

Get Your Flu Shot

Colleague clinics run Oct. 3 to Nov. 21.

LVHN Physicians, Patients in Documentary

Attend an exclusive preview Sept. 13.

Learn About the DAISY Award

It's a new way to honor our nurses.

Service Anniversary List

See who is celebrating a career milestone.

Treat Yourself to a Discounted Facial

Use Culture of Wellness dollars and get 20% off.

Retirement Income Strategies for Women

Attend this VALIC seminar in September.

Colleague Forum**Friends of Nursing nominations****ViaMarathon PARKING****Read Lehigh Valley Health News**

Colleague Flu Shot Clinics Will Run Oct. 3–Nov. 21

by [Ted Williams](#) · September 6, 2016

Another flu season is nearly upon us, which means it's time

for colleagues to prepare for our annual flu shot clinics. This year, clinics will be held from Oct. 3 to Nov. 21 at [locations throughout our health network](#). As in the past, flu shots also are available on non-clinic days during [walk-in hours](#) at employee health services locations. Patient care colleagues are free to utilize [peer vaccinators](#).



Getting a flu shot is a requirement for LVHN colleagues who have patient contact. All other colleagues are strongly encouraged to get one as well. It just makes good sense to get a flu shot if you don't want to get the flu. Why?

- There is no better way to protect you and your loved ones from the flu.
- You reduce the potential spread of the influenza virus through our hospitals, health centers and outpatient practices by getting a flu shot.
- Influenza/pneumonia is the No. 8 cause of death in the U.S.

This year's quadrivalent vaccine protects against four types of influenza – two type A viruses and two type B viruses. They are:

- A/California/7/2009 (H1N1)pdm09-like virus
- A/Hong Kong/4801/2014 (H3N2)-like virus
- B/Brisbane/60/2008-like virus (B/Victoria lineage)
- B/Phuket/3073/2013-like virus (B/Yamagata lineage)

The Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices recommends that the live attenuated influenza vaccine (LAIV) – also known as the “nasal spray” flu vaccine – should **not** be used during the 2016-2017 flu season. The recommendation is based on data showing poor or relatively lower effectiveness of LAIV from 2013 through 2016. Therefore, the nasal spray flu vaccine will not be available to LVHN colleagues through employee health

services.

Prior to attending a flu shot clinic, colleagues should complete the [electronic consent form](#) which also can be found in the first-quarter TLC bundle's influenza course. There is no need to bring a hard copy of the form with you when getting your flu shot. Just be sure to click on the submit button when you complete the electronic form.

Colleagues who have patient contact are required to be vaccinated no later than Nov. 23 unless they have an exemption request for a valid medical or religious reason that has been submitted and approved by Nov. 1. They can obtain exemption requests at employee health services. All other colleagues must be vaccinated by Nov. 23 as well or they must submit the declination form found in the TLC bundle.

All of this information is explained in greater detail on the [influenza information page](#), which can be accessed from the intranet home page under "Colleague Resources." We encourage everyone to take advantage of this valuable resource and tell everyone you know to consider getting a flu shot.

Preview a PBS Documentary

by [Jenn Fisher](#) · September 7, 2016

Oncology is a demanding field. It
requires creative problem-

solving, compassionate care and the ability to meet people coping with the most difficult diagnosis many have faced. We are privileged to have the opportunity to understand the challenges faced by these patients, their families and doctors in a documentary that features LVHN's own.



Close to Home: Cancer

Survivorship was produced locally by PBS 39 with support from LVHN and the Catherine Boulay Foundation. This moving film follows LVHN oncology physicians and their patients as they contend with fear, hope, faith, journey, advocacy and caregiving.

You are invited to preview this PBS documentary at an exclusive LVHN event:

Close to Home: Cancer Survivorship

Tuesday, Sept. 13: 6 p.m.

Kasych Family Pavilion

Medical Imaging of Lehigh Valley Educational Conference Center rooms 6 and 7

Light refreshments will be served, and we ask that you [register online here](#).

If you cannot make the event on Sept. 13, be sure to tune in to PBS 39 on Sept. 20 for the television premiere at 7 p.m.

DAISY Award

by [Jenn Fisher](#) · September 6, 2016





Lisa Bickel, RN, received the first DAISY Award in May 2016.

LVHN joins more than 2,000 other hospitals worldwide that recognize the legacies of exceptional nurses with DAISY Awards. The program, established in 1999, was inspired by the memory of J. Patrick Barnes, who passed away following an autoimmune illness. Today it's administered by the DAISY Foundation, with DAISY standing for diseases attacking the immune system.

“Patrick’s family was awestruck by the care and compassion his nurses provided not only to Pat, but to everyone in his family,” says retired chief nursing officer Anne Panik, RN, who presented LVHN’s first DAISY Award in May at the conclusion of the Medallion Lecture. The award winner – Lisa Bickel, RN – provides inpatient hospice care. Eight of Bickel’s colleagues wrote separate nominations on her behalf.

May 2016

Lisa Bickel, RN

Unit/Department: Inpatient Hospice

Nominated by: Colleagues

Example of Exceptional Care:

Bickel organized a vow renewal celebration to mark the 58th wedding anniversary of one of her patients. A few weeks after the patient passed away, the patient’s

husband visited the unit to share his pictures from that unforgettable day. He says he is blessed with the memories of a special celebration that was made possible by Bickel.

How DAISY works

Each month, Professional Excellence Council members who serve on the Award Team will select a DAISY Award recipient from nominations submitted by colleagues, patients, families and/or volunteers. After a recipient is selected, the DAISY Award team will hold a short ceremony at the colleague's unit or department and will present him or her with a certificate, a DAISY Award pin, a specially carved stone statue ("The Healer's Touch") and Cinnabon® cinnamon rolls. (Read more about the Cinnabon connection to the DAISY Award [here](#).)

How to nominate a colleague

If you work with an exceptional nurse, or have been a patient or a patient's family member who experienced care from an exceptional nurse, consider nominating her or him for a DAISY Award. Learn more and complete the short nomination form at LVHN.org/daisy_award_form.

Service Anniversary List – September 2016

by [Rick Martuscelli](#) · September 8, 2016

Happy anniversary to all
colleagues celebrating a career



milestone at LVHN in
September.

40 Years

Cynthia Cox, CT scanning

SERVICE ANNIVERSARY

35 Years

Michael DeSantis, ultrasound

Carol Gould, ambulatory surgical
unit

Mary Kunkel, Children's Surgery Center

Michael Martin, operating room

Sandi Rubright, radiology

Vicki Shollenberger, cardiac ICU

30 Years

Nancy Ayers, respiratory care services

Dawn Brazuk, operating room

JoAnne Brown, physician and executive recruitment

Susan Eckhart, medical oncology

Cynthia Graves, central document processing

Michelle Henning, supply chain administration

Tracy Hujsa, managed care

June Kelly, 3A

Maria Kita, pre-op staging

Bonnie Magliane, Burn Recover Center

Paula Robinson, clinical services

Brenda Rocchino, master facilities administration

Dean Romanchuk, progressive coronary care unit

Jeanette Zellner, LVPG Neurology–1250 Cedar Crest

Maureen Bredbenner, ambulatory surgical unit/operating room

25 Years

Randall Achey, security

Donald Hougendobler, environment and sustainability

20 Years

Jane Balga, physical therapy

Lorraine Dillon, LVPG Plastic and Reconstructive Surgery–1243 Cedar Crest

Cheryl Faust, Lehigh Valley Anesthesia Services

Cheryl Kramer, employee health services

Daisy Lopez, home care/hospice

Judy McGovern, Hemodialysis Center

David Meehan, LVPG Pediatrics–Laurys Station

Sue Neiman, transitional skilled unit

Rebecca Peterson, pediatrics/neonatology

Rajumati Shah, Regional Heart Center–Medical

Rosanne Teders, psychiatry

Kristine Weinhofer, cancer data management

15 Years

Amelia Amorim, 5K

Cory Black, Center for Inpatient Rehabilitation

Michael Consuelos, Children's Clinic

Kelly Costello, LVPG Pediatrics–Fogelsville

Eleanor Epser, Lehigh Valley Anesthesia Services

Jacqueline Fischl, emergency services

Nancy Iachini, business development

Peter Li, LVPG Neurosurgery–1250 Cedar Crest

Corrie Maurer, cardiac catheterization lab

Juan Mendiolina, PACU

MaryAnne Peifer, LVPG Family Medicine–Whitehall

Kami Reinhard, home care/physical therapy

Richard Romani, LVPG financial planning

Stephanie Roque, Centro de Salud

Linda Vega, medical staff services

James Waddell, case management

Todd Warmkessel, Lehigh Valley Anesthesia Services

Kyra Yurko, Lehigh Valley Anesthesia Services

10 Years

Amy Ahnert, LVPG Cardiology–1250 Cedar Crest

Emily Bear, MICU/SICU

Sabrina Bermudez, LVPG Internal Medicine–Hausman Road

Pamela Brackett-Gillespie, 3A

Lori Braxton, Cancer Center multi-purpose area

Liliana Bulted, LVPG Obstetrics and Gynecology–Bethlehem Township

William Casey, 6N adult psychiatry

Daniel Chlebowski, 6N adult psychiatry

Kara Coassolo, LVPG Maternal Fetal Medicine–3900 Hamilton Blvd.

David Cox, LVPG Cardiology–1250 Cedar Crest

Janice Crossley, LVPG Hematology Oncology–Muhlenberg

Rebecca Dougherty, human resources

Bonnie Drabick, sterile processing

Vanessa Edgar, 5T

Yvette Green, 6N adult psychiatry

Debra Grote, 7B

Judith Haas, LVPG Cardiac and Thoracic Surgery

Kimberly Hamilton, Comprehensive Stroke Center

Jane Harris, 2K south

Robin Heacock, AIDS Activities Office

Sonia Hernandez, Children's Clinic

Robert Horton, Heart Station

Lawrence Jacobs, LVPG Cardiology–1250 Cedar Crest

Sweety Jain, family medicine education

Mercedes Jurkiewicz, Centro de Salud

Garrick Karns, Lehigh Valley Anesthesia Services

Mary Karpinski, 5K

Kristie Knouse, LVPG Family Medicine–Fogelsville

Colette Kresge, Breast Health Sservices

Shanthi Lewis, psychiatry

MaryAnn Lubinensky, 6T

Melissa Martin, psychiatry

John McCarron, NICU

Veronica McMichael-Walck, MedEvac

Matthew Meade, MedEvac ground

Jamie Meckes, vascular/interventional radiology

Michael Miller, revenue cycle systems

Jennifer Mollo, Center for Inpatient Rehabilitation

Robert Motley, department of family medicine

Michelle Motsko, case management

Mihir Patel, Epic

Michelle Rebeiro, Children's ER

Joel Reisteter, linen services

Suzanne Rex, information services

Jill Riccio, cardiac float pool

John Schmitt, vascular/interventional radiology

Renee Seyfried, LVPG Maternal Fetal Medicine—3900 Hamilton Blvd.

Elaine Smeltz, cardiac diagnostic center

Doris Soltren, patient transport services

Victoria Spadt, CECE Center

Maria Sussman, audit and compliance services

Sharon Wagner, NORI

Timothy Walker, CT scanning

Maureen Webb, diagnostic radiology

Kristine Weitzel, emergency department

Thomas Whalen, executive vice president and chief medical officer

Colleen Yezik, diagnostic radiology

Rhonda Young, 7A

5 Years

Gail Albert, coding integrity

Ashley Aldinger, physical/occupational therapy

Fern Bastinelli, emergency department

Zohrabanu Bhallo, LVPG Hematology Oncology–Muhlenberg

Jodi Blatt, legal

Vanessa Bloszinsky, emergency department

Colleen Bolks, emergency department

Michelle Brand, Regional Burn Center

Tammy Carter, dental clinic

Kristen Casey, LVPG Obstetrics and Gynecology–Pond Road

Krysta Christman, 2K south

Brendon Conrad, cardiac catheterization lab

Dana Delabar, cancer financial services

Ann DeMarco, women's specialty float pool

Daniel Dilapo, OHU/TOHU speciality float pool

Danielle DiMichele, 6N adult psychiatry

Jaime Dipane, LVPG Obstetrics and Gynecology–Bethlehem Township

Kristen Downey, emergency department

Marie Ebling, respiratory care services

Margaret Farrell, emergency department

Sarah Gerken, PICU

Meghann Godschall, precertification

Caryn Gonzalez, nursing float pool

Sarah Gordon, 5CP

Margaret Henly, physical therapy

Caitlin Hertzog, Fairgrounds Surgical Center

Samantha Hoffman, labor and delivery

Melissa Hornberger, psychiatry

James Johannes, LVPG Urology

Ashwini Kamath Mulki, Lehigh Valley Family Health Center

Nicholas Keck, information services

Amanda Kohn, MICU/SICU

Sarah Krebs, physical/occupational therapy

Kyle Langston, department of surgery

Alexandria Lapp, community health

Joy Lopez, 7A

Shavone Magwood, LVPG billing services

Evette Maisonet, case management

Brian McElmoyle, rehabilitation

Mary Miklos-DeDominicis, 402-CARE

Julie Moyer, hospice

Emily Mueller, ICU

April Muth, 6T

Regina Natale, employee health services

Karyn O'Connor, emergency department

Nicole Orth, 4K

Umairan Paiker, case management

Bindi Patel, LVPG Family Medicine–1251 Cedar Crest

Danielle Paulus, HealthWorks

Paul Rasmuson, engineering

Christine Ritter, 2K south

Fernando Rodriguez, AIDS Activities Office

Lisa Rodriguez, primary care

Kellie Rogers, pre-op staging

Denise Rosenberger, LVPG Obstetrics and Gynecology–Fogelsville

Colleen Ross, radiation therapy

Jasmine Santi, 6N adult psychiatry Unit

Serayah Satin, periop education

Laura Smicker, mammography

An Sostak, CVM

Lisa Teklits, advanced spine program

Jeanne Vogt, hospice

Michale Wojtkowski, perinatal unit

Ryan Woll, TNICU

Facial Services Eligible for Culture of Wellness Reimbursement

by [Sheila Caballero](#) · September 9, 2016

Fall is a great time
to refresh your skin

after summer's dangerous rays. Use your Culture of Wellness dollars to get your best skin possible at LVPG Plastic and Reconstructive Surgery—1243 Cedar Crest, and take advantage of our colleague savings promotion for an additional 20 percent discount.



Health plan members and their dependents may use Culture of Wellness dollars for facial treatments and be reimbursed at 50 percent. Detailed skin care analysis consultations are already covered under Culture of Wellness at 100 percent. That is in addition to the 20 percent discount all colleagues receive on aesthetic and other services.

Below is one example of how reimbursement works on a cleansing facial:

Standard fee:	Employee discount:	Culture of Wellness reimbursement:	Final cost after reimbursement:
Consultation – \$55	N/A	100%	\$0
Facial* – \$125	20% (\$100 after employee discount applied)	50%	\$50

*Facial pricing will vary

Restore and renew

A regular facial can help restore and renew your skin to leave you looking and feeling your best. It starts with a consultation to review your skin and your goals.

Facials help firm, brighten and tone your skin. Some treatments may reduce acne breakouts, blemishes and redness, while others offer anti-aging benefits that replenish moisture, plump fine lines and wrinkles, and help you achieve a more youthful, radiant appearance.

“Facials are preventative care for your skin, just like a regular cleaning is preventative for your dental health,” says licensed medical aesthetician Emily Doster with LVPG Plastic and Reconstructive Surgery—1243 Cedar Crest. “Your skin is constantly regenerating. The exfoliation that occurs during a facial removes damaged skin and helps speed regrowth.”

The Culture of Wellness program aims to keep colleagues and their families healthy and feeling well. Skin care treatments offer physical and emotional benefits that are restorative.

“Many people get a mental health boost from getting a facial,” Doster says. “It’s an easy way to invest in yourself after investing in our patients, family and friends all month.”

To schedule a skin care consultation, call 610-402-4384.

Retirement Income Strategies for Women Seminars in September

by [Ted Williams](#) · September 6, 2016

VALIC Retirement, the company
managing our retirement plans,

will host this seminar at the
following locations:

Sept. 13 – 12-1 p.m., LVHN–
Mack Boulevard room 6B

Sept. 14 – 12-1 p.m., LVH–
Cedar Crest ECC room 5

Sept. 15 – 12-1 p.m., LVH–17th
Street auditorium

Sept. 21 – 12-1 p.m., LVH–Muhlenberg ECC room D



Registration is required to attend one of these seminars. [Click here to register](#) and enter one of the following codes:

For LVHN–Mack Boulevard seminar: LVHALL11BL

For LVH–Cedar Crest seminar: LVHALL11BC

For LVH–17th Street seminar: LVHALL11BM

For LVH–Muhlenberg seminar: LVHBET11AR

VALIC Retirement advisors are available to help you at:

LVH–Cedar Crest:

Jeff Hofmann: 610-402-8801

Michael Ryan: 610-402-8801 (advisor for LVPG colleagues)

LVH-17th Street:

Tim Schroyer: 610-969-2625

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LVH-Muhlenberg and Health Network Laboratories:

Kevin Gertz: 610-392-9912