

CHECKUP

Vol. 1 No. 24 January 27, 1989

Staff Pulls Together For Quints

Dozens of people in many departments deserve a pat-on-the-back, (make that *five* pats each) for their participation in the recent birth of quintuplets at The Allentown Hospital site.

The buzz began long before the Wednesday, Jan. 11 birth of the quint.

In September Sze-ya Yeh, M.D., chairman, Department of Obstetrics and Gynecology, TAH—LVHC, received a patient, Rolanda Martino, as a referral from an Easton obstetrician. Mrs. Martino's physician believed she was carrying quadruplets. Further testing by Yeh revealed that she was, in fact, carrying five babies instead of "just" four.

Mrs. Martino, 30, and her husband, Brian, 26, were shocked. His first reaction was: "The IRS is never going to believe this one! The Martinos have two other children, Russell, 8, and Brandon, 14 months.

Yeh used sophisticated ultrasound equipment to follow the babies' development and growth. In order to prevent pre-term labor, strict bed rest was ordered. Mrs. Martino was hospitalized on Dec. 1.

She was admitted to Maternity (3T, TAH site), which is a postpartum/high-risk unit. LaDene Gross, R.N.C., head nurse of the unit, says of Mrs. Martino: "The nurses established a good rapport with her and her family."

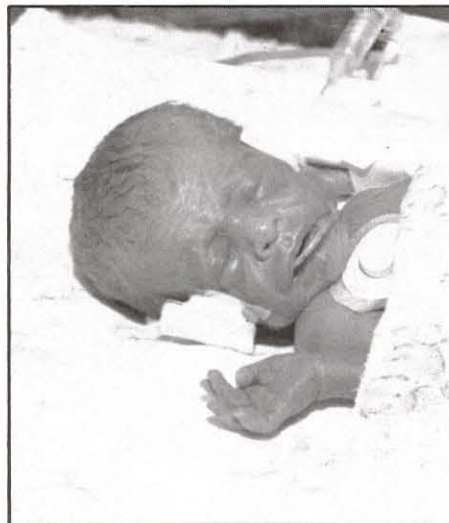
(please turn to page 4)



Derek David



Danielle Lynn



Paul Edward



Matthew Brian



The Allentown
Hospital—
Lehigh Valley
Hospital Center
A HealthEast Hospital

New Open-Heart Unit Admits Patients

The new 12-bed Open Heart Unit at LVHC site opened Monday, Jan. 9. The opening of this unit will provide the potential for treatment of an increased number of open heart surgery patients in Pennsylvania's second largest program of this kind.

According to Joseph Vincent, M.D., director of critical care at LVHC site, "This new unit gives the hospital the ability to continue meeting the needs of the ever-growing numbers of patients who need surgery to correct serious cardiac problems. Moving to this location also allows us to expand our general intensive care unit for care of non-cardiac, critically ill patients."

The unit, housed on the second floor of the Carl R. Anderson Wing at LVHC site, contains three more beds for post-surgery patients than the former nine-bed unit. Also the new unit will utilize the most advanced computerized equipment available for the monitoring of patients' vital signs and offer more area around each bed giving physicians and nurses greater access to the patient.

Mary Sabo, R.N., head nurse of the open heart unit, says, "The care given in this unit will be the same quality care our staff has provided since we started the open heart program. However, the increased area of the new unit will afford more privacy for

patients and their families."

Another enhancement of patient care in the new unit, says Sabo, is the availability of natural daylight.

"The windows which border the unit allow the patients to perceive daylight and nighttime differences. Studies show that this aids in the recuperation of hospital patients.

"Also, nurses working 12-hour shifts seem to function more effectively when they perceive natural light coming in from outside."

All of these changes will enhance the nurturing, therapeutic environment of this unit.



In the photo to the left, staff members bring the first patient from the Operating Room to be admitted to the new Open Heart Unit.



Pictured at the right is a view of the new 12-bed Open Heart Unit at LVHC site, just prior to its opening Monday, Jan. 9. The unit is housed on the second floor of the newly constructed Carl R. Anderson Wing.

Physicians Fund Artwork Acquisition

Two groups of physicians have generously donated funds for the acquisition of the artwork which will hang in the new Open Heart Unit and in the corridor between this unit and the planned 30-bed unit in the Anderson Wing, LVHC site.

Those physicians are: Richard J. Angelico, M.D.; Antonio C. Panebianco, M.D.; Farrokh S. Sadr M.D.; Geary L. Yeisley, M.D.; and Luke C. Yip, M.D. as well as Abdul A. Khan, M.D.; Mark N. Martz, M.D.; Gerard A. McDonough, M.D.; James C. Rex, M.D.; and Michael C. Sinclair, M.D.

Nursing staff, in conjunction with members of the Arts Advisory Council of HealthEast, will play an instrumental role in deciding which art will be displayed.

The council supports the arts as an integral part of a healthy lifestyle and promotes the arts as a legitimate therapeutic tool in HealthEast facilities.

Sue Traub, Environmental Planner/Designer for HealthEast believes it is critical for staff in high pressure jobs to have components of the environment provide a relaxing atmosphere.

She states art can help evoke images of pleasant experiences and reduce stress. Traub says patients, visitors and staff all benefit from art in the workplace.

Staff, families and, of course, patients in the Open Heart Unit will be able to profit from such an environment.



Catherine Moncman

Hospital Bids 'Catherine' Goodbye

In Sept., 1944 Catherine Moncman began her career at The Allentown Hospital. Her first job was as a temporary worker during a fund-raising campaign. She stayed on — for 45 years.

The job she stepped into and has so capably filled for 45 years is that of Medical Staff Secretary.

When Moncman began she was, in her words, a "terribly shy" teenager. She has since come into her own and become a cornerstone of the Medical Affairs office.

Over the years she has witnessed many changes. She originally worked in the building which was erected in 1899. Since then she has seen several building additions take place.

Although there have been many changes in the hospital's internship and residency programs, one thing has not changed. Moncman has

always been available with a helping hand for the many interns and residents who have had questions or needed support.

Her genuine concern for their welfare has endeared her to many former interns and residents, so much so that they correspond with her from the four corners of the earth.

The Allentown Hospital has had 18 Chiefs of Staff and/or Presidents of the Medical Staff. Moncman has served 16 of them. For many years physicians have stopped by her desk to discuss topics of the day, or to enlist her help with the numerous questions that inevitably crop up.

Moncman will retire on Jan. 31, 1989. She will be missed by those physicians who are so accustomed to "asking Catherine" — and she will be remembered always by the many physicians whose lives she has touched.

Staff Pulls Together For Quint

Gross adds: "Mrs. Martino was a patient on the unit for six weeks. There was comprehensive nursing and medical management that enabled her to reach her delivery date."

Mrs. Martino spent all but a few hours of that time on 3T. She was a patient over the holidays, but for a few hours she was allowed a brief visit home so she could be with her family.

Candace Rakow, R.N., director, Maternal/Child Department of Nursing, emphasized, "Childbearing is a normal, healthy process and it's not easy for an essentially healthy patient to be hospitalized for that length of time, especially when there are other siblings at home."

While on 3T Mrs. Martino received a sophisticated treatment; tributaline, (a tocolytic drug, one which minimizes uterine contractions) which was administered through continuous infusion from a small, subcutaneous pump.

According to Gross, tributaline infusion has been used in other health care facilities. However, this was the very first time it was used at TAH—LVHC. All efforts to postpone Mrs. Martino's labor until her 30th week were successful. On Wednesday, Jan. 11, after it was determined that Mrs. Martino's contractions could not be stopped, the decision was made that she would undergo a Cæsarian section.

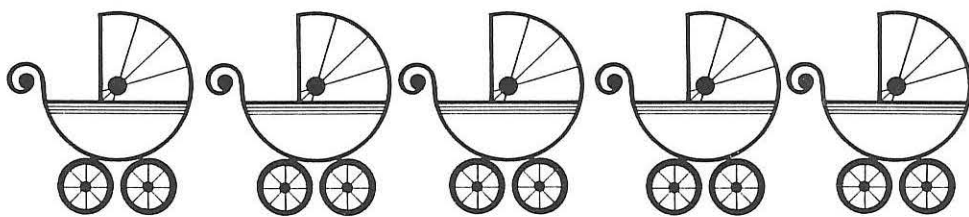
At this time a comprehensive plan was implemented with the help of Edward C. Denny, M.D., director, Forrest G. Moyer, M.D. Neonatal Intensive Care Unit (NICU); Sharon Smetzer, R.N., head nurse, NICU; and Ann Andres, R.N., head nurse, Labor and Delivery.

Speaking proudly of her staff, Smetzer says that as soon as the NICU staff learned Mrs. Martino had begun contractions the night shift started to assemble the necessary equipment. The day and evening shifts coordinated coverage for the delivery and admission of the five anticipated babies.

At this point the NICU was already operating at 100 percent occupancy.



Veronica Kaye



Space was needed to accommodate the five new arrivals.

Dianna Ketterer, R.N., NICU, was charge nurse that day. She says a lot of help came from the General Services department. General Services personnel went to the "overflow nursery", cleaned it, removed extra isolettes and IV poles and prepared the room for use. Six "growers", (4-pound babies who are growing), were then moved into the overflow nursery. Ketterer emphasizes how instrumental

Denny was in developing a plan of action for Labor and Delivery and NICU. Security for the protection of the quints was increased.

When it came time for Mrs. Martino to deliver, everyone involved was ready to respond to the variety of possible scenarios. Each of the 31 people in the delivery rooms served a specific function. There were no casual observers. Rakow says that the NICU was there in full force and that each baby was assigned its own team of specialists.

s' Birth (from page 1)

Ann Andres, R.N., head nurse, Labor and Delivery, was there: "It was a very exciting moment for all of us, a once in a lifetime experience. I have been in OB over 30 years and I had never even seen quadruplets. You read about them but you never think it will happen to you." Andres adds, "Everything ran very smoothly. Planning ahead made that possible. Because of the joint effort of NICU and Labor and Delivery it was a calm and positive procedure."

Rakow recalls warmly, "We had all tried so hard to protect and preserve this pregnancy. There was such teamwork. Right before the incision was made I looked around the room. I saw everyone so ready and so prepared...I was just so very proud of everyone."

Within three minutes of each other all five of the Martino quints were born. There were three boys and two girls. The boys are Derek David, Paul Edward and Matthew Brian; and the girls are Danielle Lynne and Veronica Kaye.

Derek David was the only quint who had no respiratory problems. Because of a common disorder known as "Respiratory Distress Syndrome," Matthew, Veronica and Paul required oxygen and Danielle was placed on a ventilator. As of Jan. 20 all five of the babies were doing beautifully.

The Martino quints are reportedly only the 18th set of quintuplets born in the United States. Since the birth of quintuplets is such a very rare event, these five tiny babies added up to one big news story.

The Communications Department hurried into place to respond to inquiries from the media. When news of the quint's birth was released there was a barrage of calls from regional newspapers, television stations and the national wire services. Photographs of each of the babies and of the parents were taken for distribution to newspapers. HealthEast Communications took video footage and distributed it to regional television stations.

On Friday, Jan. 13, a press conference filled the TAH auditorium and introduced these newest celebrities to the media.



Rolanda and Brian Martino Admire Derek David.

Martinos Express Gratitude

In an effort to reach all of the staff and employees who were involved in this extraordinary medical event, the Martinos expressed these feelings:

"To the Administration and entire staff of all departments: The care at The Allentown Hospital was beyond

terrific...There are many people to thank for caring. We would like to thank everyone personally but that is very hard to do...If you have had a part in our happiness or have contributed from your heart, a deep and sincere -"Thank you."

Making The Rounds

Ann Brown, R.N., C.P.A.N., and **Maura Reinert, R.N., C.P.A.N.,** staff nurses in the Recovery Room (TAH), are the hospital's first nurses to have passed the National Certification Examination of Post Anesthesia Nurses. The examination was held in Philadelphia in November.

William Huber, director, Security, recently was selected as an honored member of Who's Who in United States Executives. He was selected for the years 1988 and 1989 by a committee comprised of Harlan Carnegie, III, executive vice president, Who's Who, and Thornton Rockefeller, chairman of the Who's Who membership committee.

Linda Breidigam, R.N., Newborn Nursery (TAH), recently graduated magna cum laude from Kutztown University. She received a bachelor of science degree in nursing with a minor in psychology.

Donna Lee Dettra, Medical Records (LVHC), passed the American Medical Association registration



CheckUp is a biweekly publication of the Communications Department of HealthEast. To submit an article or for additional information, call ext. 7915.

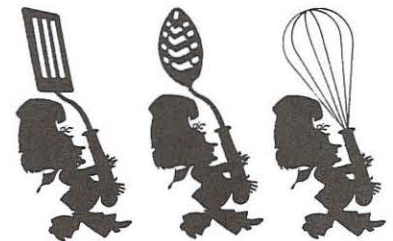
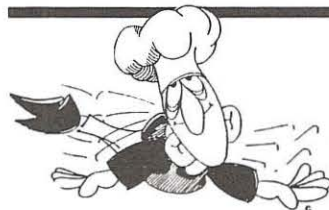
Our mission is your health.
HealthEast, a not-for-profit regional health care system, is more than 8,000 professionals, employees and volunteers working to provide you with quality, comprehensive health services.

examination. She is now a registered record administrator and is qualified to use the initials R.R.A. after her name. Dettra is a 1988 graduate of the Health Records Administrators program of the School of Health Related Professions at the University of Pittsburgh.

Dawn Hughes, R.N., received her Bachelor of Science degree in Nursing from Kutztown University and **Donna Neidermeier, R.N.,** received her Bachelor of Science degree in Nursing from Cedar Crest College.

Jody Porter, R.N., CNOR, head nurse, Operating Room (LVHC), was recently certified in perioperative nursing practice by Perioperative Nursing, Inc., the National Certification Board.

David Schlegel, ACSW/LSW, Neuro-Trauma social worker (LVHC), was recently awarded the status of Board Certified Diplomate in clinical social work by the American Board of Examiners in Clinical Social work. He was also licensed recently in social work by the state.



What's Cookin'?

'50s Day

Plan to join the fun on Thursday, Feb. 2, when the LVHC site Cafeteria will sponsor a '50s Hairdo Contest. Prizes will be awarded for the most authentic, outrageous '50s hairdo.

Fat Tuesday

On Tuesday, Feb. 7, the LVHC site Cafeteria will feature a Sweet Bar with a variety of goodies and a Pasta Bar with a choice of clam, marinara or Alfredo sauces.

Coming Attraction

On Thursday, Feb. 23, LVHC site Cafeteria will feature a "Chinese New Year's Special." Watch for details in the next issue of *CheckUp*.

Valentine's Day Special

Beginning at 11 a.m., Feb. 13, and continuing on Feb. 14 as long as supplies last, TAH site Cafeteria will have special heart-shaped candy boxes for sale.

The boxes are red with clear plastic tops and are filled with assorted Valentine candies. Each box will be decorated with a fresh carnation. The cost of each box is \$3.95.

Support Group To Sell Fastnachts

The NICU Parent Support Group will be sponsoring its annual Fastnacht Day Doughnut Sale on Tuesday, Feb. 7. This year's sale will be held from 6:30 a.m. to 3 p.m. outside the TAH site Cafeteria.

Representatives from the group will be selling glazed, powdered, sugar and the traditional potato fastnachts.

HealthCounts Sponsors Stress Lecture Series

Are you "All stressed up with nowhere to go"? This winter the HealthCounts program is offering a battery of health promotion classes. These classes are directed toward helping people learn to deal positively with the stress in their lives.

This lecture series, "All Stressed Up," can teach people to deal with

stress positively thereby lessening its destructive effects.

The seminar topics will be presented through the HealthCounts program on Tuesday evenings during the months of February and March from 7 to 9 p.m.

Lecture titles are as follows:
Introduction to Stress Manage-

ment, Tuesday, Feb. 7, (LVHC, Classroom 2.)

Coping with Change, Tuesday, Feb. 21, (LVHC, Alcove).

Responsible Assertiveness, Tuesday, Feb. 21, (TAH, Auditorium).

Introduction to Biofeedback, Tuesday, March 7, (LVHC, Alcove).

Smoke Stoppers Offered

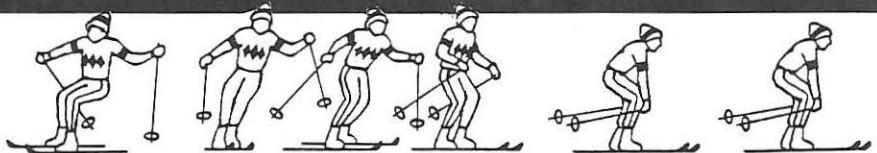
Smoke Stoppers is a nationally recognized behavior modification program that has helped thousands of people quit smoking by neutralizing the desires for tobacco — in five days. The program consists of eight 90-minute sessions and will be conducted beginning Wednesday, Feb. 8 and Wednesday, March 1 at 7 p.m. in the Jewish Community Center, Allentown; and Wednesday, March 8 at 7 p.m. in the Bethlehem Public Library.

Fee for employees is \$50 with a full refund for attending all, or all but one, of the sessions. (This special price is available until March 8, 1989.) To register, call Healthier U. at 778-9821.



SBMC Changes Name

Slate Belt Medical Center in Bangor, a component of HealthEast, has a new name. The official name is now Slate Belt Nursing and Rehabilitation Center. The name change was made to more accurately reflect the type of skilled nursing and rehabilitation services the medical facility provides.



Recreation Committee News

The LVHC Recreation Committee is offering a tour of Washington D.C. on April 8 and 9. Price per person (double occupancy) is \$179 and includes round-trip bus transportation, overnight accommodations at the Days Inn, breakfast, two dinners, tourmobile ticket, taxes and baggage handling. A \$100 deposit per person will hold each reservation. Persons interested in making reservations should call Stan Jones at 791-9637.

A trip to Caesar's Casino in Atlantic City, N.J., is being sponsored by the LVHC Recreation Committee on Friday, Feb. 24. Cost per person is \$10 which includes bus transportation and \$10 cash upon arrival in Atlantic City. The bus will depart LVHC site at 5:30 p.m. and leave Atlantic City at 2 a.m. Saturday morning, Feb. 25. Any employee interested in the trip to Atlantic City should call Stan Jones at 791-9637.

The TAH Recreation Committee is sponsoring a March 4 trip to see the Ice Capades troop of world class precision skaters. This year's show "A Return To Romance," features 1988 Olympic medalists Jill Watson and Peter Oppegard. Another highlight will be the California Raisins revue. The cost of \$24 includes bus fare and the show. The bus will leave at 1 p.m. For reservations call Hazel Kramer, ext. 2391.

There are still seats available for the TAH Recreation Committee's ski trip to Shawnee, Feb. 17. The cost per person is \$30, which includes a lift ticket and transportation.

A bus will leave the 16th and Gordon Sts. parking lot at 8 a.m. and return at approximately 5 p.m. Rentals and lessons will be available. For more information contact Tom Donatelli at ext. 2374 or Ann Kelby at ext. 2930.

Children's Center Has Openings

Employees of TAH—LVHC and HealthEast with small children in need of child care services on weekends, evenings and holidays should contact the Children's Center, located at LVHC site.

The center provides child care to employees on a weekly, daily or hourly basis. The center is open until midnight Monday through Friday and between 6 a.m. and 4 p.m. on Saturdays, Sundays and holidays.

For more information, call the Children's Center between 8 a.m. and 4:30 p.m. at 776-8970 or 776-8971.

Educational Happenings

Monday, Jan. 30

TAH - Teleconference: "Early Diagnosis for Alcohol and Other Drug Problems" - 1 to 3 p.m., Auditorium

Wednesday, Feb. 1

TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room
LVHC - Teleconference: "The Nursing Shortage: You Can't Afford to Lose This Nurse" - 2 to 4 p.m., Auditorium

Thursday, Feb. 2

TAH - CPR Certification Part I - 1 to 4 p.m., Auditorium

Friday, Feb. 3

TAH - Teleconference: "The Nursing Shortage: You Can't Afford to Lose This Nurse" - 9 a.m. to noon, Auditorium

LVHC - Teleconference: "The Art of Negotiating" - 2 to 4 p.m., Auditorium

Monday, Feb. 6

TAH - New Employee Orientation - 8 a.m. to 4:30 p.m., Auditorium

Tuesday, Feb. 7

TAH - CPR Certification Part II - 1 to 3 p.m., Auditorium

LVHC - Giving Effective Presentations - 1 to 3 p.m. Classroom 2

LVHC - "The Nursing Shortage: You Can't Afford to Lose This Nurse" - 2 to 4 p.m., Auditorium

Wednesday, February 8

TAH - Stroke Team Meeting - 9 to 10 a.m., Cafeteria Conference Room

TAH - Hospital Tour - 10:30 to 11:30 a.m., Lobby

TAH - CPR Certification Part II - 1 to 3 p.m., Auditorium

LVHC - Hospital Tour - 1:30 to 2:30 p.m., Anderson Wing Lobby

Thursday, Feb. 9

TAH - Teleconference: "The Art of Negotiating" - 1 to 3 p.m., Auditorium

Friday, Feb 10

LVHC - Teleconference: "The Art of Negotiating" - 1 to 3 p.m., Classroom 1

Medical Terminology Course Scheduled

Human Resource Development has scheduled a Medical Terminology course for all interested employees beginning Feb. 16.

This concentrated course is based on the textbook *Medical Terminology: A Systems Approach* by Gylys and Wedding. The course, which includes the basic principles of medical word building that can be applied to developing an extensive medical vocabulary, involves weekly quizzes, unit tests and a final exam.

The 15-week course will be held from 9 to 10:30 a.m. The total cost of the course, including the textbook, is \$20.

For more information, call Human Resource Development at ext. 2430.

CCCC Sponsors Patient Care Program

The Comprehensive Community Cancer Center is sponsoring a program for nurses and others involved in the care of cancer patients. The program entitled "Chemotherapy: In Theory and Practice" will be held on Monday, Feb. 13 and Tuesday Feb. 14, from 8 a.m. until 5 p.m. in the School of Nursing, Room 900.

For more information, please call CCCC at ext. 2582.



Pictured above with (at left) Carol Bury, R.N., Nursing Director, are Alta Raymond, R.N., Recovery Room (center), and Mary Ann Bowers, L.P.N., Emergency Room, winners of the Professional Nurse Council drawing recently held at LVHC site. The winners each received a \$1500 scholarship for continuing education. Linda Doremus, L.P.N., 7C, was also a winner.

THE MARKETPLACE

January 27, 1989

FOR SALE

1987 BMW-325 IC Cabriolet convertible — Cinnabar red with black leather interior, aerodynamics appearance group, custom BBS wheels, 5-speed, limited slip, spare alloys. Only 13,500 miles — excellent condition. Asking \$28,500. Call 799-3629 after 8 p.m.

1982 Toyota Celica GT — 5-speed, AM/FM stereo cassette, metallic gray. Very good condition. Call ext. 8488 or 683-3410.

Queen-size Serta box spring — high quality, excellent condition. Asking \$125 or best offer. Call Brian at ext. 8765.

Roland MP600, 64-key, 6-band equalizer — 3-band tone selector, delay time, sustaining pedal, floor stand. Asking \$325. Call ext. 7996 or 967-2048.

35 acres of wooded land three miles from Mahoning Valley Country Club and one mile from a small country-owned airport. Beautiful view and stream. Call Manny at 377-4663.

One pair, used Olin skis (160 cm.), Model 730 with Solomon 637 bindings. One pair, used Olin skis (170 cm.) with Solomon 637 bindings. Both maintained yearly. Original cost was \$350 each; will sell for \$150 each. Call Jack at ext. 8111 or 433-5711.

White aluminum storm windows with screens. Eight 31 in. x 50 in. and one 31 in. x 43 in. Name your price. If interested, call Janet at ext. 8900 or 767-3944.

200-channel, programmable base scanner with 30 pre-programmed frequencies. Excellent condition. Asking \$350. Call 439-9613 after 6 p.m., except weekends.

1984 Pontiac Trans AM — 5-speed, manual transmission, red T-top, new tires, air conditioning, AM/FM cassette, low mileage. Asking \$7,995 or best offer. Call 433-3639.

Almost new Concept II Rowing Ergometer — first choice of Olympic scullers. Paid \$650; will sell for \$500. Call Michael Luck at ext. 7990.

16-ft., MFG boat — 70 horsepower Mercury engine and trailer. Great for water skiing. Asking \$1,400 or best offer. Call ext. 7990 or 767-8178 after 5:30 p.m.

Electromechanical pinball machine. Call Mark at 282-4818 after 6 p.m.

1982 Pontiac LE — 6 cylinder, 4-door, AM/FM with tape deck, automatic, air conditioning, new engine with 34,000 miles. Asking \$3,100. Call Frank at ext. 2279.

1984 Oldsmobile Cutlass Ciera Brougham — 4-door, 6 cylinder, air conditioning, AM/FM stereo, tilt wheel, cruise control. 83,000 miles. Asking \$3,400. Call 691-5438.

Bear Flare Compound Bow only one year old. Used minimally. Includes all accessories and arrows with many extras. \$150 or best offer. Call Dave at 395-8298 after 5 p.m.

Must sell! French Provincial, queen-size canopy bed with full-size mattress and box spring. Almost new! Asking \$750. Also, matching nine-drawer dresser with detachable mirror — \$750. Good condition. Price negotiable. Call ext. 2258 or 262-2555.

FOR SALE (continued)

Row home with 4 bedrooms, living room, dining room, one and one-half baths, partially finished basement and washer and dryer hookup. Fenced yard with parking spaces for two vehicles in back. Asking \$61,900. Call Robin at ext. 2208 or 433-6055.

TEAC V-47 stereo cassette tape deck with metal tape capability. Good condition; one owner. Asking \$50. Also, MCS tuner/receiver -- 54 watts per channel, high/low filter, loudness switch. Excellent condition. Asking \$50. Call 398-3729 after 3 p.m.

Queen-size sofa bed, \$299; recliner chair, \$75; 7-piece bedroom set, \$350; two end tables at \$35 and two 3-way lights at \$15. Call 791-4855 after 3:15 p.m.

Brown, queen-size sofa bed in very good condition, \$175; stereo stand, \$20; desk and chair, \$15. Call 481-0415 after 5 p.m.

1982 Chevy S10 Sport Pickup -- 6 cylinder, automatic, power brakes and steering, air conditioning, AM/FM stereo, cruise control, tilt steering wheel, power locks and windows. 98,000 miles. \$5,000. Call Sharyn at ext. 2414 or 965-8998 after 6 p.m.

1982 Datsun King Cab pickup -- automatic, power brakes, air conditioning, tint glass, AM/FM stereo, radial snow tires and wheels. Beautiful condition. 51,000 miles. \$3,500 or best offer. Call 826-3455.

Split level home in Hellertown -- 4 bedrooms, two and one-half baths. 20% down, conventional financing. \$118,800 firm. Call Denise on beeper #1179.

BABY - SITTING

Baby-sitting available for toddlers of nurses in the Lehigh area. Day shift only. Call Debbie at 377-6926.

FOR RENT

Apartment style condominium near LVHC -- 2 bedrooms, air conditioning, living room with view, deck. Quiet. \$575 per month plus utilities. No pets. Call Peg at 967-3548.

Chalet in the Poconos -- 3 bedrooms, 2 baths, fireplace, cooking facilities and garage. Sleeps eight. Just minutes from the slopes. Call 395-8535 and leave a message.

One-bedroom apartment on N. 16th St. Asking \$400 per month. Call 821-9018 or 861-0217.

Town house in Macungie -- 3 bedrooms, two and one-half baths. No pets, please. One-year lease. Security deposit. \$575 per month plus utilities. Call Diann at 282-1743 and leave message.

Two and one-half bedroom apartment with garage in Fountain Hill -- new kitchen, unfurnished. Asking \$450 per month, includes utilities. One-month security deposit required. Call 865-2044 between 1 and 4 p.m.

Lovely, new, cozy apartment with street parking. Completely furnished, including dishes. Color television, cable, heat and hot water, completely paneled and carpeted, yard and patio. No lease. Rent negotiable. References. Call Dottie at 797-6755.

One-bedroom, first-floor apartment only two blocks from TAH site -- basement, garage, small yard. Washer and dryer and heat included. Asking \$500 per month. No dogs. Call 776-7421 or 439-1212.
