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# Evaluating Lehigh Valley Health Network's Stage 1A Lung Cancer Care in Concordance with National Guidelines

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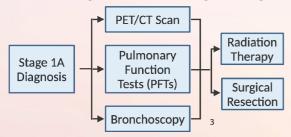
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# **Evaluating Lehigh Valley Health Network's Stage 1A Lung Cancer Care in Concordance with National Guidelines**

Katie O'Connor, Melissa Kratz RN MSN AOCN, Savitri P. Skandan MD, Dennis M. Sopka MD

## **Background**

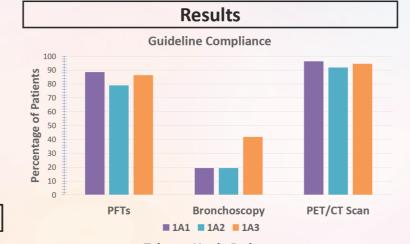
- Lung cancer is the leading cancer cause of death in the United States<sup>1</sup>.
- The National Comprehensive Cancer Network (NCCN) has established peer reviewed pretreatment evaluation guidelines for lung cancer after a Stage 1A diagnosis<sup>2</sup>.

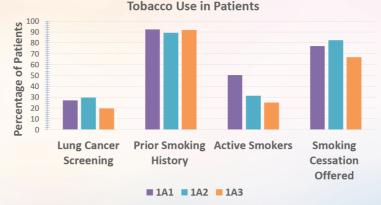


#### **Methods**

- Respective Chart Reviews Patients identified by Lehigh Valley Health Network's (LVHN) Tumor registry in 2022:
  - 26 Stage 1A1 Lung Cancer Patients
  - 109 Stage 1A2 Lung Cancer Patients
  - 36 Stage 1A3 Lung Cancer Patients
- EPIC was used to record the following factors from the patients' electronic medical records (EMR)
  - National Guideline Tests (PFTs, Bronchoscopy, PET/CT scan)
  - Tobacco Use History
  - Type of Treatment
- Patients were removed from the study due to:
  - Treatment at non LVHN hospitals
- Determined the compliance with the NCCN guidelines for non-small cell lung cancer after a Stage 1A.

#### Lehigh Valley Health Network, Allentown, Pennsylvania





#### **Conclusions**

- NCCN Compliance
  - Percentage of patients who underwent a Bronchoscopy were significantly low.
    - 26.72% average among three groups
    - PET/CT scans offer a less invasive option to determine if there are medistanal lymph nodes present.
  - PFTs (84.43%) and PET/CT Scans (94.40%) did not meet the 100% threshold but are still high considering the limitations.
- Multidisciplinary Clinic (MDC) affect:
  - On average when patients were viewed at the MDC:
    - 1A1 & 1A2: There was a decrease in the treatment duration
    - 1A3: There was an increase in treatment duration.
    - The lack of consistency could be due MDCs happening less often than regular physician appointments.
- Lung Cancer Screening:
  - ~90.99% of patients had a prior smoking history, making them eligible for a lung cancer screen
  - However, only ~25.24% of patients received a lung cancer screening
- Limitations to the study:
  - Insurance can prevent tests from getting approved.
  - Patient's comorbidities can prevent tests from occurring.

#### **Future direction**

- Share results with lung cancer disease management team.
- Develop prospective review of bronchoscopy for better adherence to national guidelines.
  - Creating a procedural algorithm
- Provider/Clinician review of cases where bronchoscopy was not performed.
- Continuous development of LVHN's lung cancer screening protocol.

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