

[Give to the United Way](#)

Help create an unbreakable Lehigh Valley.

[A Q&A With Scott Croonquist](#)

He's focused on creating the best experience.

[Introducing Open Mike](#)

It's the new blog from LVPG President Mike Rossi, MD.

[Safety Expectations and Realities](#)

It's the focus of this week's blog from Kim Jordan.

[Mix & Mingle Recruiting Event](#)

Tell caregivers you know about the Oct. 5 event.

[Sexual Assault Training Merits Award](#)

Sandra Sabbatini, RN, and others gain national recognition.

[Service Anniversary List—October](#)

Who is celebrating a career milestone?

[Coffee With a Cop: Oct. 4 at LVH—Cedar Crest](#)

Discuss community concerns with local officers.

[LVHN Claims Two Readers' Choice Awards](#)

See which categories we won.

[Register for 'The Post-Stroke Journey'](#)

This free event for patients and caregivers is Oct. 14.

Colleague Flu Shot Clinics Begin

[See Dates](#)



Colleague Safety Town Hall Meetings

[See Dates](#)



Open Enrollment Packet

[Read Now](#)



LVHN news

Meet Top Urologists at Men's Health Urology Information Night »

Know the Signs of Gallbladder Disease »

Lung Cancer Community Forum

Register for the free program scheduled for Nov. 15.

Give Blood

Drives will be held Oct. 3, 5 and 31.

Culture of Wellness Opportunities

Get help raising a family at these classes.

Civilians and First
Responders Recognized for
Heroism at Spirit of Courage
Awards »

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Help Create an Unbreakable Lehigh Valley. Give to the United Way.

BY [SHEILA CABALLERO](#) · SEPTEMBER 28, 2017

Sticks in a bundle are unbreakable. –Kenyan proverb

The news is filled with images of individuals and families brought to their knees by hard times. Yet it's also filled with stories of compassionate acts – good people lending a hand, providing hope and shining a light in times of darkness – individuals that stick together in times of need.

The United Way has been sticking by the people of our community for nearly a century. Its compassionate work for children, seniors and the less fortunate ensures people that are bent and in despair will not be broken. Their work to create a stronger future for our community is made possible through generous donors like you.



When you give to the United Way you can:

- Direct your donation to one of more than 100 [community programs](#) that transform lives in the greater Lehigh Valley
- Improve access to after-school programs, prepared meals, pantry items and healthy aging support
- Support individuals facing crisis due to abuse, neglect, victimization and emergency homelessness due to fire and other disasters

Our future, our community

Support a vulnerable child, family or senior citizen by making a gift that strengthens our entire community. When you make your donation from Oct. 3 through Dec. 1, you will be eligible to earn one of our weekly LVHN prizes.

You can feel good supporting the United Way because 86 cents of every dollar goes to fund programs that transform lives. You also can spread out your contributions throughout an entire year.

Learn more

Would you like to learn more about the United Way and how it's working to strengthen the people of the greater Lehigh Valley? Talk to one of our campaign co-chairs to arrange a 10-minute United Way

presentation at your next staff meeting. Contact Melissa.Greb@lvhn.org or Joumana_De.Santiago@lvhn.org.

A Q&A With Scott Croonquist, DNP, Vice President of Patient Care Services

BY [EMILY SHIFFER](#) · SEPTEMBER 26, 2017

A Q&A With Scott Croonquist, DNP, Vice President of Patient Care Services

Scott Croonquist came to the health network in November 2016. He's been making his mark as a passionate leader focused on patient care ever since. Learn more about his passion for nursing and improving patient care.



What inspired you to go into nursing?

I grew up the youngest of five siblings in Teaneck, N.J. Our parents taught us the value of hard work. As a teen, I worked at a local hospital as an environmental services employee, patient transporter and X-ray file clerk. I also had my own experience with health care when I had back surgery and had to be hospitalized for 10 days. I didn't know what nurses did until I had surgery.

Why LVHN?

I've been a Magnet® appraiser since 2002. I always heard good things about LVHN and watched it grow along Route 78 when I traveled back and forth from Virginia to New Jersey. In my first interview with Kim Jordan and the staff, I felt LVHN had a really good culture. I knew it was a place I wanted to work.

What's your focus at LVHN?

I'm passionate about colleague satisfaction, patient satisfaction and quality. Without one, you can't have the other. I'm also focused on RN recruitment and retention, and looking at ways to strengthen our nursing culture and workforce.

On the patient side, we are working to improve patient access and avoid issues with throughput. We continue to plan for discharge when patients are being admitted so families will be available to take their loved one home at 11 a.m.

What are we doing to improve the patient experience?

This is a passion of mine because I've experienced it myself. After my back surgery, I needed pain medication. I hit the call light and waited four hours before I got the medication.

We are meeting patient needs by informing them what will happen during their stay, and avoiding falls, pressure ulcers and other adverse events. We are striving to make bedside shift reports, hourly rounding and collaborative rounding a part of our culture. We've also implemented leader standard work that spells out what is expected from each colleague when they come to work. If we make it part of our culture, it will help improve patient and colleague satisfaction.

What's rewarding about your job?

It feels good when colleagues thank you for the changes you're making. It's particularly rewarding to watch the quality scores and patient satisfaction scores increase.

How do you stay healthy?

I enjoy working out in the gym lifting weights, doing cardio or using the treadmill. I'm also a beach person and enjoy spending time by the ocean. My children live in Charlottesville, Va. I love hiking the Blue Ridge Mountains and observing the beautiful vistas of "God's Country."

Final thoughts?

It's my personal philosophy that we need to think of each patient as our most beloved family member, and how we would want them to be treated if they were hospitalized. To maintain a high standard of care, we need to treat patients the way we want our own family to be treated. You can't make a wrong decision if you do that.

Open Mike: Welcome to My New Blog

BY [MIKE ROSSI](#) · SEPTEMBER 28, 2017

Hello, is this thing on? It's my inaugural effort at writing a blog. Forgive my awkwardness, but utilizing new forms of electronic communication can sometimes be an unnerving task. In the age of electronic overload, rapid-fire news, Instagram, Snapchat, live streaming, tweeting and Facebook posts have become the norm. Everyone has a "smart" device and instantaneous information crashes in from every direction. With so much technology at our fingertips, it can be easy to miss what is most important.

The same can be said about health care. The experience of living and working in this ever-changing, increasingly complex world can frustrate even the most tolerant of people. At Lehigh Valley Physician Group (LVPG), our 1,400 clinicians in 50 specialties at 200 practice sites provide outstanding quality-driven patient care to patients throughout the communities we serve.

With nearly 3 million patient visits annually, our medical group understands what's really important – caring for our community, our patients and each other. That's what our mission is all about.

Through these monthly "Open Mike" entries, my goal is to reflect upon the many LVPG successes, our colleagues' continued commitment to enhancing the patient experience and our relentless effort at delivering the highest quality care. I'm looking forward to this new way of communicating with you and am always open to topics you are interested in hearing about. I encourage you to share your feedback by commenting on this or any of my blog posts. Until next time!

Best,

Mike

"The best way to find yourself is to lose yourself in the service of others." – Mahatma Gandhi



Safety Expectations and Realities

BY [KIM JORDAN, DNP, RN](#) · SEPTEMBER 29, 2017

Colleagues have shown time and again how they are always ready to provide compassionate care in the service of others – even those at risk of acting out. As you likely heard, an incident occurred on Wednesday evening in the LVH–Cedar Crest emergency department (ED). In the span of seconds, a patient (who was surrounded by staff and security) grabbed a nurse. The patient was quickly subdued and the nurse released, but the ripple effect of that incident affects each of us.

My thoughts

When people come to us for medical care, we never know what other burdens or issues they are bringing with them. We focus first on their care: What is wrong? What is our assessment of the condition? How can we help?

The safety of you, your colleagues and patients is paramount. We all pay attention when a patient arrives agitated or shows signs of potential behavioral escalation. As nurses and patient care services providers, we need to continue working together to reduce the possible risk of threat while keeping in mind the patient's welfare.

On Monday (Oct. 2), we are holding two Safety Town Hall meetings in the auditorium at LVH–Cedar Crest, one in the morning and the other in the evening.

- Town hall 1: 7:30-8:30 a.m.
- Town hall 2: 7:45-8:45 p.m.

I encourage you to attend and bring your questions and concerns. I will be there, along with other leaders, to provide updates, listen to your concerns and answer your questions.

Our focus: patients

As hard as it is when faced with unexpected outbursts or violent behaviors, the patient's welfare is still at the heart of our work. We follow protocols to limit potential injury to the patient or anyone else, including our staff. Yet it always circles back to the patient – even those who act out or are in crisis need us to be at our professional, compassionate best. That is exactly how the LVH–Cedar Crest ED staff and security



responded on Wednesday evening. I could not be more proud of how they handled themselves, cared for their colleague and cared for the patient.

Thank you for finding ways to make our work environment a safe and caring one. It is a task that never ends, is ever-changing and always requires vigilance.

Kim



Kim Jordan

About me: My name is Kim Jordan, DNP, RN, and I am Senior Vice President and Chief Nursing Officer at LVHN. I came to LVHN 15 years ago as director of the open-heart and transitional open-heart units. I consider it an honor and a privilege to lead our outstanding nursing colleagues.

'Mix & Mingle' Recruiting Event Oct. 5

BY [JENN FISHER](#) · SEPTEMBER 29, 2017

A casual "Mix & Mingle" recruiting event will be held at Blue Mountain Ski Resort on Oct. 5 at 6 p.m. If you know people who might fit the bill to join LVHN, tell them about the event.

We are seeking RNs, physical therapists, occupational therapists, speech language pathologists and others for various levels of care to include; inpatient, outpatient, home care, hospice and more.

Do you have qualified friends or acquaintances who might make great additions to our staff? Encourage them to attend so they can meet and network with other LVHN nurses, nurse leaders and clinical staff. All they must do is [visit this page](#) for registration info. Here's the web address so you can copy and paste it into an email to your potential recruit:

<https://go.activecalendar.com/lehighvalleyhealthnetwork/event/clinician-recruitment-open-house/>



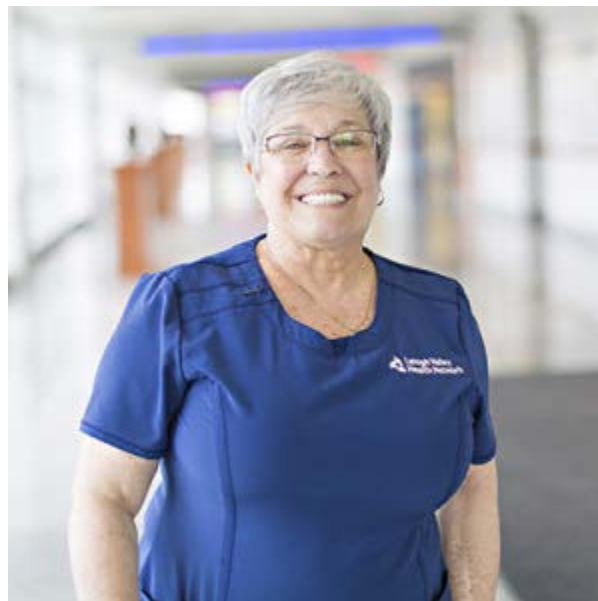
Poster on Sexual Assault Training Merits Award and National Attention

BY [SIDNEY STEVENS](#) · SEPTEMBER 26, 2017

An innovative training program developed by LVHN colleagues is giving nurses the skills they need to obtain evidence after a sexual assault so more perpetrators can be convicted.

Patient Care Specialist Sandra Sabbatini, RN, and colleagues Michele Rice, RN, Amanda Howatt, RN, and Elisa Moyer, RN, won an award from the Emergency Nurses Association (ENA) for their poster presentation at a national conference on specialized training for sexual assault nurse examiners (SANEs).

Entitled “A ‘Standardized Patient’ to Validate the Competency of SANEs,” the poster won the award from ENA Emergency Nursing 2017 in the evidence-based practice category.



Before Sabbatini retired from the health network in early September, she worked in the emergency department (ED) at LVH–17th Street. The poster is based on an innovative program the nursing team created in 2014 to shorten training time for SANEs and to boost the number of skilled nurses in the ED who can perform pelvic exams on victims and collect evidence for possible prosecution.

“Traditionally when validating SANEs, we had to wait for a patient, the trainer and the nurse trainee to be available simultaneously,” Sabbatini says. “Orientation took as long as two years and resulted in a shortage of nurses able to cover shifts for sexual assault call.”

It also meant that physicians without special training often handled victim exams and the emotionally charged, multi-step evidence collection process.

“Research shows that when skilled nurses obtain evidence, more perpetrators are convicted,” Sabbatini says. “Our goal was to get nurses off orientation faster by using a standardized patient (SP) to play the role of an assault victim.”

Training is conducted in LVHN’s Simulation Center where nurse trainees practice questioning and comforting the “patient” who is following a standardized script. Pelvic exams are performed on a mannequin. Sessions are videotaped for feedback, plus trainees participate in debriefing sessions with

the “patient” and trainer to improve technical skills and learn to provide the most compassionate care to victims in distress.

“Through this program we’ve nearly doubled the number of SANES from 2014 to 2017,” Sabbatini says. “We’ve also significantly reduced the time to clinical competency.”

In June, oral presentations about the program were offered by Sabbatini and her colleagues at Pennsylvania ENA’s annual Horizons conference in Pittsburgh and at the Philadelphia Area Magnet Hospitals Champions Conference. The poster also will be presented nationally at ENA’s annual conference in September in St. Louis and at the Magnet Recognition Program’s annual conference in October in Houston.

Sabbatini retired on Sept. 8 after 10 years of service at LVHN.

Service Anniversary List – October 2017

BY [EMILY SHIFFER](#) · SEPTEMBER 29, 2017

Happy anniversary to these colleagues celebrating a career milestone at LVHN in October.

45 years

Scarlet Brenfleck, pain management

40 years

Rita Mest, medical staff services

Janet Nelson, LVPG Hematology Oncology-Muhlenberg

William Pitsko, information services

Colleen Roebuck, quality

35 years

Andrea Burkhardt, radiology

Darlene Marsteller, medical records

Jeanette Mazziotta, information services

30 years

Lorri Czipoth, medical records

Sheri Fitzgerald, care services

Shauna Fitzsimmons, pre-services/financial clearance

Regina Grabowski, information services

Jeanne Hoover, human resources

Patrick Kramer, radiation therapy

Tara Nabozny, NICU

Susan Pummer, HIM provider-based coding

Deborah Sipos, home care

Susan Tredinnick, LVPG Family Medicine-3080 Hamilton Blvd.

Paul Trinkle, purchasing

25 years

Michael Adams, MedEvac

Karen Heffelfinger, ASU-OR

Stephanie Jay, Center for Women's Medicine

Michele Joseph, ASU-OR



Renee Pretz, MICU/SICU

Daniel Rymond, business development

Robin Ulrich, Lehigh Valley Anesthesia Services

20 years

Darlene Armstead, emergency department

Keary Hess, LVPG Obstetrics and Gynecology-Pond Road

Richard MacKenzie, emergency department

James Miller, information services

Kerry Miller, CVM

Carmen Ozoa, home care

Ruby Ryan, information services

Kristin Sedler, respiratory care services

15 years

Julie Antidormi, Lehigh Valley Anesthesia Services

Yudelka Ariza, LVPG Obstetrics and Gynecology-Pond Road

Mary Aungst, child life department

Donette Bulted, LVPG Internal Medicine-Muhlenberg

April Fisch, imaging

Joanne Gauker, home care

Cynthia Janscak, transitional skilled unit

Kelly Larue-Vassallo, pediatric unit

Diane Lomax, 6N adult psychiatry unit

Coleen McAuliffe, outpatient registration

Denise McKenna, NICU

Michelle Mecham, radiology

Kathleen Mudri, employee health services

Robert Paranicas, progressive coronary care unit

Michelle Parker, LVPG Family and Internal Medicine-Bethlehem Township

Jason Peters, LVPG General and Trauma Surgery

Luis Puentes, emergency preparedness

Suzanne Puentes, Children's Clinic

Stephen Sabo, AIDS Activities Office

Bradley Sanford, Epic

Doris Williams, AIDS Activities Office

10 years

Patrice Behrens, LVPG financial planning/budget

Jenna Black, LVPG Cardiology-1250 Cedar Crest

Robyn Cimerol, community health

Jennifer Clinton, progressive coronary care unit

Latasha Connor, community health
Thomas Gallagher, courier services
Karen Greb, office of philanthropy
Mary Green, Inpatient Rehabilitation Center-Cedar Crest
Kalman Illyes, engineering
Donna Knox, palliative medicine
Theresa Kunkle, nursing float pool
Jay Kupiszewski, clinical engineering
Jie Lum, 4T
Nichlas Male, Health Spectrum Pharmacy
Amanda Maurer, pre-admission testing
Lori Merkel, pediatric rehabilitation
Sandra Moyer, nursing float pool
Michele Naugle, OACIS
Sara Page, 2K south
Glen Paules, supply distribution services
Heather Readinger, LVPG Family Medicine-Moselem Springs
Kelly Reitz, LVPG Pediatrics-Laurys Station
Irma Rivera, Health Spectrum Pharmacy
Orlando Rivera, MedEvac
Roxane Romano, bed management
Scott Schreckinger, CT scanning
Patricia Spanitz, Health Spectrum Pharmacy
Susan Speer, community health
Nghị Su-Richardson, Lehigh Valley Anesthesia Services
Marc Joseph Torres, risk assessment program
Karen Ulmen, benefits verification
Christine Yenshaw, community health
Megan Zeigler, operating room
Jessica Zobel, nursing float pool

5 years

Megan Bausher, respiratory care services
Amy Bellevou, operating room
Jennelle Bergene, radiation oncology
Lydia Boateng, LVPG Pediatric Hematology Oncology-Muhlenberg
Tanya Bower, nursing float pool
Tammy Bowman, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Rose Citerone, NICU
Gina Colaneri, operating room
Sean Collins, radiology

Karen Colucci, imaging
Andrea Cope, hospitalist program
Kaitlin Coyle, labor and delivery
Lianet Cruz, LVPG General and Bariatric Surgery-1240 Cedar Crest
Heather Davis, LVPG Hematology Oncology-Muhlenberg
Karen Emerick, group health
Kimberly Ettl, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Eileen Fallis, marketing sales and business development
Michael Fang, MICU/SICU
Michele Follweiler, LVPG Orthopedics Specialty
Tara Fritch, MICU/SICU
Leigh Glaudel, float pool
Leslie Gnaegy Dixon, LVPG Cardiology-1250 Cedar Crest
Julianna Gonzalez, mental health
William Grace, CT scan
Jennifer Grissing, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Michele Herman, LVPG operations
Jonathan Hertz, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Deanna Heydt, concussion and head trauma program
Amy Hill, 6T
Mary Hoffman, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Nirupama Kakumanu, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Brock Kline, information services
Alyssa Kromer, hospitalist program
Robert Kruklytis, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Evelyn Lamon, LVPG Family Medicine-Whitehall
Angela Latorre, Inpatient Rehabilitation Center-Cedar Crest
Lisa Lindauer, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest
Kara Lockwood, transitional skilled unit
Paula Lopez, LVPG Cardiology-Muhlenberg
Christina Lutes, patient accounting
Jennifer Lyons, LVPG Family Medicine- Trexlertown
Sharon Mattox, float pool
Matthew McCambridge, Office of the Chief Medical Officer
Brandi McIver, emergency department registration
Jovanka Mena, AIDS Activities Office
Barbara Morgenstern, LVPG Pediatrics-Laurys Station
Glen Naekel, imaging
Chau Nguyen, LVPG Family Medicine-Catasauqua
Jeanette Nguyen, operating room

Chelsea ODonnell, emergency department

Leonidah Okemwa, nursing float pool

Susan Paulsen, pharmacy

Rita Pechulis, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Charles Petersen, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Danielle Platia, LVPG Family Medicine-Trexlerstown

Vanessa Ribaldo Kaufman, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Carole Rottmann, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Jennifer Rovella, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Michael Ryan, management engineering

Joseph Schellenberg, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Daniel Schwed Lustgarten, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Francis Schwiep, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Fatimah Sessoms, nursing float pool

Kim Simoes, LVPG billing

Stephanie Singer, LVPG Orthopedics Specialty

Bambi Snyder, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Wanda Snyder, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Scott Stevenson, human resources

Cindy Strausbaugh, cardiac diagnostic center

Richard Strobel, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Jennifer Strow, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Charlene Tanis, 6T

Stefanie Toman, OACIS

Susan Wagener, staging/PACU

Tracy Walczer, LVPG Hematology Oncology-Muhlenberg

Dorothea Watson, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Michelle Williams Robinson, Children's Clinic

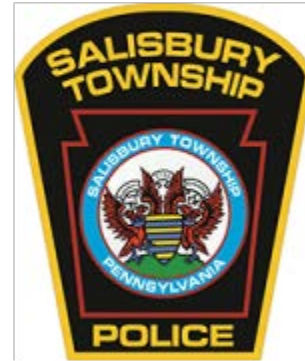
Andres Zirlinger, LVPG Pulmonary and Critical Care Medicine-1250 Cedar Crest

Salisbury's 'Coffee With A Cop' Initiative Slated for Oct. 4

BY [TED WILLIAMS](#) · SEPTEMBER 26, 2017

Colleagues who are residents of Salisbury Township or have township-related concerns are invited to meet Chief Allen Stiles and other officers in the township police department at "Coffee with a Cop" from 9-11 a.m. on Wednesday, Oct. 4, in front of the cafeteria at LVH–Cedar Crest. All residents of Salisbury Township are invited to attend.

The meet and greet event offers the opportunity to discuss issues and share items of community interest with township police. It's part of the national "Coffee with a Cop" initiative that encourages interactions between the public and police officials throughout the U.S. For more information, visit coffeewithacop.com.



LVHN Claims 2 Honors in 2017 Morning Call Readers' Choice Awards

BY [TED WILLIAMS](#) · SEPTEMBER 24, 2017

LVHN won Best Hospital/Health Network and LVPG Family Medicine won Best Family Doctor. The Morning Call invited readers to take part in an online survey to vote in several categories, including health care.

LVHN also won Best Hospital/Health Network in 2015 and tied in the 2014 voting. LVHN won Best Family Doctor in 2015 and 2016.



Free Event to Help Patients and Caregivers Following a Stroke

BY [RICK MARTUSCELLI](#) · SEPTEMBER 28, 2017



Finding a new normal after stroke can be filled with challenges, both for the person who had a stroke and the caregiver. It takes resources, time and planning to get the right help to ensure the safety, health and emotional wellbeing of both the patient and caregiver.

At LVHN, we want to help. Patients and caregivers are invited to an event designed especially for them. Discover resources right here in the Lehigh Valley to make the journey after stroke just a little bit easier to navigate. Here are event details.

The Post Stroke Journey: A Patient and Caregiver Event

A free event

Saturday, Oct. 14, 8:15 a.m.-3 p.m.

LVH–Cedar Crest Kasych Family Pavilion

To register, call 888-402-LVHN. A complimentary light breakfast and lunch will be provided.

LVHN Lung Cancer Community Forum

BY [TED WILLIAMS](#) · SEPTEMBER 27, 2017

Learn about the latest advances in the care, treatment and management of lung cancer from LVHN health care providers and researchers and a free lung cancer community forum, “A Breath of Fresh Air,” Wednesday, Nov. 15 at LVH–Cedar Crest ECC Rooms 6, 7 & 8.

Speakers to be featured at the forum include:

- Eliot Friedman, MD, hematologist oncologist – moderator
- Suzanne Smith, MBA, RRT, patient services – Smoking Cessation
- Ken Cavorsi, MD, diagnostic radiologist – Lung Cancer Screening (CT)
- Brian Patson, MD, hematologist oncologist – Advances in Immunotherapy Treatment for Lung Cancer and Clinical Trials
- Richard Chang, MD, thoracic surgeon – Robotic and Minimally Invasive Surgery
- Dennis Sopka, MD, radiation oncologist, and Maritza Chicas, RN, BSN, OCN, nurse navigator – The Role of the Multidisciplinary Clinic



This is a free event. A light dinner will be provided. Seating is limited, so your RSVP is encouraged

Register today at 888-402-LVHN (5846) or visit LVHN.org/lunginfo.



Advances in Lung Cancer Care Community
Event

9 NOV, 2016



Patt Lecture: Paradigm Shifts in Treating Lung
Cancer

9 NOV, 2016

Give Blood October 3, 5 and 31

BY [TED WILLIAMS](#) · SEPTEMBER 26, 2017

LVHN and Miller-Keystone Blood Center make it easy for you to give the gift of life. Visit giveapint.org/LVHN to sign up online for an upcoming blood drive at the various LVHN locations.

By signing up online, you save time and are rewarded by earning points for each donation you make through the LifeSaver Rewards Program. These points can be redeemed for a variety of gifts at the online shop. You also can attend any blood drive without signing up online. Here is an upcoming opportunity for you to save a life in October.

Oct. 3: LVH—17th Street auditorium, 8 a.m.-1 p.m.

Oct. 5: LVH—Cedar Crest ECC rooms 9 and 10, 8 a.m.-5 p.m.

Oct. 31: LVHN—Mack Boulevard auditorium, 7:30 a.m.-12:30 p.m.

To reserve an appointment, visit giveapint.org/LVHN. Walk-ins also are welcome at these blood drives. Each donor will receive cafeteria vouchers for a meal (\$4 value) and small beverage.



October Culture of Wellness Opportunities

BY [TED WILLIAMS](#) · SEPTEMBER 28, 2017

Wellness offerings this month for raising a family include a CPR family and friends class, maternity tours, car seat checks and more. Also included this month are preparing for childbirth and breastfeeding classes for people who speak Spanish. Here are this month's Culture of Wellness events for raising a family.

LVH-17th Street

Oct. 4 – Baby Care (Spanish)

Oct. 5 – Breastfeeding Baby

Oct. 16 – CPR for Family and Friends

Oct. 18 – Baby Care



LVH-Cedar Crest

Oct. 2, 16, 22, 25 and 29 – Maternity Tours

Oct. 7 and 15 – Preparing for Labor and Childbirth (one-day class)

Oct. 10 and 25 – Car Seat Check Events (1243 S. Cedar Crest Blvd.)

Oct. 14 – Baby Care

Oct. 16 – Preparing for Baby (six-week series)

Oct. 18 – CPR for Family and Friends

Oct. 21 – Breastfeeding Baby

LVH-Muhlenberg

Oct. 3 – Maternity Tours

Oct. 12 and 24 – Breastfeeding Baby

Oct. 14 and 24 – Preparing for Labor and Childbirth

Oct. 26 – Baby Care

LVH–Schuykill

Oct. 10 – Breastfeeding Your Baby

Oct. 21 – Child Car Seat Check

Oct. 24 – CPR Family and Friends

For more information or to register, call 888-402-LVHN.

[Learn about all of our Culture of Wellness programs.](#)