

LVH-Hazleton Introduces Robotic Surgery

Four physicians will perform robotic surgery there.

First Available Appointments on LVHN.org

Find out more about this new convenience.

Pulmonary Practice Joins LVPG

It's located on Northgate Drive in Bethlehem.

Free Active Shooter Training Course

Register for one of four sessions.

Financial Workshop for Millennials

Register for the event set for Jan. 18 at One City Center.

Retirement Income Strategies for Women

VALIC will host the seminar five times in January.

Mapping Flu Care

Surge of patients requires staffing flexibility.

'Stone Soup Stroll' at Wildlands Conservancy

The year's first Get Out Lehigh Valley event is Jan. 13.

Service Anniversary List

See who is celebrating a career milestone in January.

Get Discounted Phantoms Tickets

Game will raise awareness about organ/tissue donation.

Three Ways to Activate MyLVHN

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Top Baby Names From Our Hospitals

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Save on LVHN Via Marathon Registration

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LVHN news

Resolving Mammogram Myths

Bringing the Neurologist to You

Let LVHN Help You Manage Stress with Mindful Meditation

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LVH–Hazleton Introduces Robotic Surgery

BY [JANE DANISH](#) · JANUARY 5, 2018

LVHN is excited to bring innovative robotic surgery to LVH–Hazleton, allowing our skilled surgeons to make this state-of-the-art service available to their patients.

On Jan. 3, LVHN surgeon Anthony Carrato, MD, made history by performing the first robotic surgery at LVH–Hazleton using the da Vinci® Si™ surgical system. When the day was done, Carrato and his excellent surgical team performed three robot-assisted hernia repairs.

In addition to Carrato, general surgeons Michael Mahoney, DO, and Joshua Nochumson, MD, and gynecology surgeon Jill Snyder, DO, also are credentialed to perform robotic surgery.



Anthony Carrato, MD



Michael Mahoney, DO



Joshua Nochumson, MD



Jill Snyder, DO

What are the benefits of robotic surgery?

The robot gives our surgeons the ability to perform complex and delicate surgeries with smaller incisions, less pain, scarring and recovery time for the patient, shorter hospital stay, lower infection risks, less blood loss and fewer transfusions. All of these benefits may lead to a faster recovery for the patient with an improved overall patient experience.

What surgeries will be performed with the robot at LVH–Hazleton?

The da Vinci® Si™ surgical system can be used to perform a wide array of surgeries. The following robot-assisted surgeries will be performed at LVH–Hazleton: hernia, gallbladder, colon and rectal and hysterectomy.

How can I find out more about robotic surgery at LVH–Hazleton?

LVH–Hazleton general surgeons Michael Mahoney, DO, and Joshua Nochumson, MD, were recent guests on The Sam Lesante Show, taped on location in the LVH–Hazleton surgical suite. To view this show on YouTube, search [Robotic Surgery at LVHN](#). You may also find information at LVHN.org/roboticsurgery.

Robotic surgery now is available at six LVHN hospitals:

- LVH–Cedar Crest
- LVH–17th Street
- LVH–Hazleton
- LVH–Muhlenberg
- LVH–Pocono
- LVH–Schuylkill

LVHN has one of Pennsylvania's largest robotic surgery programs having performed more than 5,000 surgeries and 130 types of surgeries using the robotic surgical system since 2008.

First Available Appointments on LVHN.org

BY [JENN FISHER](#) · JANUARY 5, 2018

Late last week, MyLVHN began offering people who need an appointment with a new provider another way to schedule by offering “First Available” appointments.

Where is it? Find it on the front page of LVHN.org in two spots.

- 1) Click on “Schedule Now” found on the green overlay or,
- 2) “Make an Appointment” in the blue box beneath “Welcome.”

Who is it for? New patients looking for a provider in one of these practice types: Family Medicine, Internal Medicine, OB/GYN, Pediatrics and Urogynecology.

When can I see a provider? A list of open appointments will populate immediately after you select a practice type. You can select a day/time from there.

TIP: Filter for better results – Use the drop down filters to narrow your results further, such as limited to one or two practices near your home.



Pulmonary Practice Joins LVPG

BY [ADMIN](#) · JANUARY 2, 2018

On Jan. 1, 2018, Pulmonary Medicine, PC, in Bethlehem joined Lehigh Valley Physician Group (LVPG) and became LVPG Pulmonary Critical Care Medicine–Northgate. A not-for-profit subsidiary of Lehigh Valley Health Network, LVPG is one of the largest medical groups in the United States, with more than 1,300 providers and more than 160 practices.

The practice's pulmonary and critical care providers, Brian Burlew, MD, and Keith Craley, PA-C, will continue to personally manage and coordinate patient treatment.

LVPG Pulmonary Critical Care Medicine–Northgate is located at 5325 Northgate Drive, Suite 209, Bethlehem.

Office hours are 8:30 a.m. to 4:30 p.m. Monday, Wednesday and Thursday; 8:30 a.m. to 5 p.m. Tuesday; and 9 a.m. to 3 p.m. Friday.



Active Shooter Training Course Free to All Colleagues

BY [ADMIN](#) · JANUARY 3, 2018

The department of public safety, in conjunction with local law enforcement partners, is offering the Civilian Response to Active Shooter Events (CRASE) course at various LVHN sites throughout 2018. This free course is open to all LVHN colleagues.

The course provides a framework for your personal response to an active shooter event in the workplace, as well as strategies, guidance and a proven plan for surviving an active shooter event. It is designed on the “avoid, deny, defend” strategy, which is very similar to the “run, hide, fight” strategy colleagues are currently taught through the quarterly bundle. During the course, you’ll receive instruction through a combination of lecture, video and group discussion with local law enforcement and public safety leadership. While the course is delivered in person, no physical demonstration activity will take place.



Also offered is the Basics of Bleeding Control Course through the American College of Surgeons. This course will be taught in conjunction with the CRASE course and is aimed at teaching the basics of tourniquet use and bleeding control techniques to those without any formal medical training. Courses will be held on the following dates:

Feb. 7, 9 a.m.-12:30 p.m., LVH-Muhlenberg ECC room C

March 5, 9 a.m.-12:30 p.m., LVH-Cedar Crest auditorium

April 5, 9 a.m.-12:30 p.m., LVH-Cedar Crest auditorium

May 16, 9 a.m.-12:30 p.m., LVH-Muhlenberg ECC room C

Additional courses will be added throughout the year at various sites. Colleagues from all campuses are encouraged to attend any course.

To register, log in to TLC. Then, search “CRASE” in the search box and follow the prompts to register online. Please note, this course may appear on your dashboard as “CRASE 2017.” If you select that course, you will be directed to the 2018 course dates and will be able to register. A certificate of

attendance will be provided through TLC upon completion of the course.

Financial Workshop for Millennials

BY [SHEILA CABALLERO](#) · JANUARY 5, 2018

If you think there's plenty of time to begin planning for your future, you should think again. Starting early to form good financial habits can have a long-term effect on your health and well-being. When you eliminate financial stress and worry, you are better prepared to meet the future.

It's never too early to plan for your future

Taking steps to improve your financial wellness can benefit your physical, mental and financial health now and into the future.

Join your LVHN colleagues at an upcoming workshop hosted by VALIC for insight on budgeting basics, financial strategies and ways you can improve your financial wellness to reach your goals.



Financial Workshop for Millennials

Hosted by VALIC

Thursday, Jan. 18

6:30-8:30 p.m.

LVHN—One City Center

The Air Products Center for Connected Care and Innovation at LVHN, 5th Floor

Register today

To reserve your spot, visit my.VALIC.com/seminars and enter the registration code **LVHALL11BV**. Refreshments will be served. The workshop is limited to the first 150 registrants. Additional sessions may be added in the future based on demand.

If you have questions, please contact the Colleague Resource Center at 484-884-3199.

VALIC – January Retirement Income Strategies for Women

BY [TED WILLIAMS](#) · JANUARY 2, 2018

VALIC Retirement, the company managing our retirement plans, will host the “Retirement Income Strategies for Women” at the following locations:

Jan. 9 – 12-1 p.m., LVH–Muhlenberg ECC room D

Jan. 10 – 12-1 p.m., LVH–Cedar Crest ECC room 9

Jan. 11 – 12-1 p.m., LVHN–Mack Boulevard room 6B

Jan. 16 – 12-1 p.m., LVH–17th Street auditorium

Jan. 17 – 12-1 p.m., LVHN–One City Center room 8 East 2



Registration is required to attend one of these seminars. [Click here to register](#) and enter one of the following codes:

For LVH–Muhlenberg seminar: LVHBET11AR

For LVH–Cedar Crest seminar: LVHALL11BC

For LVHN–Mack Boulevard seminar: LVHALL11BL

For LVH–17th Street seminar: LVHALL11BM

For LVHN–One City Center seminar: LVHALL11CB

VALIC Retirement advisors are available to help you at:

LVH–Cedar Crest:

Jeff Hofmann: 610-402-8801

Michael Ryan: 610-402-8801 (advisor for LVPG colleagues)

-
LVH-17th Street:

Tim Schroyer: 610-969-2625

-
LVH-Muhlenberg and Health Network Laboratories:

Kevin Gertz: 610-392-9912

LVHN-One City Center:

Michael Ryan 601-402-8801

Tim Schroyer 610-969-2625

Questions about Medicare supplements, Advantage or prescription plans?

Peggy Strouse 484-862-3478

Mapping Flu Care

BY [KIM JORDAN, DNP, RN](#) · JANUARY 5, 2018

If you work in patient care, you probably haven't had a moment to look at the Centers for Disease Control and Prevention's current [Influenza Summary Update map](#). What it shows is the flu is currently widespread across the U.S. It's hitting us hard in Pennsylvania. And before you book a trip, let me add you can't even escape the flu by traveling to Hawaii.

What this widespread flu outbreak means at LVHN is this: our emergency departments (EDs) and hospitals are very busy. Very, very busy. So busy, in fact, that we are floating staff to provide care for this surge of patients with the flu.



Patient – and email – surges

This is one of those instances where patient care staffing is directly affected by a major wave of illness. Unlike the military where you might have a cadre of soldiers ready to deploy to a natural disaster, my patient care services leaders and I look at the staff on-hand and map out our strategy. Who can help us care for hundreds of very ill patients? You can.

Floating staff to units that are inundated with flu patients is a sound plan. Yet here's what surprised me – and quite honestly disappointed me. As we faced this patient care need and notified colleagues about their assignments, I received emails. Several were frustrated or less than "PRIDEful." A handful expressed unhappiness and even unwillingness to float to other areas where they would supplement care teams already in place.

Patient care requires all

Sometimes we are faced with doing something we feel is not at the top of our license or outside our skill set. This may have been one of those times. What is important to recognize is this: Floating staff during a patient surge is part of how we manage community illnesses. We are patient care services. Our name says it all. Regardless of your specialty or training, it is a unified team approach when members of the community fill our bays, beds and hallways and need patient care.

During this difficult – but temporary – flu outbreak, remember how far kindness, respect, empathy and

teamwork can uplift and carry us. Your care team colleagues need you. Your patients need you. I certainly need you. As a team, we can weather this flu storm and help restore our hospitals to a more “normal” level of busy. Until then, I need you to be there for your patient care services colleagues and your patients.

In advance, my thanks to all who float to meet the needs. Your flexibility and adaptability to take on so many new things – new team, new and very sick patients, new location – is appreciated by me and everyone you help support. For those who are frustrated by the current floating needs, I feel your pain. I hope you can put aside those feelings and instead, focus on providing the best patient care out there. We will support you too, and appreciate what you need to give up in order to float to an area that needs help.

Kim

Reminder: We have shifted this blog to an every-other-week publication. Please stay in touch by email (Marie.Jordan@lvhn.org) and help me know what is on your mind.

Resource: Want to know when the flu is departing Pennsylvania? (It can't be too soon.) Check out this map: <https://www.cdc.gov/flu/weekly/usmap.htm>



Kim Jordan

About me: My name is Kim Jordan, DNP, RN, and I am Senior Vice President and Chief Nursing Officer at LVHN. I came to LVHN 15 years ago as director of the open-heart and transitional open-heart units. I consider it an honor and a privilege to lead our outstanding nursing colleagues.

Enjoy 'Stone Soup Stroll' at Wildlands Conservancy Jan. 13

BY [TED WILLIAMS](#) · JANUARY 3, 2018

LVHN and Wildlands Conservancy will sponsor “Stone Soup Stroll,” a mile-long hike at Wildlands Conservancy’s Pool Wildlife Sanctuary on Jan. 13 at 10 a.m. as part of the [Get Out Lehigh Valley](#) walking exploration series.

Prior to the hike, two large pots of “stone soup” will be started over an open fire. Hikers are asked to bring a vegetable, fresh or canned, to add to the pots. Both beef-based and vegetable soups will be available. The two-hour hike then takes place as the soups simmer.

The walk is appropriate for children of all ages. Dogs on leashes are welcome. Bring a camera/binoculars to view the forest in winter. Wear layers of clothing and sturdy footwear appropriate for the weather. Heated bathrooms are on site in the Air Products Educational Building.

Space is limited. Please register online at wildlandspa.org/GOLV for this walk or any Get Out Lehigh Valley event, or call 610-965-4397 x136.

To get to Wildlands Conservancy from South Cedar Crest Boulevard, turn onto Riverbend Road. Travel 0.8 miles to the stop sign and turn right onto Orchid Place. Travel 0.3 mile to the blue Wildlands sign and turn right over the bridge, then left into the parking lot. Walk up the “animal tracks” sidewalk to the porch of the Air Products Educational Building.



Service Anniversary List – January 2018

BY [EMILY SHIFFER](#) · JANUARY 2, 2018

Happy anniversary to these colleagues celebrating a career milestone at LVHN in January.

45 years

M.Claudio de Gonzales, adult psychiatry unit

40 years

Diane Horoski, medical staff services

Marcella Metzgar, adult psychiatry

Nancy Thompson, 7K

Julia Werkheiser, TNICU

35 years

Steven Pyne, respiratory care specialty float pool

Debra Walicki, NORI

30 years

Beverly Birky, pre-admission testing

Stacy Christman, operating room

Jose Collazo, engineering

DeniseDrummer, ASU/OR

JamesGates, respiratory care services

MarshaKatcher, radiology

KevinMoore, adult psychiatry

MarleneRitter, quality

CarmenRivera, operating room

25 years

Francisco Nieves, courier services

JudyReed, ASU/OR

20 years

Karen Christman, MICU/SICU

Roberta Gladstone, Breast Health Services

Marna Greenberg, emergency department

Tracie Heckman, 4KS



Janet Wood, NICU

15 years

Donna Beitler, HealthWorks

Carol Blair, emergency department

Kai Bortz, transitional trauma unit

Nancy Butler, LVPG Infectious Diseases-1250 Cedar Crest

Maureen Cianciotto, obstetrics

Erin Conahan, Comprehensive Stroke Center

Robin Crist, LVPG Family Medicine-Hamburg

Donna Doe, transitional skilled unit

Jennifer Falsone, Pediatric Sleep Center-17th Street

Annette Fertich, 7T

Denise Geroulo, LVPG Internal Medicine-Muhlenberg

Grace Gerrouge, 3A

Jennifer Hoff, bed management

John Hurley, pharmacy

Charles Incalcaterra, Dental Clinic

Deidre Kutzler, 7C

Jillian Laudenslager, operating room

Kimberly Lenner, precertification department

Donna Maldonado, ExpressCare

Amy Moyer, LVPG Obstetrics and Gynecology-Kutztown

Jennifer Nagle, Regional Burn Center

Nilsa Rivera, education infrastructure

Susan Schubert, case management

Mary Jane Smith, adult/pediatric psychiatry

Lori Tyson, 3A

Carol Wang, PACU

Vicki Wertman, labor and delivery

Jenna Wolf, case management float pool

Stephanie Wonderly, sterile processing

10 years

Sara Brotosky, 4K

Beth Budick, case management

Aldo Corredera, information services

Patricia Deblasse, revenue cycle systems

Leonard Defranco, respiratory care services

Tracy Dietrich, LVPG Family Medicine-Hamburg

Christine Dirobio, HIM facility based coding

Maria Dutan, Lehigh Valley Physicians Practice
Victoria Esterly, MICU/SICU
Linda Fasching, Wound Healing Center
Michael Finney, Lehigh Valley Anesthesia Services
Tara Fleissner, respiratory care specialty float pool
Kimberly Green, operating room
Nicole Hammerly, HIM provider based coding
Ryan Harris, Heart Station
Joelize Hock, Fairgrounds Surgical Center
Cindy Kaipio, LVPG Surgical Oncology-1240 Cedar Crest
Tatyana Kemarskaya, LVPG Geriatric Medicine-17th Street
Heather Kromer, Mental Health Clinic
Christa Lasalle, home care
Erin Mantilla, LVPG Infectious Diseases-1250 Cedar Crest
Jane McKenney, nursing float pool
Sorya Morel, 5T
Rachel Moyer, LVPG Neurosurgery-Muhlenberg
Stachein Nester, home care
Michaelene Panzarella, risk management
Khyatiben Patel, Health Center at Fogelsville
Toni Perez, PACU
Tammy Pintabone, sterile processing
Ashley Raisner, precertification department
Nicole Reed, LVPG Internal Medicine-1230 Cedar Crest
Denise Rodriguez, LVPG Family Medicine-Hellertown
Leslie Russo, transitional trauma unit
Dolores Sciarra, department of psychiatry
Andrea Seibert, LVPG Internal Medicine-Hausman Road
Kathleen Sevedge, cancer support services
Tammy Smith, NICU
Jennifer Snyder, post operative unit
Jillian Uttard, emergency department

5 years

Margherita Alberoni, LVPG Internal Medicine-1255 Cedar Crest
Lysbeth Anchundia Ruiz, transitional open-heart unit
Carolyn Baaden, hospitalist program
Donna Bakey, hospice unit
Michelle Bartoo, clinical services
Donna Bassett, physical/occupational/speech therapy
Amanda Bauder, LVPG Cardiology-Muhlenberg

Leah Beckstead, hospitalist program
Micah Beckstead, hospitalist program
Tricia Berte, adolescent psychiatry unit
Edward Binkowski, engineering
Jonathan Biro, patient accounting
Robert Boandl, courier services
Jennifer Bowman, patient transport services
Robert Budinetz, LVPG Family and Internal Medicine-Center Valley
Anthony Buonanno, hospitalist program
Carol Burian, LVPG Vascular Surgery
Susan Chaffier, Cardiac Diagnostic Center
Mary Cherney, Inpatient Rehabilitation Center-Cedar Crest
Rebecca Darrell, Epic
Jeffery Debuque, LVPG Family and Internal Medicine-Center Valley
Nicole Defenbaugh, family medicine residency
Shannon Diallo, hospitalist program
Justin Dias, emergency department
Jillian Diasio, hospitalist program
Candace Everett, LVPG Internal Medicine-1230 Cedar Crest
Michele Ezrow, LVPG Pediatric Endocrinology-17th Street
Sarah Farmer, nursing float pool
Shavon Farmer, LVPG Family and Internal Medicine-Center Valley
Jenelle Faust, 6K
Karen Fay, physician and executive recruitment
Brett Feldman, Street Medicine program
Nancy Fickert, OACIS
Derek Fishel, CT scanning
Kimberly Fossa, obstetrics
Thomas Gonzalez, employee assistance program
Eric Heck, physical/occupational therapy
Jenelle Heilman, LVPG Urology
Diana Houvig, LVPG Internal Medicine-1255 Cedar Crest
Susan Ingram, LVPG Neuropsychology-1250 Cedar Crest
Karen Juszczuk, LVPG Family and Internal Medicine-Center Valley
Patricia Kelley, LVPG Cardiology-1250 Cedar Crest
Jinny Kim, operating room
Lori Kohler, department of emergency medicine
Stephanie Lakits, hospitalist program
Paul Layden, hospitalist program
Pam Lichtenwalner, LVPG Internal Medicine-1255 Cedar Crest

Thomas Lloyd, hospitalist program
Karen Mabry, open-heart unit
Vipul Makwana, hospitalist program
Kathleen Marcus, LVPG Family Medicine-Trexlerstown
Ruth Martinez, emergency department
Joanne McNellis, 5CP
Emily McSparin, LVPG Obstetrics and Gynecology-Valley Center Parkway
Earlene Miller, LVPG Urology
Asha Nelson, specialty practice management
Kristin Newhard, physician documentation
Ioana Nistor, hospitalist program
Rebecca Nuno, LVPG Neurology-Muhlenberg
Sonia Perroncino, department of emergency medicine
Lynne Reph, execution ROI staff res FY16
Stephanie Riegel, LVPG Cardiology-1250 Cedar Crest
Sarah Rinker, infection control and prevention
Amy Robinson, hospitalist program
Jose Santiago Rivera, LVPG Internal Medicine-1255 Cedar Crest
Theresa Scarlatella, hospitalist program
Ashley Scheffler, marketing and public affairs
Jessica Schwartz, hospitalist program
Stephanie Searfass, precertification department
Jacqueline Sellers, guest services
Brittany Senholzi, MRI
Jane Sipple, LVPG Anticoagulation Management-1230 Cedar Crest
Anne Snyder, operating room
William Swayser, hospitalist program
Angela Torres, 7T
Margaret Tretter, hospitalist program
Shailesh Unjia, LVPG Internal Medicine-1255 Cedar Crest
Tracy Vazquez, LVPG Internal Medicine-1255 Cedar Crest
Katherine Velekei, environment and sustainability
Sarah Wenrich, robotic surgery
Meghan Williams, hospitalist program
Katherine Wozniak, Children's ER
Leigh Yocum, kidney acquisition
Brian Young, engineering

Discounted Phantoms Tickets for LVHN/Gift of Life Organ Donor Awareness Night

BY [EMILY SHIFFER](#) · JANUARY 4, 2018

Watch the Lehigh Valley Phantoms take on the Hartford Wolf Pack at the PPL Center on Saturday, Feb. 17, at 7:05 p.m.

That night, the Phantoms will be partnering with LVHN and [Gift of Life Donor Program](#) to raise awareness about organ and tissue donation.

Tickets in the lower level are \$18.50 (+ \$4.75 ticketing fee).

To buy tickets, go to phantomshockey.com/grouppromo and enter promo code GIFTOLIFE.

