

Conference Learnings

Nicole J. Urban-Miller RN, BSN
Lehigh Valley Health Network, Nicole_J.Urban-Miller@lvhn.org

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CONFERENCE LEARNINGS

American Psychiatric Association
San Francisco, CA
May 18th-22nd 2013



Nicole Urban-Miller RN, BSN
Registered Nurse, Patient Care Coordinator

Conference Topics

- Evidence group and individual and psychosocial treatments for adult ADHD
- Post Traumatic Stress Disorder (PTSD) military servicemen

Learning to Consider for LVHN

- Evidence-based group and individual psychosocial treatments for adult ADHD
 - Individualized cognitive and behavioral therapy
 - Relaxation training and stress management
 - Goal setting and organization skills for work/home life
- Post traumatic stress disorder military/servicemen
 - Cognitive behavioral therapy-increase education with staff
 - Prolonged exposure therapy
 - Eye movement desensitization and reprocessing

Group Discussion

ACTION ITEMS

Where the rubber meets the road

