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**MANAGEMENT CHANGES ANNOUNCED AT SLATE BELT**

Effective October 28, 1990, Richard J. Kisner has resigned as President and CEO of Slate Belt Nursing and Rehabilitation Center to accept a position as Vice President of Administration for Charlotte Hungerford Hospital in Torrington, Conn. Succeeding Rich in the position of President and CEO will be Carol Anne Bury.

Rich began his career with the HealthEast system in 1983 as Assistant Vice President at The Allentown Hospital. He was promoted to Vice President in 1985 and to Senior Vice President in 1987. He joined the management staff of HealthEast in 1989 when he assumed the responsibilities of President and CEO for both Slate Belt Nursing and Rehabilitation Center and HealthEast Substance Abuse Services.

Carol Anne Bury has been with the HealthEast system since 1974 and brings with her many years of nursing management experience. She currently serves as the Administrator of Nursing Services, Trauma Division, at TAH--LVHC, where she has responsibility for the Emergency Department at both hospital sites, the Intensive Care Unit at TAH site, the Shock/Trauma Unit, Burn Center, Central Nervous System Unit, 5A, 5C, 6B, and 7B at the LVHC site, the Lehigh Valley Poison Center, and MedEvac.

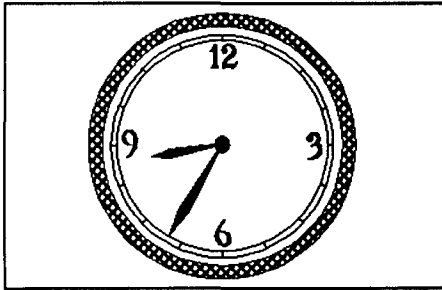
Carol received her Bachelor of Science degree in Nursing from Cedar Crest College and is a graduate of Misericordia Hospital School of Nursing. Her background and experience will be an asset in her role as President and CEO for Slate Belt Nursing and Rehabilitation Center. She has demonstrated management expertise and leadership skills throughout her career at TAH--LVHC. Carol also has had a long-term interest in substance abuse treatment, on which she has spoken frequently around the Commonwealth.

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Slate Belt Nursing and Rehabilitation Center, located in Bangor, Pa., is a modern 92-bed skilled nursing facility that offers rehabilitation and long-term care. It also houses the adult addictions program at Slate Belt, a 26-bed inpatient service to help alcoholic and addicted adults begin the process of healing with dignity.

For more information, contact Slate Belt Nursing and Rehabilitation Center at 776-8499.

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Don't forget to set your clocks back an hour on Sunday, October 28.

### POOL TRUST APPROVES FUNDING FOR RESEARCH

The Dorothy Rider Pool Health Care Trust recently approved funding for Institutional Research for the fifth consecutive year in the amount of \$200,000.

For more information regarding Institutional Research and requests for funding, please contact James Reed III, Ph.D., Director, Research Department, at 776-8889.

### MEDICAL STAFF / ADMINISTRATION LUNCHEON

In order to provide physicians with an opportunity to exchange ideas and participate in informal discussion about current issues and future plans with Sam Huston, Hospital President, and Alan Schragger, M.D., Chairman of the Board, a Medical Staff/Administration luncheon has been scheduled for Wednesday, October 17, from

noon to 1:30 p.m., in the Board Room at the LVHC site.

Interested physicians should stop by the Medical Affairs Office or call to schedule their attendance through Gina Jones at 776-8100. Lunch will be provided.

### NEW PRECERTIFICATION PROGRAM FOR MACK TRUCKS

Effective October 1, 1990, Mack Trucks, Inc., has implemented the Cost Care Health Care Management Program for certain employees, retirees, and their dependents.

The program, which will be administered by Cost Care, Inc., Huntington Beach, Calif., consists of: pre-certification of n o n - e m e r g e n c y admissions/major diagnostic procedures, continued stay review, psychiatric/substance abuse treatment, focused surgical review, home health care management, and case management.

The program will only apply to non-bargaining active employees and retirees under the age of 65. UAW and other bargaining unit employees and retirees are specifically excluded from this program. Participants covered under this program will receive special stickers for the I.D. cards.

The participant is responsible for checking that the required phone calls are made to Cost Care; however, some patients may look to their physicians for assistance in initiating the call. Physician cooperation and assistance in working with patients and Cost Care will be greatly appreciated. Failure to make the required phone calls or comply with the program will result in increased out-of-pocket expenses for the patient.

If you have questions regarding this program, please contact EQUICOR at 1-800-331-9908. If any of your patients are uncertain if this program applies to him or her, you may call EQUICOR's Claims Office toll free at 1-800-468-0108 for clarification.

If you need additional information about this program, contact the Resource Utilization Management Department at 776-8604 (LVHC) or 778-2414 (TAH).

### DISPOSABLE SCALPELS

The Puncture Wound Task Force has recommended the use of disposable scalpels in the procedure trays supplied by CPD and SPD. These have been placed in the additives dust covers that accompany the procedure trays.

**LABORATORY UPDATE****Bleeding Time**

An extensive review was recently published concerning the bleeding time. A summary of that assessment includes:

- \* there is a lack of data to support the use of the bleeding time to predict a bleeding tendency;
- \* there is no evidence that the bleeding time is useful for the monitoring of platelet transfusions or hemodialysis; and
- \* there is no correlation as to the operative blood loss when the bleeding time was used alone as a predictor or hemorrhagic tendency.

The template bleeding time is of value in predicting excessive operative blood loss or indicating the presence of a bleeding tendency when there is a clinical history suggestive of von Willebrand's disorder or congenital and/or acquired platelet defects.

Tested alone, without a specific history, the bleeding time lacks both sensitivity and specificity as a routine preoperative screening test. The template bleeding time does not tell who will bleed, but it may reveal who may bleed under certain circumstances.

With this information in mind, the template bleeding time should not be performed as a

routine preoperative screen without any significant clinical history (such as CABG surgery), or as a sole test to determine platelet function.

Since the TBT lacks sensitivity, specificity, and is very time consuming, please consider not requesting a template bleeding time without specific clinical indications for such (as stated above).

If you have any questions regarding this issue, please call Daniel A. Kaczor, Supervisor, Coagulation Laboratory, at 776-8175.

**Clotted Hematology Specimens**

The Hematology Department performed a quality assurance audit over a three-month period. The audit revealed the following statistics:

**Threshold: 0 clotted samples**

**Audit: 66 clotted specimens**

**Location Breakdown:**

29% ER specimens  
61% nursing floors/units  
10% outpatients

**Specimen Type Breakdown:**

48% 4 ml lavender pediatric tubes  
32% 7 ml lavender standard tubes  
20% fingerstick lavender microtainer tubes

All of the above specimens were unacceptable and had to be recollected. The price of non-conformance is \$2,640 per year.

To prevent these specimens from clotting, please invert the lavender top tube several times **IMMEDIATELY** after removing the tube from the vacutainer adapter. All tubes with anticoagulant should be handled in this same way. If the tube is not inverted immediately, the anticoagulant does not mix thoroughly with the blood, causing a clotted unacceptable sample.

For fingerstick hematology tests when using the lavender microtainer tubes, the blood should be tapped down to the bottom after each drop is collected. This allows the anticoagulant coated on the sides of the microtainer to mix adequately with the blood. After the blood is filled to the appropriate line, cap the microtainer and invert it several times.

By following the above specimen collection instructions, it is hoped that the number of clotted specimens received in the lab will be reduced.

If you have questions regarding this issue, please contact Dolores Benner, Supervisor, Hematology, at 778-8177 or Kimberly Kemp, Supervisor, Phlebotomy/Accession, at 778-2236 or beeper 1369.

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Drug Screening on Expectant Mothers and Neonates

The laboratory is instituting a new drug screening policy on either expectant mothers before delivery or newborns. The testing protocol will include only the three abused street drugs -- cocaine, opiates, and amphetamines. If the quantity of the urine specimen is sufficient, all positive findings will be automatically confirmed by GC/MS. We will report either negative or unconfirmed positive drug ASAP upon receipt of specimen with confirmation to follow within two to three days. An unconfirmed positive drug finding will probably not withstand a legal challenge. This is the same protocol followed at the University of Pennsylvania.

If you have any questions regarding this issue, please contact Gerald E. Clement, Ph.D., Director, Toxicology/Immunology/Chemistry, at 776-8156 (LVHC), 778-2534 (TAH), or beeper 1503.

Single Donor Platelet - Blood Component

Effective September 26, 1990, Miller Memorial Blood Center began a platelet pheresis program to procure platelets from single donors using a specialized machine called a cell separator.

These units have an average yield equivalent to 6-10 units obtained from random donations (as has been the practice in the past). The infusion process is the same as would be if 6-10 units of platelets from random donors were infused. The major advantage of this component is the limitation of donor exposure.

Currently, only a limited number of these units (maximum two per day) would be available to the hospitals in the Lehigh Valley. A priority will be given to using these units in patients who are transfused with platelets frequently, e.g., patients with hematological malignancies, in an attempt to minimize the induction of a refractory state in these patients.

Miller Memorial Blood Center is developing a list of individuals who would consider being apheresis donors. Interested individuals should call 691-5851 for more information. An appointment must be scheduled to be a donor.

"Lab Facts"

To communicate more effectively with physicians, "Lab Facts" are now available in the Medical Staff Lounge at both hospital sites. "Lab Facts" are produced by HealthEast Laboratories and contain information on numerous policies and

procedures. "Lab Facts" currently available in the Medical Staff Lounge include "Ionized Calcium: A Change in Reporting" and "Lead Analysis with Zinc Protoporphyrins."

NEWS FROM MEDICAL RECORDS



The Medical Staff and Medical Record Department staff are to be commended on

their receptiveness to the new Incomplete Chart Tracking System installed September 24 at TAH site. The majority of physicians are calling the department prior to their visit, and Medical Records staff have shown their dedication in working additional hours and changing shifts to accommodate the system.

Attestation Statement Suspension

In accordance with the Medical Staff Rules and Regulations, physicians who fail to sign their attestation statements within 15 days from generation will have their admitting, consultative, and operating privileges temporarily suspended.

This policy will become effective on November 15 at The Allentown Hospital site and is the same procedure which has

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been followed at the Lehigh Valley Hospital Center site. Physicians will receive advance notifications on days 3, 7, and 15.

Your continued support is greatly appreciated. If you have any questions regarding this procedure, please contact Martie Breshock, Manager, Medical Record Department, at 778-2222.

#### Physicians, Please Be Reminded

In accordance with Medical Staff Rules and Regulations, "All orders and progress notes written on the chart shall be dated and time documented. All orders must be written clearly, legibly and completely. Orders which are illegible or improperly written will not be carried out until rewritten or understood by the nurse. Individuals who are unable to write legibly will be required, by Department Chairmen, to print."

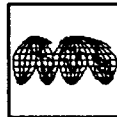
#### LEHIGH VALLEY DIAGNOSTIC IMAGING (LVDI) IMPROVES SERVICES

Lehigh Valley Diagnostic Imaging (outpatient radiology at the LVHC site) recently implemented Phase I of a program to improve services to LVDI referring physicians. Effective October 8, referring physicians who have patients scheduled for the operating

room and/or admission to the LVHC site and have had imaging studies performed at LVDI now have access to those films at the LVHC site Radiology Department File Room for a period of three days post OR and/or admission date.

Afterward, films will be returned to LVDI where they are also accessible to physicians when requested.

#### MAP ARTWORK AVAILABLE



Any physicians who are redoing their practice brochures and/or have a need for camera ready artwork of maps to the hospital sites should contact Joe Pilla, Physician Office Practice Rep, at 776-8225.

#### HEALTHCOUNTS NEWS

The Chronic Disease Education Committee of TAH--LVHC is sponsoring a regional conference and expo for the community on Friday, November 30, at the Holiday Inn Conference Center, Fogelsville. "Mind, Body and Health: Overcoming Stress and Building Self-Renewal" will be presented by Dennis Jaffe, Ph.D., and Cynthia Scott, Ph.D., nationally known clinical psychologists and highly-respected speakers and organizational consultants from San Francisco.

The fee for community members is \$45 when received before November 1, and \$50 thereafter.

In addition, there will be a special free lecture for hospital employees and physicians on Thursday, November 29, from 7 to 9 p.m., in the Auditorium at the LVHC site. "Preventing Burnout in the Health Care Profession" will be presented by Cynthia Scott, Ph.D., who is affiliated with the Department of Family and Community Medicine at the University of California, School of Medicine.

Recognizing that the field of health care is stressful, Dr. Scott will focus on ways to take care of yourself and prevent burnout and stress. StressMap, a self-scoring stress assessment tool, will be interpreted and relaxation exercises presented. For more information and to register and receive your copy of StressMap before the lecture, call HealthCounts at 821-2150.

Also available are free public lectures sponsored by the Chronic Disease Education Committee of TAH--LVHC. Some of the upcoming topics include "Exercise and Pain Management for Arthritis," "Surgical Interventions for Arthritis," "Facts and Fallacies About Digestive Disorders," "Common Colon Problems," and "Gall Bladder Diseases."

For more information on any of these topics, call HealthCounts at 821-2150.

## CONGRATULATIONS TO . . .

. . . **John D. Nuschke, M.D.**, and his wife, Karen, who welcomed a new son on October 3. John David Nuschke III weighed 8 lbs., 13 oz., and was 21 inches long. Baby John was welcomed home by his two sisters, Andrea and Kate.

## PUBLICATIONS, PAPERS AND PRESENTATIONS

**George A. Arangio, M.D.**, orthopedic surgeon, was one of the co-authors of "The Foot as a Shock Absorber," an article published in the Journal of Biomechanics, Vol. 23, No. 7. Additionally, Dr. Arangio and **James F. Reed, Ph.D.**, Director, Research Department, were two of the co-authors of "Significance of Lumbosacral List and Low-Back Pain - A Controlled Radiographic Study," a study of 43 patients with low-back pain which was published in the March 1990 edition of SPINE.

**Geoffrey G. Hallock, M.D.**, plastic and reconstructive surgeon, had an article, "Preparing for the New Examination in Surgery of the Hand," published in the August 1990 edition of the Surgical Rounds for Orthopedics. This recently instituted examination provides for certification of added qualifications in surgery of the hand for orthopedic surgeons, plastic surgeons, and general surgeons who have a

specific interest in hand surgery. In this article, Dr. Hallock summarized the initial examination's format, and hypothesized that it will play an important role in determining the future involvement of hand surgeons.

**Houshang G. Hamadani, M.D.**, psychiatrist, presented a paper, "Eight Year Follow-up of a Bilingual Psychiatric Clinic," at the Annual Meeting of the Society for the Study of Psychiatry and Culture held on October 7 in Timberline Lodge, Ore.

## UPCOMING CONFERENCE, SEMINARS AND MEETINGS

Lehigh Valley Business Conference on Health Care Annual Meeting

**David B. Nash, M.D.**, Director of Health Policy and Clinical Outcomes at Thomas Jefferson University Hospital and Medical College, will be the guest speaker for the annual meeting of the Lehigh Valley Business Conference on Health Care to be held on Thursday, October 25, at 7:30 a.m., at the Sheraton Jetport.

Dr. Nash is a board certified internist who also holds an M.B.A. in health care management. He was previously medical director of the Health Evaluation Center of the University of Pennsylvania

Hospital, a faculty member at Penn Medical School, and deputy editor of Annals of Internal Medicine. His research interests include health care financing, medical public policy, and physician behavior.

The cost is \$12 which includes a breakfast buffet. For more information and to register, call the Lehigh Valley Business Conference on Health Care at (215) 694-7828.

TAH--LVHC Regional Symposium Series

"Management of Perinatal Emergencies" will be held on Thursday, October 25, from 7:15 a.m. to 5 p.m., at the Holiday Inn Conference Center in Fogelsville. At the completion of the conference, participants will be able to identify perinatal emergencies and how emergencies threaten maternal/fetal/neonatal well-being; describe the current clinical management of selected high-risk obstetrical and neonatal problems, including trauma; and discuss ethical and legal issues surrounding perinatal emergencies.

The conference will benefit physicians, nurses, and other health professionals working in the perinatal area.

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"Diabetic Foot Disease: Diagnosis and Management" will be held on Saturday, November 17, from 8:15 a.m. to 12:15 p.m., in the Auditorium of the LVHC site. At the completion of this program, participants will be able to identify the patient at high risk for serious foot disease, including limb loss and appropriate preventive and treatment measures.

The conference will benefit physicians, podiatrists, and nurses concerned with diabetic foot disease.

"Critical Care Symposium" will be held on Saturday, December 1, from 7:30 a.m. to 1 p.m., in the Auditorium of the LVHC site. The objective of this program is to provide current medical information about specific topics in critical care which have great clinical relevance to the practice of critical care medicine.

The conference will benefit physicians, nurses, medical students, and other healthcare professionals interested in critical care medicine.

For more information about the conferences listed above, contact Human Resource Development at 776-8322.

### Diabetes Seminar

On Wednesday, November 28, the Metabolic Regional Resource Center, Helwig Diabetes Center, and Nursing Education, Patient Education and Research will co-sponsor a one-day diabetes nursing conference, "Diabetes Through the Life Cycle: Nursing's Expanding Involvement."

The conference, which will be held from 8 a.m. to 4:30 p.m. in the Auditorium at the LVHC site, will feature regionally known healthcare professionals. For more information, call 778-1700.

### Department of Pediatrics Conference Schedule

"Treatment of Acetaminophen Poisoning" will be presented by Keith K. Burkhart, M.D., Department of Emergency Medicine, Hershey University Hospital, on Friday, October 26.

"Management of Nocturnal Enuresis" will be presented by Michael Fleisher, M.D., Chief of the Division of Pediatric Urology, UMDNJ-Robert Wood Johnson Medical School, on Friday, November 9.

Both of the above conferences will be held at noon in the Auditorium at TAH site. For more information, call Beverly Humphrey in the Department of Pediatrics at 778-2540.

### PHYSICIAN PRACTICE OPPORTUNITIES

Physician rental space available in Allentown Medical Center, 401 N. 17th Street, Suite 306, Allentown. 1,350 square feet. Fully equipped and furnished. Immediate occupancy. Partnership interest also available.

Physician rental space available in Allentown Medical Center, 401 N. 17th Street, Suite 307, Allentown. 2,190 square feet. Fully equipped and furnished. Immediate occupancy. Partnership interest also available.

Specialty practice time-share space available in a comprehensive health care facility. Riverside Professional Center, 4019 Wynnewood Drive, Laurys Station. Half- or full-day slots immediately available.

For more information on these practice opportunities, contact John W. Hart, Vice President, at 776-8968.

Physician rental space available in Route 309 Medical Center, an 8,000 square feet building, soon to be constructed near Schnecksville. Anticipated opening July 1991. For more information, contact Joe Pilla, Physician Office Practice Support Rep at 776-8225.

**WHO'S NEW**

The Who's New section of Medical Staff Progress Notes contains an update of new appointments, address changes, newly approved privileges, etc.

Please remember that each department or unit is responsible for updating its directory, rolodexes, and approved privilege rosters.

**Medical Staff**

Appointments

Brian P. Burlew, M.D.  
(Joining Joseph M. Zasik, Jr., D.O.)  
65 E. Elizabeth Avenue  
Suite 200  
Bethlehem, PA 18018  
(215) 866-2048  
Department of Medicine  
Division of Internal Medicine  
Section of Pulmonary  
Provisional Courtesy

Deborah N. Kimmel, M.D.  
Good Shepherd Rehabilitation Hospital  
Sixth & St. John Streets  
Allentown, PA 18103  
(215) 776-3120  
Department of Medicine  
Division of Physical Medicine and Rehabilitation  
Provisional Courtesy

Kenneth J. Zemanek, M.D.  
400 N. 17th Street  
Suite 207  
Allentown, PA 18104  
(215) 778-2810  
Department of Psychiatry  
Provisional Active

Change in Department

Charles T. Bonos III, M.D.  
From Department of Emergency Medicine  
to Department of Medicine  
Division of Family Practice  
Provisional Active  
(Joining Trexlertown Medical Group)  
Trexlertown Community Health Center  
Trexlertown, PA 18087  
(215) 395-1924

Change in Department - Additional Privileges

Jerome C. Deutsch, D.O.  
From Department of Medicine  
Division of Family Practice  
to Department of Emergency Medicine  
Division of Emergency Medicine  
With Additional Privileges in  
Department of Medicine  
Division of Family Practice  
Provisional Active  
(Joining Emergency Care Associates of Allentown)  
LVHC/Emergency Department  
1200 S. Cedar Crest Blvd.  
Allentown, PA 18105  
(215) 776-8130

Change in Status

Houshang G. Hamadani, M.D.  
Department of Psychiatry  
From Active to Courtesy

Joining New Practice

Judith A. McDonald, M.D.  
(Joining Lehigh Valley Internists, Ltd. - Drs. Carney, Kratzer, Gastinger, and Nuschke)  
1251 S. Cedar Crest Blvd.  
Suite 203  
Allentown, PA 18103  
(215) 435-8530

Change of Address

Antoine E. Jahshan, M.D.  
Division of Gynecologic Oncology  
Hahnemann University  
Broad & Vine Streets  
Mail Stop 917  
Philadelphia, PA 19102-1192  
(215) 246-5255

James M. Marcks, D.D.S.  
1503 N. Cedar Crest Blvd.  
Suite 302  
Allentown, PA 18104  
(215) 434-3390



Change of Practice Name and Address

Laurie A. Cohen, D.O.  
 Lawrence M. Galtman, M.D.  
 Kenneth J. Toff, D.O.  
 (Formerly Cedar Crest Pediatrics)  
 Children's HealthCare  
 The Children's HealthCare Center  
 1517 Pond Road  
 Allentown, PA 18104  
 (215) 395-4444

Additional Privileges

David C. Baker, M.D.  
 Department of Surgery  
 Division of Orthopedic Surgery  
 Laser Privileges

Victor J. Celani, M.D.  
 Department of Surgery  
 Division of Vascular Surgery  
 Laser Privileges

William W. Frailey, M.D.  
 Department of Surgery  
 Division of General Surgery/Trauma  
 Laser Laparoscopic Cholecystectomy Privileges

Mark A. Gittleman, M.D.  
 Department of Surgery  
 Division of General Surgery  
 PEG/PEJ Privileges

George W. McGinley, M.D.  
 Department of Surgery  
 Division of Ophthalmology  
 Laser Privileges

Ismail Nabati, M.D.  
 Department of Surgery  
 Division of General Surgery  
 Flexible Sigmoidoscopy Privileges

Peter F. Rovito, M.D.  
 Department of Surgery  
 Division of General Surgery  
 Laparoscopic Cholecystectomy Privileges

Barry A. Ruht, M.D.  
 Department of Surgery  
 Division of Orthopedic Surgery  
 Laser Privileges

Gerald P. Sherwin, M.D.  
 Department of Surgery  
 Division of General Surgery/Trauma  
 Laser Laparoscopic Cholecystectomy Privileges

Earl K. Sipes, M.D.  
 Department of Surgery  
 Division of General Surgery  
 Laparoscopic Cholecystectomy Privileges

Barry H. Slaven, M.D.  
 Department of Surgery  
 Division of General Surgery/Trauma  
 Laser Laparoscopic Cholecystectomy Privileges

Glen H. Tinkoff, M.D.  
 Department of Surgery  
 Division of General Surgery/Trauma  
 Laser Laparoscopic Cholecystectomy Privileges

Resignation

Raymond S. Alexander, M.D.  
 Department of Obstetrics and Gynecology

Allied Health Professionals

Appointment

Mark Boyer, R.N.  
 Physician Extender Professional - R.N.  
 John J. Cassel, M.D.

**QUOTE OF THE MONTH**

"The only thing that likes change is a baby in a wet diaper, and even then, the baby kicks and screams during the process."

Medical Staff Progress Notes is published monthly to inform TAH-LVHC Medical Staff and employees of important issues concerning the Medical Staff. Articles should be submitted to Janet M. Laudenslager, Coordinator, Physician Office Practice Support, Medical Affairs/POPS Office, TAH site, by the first of each month.