

Neurosciences Regional
Resource Center
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CHECKUP

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Should This be Vol 2?

Vol. 3, No. 22 January 26, 1990

TAH—LVHC To Sponsor TV Program About Health

A 90-minute special on Wednesday, Feb. 7 will help kick off the weekly Health Matters TV series featuring TAH—LVHC doctors discussing current medical issues.

Health Matters is a unique and exciting lineup of half-hour TV programs, which will air on WLVT-TV, Channel 39 at 7:30 p.m. Wednesdays. The shows will be repeated at 4 p.m. Saturdays. Health Matters is produced by Medstar Communications Inc., based in Allentown.

In addition to the physician-discussion portion of the program, Health Matters consists of an introductory film segment that often involves interviews with patients and demonstrations of current technology and treatments. At the end of the program, members of the audience may call in and request free literature on topics of particular interest.

TAH—LVHC President Samuel R. Huston strongly endorses the series and encourages employees and volunteers to view the program.

"Through Health Matters viewers can learn more about the most common health problems, their causes and symptoms and how they can be diagnosed and treated," Huston says. "As health care professionals, we can become more aware of the pertinent issues facing the industry today."

The premiere program of TAH—LVHC sponsored series is titled "Getting Your Heart In Shape" and

will feature Donald Belmont, M.D. and Jeffrey Burtaine, M.D. The show, to air Feb. 7, will teach viewers how the right exercise keeps hearts healthy, improve the quality of life and delay the impact of aging.

Immediately after the show, "How To Beat Heart Attack," a Health Matters special, will be broadcast from 8 to 9:30 p.m. During the program, viewers will have the opportunity to phone in and speak with cardiologists

and internists about their special concerns.

Future Health Matters programs will discuss topics including cancer, hysterectomy, depression, weight control and sexual dysfunction. Watch for more details in future issues of *CheckUp*.

Program guides will be inserted into the next issue of *Vim & Vigor*. If you do not get one, please call 778-CARE.

You've Come A Long Way Babies!



The Martino quintuplets await the festivities during their first birthday party at TAH site Jan. 11. See story on page 4.



The Allentown
Hospital—
Lehigh Valley
Hospital Center

A HealthEast Hospital

Educational Happenings

Saturday, Jan. 27

LVHC — "Differential Diagnosis & Treatment of 'Spells' or 'Attacks': The Cardiovascular, Emotional, Neurological & Endocrinologic Etiologies"; 8:30 a.m. to 1 p.m.; auditorium. The symposium deals with the common and real problem of patients with attacks. No charge for employees, but lunch will not be provided. To register, call ext. 8320.

Wednesday, Jan. 31

TAH — Stroke Team; 9 to 10 a.m.; cafeteria conference room.

Monday, Feb. 5

TAH — Employee Orientation; 8 a.m. to 4:30 p.m., auditorium.

Wednesday, Feb. 7

TAH — Stroke Team; 9 to 10 a.m.; cafeteria conference room.

TAH — Tour; 1 to 2 p.m.; lobby.

LVHC — Tour; 2:30-3:30 p.m.; lobby.

EAC To Hold Bazaar

TAH—LVHC Employees Activities Committee will hold its fifth annual spring bazaar on Thursday, March 22 and Friday, March 23 in the main lobby at LVHC site.

Any employee wishing to sell hand-crafted items at the bazaar should contact Sharon Bartz at ext. 8480. Participants will be accepted on a first-come, first-served basis due to limited space.

CheckUp is a biweekly publication of the Communications Department of HealthEast. To submit an article or for additional information, call ext. 7915.

Our mission is your health. HealthEast, a not-for-profit regional health care system, is more than 8,000 professionals, employees and volunteers working to provide you with quality, comprehensive health services.

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Parking Can Cause Lots of Problems

TAH—LVHC Security department didn't have to study the parking patterns at the hospital sites to know they exist. But Jerry Kresge, Security director, says the recent two-month investigation will help produce a plan better suited to meet the parking needs of all groups associated with the hospital, with an emphasis on patients and visitors.

Kresge predicts major changes in parking within several months that will be based on the philosophy that directs all hospital efforts: to provide quality patient care.

"We want to try to make coming to the hospital less stressful for patients and visitors by giving them easy access to the building," explains Kresge, adding that, unfortunately, no plan will permit ideal parking for everyone.

"You have to live with what you have today," advises Kresge, who said that the new design will coordinate and control space availability in line with visitor and physician needs, and employee shift patterns.

To assemble the plan, Security personnel spent hundreds of hours observing parking lot use at TAH and LVHC sites. Their analyses confirmed that optimum use of current spaces can accommodate people who come to the hospitals to receive medical care, work, visit or volunteer.

While a long-range design may place a parking deck at LVHC site, the near-term solution does not involve this costly construction. On the other hand, TAH site is restricted to parking lots because the campus is landlocked.

Offering the best parking spaces to our customers, however, doesn't imply ignoring the employees, Kresge quickly points out. The study revealed underuse and irregular parking patterns in several employee lots at the sites. A new plan will attempt to maximize lot use through the system-

atic assignment of parking areas.

Lot number 7 on Liberty Street, for example, has an average of 75 of the total 150 spaces vacant during a typical work day. Kresge feels this results from two factors, the lot's inconvenient location; and hospital employees' security concerns.

"While employees sometimes must park in less than ideal locations, they do deserve personal protection while walking to and from their cars," states the director of Security.

Kresge and his officers have always provided safe escort to employees requesting the service. They encourage concerned staffers to call them, day or night, to ask for protection when arriving for work or returning to their cars.

To give employees the opportunity to voice their opinions on assignment and control of parking areas, several focus groups will be formed in early spring, notes Kresge. People interested in participating should contact the Security office at ext. 2986.

Directing drivers to available parking areas is another concern of the hospital's Security department. Kresge notes that the new parking plan will involve adequate signage to help people find suitable spaces to use while they are at the hospital.

The Security force is also recommending revisions to the hospital's policy on parking violations. According to Kresge, monetary fines are being considered as replacements to the current penalties.

Currently, violators are issued warning tickets which notify them that three occurrences could result in a short-term suspension.

While parking for all parties is less than ideal at TAH—LVHC, the hospital is determined to make as many improvements as possible within the current space limitations.

Board of Directors

This is the 19th installment in an ongoing *CheckUp* feature which provides brief biographical sketches of community leaders who volunteer their time to serve on our boards of directors.

Stanley E. Zeeman, M.D. HealthEast and TAH—LVHC

Stanley E. Zeeman, M.D., has served on the HealthEast Board of Directors since 1982. He has been a member of TAH—LVHC Board of Directors since its creation in 1988 and previously was a member of LVHC Board of Directors, a position he held since 1982.

Dr. Zeeman is a member of HealthEast board's Executive; Communications; and Compensation and Professional Development committees. He serves on TAH—LVHC board's Planning Committee and is chairman of its Education Committee. He was chairman of the committee that established the hospital's affiliation with Hahnemann University and the committee that brought John Fitzgibbons, M.D. to the hospital to serve as chairman of the Department of Medicine.

Among his professional accomplishments, Dr. Zeeman created the area's first cardiac catheterization laboratory at Allentown General Hospital (now TAH site) in 1963 and served as its director until 1969. With James Rex, M.D. he promoted and helped develop the first heart surgery program in the Lehigh Valley in 1972. He also established the first paramedic response team in Allentown in 1976 after training a cadre of Allentown Police to provide emergency cardiac care and resuscitation.

In 1988, Dr. Zeeman was the joint recipient of the Leonard Parker Pool Prize, which is awarded periodically to recognize outstanding individual service in the provision of superior health care to the citizens of the Lehigh Valley and others served by TAH—LVHC.

The past chief of cardiology at the former Allentown and Sacred Heart Hospital Center (now LVHC site), Dr. Zeeman was president of the medical staff of the center from 1980 to 1982.

Currently, he is a member of the



Stanley E. Zeeman, M.D.



Helen B. Potts

active medical staff of both TAH and LVHC sites. In addition, Dr. Zeeman is a clinical professor of medicine at Hahnemann University in Philadelphia.

Dr. Zeeman completed residencies in cardiology at Philadelphia General Hospital and in internal medicine at Bellevue Hospital in New York City. He received his medical degree from Jefferson Medical College, Philadelphia, and attended Villanova University; Cornell University, Ithaca, New York; and Muhlenberg College, Allentown.

Dr. Zeeman is board certified in internal medicine and cardiology. He is a fellow of the Clinical Council of the American Heart Association, the American College of Physicians and

the American College of Cardiology.

Dr. Zeeman served as a captain in the U.S. Medical Corps in a field hospital in Augsburg, Germany in 1953, 1954.

He and his wife, Roberta (Bonnie), have five daughters.

"I serve on TAH—LVHC and HealthEast boards of directors because of my desire to see the hospital develop into the very high quality, full-service institution that Leonard Pool envisioned," he says.

Helen B. Potts HealthEast

Helen B. Potts has served on TAH—LVHC Board of Directors since its establishment. Previously, she was a member of TAH board, a position she held since 1983.

On the board, Potts serves on the Human Resources and Education committees. She also was appointed to the Internal Audit Committee of the HealthEast Board of Directors.

A civic leader, Potts has been an active volunteer of the United Way in Lehigh County since 1946. She currently serves on the United Way Development Group. In 1987, the Women's Educational Liaison Division (WELD) to United Way bestowed the Silver Bowl Award upon Potts for her meritorious contribution in volunteer service to community endeavors. She is one of the original members of WELD, having served as its first recording secretary.

In addition to the United Way, her community activities have included serving on the Board of Directors of Presbyterian Homes Inc. and as chairman of its Finance Committee. She served as a member of the first licensing board for Nursing Home Administrators in Pennsylvania. She also is the past president of Meals on Wheels in Lehigh County.

Potts is the past president of the Great Valley Girl Scout Council and serves on the board of the Great Valley Girl Scout Foundation. She also is a member of the Lehigh Valley Advisory Committee.

The Girl Scouts brought her to Allentown in 1946 when she became the executive director of the then-Lehigh County Girl Scout Council, a post she held until her marriage to Joseph Potts three years later.

(Continued on Page 4)

WomanCare Holds Programs In February

WomanCare, a program of TAH—LVHC, will sponsor two lectures in February. All programs will be held in TAH site auditorium and free parking is available.

Women and Co-Dependencies, to be held at 7 p.m., Tuesday, Feb. 13, will address a problem faced by a great number of women. Emotionally, a co-dependent shares someone's dependency on drugs, alcohol or any substance, enabling the other person to continue his or her addiction. The featured speaker is Beth Roethke, M.A., a Bethlehem area counselor, who will demonstrate self-help and helping others.

Women & Depression will be held at noon, and again at 7 p.m., Tuesday, Feb. 27. Joseph Antonowicz, M.D., staff psychiatrist, will provide participants with facts about this often treatable illness. The topic will also be addressed Wednesday, Feb. 21 on Health Matters. For more information and to register, call WomanCare at ext. 3800.



Board (Continued from Page 3)

Potts graduated from the University of North Carolina with a dual degree in social studies and physical education. She taught school and served as basketball coach in Rocky Mount, N.C. before enlisting for overseas duty with the American Red Cross during World War II.

A widow, she is the mother of two sons, Joseph of Boston and Thomas of Allentown, and four grandchildren.

"I feel service on TAH—LVHC Board of Directors is especially challenging during these years of change in the delivery of health care to our community," Potts says. "The opportunity to try to contribute is most rewarding."

Quintuplets Celebrate T

Anyone in the corridor of the School of Nursing basement Jan. 11 might have thought he was in the wrong place.

Jammed with more than 80 people, room 900 was filled with balloons, streamers, flowers, cake and ice cream, brightly packaged presents, Teddy bears and two large play pens. The most unusual element in the room, however, was five tiny tots.

The "special" special event was a party marking the first birthday of TAH site's most famous patients, the Martino quintuplets.

The quints and their parents, Brian and Rolanda Martino, were joined by friends, family members, hospital employees and members of the media. Cameras clicked, reporters interviewed the family and everyone had a great time.

Among the gifts at the party was a huge birthday cake baked and decorated by the quintuplets' great uncle, Al Mertz of The New York Italian Bakery, Phillipsburg.

Baby Paul was particularly enamored by the culinary delight. He dove in first, reserving his corner of cake while his brothers and sisters watched and listened to the guests singing "Happy Birthday."

The quints' brothers, Russel and Brandon, proudly blew out the candles on the cake, but it was TAH—LVHC President Samuel R. Huston who made the wish. Looking at Veronica, Derek, Paul, Matthew and Danielle, Huston said, "I wish you continued good health and happiness throughout the rest of your lives."

As its present, the hospital is giving a commemorative plaque and collage of photographs taken from the party. A similar photo display will be placed in TAH site lobby.

Many employees gave a very precious gift—their time—and attended the party. Among them was Szeya Yeh, M.D., chairman of Obstetrics and Gynecology. He congratulated the family and credited the Martinos for the excellent care of the quintuplets.

Among the staff members who helped care for the quints throughout



Family members, friends, employees and School of Nursing, TAH site, during the

the festivities were Louise Andrescavage, Cathy Dixon and Andrea Keener, all Neonatal Intensive Care Unit nurses.

"It was nice to see that the babies were healthy, happy and progressing normally," Andrescavage said. She was amazed by how much care and attention five toddlers can demand at one time.

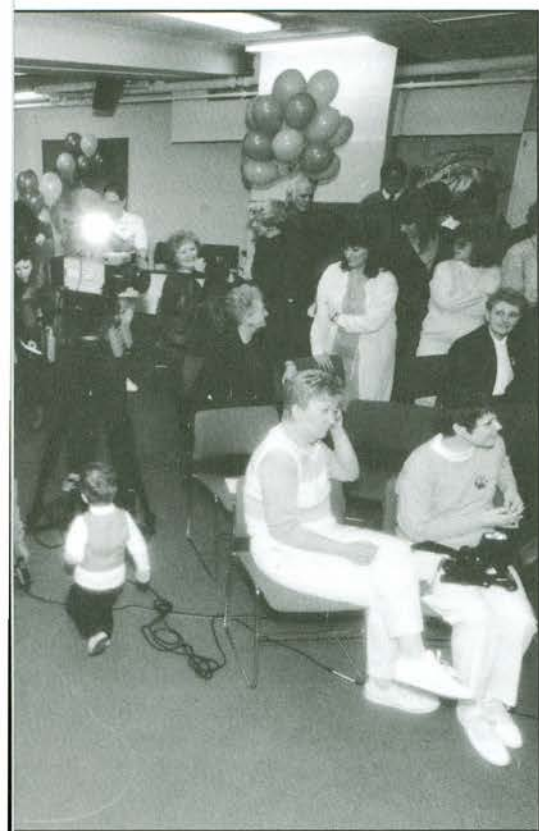
As she was feeding Danielle, she realized the "scientific system" that Mrs. Martino must have developed to care for the quintuplets.

Dixon was impressed by the quintuplets' pleasant mannerisms and friendliness to strangers. She held one of the babies while the media clamored around during the cutting of the cake.

She hopes the quintuplets continue to do well. "It's nice to keep informed of their progress," she said.

Keener added that she always enjoys seeing babies she has cared for.

their Birthday



Media representatives jam room 900 of the quintuplets' birthday party.

"It's rewarding to see them at their best," she said. "All five babies looked great as they patted and pushed each other. I expected them to be competitive with one another, but they are not."

The quintuplets' father, who said their birth made him believe in miracles, gave everyone a "big thank you."

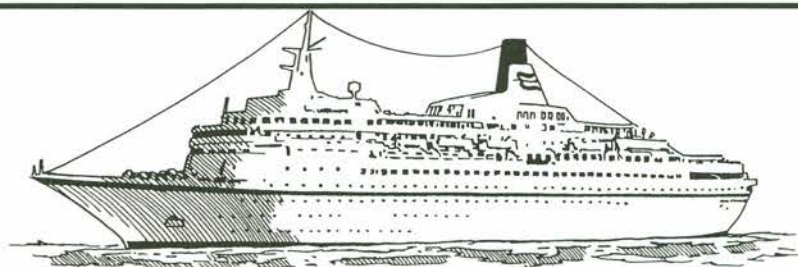
Likewise, *CheckUp* commends everyone who helped with the party, and more importantly, with giving the Martinos a reason to celebrate. This is one year-end report you should all be proud of.

Note: Area merchants also extended their birthday wishes to the quintuplets and provided them with a variety of gifts. These consisted of The Phillipsburg Mall of Phillipsburg, N.J., Sherwoods For Kids of Easton, Balloons By Mimi, Balloons For All Occasions, House of Bargains, Junior Boot Shop, Laneco Inc., Le Val's Baby, and Phoebe Floral, all of Allentown.

HealthCounts Offers Programs

HealthCounts, the employee and community wellness program of TAH—LVHC, will be offering several programs in February.

- **Smoking Cessation Hypnosis** will be held at 7 p.m. Thursday, Feb. 15 in LVHC site, classroom. Registration deadline is Thursday, Feb. 8.
- **Smoke Stoppers**, which neutralizes the smoker's desire for tobacco, will hold a free introductory session at 7 p.m. Wednesday, Feb. 7 at the Bethlehem Public Library.
- **Cholesterol Facts**, a four-week course, will be held from 7 to 8:30 p.m. Feb. 15 to March 8 in TAH operating room conference room. Learn what elevated cholesterol means and how to adjust eating habits to meet recommended guidelines. The employee fee for this series is \$30 and the registration deadline is Monday, Feb. 12.
- **All Stressed Up and Nowhere to Go**, a five-week stress management course, will be held from 7 to 9 p.m. Tuesdays, Feb. 6 through March 6 in TAH's School of Nursing parlor A, room 1908. The total fee for all two-hour sessions is \$45. Register before Tuesday, Jan. 30.
- **Lifestyle, Exercise, Attitude, Relationships and Nutrition (L.E.A.R.N.)**, a 10-week weight control program, begins at 7 p.m., Wednesday, Feb. 7 continues through Wednesday, April 11 in TAH Operating Room conference room. Registration deadline is Monday, Feb. 5. The fee for employees is \$70.
- The following series of free lectures, offered in February, are sponsored by HealthCounts in conjunction with the Chronic Disease Education Committee of TAH—LVHC.
- **Heart Disease: Major Interventions and Continuing Care**, to be held at 7 p.m. Wednesday, Feb. 7 LVHC site classroom 1, will examine medical advances such as medications, angioplasty and bypass surgery. TAH—LVHC physicians David Goldner, M.D., cardiologist and F. Geoffrey Toonder, M.D., cardiothoracic and vascular surgeon, will be featured speakers.
- **The Aging Eye** will be presented by Harry Buchanan IV, M.D., TAH—LVHC ophthalmologist at 7 p.m. Thursday, Feb. 15 at TAH site auditorium. Commonly occurring conditions such as presbyopia (the inability to focus "up close") and the need for bifocals will be among the topics discussed.



TAH Site Auxiliary Sponsors Cruise

As the winter wind blows and snow falls, now is the time to make your reservations for a Caribbean cruise. The Auxiliary of TAH site is sponsoring a cruise to Bermuda from Oct. 14 to 21. Proceeds will benefit the hospital.

The cost of the cruise for double occupancy, outside state rooms will be \$1,428 a person. This includes on-ship meals and entertainment, port and departure taxes and round-trip motor coach transportation from Allentown to the port of New York City.

Early registration is encouraged and a \$200 deposit will be required at that time. Cabins and meal arrangements will be assigned as deposits are received so register now.

Total payment must be made before Aug. 14, the registration deadline. Passengers will be briefed on the arrangements during a meeting yet to be scheduled. No passport is required.

For complete details contact Shirl Ritter at 434-4279 or 432-7950. Checks may be made payable to the Auxiliary of The Allentown Hospital and sent to Ritter, 1533 W. Tremont St. Allentown, Pa. 18102.

Sinfonia To Brighten February

Dreary, dismal February has only three things in its favor: a brevity that allows the more imaginative to pretend that spring is just around the corner; a holiday that is as good excuse as any for chocoholics to indulge; and a concert by selected members of the Pennsylvania Sinfonia Orchestra that is designed to warm the most winter-weary soul.

Under the leadership of special events co-chairpersons Terri White and Eva Huston, a Sinfonia performance of **Candlelight Music for Romantics** will be presented by the Arts Advisory Council of

HealthEast at 8 p.m. Feb. 17 in LVHC site auditorium. A program identified with St. Valentine's Day will be played by Sinfonia members Frances Rowell, cellist; Rebecca Brown, violinist; Robin Kani, flutist; Kathleen Carroll, violist; and Allan Birney, electronic keyboardist.

Refreshments and a social period will follow the performance. Admission is \$25 a person and advance reservations are encouraged. Those interested in attending should call White at 967-3260 or write to her at R.D. 3, Box 214, Coopersburg, Pa. 18036.

The Arts Advisory Council's purpose is twofold: to bring art into the hospital setting and to share art with the general community. The council exhibits the works of local artists at a yearly show and encourages the public to purchase the art displayed either for personal enjoyment or for donation to HealthEast.

The HealthEast collection currently includes 95 artworks in a variety of media. Some pieces have been purchased with funds raised by the council, others have been donated

through its efforts, and all are exhibited at HealthEast hospitals for the enjoyment of patients, visitors and employees. So far, response has been favorable.

"One patient from the Nesquehoning area traced us down," related Gail Evans, office manager for the Development Office. "She's a photographer herself, and she called to say how much she enjoyed the art. She wants to donate some framed and mounted photographs of her own when she is fully recovered."

The council branched from the visual arts

into auditory arts last year when its first Sinfonia concert was held. The program was taped and has been broadcast every night since June 23 on the patient education TV channel at LVHC site. This year's program will be taped also.

The music is not only a source of pleasure for those hospitalized, but also can serve as a means to "help decrease patients' anxiety in units with a great deal of extra noises, such as those from alarms and ventilators," noted Carolyn Peters, clinical instructor for the Accelerated Internship Program. Peters has done literature searches on the subject.

According to White, the council hopes to generate funds to provide monthly musical programs that can be enjoyed live and taped for later broadcast to hospital patients. An "art cart" of pictures that can be borrowed by patients and used to brighten their surroundings is about to go into service and council members hope to be able to offer a library of music tapes to patients in the future.



Programs Scheduled

Trauma: A Continuum of Care, will be presented Thursday, Feb. 1 and Friday, Feb. 2 at Shawnee Inn, Shawnee-on-the-Delaware, Monroe County.

The program, sponsored by the Trauma Nursing Department, TAH—LVHC, in cooperation with Pocono Medical Center, is aimed at health care professionals involved in the care of trauma patients prior to and throughout hospitalization.

Featured speakers from TAH—LVHC and their topics are: Karen Bretz, M.D., anesthesiology, airway management of patients with facial injuries; Thomas Dickson, M.D., orthopedics, effects of substance abuse in the trauma patient; George Moerkirk, M.D., chief, division of pre-hospital emergency medicine and medical director of MedEvac, problems related to quality assurance; Mary Jean Osborne, R.N., M.S.N., CCRN, clinical nurse specialist, Shock-Trauma and MedEvac, nursing assessments and interventions for the pregnant trauma patient; Michael Rhodes, M.D., chief, division of Trauma, results of trauma research; and Linda Woodin, R.N., M.S.N., CCRN, clinical nurse specialist, Pain Management Program, nursing intervention to assist in the management of pain.

The registration fee will be waived for employees, however, \$20 will be charged if dining with the group. For more information and to register, call Human Resource Development at ext. 8320.

Dermatology: New Therapies and Concepts, is the focus of a symposium sponsored by TAH—LVHC in conjunction with The Dorothy Rider Pool Health Care Trust on Feb. 10 in LVHC site auditorium. This half-day seminar is part of the Regional Symposium Series.

Current and future roles of photopheresis and the retinoids in dermatology and other fields of medicine are among the topics to be addressed.

Staff members will not be charged and nutritional break and materials will be provided. The registration deadline is Feb. 7. For more information or to register, call Human Resource Development at ext. 8320.

Auxiliaries, Employees Support Each Other

TAH site auxiliary President Kitti Berkheimer sees the relationship between the auxiliary and hospital employees as a reciprocal one.

The auxiliaries sponsor activities to raise money for projects that benefit hospital personnel and in turn, employees are tremendously supportive of the group's fund-raising activities, says both Berkheimer and Gale Schlechter, president of LVHC site Auxiliary.

Since 1981 the auxiliaries of TAH and LVHC sites have raised more than \$2 million for the hospital and the employees are largely responsible for that success. During that nine-year period, TAH site Auxiliary raised \$660,000 and LVHC site Auxiliary raised \$1.3 million.

The most successful and dependable sources of revenue for both auxiliaries are the volunteer-operated gift shops and their best customers are the employees. Accounting for about

three-fourths of LVHC site Auxiliary's income, more than 100 people volunteer in the Tree Top Shop, which is open each day from 10 a.m. to 4:30 p.m. and 6 to 8 p.m.

Likewise, the Alcove Gift Shop accounts for the majority of TAH site Auxiliary's revenue. It raised \$335,000 in 1989. Approximately 70 volunteers staff the shop from 9 a.m. to 8 p.m. Monday through Saturday and from 1 to 8 p.m. on Sunday.

The employees are very supportive of the auxiliaries' fund-raising events, including both sites' flower sales and holiday bazaars, LVHC site's May Daze and TAH site's Italian Night Dinner and bus trips.

The auxiliaries donate money for projects ranging from a gift basket given to the first baby born at TAH site each year to high-tech equipment for the intensive care units at both sites.

Women's services are a priority of

TAH site Auxiliary and in 1987, it pledged \$250,000 over five years to *WomanCare*. With that commitment met, TAH site Auxiliary has pledged to replace the hospital's heavy front doors with automatic sliding ones and has already given TAH—LVHC President Samuel R. Huston a check for \$50,000, about half of the project's cost.

Other major contributions made by TAH site Auxiliary in the past decade include: \$200,000, equipment for the Intensive Care Unit; \$60,000, Nd:YAG Laser used in cataract surgery and \$10,000 to the HealthEast Trust Fund to be invested and used for TAH site.

Among the major contributions made by LVHC site Auxiliary in the 1980s were: \$225,000, renovation of the Shock Trauma Unit; \$200,000, Burn Center; \$182,500, laser surgery program; and \$127,000, mass spec-

(Continued on Page 8)

Food Bank Says "Thanks!"

The following letter of appreciation was sent to TAH—LVHC by Lehigh Valley Food Bank in recognition of our employees' concern for our community's hungry.

"It gives me great pleasure to acknowledge receipt of your recent donation of 643 pounds of assorted groceries to the Lehigh Valley Food Bank. Please accept our deepest appreciation for your interest in our work.

"As we have grown both in poundage distributed and services to our agencies, we have become increasingly aware of our dependence on the generosity of the communities we serve. When others would look away and ignore a need, you have chosen to recognize and respond to that need and we are grateful.

"I hope that you will convey my heartfelt gratitude to everyone who made this donation possible."

The 1989 holiday food drive at the hospital was the first merged effort of this kind. TAH—LVHC Employee Activities Committee deserves special credit for organizing and conducting the food collection.

Throughout the year, Lehigh Valley Food Bank supplies donated groceries to the area's churches for distribution to the needy, free of charge, through the churches' "emergency pantries."



Laura Brown, R.N., Pediatrics, TAH site, and a child play with one of several toys the unit recently acquired with the proceeds from a sale. Brown is an educational consultant with Discovery Toys. Laura Szabo, child life therapist, Pediatrics, says the unit received about \$200 worth of toys for about \$50 due to the generosity of the staff who purchased toys. On behalf of the unit, Szabo, who coordinated the sale, thanks everyone who purchased a toy.

Briefly Speaking Nurses Win Scholarships

Congratulations to the nurses who were awarded scholarships by the Professional Nurse Council Scholarship Subcommittee.

The \$1,500 scholarship award winners were: **Patricia Weber**, Comprehensive Community Cancer Center; **Josephine Cannariato**, Gastrointestinal Laboratory (TAH); **Susan Horvath**, Cardiac Rehabilitation (LVHC); and **Diane Fritts**, Home Care of the Lehigh Valley. Winning \$1,000 awards, all from LVHC site, were: **Jacaline Wolf**, 6C; **Tom Rothrock**, MedEvac; **Barbara DiMarcantonio**, Operating Room; and **Sally Koller**, 6C.

Center Changes Name

Due to a conflict with a similar business name, the Outpatient Rehabilitation Center has changed its name to Outpatient Rehabilitation Services, a service of TAH—LVHC. It was changed because it closely resembled the name of another local center, confusing patients of both organizations.

Computer Courses Scheduled This Winter

Learn how to use one or more of the many types of software available for personal computers during training classes offered by HealthEast Information Services in February and March. Classes will be held from 9 a.m. to 4 p.m. in the Information Services training room, second floor, General Services Building, LVHC site.

Course Title	Dates Offered	Registration Deadline
Word Perfect Intro.	Feb. 5, 7 & 9	Jan. 22
PowerBase Intro.	Feb. 12 & 13	Jan. 29
PowerBase Intermediate	March 5-7	Feb. 19
Lotus 1-2-3 Intro.	Feb. 14-16	Jan. 31
Lotus 1-2-3 Intermediate	March 12 & 13	Feb. 26
DisplayWrite 4 Intro.	March 16 & 19	March 2
DOS	March 14	Feb. 28

Beginning in February, **registration is being handled through completed and signed forms** rather than by telephone. To secure your spot, return a registration and skills inventory form, available through Human Resources offices at HEI, TAH and LVHC sites.

Auxiliaries

(Continued from Page 7)

trometer, anesthesia equipment.

In addition to replacing the doors, current projects of TAH site Auxiliary include renovating the vending machine area, Berkheimer says. The auxiliary has earmarked about \$19,000 for that project.

"We felt that since we have the good fortune to get the money from the vending machines, it was to our advantage to make the atmosphere a little nicer—somewhere that people wouldn't mind walking to if the cafeteria is closed," she says.

Current projects funded by LVHC site Auxiliary include the renovation of three patient areas, 4C, Acute Care Unit and Progressive Care Unit. The auxiliary has pledged \$375,000 toward the project.

Both Schlechter and Berkheimer encourage employees to join the auxiliaries. One of the perks of membership is the long-lasting friendships that develop.

"The auxiliary is really a diverse group of people with one common cause—supporting the hospital," Schlechter says.

Members can become as involved as they like and can participate in only those activities that interest

them. For example, they could work at the May Daze festival or the Italian Night Dinner only.

They can also become involved with LVHC site Auxiliary's Twigs, which are branches of the organization that donate items or money to the hospital. For example, the Bridge Twig holds a card marathon and contributes the winnings to the auxiliary and the Craft and Knitting Twigs make items that are sold at the holiday bazaar. The Burn Twig presents puppet shows on fire safety to local children and the elderly.

"The auxiliaries are particularly eager to have younger members," Schlechter says. "They are needed so this wonderful organization can continue," she says.

Berkheimer says employees might enjoy activities like volunteering in the gift shop.

"By serving in the auxiliary you have the satisfaction of supporting the hospital's efforts to provide the community with the best possible health care services," Berkheimer says. "You also know that if you or a family member need those services, you have played a part, no matter how small, in providing them."

Berkheimer, a 31-year-old mother with no formal ties to the hospital,

says she enjoys serving in the auxiliary.

"I have very strong feelings about The Allentown Hospital site," says Berkheimer, whose children are aged 5 and 3. "I have only been a patient twice and that was when my two children were born. I had a very positive experience both times. I was very well treated." That experience convinced her to join the auxiliary.

Schlechter, who has been an auxiliary member for 30 years, had no ties to the hospital other than a desire to help. She began volunteering at TAH site and has also offered her time to many other charitable organizations.

"It's never the same and you can work in so many different areas of the hospital," Schlechter says. "I don't consider it a job at all. I enjoy it tremendously."

Schlechter has volunteered for various organizations throughout the years, but always continued with the hospital.

"It must have been my first love because I always find time for it," she says.

To join or learn more about the auxiliaries, please contact membership chairmen Sylvia Kulp, TAH site Auxiliary, at 437-0810 or Leasen Clark, LVHC site Auxiliary at 481-9116.