

CHECKUP

Vol. 2, No. 4 April 21, 1989

Hospital International Study Participant

Physicians and researchers at LVHC site are involved in an international study to determine if a component in snake venom is useful in treating acute stroke, for which currently there is no treatment.

The research project tests the effectiveness of Ancrod in lowering blood viscosity in people who have suffered strokes. Ancrod is a substance isolated from the venom of the Malayan pit viper.

"Ancrod has the potential for helping improve the prognosis of stroke patients by reducing blood viscosity, or thickness, thereby increasing flow past a clot in the brain," says Peter Barbour, M.D., neurologist and principal investigator for the study.

In addition, investigators hope to determine to what extent Ancrod stimulates the body's production of its own blood-thinning agent, known as tissue plasminogen activator or TPA.

Half of the subjects in the study will receive a week of treatment with Ancrod, followed by a year's follow-up to track the treatment's effectiveness. A control group of subjects will receive a placebo and be treated conventionally for stroke.

John Castaldo, M.D., neurologist and co-investigator for the Ancrod study, feels the hospital's involvement in the Ancrod study signals our growing recognition as a major medical research center.

"Stroke research figures promi-

nently in modern clinical research and will continue to receive attention as the medical field seeks to learn more about the possibilities of its prevention and treatment."

TAH—LVHC is one of four U.S. medical centers participating in the Ancrod research, which is funded by Knoll Pharmaceutical of Whippany, N.J. Two German centers are also involved.

In addition to the Ancrod study, the hospital is also a research site for the asymptomatic carotid atherosclerosis study (ACAS), a major national study

comparing aspirin's effectiveness in preventing strokes with a common operation called endarterectomy. Castaldo is principal neurologist for the LVHC site in the ACAS study.

"The Ancrod study is a team effort, involving the talents of a number of physicians and many departments, including Nursing, Emergency Services, Laboratory, Research and Pharmacy," says Cindy Gresh, former head nurse in the Central Nervous System Unit at LVHC site, who will be the hospital's research coordinator for the project.

(please turn to page 3)



Spring Fling Fun For All - More Photos On Page 4.



The Allentown
Hospital—
Lehigh Valley
Hospital Center

Organ, Tissue Donor Awareness Week Planned

National Organ and Tissue Donor Awareness Week will be observed April 23 to 30. This is a time set aside for all of us to increase our organ and tissue donation awareness and to consider signing an organ/tissue donation card.

A 1985 Gallup poll reported that nearly 75 percent of the people polled supported organ and tissue donation and would agree to donate relatives' organs and tissue, if they were asked. Yet only 17 percent of those polled carried a donor card themselves.

Only four of 10 Americans needing organ transplants receive them. More patients would receive transplants if more people signed and carried donor cards.

Only 3,300 of the approximately 20,000 potential donors nationwide became donors last year. According to the Delaware Valley Transplant Program, which covers eastern Pennsylvania, southern New Jersey and Delaware, only 180 of the approximately 1,200 potential donors in their area last year actually became donors.

Anyone at least 18 years of age with an interest in sharing the gift of life can be a donor. Once the decision to donate organs and tissue is made, it is important to complete and sign a donor card. These cards are available from the Admitting Office (ext. 8060), Patient Education (ext. 8775), Communications (ext. 7915) or from the Pennsylvania Department of Health, Division of Health Promotion,

... Special Events Scheduled

Mayor Joseph S. Daddona has proclaimed the week of April 23 to 30 as "Organ and Tissue Donor Awareness Week" in Allentown. Special activities planned at TAH—LVHC for the week include:

- Poster display and organ and tissue donation information will be available in the lobby at each site.
- The video *Giving*, which was filmed in the Shock/Trauma Unit of LVHC site, will be available for viewing on the following dates (all day and night): April 22, 23, 29 and 30 in conference room B at TAH site and April 29 and 30 in classroom 1 at LVHC site. The video depicts the organ donation process. It serves as a mandatory inservice related to organ and tissue donation.
- A question-and-answer contest related to organ and tissue donation will be conducted. Prizes will be awarded.
- A clinical program, "Tissue Donation and Transplantation," will be presented on April 25 at 10 a.m. in TAH site auditorium; 1:30 p.m., LVHC site classroom 3; and 9 p.m., TAH site auditorium.
- In addition, organ and tissue donor recipients and the movie *Transplants* will be featured in special programs scheduled for Friday, April 21, TAH site auditorium, 11 a.m., 1 and 3 p.m.; and Friday, April 28, LVHC site auditorium, 11 a.m., 1 and 3 p.m. Light refreshments will be provided.

P.O. Box 90, Harrisburg, PA 17108 or by calling 1-800-692-7254.

Persons wishing to discuss their feelings about organ and tissue donation or wishing to learn more about the process of donation, may call the Department of Pastoral Care (ext. 8463) or the Delaware Valley Transplant Program (KIDNEY-1).

According to Pennsylvania law, all hospitals must identify potential organ and tissue donors and request organ and tissue donations when appropriate.

Hospital and HealthEast personnel interested in working to develop the process of organ and tissue donation within the hospital setting are invited to join the Liaison Committee for Organ/Tissue Donation by contacting one of the following: Greg Palmer (ext. 8465), Sandra Schwartz (ext. 8775) or Debra Betz-Harleman (KIDNEY-1).

This week is an excellent time for you to consider the opportunity to share the gift of life by signing a donor card now!

Auxiliary To Sell Spring Plants

Now that spring has finally arrived, it is time to think warm thoughts and get ready for flowers.

The Auxiliary of The Allentown Hospital is preparing for its annual "Geranium and Spring Bedding Plant Sale" on Friday, May 19 in TAH site lobby from 10 a.m. to 6 p.m.

There will be a number of beautiful plants available including geraniums, begonias, impatiens, fuchsia and a variety of hanging baskets. The plants will be supplied by Sensinger's Greenhouse.

Please plan to support the Auxiliary by participating in this important fundraiser. Order forms are available in the Alcove Gift Shop (TAH). The deadline for ordering is April 29. There will be a limited supply of plants available the day of the sale on a first come-first served basis.



CheckUp is a biweekly publication of the Communications Department of HealthEast. To submit an article or for additional information, call ext. 7915.

Our mission is your health.

HealthEast, a not-for-profit regional health care system, is more than 8,000 professionals, employees and volunteers working to provide you with quality, comprehensive health services.

Equal Opportunity Employer
M/F/H/V

Inexpensive Cholesterol Screenings Sponsored

CountDown Lehigh Valley, the cholesterol screening and education program of TAH—LVHC, is sponsoring a public cholesterol screening Wednesday, April 26 through Saturday, April 29. This project is part of a nationwide effort organized by the Voluntary Hospitals of America, one of the largest organizations of non-profit hospitals in the United States.

The screening will be held at Lehigh Valley Mall from 10 a.m. to 8 p.m. The procedure is a quick, low-cost, accurate finger-stick blood test for anyone over 20 years of age. The cost is \$5 per person. It is not necessary to fast prior to the test and the results will be available immediately.

Screenings also will be conducted in the health tent at May Daze on May 19 from 4 to 8 p.m., May 20 from 11 a.m. to 6 p.m. and on May 21 from 1 to 4 p.m.; Slate Belt Nursing and Rehabilitation Center on May 2 from 10 a.m. to 8 p.m.; and at Jamesway in Lehigh on May 5 from 10 a.m. to 8 p.m. and May 6 from 10 a.m. to 6 p.m.

According to the American Heart Association, heart disease continues to be the leading cause of death and disability in the United States. One of the main contributing factors of heart disease is high blood cholesterol levels.

Research shows that more than 50 percent of adults in this country have blood cholesterol levels which place them at risk for cardiovascular disease, yet less than 10 percent of the population is aware of their levels. "Most people usually know their

blood pressure level but not their cholesterol level. Knowing both is very important," states Cindy Adams, project director, Lehigh Valley Cholesterol Education Program (LVCEP).

According to Denise Holub, MT (ASCP), cholesterol educator (LVCEP), knowing your cholesterol level is an important preventative health measure. "Cholesterol is a controllable risk factor for cardiovascu-

lar disease. People with borderline or high cholesterol have an opportunity to lower their level with diet and lifestyle changes," says Holub. The National Institutes of Health estimates that for every 1 percent reduction in elevated serum cholesterol, Americans can realize a 2 percent reduction in risk of heart disease.

For more information, call 778-CARE.

Donors Needed For Bloodmobile Visit

Miller Bloodmobile will be at LVHC site on Monday, May 1, from 2 to 5 p.m. and Tuesday, May 2, from 9 a.m. to noon. The Bloodmobile will be located in Classroom 1 in the Anderson Wing. Registration will be taken in the Anderson Wing lobby. At least 80 donors are needed. Appointments will be taken in the Employee Health Office, LVHC site, by calling ext. 8861 or at the sign-up booth located outside LVHC site cafeteria.



Hospital Study (from page 1)

"A lot of credit belongs to Alverta Stichter, R.N., coordinator of the Neurosciences Regional Resource Center (NRRC), who worked with Knoll to get the project up and running. Ancrod hopefully will be the forerunner of many studies involving the NRRC and the Research Department," Gresh adds.

Knoll is seeking approval from the Food and Drug Administration to market Ancrod in the U.S. under its trade name Arvin. Arvin is presently used by physicians in Canada, Great Britain, Germany and Austria for treating kidney disease.



Pictured above are members of the winning volleyball team in the recently completed TAH—LVHC league competition. Shown in the top row, from left to right, are Andrew Bogert (Health Spectrum Medical Products), Scott Hanuschak (SPD-LVHC), Brian Strobol (Auxiliary), and Randy Heffner. In the front row, from left to right, are Lori Heffner (Radiology-LVHC), Tina Scherer (Nuclear Medicine-LVHC) and Tracy Frantz (Nuclear Medicine-LVHC). Members of the team not pictured are Lenora Krall (OR-TAH) and Dorothy Pfeiffer (Radiology-LVHC)

They Could Have Danced All Night



Twisting and shouting all night long.



Promenade right...



You put your right foot in...

1989 Spring Fling



Rockin' to the rhythm

Special Events Planned To Honor Nurses

National Nurses' Day, May 6, is a time set aside to honor those professionals who provide healing and life-saving services to millions of individuals throughout the year. This year's theme is "Pennsylvania Nurses Change Lives."

"Nurses' Day is a special day to recognize the valuable services nurses perform, but it is equally important to remember their service throughout the entire year," observes Mary Anne Keyes, R.N., senior vice president, Nursing.

TAH—LVHC has planned a variety of activities to pay tribute to the countless contributions nurses make to the hospital.

The first edition of *Nursing Voice*, the newsletter produced by the newly merged Department of Nursing, will be distributed the week of May 1.

Other special events include:

May 1, poster display given by TAH site nursing units titled "Research/Community Outreach," 1:30 to 4:30 p.m., LVHC site classrooms 2 and 3;

May 2 — "The Keys to Professional and Personal Power" by Joan Kyes, associate administrator and director of nursing, Western Psychiatric Institute and Clinic, University of Pittsburgh, 8 to 9:30 a.m., TAH site auditorium, and 10 to 11:30 a.m., LVHC site auditorium;

May 2 — "Survival — Changes in Health Care," lecture also presented by Joan Kyes, 2 to 4:30 p.m., LVHC site auditorium;

May 3 — The Pennsylvania Nurses' Association (PNA) and Friends of Nursing (FON) award announcements staff reception, 9 a.m. to noon, LVHC site auditorium (awards will be presented at 11 a.m.); also scheduled, staff reception 7:30 to 9:30 p.m., LVHC site auditorium; "Research/Community Outreach," poster display presented by LVHC site nursing units, 2 to 4 p.m., TAH site conference room B;

May 4 — PNA and FON staff receptions, 2 to 4 a.m., LVHC site auditorium; PNA and FON award announce-

ments drawing for scholarships, 1 to 3 p.m. (drawing at 2 p.m.), TAH site conference room B. Also, a panel discussion titled "Nursing Shortage: Impacts and Solutions," 7 to 9 p.m., LVHC site auditorium;

May 5 — "Research/Community Outreach" poster presentation given by TAH site nursing units, noon to 3

p.m., in TAH site auditorium and by LVHC site nursing units in LVHC site classroom 1;

May 8 — nursing receptions from 9 to 10:30 a.m., 2:30 to 4 p.m. and 7 to 9 p.m. in TAH site conference room B;

May 9 — nursing receptions from 2 to 4 a.m., conference room B.

Blood Pressure, Stroke Awareness Highlighted

May is National High Blood Pressure and Stroke Awareness month according to Debbie Lowery, M.S.W., stroke team leader (TAH). A variety of activities will be sponsored by TAH—LVHC stroke team members to create awareness of stroke risk factors.

A joint stroke team meeting of TAH and LVHC members will include a tour of the Magnetic Resonance Imaging and Brainstem Auditory Evoked Response areas. Also, a blood pressure screening will be held on May 3 from 6 to 8 p.m. in TAH site lobby.

A presentation titled "Sharing the Challenge: Rehabilitation of the Stroke Patient" by Valley Manor staff members will be given May 10 at 9 a.m. in TAH site cafeteria conference room. Also, stroke information displays will be in LVHC site's main lobby May 1 through 12 and in the outpatient registration area of TAH site May 15 through 31.

Briefly Speaking...

Trauma Service Expands

In March, the Trauma Program Development office (LVHC) became part of the expanding trauma system. Judy Schultz, secretary, will be working closely with the Trauma Service and the quality assurance aspect of the trauma program. She is located in the Shock/Trauma Modular Unit (LVHC) and can be reached at ext. 8434.

Open Heart Unit Calls Misdirected

Please note that the phone number for the Open Heart Unit (LVHC) is 778-1500 and **not** 776-1500. There have been an increasing amount of calls placed by physicians and patients' families to the incorrect number, which is a private residence. This has caused considerable inconvenience for both patients and physicians, not to mention the homeowners.

Please be sure to share this information with your patients and families awaiting open heart surgery.

Volunteers Needed For 'We Can Weekend'

Volunteers are needed to assist with a variety of tasks for the second annual We Can Weekend, a two-day retreat for cancer patients and their families. The retreat will be hosted by the Comprehensive Community Cancer Center (CCCC), June 10 and 11 at the St. Francis Center for Renewal in Bethlehem. The cancer education program was created to help families face cancer together.

The retreat, co-sponsored by the Lehigh Valley Unit of the American Cancer Society, will be staffed by a variety of professionals including physicians, nurses, social workers, chaplains, physical therapists, early childhood educators and musicians. Child care services will be provided.

Registration forms and additional information are available at CCCC.

May Daze Promises Lots Of Family Fun

Family fun is planned for May 19, 20 and 21 at May Daze, the annual lawn festival sponsored by LVHC Auxiliary.

There will be carnival rides and games, bingo, a special children's tent, pony rides, flea market, baked goods, raffle, restaurant gift certificates, 22 vendors providing delicious foods, a dinner tent offering barbecue chicken, ribs and roast beef all day and evening.

Another highlight will be the crowning of the May Daze Baby. This year, an addition to the contest is "Name the May Daze Management Baby." Employees had the opportunity to choose the cutest baby picture from those of members of TAH—LVHC senior management, department chairpersons and auxiliaries. The winning "adult version" will be crowned, as well.

Also scheduled are 51 exhibitors in the craft tent. All their items must be original and not made from kits.

Used books have been donated from many individuals and two area libraries for the book sale. **Anyone wishing to donate books may do so by dropping them in the bin located in LVHC site lobby.** (Please no magazines or condensed *Reader's Digests*.)

A stamp collection table will return, offering stamps for beginners and some rare, expensive stamps for serious collectors.

If you want to clean out your attic or basement, why not donate the items to May Daze. **Drop-off day for the White Elephant sale has been set for April 27 at the home of Helen Hallock, 827 Robinhood Drive, Allentown.** For additional information, call Sally at 395-7454. Yarn, buttons, trims and materials marked with yardage will be accepted. Tires, used furniture and clothing are not usable.

May Daze organizers are also looking for talented people willing to perform on either Friday or Saturday evening. If you would like to volunteer to sing, dance, play musical instruments or perform in any other manner, call Mary Nagel at 432-3531.

Once again, Community Health (TAH—LVHC) will sponsor a Health Tent. Also scheduled are some special events featuring clowns, magicians and belly dancers.

You will not want to miss the opportunity to "dunk" a fellow worker or maybe even a CEO! It is a great way to raise money for a worthy cause.

Proceeds from this year's May Daze will go toward fulfilling the pledge to finance the upgrading of bedside monitors.

Rain or shine, join the May Daze fun, Friday, May 19 from 4 to 10 p.m., Saturday, May 20 from 10 a.m. to 10 p.m. and Sunday, May 21 from 11 a.m. to 6 p.m.

Construction Update

New Lighting Installed In Parking Facility

The parking facility at TAH site Fairgrounds is much brighter thanks to the installation of 11 high-pressure sodium flood lights which will automatically turn on at nightfall. This area is located directly adjacent to the Fairgrounds Medical Center and Merchants Bank.

"The new lights provide greater illumination for both employees and visitors," says Louis Geczi, TAH site coordinator, Security. This increased lighting will also be beneficial to those attending the Allentown Fair.

Second TAH Mailroom Opens

A second Mailroom opened at TAH site in April. The satellite office is located in Room 910 in the basement of the School of Nursing and it provides service to the various departments located in that building. To contact this office, call ext. 4891.

The other TAH site Mailroom, located on the ground floor, will continue normal operations. Calls will be taken at this office at ext. 2472. Both Mailrooms will be staffed and hours of operation are from 7 a.m. to 5 p.m., Monday through Friday.

NEPE&R Office Relocates

The Nursing Education, Patient Education and Research Department (NEPE&R), TAH site, has relocated its offices to the basement and first floor in the School of Nursing. All phone extensions remain the same. Inter-office mail can be addressed to: NEPE&R, TAH School of Nursing.

Friends of Nursing Office Moved

Margaret McDonnell, R.N., acting director, Friends of Nursing (TAH—LVHC), has relocated her office to Room 898 in the basement of the School of Nursing. Her new ext. is 2205. Her beeper, 3164, remains unchanged. Address all mail to: Margaret McDonnell, R.N., Friends of Nursing, TAH School of Nursing.

What's Cookin'?

Coming attractions in LVHC site cafeteria include:

April 28 — Homemade bread sale. To place an order, contact Margaret Ann McDonald at ext. 8379. Deadline is April 21. Orders must be picked up between 11 a.m. and 5 p.m.

May 1 — Wellness Promotion: Fruit and Cheese Bar. Dip, cheese and fresh fruit will be sold by the ounce.

May 1-14 — "Walk Your Way To Better Health," a promotion and contest featuring Columbo's yogurt. To enter the contest, just purchase a soft-serve yogurt.

Prizes include: two certificates for a pair of men's or women's New Balance walking shoes; two Columbo lite T-shirts, and one Columbo/New Balance "Fanny-pak". Drawing will be held on May 15.

May 18 — "Make Your Own Sundae Day." Details to appear in future issues of *CheckUp*.

Board of Directors Spotlight

EDITOR'S NOTE: Below is the first installment in a new ongoing *CheckUp* feature. Throughout the next several issues we will provide brief biographical sketches of community leaders who volunteer their time and talents to serve on our Boards of Directors.

TAH—LVHC Board of Directors

TAH—LVHC Board of Directors is the governing body of the hospital.

The Board is comprised of members who vote on various proposals and recommendations which control the hospital's operation and determine its future direction. These proposals and recommendations are submitted by management and various committees.

There are 26 members of the Board and 11 honorary members, none of whom are compensated for serving on the Board. Each member is eligible to serve three consecutive three-year terms. Members who are 70 years of age or older are not eligible for re-election.

There are also ex officio members. Ex officio members are not elected for a particular term. They are appointed based on their position and have a vote.

The Board meets every fourth Thursday of the month to monitor the past month's operations and discuss and vote on the various issues on the agenda. These often include Pool Trust proposals and budget requests.

Meetings also consist of reports from the president of the hospital, the president of HealthEast, TAH—LVHC medical staff president, TAH—LVHC senior vice president of medical and academic affairs and all 10 committees.

Alan H. Schragger, M.D. Chairman

Alan H. Schragger, M.D., a physician on staff at TAH—LVHC, has been a Board member for 13 years. He is board-certified as a diplomate in dermatology as well as quality assurance and utilization review.

He has published many articles dealing with skin disorders and was the



Alan H. Schragger, M.D.

executive producer of the weekly television show "On Call," a program produced by the hospital.

Schragger completed a dermatology residency at the University of Miami, Miami, Fla., and a residency in internal medicine at West Side V.A., Chicago. He received his medical degree from the University of Chicago.

"I enjoy serving on the Board of Directors because it allows me to be involved in the decision making which affects the practice of medicine in the Lehigh Valley," Schragger observes.

HealthEast Board of Directors

The HealthEast Board of Directors oversees all organizations affiliated with HealthEast: TAH—LVHC, Gaden Huetten Memorial Hospital, Slate Belt Nursing and Rehabilitation Center and Community Health Services Organization.

The Board has many functions, including approval of annual operating and capital budgets for all affiliates, long-range system planning, approving Board members of the subsidiaries and carrying out the HealthEast mission.

The HealthEast Board has 23 members whose membership is strictly voluntary. Similar to TAH—LVHC Board of Directors, each member is eligible to serve three consecutive three-year terms and members who are 70 years of age or older are not eligible for re-election.

Members may serve on more than one Board. For example, currently there are 10 members serving simultaneously on both TAH—LVHC and HealthEast Boards, two members serving on both GHMH and HealthEast Boards and one member serving on both HealthEast and Slate Belt Boards.

The Board meets the first Wednesday of each month. Meetings generally consist of reports from each affiliate given by their president, as well as reports from David Buchmueller, president, HealthEast, and the executive, finance, planning and other committees.

Most meetings also include a special Board education presentation.



William C. Roberts

William C. Roberts Chairman

William C. Roberts, president of Collier Group, has been a HealthEast Board member since its inception in 1982.

He served as chairman of The Allentown Hospital Board of Directors from 1982 to 1985 and has been a member of that Board for almost 15 years.

Roberts, a native of Allentown, was born at TAH site. He is a graduate of Princeton University.

"The health care services of our community are very important for the future. Serving on the Board of Directors gives me the opportunity to help our community improve and progress," explains Roberts.

Educational Happenings

Friday, April 21

TAH — CPR Recertification — 1 to 3 a.m.; Physical Therapy

Wednesday, April 26

LVHC — Teleconference: "Second Annual Secretaries Briefing;" 3 to 5 p.m., auditorium

Thursday, April 27

TAH — Conference: "Review of Antibiotics for Infections in Children;" 2 to 5 p.m., auditorium. This is an intermediate to advanced level continuing education program designed for physicians, nurses, pharmacy and laboratory staff. Registration required. Call Human Resource Development (TAH) at ext. 2430.

TAH — Medical Terminology; 9 to 10:30 a.m.; OR conference room. Reg-

istration required. Call Human Resource Development (TAH) at ext. 2430.

TAH — CPR Recertification; 9 to 11 p.m., Physical Therapy

Friday, April 28

TAH — CPR Recertification; 1 to 3 a.m.; Physical Therapy

LVHC — Teleconference: "Second Annual Secretaries Briefing;" 2 to 4 p.m.; conference room 1

Monday, May 1

TAH — New Employee Orientation; 8 a.m. to 4:30 p.m.; auditorium

Tuesday, May 2

TAH — Teleconference: "Second Annual Secretaries Briefing;" 2 to 4 p.m.; auditorium

Wednesday, May 3

TAH — Tour TAH site; 10:30 to 11:30 a.m.; lobby

LVHC — Tour LVHC site; 1:30 to 2:30 p.m.; lobby

LVHC — Teleconference: "Second Annual Secretaries Briefing;" 2 to 4 p.m.; auditorium

Thursday, May 4

TAH — Medical Terminology; 9 to 10:30 a.m.; OR conference room. Registration required. Call Human Resource Development (TAH) at ext. 2430.

Friday, May 5

LVHC — Teleconference: "Second Annual Secretaries Briefing;" 2 to 4 p.m.; auditorium



Help For Smokers

Smokers wishing to "kick the habit" have two opportunities to seek help in coming weeks.

Healthier U. will offer another session of Smoke Stoppers, a program designed to help participants stop smoking without using scare tactics, filters or worrying about weight gain or tension.

A free introductory session will be held at two locations at 7 p.m. on Wednesday, June 7. Sessions will be held at The American Legion in Lehighton and the Jewish Community Center in Allentown.

For more information, or to register, call 778-9821.

In addition, HealthCounts will offer smoking cessation hypnosis on Tuesday, May 16 from 7 to 8:30 p.m. at TAH site auditorium. Registration deadline is May 9. The session is free to employees. Call 821-2150 to register.

SuperSitter Course Offered In June

Back by popular demand is TAH-LVHC's SuperSitter baby-sitting course. This special program is offered to students 11 years of age and older who are interested in becoming knowledgeable baby-sitters.

A number of speakers from TAH-LVHC and Allentown police and fire departments will cover such topics as how to report a fire, safety tips, poison prevention, diapering and bathing infants, how to handle crank calls and ways to determine how much to charge for baby-sitting. A certificate of attendance is awarded to each participant, in addition to a variety of printed educational materials.

This free three-hour session will be offered at TAH site auditorium on Saturday, June 3 from 9 a.m. to noon. To register your child for this informative class, call 778-CARE.

Children From Church Visit NICU

The Neonatal Intensive Care Unit (NICU) was recently visited by a group of five children, one of whom is a NICU graduate, and three adults from the Salem United Methodist Church, Allentown. The church is raising money for children in incubators in India as part of the National Children's Fund '88-89.

All the children were given a preemie diaper, hat and feeder bottle to take home for their dolls.

Benefits Spotlight: Clarification

Kevin Farrell, M.D. is a participant in the HealthEast Health Plan (HHP). As such, like all participating physicians he will be reimbursed at 100 percent of the fee schedule for medical-surgical services and 90 percent of the fee schedule for major medical services. It had been previously announced that he was not participating in the HHP.

NICU Parent Support Group To Meet

Karen Senft, director, Outpatient Pediatrics, Good Shepherd Rehabilitation Home, will speak to the Neonatal Intensive Care Unit Parent Support Group on Wednesday, May 3 at 7:30 p.m., TAH site auditorium. Senft will speak on the development of the premature infant. Refreshments will be served. All are welcome.

THE MARKETPLACE

April 21, 1989

FOR SALE

Moving, must sell entire contents of apartment: furniture, dishes, linens, carpets, clothing, mink coat, new down coat, more. Fair, not cheap prices on furniture. Cash only. Call Fay at 770-0668 before noon.

Sno Kiln (35 inches wide x 33 inches high). Used one year. Asking \$1,000 (\$1,500 new) Call Ethel at 965-2466.

Kitchen table with four chairs. Adding one leaf changes round table to rectangle. Asking \$45. Call Gerrienne at ext. 8805 or 967-3436 after 5:30 p.m.

Two beige/rust/cream Henridor sofas. Excellent condition. Asking \$250 each. Contact Joan at 8615.

Sofa, loveseat, chair - floral pattern (peach/brown/beige) with wicker trim. Matching wicker and glass coffee table and two end tables. Perfect for family room or sunroom. Fair condition. Asking \$250. Contact Chris at ext. 5216 or 536-4005.

Mauve sofa and loveseat, very good condition. \$400 or best offer. Call Margie at ext. 9464.

Ball hitch tow bar, brand new. Asking \$90. Call ext. 8001 from 7 a.m. to 3:30 p.m.

Four Michelin tires, M x V radial - 195/60R 14, used less than 9,000 miles. \$75 each. Call 791-2115 after 4:30 p.m.

Silverstone electronic organ, MD #4745 with rhythm, 100 watts - \$350; Minnesota Fats pool table, 4 feet by 8 feet - \$100; Solar hot water system, 3 feet by 8 feet panel and heat exchange, never used - asking \$300. Call Sherrye at ext. 8315 or 439-1944.

Sears upright freezer, never used - \$250; Yield House solid pine two-piece sewing cabinet, like new - \$200. Call Barry at 439-8372 after 6 p.m.

Assorted baby clothes (girl), 0-6 month size - \$15; baby hamper - \$3; diaper bag with changing pad - \$4; leather coat, knee length, size 13-14 - \$35 (negotiable). All items in excellent condition. Call Glenn at ext. 8080 or 432-0937.

Dark pine oval table with four chairs and leaf. Asking \$200. Call Maureen at ext. 8780.

Moving, must sell as soon as possible: triple dresser, night table, double bed frame, mattress and boxspring. Asking \$150 for all. Call ext. 2511 or 261-2448 after 6 p.m. and weekends.

Franco Belge coal stove, gloss black with chrome. Excellent condition. Make offer. Call 966-4090 after 5 p.m.

Full-size sleeper sofa, natural weave fabric. Good condition. Asking \$200 or best offer. Call 767-9360.

F O R S A L E (continued)

Girl's Schwinn tan and cream sting ray bicycle, 20 inch wheel base, coaster brakes. Like new. Asking \$50 (\$180 new). Call Nancy at ext. 8687.

Wetsuit - black with royal blue. One quarter inch nylon on two sides, Farmer John pants, knee and elbow pads. Also includes boots, hood and gloves. Will fit male, 5 feet 10 inches tall, 140-170 pounds. Asking \$120 or best offer. Call 799-0399 or ext 8242.

Stereo equipment: Onkyo integrated amplifier, 65 watts per channel - \$100; Technics SL-1300 professional turntable with new Shure V-15/MR V cart - \$175; Onkyo cassette deck, three-motor, full-logic Dolby B & C, bias adjustment - \$150; Mission speakers, 770-S with stands - \$500. All in excellent condition. Call 799-0388 or ext. 8242.

1986 Chrysler Laser XT. Black with black leather bucket seats. Includes T-tops, louvers, turbo, power windows, power steering and brakes, black leather car bra and floor mats. \$8,000 or best offer. Call 536-1286 and leave message.

1982 Lincoln Town Car Signature series. Includes moon roof and leather interior. Asking \$4,000. Call Bob or Carol at (717) 386-5955 after 5 p.m. or any time during the weekend.

1976 Dodge two-tone green, six cylinder pick-up truck. Includes automatic transmission, power steering, camper cap, bug shields, tailgate guard and seat cover. 77,000 miles. Good condition. Asking \$2,500 or best offer. Call Rick at ext. 8566, 3 to 11:30 p.m.

1984 Mercury Grand Marquis luxury sedan. Automatic transmission, air conditioning, new rear tires, gasmatic shock absorbers. Asking \$7,800. Call 435-6922 evenings.

Two one-bedroom apartment house with double garage - live in one, rent the other. (One garage already rented). Good income property. Call 867-5833.

Bethlehem two-bedroom single cape cod. Includes finished basement, hardwood floors throughout, screened-in porch, fireplace and extensive closet space. Asking \$92,900. Call 691-3465 or ext. 8887.

Three-bedroom townhouse in South Allentown, 10 minutes to TAH or LVHC sites. Very low maintenance. Includes living room, dining room, kitchen, finished basement, deck, two-car parking, fenced yard. Call 797-2189.

F O R R E N T

Immaculate four-room apartment in a fine family neighborhood. Includes private porch, modern kitchen, full carpeting. \$385 per month, includes heat. Call 867-5833.

Allentown one-bedroom, first-floor apartment in one-half double. Includes washer/dryer hook-up, natural wood pocket doors and woodwork, ceiling fans, private side entrance, and fenced-in back yard. \$400 per month includes heat, hot water and cable. Call 821-8478.

Cartop luggage carrier - \$25 per week. Call Jim at ext. 8515 or 866-4707.

C H I L D C A R E

Certified teacher and loving mom will care for your children in my home 6:30 a.m. to 6 p.m., Monday through Friday. Children 3 years old and older. Full time only. Call 434-7439.
