on Dec. 23 between 11 a.m. and 4 p.m.

Thermal Mug Sale

Hot and cold thermal mugs are available for sale in LVHC Cafeteria. Decorated with the hospital's logo, the mugs are \$1.99 each with your choice of beverage.

Stop Smoking Today For Healthier Tomorrow

Attention smokers! As Jan. 1, 1989 nears, along with the inauguration of the hospital's new no-smoking policy, many of you may be considering kicking the habit. In fact, some of you may now be in the process of giving up smoking.

For those quitting the smokes, remember, the important goal is getting to the day after tomorrow.

Everyone who has ever quit smoking knows the syndrome. Within a day, even hours, of that last cigarette, the symptoms appear: irritability; anxiety; restlessness; inability to concentrate; headaches; drowsiness; stomach upset; fierce hunger; and more than all else, that intense physical craving for a cigarette.

But that is today. And tomorrow. Maybe the day after. And then, just as quickly as the symptoms strike, they will fade. Your biggest challenge in quitting smoking is surviving the first three days.

Attention non-smokers! Employees with whom you work may be attempting to quit smoking which is not easy for even the strong-willed. You can help by being understanding of their goal and giving them encouragement.

In addition, be aware of the symptoms experienced by the new quitters, which are indicated above. Try to understand the emotional depths quitters may experience. These feelings will not last forever and when your fellow-employee has overcome the nicotine craving, give yourself a pat on the back for having been part of his or her victory.

Tips To Help You Quit

- Destroy your remaining cigarettes, get rid of your ashtrays and toss your matches and lighters. You will survive momentary weaknesses if you cannot light up.
- When you want a cigarette, take a deep breath, hold it a moment, then release. Slow, rhythmic breathing relaxes you just like a cigarette does. Think about the fresh, clean air flowing into your lungs and feel invigorated.
- Exercise. Climb stairs, park far away from your destination and walk, join an aerobics class, jog. The exercise will help you relieve tension and also burn calories.
- Drink lots of fluids. Water, tea and fruit juices will help your body cleanse itself of nicotine. They will also fill you up and decrease your urge to eat.
- Eat three or more small meals a day. By maintaining your blood sugar levels, you counteract the urge to smoke. Avoid sugar, spicy foods, alcohol and other foods that you associate with smoking.
- Keep your mouth busy. Good oral substitutes include carrots, unbuttered popcorn, stick candy or cinnamon, sunflower seeds, raisins, sugarless gum and fruit.
- Change your habits to avoid activities you associate with smoking.

- Avoid your "smoking chair," the smoking section of a restaurant and smoky bars.
- Keep your hands busy. Learn to build a model, knit a sweater or stuff envelopes for charity.
- Keep a negative image handy. When you are tempted to smoke, concentrate on the time you burned a hole in your favorite jacket or watched someone recoil from your breath.
- Finally, avoid the "just one" syndrome. "Just one" cigarette can put you back on the slippery slope to smoking.

Educational Happenings

Monday, Dec. 19

LVHC - New Employee Orientation - 8 a.m. to 4:30 p.m., Auditorium

Tuesday, Dec. 20

LVHC - Community CPR - 2 to 5 p.m., Classroom 2

Wednesday, Dec. 21

TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room TAH - Hospital Tour -10:30 a.m. (meet in lobby)

LVHC - Hospital Tour - 1:30 p.m. (meet in Anderson Wing lobby)

Wednesday, Dec. 28

TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room

CheckUp is a biweekly publication of the Communications Department of HealthEast. To submit an article or for additional information, call ext. 7915.

Our mission is your health.

HealthEast, a not-for-profit regional health care system, is more than 8,000 professionals, employees and volunteers working to provide you with quality, comprehensive health services.

CheckUp Salutes...

Home Health Care Week: Nov. 27 - Dec. 3

A special thank you to the staff of Home Care of the Lehigh Valley, a program of TAH—LVHC, for their hard work and dedication to the sick, disabled and elderly

Robert P. Casey, governor of the Commonwealth of Pennsylvania, proclaimed the week of Nov. 27 as Home Health Care Week in Pennsylvania. In his proclamation, Gov. Casey urged all citizens to recognize the value of home health care.

There are over 160 Medicare-certified home health agency members in Pennsylvania who offer a variety of services including nursing care; physical, occupational, speech and respiratory therapy and medical social services.