

CHECKUP

Vol. 3, No. 17 November 15, 1989

Help TAH—LVHC Employees And Volunteers Win A Trip To Arizona

TAH—LVHC employees and volunteers—who have made significant contributions to health care despite their own medical problems—have the opportunity to win a trip to sunny Phoenix this winter and be recognized by *Vim & Vigor*, HealthEast's quarterly magazine.

Employees Elizabeth Hegarty, R.N. and Janet Dib, R.N., and volunteers Susan Murray and Lucille Bailey have been nominated for their contributions to TAH—LVHC. They are competing with people throughout the country in *Vim & Vigor*'s annual **Personal Best** contest.

The candidate receiving the most votes will be an honored guest at *Vim & Vigor*'s annual editorial dinner in February in Phoenix. The winner will be announced in the magazine's spring edition.

CheckUp readers can help their co-workers and friends win by using the enclosed ballot to vote for the person or persons who have inspired them most. Return the ballots to Communications at your site or place them in the boxes next to the Personal Best displays at each site. The ballot box is outside the cafeteria at TAH and LVHC sites and in the lobby at HealthEast. Addi-

tional ballots will be available at the display.

Anyone, not only employees, may vote. Voters may return as many ballots as they like. However, **CHECK OFF ONLY ONE NAME PER BALLOT.** Ballots with more than one name indicated will be disqualified.

The deadline for returning ballots is Dec. 1.

TAH—LVHC nominees are:

• **Elizabeth Hegarty, R.N.**, who administers strong doses of support to newly diagnosed hemodialysis patients at TAH site. Besides working

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Employees demonstrate their creativity through their entries in the pumpkin decorating contest, including the first place winners at TAH site shown above.

For Winners See Page 8



The Allentown
Hospital—
Lehigh Valley
Hospital Center

A HealthEast Hospital

Get Holiday Gifts From Employee Committee

Start the holiday season by attending the Employee Activities Committee Christmas Bazaar in LVHC site lobby from 6:30 to 8:30 p.m. Thursday, Nov. 30 and 7:30 a.m. to 4 p.m. Friday, Dec. 1. Register to win prizes donated by craftsmen.

Do not go to Reading to get good buys for Christmas; attend the Sweater Sale, sponsored by the committee. It will be held from 8 a.m. to 3 p.m. Friday, Nov. 10 in TAH site lobby and Monday, Nov. 20 in LVHC site lobby. Choose from designer labels with values to \$120, selling for \$26 to \$30.

"Gift Checks" books, redeemable at many local businesses in Allentown and Bethlehem for various free items, are available for purchase in Personnel at both sites. The book, available for the low cost of \$10, is sponsored by the committee.

Make Stress Work For You

Stress and Burnout: Care for the Caretaker, an employee enrichment program, will be held from 9 to 11 a.m. Thursday, Nov. 30 in classroom 1, LVHC site. The free program will feature tips on how people can make stress work for them.

Registration is required. To register or for more information, call ext. 2430.

CheckUp is a biweekly publication of the Communications Department of HealthEast. To submit an article or for additional information, call ext. 7915.

Our mission is your health.

HealthEast, a not-for-profit regional health care system, is more than 8,000 professionals, employees and volunteers working to provide you with quality, comprehensive health services.

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M/F/H/V

Briefly Speaking

Renovation Of Lab Begins

Renovations to the Clinical Laboratory at LVHC site will begin this month and continue through April.

During this period, the laboratory will remain in operation and continue to offer all services. Please direct concerns to David Beckwith, Ph.D., administrator and director, ext. 8150 or Jim Towers, assistant director, ext. 8158.

Al-Anon Group Started At TAH Site

Al-Anon, a support group for the families and close friends of alcoholics, will meet from 7 to 8 p.m. Wednesdays in the Sixth Tower Consultation Room, TAH site. For more information, call Nancy Kerner, substance abuse counselor, Social Service, ext. 2247.

Credit Union Offers Christmas Loans

The HealthEast Federal Credit Union will offer special \$1,000 Christmas loans with interest rates of 9.9 percent. The loans will be available from Nov. 15 through January.

In addition, credit union members may now open their 1990 Christmas Clubs. The saving accounts have a 5.5 percent interest rate. For more information, call ext. 8404.

Attend LVHC Site Holiday Bazaar Nov. 17

LVHC site Holiday Bazaar will be held from 8:30 a.m. to 3:30 p.m. Nov. 17 in the main lobby. Shoppers will find plenty of home-made items that make excellent gifts.

Order Christmas Foliage From TAH Site Auxiliary Now

Orders are now being taken for TAH site Auxiliary's annual poinsettia sale. The deadline for ordering plants is Friday, Nov. 24 and the flowers may be picked up from 9 a.m. to 5 p.m. Friday, Dec. 8 in TAH site lobby.

In addition to both single- and double-branch poinsettias, the Auxiliary is offering year-round foliage plants, Christmas cacti, Douglas firs and hanging baskets of poinsettias. The plants are provided by Segan's Bloomin' Haus, Allentown.

To place orders, fill out forms available in the Alcove Gift Shop and return them to the Volunteer Office at TAH site or mail directly to Jeanette Kohlbrenner, co-chairperson of the poinsettia sale, 164 Hilton Road, Schnecksville, Pa. 18078. For more information, please call Kohlbrenner, at telephone number, 799-2844.

TAH Site Patient Representative's Office Moves

The office of Maryanne Falcone, TAH site patient representative, has been relocated to the first floor across from Nursing Administration, near the hallway leading to the Radiology waiting area. The telephone number for the patient representative's office will remain ext. 2486.

MedEvac Hats, Sweatshirts Are Available

MedEvac hats and sweatshirts are available for purchase in the crew room anytime day or night. Proceeds from the sale of the items will benefit MedEvac.

The items available and their costs are: hats, \$5; sweatshirts, \$11 (children) and \$13 (adult); and hooded sweatshirts, \$14 (children) and \$16 (adult). For more information regarding sizes and colors, call Joanne Kern, secretary, ext. 8697.

Alcove Gift Shop Has Entertainment Books

The 1990 "Entertainment Book" may be purchased at the Alcove Gift Shop, TAH site. The book, which costs \$30 each, is a collection of coupons redeemable at area restaurants, recreational areas and other businesses.

Board Of Directors

EDITOR'S NOTE: This is the 15th installment in an ongoing *CheckUp* feature which provides brief biographical features of community leaders who volunteer their time and talents to serve on our boards of directors.

Donna M. Pidcock **TAH—LVHC**

Donna M. Pidcock has been a member of TAH—LVHC Board of Directors since its creation. Previously, she was an LVHC board member, a position she held since 1982.

Pidcock currently serves on the board's Planning, Quality Assurance, and Human Resources committees, is a member of the medical staff's Ethics and Clinical Case Review committees and is an LVHC site Auxiliary volunteer.

A lifetime Allentown resident, Pidcock received her bachelor's degree from Cedar Crest College, where she served six years as a member of the Board of Trustees. In addition she served 12 years as treasurer of the Cedar Crest College Alumnae Association.

As a community leader, she served as a trustee, elder and member of the Building Fund Cabinet of the First Presbyterian Church of Allentown. She is also a member of the Board of Trustees of Lehigh Presbytery, serving on its Finance Committee and as chairperson of the Site Relocation Committee. She is a member of the Board of Directors of the Burn Foundation in Philadelphia.

Besides her civic activities, Pidcock enjoys the Allentown Art Museum, the Lehigh Valley Chamber Orchestra, watercolor painting, reading and travel. She and her husband, John, have a son, who is an architect, and two daughters, both of whom are ordained Presbyterian ministers, and three grandchildren.

About her work on the hospital board, Pidcock comments: "To serve as a member of the TAH—LVHC Board of Directors is for me a privilege, an opportunity and an obligation. It is a privilege to be able to work with some very dedicated and highly skilled people who have committed themselves to the delivery of



Donna Pidcock



Mary Ellen Poe

mitted themselves to the delivery of the best health care in the region; an opportunity to know first hand the complexities involved in making decisions which affect a person's life; and an obligation to help provide for those who live in this area an outstanding health care facility."

Mary Ellen Poe **HealthEast**

Mary Ellen Poe has been a member of the HealthEast Board of Directors since 1986 and currently serves on the Communications Committee.

In addition, she has been a member of the Gnaden Huetten Memorial Hospital Board of Directors since 1984, serving as chairman of its Personnel Committee and a member of its Planning and Communications committees. She also belongs to GHMH's Auxiliary.

Poe is a retired high school teacher, having taught business education in the Lehigh area. She received her bachelor's degree from Bloomsburg University.

A community leader, Poe volunteers for the Eastern Pennsylvania Chapter of the Arthritis Foundation and serves as president of its Carbon Unit. Among her other community activities, Poe is treasurer of the Carbon County Chapter of Pennsylvania Association of School Retirees, a leader of Arthritis Self-Help Course, a volunteer for Quiet Valley Historic Farm Association and a tutor for Carbon County Volunteers for Literacy.

Her hobbies include skiing, tennis, golf, crafts and participating in Future Business Leaders of America, which in 1983 selected her Outstanding Adviser in Pennsylvania. She also enjoys writing and is the author of two children's short stories that have been published.

She is married to Dale T. Poe.

"I believe TAH—LVHC is 'the best' and thank all employees for delivering the highest quality of health care," Poe says. "As Gnaden Huetten's representative on the HealthEast Board, I am very glad that we are affiliated with such an outstanding institution. I feel a strong commitment to help ensure that the HealthEast hospitals continue to be number one in quality and care."



Personal Best

(Continued from Page 1)

Educational Happenings



Elizabeth Hegarty



Susan Murray



Lucille Bailey

full time in Quality Assurance/Utilization Review at the hospital, Hegarty spends hours on her own visiting patients. An example of hope to kidney sufferers, she has kidney disease and has been a hemodialysis patient herself for four years.

* **Susan Murray**, president and counselor for the Neonatal Intensive Care Parent Support Group, TAH site. Thirteen years ago, Murray was gravely ill with systemic lupus and grieving for her stillborn child. Today her disease is in remission and she is the mother of two healthy, happy children, both of whom were premature and required long hospitalizations after birth.



Janet Dib

* **Lucille Bailey**, a TAH—LVHC volunteer who has worked more than 1,000 hours despite the fact that she requires oxygen for breathing and is an amputee with a wooden leg. A former private detective in Allentown, she suffers from diabetes and the aftereffects of a stroke.

* **Janet Dib**, R.N., an employee of the Nursery, TAH site who was badly injured following a gas explosion and fire at her home. Dib faced a long hospitalization and rehabilitation for her badly burned body. After months of courageous recovery, she returned to TAH site, where she now helps care for the babies.

Wednesday, Nov. 15

TAH — Stroke Team; 9 to 10 a.m.; cafeteria conference room.

LVHC — CPR Recertification; 27 continuous hours beginning at 7 a.m.; General Services Building, Nursing Learning Laboratory; continuing through 10 a.m. Thursday, Nov. 16. For additional study guides or more information, call Human Resource Development at ext. 2430 (TAH) or 8320 (LVHC).

TAH — "Childhood Illness"; 7 p.m.; auditorium. This free lecture, sponsored by Pediatrics, will help parents recognize and treat common illnesses. For more information or to register, call *WomanCare* at ext. 3800.

Friday, Nov. 17

LVHC — "Cancer Update: 1989 Gynecologic Oncology"; 8 a.m. to 4:30 p.m.; auditorium. The program is sponsored by the Comprehensive Community Cancer Center in conjunction with Friends of Nursing and the Pennsylvania Cancer Plan. The employee fee is \$5. The registration deadline is Nov. 10; call the CCCC, ext. 2582.

Saturday, Nov. 18

LVHC — "Transplantation: Beginning, Current State and a Look into the Future"; 7:30 a.m. to 12:30 p.m.; auditorium. This symposium, sponsored by the Dorothy Rider Pool Health Care Trust, will update participants on techniques of transplantation, explain indications for application to patient care and review current and future development. No fee for employees. Register by Nov. 15. To register or for more information, call Human Resource Development, ext. 8320.

Monday, Nov. 20

LVHC — Employee Orientation; 8 a.m. to 4:30 p.m.; auditorium.

Wednesday, Nov. 22

TAH — Stroke Team; 9 to 10 a.m.; cafeteria conference room.

TAH — Tour TAH site; 1 p.m.; lobby.
LVHC — Tour LVHC site; 2:30 p.m.; lobby.

Burn Center Nurses Prepare Children For Classmate's Return

Seven-year-old Tanya Faber, who was a patient for six weeks in the Burn Center, has learned first hand that caring for TAH—LVHC patients extends outside the hospital's walls.

The new school year in September brought greater uncertainty for Tanya than for her classmates in the second grade at Bicentennial School in Port Jervis, N.Y. But through the efforts of LVHC site Burn Center nurses, a smooth road was paved for her transition from patient to pupil.

Having barely survived a mobile home fire that killed her 10-year-old sister, along with her uncle and his fiancée, and destroyed all her family's possessions just days before school let out for the summer, Tanya now had to return to the classroom bearing signs of her painful ordeal.

Tanya had suffered a near-fatal inhalation injury from breathing toxic smoke and the flames had left disfiguring scars on her face, arms, back, hands and head. For the next two years, she will have to wear a plastic head and face mask and flesh-tone pressure garments which will help her young skin heal without scarring.

The seven-year-old had been airlifted by the MedEvac helicopter to LVHC site from Mercy Hospital, Port Jervis, the day following the fire. During her convalescence in the Burn Center, Tanya's upbeat and outgoing personality charmed patients and staff alike. When the time came for her to return to the classroom, Burn Center nurses planned an advance visit to the school to give students, teachers and staff a day-long re-entry program for former burn patients.

Tanya was not present for the visit, but her father, Anthony, attended the presentation.

Joanne McLaughlin, R.N., director of professional affairs for the Burn Foundation and TAH—LVHC; Pat Vaccaro, R.N., clinical instructor for the Burn Center; and Mary Jane Spotts, R.N., Burn Center staff nurse, showed a video made at the hospital of Tanya revealing her scars and discussing her ordeal. They also led a question-and-answer session to prepare the students for her return.

The children asked about the severity of the burns and how long Tanya will have to wear the protective gar-

ments, especially the head covering and face mask.

"They were very empathetic," observes McLaughlin, who also helped the kids piece together a jigsaw puzzle with parts depicting the network of people involved in the recovery process of a young burn victim. "A puzzle is a concept children can understand," explains McLaughlin.

"When they had connected all the pieces of the puzzle and came to the last one—the missing piece—they knew it represented them, the classmates and friends, who will play a vital role in Tanya's return to health."

"One child said they could be considerate of her feelings by not asking questions about her burns and by being friendly," adds McLaughlin. "They felt the video and presentations answered the questions they would have been tempted to ask Tanya."

Tanya's father feels the mixed media program helped the students understand his daughter's ordeal and taught them a valuable lesson about prevention of burns from fire, hot liquids, even chemicals.

"Kids can be cruel," observes her dad. But, he credited the re-entry program with preparing Tanya's classmates for her return, adding that they have all been kind and considerate to her.

"I think the kids, nurses and teachers all learned a lot," he says.

Besides resuming her schoolwork, Tanya's schedule calls for her to undergo occupational therapy three days a week at Mercy Hospital. The muscles in her hands were nearly ruined by the fire and must be retrained to perform even the simplest tasks.

Yet the burden of such physical and emotional pain seems to be just a single aspect of the spunky girl's young life. Following the Burn Center's re-entry program, Tanya, whose favorite subject is math, happily returned to school, where she received a "wonderful welcome back" from her classmates.

Though she's fortunate to have such supportive peers, Tanya's classmates must be just as lucky with such a sparkling example of youthful courage as a role model.



Joanne McLaughlin, R.N. of the Burn Center helps second-graders understand the ordeal of their classmate, a fire victim, before her return to school.



Making The Rounds

Ellie Franges, R.N., MSN, CNRN, CCRN, head nurse, Central Nervous System Unit (LVHC), presented a paper at the Fifth Quadrennial Congress of the World Association of Neuroscience Nurses in Anaheim, Calif. Franges' paper was one of 20 selected by the Japanese Delegation for simultaneous translation. She was also keynote speaker at the Mid-South Chapter of The American Association of Neuroscience Nurses' seminar titled "Trends in Neuroscience Nursing: 1989." Franges addressed "Cranio-cerebral Trauma: Present Trends - Future Implications."

TAH-LVHC's **Karen Schaefer**, R.N., DNSc, nurse researcher, Nursing Education, Patient Education and Research (NEPE&R), will have a paper published titled "Caring: The Work of the Clinical Nurse Specialist" in the Summer 1990 edition of *Clinical Nurse Specialist*.

Two members of HealthEast Labs' Toxicology Department have passed their certification examination as toxicological chemists by the National Registry in Clinical Chemistry (NRCC). They are: **Susan Liska**, Ph.D., C.C., S.C. (ASCP), senior technologist; and **Joann Sell**, M.T. (ASCP), S.C., supervisor of Toxicology. The category of toxicology chemist is a certification offered for the first time by NRCC.

Two NICU staff nurses (TAH), have successfully achieved certification in neonatal intensive care nursing through the Nurses Association of American College of Obstetricians and Gynecologists. They are **Davina Short**, R.N.C., and **Carol Wimer**, R.N.C.

Darlene Matthias, R.N., B.S.N., head nurse, 5T and Outpatient Treatment Area (TAH), received her bachelor of science degree in nursing from Cedar Crest College.

Vera Deacon, R.N., CEN, staff nurse, Emergency Department (LVHC), placed 54th out of 220 runners in the Calgon 3K Race. The race was held as part of the Emergency Nurses Association Scientific Assembly in Washington.

Several TAH-LVHC employees have been certified in emergency nursing after passing a four-hour examination given by the Emergency

Nurses Association's Board of Certification. The nurses are: **Susan Holecz**, clinical nurse specialist, NEPE&R (TAH-LVHC), and **Pat Rhoads**, **Diane Popovich**, **Peg Parry**, **Pam Claus**, **Cyril Mayer**, **Joanne Gallagher**, and **Rich Schmalzreid** (TAH); **Sue Van Woerken** and **Renee Schick** (LVHC), all of the Emergency Room.

Nancy Lambert, R.N., Emergency Department (TAH), passed her state board for nursing in July. Lambert is a graduate of Northampton County Area Community College.

Richard C. Bogert, M.Ed., director



of the Mental Health/Mental Retardation Outpatient Clinic (TAH-LVHC), received the Lehigh Valley Psychiatric Society's Arthur Lindenfeld, M.D. Award for outstanding contributions by a mental health professional. Bogert was honored for his on-going and dedicated service to the mentally ill.

Carol Strapple, R.EEG T., director, EEG Laboratory (TAH-LVHC), was program director for the Eastern Laboratory Symposium for EEG Technologists. This continuing educational program, the first symposium of its kind in the Lehigh Valley area, received a record turnout. Strapple was also a member of the course faculty and board examiner at the American Society EEG/Neurodiagnostic Technologists meeting. Her participation demonstrates TAH-LVHC's support for continuing education on a national level.

Two members of Legal Services (TAH-LVHC), presented lectures in New York City to 1,500 national and international nurse managers at the Nursing Management Congress '89 10th Anniversary titled "Succeeding in the '90s." **Janine Fiesta**, Esquire,

vice president, presented three lectures titled "Nursing Torts—The Law and the Nurse"; "Ethics, Law and Management: Bridging the Gaps" and "The Legal Responsibilities of Nurse Managers for Assigning, Delegating and Staffing." **Georgine Saliba**, risk manager, presented "Risk Management in a Risky Environment."

Rose Haas, R.N., director, Employee Health Services (TAH-LVHC), presented "Shift Work Problems and Solutions," to the Associates of Hospital Employee Health Professionals in Dallas.

Haas is a member of its board of directors and a winner of its "Hospital Employee Health Role Model Award."

Connie Molchany, R.N., M.S.N., CCRN, NEPE&R (LVHC), lectured graduate nursing students at the University of Pennsylvania on "Advanced Dysrhythmias." Several TAH-LVHC employees donated their time to man the telephones for the Channel 39 Pledge Week Membership Drive. Volunteers from the Department of Food and Nutrition (TAH-LVHC), were **Jane Ziegler**, R.D., M.S., executive dietitian; **Suvi Bradley**, R.D., M.S., clinical dietitian; **Carolyn Galli**, R.D., clinical dietitian; **Sharon Goldner**, R.D., clinical dietitian; and **Cindy Paret**, clinical dietitian. Also representing TAH-LVHC were **Donna Dispas**, R.D., M.S., director of The Weight Management Center of Lehigh Valley (HEE), and **Judy Maloney**, health counselor, HealthCounts.

Lisa Taylor, ACSW, renal social worker, Social Service (TAH), presented "The Psycho-Social Aspects of End Stage Renal Disease," at a seminar for dialysis and transplant professions held at Albert Einstein Medical Center.

Kathy Ray, educator, and **Peg Parry**, R.N., CEN, CPIS, Lehigh Valley Poison Center (LVPC), attended the National Convention of the American Association of Poison Control Centers in Atlanta, where they presented "The Adventures of Pretty Petals," a pre-school and kindergarten poison-prevention program available through LVPC.

Four Acute Coronary Care Unit

(Continued On Page 7)

Making The Rounds *(Continued From Page 6)*

(TAH) registered nurses received their critical care registered nurse (CCRN) certification. They are: **Theresa Mylet**, **Carol Acernese**, **Deb Williston** and **Karen Walczel**.

James Burdine, Dr.P.H., vice president, and **Judith Natale**, M.P.H., program development specialist, both of Community Health (TAH—LVHC), participated in a panel discussion titled "Increasing Problem-Solving Capacity Through Building Community Coalitions," at the October meeting of the American Public Health Association in Chicago. Burdine and Natale were joined by **Edward Meehan**, M.P.H., executive director of the Dorothy Rider Pool Health Care Trust; **Curtis Johnson**, vice president, Service Development Group, United Way in Lehigh County and United Way of Northampton and Warren Counties; and **Michael R.J. Felix**, program officer of the Kaiser Family Foundation, Menlo Park, Calif.

In addition, Burdine made a presentation on "Integration of Prevention into Clinical Services: Survival in the Private Health Care Sector," at the Society for Public Health Education meetings which preceded the American Public Health Association meetings. Meehan and Natale also made a presentation on "A Drug-Use Prevention Program in Pennsylvania (ALERT—Partnership for a Drug-Free Valley)," at a session titled "Coalition Building for Long-Term Success," at the American Public Health Association conference.

David Beckwith, Ph.D., administrator, HealthEast Laboratories, and **Andrea Geshan**, R.N., LSW, CIC, director, Infection Control and AIDS Activities, co-authored an article titled "Role of the Hospital AIDS Coordinator," in the October issue of the *American Journal of Infection Control*.

Lynn Dashner, L.P.N., staff nurse, Gastroenterology Laboratory (LVHC), chaired the Hospitality Committee for the annual Pennsylvania Society of Gastroenterology Nurses and Associates course held in Philadelphia. She was also elected regional chairwoman of the eastern Pennsylvania division. **Bernie McAloose**, R.N. CGC, head nurse, Gastroenterology Laboratory (LVHC), spoke on Stan-

dards of Practice at the same meeting.

Callie McClatchy, director, Speech and Language Pathology (TAH—LVHC), was appointed to an ad hoc task force of the Pennsylvania Speech-Language-Hearing Association to study swallowing disorders. The results will determine the feasibility of establishing a swallowing center at TAH—LVHC.

Jayne Holubowsky, CTR, Tumor Registry coordinator, Comprehensive Community Cancer Center (TAH—LVHC), spoke at the annual Pennsylvania Tumor Registrars Association Conference in Pittsburgh, where she presented alternate uses of Tumor Registry data and the state-funded grant which enhances the use of the registry.

Maryanne Falcone, R.N., B.S.N., patient representative (TAH—LVHC), was elected president-elect of the Society of Patient Representatives of the Hospital Association of Pennsylvania for the 1990 term. In addition, Falcone serves as a member of the board and will facilitate the Chapter Seminar meeting in June. She will become president of the state chapter in 1991.

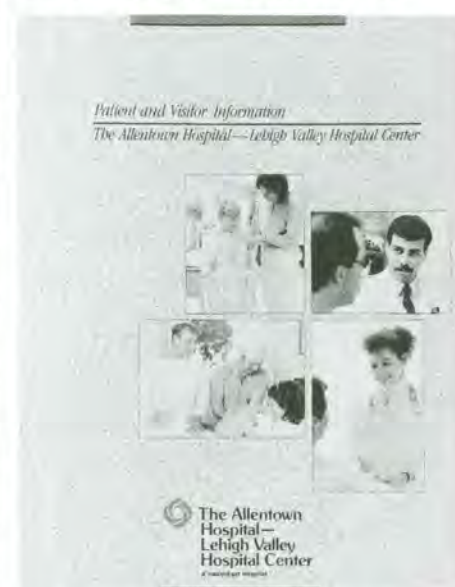
Radiology Week Celebrated

Radiology at TAH—LVHC observed National Radiology Week, Nov. 6 to 12.

At LVHC site, displays and photographs in the Anderson Wing lobby showed Radiology personnel in action. At TAH site, posters in the Radiology waiting areas on the ground and first floors were performing a similar task.

The Radiology staff at LVHC site performs about 350 radiographic examinations each day. Meanwhile TAH staff performs an average of 155 procedures, including diagnostic and fluoroscopic tests, ultrasound examinations, mammograms and arteriograms. Besides technicians, Radiology employs secretaries, receptionists, clerks, transcriptionists, nurses, dark room staff and escorts.

Information Booklet Provides Answers



Patients and visitors of TAH—LVHC should no longer feel overwhelmed by the size, complexity and many activities at the hospital sites. They now can consult the recently published "Patient and Visitor Information" booklet for answers to many of their questions and a list of resources to help make their stay comfortable. Each patient receives a copy of the booklet upon admission.

Produced by the Communications Department with assistance from a score of other hospital departments, the 24-page booklet is identical for both sites except for the colored pages in the center which contain site-specific information. The photography depicts patients, employees, physicians, and volunteers from many areas at both sites.

A warm welcome from President Samuel R. Huston greets the reader on page one. Topics found in the general pages of the brochure address patients' rights, safety, condition reports, lost-and-found items, meals, organ and tissue donation, and telephone use, to name a few.

Site-specific items in the colored pages give visiting hours for medical/surgical and critical care nursing units, frequently called telephone numbers, parking instructions and a TV channel guide.

A description of the merged hospital and specifics on the two sites give the reader a sense of the scope of clinical services offered at TAH—LVHC.

TAH Shuttle Has New Parking Place

TAH site loading point for the Tunnel, TAH—LVHC shuttle, has been temporarily changed to just beyond the canopy of the Outpatient driveway.

The Tunnel will continue to park in this area for about six weeks. The relocation was needed because of repairs to the Trexler Wing Roof. A garbage chute and dump truck will be parked at the southwest corner of the loading area where the Tunnel previously parked.

AIDS Conference Offered

A telecommunications conference about acquired immune deficiency syndrome (AIDS) will be held on Tuesday, Nov. 21 at TAH site auditorium. It is presented by the Pennsylvania/New York AIDS Regional Education and Training Center.

For more information and to register, call Andrea Geshan, director, Infection Control and AIDS Activities (TAH—LVHC), at ext. 2400.

OR Nurses Are Recognized

LVHC site Operating Room (O.R.) nurses will observe the 10th anniversary of O.R. Nurse Day on Nov. 16 with a slide presentation following a patient through the O.R. experience.

The presentation will be shown continually throughout the day in LVHC site lobby. It was compiled by Barbara Horgan, R.N., colon-rectal laser surgical coordinator.

Horgan, along with Andy Kovach, CRNA, specialty nurse anesthetist, will present "Operating Room and Anesthesia Intervention of Abdominal Perineal Resection." The presentation sponsored by the Digestive Sciences Regional Resource Center will be held from noon to 1 p.m. in classroom 3, LVHC site.

Allentown Mayor Joseph Daddona will officially declare Nov. 14 as O.R. Nurse Day at 2:30 p.m. in the LVHC site lobby and present O.R. nurses of both TAH and LVHC sites with the written proclamation.

Stop Smoking Nov. 16

All smokers are encouraged to give up their cigarettes, cigars and pipes during the **Great American Smokeout** on Thursday, Nov. 16.

Participate in the event, organized at TAH—LVHC by HealthCounts, and become eligible to win prizes. More information about the prizes and materials provided by the American Cancer Society will be available at HealthCounts booths outside the cafeteria at both TAH and LVHC sites.

The Department of Food and Nutrition will provide fresh vegetable trays to all departments and nursing units. Department heads are asked to designate an individual from each shift to pick up the vegetable tray from Food and Nutrition on Nov. 16.

Employees Enjoy Halloween Activities



Entries of the LVHC site pumpkin decorating contest wait patiently for the judging. The winners at LVHC site in each category from first to third place were Most Original: Respiratory Therapy, Histology, 5C; Most Humorous: Nursing Services, Lynn Norton (Food Services), Special Procedures—X-Ray; Best Overall: Admitting, Heart Station, GICU East. TAH site winners were Most Original: Labor and Delivery; Physical Therapy, Business Office; Most Humorous: Housekeeping, Marge Weider (OB/GYN); Security; Best Overall: Heart Station, Occupational Therapy and Clerical; Benefits and Compensation section of Personnel. Winners of the HealthEast contest from first to third place were: Development, the Coalition For A Smoke-Free Lehigh Valley, Community Health.



Pediatric nurses and patients look frightening in their Halloween finery.

THE MARKETPLACE

NOVEMBER 10, 1989

FOR SALE

Contemporary rust/gold/off-white/black, 68-inch sofa/sleeper with foam mattress in very good condition - \$60; contemporary beige/off-white, 60-inch love seat with wooden arms and sides, in very good condition - \$30; three-piece wicker set, includes two high-back chairs with cushions and 26 inch square table, in very good condition (must buy all three pieces) - \$35. Call Rene at 266-1904.

Walnut dining room suite, includes china cabinet, table with three leaves, two armchairs, four side chairs and walnut bar. Call Fran at 437-1599.

King-size water bed, includes heater, headboard with mirror and two cabinets with lights. One year old, in excellent condition. Asking \$300. Call Lisa at ext. 2788 or 868-8668.

White wicker plant stand, rattan chair (in good condition) and rattan nightstand (in excellent condition). Call Denise at ext. 7921.

Seasoned firewood (mixed hardwoods) - cut, split, delivered and stacked. \$115 per cord. Call 820-5452.

Salvador Dali original serigraphs: "King and Queen of Hearts." Certifiable authenticity, sold as set only. Excellent investment, substantial appreciation. Call Patti at 398-9046. Serious inquiries only, please.

Two acoustic monitor 125 watt speakers, oak finish. Never used, still in boxes - \$300 for both; one year old, solid oak entertainment center with leaded glass doors, in excellent condition - \$750 (\$1,050 new). Call Adele at ext. 8590 or 262-1808.


Elan skis, 140 with Tyrolia 160 bindings - \$50; Raichle size 4 1/2 ski boots - \$20. Call Norm at ext. 8979 or 434-8471.

Rossignol junior skis - 130 centimeter, Salomon 127 bindings with brakes, poles included. Like new, used twice. Asking \$100. Call 398-9046.

Weight set (150 pound) with sand-filled plastic plates. Includes bar, two dumbbell bars with collar and weight bench with assorted attachments. Asking \$60 for all. Call Birdie at ext. 8880.

Drum set: includes four Slingerland drums, one set of high hats, two Ludwig cymbals and stool - \$350 for all; two 14-inch Camaro rally wheels, seven inches wide with center caps - \$55 for both; Schwinn 24-inch wheel ten speed bicycle (male), in good condition - \$70; Yamaha "Ceramic White Gold 100" tennis racket with cover - \$55; two redwood chairs and matching chaise lounge with cushions - \$60. Call ext. 8111 or 433-5711.

Crest ultrasonic humidifier. Two gallon capacity with automatic temperature control, in excellent condition - \$20; Minolta camera (uses 110 film), used one time, in excellent condition - \$25; two steel-belted snow tires (175x13) with studs, mounted on rims - \$40. Call Marie at 435-9738.



 Water purifier, Master Model MSP - 6165. Ultraviolet lamp type with flow restrictor and 3/4 inch connections. Used one and one-half years prior to connection to county water line. Asking \$275. Call Charlotte at ext. 8055 or 398-0583 after 5:30 p.m.

Bassett crib with mattress, in good condition. Asking \$100 or best offer. Call 797-2085 before 2 p.m.

Children's roller racer, hardly used - \$15; 5 inch color television with AM/FM/SW radio and cassette recorder - \$85; rechargeable battery-powered motorcycle for children ages 3 and older - \$50; Zenith solid-state console stereo, includes phonograph, AM/FM stereo radio, eight-track tape - \$150; three-quarter cord firewood, seasoned, cut and dried, must pick up - \$65. All prices negotiable. Call Kim at ext. 7982 or 433-8862 after 5:30 p.m.

Epson color computer monitor, eight months old. Must sell. Asking \$220 (\$300 new). Call Joel at 966-2681 after 5:30 p.m.

Four General steel-belted Jet radial deluxe whitewall tires (185x75R14) with 15,000 miles of wear on a 50,000-mile tire - \$45; four Chevy 14 inch rims with hub caps - \$40; and Quasar Dynacolor, solid state, 25-inch, table-model color TV with excellent picture and color, ideal second set - \$100. Call Maryellen at ext. 2354 from 7:30 a.m. to 3:30 p.m.

Four chrome wheels (excellent shape) and tires (fair condition) to fit Chevy. Asking \$75 for all. Call 767-8978.

Pioneer car stereo, cassette player, AM/FM radio, equalizer, two speakers. Only one year old. Asking \$300. Call 437-6954.

Ball and hitch tow bar. Asking \$75. Call ext. 8001 between 7 a.m. and 3 p.m.

Eleven-month-old female (spayed) Keeshond. Has papers and is good with children. Asking \$350, including cage. Call Brenda at ext. 8055 or 838-7206.

AUTOMOBILES FOR SALE

 1979 Chevy Silverado 350 three-quarter ton pick-up truck. Includes automatic transmission, fiberglass cap, bed mat, dual tanks and class III hitch. Garage kept, "A" title, 77,000 miles, in very good condition. Asking \$2,895. Call Gary at 298-3353.

1985 Honda Prelude with 35,000 miles, in excellent condition. Includes AM/FM cassette, sunroof and air conditioning. Single owner, runs great. Asking \$8,500. Call 395-1452 evenings.

1978 Oldsmobile Cutlass Supreme. Blue with white vinyl half-top and good tires. In good condition. Asking \$895. Call 439-4891 from 4 to 5 p.m. or after 7 p.m.

1985 Colt Vista four-cylinder "mini van." Includes automatic transmission, power brakes and windows, air conditioning and cruise control. Seats seven, one owner, 37,500 miles. Asking \$5,500 or best offer. Call 967-3791 after 5 p.m.

 1987 Olds Vista Cruiser station wagon. Excellent condition, low miles, loaded. Asking \$11,500. Call Pete at 791-0828.

1979 Ford LTD with 55,000 miles with sound body and strong, reliable engine. Includes air conditioning, AM/FM radio and two new tires. Very clean. Asking \$2,100. Call 967-4720.

1986 Hyundai Excel - five-speed, four-door, well-maintained with 60,000 miles. Asking \$2,100. Call Lucy at 252-5818.

1976 Volvo 265 white station wagon with 85,000 miles. Six cylinder, standard shift with electronic overdrive and air conditioning, in good condition. Asking \$1,500. Call ext. 2412.

1987 Chevy S-10 Blazer with 34,000 miles. Includes air conditioning, AM/FM cassette stereo, aluminum wheels, power steering and brakes and V-6 fuel-injected engine. Asking \$9,000 or best offer. Call Gary at 965-2060 from 9 a.m. to 5 p.m. or 6:30 to 9 p.m.

1987 Pontiac Firebird. Includes T-tops, air conditioning, cruise control, AM/FM cassette, power windows and locks, V-6 engine and automatic transmission. Must sell. Asking \$6,900 or best offer. Call Sallie at 249-1676 after 6 p.m.

REAL ESTATE FOR SALE

Three-bedroom brick home in Fountain Hill. Includes eat-in kitchen, two full baths, full attic and basement. Recently remodeled, low taxes, easy commute to New Jersey. Asking \$69,000. Call 866-3251.

Three-bedroom town house in Ancient Oak West, in East Penn School District. Includes two and one-half baths, central air conditioning and heat. Asking \$89,900. Call 437-9026.

One-year-old home, minutes from I-78 interchange in Hellertown. Includes three bedrooms, two and one-half baths, ultra-modern kitchen, wall-to-wall carpeting throughout and attached garage. Asking \$124,900. Call 966-3501.

Bi-level near St. Thomas More. Includes three bedrooms, two and one-half baths, family room with fireplace, air conditioning, custom drapes, wallpaper throughout, 12 foot by 24 foot sun room, patio, garage, privacy fence and above-ground pool with deck. Asking \$136,900. Call 439-0109.

Single bi-level home in the west end of Allentown, in excellent condition. Includes four bedrooms, one and one-half baths, living room, dining room, family room with fireplace, two-car garage, central air conditioning, security system and deck. Asking price in the low \$150's - negotiable. Call Kim at ext. 7982 or 433-8862.

Two-bedroom villa, time-share resort for sale or rent. Located four miles from Disney World, Fla. Many recreational facilities on site. Available 50th week of each year. Asking \$10,500 or \$375 to rent. Call 437-9026.

FOR RENT

Furnished rooms for rent in west end Allentown (near TAH site) with cable TV and kitchen privileges. \$65 per week plus one month security deposit. Call Sue at 776-7464 after 10 a.m. to 2 p.m. daily.

Two-bedroom, first floor apartment. Includes air conditioning, laundry room and off-street parking. Asking \$405 per month plus utilities. Call 967-3636.

Two-bedroom home in historic, center city Allentown. Includes one and one-half baths, living room, dining room, large modern kitchen with Jenn-Aire grill and dishwasher, large deck and garage with extra off-street parking. Asking \$900 per month. No pets, please. Serious inquiries. Call 847-2690 or 432-9094.

Killington, Vt., brand new, one-bedroom town house with fireplace, whirlpool, VCR, fully equipped kitchen. Located in the ski area. Call Bob at 837-1822 or 967-1908.

ROOMMATE WANTED

Female roommate wanted to share an apartment in Allentown area. Call Carol at ext. 8088 or (717) 788-3655.

Will share country farmhouse on 12 acres with pool, 15 minutes from LVHC site. \$500 per month. Call 967-5991.

Looking for female non-smoker to share a three-bedroom apartment with two other girls. \$142 per month, utilities are extra. Call 974-9065 at 4:30 p.m.

Share first-floor, two-bedroom apartment, located in west Allentown. \$185 per month plus utilities. Call Sean between 9 a.m. and 5 p.m. at 867-7343 and leave a message.

FREE TO GOOD HOME

Small, two-year-old, black and tan Doberman. House-trained, excellent, obedient one-person dog. Won several first place awards. Needs yard to run, no small children or other dogs. Loves cats. Crate included. Male owner preferred. Call Ruth at 691-8324.

Large, white, one-year-old female rabbit. Includes pen, water bottle and food dish. Owner moved, unable to have pets. Call Judy ext: 2809.

CAR POOL

Looking for someone from Mc Adoo-Hometown area interested in forming a car pool to and from LVHC site. Call 929-1055 after 6 p.m.

Looking for car pool from the Mahoning Valley interchange to LVHC site, 8 a.m. to 4:30 p.m. Call Birdie at ext. 8880.