



A Newsletter of the Lehigh Valley Hospital Center

update

VOL. 9, NO. 3

MARCH 4, 1986

RETIREMENT IS NO REASON TO SLOW DOWN



Mary T. Kropp, R.N.

After more than a decade of working on the 7A wing of the Hospital Center, Mary T. Kropp, R.N., short procedure unit, is ready for a change of pace. As of March 7, Mrs. Kropp will be retiring from the Hospital Center.

Mrs. Kropp joined the Hospital Center's family in June of 1975 as a staff member of the cardiac rehabilitation unit. Then in March, 1977, she transferred to the short procedure unit where she's been ever since.

Although she's looking forward to retirement, Mrs. Kropp will definitely miss everyone with whom she has worked. "The short procedure unit staff is like a family," she said. "Everyone works well together, and they're a great bunch of people."

With retirement right around the corner, Mrs. Kropp is looking forward to spending more time with her husband, who also recently retired. She recently started taking golf lessons which will be very useful. In September, Mrs. Kropp and her husband will be moving to Fort Myers, Florida, where they recently bought a villa -- right next to a golf course.

In addition, they hope to do some traveling in their motorhome, and someday they would like to go to Europe and Hawaii.

Best wishes!



HEALTHCOUNTS UPDATE

LEHIGH VALLEY HOSPITAL CENTER

If you're a smoker, you probably already know you should quit, and why. Unfortunately, many smokers are afraid to try because they know how hard it can be. Especially if they've tried and failed in the past.

The HealthCounts Smoking Cessation Program can help. It has already helped numerous employees here at the Hospital Center. To date, 103 employees have signed up for the program. And out of that number, 43 employees have received \$100.00 for not smoking for at least six weeks.

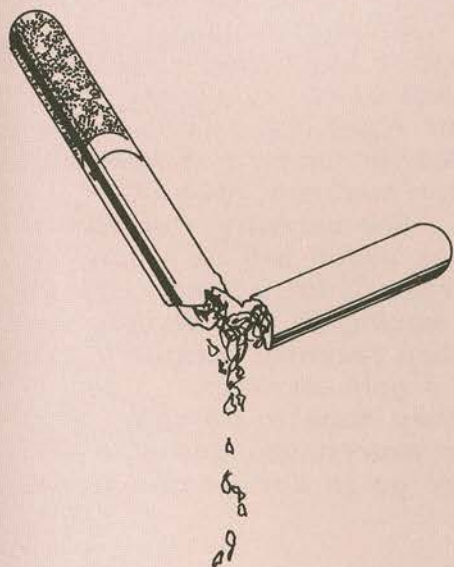
As we approach the April 1 date to be smoke free, you still have time to sign up for the HealthCounts Smoking Cessation Program. The program uses a combination of individual counseling, courses, financial incentives, and maintenance programs to help you kick the habit for good. The program will be ongoing for at least another year and you may sign up at any time by contacting the Wellness Center.

In addition to the program, the Wellness Center is also offering an eight week smoking cessation class on Thursday evenings beginning March 20. The classes will be held from 6:30-8:00 P.M., at the Wellness Center. For more information on the HealthCounts Smoking Cessation Program or the classes, call the Wellness Center at 821-2150.

An extra incentive to quit smoking is the non-smokers raffle. The raffle will be held on Tuesday, April 1. However, in order to be eligible for the raffle, you must be a non-smoker or have not smoked since February 18. The prizes for the raffle include five \$500.00 savings bonds, 40 \$100.00 savings bonds, and 80 \$50.00 savings bonds. For your convenience, boxes will be located in the main lobby for coupon deposits. If you do not have a coupon, contact the Wellness Center.

In addition to the non-smokers raffle, a raffle will also be held on April 1 for employees within 10% of their ideal body weight. To be eligible for this raffle, you must have your weight verified by a health counselor. For your convenience, counselors will be stationed in the main lobby from Monday, March 24 through Friday, March 28, 11:00 A.M.-1:00 P.M., to verify your weight. Additional times for second and third shift employees will be announced. A box will be located in the main lobby for coupon deposits. If you do not have a coupon, contact the Wellness Center.

Prizes for the ideal body weight raffle include six \$200.00 savings bonds, 30 \$100.00 savings bonds, and 40 \$50.00 savings bonds.



LEHIGH VALLEY HOSPITAL CENTER TO GO SMOKE FREE ON APRIL 1

The mission of the Lehigh Valley Hospital Center is to provide quality health care to our community, and to promote and enhance the health of the citizens within our region. To serve as a positive role model in extending this important message to the entire community and to help our staff in living a healthier lifestyle, the Hospital Center will be smoke free beginning April 1. This means that as of April 1, smoking will not be permitted in any area of the Hospital Center with the exception of the smoking area of the cafeteria. We look forward to this healthier environment and thank you for your cooperation.



NATIONAL POISON PREVENTION WEEK

This year, the week of March 16-22 will be observed as National Poison Prevention Week. To promote public awareness and to emphasize the importance of poison prevention, the Lehigh Valley Poison Center will distribute "Mr. Yuk" stickers and additional poison information throughout the community.

To test your awareness of poisons and their potential dangers, take the "poison puzzler" below.

Poison Puzzler

1. Approximately how many people are poisoned each year?
 - a. 500,000
 - b. 2 million
 - c. 1.5 million
 - d. 3 million
2. Whose "face" should appear on all poisonous products in your home?
 - a. Mr. T's
 - b. Mr. Yuk's
 - c. Mr. Clean's
 - d. Mr. Rogers
3. What should you do if poisoning occurs?
 - a. Throw a tantrum
 - b. Pretend that it'll go away
 - c. Let the dog out
 - d. Call the Poison Center
4. What is syrup of Ipecac?
 - a. A breakfast beverage
 - b. A drug used to induce vomiting
 - c. Something you put on french toast
5. True or False

_____	a. Poisons are never red in color
_____	b. A little alcohol can't hurt a child
_____	c. Every home should have syrup of Ipecac
_____	d. All poisons are visible
_____	e. Syrup of Ipecac should be used only under the direction of the Poison Center or a physician

1. d - 80% are children under age five.
 2. b
 3. d
 4. b
 5. False - a, b and d True - c and e

Answers to Poison Puzzler

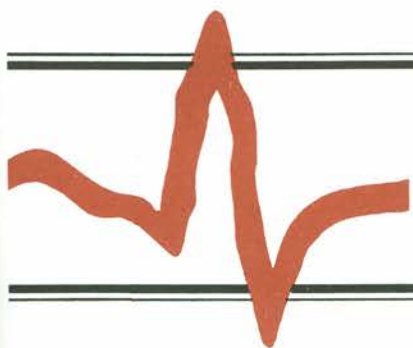
NATIONAL NUTRITION TIME

"Eat Well, Live Well" is the theme for this year's observation of National Nutrition Time, sponsored by the American Dietetic Association, which will be celebrated during the month of March. From March 10 through March 21, a nutritional and educational program will be presented by the Hospital Center's dietary department and M.W. Wood Enterprises. During this two week period, participants will be able to "compute their nutrition condition" using numerous "computerized" topics involving calories, sugar, sodium, caffeine, fat and cholesterol, fiber, stress, and alcohol.

A "computerized command" will be featured each day along with selections pertaining to that day's category. In addition, a self-assessment health questionnaire will be available for participants to "compute their nutrition condition" according to the results of their answers. On both March 14 and March 21, a nutrition knowledge test will be available and employees answering the most questions correctly will be eligible for prizes which will be awarded by raffle drawing.

This program has been planned and organized by Steve Clarke, R.D., along with the Hospital Center's dietary department and M.W. Wood Enterprises.

"Computing your nutrition condition" can make a difference in your future food choices. Feel the difference -- "eat well, live well."



MEDICAL STAFF NEWS



Robert H. Biggs, D.O.

John A. Altobelli, M.D., was a guest speaker at the annual National Convention of John Casablanco's Model Management held recently in San Juan, Puerto Rico. Dr. Altobelli, who specializes in plastic, reconstructive and cosmetic surgery, is a member of the medical staffs of the Hospital Center, The Allentown Hospital, Allentown Osteopathic Medical Center, and Sacred Heart Hospital. His topic of discussion at the convention was cosmetic surgery and its pertinence to the modeling industry.

Robert H. Biggs, D.O., cardiologist, was recently appointed to the Hospital Center's medical staff. He is a graduate of Philadelphia College of Osteopathic Medicine where he completed his residency in internal medicine. In addition, Dr. Biggs completed a cardiology fellowship at Deborah Heart-Lung Hospital in Browns Mills, New Jersey.

Dr. Biggs has joined the practice of John B. Paulus, D.O.

5B STAFF NURSE TO BE CONTESTANT ON "WHEEL OF FORTUNE"



At one time or another, many of you have probably watched an occasional game show on television. It could have been "Jeopardy," "\$100,000 Pyramid," or "Wheel of Fortune." But did you ever dream about being a contestant on one of those shows.

Well, what started out as a lark is turning into reality for Janet Szemanek, R.N., staff nurse on 5B. On March 8, she will be going to California for a taping session as a contestant on the "Wheel of Fortune."

It all started about a year ago when Miss Szemanek was watching the "Wheel of Fortune" on T.V. She often wondered how people got to be contestants on the show so she wrote them a letter. She was quite surprised when she received a reply from them telling her that she would be put on a list and contacted when there was a contestant search in her area.

Last October, Miss Szemanek was notified that a contestant search was being held in Philadelphia and she was invited to attend for an audition. During the two-day contestant search, over 1,000 people were auditioned. Two weeks later, Miss Szemanek was notified that she was one of 80 people chosen to be a contestant. Taping for the show will take place on March 8, however, the show will be aired on T.V. at least two weeks after the taping. We'll keep you posted on the actual air date, and maybe we can watch Miss Szemanek win the new car she's hoping for. Good luck!

May Daze

Food, games, rides, flowers, and lots of fun will be a few of the attractions at this year's May Daze festival, scheduled for Friday, May 16 through Sunday, May 18.

To help make this event as successful as it has been in the past, volunteers are needed for all phases of May Daze. Anyone interested in helping on the committees or at May Daze should contact the committee chairperson or sign up in the volunteer services department.

As in previous years, all types of books and white elephants will be accepted. If you have any white elephant items, contact Barbara Sander at 435-9223. For your convenience, a book barrel will be located in the main lobby for book deposits.

Raffle tickets will also be sold again in the main lobby beginning on March 17. Ticket donations are \$1.00 each or six for \$5.00. The prizes for this year's raffle include:

- a handmade quilt
- a handmade original design sweater donated by the Needlepoint Studio
- an afghan donated and made by Ann Schreier
- two quilted pillows donated and made by Elsie Everhard
- a \$50.00 gift certificate for the Tree Top Shop
- a Sunday buffet for two compliments of the Mandarin House
- a gift certificate compliments of Walp's Restaurant
- a gift certificate compliments of Saylor's Restaurant

A new feature for this year's May Daze festival will be a bingo tent. In addition, a golf tournament is being planned with proceeds to benefit May Daze. The tournament will include 15 foursomes and prizes and refreshments will be provided. The date of the tournament will be announced shortly. For more information regarding the golf tournament contact George Naugle in SPD at Ext. 8570 or Bob Ruhf in the operating room at Ext. 8686.

The May Daze Committee Chairpersons for 1986 include:

- General Chairman - Helen Hallock, 437-4719
- Co-Chairman - Barbara Gava, 398-2231
- Grounds - Dallas Stephens, 433-1414
- Finance - Carol Smith, 820-4007



Information - Marge and Howard Wiley, 435-8562

Special Events - Dorothea Kurtz, 439-1729

Publicity - Gale Hodavance, 967-5402 and Ruth Hall, 767-4341

Baked Goods - Lois Wagenhurst, 821-9117

Raffle - Dorothy Morgues, 435-9698

Books - Betty and Bob VanAnglen, 398-1856

Dinner/Lunch - Alma Gruber, 437-2814 and Shirley Schmaldinst, 966-2888

Childrens' Tent - Joanne Bast, 965-2957

Penny Candy - Pat Bausman, 395-5946

Food Vendors - Martha Lesyk, 395-4733

Coke Trailers - B.J. Petersen, 395-2574 and Jane Martindell, 395-9136

Plants - Mary Ann O'Connor, 432-9298

Flea Market - Barbara Sander, 435-9223

Crafts - Flo Buchmueller, 967-5899

Bingo - Elsie and John Fischl, 776-8100(w) or 433-8306(h)

Personnel Coordinator - Alma Pfeiffer, 797-8916.

Spring Fling

Scheduled

This year's Spring Fling will be held on Friday, May 2, at the George Washington Lodge. The festivities will begin at 6:30 P.M. with a cocktail hour followed by a fabulous buffet. Entertainment for the evening will be provided by "The TIKIT."

The menu for the Spring Fling will be published in next month's issue of Update, and invitations will be mailed out by the end of March.

Don't forget to mark your calendar now for the event of the season!



Diane M. Carpenter,
R.N., M.S., CCRN



Kim S. Hitchings,
R.N., M.S.N.

Congratulations are in order for four members of the Hospital Center's family who recently completed their master's degrees.

Diane M. Carpenter, R.N., M.S., CCRN, assistant director of clinical programs, recently completed her Master of Science Degree in Human Resource Administration from the University of Scranton.

A member of the Hospital Center's family since July, 1977, Mrs. Carpenter was recently appointed to the Pennsylvania Nurses Association Continuing Education Review Panel. In conjunction with Janine Fiesta, B.S.N., J.D., vice president for legal affairs, HealthEast, Mrs. Carpenter was involved in the production of a videotape concerning nursing liability. She is a member of the American Nurses Association, the American Association of Critical Care Nurses (AACN), and is parliamentarian of the local Lehigh Valley Chapter of AACN.

Kim S. Hitchings, R.N., M.S.N., unit instructor of 3C and 4C, recently earned her Master of Science Degree in Nursing Administration from Villanova University. Mrs. Hitchings has been a member of the Hospital Center's family since September of 1978, when she joined the staff of 3C. From May, 1981 to September, 1983 she worked as a professional recruiter. She has been the unit instructor for 3C and 4C since September of 1983.

Mrs. Hitchings is a member of Sigma Theta Tau, a national nursing honor society. In addition, she is a member of the Pennsylvania Nurses Association (PNA)

Continuing Education Approval Review Panel, and a member of the Program Planning Committee of PNA District II.

Judy Holaska, R.D., M.S., director of nutrition support service, recently completed a Master of Science Degree in Human Resource Administration from the University of Scranton. Ms. Holaska began her career at the Hospital Center in September of 1974 as a registered dietitian employed by M.W. Wood Enterprises. In December, 1977, she joined the staff of the Comprehensive Community Cancer Center as a dietitian. And in July of 1980, Ms. Holaska transferred to nutrition support service.

Ms. Holaska is a board member of the Lehigh Valley Chapter of the American Diabetes Association. She is also a member and past president of the Lehigh Valley Dietetic Association.



Judy Holaska,
R.D., M.S.



Louise Oswald,
R.N., M.S.N.

Louise Oswald, R.N., M.S.N., head nurse of the general intensive care unit (GICU), recently earned her Master of Science Degree in Nursing Administration from Villanova University. Miss Oswald began her career at the Hospital Center in September, 1974, as a Burn Center staff nurse. In November of 1974, she transferred to the acute coronary care unit. She then transferred to the special care unit (SCU) in June, 1981, and was promoted to head nurse of SCU in March of 1982. She was named head nurse of GICU in March of 1984.

Miss Oswald is a member and past president of the Lehigh Valley Chapter of the American Association of Critical Care Nurse. She is also the chairperson of the Program Committee of PNA District II. In addition, Miss Oswald recently passed the American Nurses Association certification exam for nursing administration.



Deborah L. Booros



Carole Fink,
R.N., M.S.N.

Deborah L. Booros was recently appointed to the position of special events coordinator of the East/Northeast Pennsylvania office of the Burn Foundation. In this position, she will be responsible for carrying out public relations programs and special event fund raisers.

Over the past three years, Mrs. Booros has gained extensive experience with fund raising and public relations through her involvement as coordinator of the Michelob-Benner Fairways Pro-Am Golf Tournament. This annual event has raised over \$60,000 for the Burn Foundation in the past three years.

Mrs. Booros is presently attending Cedar Crest College where she is working toward a Bachelor of Science Degree in Business Administration.

Carole Fink, R.N., M.S.N., former nursing director of the surgical division, has accepted the position of administrative assistant. In this position, she will work with Alverta Stichter, senior vice president, on special projects and will be more involved in planning and program development. Mrs. Fink will act as a liaison between nursing services and the pharmacy and will study the impact of the pharmacy computer and how it relates to nursing. In addition, she will coordinate the Nursing Management Series, a series of courses designed to introduce professional nurses to basic management skills. She will also continue to coordinate the monthly nursing bulletin.

Mrs. Fink holds a Master of Science Degree in Nursing from the University of Pennsylvania. She is currently pursuing her Master's Degree in Business Administration focusing on labor relations/organizational behavior at Temple University. Mrs. Fink has been a member of the Hospital Center's family since January of 1982.



Debra Ann Maleski

Debra Ann Maleski recently joined the Hospital Center's family as assistant director of the heart station. This position was created to meet the increasing needs of the department.

In her new role, Ms. Maleski will assist John Peeler, director of the heart station, with administrative duties of the department. She will also oversee the operations of the echocardiographic lab of the heart station. In conjunction with cardiologists on the Hospital Center's staff, Ms. Maleski will develop a Doppler echocardiographic lab. She will also assist residents and fellows in learning the concept of echocardiography.

Prior to joining the Hospital Center's staff, Ms. Maleski was an echotechnologist at Community Medical Center in Scranton. She graduated Magna Cum Laude from Keystone Junior College in LaPlume, Pennsylvania, where she received an Associate Degree. She also earned a Bachelor of Arts Degree in Economics from Wilkes College, Wilkes-Barre. Ms. Maleska completed the Owen Brown School of Echocardiography in Portland, Oregon, and studied the latest in echocardiography and Doppler echocardiography through the Johns Hopkins University and the Institute of Medical Studies.

Ms. Maleski is a member of American Cardiology Technologist Association and the National Organization of Women.



Wayne Parsons



Barbara A. Salvadore,
R.N., M.S.

Wayne Parsons, former budget accountant in the financial services department, was recently promoted to the position of reimbursement accountant. In this new position, he will be responsible for the preparation of cost reports filed with both the Health Care Financing Administration and Blue Cross. He will also be responsible for financial and DRG analyses. In addition, Mr. Parsons will assist in the interpretation of the Federal Reimbursement Regulations, participate in the development of the revenue budget, and work in the development of a case mix reporting system.

Since he joined the Hospital Center's business office staff in May of 1977, Mr. Parsons has held several positions including cashier, credit clerk, accounts payable clerk, junior accountant, and budget accountant.

Mr. Parsons recently graduated from Muhlenberg College where he received his Bachelor of Science Degree in Accounting.

Barbara A. Salvadore, R.N., M.S., recently accepted the position of nursing director of the surgical division. This division includes the general intensive care unit, special care unit, 4A, 4B, 5B, and 6C. In her new position, Mrs. Salvadore will be responsible for planning, organizing, managing and evaluating activities within these units. Her main goal is to continue to develop the head nurses of her assigned units into full managers responsible for their individual units.

Mrs. Salvadore comes to the Hospital Center with many years of nursing experience including critical care nursing, nursing administration, nursing education, and quality assurance.

Prior to joining the Hospital Center's family, Mrs. Salvadore was a transplant coordinator with the Delaware Valley

Transplant Program. With her extensive knowledge of the organ procurement and transplantation process, she will be an excellent internal resource to answer questions regarding organ donations.

Mrs. Salvadore is a graduate of Abington Memorial Hospital School of Nursing in Abington, Pennsylvania. She received her Bachelor of Science Degree in Education from West Chester University, and recently completed her Master of Science Degree in Health Education from Temple University.

SOCIAL WORK MONTH

The National Association of Social Workers will observe Social Work Month during March. Along with the national association, we extend our appreciation to our social services department staff.

Here at the Hospital Center, the staff of the social services department realizes that hospitalization causes a high level of anxiety, not just for the patient but for the family as well. Their main concern involves helping patients cope with the psychosocial aspects of their illness during their hospital stay. In addition, they also inform patients about the hospital services available to them and plan for the patients' discharge. The purpose of discharge planning is to insure the patient and family that services will be provided after they leave the hospital in order to continue care and prevent or resolve a crisis.

Members of our social services department include Marie Weissman, ACSW, director, and Mary Grassi, ACSW, assistant director. Other staff social workers are Sheila Berg, ACSW, David Shlegel, ACSW, Carol Steager, M.Ed., Bonnie Hennessey, MSW, Joan Hoffman, ACSW, and Jean Guilfoyle, MSW. Discharge planning is coordinated by Mary Ann Gergits, R.N., and Susan Gerlicz, BSW. Christine Boyle, R.N., and Debra Search, R.N., both from The Allentown Hospital home care department, and Mary Taylor, R.N., and Marie Signarovitz, R.N., from Lehigh County Visiting Nurses Association, are also instrumental in the discharge planning process. Kathy Mayer, MSW, provides social service care on the weekends.

BENEFIT SPOTLIGHT

Did You Know . . .

...because of new regulations, the Social Security (FICA) deduction from your paycheck is higher this year.

- * The maximum taxable salary will move from \$39,600 in 1985 to \$42,000 in 1986.
- * The tax rate has increased to 7.15% in 1986 (from 7.05% in 1985). For example, if your salary is \$15,000, you will pay \$15 more into Social Security than you did last year.
- * The maximum employee tax will increase from \$2,791.80 in 1985 to \$3,003 in 1986. An equal amount is submitted to Social Security by the Hospital Center.
- * This year, an employee will be credited with a quarter of covered service for each \$440 of taxable earnings in the year (maximum 4 quarters).

The Social Security Administration has also announced a new formula for computing benefits, a new earnings test to be used for

establishing the national earnings, and a cost-of-living increase in January, 1986, to current recipients based on the Consumer Price Index.

If you have any questions, please call personnel at Ext. 8802.

Invest in Your Future . . .

...The annual Savings Bonds drive will officially kick off on March 17, 1986, and will run through March 29, 1986. United States Savings Bonds have become an important part of a savings and investment program, for bonds not only pay 8.36% interest, but they are actually averaging over 9% since the introduction of the market based rate in 1982.

Savings bonds can be purchased through payroll deduction, and are available in \$50, \$75, \$100, \$200, \$500, \$1,000, \$5,000, and \$10,000 denominations. The purchase price is half of the face value, but there is no minimum payroll deduction amount. After five years, bonds earn the guaranteed minimum interest rate (currently 7.5%); after 10 years they reach maturity. Savings bonds held less than five years earn lower interest.

Additional information is available in the personnel office and will also be included with your March 13, 1986 paycheck. Invest in your future, buy bonds.

Notes from our Patients

"This was my first visit to your hospital. Needless to say, I was very impressed. I had excellent care and was treated with the utmost of kindness, friendliness and concern. I felt like I was in a luxury hotel instead of a hospital. Thank you very much for the wonderful care. I appreciated everything."

A patient from
6B

"Please accept my sincere thanks for the excellent, splendid, complete care everyone at the Lehigh Valley Hospital Center provided during my stay. Like everyone else, I do not want to be hospitalized, but if I must, I want all of you. Our area is blessed by having the dedicated staff at Lehigh Valley Hospital Center -- especially on 6A. God Bless You!"

A patient from
6A

"Since 1975 I have been a patient several times and the only word of description I have for the Lehigh Valley Hospital Center is "Excellent." If it were not for your hospital, the doctors, and the nursing care, I feel I would not be alive today. Thank you so much!"

A patient from
4A

UPCOMING CONFERENCES

Several members of the Hospital Center's family will participate on the faculty of an upcoming conference to be held on Thursday, April 3. The conference, entitled, "Stress-Impact on the Health Care Worker," is sponsored by the Hospital Center and will be held at the Allentown Hilton Hotel and Conference Center.

Mary Ellen Beideman, R.N., B.S.N., nurse epidemiologist, and Rose Haas, R.N., director of employee health services, will discuss "AIDS Anxiety - Patient and the Health Care Worker." Jeffrey Burtaine, M.D., director of the Wellness Center and employee health physician, will discuss "Working with the Impaired Employee." And Susan Wiley, M.D., director of consultative liaison service at the Hospital Center and The Allentown Hospital, will speak on "Coping at the Workplace."

The conference is intended for infection control and employee health nurses, directors of nursing, employee health physicians, epidemiologists, personnel directors, administrators, and home health and school health nurses.

A tuition fee of \$45.00 includes lunch, nutritional breaks and all course materials. For more information or to register, call educational development at Ext. 8320.

"Care of the Lower Extremity in the Diabetic," a seminar for physicians, will be held in the Hospital Center's auditorium on Saturday, March 22. Hosted by Gary G. Nicholas, M.D., chief for surgical education, the seminar will be held from 8:00 A.M. to 12:00 Noon.

Guest speakers for the seminar include John G. Bartlett, M.D., chief of the division of infectious diseases at The Johns Hopkins Hospital. He will speak on infections of the lower extremity in the diabetic. Anthony J. Comerota, M.D., chief of the section of vascular surgery at Temple University, will discuss revascularization of the diabetic's lower extremity. In addition, Richard L. Jacobs, M.D., professor and head of the division of orthopaedic surgery at The Albany Medical College of Union University, will address care, debridement and rehabilitation of the diabetic's lower extremity. A panel discussion will follow the presentations.

The fee for the seminar is \$15.00 (free to residents and fellows in training), and application has been made for four hours of American Medical Association Category I Credit.

For additional information, contact educational development at Ext. 8320.

**In Memory of
DOROTHY I. SWARTZ
Hospital Center Volunteer
1935-1986**

*Life! I know not what thou art,
But know that thou and I must part;
And when, or how, or where we met
I own to me's a secret yet.*

*Life! we've been long together,
Through pleasant and through cloudy weather;
'Tis hard to part when friends are dear—
Perhaps 'twill cost a sigh, a tear;
Then steal away, give little warning,
Choose thine own time;
Say not good night—but in some brighter clime
Bid me good morning.*

Anna Letitia Barbault

AIDS: INSERVICES, COUNSELING AND CONFIDENTIAL TESTING

In an effort to provide current information on the subject of AIDS (Acquired Immune Deficiency Syndrome), the infection control programs of both the Hospital Center and The Allentown Hospital will offer a variety of inservice programs to health care workers and community groups. Many different topics can be addressed, ranging from epidemiology and treatment to testing and home care. Topics will be tailored to meet the needs of the specific group being addressed. Any individuals or groups who are interested in attending an inservice should contact Mary Ellen Beideman in infection control at Ext. 8197.

In addition to the inservices, both hospitals will offer courses on AIDS for counselors from our own Employee Assistance Program and for various community based counselors. Services provided through our Employee Assistance Program are handled by The Counseling Program, Suite 2600, 3131 College Heights Boulevard. The program functions as an information and referral center for those who seek professional help and it provides counseling to those who are experiencing personal problems which may affect their job performance. The courses being offered for counselors will provide them with information to better enable them to deal knowledgeably and confidentially with our employees and their concerns about AIDS. The information provided will also assist community agencies to effectively convey information about this disease to the public.

To schedule an appointment with a counselor from the Employee Assistance Program, contact Oliver Neith at The Counseling Program at 433-8550.

Additionally, a strictly confidential testing service for HTLV III antibodies will be provided to employees through their private physicians, if requested. The protocol for this service will be made available to physicians by John F. Salvanti, Ph.D., associate vice president, HealthEast Laboratories, Ext. 8150. Through this protocol, physicians will assign a code to the specimen and only the physician will know the code. This testing service will be provided to employees at cost which is \$30.00.

RECREATION COMMITTEE NEWS

Recreation Committee Activities Now Based in Personnel

Movie tickets, photofinishing, Great Adventure and Hershey Park tickets are just a few of the discount benefits which have been available to the Hospital Center's family through the Recreation Committee. Over the past several years, the public relations department has served as the focus department for these Recreation Committee activities. However, in order to centralize all benefits in one department, as of March 1, all Recreation Committee discount programs and activities will be handled in personnel. The personnel department is located in the modular units across the hall from public relations.

Under the guidance of John D'Aurora, vice president of human resources, the transition of Recreation Committee activities to the personnel department is expected to be smooth. Your cooperation will be greatly appreciated.

Easter Egg Hunt

The second annual Easter Egg Hunt for children of Hospital Center family members will be held on Saturday, March 22, at 2:00 P.M., on the May Daze grounds.

Pre-registration is necessary for all participants. Registration forms are available in the cafeteria below the Recreation Committee bulletin board.

Raindate is scheduled for Sunday, March 23.

Men's Softball

Although the warm summer months may seem so far away, spring training will soon begin for the 1986 softball season. Sign-ups for the Hospital Center's men's team, which plays in the East Penn Modified League, are now being held. All members of the Hospital Center's family or their spouses are eligible to play on the team.

Any employees, physicians, volunteers, or auxiliaries who may be interested in playing on the team should contact Scott Steffie in the storeroom at Ext. 8219.



THE HOSPITAL CENTER WELCOMES

To Administration
Adele Meilan

To Admitting
Irene Mattos

To Dietary
Barry Berkenstock

To Housekeeping
Daniel Berg
Laurence Downey

To Human Resources
Susan Fitch

To Linen
Tom Brago
Adorn Wiggins

To Medical Records
Barbara Edelman

To Nursing Services
Tami Allen
Karin Andersson
Fay Butler
Jane Calvo
Cindy Cannon
Donna Cattell
Pamela Cisar
Jeanette DeFilippis
Robbin DeWitt
Katherine Doebile
Cheryl Dries
Mary Ann Esposito
Joan Fegeley
Jeanne Florian
Densie Hofstetter
Joyce Leibenguth
Margaret McDonnell
Mary McGarity
Susan McIntosh
Bodel Morris
Beverly Moyer
Pauline Powanda
Wendy Radcliffe

Patricia Reynolds
Virginia Savarese
Roseanne Sefko
Elizabeth Siegfried
Kathleen Stewart
Joanne Stoppi
Frances Zencolli

To Radiology
Kathryn Lentz

To Respiratory Therapy
James Lysoby

To Secretarial Pool
Maxine Kelly
Mildred Sousa

To Security
Charles Trinkle

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