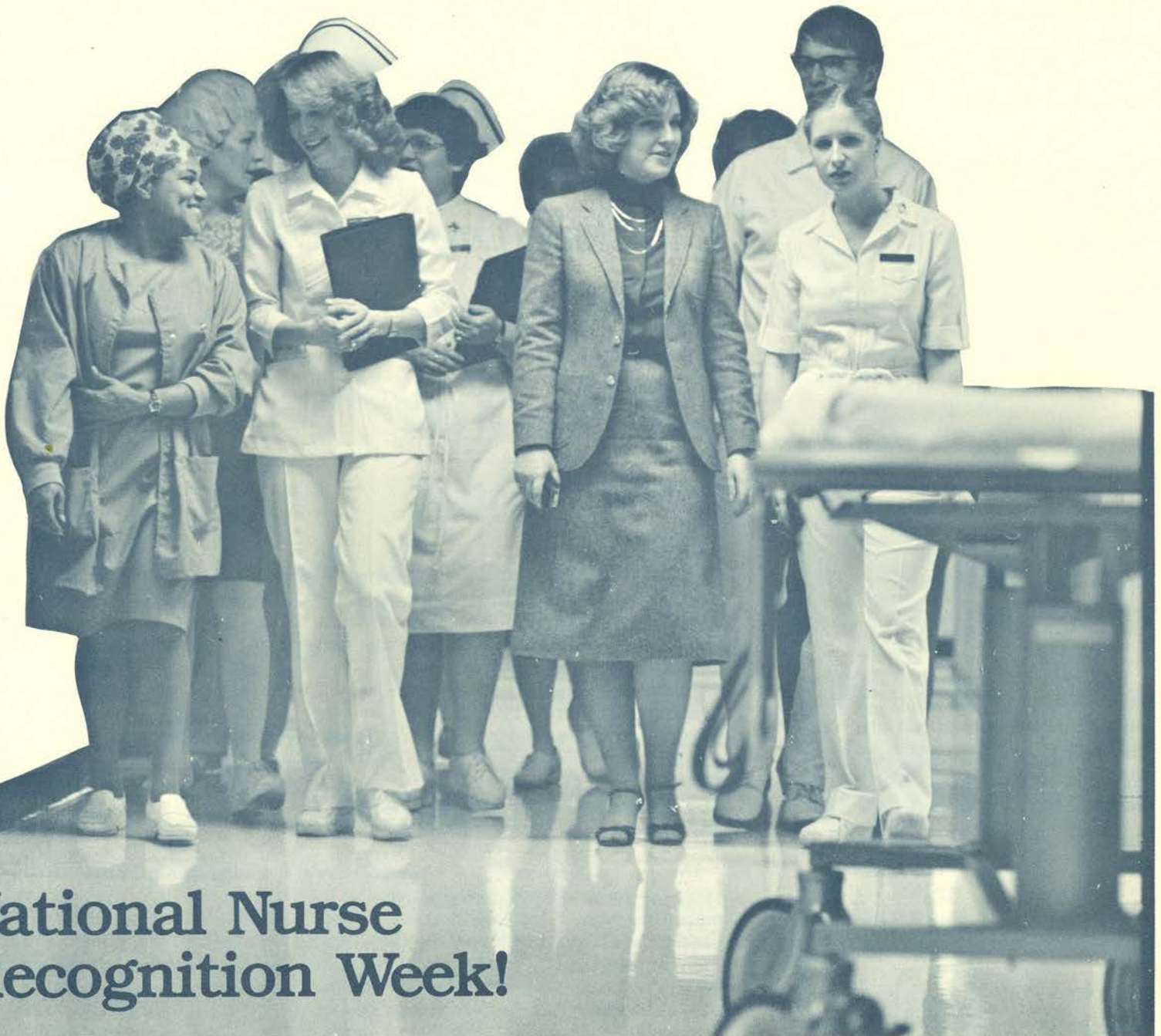


update

Vol. 5 No. 6

May 3, 1982



National Nurse Recognition Week!

During the week of May 10-14, the Nursing Department will be holding a variety of activities in honor of National Nurse Recognition Week. Schedule for the week's events are listed on page 3.



**The Center
Welcomes**

To Administration
Howard Kistler

To Business Office
Sandra Keefer
Faye Kulhamer

To Housekeeping
Deborah Arndt
Quang Tran
M. Isabel Vasquez

To Laboratory
Lana Lewis-Brago
Joseph Ludrof, III
Jason Perry
Wanda Schnell

To Medical Records
Harry Levin

To Nursing Services
Debra Christman
Patricia Hansford

To Radiology
Alice Vrsan

Welcome Back
Eileen Fatzinger
Respiratory Therapy



It wasn't too many weeks ago when a surprise spring snow made this sign seem more than a little premature! Happily, spring has indeed arrived in full splendor!

It's that time once again!

Only a few more days until May Daze gets underway! This year, May Daze will begin with the S & S Amusements Midway on Wednesday, May 12, and Thursday, May 13, from 6:00-10:00 P.M. Pick up your ride tickets early and save money — a \$3.00 value for \$2.00 — at the Tree Top Shop and Volunteer Station.

Festival hours will begin on Friday, May 14, from 4:00-10:00 P.M., and continue on Saturday, May 15, from 9:00 A.M.-10:00 P.M., and Sunday, May 16, from 11:00 A.M.-6:00 P.M., rain or shine.

Special Events!!!

Saturday

1. A fashion show by the John Casablanca's Model Agency, an affiliate of the Elite Modeling Agency of New York City at 11:00 A.M.
2. The original Happy Boombadears at 1:00 P.M.
3. Congressman Don Ritter dancing with Darecea, the Middle Eastern exotic dancer (belly dancer) at 7:00 P.M.
4. The Eagles' Liberty Belles cheerleaders will be dancing, doing cheers, and signing autographs from 6:30-8:30 P.M.
5. Members of the PA Stoners Soccer Team will be signing autographs and posing with their fans at 4:00 P.M.

Sunday

1. St. Mary's Ukrainian Dancers will perform at 2:00 P.M.
2. The Saucon Squares will perform at 4:00 P.M.

There will also be clowns, a magician, dancers, a puppet show, music, a young people's theatre workshop performance by the Stage Door Workshop, special performances by novelty acts from Surprise — Miss Co-Co Nuts, a bellydancing gorilla, Cutesy the Clown, and Benny the Bum, Isis the Tooth Fairy, The Rainbow Rascals from the Land of Oz, The Queen of Hearts and her Crazy Cartes, and Witchie Wanda — singers, Ronald McDonald and the Burger Bounce ride, and karate demonstrations. Also featured will be flowers, plants, crafts, games, used books, a flea market, food stands, rides, baked goods, raffles, wine booth, more food, and lots of fun!

Don't forget to visit our auxiliary food tent and enjoy the delicious chicken Bar-B-Q dinner on Friday and Saturday from 4:30-7:30 P.M., and the brunch on Sunday from 11:00 A.M.-1:00 P.M.

WSAN will be broadcasting from the grounds all weekend!

(Continued on back page)

Uniform discount

Ken Allen Uniforms, 1009 Hamilton Street, Allentown, is offering a 10% discount on all regularly priced merchandise to Hospital Center employees. The discount does not apply to shoes or already discounted merchandise from the store.



Gale Schmidt Hodavance — Editor
Jim Higgins — Associate Editor
Janet Laudenslager — Staff Assistant
Jack Dittbrenner — Photography
Darla Molnar — Photography

National Nurse Recognition Week

Fashions, food ... and fun!

Monday **"Faces, places, spaces"** - a history of nursing at the Hospital Center, 1974-1982, to be shown continuously from 11:00 A.M. - 1:00 P.M., in the cafeteria.

Tuesday **"A Generation of Uniforms"** - presented by Murray Saltzman of Ken Allen Uniforms, and with commentary by Ms. Pat Kauffman. The show will be held in the auditorium, 7:00-9:00 P.M., and will feature a look at uniforms, past and present. Refreshments and door prizes will also be included.

Also on Tuesday will be the **judging of the hospitals unit display**, which includes pertinence to the specialty of the unit, originality and creativity, artistic quality and content.

Judging will be Headley White, Jr., M.D., Medical Director for Quality Assurance; Jim Higgins, Public Relations, and Dr. Ann Winkler, Cedar Crest College. Judging will begin at 10:00 A.M.

Wednesday **Make your own sundae!**
A reception will be held in the cafeteria for the nursing staff at 2:00-4:00 P.M., 7:00-9:00 P.M., and 2:00-4:00 A.M.

Thursday **Presentation of flowers to Nursing Staff by the Medical Staff.**

Friday **Presentation of gifts to Nursing Units by Administration.**

A calendar of events for the week's activities will be posted in the cafeteria and, for all the trivia freaks, a special quiz:

Nursing Trivia Quiz!

To help celebrate Nurse Recognition Week, the Nursing History Committee has put together a trivia quiz to test everyone's memory! Prizes will be awarded for the most correct answers.

Nursing trivia quiz!

1. Who was the original head nurse on 3C?
2. What was the last med/surg unit to open and when?
3. Who was the first nurse to get married in the hospital chapel?
4. Who are the 3 original head nurses who are still here?
5. When was the first critical care course given?
6. Who was the first male nurse employed by A&SHHC?
7. Who was the first employee to be Miss Hope of Lehigh County and later PA? In what year(s)?
8. Which administrator is an RN?
9. When was the first helicopter flight pick-up?
10. How many nurses are employed at A&SHHC?
11. When did x-ray first obtain a nurse?
12. On what date did A&SHHC open?
13. How many schools of nursing are represented in our staff?
14. When did the CNS unit open?
15. What floor was the first to start primary nursing?
16. When were staff representative meetings started?
17. What percent of our registered nurses were educated at either The Allentown Hospital or Sacred Heart Hospital Schools of nursing?
18. What one item did A&SHHC open without?
19. When were Nursing Grand Rounds initiated?
20. When did the Hospital Center offer its first Operating Room Nursing Course?
21. When did PCU become SCU?
22. When did 3B become PCCU?
23. When did 4C move en masse to 5B?
24. Who was responsible for naming the new nursing education series "Nursing Now"?
25. How many nursing unit are there?

Please send completed quiz to to Charlene Wilson, R.N., 6A, by May 14, 1982. Answers to the quiz will be posted in the cafeteria.

1st prize - \$10 gift certificate from Tree Top Shop
2nd prize - 1 book hospital meal tickets
3rd prize - 2 movie passes

On the cover: Look familiar? This photo was published recently in several popular magazines (Time, Sports Illustrated, etc.) as part of an advertisement for an "On Call: A Valley Health Series" program, on nursing.

Teaching lab

by Heather Husband

They come from all over the world, including Greece, the Netherlands, Italy, and China. Who? Students who enroll in the Hospital Center's microsurgical teaching laboratory, located on the 7th floor of the Hospital Center. "This multidisciplinary approach is only offered in three or four places around the world. Every place else that offers a similar program specializes in one branch of microsurgery," instructor Dave Rice explains.

The plan to establish a microsurgery teaching laboratory was spearheaded in the late 70's by Andrew Heffernan, M.D., plastic surgeon and project director of the microsurgery lab.

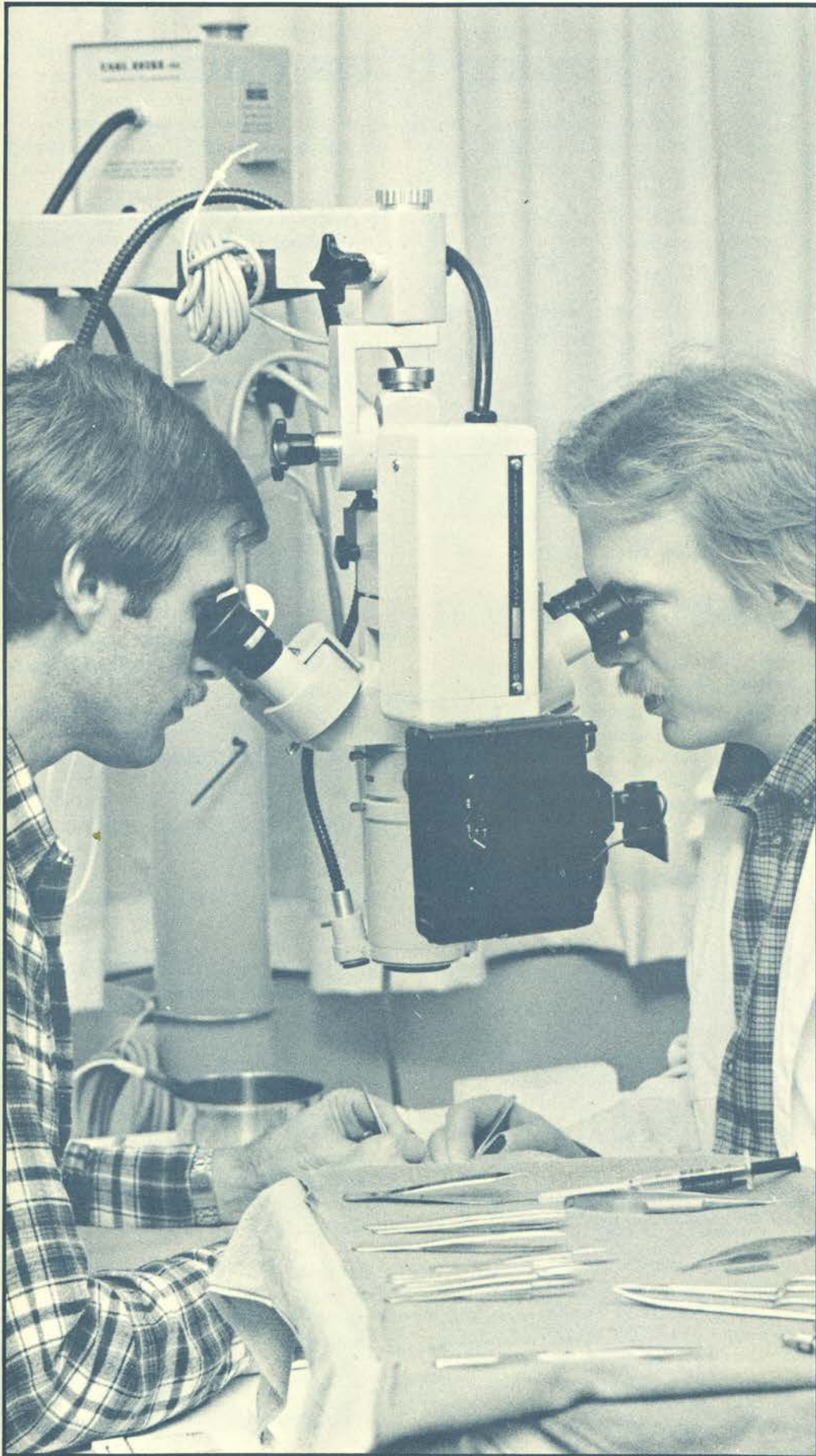
Because the closest training laboratories were in Philadelphia and Hershey, Dr. Heffernan recognized the need for a teaching facility in the Lehigh Valley, and recommended this to the Department of Surgery, which proposed constructing and operating a microsurgery training laboratory. An application for a grant from the Dorothy Rider Pool Health Care Trust was made. The trust approved \$229,373.07.

Dr. Charles Scagliotti, chairman of the committee which supervises the laboratory, is also positive about the project: "It is well needed. The past record of the students and their vast geographic distribution signals this. We have a good facility. Microsurgery has become a vital part of medical education and experience."

The Hospital Center opened the microsurgical teaching lab on June 2, 1980. The microsurgery course is nationally advertised in five medical journals including "Journal of Obstetrics and Gynecology" and "Annals of Surgery." Enrollment is extended to practicing physicians and residents in training.

The lab is equipped with a Zeiss OP/M17 microscope with cold lights and an adaptor for a TV camera or a 35mm camera to take color slides for teaching purposes. Zeiss equipment was chosen because the instrument is electrically operated by pedals at the surgeon's feet.

Dave Rice (right) instructs, Jeff Zerby, M.D., a Reading obstetrician, in the techniques of microsurgery in the Hospital Center's 7th floor teaching lab.



expands surgical horizons

Two surgeons, working in the face to face position, can look through their eyepieces simultaneously. And it offers stereo-view so depth perception is achieved.

In microsurgery, the forearms should always be supported as the surgeon works with his or her wrists. Dave designed the lab tables which look like sandwiches with a bite taken from two opposite sides. The pieces were removed so the surgeon is surrounded by table on three sides. That way, the forearms are properly supported.

The instruments have been well described as "lilliputian." The diameter of the needles ranges from 200 microns to 30 microns. The suture is usually 14-48 microns in diameter. It is possible to pass the needle through a shaft of human hair. The instruments must be small — the vessels being sutured are only one millimeter in diameter — thinner than the thickness of a dime.

"Microsurgery has become a vital part of medical education and experience."

Charles Scagliotti, M.D.

The 40-hour course has been very successful. It is given in half day sessions over a period of two or more weeks. Dave and assistant instructor MaraLynn Steinberg are currently teaching their 62nd student, Frank Sterba, M.D., a neurologist from Springfield, Massachusetts.

"If I can teach the physicians to anastomose blood vessels, they can reanastomose an interrupted fallopian tube." Dave adds, "I gear the course toward each individual specialty. That includes plastic surgery, vascular surgery, neurology, and gynecology."

During the introductory class, Dave offers a slide presentation, highlighting important points. Then students are assigned to laboratory tables, working individually with Dave or MaraLynn.

The instructor explains the proper way to tie a knot for surgery using forceps.

After this is mastered, the student graduates to suturing flexible tubing under the microscope. The tube is considerably larger than blood vessels. A huge two millimeters in diameter.

To relax after completing this task, the student watches a videotape of a brain shunt. Filmed in one of A&SHHC's operating rooms. Harry Stephens, M.D., performed the operation which provides a new source of nourishment to a blood-starved portion of the brain.

Next comes the real test — reanastomosis of an artery. A test animal is selected and injected with anesthesia. An incision is precisely made and clamps are fixed. The area is flushed with saline solution, rinsing away any blood. An artery is selected and the fascia is removed. More clamps are fixed and the artery is severed. The student is instructed to stitch through the vessel to make the first suture.

The second stitch is made 120 degrees from the first. Then a third. Stay stitches, as they are called, are gently pulled, creating a triangular vessel. Two more stitches are added between each stay stitch. That is a total of nine stitches per vessel — in a vessel that is only one millimeter in diameter. The artery is unclamped and blood flows through the repaired vessel. The incision is closed and the animal is scampering about in just a few hours.

Sixty percent of the course's students specialize in obstetrics and gynecology. After obstetricians/gynecologists complete the course, they are able to rejoin the fallopian tubes, reversing sterilization operations. Twenty percent of Dave's students are general surgeons or residents planning to specialize in that field. They will put the course to practical use by performing microvascular surgery. Ten percent are plastic surgeons. They will use their skill to attach skin flaps and reimplant microvascular and microneurological systems. The remaining ten percent of the students specialize in urology. After taking this course, they will have the ability to reverse vasectomies.

Dr. C. O. Nylén, an ear, nose, and throat specialist, first used a simple microscope in 1921 for surgery of the middle ear. By 1965, plastic and

reconstructive surgeons were using the operating microscope to reattach fingers and repair nerves. Neurosurgeons began using microscopic techniques at about the same time. By the 1970's, urologists were repairing the vas deferens. Obstetricians/gynecologists were undertaking reconstruction of the fallopian tubes, and orthopedic surgeons were performing free bone transfers. Plastic and reconstructive surgeons continued their interests in microsurgery by developing new techniques for free flap transfers and further improved replantation procedures.

As Dr. Heffernan excellently phrases it, "Thus, microsurgery has evolved into a surgical technique clinically applicable to all surgical specialties and is now an integral part of each rather than a separate subspecialty."

Glossary

Anastomose - join.

Brain shunt - operation diverting blood flow from one area of the brain to another by repositioning a vein.

Cold lights - lights that do not generate heat.

Depth perception - ability to distinguish foreground and background.

Fascia - transparent, connective tissue.

Fallopian tube - duct connecting ovaries to uterus.

Free bone transfers - operation grafting a section of bone to another part of the body.

Free flap transfers - operation grafting section of skin to another part of the body.

Microsurgery - surgery performed under a microscope.

Stereo view - providing separate view for each eye.

Vas Deferens - excretory duct of the testis.

Vasectomy - removal of all or a segment of the vas deferens.

Ms. Husband is a senior at Cedar Crest College participating in a Public Relations internship here at the Hospital Center.



Carole A. Fink

Lots of news from the Critical Care Division of Nursing Services:

Carole A. Fink has been appointed Director of the Critical Care Division. Carole has administrative experience from Parkview Hospital, Philadelphia, where she was Associate Executive Director of Nursing, and from the James C. Giuffre Medical Center in Philadelphia as Assistant Director of Nursing. She has supervisory experience as a night med/surg supervisor at Pennsylvania Hospital, and has held various staff nurse positions including critical care at Parkview, med/surg at Northeastern Hospital, and surgical ICU at the Hospital of the University of Pennsylvania. Carole is a graduate of Northeastern Hospital School of Nursing, and received a B.S.N. from Holy Family College, Philadelphia. She also holds an M.S.N. from the University of Pennsylvania, and is also working towards an M.B.A. from LaSalle College, majoring in Health Care Administration.

New Head Nurses have been named for the critical care areas of the hospital:

Acute Coronary Care Unit - **Joan Skumanick, R.N.** A graduate of The Reading Hospital School of Nursing, Joan has been at the Hospital Center since November, 1974, starting as a med/surg float nurse. She joined the ACU staff in December, 1974, and was appointed Clinical Charge on ACU in October, 1980.

Burn Center - **Geraldine T. Klem, R.N.** Since joining the A&SHHC nursing staff in the Burn Unit in September, 1974, Geri has worked in many critical

care areas: ICU in October, 1976 until July, 1979, when she joined the SCU staff until January, 1982, transferring to 6A as a med/surg staff nurse. Geri is a graduate of Frankford Hospital, Philadelphia, and Cedar Crest College. She has prior experience from Sacred Heart Hospital, Fountain Hill Manor, and Muhlenberg Medical Center.

ICU Open Heart - **Diane Gotthardt, R.N.** A graduate of Sacred Heart Hospital School of Nursing, Diane has been at the Hospital Center since September, 1974, as Assistant Head Nurse in ICU. She has held many positions in critical care, including ICU charge nurse, ICU head nurse, and day supervisor.

ICU Shock Trauma - **Donna Hedash, R.N.** Donna also began at A&SHHC in September, 1974, as Assistant Head Nurse in ICU, then she moved to ICU as charge nurse, and in August, 1980, was appointed administrative charge nurse for

ACU/SCU. Donna is a graduate of The Allentown Hospital School of Nursing, and has prior critical care experience at The Allentown Hospital.

Progressive Coronary Care Unit - **Tacey Hattal, R.N.** A graduate of Columbia University School of Nursing, New York, with a B.S.N., Tacey has been at the Hospital Center since September, 1980, as a staff nurse in PCCU.

Special Care Unit - **Louise Oswald, R.N.** September, 1974, is when Louise joined the A&SHHC nursing staff, beginning in the Burn Unit, then transferring to ACU in November, 1974. She was selected for the Clinical Charge position in SCU in July, 1981. Louise is a graduate of St. Joseph's Hospital School of Nursing, and has a B.S.N. from Penn State University. She has prior nursing experience from St. Luke's Hospital, Bethlehem, The Allentown Hospital, and St. Joseph's Hospital, Reading.



New Head Nurses: standing, from left, are Joan Skumanick, R.N., Tacey Hattal, R.N., and Louise Oswald, R.N. Sitting are Donna Hedash, R.N., and Diane Gotthardt, R.N. Missing from photo is Geri Klem, R.N.



Chris Strasser

Chris Strasser has taken over the position of Assistant Director, Materials Management.

Prior to coming to the Hospital Center, Chris was involved in community development for the City of Easton, and was also with Lehigh Valley Child Care as coordinator for their Allentown day care centers.

He is a graduate of Duquesne University, Pittsburgh, and is presently completing requirements for a Master's Degree in Public Administration from Penn State University.



George Naugle

George Naugle is the new assistant supervisor in SPD. Before his promotion, George had been a physical therapy assistant here since November, 1978.

John A. Altobelli, M.D., staff plastic surgeon, recently presented a paper, "Reduction Mammoplasty for Macromastia and/or Ptosis" at the annual meeting of the American Society for Anesthetic Plastic Surgery in Las Vegas.

Medical Staff news

Lloyd E. Barron, II, M.D., has received board certification in the area of Hematology and Medical Oncology. Dr. Barron is a graduate of Hahnemann Medical Center, Philadelphia. He is an associate of Hematology Oncology Associates, Inc., with Drs. David Prager and Robert Post. Dr. Barron joined the A&SHHC Medical Staff in March, 1977.

Carl D'Angelo, M.D., has been board certified in the field of gastroenterology. He joined our medical staff in September, 1980, and he and Herbert Hyman, M.D., are practicing physicians for Digestive Diseases, Inc. He is a graduate of the University of Pennsylvania.

Robert Oriol, M.D., has received board certification in Cardiology. The Hahnemann Medical College graduate is a member of Cardiovascular Associates, Inc., and has been on the A&SHHC Medical Staff since July, 1980.

H. Donald Wills, M.D., has been board certified in Neurology. Dr. Wills, a graduate of Temple University School of Medicine, joined our medical staff in October, 1980, and has his own practice.



Wine Booth returns!

Don't forget to visit the Recreation Committee's Wine Booth at May Daze. Your lucky number and a spin of the wheel may win you your choice of a bottle of "vino". There will be plenty, but come early and stock your shelves!

There will also be a T-shirt sale of the popular blue A&SHHC t-shirts. We have small, medium, large, and extra-large sizes. Sale price is only \$3.00 each or 2 for \$5.00. Get yours now as they will be collectors items.

Walt Disney World

Save a few days vacation from November 6 to 9, 1982, as those are the dates of the Recreation Committee's trip to Walt Disney World in Florida.

The trip includes roundtrip jet air transportation via Altair Airlines from Philadelphia to sunny Orlando, with complimentary champagne and snacks served aloft! Roundtrip transfers between airport, hotel and Walt Disney World. Accommodations for three nights at the Ramada Inn South. One day admission to Walt Disney World featuring the Magic Kingdom and one day admission to the Epcot Center, with unlimited use of Walt Disney World's unique transportation system. All hotel taxes included. A Hospitality Desk will be available in the hotel lobby, with a welcome orientation upon arrival.

All this for only \$299 per person/double occupancy. Other rates include adult in single - \$374, adult in triple - \$289, adult in quad - \$279, and children (age 3-17) sharing room with 2 adults - \$209.

Reservations will be taken on a first-paid, first-serve basis, with an initial deposit of \$100. Deadline for reservations is Friday, July 2.

For information and reservations, contact Janet Laudenslager in Public Relations at 3084.



Yvonne Troiani

Yvonne Troiani, R.N., B.S.N., has been named Educational Coordinator for the Burn Center. A Burn Center staff nurse since September, 1979, Yvonne's new duties will keep her busy setting up staff orientation and inservice programs, researching various projects, and preparing the Burn Care Course and critical care orientation, as well as developing seminars for burn patient referring institutions and community education.

Yvonne is a graduate of East Stroudsburg State College.

May Daze nears!

Help is still needed in manning booths. If you can give an hour or ten, please sign up in the Volunteer Station.

Get rid of that stuff!

There will be a truck on the grounds to collect old clothing, jewelry, furniture and household appliances (working or not working). May Daze will get 5¢ per pound for all items collected. Call Sal Mint at 282-1726 for pick up of large items — be sure to mention May Daze.

Don't forget our Flea Market. Bring in your attic or cellar treasures for us to sell. Items may be dropped off at the Volunteer Station or call Angie Graner, 398-1702.

Raffle tickets!

We still have tickets available for the raffle prizes. Tickets may be purchased everyday in the Main Lobby from 11:30 A.M. - 3:30 P.M., and at the Tree Top Shop and Volunteer Station.

Ride tickets

Tuesday, May 11, is the final day to purchase the discount ride tickets for the amusement midway at a savings — a \$3.00 value for \$2.00 — in the Tree Top Shop and Volunteer Station.

Think Strawberries!!!

Be sure to visit the Auxiliary Craft Booth to purchase strawberry scented magnets, and strawberry hot pads, pin cushions, and sewing baskets. The craft booth will also have many other unusual crafts for sale.

When visiting the baked goods booth, be sure to look for the baskets of homemade strawberry candy. Strawberry shortcake will be the dessert offered with the Friday and Saturday dinners.

Remember, mark your calendar and join the fun! May 12-16.

Where to park?

One of life's simplest treasures — a convenient parking spot — is quite elusive.

For those of us at the Hospital Center (employees and visitors), finding a spot in the first two rows of the main lot signals an incredible run of good fortune.

But this parking pursuit has had quite an adverse effect. According to Bill Huber, Chief of A&SHHC Security, people have been using the West parking lot (which is designated for 3-11 shift personnel) and this use has caused much concern from the second shift staff who all too frequently arrive at their designated lot to find — you guessed it — no parking. To maintain availability of this parking area, the lot will not be opened until 1:00 P.M., daily.

For our many second shift personnel, this smaller, well lit lot affords more safety when leaving work, as well as allowing better security for their vehicles when the sun sets.

Allentown and Sacred Heart Hospital Center
1200 S. Cedar Crest Blvd.
Allentown, PA 18105

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