

[Kathryn Taylor to Retire From Board](#)

She served 23 years as an LVHN Trustee.

[Attend 'I Pink I Can' on May 19](#)

Earn credits while learning about women's cancer.

[Inside the Children's Surgery Center](#)

See photos and learn about our newest facility.

[LVHN's First Chief Legal Officer](#)

David A. Springhetti, Esq., will join us July 1.

[Practice Emotional Intelligence](#)

It can improve the way you respond to a situation.

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Get news about HR benefits, MyLVHN and more.

[Discounted Cycling Center Tickets](#)

Get half off a season ticket package.

[May's Wellness Opportunities](#)

Get the help you need to raise a family.



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a blog on LVHN.org containing timely
health information and health network
news.



Kathryn Taylor to Retire from Lehigh Valley Health Network Board of Trustees

BY [ADMIN](#) · APRIL 27, 2016

**This Message is from Brian Nester, DO, MBA,
FACOEP, President and CEO**

After 23 years of tireless service and devotion as a member of the Lehigh Valley Health Network Board of Trustees, Kathryn Taylor has decided to retire from the Board. With Kathryn's decision to leave the Board LVHN is bidding farewell to its longest tenured Trustee among the current members. Kathryn's last Board meeting will be Wednesday, May 4, 2016.

Kathryn has been a stalwart contributor and advocate for



LVHN's mission and its 14,000 colleagues. Her leadership included serving as LVHN Board chairman from 1997-2000 and also as chairman of the Lehigh Valley Hospital board and vice chairman of the Lehigh Valley Hospital-Muhlenberg board. In addition, she chaired the Board's Nominating and Governance committee during her tenure and sat on the Executive, Executive Compensation, Clinical Case Review and Audit and Compliance committees. Throughout her years of service, she was a constant source of steady counsel and direction for the organization, and her leadership will be deeply missed. Kathryn will remain active with LVHN, however, as she will continue in her role as a director of Health Network Laboratories.

I want to offer my best wishes and personally thank Kathryn for all that she has done to ensure that LVHN today remains committed to caring for our community by providing the highest quality care close to home.

Earn Continuing Education and Contact Hours at “I Pink I Can”

BY [JENN FISHER](#) · APRIL 29, 2016

If a patient asks whether she or he should participate in a clinical trial for breast cancer, what would you say? At LVHN’s annual “I Pink I Can” continuing education program, physicians, nurses, CRNPs, PAs, social workers along with radiology techs and other health care providers can learn more about our breast cancer clinical trials and other cancer- and breast cancer-related topics. Registration is open now.

The program will be held on Thursday, May 19 at 5:30 p.m. at LVH–Cedar Crest, Kasych Family Pavilion, Richard Fleming Educational Conference Center inside Medical Imaging of the Lehigh Valley Conference rooms



6, 7 and 8. Colleagues at LVH–Muhlenberg, LVH–17th Street and LVH–Hazleton will have an opportunity to watch a simulcast. (See simulcast details below.)

Continuing education and contact hours:

- Maximum of 2.5 AMA PRA Category 1 Credits.™
- Registered nurses earn 2.5 contact hours.
- Radiology techs can earn 25 CEUs.

If you attend the session at LVH–Cedar Crest, you will enjoy dinner prior to presentations given by the “I Pink I Can” panel: Priya Sareen, MD, Candace Peterson, MS, Ranju Gupta, MD, Jeanette Blauth, MD, and Lori Alfonse, DO. This panel will cover a variety of breast cancer topics and delve into inherited cancer risk tests. Topics covered include:

- Update on breast cancer screening
- Cancer genetics; in particular, testing for hereditary cancer syndromes
- Treatments for breast cancer and role of clinical trials
- Protecting your heart during radiation treatment
- Axillary lymph node dissection recommendations

Pre- and post-program tests will be given. [Register here for I Pink I Can](#). Registration deadline is May 12.

I Pink I Can

Thursday, May 19, 2016

5 p.m.: Check-in and registration

5:30 p.m.: Dinner

6–6:10 p.m.: Welcome and pre-test

6:10–7:50 p.m.: “I Pink I Can” panel presentations

7:50–8:10 p.m.: Q&A

8:10–8:30 p.m.: Post-test and closing remarks

“Live” location: LVH–Cedar Crest at the Kasych Family Pavilion, Richard Fleming Educational Conference Center inside Medical Imaging of the Lehigh Valley Conference rooms 6, 7 and 8

Simulcast locations

LVH–Hazleton: ETC third-floor training room

LVH–Muhlenberg: ECC rooms B and C

Details About the J.B. and Kathleen Reilly Children's Surgery Center

BY [TED WILLIAMS](#) · APRIL 27, 2016

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Children's Surgery Center press event ribbon cutting! 04.08.2016 J.B. and Kathleen Reilly Children's Surgery Center media event/ribbon

The J.B. and Kathleen Reilly Children's Surgery Center is now caring for the children of our community. This new facility officially opened at Children's Hospital at Lehigh Valley Hospital (LVH) in April. It is made possible thanks in part to the generosity of J.B. Reilly, founder and CEO of City Center, and his wife, Kathleen.

The new center is located on the third floor of the 1210 building on the LVH–Cedar Crest campus. The center features minimally invasive and state-of-the-art technologies dedicated to children. They are used by specially trained surgeons and proceduralists in general pediatric surgery, urology, ear, nose and throat, plastic surgery, gastroenterology and dental surgery among others, all on an outpatient basis.

"We have an outstanding surgical team families can trust," says J. Nathan Hagstrom, MD, chair of LVHN's department of pediatrics. "Now we're able to offer a new outpatient surgical facility where parents and their children can be completely comfortable."

Because it's located near the Children's ER, pediatrics unit and pediatric intensive care unit, the Children's Surgery Center also:

- Provides a family-centered experience for children and parents
- Expands and improves existing services
- Further enhances the quality, safety and access of inpatient and outpatient children's surgical services
- Creates efficiency
- Enhances all the care delivered at the only children's hospital in the Lehigh Valley region

The Children's Surgery Center is the latest addition to Children's Hospital at LVH, which recently celebrated its fourth anniversary. The Children's Hospital was the final goal in the "children's care checklist" initially created by the late Forrest Moyer, MD, known as the father of Lehigh Valley pediatrics.

Moyer was chief of pediatrics at what was then called The Allentown Hospital (now LVH-17th Street) from 1953 to 1975. In the 1950s, he spearheaded a community effort to immunize the children of the Lehigh Valley against polio. In the 1970s, he created the first neonatal intensive care unit in the region, which at the time was housed at The Allentown Hospital.

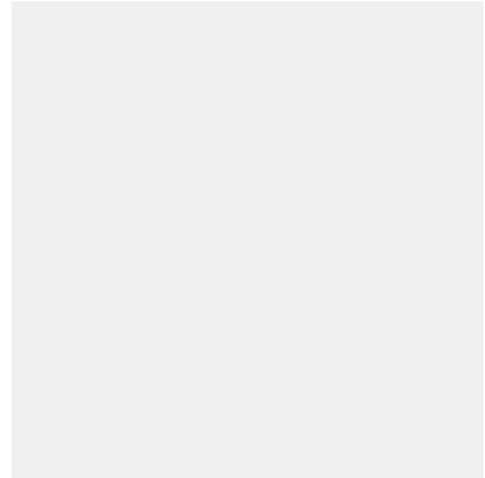
Announcement of Lehigh Valley Health Network's First Chief Legal Officer

BY [ADMIN](#) · APRIL 28, 2016

**This Message is from Brian Nester, DO, MBA,
FACOEP, President and CEO**

After an extensive national search, it is with great pleasure that I announce the appointment of Lehigh Valley Health Network's first Chief Legal Officer, David A. Springhetti, Esq. David is a Wisconsin native who has spent most of his career in the Texas market after attaining his law degree from Southern Methodist University.

David has extensive experience in healthcare and business law, including managing his own firm for 15 years in the early phase of his career. Since then, he has held senior executive and general

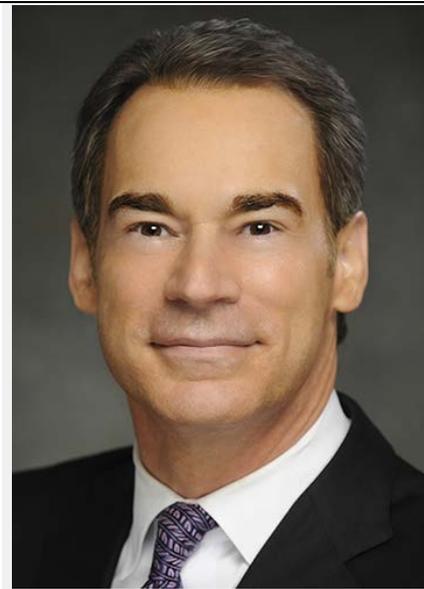


counsel positions at leading healthcare organizations such as Memorial Hermann Health System and Catholic Health Initiatives, where he led complex transactions and drove strategic agendas.

The Chief Legal Officer (CLO) position at LVHN will provide strong counsel for leadership while reducing external legal costs. In addition, the CLO will play an important advisory role as we continue to grow and navigate the many changes in healthcare and complex regulations governing the delivery of healthcare services both locally and throughout the industry. This guidance will be crucial as we work toward achieving both our short term and long term network goals.

The CLO will report to the CEO and provide counsel and support to the LVHN Board. The CLO will coordinate all legal matters for the network and provide oversight to the following network functions: Compliance & Audit, Government Affairs, and Legal Services & Risk Management.

Please join me in welcoming David and his wife Melissa to the Lehigh Valley community. We look forward to David's start at LVHN on July 1, 2016.



David A. Springhetti, Esq.

Leadership Development Tip: Practice Emotional Intelligence

BY [SHEILA CABALLERO](#) · APRIL 28, 2016

Many of us are familiar with the “fight or flight” response. When we sense a threat – real or imagined – our emotions can take over. When our emotions overtake us, we may react in an extreme way that can often lead to a regrettable outcome.

One way to manage perceived threats is to practice emotional intelligence. Here’s how.

Take a moment and notice what you are feeling right now. Notice without evaluating your feelings as good, bad, right or wrong, or without trying to “fix” anything. Try doing this “noticing” a few times each day.

Watch April's Leader to Leader

BY [ADMIN](#) · APRIL 25, 2016

Do you want to know what's going on in our health network? Watch the Leader-to-Leader meeting. Leader-to-Leader meetings are held the third Thursday each month in the Lehigh Valley Hospital-Cedar Crest auditorium and simulcast to participants at Lehigh Valley Hospital-17th Street, Lehigh Valley Hospital-Muhlenberg, Lehigh Valley Hospital-Hazleton and Mack Boulevard. Using a PowerPoint presentation as a guide, guest speakers share updates on key issues and initiatives.

[Welcome](#)

[Patient Story](#)

[Service Star](#)

[LVHN Cancer Institute](#)

[MyTotal Rewards](#)

[Better Care FY16](#)

[Better Health – MYLVHN Update](#)

[MyChart Bedside](#)

[Center for Connected Care & Innovation](#)

(Please note you must be logged on to our intranet with Internet Explorer in order to access the videos above. You also need to have Microsoft Silverlight installed on your computer. If the links do not open properly, try refreshing your browser. If you have questions or need assistance, please contact information services at 610-402-8303.)

Discounted Valley Preferred Cycling Center Season Ticket Package

BY [NICHOLAS FRITZ](#) · APRIL 29, 2016

LVHN's Recreation Committee arranges colleague discounts on hotels and resorts, restaurants, entertainment venues and a variety of retail items among other opportunities. Here is one way you and your family can have fun and save money.

Valley Preferred Cycling Center Season Ticket Discount

LVHN colleagues have access to a limited-time offer from the [Valley Preferred Cycling Center](#). Until May 13, you can purchase a 2016 general admission season ticket package at 50-percent off. The package includes:



- Admission into both spring and fall VeloFests (\$16 value)
- Admission into all 2016 World Series of Bicycling events, including the 2016 USA Cycling Junior and Elite National Championships (\$65 value)

Price: \$27.49 (regularly priced at \$53.74)

How to order: [Visit this website](#), click “Get Tickets,” click “Enter Promotional Code,” enter promo code LVHN, then click “Apply Code” to adjust price.

May's Culture of Wellness Opportunities for Raising a Family

BY [NICHOLAS FRITZ](#) · APRIL 26, 2016

Here are this month's Culture of Wellness events for raising a family.

May 1, 9, 11, 15 and 23 – Maternity Tours

May 1 and 15 – Sibling Tours

May 1 and 21 – Preparing for Childbirth (one-day class)

May 5 and 23 – Breastfeeding

May 9 and 18 – Car Seat Check

Starting May 12 – Preparing for Labor and Childbirth (three-week series)

May 14 – Baby Care

May 16 – CPR for Family and Friends

May 24 and 31 – Baby Care (two-day class)

For more information or to register, call 610-402-CARE.

[Learn about all of our Culture of Wellness programs.](#)