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Assessing Emergency Computed Tomography Throughput

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Introduction

- Imaging studies are at the crux of emergency diagnostics, preceding lifesaving treatments, surgeries and interventions
- Computer Tomography (CT) scans are used to visualize bone, soft tissue, and blood vessels in greater detail than x-ray
- **Time** and **efficiency** are vital to the optimization of emergency treatment of critical patients

Objectives

This study aims to identify and propose solutions to inefficiencies in the transport and execution of CT scans for Emergency Department patients.

Methods

Observe throughput, record as numerical data

Analyze data, detect ineffective patterns

Propose solutions, improve patient care

Results

Most Common Causes of CT Delay:

- High CT Volume
- Transport back-ups
- Holding bed for Trauma/Stroke Alert
- IV complications/lack of documentation

Table 1. Elapsed times throughout the process of ordering, executing and reading CT scans.

	Average (min)	Median (min)
Order to Labs	18.3	0.0
Labs to CT start*	33.4	33.0
CT Complete to Interpretation	22.7	19.5
Total Time (Trauma/Stroke Alert)	43.7	42.0
Total Time (No Alert)	82.7	75.0

^{*}Normalized to account for pre-arrival complications

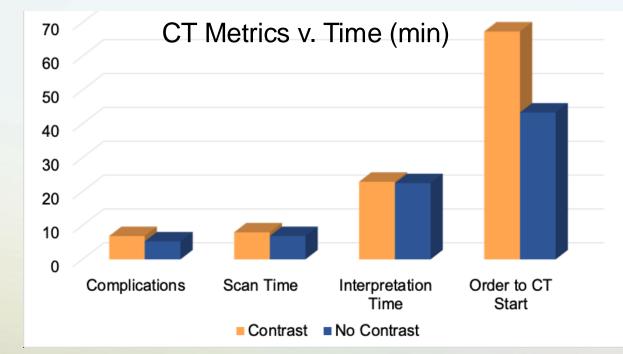


Figure 1. Comparison of CT processing with and without contrast.

Conclusion

Recommendations:

- Facilitate productive communication between radiology and the emergency department
- Continue imaging preparation education and document necessary pre-CT interventions
- Train and designate transporters specifically for radiology
- Enforce utilization of the mobile CT scanner for all vertical patients
- Continuously update CT scanning protocols in accordance with data-driven best practices

Future Directions

- **Implement** the **recommended changes**, repeat data analysis
- **Investigate** over-eagerness to utilize radiologic imaging, **abate unnecessary imaging** orders
- Retrospectively analyze patient data to determine the effects of contrast not preceded by lab authorization longitudinally

REFERENCES

ABIM Foundation. *Unnecessary tests and procedures in the health care system: what physicians say about the problem, the causes, and the solutions,* 19 July 2024. "CT Scan." Mayo Clinic, Mayo Foundation for Medical Education and Research, 7 May 2024, www.mayoclinic.org/tests-procedures/ct-scan/about/pac-20393675.

