

## *Patient Care Personnel Honored At Gala*

Lehigh Valley Hospital launched its observance of Nurse's Week with a Gala Celebration for patient care services personnel on May 4 at the Holiday Inn, Fogelsville.

Highlighting the program was the presentation of Friends of Nursing awards to staff members nominated and selected by their peers. The award recipients and their colleagues were also featured against a backdrop of hospital footage in a dramatic multimedia presentation produced by Thomas Amico Photography of Allentown.

"We take this opportunity to formally recognize and thank you for your hard work and dedication on behalf of our patients," Mary Kinneman, Senior Vice-President, Patient Care Services, told the honored guests.

Noting the unique perspective and experience that patient care personnel bring to their roles, Elliot J. Sussman, MD, added that "the Friends of Nursing program is proof of that."

A philanthropic foundation, Friends of Nursing recognizes and fosters excellence in nursing practice, education and research and also promotes nursing as a positive career choice.

In addition to presenting scholarships and monetary awards, Friends of Nursing sponsors seminars and educational programs, fellowships for research, special projects and various recruitment and retention efforts tailored to nursing.

Friends of Nursing was established in 1987 with an initial gift from Richard Fleming, a hospital trustee, and his wife, Peggy. Hospital patients and their families, the community,

nurses and other health care professionals have provided additional funding for the program. Primary funding is secured through the efforts of the hospital's development department. Patient care personnel also sponsor several annual fund-raising events to support the program.

The Gala Celebration was planned by a committee co-chaired by Pat Rhoads, Emergency Department and Deborah Search, Lehigh Valley Home Care, and including Gloria Hamm, Burn Center; Paulette Kennedy, Progressive Coronary Care Unit; Maryann Krobath, Nursing Administration; Joyce Najarian, Nursing Education; Madonna Michael, Pediatrics; and Jeanne Rudderow, Dialysis.

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**Barbara Barr accepts the Joseph and Judith Kaminski Award for Excellence as a Float Nurse.**

# *Friends of Nursing Honorees*

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## *The 1995 award recipients, and the honors accorded them, include:*

**Lehigh Valley Physicians Group Award for Excellence in the Delivery of Ambulatory Care**  
Lora Lesak, Outpatient Pediatrics

**Hematology/Oncology Associates Award for Excellence in Cancer Nursing**  
Theresa Paisley, 6C

**Mr. and Mrs. Abram Samuels Cardiovascular Nursing Awards**  
Cynthia Meeker, OHU  
Rose Woodside, 3C

**Mr. and Mrs. Sanford Wartel Cardiovascular Nursing Award**  
Susan Newhard, PCCU

**Cardiovascular Nursing Award**  
Charlene Weiss, 4C

**Michael L. Holben Award for Excellence in the Care of Dialysis Patients**  
Valerie Doncsecz, Dialysis

**William F. Ihrie, Jr. & Elizabeth A. Ihrie Digestive Sciences Nursing Award**  
Sharon Kromer, 4B

**Dr. Gary & Dorothy Nicholas Award for Excellence in Nursing Education**  
Carol Saxman, MICU/SICU

**Nancy Stevens Emergency Nursing Award**  
Marilyn Rohrbach, Emergency Department

**Joseph & Judith Kaminski Award for Excellence as a Float Nurse**  
Barbara Barr, Float Pool

**Alma W. Holland Award for Excellence in Home Care Nursing**  
Debra Leaswitch, Home Care

**Lehigh Valley Hospice Nursing Award**  
Sandra Tkach, Hospice

**Joan W. Gaylor, RN,BSN, MSE & Donald H. Gaylor, MD, Medical-Surgical Nursing Award**  
Donna Kolbush, 4A

**Barbara Salvadore Leadership Award for Excellence in Medical/Surgical Nursing**  
Kathy Schneider, 4B

**Mental Health Technician Award**  
Lizabeth Fox, Adolescent Psychiatry

**Mr. & Mrs. Abram Samuels Awards for Neonatal Intensive Care Nursing**  
Catherine Ann Hall, NICU  
Leanne Stendell, NICU

**Allen Neurosurgical Association Excellence in Neuroscience Nursing Award**  
Tracey Berlin, CNS

**Dr. & Mrs. Joseph Miller OB/GYN Nursing Award**  
Linda Yost, Mother-Baby Unit

**M.G. Asnani, MD, Award for Excellence in Pediatric Nursing**  
Joan Livesay, Pediatrics

**Dr. & Mrs. Joseph Prorok Award for Excellence in Perioperative Nursing**  
Deborah Schantzenbach, ASU

**Allentown Anesthesia Associates, Inc. Post Anesthesia Nursing Award**  
Wanda B. Wyatt, PACU

**Psychiatric Nursing Award**  
Agnes Schwartz, Adult Psychiatry



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**Gina & Craig Reckard Award for Excellence In Renal Transplant Nursing**

Kristen Colton, 5B

**Professional Nurse Trauma Nursing Awards**

Dara Patton, STU

Diane Kowalski, CNS

Maria McNally, TTU

**Trauma Team Member Award**

Karen Courtney, STU

**Ancillary Services Team Member Awards**

Richard Attilio, Pharmacy

Janice Lynn Mayer, PI/RUM

Robert H. Rausch, General Services

**Nursing Administrators' Award for Outstanding Nurse Preceptor**

Louise Schneider, Pediatrics

**Dr. Cecelia Grindel Award for Nursing Research**

Lisa Lacko, Patient Care Services

**Fleming Community Service Award**

Gloria Hamm, Burn Center

**Fleming Nursing Caring Awards**

JoAnn Fister, Burn Center

Lori Fulcomer, Pediatrics

Nancy Hanssen, Radiology

Linda Kramer, CNS

**Fleming Nursing Innovation Award**

Constance Molchany, Patient Care Services

**Fleming Nursing Performance Improvement Award**

Pornpun Virojanapa, 3C

**Kinneman Nursing Leadership Award**

Shelley Mesics, 7C

**Medical Staff Nursing Practice Awards**

Susan O'Neill, STU

Valorie Shanaberger, 4A

Cheryl Tyler, 3C

**Medical Staff Nursing Assistant/Nursing Technical Assistant Awards**

Kathleen Marie Gower, Home Care

Susan Hall, 4B

William Wirtz, TTU

**Medical Staff Unit Clerk Awards**

Roxann Frey, 6C

Aida L. Velazquez, Outpatient Pediatrics

Sherry May Waselus, SCU

**Medical Staff Patient Care Services Team Member Award**

Marcia Klc, Nursing Staffing Office

**Medical Staff Licensed Practical Nurse Award**

Dolores Swartzentruber, Pediatrics

**Helen Potts Licensed Practical Nurse Award**

Susan Gaspar, Hospice

**Josephine Ritz Award for Excellence in Patient & Family Teaching**

Patricia Vaccaro, Burn Center

**Special Recognition Award**

Fran Worman, Products Nurse

# Bulletin Board

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## **Hospital To Host Bike Rodeo**

To test and improve the riding skills of children, ages five and up, Lehigh Valley Hospital will host a bike rodeo on May 15 from 3-7 pm behind the child care center, CC&I-78. The rodeo will include a riding course, bike inspections by a bicycle mechanic and educational booths emphasizing the importance of safety precautions for young riders including the use of bike safety helmets. Children 12 and under are now required to wear helmets when biking in Pennsylvania. A limited number of helmets will be available for sale at cost during the rodeo. University MedEvac, the Emergency Medicine Institute and the Central Nervous System Unit are sponsoring the event in observance of Emergency Medical Systems Week, May 15-19. Registration is not required for the rodeo. For more information, please call ext. 5945.

## **Golf Tournament Planned**

The Seventh Annual Kelly Gallagher Memorial Golf Tournament and Dinner will be held Saturday, June 24 at the Golf Club at Shepherd Hills. The tournament will be limited to 220 golfers, with tee times awarded on a first come, first served basis. The tax-deductible donation is \$50 per person for golf and \$30 for dinner; tee sponsorships are available at \$125 each.

Proceeds will benefit the Kelly Gallagher Atrium in the John and Dorothy Morgan Cancer Center, Dream Come True and local families with children who have cancer. The memorial fund also sponsors a scholarship for an Allen High School student each year.

For more information, call Jerry Gallagher at 266-1700 (work) or Tom Gallagher at 821-1430 (home). RSVP by June 10.

## **New Office for Perinatal Partnership**

The Perinatal Partnership has relocated to the first floor of the School of Nursing, 17th & Chew. Now based at the partnership's new quarters are staff members Joan M. Linnander, Linda Lewis, Lisa Espinal, Stephanie Jay, Damarie Lugo, Dhalma

Moya, Angel Melendez and Margarita Yerk. The new inter-office address is: Perinatal Partnership Department, 17 SON #1903.

## **Lodging Brochures Available**

As a regional health care center, Lehigh Valley Hospital serves residents of a large geographic area. To accommodate the families of patients who live outside the Lehigh Valley, the hospital has made arrangements with local hotels to provide discounted lodging rates.

Brochures that list information on participating Allentown area hotels and include a map showing the locations of both hospital sites are available at the information desks at both sites or from Admitting at ext. 1832.

## **Come Sale Away**

A "Remodeling Sale" is now in progress in the Tree Top Shop, CC&I-78. In addition, gift shop merchandise, reduced by as much as 50 percent or more, will be featured at a tent sale during May Daze, May 19-21.

## **Join The Club**

BJ's Wholesale Club of Allentown is extending a special invitation to hospital employees to begin or extend their membership in the club. For a limited time, employees can enjoy 15 months of membership for only \$25. Even if you have time remaining on your membership, consider extending it for 15 additional months at this reduced rate. (Membership generally costs \$30 for 12 months.) All new members and those who extend their membership will receive a free second card for an adult residing at the same address.

Representatives from BJ's will be available at the following dates and locations

May 15      7:30-11 am, Classroom 1, CC  
                 2-4 pm, Classroom, 1, CC

May 16      8-11 am, SON Auditorium, 17  
                 2-4 pm, Auditorium, 17

## **English Instruction Offered**

The Adult Literacy Center of the Lehigh Valley is accepting registrations for free instruction in English as a second language.



# Bulletin Board

Classes meet at the following Allentown locations: Spanish Apostolate, 417 Pine Street, 9 am-noon, Monday - Friday; and Central Elementary School, Turner and Lumber Streets, 6-8 pm, Tuesday and Thursday. Instruction by bilingual teachers is available at all levels, from beginner through advanced. For information, call 435-0680 from 8:30 am - 4:30 pm weekdays.

## *Dates To Circle...*

**Monday, May 15 - Trauma Awareness Week** beginning with a presentation on the prevention and treatment of pediatric head injuries by Sue DeSanto, MSN, from 7-9 pm in the auditorium at CC&I-78. The week continues with programs for students from area elementary schools and culminates with a reception on Friday, May 19 from 5-8 pm for hospital personnel coordinating trauma week activities.

**June 10 & 11 - MS150 Bike Tour** from Trexlertown to Lancaster and back. Lehigh Valley Hospital is recruiting a cycling team for the tour, and will cover the registration fee and provide a fanny pack for each team member. Early registration is encouraged for cyclists who want to arrange overnight accommodations. All participants are asked to register by May 26 and turn in pledges of at least \$150 by June 2. To join the hospital team, contact Gail Pitsko, Public Relations, ext. 3001. For more information about the event, contact the Multiple Sclerosis Society at 395-7230.

**Saturday, June 17 - Miles for Matt**, an 8-hour relay at Moravian College Track, Bethlehem. Competitive and casual runners and walkers are invited to join the hospital team. For information, call ext. 3001.

**Saturday, June 24 - Golf Tournament** to benefit the American Diabetes Association at Hideaway Hills Golf Resort on Route 209 North, Kresgeville. Prizes will be awarded for a hole in one, longest drive, closest to the pin and lowest score. Registration forms, including information about sponsoring a hole, are posted on the cafeteria bulletin board and are also available from Tina Wessner, Dialysis Center, CC&I-78, ext. 1830, or Jim Roth, Engineering, CC&I-78 at ext. 8535. The deadline for sponsorship and registration is June 10.

**Friday, July 7- Bus Trip** sponsored by the Recreation Committee to Veterans Stadium in Philadelphia where the Phillies will play host to the Chicago Cubs. The game will be followed by an incredible display of fireworks with music. Seats are in sections 536 and 537 and cost \$22.50 each. The committee has only 94 tickets available for this traditionally sold-out game. Game time is 7:35 pm; the bus will leave CC & I-78 at 5:15 pm (or earlier). Order your tickets today by contacting Barrie Borger via E-mail or at ext. 1451.



Despite the drizzle, an enthusiastic team of hospital employees trekked from Muhlenberg College through Lehigh Parkway for the annual Multiple Sclerosis Society Walk in April. Led by captain Audrey Lauer, the 25-member hospital team brought in more than \$2,600 in pledges to benefit the MS Society.



# Education

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## **Demystifying Chronic Fatigue Syndrome**

For people with Chronic Fatigue Syndrome (CFS), this debilitating condition can affect, often abruptly, every aspect of their lives and find them unable to function at almost any level. During this program, a panel of specialists will outline approaches to treating CFS and strategies for coping with this condition. The program will be held Sunday, May 7 from 1-4:30 pm in the auditorium, CC & I-78.

## **Testing And Treatment: An Update On Prostate Cancer**

Men of all ages are encouraged to attend this lecture to learn more about prostate cancer including its diagnosis and treatment. Discussion will center around the advantages of periodic prostate screening and advances in surgery and drug therapy. John Jaffe, MD, will present the lecture on Thursday, May 11 from 7-8:30 pm in the auditorium, CC & I-78.

## **Reducing The Risk Of Sudden Infant Death Syndrome (SIDS):**

### **What You Can Do**

The latest information regarding sleeping positions and other circumstances surrounding Sudden Infant Death Syndrome will be addressed at this lecture. Discussion will also center around what parents can do to help protect their children. Michael Schwartz, MD, Pediatrics, will present the program on Wednesday, May 17 from 7-8 pm in the auditorium, 17th & Chew.

## **Nutrition And Stress Seminar**

While stress is a part of everyday life, it can have adverse effects on physical and emotional health. Learn how changes in your diet, relaxation and exercise techniques can help you to manage the stress in your life. The program will be held Thursday, May 18 from 7-9 pm in the Wellness Center. The program fee is \$10.

## **Teen Sexual Victimization**

Adolescent sexual victimization will be addressed by school, community and mental health professionals during a conference on May 24 from 8:30 am-noon in the hospital auditorium, 17th & Chew.

Ann Wolbert Burgess, DNSc, vanAmeringen Professor of Psychiatric Nursing at the

University of Pennsylvania's School of Nursing, will be the featured speaker. Speakers representing Lehigh Valley Hospital will include John Campion, MD, medical director, Adolescent Psychiatric Unit; Michael Kaufmann, MD, chairman of psychiatry; and Jeffrey Knauss, EdD, program director, Adolescent Psychiatric Unit.

Topics will include patterns of sexual abuse in families; identifying and helping teen sexual abuse victims; and guidelines for abuse prevention, education and intervention.

The conference is recommended for pediatricians, high school teachers, nurses, administrators, student assistance program teams, psychologists and psychiatric social workers. The program fee is \$15 and advance registration is requested.

## **Do You Have Total Image Confidence?**

Through this informative and fun workshop, women can learn more about the powerful impact of image! Discover your best colors (through color analysis), wardrobe styles and fashion personality and gain the image confidence you desire. Live makeovers will be included in the program which will be presented by Constance E. Wentz, a certified image consultant on Thursday, May 25 from 7-9 pm in the auditorium, CC&I-78.

## **Camp HealthRock - A Place Right Out Of History!**

This summer, Lehigh Valley Hospital provides the perfect antidote for the summertime blues: Camp HealthRock, a five-day adventure exclusively for children including activities that will mix fun with learning in the areas of fitness, nutrition and safety. All educational materials, daily lunches and snacks at the HealthRock Cafe along with a Camp HealthRock tee-shirt are included in the program fee (\$80 for children of hospital/health network employees; \$95 all others.) Registration is limited to 30 children per weekly session.

July 10-14 (for children ages 7-9)

July 31-August 4 (for pre-teens, ages 10-12)

August 21-25 (for children ages 7-9)

**For more information and to register for any of these classes or programs, please call (610) 402-CARE.**



# Education

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## **Pulmonary Problems: Learn To Breathe Easier**

The following lectures will focus on coping strategies and treatment alternatives for people with breathing problems such as asthma, chronic bronchitis, emphysema, cystic fibrosis or interstitial pulmonary fibrosis.

## **Chronic Obstructive Pulmonary Disease: An Overview**

Pulmonary disease processes and services available to promote optimal health for people with chronic obstructive pulmonary disease will be outlined at this lecture.

Joseph Vincent, MD, will present the lecture on Tuesday, May 23 from 7-8:30 pm in the auditorium, CC&I-78.

## **Managing Chronic Obstructive Pulmonary Disease**

Managing and treating Chronic Obstructive Pulmonary Disease through breathing exercises, medication and oxygen therapy will be discussed and demonstrated at this lecture. The lecture will be presented by Karen Landis, RN, and Beth Karoly, RRT, on Thursday, June 1 from 7-8:30 pm in the auditorium, CC&I-78.

# HR Development Information

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## **Hospital Orientation**

The next hospital orientation will begin at 8 am at CC&I-78 on Monday, May 15. An optional tour of both sites will be held on Wednesday, May 17 beginning at 1 pm at 17th & Chew and 2:30 pm at CC&I-78. Reservations are required for the tour. To register, call ext. 1211.

## **CPR Certification**

CPR Certification will be held in two parts and attendance is required at both. Part I will be held Tuesday, July 11 from 9 am to noon in Room 900, School of Nursing, 17th & Chew. Part II will be held Tuesday, July 18 from 9 am to noon, same location. To register, complete and return the appropriate form located on the monthly HRD calendar, outside Room 900, School of Nursing, 17th & Chew, and the AV Services area, CC&I-78.

## **CPR Recertification**

CPR Recertification will be held in the 24-hour period beginning at 10 am on Wednesday, May 24 in the auditorium, CC&I-78.

## **Symposia Reminder**

The Human Resource Department has announced the next topics of the Regional Symposium Series.

- *Fourth Annual Wilderness Medicine Symposium* will be held Saturday, May 13 in the auditorium, CC&I-78. Topics will include: "Trekking Through the Trots: Traveler's Diarrhea, Fact vs. Myths," "Wilderness Eye Problems," "Rural and Backcountry Orthopedics Injuries" and workshops on mountain bike safety and dislocations and improvised splinting.
- *Third Annual Obstetrics and Gynecology Joseph A. Miller, MD, Resident Research Day* will be held Friday, June 2 in the auditorium, 17th & Chew. Topics will include: "Diabetes in Pregnancy," "Reduction of Stress and Prediction of Burnout in an OB/GYN Residency Program," "Significance of Urinary Incontinence as a Primary Cause for Institutionalization in the Geriatric Population," "Does Centralized Monitoring Affect Perinatal Outcome or Do We Just THINK It Does?," "Endoscopic Surgery in the Pediatric and Adolescent Patient," "Refractory Dysfunctional Bleeding: Evaluation of Megace as an Alternative to Hysterectomy" and "DES Survey: Do We Still Need to Educate Health Care Professionals?"

For more information and to register, please call ext. 1210.



# MAY DAZE is coming!

## MAY 19th, 20th & 21st

*Presented by the Lehigh Valley Hospital Auxiliary*

On Lehigh Valley Hospital Grounds  
Cedar Crest & I-78

### FRIDAY – May 19, 1995 (4-10 pm)

- 4:45 - 5 pm Dave The Juggling Man
- 6:30 - 8 pm Dee Dee Lee and Country Class
- 5 - 6 pm Welcome & Proclamation  
The Honorable Mayor William Heydt
- 6:30 - 8 pm Dee Dee Lee and Country Class
- 8:15 - 8:45 pm Master Glazier Karate
- 8:45 - 9:15 pm Soft-Hearted — Rock, Country and Oldies  
Terry Long and Kadie Lynn
- 9:15 - 9:45 pm Marc Robert Colver -  
Nashville Recording Artist

- ◆ Baked Goods
- ◆ Rides
- ◆ Food
- ◆ Books and stamps
- ◆ Cholesterol screening
- ◆ 50 craftspeople
- ◆ Bingo
- ◆ Fingerprinting
- ◆ Children's tent
- ◆ Entertainment

### SATURDAY – May 20, 1995 (10 am-10 pm)

- 11 am - 4 pm Cholesterol screening and blood pressure  
check — atrium, cancer center
- 12 NOON - 12:30 pm Balloons the Clown
- 1 - 3 pm Borough of North Catasauqua Police  
K-9 Unit, Officer Ray Anthony and Dog Jack
- 3 - 4:30 pm The Happy Boombadears
- 4:30 - 5 pm Woodsy Owl  
Telephone Pioneers of America AT&T
- 5 - 6 pm The Magic of David Caserta
- 6:30 - 7:30 pm Tribute to Early Elvis, Jay Allen
- 8 - 10 pm Tanya Dellatore and Company  
and Sharon Plessl School of Dance

No Pets Allowed

### SUNDAY – May 21, 1995 (11 am-6 pm)

- 12 NOON - 12:45 pm Dee Dee Lee and Country Class
- 2:30 - 3 pm Master Glazier Karate
- 3 - 3:30 pm Dave the Juggling Man
- 3:30 - 6 pm Dee Dee Lee and Country Class

**LEHIGH VALLEY**  
**HOSPITAL**