

What Is the Latest News on our Mergers?

Get a status report on the Schuylkill and Pocono mergers.

Voluntary Benefits Fairs

New benefits are being offered at discount rates.

LVH-Cedar Crest Road Closure, Parking Changes

Learn about construction near the maintenance building.

Recharge That Weight-Loss Resolution

Watch our live Q&A on Facebook Aug. 2.

Sports Simulator Free in August

It's an offer for all LVHN Fitness members.

Read the Latest Magnet Attractions

Your professional legacy is in your hands.

Service Anniversary List

Who is celebrating a career milestone in August?

Culture of Wellness Opportunities

These events will help you raise a family.

Five Sunscreen Tips

Rohit Sharma, MD, is featured in The Morning Call.



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GOALS AND STRATEGY

Q&A: What Is the Latest News on our Mergers?

by [Rick Martuscelli](#) · July 29, 2016

Here is the latest information about our intent to merge with Schuylkill

Health System (SHS) and Pocono Health System (PHS).

Schuylkill merger update

The regulatory review process for the SHS merger is expected to be complete by fall. We're planning a celebration at both SHS hospitals for the day the merger becomes official. Leaders from both

organizations will host a news conference in the morning to announce that SHS is now part of LVHN and will share our brand and mission. We'll also announce the new names of the hospitals. Then, a celebration will be held in the hospital cafeterias as leaders tour the facilities to meet new colleagues.

In the days following the announcement, the process to implement the LVHN logo on signs, ID badges, letterheads, websites and more will begin. A team from LVHN has been formed to lead the transition. They're working to create consistent structures, processes, systems, and service and quality standards for enhanced patient care.

Pocono merger update

In May 2015, LVHN and PHS announced they had signed a letter of intent to merge the organizations. Following a thorough due diligence process, last December we announced an agreement for a full-asset merger pending regulatory approvals. This process continues and both organizations are committed to working together with regulatory agencies to achieve a successful conclusion at the earliest possible time to help better serve the community.

As the regulatory review process proceeds, LVHN and PHS will continue to fulfill our mutual commitment to provide specialty and enhanced access to care for the Poconos region in areas including trauma, radiation oncology and our joint community safety program for young drivers.



Tags: [Brian Nester](#) [Dr. Nester](#) [Merger](#) [Pocono](#) [Q and A](#) [Schuylkill Health System](#)

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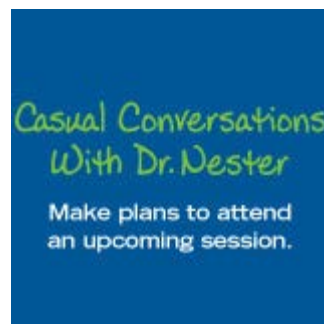
Schuylkill Health and Lehigh Valley Health Network Sign Agreement to Merge

14 APR, 2016



Colleague Forum Postponed

26 FEB, 2016



Casual Conversations at LVH-Muhlenberg: Feb. 4 at 3 p.m.

15 JAN, 2016

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BENEFITS

Learn About New Group Discounts During Voluntary Benefits Fairs

by [Sheila Caballero](#) · July 25, 2016

As one of the largest employers in the region, LVHN is able to

negotiate group savings on optional insurance products and pass those savings on to colleagues. This August, our health network will host Voluntary Benefits Fairs so colleagues can learn about new benefits offered at group rates on a variety of popular products.



Representatives from Populytics will be available to answer your questions. Featured products include:

- Accident, critical illness and hospital indemnity insurance
- Auto, home and group universal life insurance
- Identity theft protection and legal assistance
- Medical services for your pets

These optional products are issued at attractive group rates without medical questions and can be taken with you even if you leave LVHN.

Stop by any of the Voluntary Benefits Fairs and you'll be eligible for giveaways and a chance to win a flat screen TV.

Voluntary Benefits Fairs

LVH–Cedar Crest, first floor of the Jaindl Pavilion

Tuesday, Aug. 2, 6 a.m.-5 p.m.

LVH–Muhlenberg, outside cafeteria

Wednesday, Aug. 3, 6 a.m.-5 p.m.

LVH–17th Street auditorium

Thursday, Aug. 4, 6 a.m.-5 p.m.

LVHN–One City Center, second floor lobby corridor

Wednesday, Aug. 10, 8 a.m.-3 p.m.

LVHN–Mack Boulevard, auditorium

Thursday, Aug. 11, 8 a.m.-3 p.m.

Tags: [benefits](#) [colleague benefits](#) [insurance](#) [Life insurance](#) [pet insurance](#)

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NEWS

Reminder: Temporary Road Closure and Employee Parking Lot Changes at LVH–Cedar Crest

by [Rick Martuscelli](#) · June 13, 2016

Utility lines along the south border of the LVH–Cedar Crest campus near the

maintenance building will be relocated underground. The following changes will occur (as noted in image below):

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- The perimeter road between the East Texas Road campus entrance and the Children’s Early Care and Education Center will be closed.
- Aisles in Employee Parking Lot M will be accessible only from the north. Parking spaces near the construction fence will be eliminated to allow vehicles to access adjacent aisles or turn around.
- The gravel walking path along the perimeter road will not be accessible.
- Street lighting along the perimeter road will be relocated to the parking islands at the south end of lot M.

This work is being done in response to the adoption of a township zoning ordinance, which requires a buffer zone where the hospital property borders residential properties.

If you have questions or concerns about this project, please contact LVHN’s public affairs department at 484-884-0810.



Click the photo to view a larger version of the revised parking map.

Tags: [lehigh valley hospital cedar crest](#) [LVH-CC](#) [parking adjustment](#) [parking plan](#) [parking update](#)
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NEWS

Recharge That Weight-Loss Resolution; Watch Our Live Q&A on Facebook on August 2

by [Jenn Fisher](#) · July 27, 2016

What's the most commonly made (and broken) New Year's resolution? Not surprisingly, losing weight tops most Internet search results for broken resolutions. Now that we're halfway through 2016,



how are you doing with your weight-loss ambitions?

If you haven't experienced much success or have hit some roadblocks in your weight-loss

journey, consider this: Losing weight is challenging for most of us. When weight gain starts to negatively impact your life – and your health – it's time for an honest conversation about what you can do to reclaim your well-being.

Begin by asking questions during a live Facebook video chat with Lehigh Valley Health Network (LVHN) weight-loss surgeon [Richard Boorse, MD](#), from [LVPG General and Bariatric Surgery](#). Boorse will be joined by our nurse navigator, Sandy Carwell, from the Weight Management Center, who can answer questions about insurance and pre-surgery preparation.

What you'll learn

Wondering about the types of weight-loss surgeries offered by LVHN? How do you know if you qualify for weight-loss surgery? How easy or difficult is it to adjust to life after weight-loss surgery? Get answers to these questions and more during the 30-minute live Q&A.

If you have questions in advance, email them to LVHN@LVHN.org.

Weight-loss Surgery Live Q&A on Facebook

Video chat with Richard Boorse, MD, LVHN weight-loss surgeon and a patient

Date: Aug. 2

Time: 12:30 – 1 p.m.

Location: [Facebook.com/lvhealthnetwork](https://www.facebook.com/lvhealthnetwork)

NOTE: You must use your personal smartphone or computer to watch the live Q&A

because Facebook and other social media sites are not accessible from LVHN computers.

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LVHN Fitness—One City Center Sports Simulator is Free to Members in August

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DISCOUNTS AND PERKS

LVHN Fitness–One City Center Sports Simulator is Free to Members in August

by [Ted Williams](#) · July 28, 2016

Do you want to work at honing

your athletic specialty? Do you want to enjoy playing your favorite sport virtually? Then August is the month to do so. That's because the Sports Simulator inside [LVHN Fitness–One City Center](#) in downtown Allentown is free for all fitness center members throughout the entire month of August. (Regular cost is \$60 per hour.)



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With the Sports Simulator, you can:

- Throw a fastball like a major league pitcher.
- Perfect your golf swing.
- Aim for a regulation-size hockey net.
- Score a soccer goal.
- Throw for a touchdown like an NFL quarterback.
- Fend off zombies in Zombie Dodgeball.

If you're not yet a member at LVHN Fitness–One City Center, [become one today](#) and enjoy the many benefits of our 17,000-square-foot, state-of-the-art facility.

To become a member, call 484-862-3001.

Tags: [fitness discount](#) [LVHN Fitness](#)

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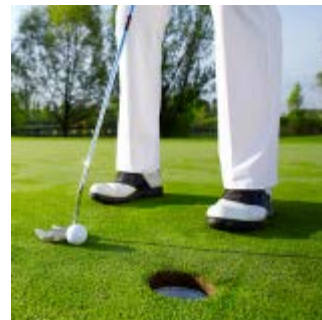
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NURSING

Magnet Attractions Summer 2016: Your Professional Legacy is in Your Hands

by [Admin](#) · July 25, 2016

Often it isn't until years go by that

we look back at our work and see our professional legacy. In the summer 2016 edition of Magnet Attractions, we explore the multiple ways nurses are creating their own professional legacies here at LVHN through evidence-based practice projects, by educating colleagues about the new code of nursing ethics, and more. The list of professional excellence milestones is a testament to excellence that extends beyond the floors of our hospitals and shines bright at conferences across the U.S.



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Available exclusively online, Magnet Attractions can be read by:

- [Downloading the entire issue](#) (in PDF format) to read online or to print and take with you.

You also can get a sneak preview by reading two stories below:

[Rounds With Kim](#) – New senior vice president of patient care services and chief nursing officer Kim Jordan, RN, takes a look at some of the stories in the context of new beginnings – and new legacies.

[Professional Milestones](#) – Publications, poster presentations and other accomplishments from your colleagues.

If you'd rather read Magnet Attractions stories here on LVHN Daily, we'll present a new story from this issue once a week starting next week. This will allow you to read each story online. In addition, all Magnet Attractions stories will appear on the [nursing section](#) of LVHN Daily.

Once the stories are posted, you can make comments and let us know your

thoughts on Magnet Attractions.

Rounds With Kim:

New Beginning; New Perspective

When I came to LVHN 14 years ago, I was excited to work with nurses who weren't afraid to challenge the attitude, "We've always done it this way." Flipping that paradigm opened the door for our organization to aspire to Magnet® ideals, which in turn helped us redefine professional nursing practice. That legacy means our nurses aspire to leadership roles throughout the health network. They apply evidence-based practices to provide the best proven care for our patients. Nurses are attaining board certifications, bachelor's degrees and higher educational degrees at rates higher than ever before. They also teach and mentor new nurses, technical partners and medical students, all while managing changes that are intrinsic to today's health care landscape.

Among those changes are updates to the Code of Ethics for Nurses that occurred in 2015. One of our colleagues, Cindy Umbrell, RN, director in the trauma-neuro intensive care unit (TNICU), developed an educational presentation that challenges nurses to apply new ethics code to case study scenarios. In this edition of Magnet Attractions, you can do the same and determine how you would handle complex, ethical situations.

Another LVHN change that now affects staff RNs across all inpatient specialties, the emergency departments and specific outpatient areas is the requirement to wear standardized blue uniforms. The decision to make this change was studied for many years. Read what some colleagues have to say about the new uniforms and how those uniforms have changed and improved the perception of RNs.

One change I would be remiss to not mention is the retirement of our former chief nursing officer (CNO), Anne Panik, RN. We have a wonderful feature about Anne's LVHN legacy, and share some great photos too. Her leadership and advocacy for patients and nurses made a tremendous difference at LVHN. For me, she is a treasured mentor whose lessons in governance, collaboration and excellence in

patient care continue to resonate with me both as a colleague and your new CNO.

Thank you for giving your best every day to our patients – that is one part of health care that will never change, and a legacy I am proud we share. I applaud you for providing compassionate, professional care to patients in their time of need. While a patient may forget your name over time, the way you made them feel (understood, listened to, cared for) will last a lifetime.

Professional Excellence

Publications

“Hemodialysis Catheter Care: Identifying Best Cleansing Agents,” *Nephrology Nursing Journal*, 43(2), March/April 2016, p. 153.

Susann R. Groller, MBS, BSN, RN, CNN

Deborah M. Stupak, RN, CDN

Jennifer A. Trubilla, BSN, RN, CDN

“How to Work With Patients Who Have Challenging Behaviors,” *Pennsylvania Nurse*, Spring 2016, pp. 17–23.

Colleen S. Green, MSN, MBA, RN

Lisa Lacy, MAT, BSN, RN

Gail Stern, MSN, RN, PMH, CNS-BC

Oral Presentations

“Obligations of a Professional Nurse – Applying the 2015 Code of Ethics for Nurses,” at the American Association of Critical-Care Nurses (AACN) NTI Conference in New Orleans, in May 2016.

Cynthia Umbrell, MSN, RN, CNS, CCRN

Susan McCauley, RN

Poster Presentations

“Standardization of Documentation System Resources to Decrease Clinician Anxiety,” at the Association of periOperative Registered Nurses (AORN) National Conference in Anaheim, Calif., in April 2016.

Lisa Farthing, MSN, RN, CNOR

“Actively Pre-Warming Surgical Patients to Prevent Inadvertent Hypothermia,” at the AORN National Conference in Anaheim, Calif., in April 2016.

Michelle Reigard, MSN, RN, CNOR

“Foreshadowing With Shadow Charting; Helping our End-users get Ready, Set, and Go With Epic,” at the Epic Expert Group Meeting – XGM, in Verona, Wis., in April 2016.

Kelli Brown, MSN, RN, CPAN

Scott Higgins, MBA

“The Valuable Oncology Nurse Preceptor,” at the Oncology Nursing Society Annual Congress in San Antonio, in April 2016.

Donna Colabroy, MSN, RN, CCM, AOCNS

Maura Price, BSN, RN, OCN

“Boosting Education While Boosting the Immune System,” at the Oncology Nursing Society Annual Congress in San Antonio, in April 2016.

Mandy Hendricks, MSN, RN, AOCNS

Cathy Cerami, BSN, RN, OCN

“Improving Patient Care Through Oncology Nursing Informatics,” at the Oncology Nursing Society Annual Congress in San Antonio, in April 2016.

Roberta Werkheiser, RN, OCN

Alfonsina Zolynski, RN, OCN

Mandy Hendricks, MSN, RN, AOCNS

“Integrating Pediatric Burn Patients, Less Than 12 Years Old, Into an Adult Burn ICU Setting,” at the American Burn Association – Annual Meeting in Las Vegas, in May 2016.

Jessica Ayres, BSN, RN, CCRN

Jennifer Nagle, BSN, RN, CCRN

“Early Mobilization to Enhance Patient Outcomes,” at the National Association of Orthopedic Nursing in Orlando, Fla., in May 2016.

Keelia Mailander, RN

Sarah Vito, RN

“Clustering Care Promotes Sleep and Enhances Patient Satisfaction,” at the Meridian Health Ann May Center for Nursing 2016 NICHE Conference in Farmingdale, N.J., in June 2016.

Casey Herrera, BSN, RN

Pam Fisher, BSN, RN

Specialty Certifications

Emine Alendar, RN, OCN

Alison C. Bahnick, RN, CMSRN

Erin Beers, RN, OCN

Sharon M. Benko, RN, CMSRN

Susan G. Berg, RN, CMSRN

Sherri L. Betz, RN, CMSRN

Casey E. Blaxland, RN, CNOR

Kelsey A. Brault, RN, CPN

Cammy L. Budnavage, RN, CCRN

Erica Contreras, RN, CPN

Angela M. Cook, RN, CMSRN

Paul D. DeJohn, RN, CMSRN

Christie L. Ferry, RN, CCRN

Maria G. Fiore, RN, PCCN

Whitney L. Fox, RN, CMSRN

Ann M. Geschwindt, RN, CMSRN

Caryn E. Gonzalez, RN, CCRN

Courtney B. Green, RN, CMSRN

Nicole M. Heckman, RN, PCCN

Lauren M. Jurbala, RN, CCRN

Laurie D. Karahoca, RN, CCRN

Eileen J. Konz, RN, PMHCNS-BC

Christine Y. Krick, RN, PCCN

Marsha Kvacky, RN-BC

Melissa M. Lunney, RN, PCCN

Katie E. Martin, RN, CMSRN

Chessie A. Mathews, RN, CMSRN

Laura B. Nadaskay, RN, CCRN

Lovey A. Ochse, RN, CNOR

Marysue J. Rother, RN, CCRN-K, PCCN

Sandra Schmiedel, RN, CPAN

Pamela K. Sellars, RN, CCRN

Constance D. Simpson, RN, CEN

Donna M. Sowden, RN, CAPA

Jennifer L. Strohl, RN-BC

Beth B. Thompson, RN-BC

Laura A. Vargas, RN, CCE

Nora B. Walsh, RN, CEN

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STORIES ABOUT COLLEAGUES

Service Anniversary List – August 2016

by [Rick Martuscelli](#) · July 29, 2016

Happy anniversary to all
colleagues celebrating a career

milestone at LVHN in August.

40 Years

Peggy Bartleson, technical aide
float

Barbara Folger, cardiac
catheterization lab



35 Years

Elizabeth Fulmer, marketing and public affairs

Alice Hemerly, Breast Health Services

Mary Kapustiak, inventory management

Donna Kulp, organizational development

30 Years

Susan Deturk, health care research

Lisa Espinal, dental clinic

Karen Hauck, sterile processing

Teresa Mauser, executive office

Cynthia Moser, respiratory care services

Sharon Mouchref, PACU

William Orłowsky, financial services

Lisa Simon, NICU

25 Years

Vicki Bush, radiation oncology

Barbara Check, LVPG staffing

Thelma Hartzell, OR centralized scheduling

Marsha Kvacky, CVM

Barbara Miller, pharmacy

Angela Strausser, TNICU

20 Years

Gregory Harper, physician floats

Tammy Hobel-Snyder, medical records

Rosemarie McGeehin, ultrasound

Evelyn Rivera, Breast Health Services

Mayson Shattah, LVPG Obstetrics and Gynecology–Trexlerstown

Hemwatee Surajbali, emergency department

Nancy Wagner, ultrasound

15 Years

Robert Begliomini, administration

Stephanie Betz, Sleep Disorders Center

Nathan Boateng, community health

Beth Carrion, 5K

Donna Carty, case management

Hei Chung, LVPG Surgical Oncology–1240 Cedar Crest

Hayley DeLong, clinical services

Lisa Emery, Hemodialysis Center

Margaret Fray, 7T

Timothy Friel, department of medicine

Sean Griech, rehabilitation services

Jill Hanisak, Lehigh Valley Anesthesia Services

Holly Heck, nursing float pool

Brian Holben, pastoral care

Cheryl Kostrey Bikel, 5T

Vanessa Machik, NICU

Keith Micucci, MedEvac

Patricia Onuschak, operating room

Cynthia Pasquale, Epic

Doris Puyarena, Sleep Disorders Center

Renee Renshaw, LVPG Internal Medicine–3080 Hamilton

Donna Rosario, interventional radiology

Melissa Schuch, diagnostic radiology

John Sokalsky, clinical engineering

Jose Terreforte, imaging

Erica Vetter, emergency department

Ryan Vetter, Center for Inpatient Rehabilitation

John Ward, trauma/burn service line

Joanne Weidner, NICU

Norma Wilson, Lehigh Valley Anesthesia Services

10 Years

Rolando Amparo, linen services

Sheri Archbold, LVPG Obstetrics and Gynecology–1245 Cedar Crest

Amy Breining, physical, occupational, speech therapy

Christopher Brunner, Epic

Lindsay Clark, Lehigh Valley Physicians Practice

Greg Delfino, audiology

Kelli Faust, periop education

Michele Felix, community health

Kathleen Gilbert, float pool

Judith Henriquez Valerio, Lehigh Valley Family Health Center

Kimberly Kreeb, operating room

Elizabeth Lenhart, LVHN Surgery Center–Tilghman

Antonio Lewis, security

Jolie Maehrer, obstetrics

Lourdes Matos, NORI

Emily McCormick, Epic

Kristen McDonald, home care

Aaron Miller, radiology

Linda Miller, NICU

Michael Monfredi, enterprise analytics

Megan Morris, MICU/SICU

Ann Moyer, 4K south

Lisa Paganetti, Health Spectrum Pharmacy

Gretchen Perilli, LVPG Endocrinology–1243 Cedar Crest

Frances Piripavel, adult psychiatry unit

Colleen Reeves, case management

Naomi Reimert, LVPG Cardiology–1250 Cedar Crest

Tabitha Scheller, 2K south

Donna Showers, LVPG Family Medicine–Hamburg

Pamela Smith, LVPG Cardiology–1250 Cedar Crest

Maureen Solares, 4T

Anne Stefanik, 6K

Jason Stephan, security

Jennifer Steward, CT scanning

Ian Sullivan, transitional trauma unit

Megan Van Ingen, emergency department

Marisol Velez, ASU-OR

Stefanie Wagner, 2K south

Shannon Zangari, LVPG Pediatric Hematology Oncology–Muhlenberg

Agnes Ziegler, managed care

MaryAnn Zimmerman, information services

5 Years

Britney Allen, LVPG Pediatrics–Trexlerstown

Paul Barlow, information services

Tara Bernhard, LVPG Family Medicine–Fogelsville

Katie Blum, Hackerman-Patz House

Tara Borda, Wound Healing Center

Jill Colabroy, LVPG Pediatrics–Center Valley

Sharin Crivellaro, Epic

Shelly Dimmick, community health

Catherine Dimotsis-Schaefer, 7B

Craig Durie, palliative medicine

Danielle Durie, LVPG Maternal Fetal Medicine–3900 Hamilton Blvd.

Neil Emery, health care analytics

Sharyn Evans, Epic

Joseph Feliciano, LVPG Urology

Kimberly George, LVPG Family Medicine–Trexlerstown

Kathy Gohr, pastoral care

Kimberly Heil, revenue cycle systems

Jessica Hopton, psychiatry

Carin Minchew, LVPG General and Trauma Surgery–East Stroudsburg

Mary Mitchell, LVPG Family Medicine–Hellertown

Cheryl Pascoe, CT scan

Amanda Pointon, express admissions unit

Matthew Reis, respiratory care services

Alicia Rivera, department of family practice

David Rogers, emergency department

Rachel Romig, 2K south

Aksana Sazanovich, ultrasound

Michael Schwartz, LVPG Pediatric Pulmonology–1210 Cedar Crest

Marki-Lynn Sedora, pharmacy

Jessica Sharrer, operating room

Mercy Shepherd, transitional skilled unit

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BENEFITS

August Culture of Wellness Opportunities for Raising a Family

by [Ted Williams](#) · July 29, 2016

Here are this month's Culture of Wellness events for raising a

family.

**Aug. 1, 7, 15, 21, 24 and 29 –
Maternity Tours**

**Aug. 4 and 11 – Baby Care
(two-day class)**

**Aug. 6 and 13 – Preparing for
Childbirth (one-day class)**

Aug. 7 and 21 – Sibling Tours

Aug. 9 and 22 – Breastfeeding

Aug. 10 and 25 – Car Seat Checks (at Cetronia Ambulance)

Aug. 15 – CPR Family and Friends

Starting Aug. 24 – Preparing for Baby (six-week series)

For more information or to register, call 610-402-CARE.

[Learn about all of our Culture of Wellness programs.](#)



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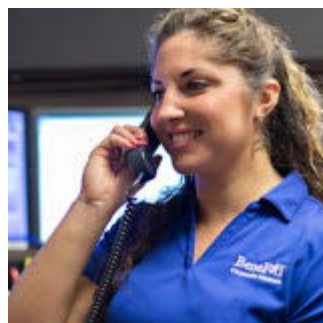
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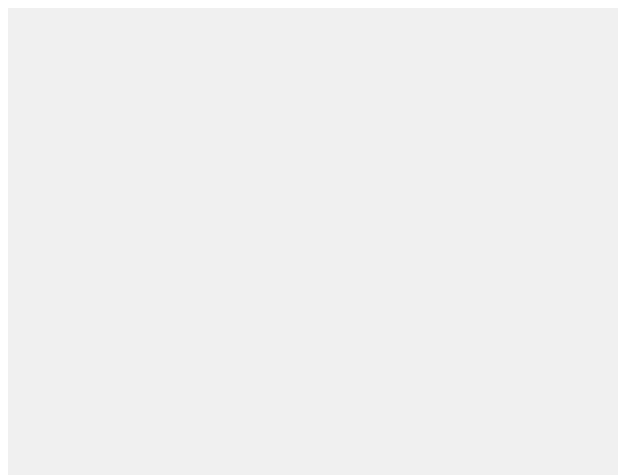
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LVHN Doctor Talks Sunscreen in The Morning Call

by [Rick Martuscelli](#) · July 26, 2016

You know the importance of applying sunscreen to protect your skin from the harmful rays of the sun. But do you know what type of sunscreen to use and how to apply it properly?

LVHN surgical oncologist [Rohit](#)





Rohit Sharma, MD

Sharma, MD, with LVPG Surgical Oncology–1240 Cedar Crest, offers “5 Sunscreen Tips” in an article published today in The Morning Call. Learn what ingredients to look for, what SPF

to use, if “waterproof and sweatproof” claims are true, and more. Read it, share it and practice what Sharma says to keep you and your family safe and healthy during the dog days of summer.

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